

## UNIVERSITY OF CONNECTICUT DIVISION OF ATHLETICS – TRY-OUT PROCESS

### CRITERIA:

- Must be accepted and enrolled full-time (12 credits undergraduate; 9 credits graduate) at a UConn campus other than Avery Point
- Must have athletic eligibility remaining within five-year clock
- *Recommended* – Register and get certified with the NCAA Eligibility Center ([www.eligibilitycenter.org](http://www.eligibilitycenter.org))
- Additional Criteria:
  - First Semester Freshman Student
    - No additional criteria
  - Current Student
    - Must be in good academic standing
  - Transfer (2-year or 4-year) Student
    - Must have a transfer release on file with the UConn Office of Compliance from previous institution before coaching staff has any contact (4-year transfer only)

### TRY-OUT TIME PERIOD:

- Each academic year, the Division of Athletics will conduct two try-out periods with one at the beginning of the fall semester and the other at the beginning of the spring semester.
- Try-outs may take place starting the first week of classes, and will conclude after a four week period (weeks may vary with prior approval).
- Please note that a try-out may not exceed 14 days.

### PROCEDURE:

#### **Prior to the Try-Out Meeting**

- Each respective coaching staff will determine if and when they will be conducting walk-on try-outs. Please note that teams are not required to conduct try-outs on an annual basis.
- If a try-out will be conducted, the coaching staff should submit names and PeopleSoft numbers to the Office of Compliance and schedule a mandatory Try-Out Meeting with the compliance staff. Once scheduled, the coaching staff should notify the try-out students of the meeting place/time and indicate that attendance is required. If a student is unable to attend the scheduled time, the Office of Compliance should be contacted directly to make other arrangements.
- Students should visit the link below for the required medical process. All paperwork should be completed prior to the meeting.  
<http://www.uconnhuskies.com/school-bio/sports-medicine-tryouts.html>

### **Try-Out Meeting with Compliance Staff**

- Students must attend the mandatory Try-Out Meeting with the Office of Compliance and complete the required compliance paperwork, in addition to bringing all completed medical documents:
  - Proof of Physical from a qualified health care practitioner
  - Proof of Sickle Cell Trait Test or Sickle Cell Trait Waiver Form
  - UConn Try-Out Policy Statement Form

### **After the Try-Out Meeting with Compliance Staff**

- The Office of Compliance will evaluate the athletic and academic history for each student, and the Sports Medicine Office will review all medical documentation within two business days to determine if a student is eligible to try-out. If approved for try-outs, the compliance staff will forward the student's name to the coaches and appropriate support staff.
- Try-out may begin **after** the mandatory medical and compliance forms are completed, and the student has been approved to try-out. Please note that there is a maximum try-out period of 14 days from the first date of try-outs.
- Coaching staff will forward names of those who made the team to the Office of Compliance.
- If asked to join the team, student will need to complete the following prior to engaging in any official practice activities:
  - *Roster Addition Form*
  - A second mandatory meeting with the Office of Compliance
  - Mandatory JumpForward compliance forms
  - Register and get certified by the NCAA Eligibility Center
  - Complete sports physical with one of the team physicians
  - Transfers may have additional requirements