Dear UConn Student-Athlete,

Welcome to the 2017-18 academic year at UConn and its Division of Athletics. We have prepared this Student-Athlete Handbook to serve as a guide and resource to help you throughout the entire year. Please refer to it frequently and let any member of the Division of Athletics staff know how they may be of help to you.

It’s an exciting time to be a student-athlete at UConn. You are part of a top 25 public research institution and one of the most successful athletic departments in the country. You are constantly representing UConn – certainly during competition and practice, but also, as importantly, in the classroom and in the community.

The primary purpose of the Division of Athletics is to produce young men and women who will earn their undergraduate degree and be the future leaders of tomorrow while having a rewarding athletic experience. We also want you to take advantage of all the opportunities that exist all over our great campus.

The life of a student-athlete is full of challenges and there are setbacks as well as successes. As a former student-athlete myself, I look back on my college career as a time of learning and maturation.

You have a number of resources at your disposal to help you reach your desired goals, including your coaches and the outstanding staff of the Student-Athlete Success Program.

Thank you for all the hard work and effort you put into your athletics and your academics. I look forward to enjoying a fantastic year with you.

GO HUSKIES!!!

[Signature]

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**Student Athlete Success Program (SASP)**

**Mission Statement**
The Student-Athlete Success Program (SASP) supports the overall missions of the University and Department of Athletics by providing resources dedicated to empowering student-athletes to become independent thinking, successful, ethical student learners. SASP offers opportunities for our students in the areas of intellectual growth and expression, social responsibility as well as citizenship. SASP is committed to outreach, service, and leadership training, which promotes the holistic development of our students and acts as a foundation for lifelong learning.

SASP has a holistic approach to working with student-athletes. Our work with student-athletes begins in the recruiting process and continues well after they graduate from the University. SASP’s academic centers function as safe places for students to receive support as well as a where students can learn, grow and celebrate their successes. We also strive to empower our students to become independent, successful, active learners throughout commitment to education, outreach, service, and leadership training.

**Summary of Services**

**Academic Counseling**
Academic counselors are assigned to various sports to ensure that student-athletes are being helped with balancing and overcoming obstacles in areas of their personal, social, academic and athletic lives.

SASP collaborates with each students’ academic advisors within their school or college to ensure students are working towards graduation and meeting NCAA eligibility milestones.

SASP counselors also assist our students with various personal and academic challenges. We work in conjunction with Center of Mental Health Services, Sports Medicine, Dean of Students, Office of Diversity and Inclusion, Cultural Centers, as well as the Rainbow and Women’s Center to identify and assist students in getting the appropriate care.

**Academic Progress**
SASP track students’ academic progress in their courses to monitor their grades and provide individualized plans for students. Learning outcomes are established with student-athletes by their SASP academic counselors throughout the academic year.

**NCAA Eligibility**
SASP works in conjunction with the University’s Registrar’s and NCAA Compliance offices to track NCAA eligibility as well as graduation for all student-athletes. It is every student-athlete’s responsibility to understand and follow guidelines to remain eligible.

**Learning Services**
SASP offers a variety of services for students who have documented learning disabilities as well as students who may be identified as having learning issues. Student-athletes are paired with a learning specialist to assist with best strategies to maximize his/her academic potential. SASP partners with the NEAG School of Education and Center for Students with Disabilities (CSD) as well as Center of Mental Health Services who assists in providing excellent service in areas of development (organization, test preparation, reading, writing, attention and study skills as well as self-advocacy) for student-athletes.

**Tutorial Support and Study Hall**
SASP has a comprehensive tutoring program available to all student-athletes. There are over ninety tutors who work with our student-athletes to assist undergraduate and graduate students in reaching their academic goals. All our tutors undergo mandatory training each semester. We also work in conjunction with our Writing Center on campus who provides us with writing tutors for our students.

**Husky Finish Line**
SASP is committed to student-athletes’ graduation from the University of Connecticut; Advisors will work with students who may have left the University early to return to finish their degree either on campus or online.
SASP Development and Outreach

UNIV and EPSY classes
SASP teaches UNIV/ First Year Experience courses for freshmen that focuses on the students’ transition to college and the resources available to them. Courses are also offered for Juniors and Seniors with a focus on transition from college including, but not limited to career development, financial planning and networking skills.

Community Service
SASP offers community outreach initiatives, which develops and enhances various skills for student-athletes. Currently, outreach initiatives focus on increasing literacy within elementary schools through a program Husky Reach, funded by the SBM Charitable Foundation. In addition to the literacy program, a mentorship life skills program has also been established through the Goal Line Project initiative also funded by SBM Charitable Foundation. Student-athletes have impacted the lives of many students and non-profit organization through their participation and commitment to impact the greater UConn community.

Personal Development
SASP strongly believes in the personal and character development for all student-athletes. There are opportunities for student-athletes to enhance their knowledge, skills and abilities through SASP’s leadership program, SAAC, as well as various workshops. SASP facilitates workshops on time and stress management, life after college sport series, financial literacy, as well as diversity and inclusion. SASP also partners with several departments across campus to enhance the experience and knowledge of student-athletes.

Leadership Program - HuskyLEADS
The mission of the multi-tier leadership program, HuskyLEADS, is to lead, educate and develop student-athletes within the program. This unique group is composed of captains (or potential captains) from each of the intercollegiate teams at the University of Connecticut. In collaboration with the Student-Athlete Success Program staff, Department of Student Activities Leadership Office, and Athletic Department, HuskyLeads covers a variety of subjects to develop participants into better leaders and teammates. The focus is on fostering an empowering, participative, and inclusive environment for all students involved.

Career Development
SASP focuses on career development for all student-athletes with the emphasis of preparing for the future. In conjunction with the University’s Center for Career Development along with the Athletic Development and University Foundation offices, unique opportunities are provided for student-athletes to prepare for their future. SASP is committed to providing opportunities and skill development for student-athletes as they navigate next steps after earning college degree from the University of Connecticut.
Student-Athlete Advisory Committee (SAAC)
The Student-Athlete Advisory Committee (SAAC) is an organization that seeks to unify the student athlete body and provide them a voice in matters concerning the University of Connecticut, the American Athletic Conference, and the NCAA communities. The mission of UConn SAAC is to encourage student athletes to uphold the values of pride, responsibility, respect of the University of Connecticut while allowing these athletes to develop skills that help their larger local communities and foster a positive student-athlete image. The unified voices of team representatives in SAAC provide input on NCAA regulations as well as other issues relevant to student-athletes. In addition, SAAC members help coordinate several community service projects throughout the year that many of the teams participate in. Typically, SAAC members are composed of at least 2 representatives from each varsity team which congregates for meetings monthly. The Student-Athlete Advisory Committee is dedicated to enhancing the student-athlete experience and fostering a positive atmosphere in athletics.

Sports Medicine

Mission Statement
The mission of the Department of Sports Medicine is to provide the student-athlete with access to the highest quality patient care and the most current health and injury prevention information. Further, the Sports Medicine Staff serves as advocates for the student-athlete when individual health issues arise. Since the student-athlete’s physical well-being is essential to their success as a student, and as a student-athlete, the Department of Sports Medicine strives to ensure student-athletes reach and maintain their optimum health.

Background
When UConn athletic teams practice, compete and/or participate in sports performance activities, an Athletic Training Staff member will be accessible. In the event of injury or illness, the student-athlete needs to be initially evaluated by an athletic trainer. If clinically appropriate, the athletic trainer will contact the team physician and decide the best course of treatment and/or referrals for the athlete’s injury or illness. The athletic trainer will maintain professional communication with the coaching and sport performance staff as to the athlete’s limitations in training sessions.
Athletic Training Rooms

Burton Athletic Training Room 505 Jim Calhoun Way, U3204 860-486-6353
Field House Athletic Training Room 2111 Hillside Rd, U-1078 860-486-2030
Gampel Athletic Training Room 2095 Hillside Road, U-1173 860-486-0109
Werth Basketball Athletic Training Room 500 Jim Calhoun Way 860-486-3161
Freitas Ice Rink Athletic Training Room 509 Jim Calhoun Way, U-3275 860-486-6672

Athletic Training Rooms will be available as needed for team practices and sports performance sessions.

Athletic Training Room Rules

- It is expected that student athletes will be respectful of other student athlete that are utilizing the same space.
- The athletic training room is a “safe place” where all student athletes are able to come in free from judgement.
- It is expected that student athletes will clean up after themselves and respect the machines and equipment that they utilize.
- It is expected that student athlete’s wear appropriate clothing for rehabilitation and evaluations.

SPORTS MEDICINE DEPARTMENT STAFF

Athletic Trainers

Bob Howard Assistant Director of Athletics, Head Athletic Trainer, FB
Megan Barry Assistant Athletic Trainer (FH/SB)
Ed Blair Assistant Athletic Trainer (MHK, M/W Tennis, Golf)
Catie Dann Assistant Athletic Trainer (WSC, SW/DI)
Rebecca Davis Athletic Training Resident (LAX)
James Doran Assistant Athletic Trainer (MBK)
Janelle Francisco Assistant Athletic Trainer (WBK)
Patti Kula Assistant Athletic Trainer/Rehabilitation Coordinator (XC, M/W Track)
Andrew Landry Assistant Athletic Trainer (MSC, Row)
Katie Martin Athletic Training Resident (VB, SW/DI)
Dylan Mello Assistant Athletic Trainer (MBB)
Karlie O’Reilly Athletic Training Resident (WHK, M/W Tennis)
Caitlyn VanWie Athletic Training Resident (FB, M/W Track)
Robbie Williamson Athletic Training Resident (FB)

Team Physicians

Dr. Deena Casiero Director of Sports Medicine, Head Team Physician (FB, MBK, MHK, WSC, M/W SW, Dive, VB, SB, M/W Track, LAX, Golf)
Dr. Matthew Hall Team Physician, Program Director, Primary Care Sports Medicine Fellowship (WBK, WHK, MBB, Row, MSC, FH, M/W Tennis)
Dr. Michael Joyce Team Physician – Orthopedics
Dr. Robert Arciero Team Physician – Orthopedics
Dr. Cory Edgar Team Physician – Orthopedics
Dr. Katherine Coyner Team Physician – Orthopedics
Dr. Gus Mazzocca Team Physician – Orthopedics

Consultants

Dr. Anothony Alessi Neurology
Dr. Peter Schulman Cardiology
Dr. James Bocuzzi Optometry
Dr. Kenneth Laro Dentist
Dr. Craig Rodner Hand and Wrist
Dr. Isaac Moss Spine
Dr. Nancy Rodriguez Nutrition
Dawn Shadron Counseling and Mental Health
Student-Athlete Clearance for Participation

Initial Freshmen/Transfer Clearance
Incoming freshmen student-athletes will be required to have a Pre-participation exam (PPE) PRIOR to the start of ANY athletic related activities. Physical paperwork must be filled out prior to PPE at myhealth.uconn.edu and the student-athlete can log in using their NetID and password.

Requirements
- PPE
- Sickle Cell trait confirmation
- Insurance card * It is a University and NCAA requirement that athletes carry their own health insurance (self or parents). Same holds true for returning athletes.
- Educational sessions on concussions, sickle cell trait, and drug testing

* If student-athlete has ADD/ADHD, they will need to bring their formal objective testing results with them
* It is the responsibility of the student-athlete to notify their athletic trainer if there are any changes to their insurance provider during the school year.

Returning Student-Athletes
Any student athlete that is returning for the next academic school year will be required to have:
- A returning student-athlete physical with their athletic trainer PRIOR to the start of any team sanctioned sessions.
- Proof of current insurance coverage

* It is the responsibility of the student-athlete to notify their athletic trainer if there are any changes to their insurance provider during the school year.

- Annual concussion, sickle cell trait, and drug testing education
- If there is anything noteworthy on examination, they will be referred to the team physician; otherwise, they will be cleared for participation.
Try-Outs
Any person wanting to try-out/walk-on to any sports team will require:

- A current physical (no more than 6 months old) from a physician or APRN stating that they are in good physical health and able to participate in sports
- Copy of insurance card
- Sickle cell trait confirmation
- This will allow a 14-day try-out period

- If the coaching staff determines that they want to keep the try-out athlete on their roster, the athlete will then need to have a PPE with a UConn team physician by the end of the tryout period. Participation will not be permitted past the 14-day mark until the PPE is completed. From there the athlete will have the same requirements as an incoming freshmen student-athlete.

Clearance after Injury or Illness
Once an athlete has completed their rehabilitation after injury or illness, they will be cleared by the athletic trainer and/or team physician. If an athlete sees a physician or consultant outside of UConn, the UConn team physicians still have the final clearance for any injury or illness.

Undisputed Authority
The UConn Administration supports the Sports Medicine Staff in their unchallengeable, autonomous authority to determine medical management and return-to-play decisions related to student-athletes.

Medical Services

Confidentiality
The sports medicine staff will maintain HIPAA and FERPA compliance. Both are acts protecting the privacy of the student-athletes that we serve. We encourage our athletes to let us share all information with coaches regarding the student-athlete's ability to train with their team. In the event a student-athlete does not want information to be shared, and/or it has no pertinence to their ability to train, the medical staff is legally bound to not share that information.

Financial Coverage of Medical Care
If a student-athlete is injured while participating in an athletic related activity, all medical costs associated with that injury will be covered by sports medicine as long as the student-athlete sees medical professionals affiliated with UConn. Should a student-athlete choose to have an evaluation by a medical professional outside of UConn, they will be responsible for all costs related to that evaluation.

A student-athlete’s personal insurance will be billed as the primary insurance and the University’s secondary insurance will be billed for any remaining medical costs. This secondary policy will pay ONLY AFTER primary insurance has been engaged and only for athletic-related injuries or illnesses. There is a mutual responsibility shared by all parties to adhere to these policies and procedures to ensure the proper processing and prompt payment of expenses related the care and treatment of illness and injury.

Any questions regarding medical billing can be sent to the insurance coordinator.
Referrals
Except in emergencies, a staff athletic trainer should screen all conditions prior to referral to a team physician. If a student-athlete requires further evaluation by a specialist, the UConn team physicians will refer, as they see fit, for the wellbeing, and type of injury to the student-athlete. The sports medicine department will only cover referrals by the UConn team physicians.

Eye Examinations and Supplies
If a student-athlete feels that they are in need of corrective lenses, or needs a follow-up with ongoing corrective lenses, they should contact their athletic trainer in regards to seeing the optometrist. An optometrist will see student-athletes in scheduled time slots weekly, as needed, for evaluations. The Sports Medicine Department will incur the cost of vision correction contact lenses, but glasses will be at the expense of the student athlete.

Dental Care
Should a dental injury occur to a student-athlete while participating in sessions related to their sport, the sports medicine department would incur the cost related to this. A dentist is on call for emergency needs. The student-athlete will be responsible for any regular checkups, or naturally occurring incidents that they see the referring dentist regarding.

Medical Waivers
Medical hardships, medical absence, and a medical disqualification, also known as a medical non-counter, are types of waivers that the sports medicine staff may have to assist in filing for a student-athlete. All of these waivers are subject to specific NCAA rules and have to be submitted to the American Athletic Conference, Big East, or Hockey East for review and subsequent approval or denial. If a student-athlete meets the criteria of a specific waiver, the sports medicine staff will assist in filing the proper documentation.

Medical Hardships
Can be submitted, at the conclusion of the applicable season, to the AAC, Big East or Hockey East if the following criteria are met:

- The incapacitating injury or illness occurs in one of the four seasons of competition at any two-year or four-year collegiate institution or occurs after the first day of classes in the student-athlete’s senior year.
- The injury or illness occurs prior to the first competition of the second half of the playing season that concludes with the NCAA championship in that sport and results in incapacity to compete for the remainder of that playing season. Furthermore, the student-athlete has not participated in more than three dates of competition or 30 percent of season (whichever is greater).
Medical Absence (or progress towards degree waiver)
Can be submitted, at the conclusion of the applicable season, to the AAC, Big East or Hockey East if the following criteria are met:

- All of the criteria of a “Medical Hardship” apply
- This waiver is used to assist a student-athlete in maintaining appropriate progress toward degree requirements in instances when they must drop below full-time status for a particular term due to extenuating circumstances.
  - circumstances clearly supported by appropriate medical documentation establish that a student-athlete is unable to attend a collegiate institution as a full-time student as a result of an incapacitating physical injury or illness involving the student-athlete or a member of the student-athlete’s immediate family.

Medical Disqualification
This is very different from the previous two waivers. This is usually a last resort and usually follows a recommendation by the medical community that a student-athlete cease all intercollegiate competition and participation. Furthermore, it is the recommendation that the student-athletes athletic career be terminated.
The sports medicine staff will work together to make sure that every avenue is explored and that a proper diagnosis has been reached. Medical disqualifications are ultimately up to the student-athlete and team physician or their designated medical specialist.

Any questions regarding medical hardships or disqualifications can be directed to
Compliance Office
University of Connecticut
2095 Hillside Road, Unit 1173
Storrs, CT 06269-1173
Phone: (860) 486-1211
Fax: (860) 486-2245

EDUCATIONAL REQUIREMENTS FOR STUDENT-ATHLETES
UConn student-athletes will receive annual education on concussions, and sickle cell trait. Additionally, student-athletes will be educated on NCAA and University drug testing policies and implications for a positive drug test.

DRUG TESTING FOR STUDENT-ATHLETES
Please see the link to the drug testing policy for student-athletes: LINK

Additional information
- DFAXIS.COM Username (select NCAA Div 1; Password: ncaa1 – information regarding drug testing
- ncaa.org/drugtesting for a list of banned substances
Equipment Services

Mission Statement
The Equipment Services area is committed to providing the very best service to our Student-Athletes, Coaches and Staff. Specifically, to our Student-Athletes, we will provide each of you the safest and most advanced equipment and apparel designed for optimal protection and performance. Through continual research, proper care, maintenance and accountability we will commit all resources to your success in and outside of competition. To our coaches and staff, we will work daily to provide the very best service for you and your programs along with the areas you work. To all, we are committed to a service oriented operation promoting a positive and engaging atmosphere.

General Equipment/Locker Room Rules
• Prior to receiving any equipment and apparel, you must pass a pre-participatory physical, have been determined eligible for practice and your name officially added to the roster
• All equipment and apparel will be issued through your sport specific equipment room
• You will be given a locker assignment and all materials, codes and combinations associated with your locker room when you receive your equipment and apparel
• Laundry services/schedules will be communicated to you by your Equipment Manager
• You will need to read, sign and adhere to a responsibility agreement outlining all equipment and apparel to be issued and the related rules
• Any equipment and apparel received cannot be modified or altered unless done by a member of the Equipment Staff
• Issues with equipment and apparel should be reported as soon as possible to your Equipment Room and repairs, modifications or replacements will be handled accordingly
• Laundry services will be handled by your sport specific equipment room
• Laundry schedules will be communicated to you by your sport specific equipment room
• While representing the University of Connecticut, you should always be wearing apparel and equipment issued by your Equipment Room
• Borrowing items from other members of your team is not permissible
• Please keep your locker area and the locker room neat and orderly
• Areas in need of repair with your locker room, please report to the Equipment Room immediately
• To ensure the protection and privacy of you and your team, please lock your locker at all times and keep all codes and combinations private
• Never allow individuals that are not associated with your team into your locker room without proper permission or supervision
• Equipment and apparel you receive during your time as a Student-athlete should never be sold, traded, bartered or used in any type of transaction. These items should not be provided to any other person to sell or trade on your behalf. Violations in this area will affect your eligibility and/or result in disciplinary action.
Nike

Nike if the official supplier of apparel and most equipment for UConn Athletics. When representing the school, student-athletes should wear Nike apparel at all times, unless given special permission through the Equipment Room. Student-athletes will receive a general issue assortment of clothing along with sport specific items chosen by the program.

**General Issue consists of the following**
- Tees/Shorts/Base layer product
- Sweatshirt/Sweats
- Travel Apparel/Travel Luggage
- Winter Hat/Winter Coat
- Backpack/Duffel
- Footwear

**Annual Participation – Letter Awards**

The Division of Athletics, through the Equipment Services area will present all Student-athletes that qualify a Varsity “C” annual participation (letter) award. In order to receive this award, a Student-athlete must be eligible for athletic participation as defined by the NCAA and a member in good standing with their respective team.

All award nominations will be recommended by the Head Coach and then approved by the Sport Administrator and Office of Compliance. Consideration for an award will be determined by athletic performance, sportsmanship, observance of the rules, along with other applicable criteria. All awards given comply with NCAA regulations regarding the type and number of awards allowed.

The Head Coach must recommend student-athletes who are unable to compete due to injury or illness, and any listed as a redshirt, are not eligible to receive an award.

Because it is possible to letter in more than one sport in any year, the Division of Athletics will award only one letter award per academic year.

**The following awards have been designated as annual participation (letter) awards**

<table>
<thead>
<tr>
<th>Year</th>
<th>Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Year</td>
<td>Jacket</td>
</tr>
<tr>
<td>Second Year</td>
<td>Watch</td>
</tr>
<tr>
<td>Third Year</td>
<td>Blanket</td>
</tr>
<tr>
<td>Fourth Year</td>
<td>Senior Ring</td>
</tr>
</tbody>
</table>

To earn a senior ring the Student-athlete must graduate, participate 4 years, have earned a letter award or achieving their first letter award in their senior year.
The total value of a single participation or “letter” award received in a year by a non-senior Student-athlete may not exceed $225 per year, per sport. You may receive multiple awards in a sport; however, the total value cannot exceed $225.

The total value of a single participation or “letter” award received in a year by a senior Student-athlete may not exceed NCAA limitations, presently at $425 per year, per sport. You may receive multiple awards in a sport; however, the total value cannot exceed $425.

The NCAA for postseason and NCAA competition and championships have established separate monetary values. Please refer to the NCAA manual or consult the Assistant Director of Athletics for Equipment Services for those respective values.

**Retention of Athletic Apparel and Equipment**

Equipment and apparel issued to Student-athletes falls into either disposable or non-disposable categories. Disposable represent items that can be kept at the end of a season or academic year, while non-disposable are items that must be returned to the sport specific equipment room by a specified date.

**Apparel**
Student-Athletes who have completed their collegiate career in good standing may keep all items issued. Student-Athletes with remaining eligibility should expect to return everything issued, unless notified. Each equipment room will deem which items are disposable and non-disposable. If the items are not returned within two weeks of the specified date, the student-athlete fee bill will be charged for the retail cost of those items.

**Equipment**
Student-Athletes with remaining eligibility should expect to return everything they are issued unless otherwise notified by their sport specific equipment manager. If the items are not returned within two weeks of the specified date, the student-athletes fee bill will be charged for the retail cost of those items. Student-Athletes that leave a squad prior to the end of a season or completion of career are required to return all items back to their sport equipment room regardless of condition.

**Billing Student-Athletes**
Student-Athletes who are delinquent in returning items that have been requested by the equipment room will have their fee bill charged until product is returned. Additional criteria is as follows; if the item has been lost/stolen during the season and must be replaced, if the item was requested back at the conclusion of the season and not returned and if the item was returned to the equipment room in a state not consistent with normal/expected wear.

An email will go to the Head Coach and Student-Athlete that details the items and cost being charged. All communication will remain between Student-Athlete, Head Coach and Equipment Manager. Once billed, any inquiries made by the Student-Athlete can be directed towards the sport equipment room. Any inquiries from parents/guardians about billing amounts should be directed towards the Assistant Director of Athletics/Equipment Services and they will work with the Equipment Room to resolve or clarify the charges.

**Sports Performance**

**Mission Statement**
In conjunction with the mission of the University of Connecticut and its Division of Athletics, as the Sports Performance Department we design and implement collegiate sport performance programs to enhance athletic performance, minimize injury potential and support our student-athletes and coaches in the pursuit of championships.

**Program Philosophy**

We provide an integrated, science-based training and evaluation program to build our future champions. Our programs are professionally implemented in a safe, competitive, and disciplined environment that is both physically and mentally demanding.
In the pursuit for excellence as strength & conditioning coaches, we will research the best methods of performance enhancement by continuing our education, applying this knowledge and educating our student-athletes regarding the many facets of sport performance. Each student-athlete will be evaluated in all areas of athletic development and these results will be communicated to the student-athlete and coaching staffs to ensure that both the student-athletes and programs’ goals are being achieved. We will communicate and collaborate with all student-athlete support departments to efficiently and effectively use the time of the student-athlete.

In all of our endeavors, we are committed to the principles of ethical conduct, integrity, and excellence. By developing strong minds, bodies and character, we create powerful athletes, dynamic leaders, and impart values that will be used for a lifetime.

Facilities and Rules
The Sports Performance facilities include the Mark R. Shenkman Training Center, Werth Champions Center weight room, Gampel Pavilion weight room and the Hugh S. Greer Field House weight room. As a provision of safety, the Sports Performance department does not permit the use of facilities without a strength & conditioning coach present and an athletic trainer on site. All training sessions are to be scheduled in advance with the strength & conditioning coach.

- Athletes must be on time for workouts. Sport Performance training sessions are just as important as practice session
- Only a Strength & Conditioning Coach, Sport Coaching Staff member or Sports Medicine staff member may excuse you from a workout
- All workouts must be scheduled with the Strength & Conditioning Coach
- No horseplay in weight room
- No disrespectful behavior will be tolerated
- Weight room is a working environment. No sitting. No socializing
- Only team issued gear is allowed during team workouts
- Athletic shoes are required and must be tied
- No headgear allowed; this includes hats, skull caps and the like
- No cell phones, IPods or headphones
- No chewing gum or any other type of candy
- Medical clearance by the Sports Medicine department must be granted before ANY training in the Sports Performance Facility
- A Strength & Conditioning Coach must be present prior to any weight training activities
- Spotting is required on any lift that is held over the head or torso
- Safety racks are required on any lift performed inside the rack
- All equipment must be returned to its original location after use
- Report any and all injuries that occur during weight training activities to the Strength & Conditioning Coach and the team athletic trainer
Failure to comply with the above rules will result in loss of privilege to use the weight facilities. In the event of a disciplinary problem, the student-athlete will be asked to leave the training facility immediately.

**Fuel Stations/Supplements**
The primary fuel station for Olympic Sports is located in the Hugh S. Greer Field House. The fuel station is to provide additional supplementation to support student-athlete’s training. The fuel station is accessible to all student-athletes and is open Monday-Friday with posted hours. Student-athletes must swipe student identifications to receive supplements and may take up to 2 supplements per day unless otherwise specified by the strength & conditioning coach.

Additional information regarding the Sports Performance Department is available at:


**Compliance and Student-Athlete Services**

**NCAA Rules and Regulations – Interpretations & Reporting Violations**
In order to participate in intercollegiate sports, you must maintain your eligibility status. This includes adherence to all NCAA and Conference rules and regulations. Any disregard of the rules is not condoned by the Division of Athletics or the University.

If you have any questions regarding UConn or NCAA rules and policies, please contact the Office of Athletic Compliance at 860-486-1211.

If you have information about a potential NCAA rules violation, please contact one of the following:

- Office of Athletic Compliance – 860-486-1211 or oac@uconn.edu
- Athletic Director’s Office – 860-486-2725
- Dr. Scott Brown (NCAA Faculty Athletics Representative) – 860-486-0181

**Eligibility**
The following sections on eligibility requirements are intended to reinforce the rules and requirements related to eligibility. These references are not intended to be all inclusive. Student-athletes must also adhere to all regulations of the Office of Community Standards which can be found at http://community.uconn.edu/the-student-code-preamble/. Your eligibility to participate in athletics is based on your academic performance as well as upon your adherence to a variety of university and NCAA regulations. A student-athlete at UConn must go through the annual certification process in order to participate in an organized practice session or competition with your team. This process includes the completion of required NCAA, Conference, and UConn forms in addition to a required NCAA Squad Meeting with the Office of Athletic Compliance. You may not participate in any countable athletically-related activities until both the forms and the meeting are complete. A review of your academic status also occurs as it relates to NCAA, Conference, and UConn requirements. Once your eligibility status is confirmed for a term, you must remain academically and athletically eligible in order to continue to participate in your sport. A review of your academics will occur prior to the start of the fall and spring terms.
General Academic Eligibility
The procedure for obtaining and maintaining academic eligibility is described below. The Office of the Registrar, in conjunction with the NCAA Faculty Athletics Representative, SASP, and the Office of Athletic Compliance is responsible for certifying that you have met the NCAA eligibility requirements. Your eligibility to participate in intercollegiate athletics is determined by reviewing your NCAA Eligibility Center information, your admissions records, and your academic performance at UConn.

To maintain your eligibility you must:
• Have been admitted as a regularly enrolled, degree seeking student according to the published entrance requirements of your institution;
• Be in good academic standing according to the standards of the institution; and
• Be enrolled in at least a minimum full-time baccalaureate degree program (not less than 12 semester or quarter hours) and maintain satisfactory progress toward that degree;
• Be enrolled in a full-time graduate or professional degree program (not less than 9 credits); or
• Be enrolled and seeking a second baccalaureate degree at your institution.

NCAA and UConn rules require that you must be a full-time degree-seeking student in order to represent UConn in athletics. Full-time status is 12 credits as an undergraduate, 9 credits as a graduate, and 6 as a university-approved graduate assistant. You are ineligible to practice or compete during any time if:
• Your registration falls below full-time status;
• Your registration for admission is canceled; or
• You withdraw from the University.

During your final semester, you may be less than full-time if you are enrolled in credits necessary to complete your degree and have the necessary paperwork submitted and approved by the Office of the Registrar.

Changes in your enrollment (e.g. petition to add/drop course, late enrollment, instructor drops) should be submitted prior to the published deadlines to ensure that your records are accurate and complete. Prior to dropping a class, you must have the approval of your Academic Advisor and SASP counselor. This policy is designed to prevent you from making changes in your academic schedule that may jeopardize either your academic or athletic eligibility status.

Please note that not completing the necessary paperwork to declare a less than full-time plan of study in a timely manner may delay any scholarship refunds that are due to you.

Eligibility for Practice & Competition
You are eligible to practice if you are enrolled in a minimum full-time program of studies leading to a baccalaureate or equivalent degree as defined by the regulations of the institution. In addition, the following benchmarks must be met depending on your term of enrollment:
• 24-semester hours of academic credit prior to the start of the institution’s third semester following your initial full-time enrollment;
• 18-semester hours of academic credit since the beginning of the previous fall term or since the beginning of the institution’s preceding regular two semesters (hours earned during the summer may not be used to fulfill this requirement); and
• Six-semester hours of degree applicable academic credit each regular academic term in which you have been enrolled.
• Football student-athletes must pass at least nine-semester hours of degree applicable academic credit in the fall semester to be eligible the following fall.

You must choose a major that leads to a specific baccalaureate degree by the beginning of your third year of enrollment.

In addition to the requirements above, if you are entering your second year of collegiate enrollment, you must present a cumulative grade-point average of at least a 1.8.

If you are entering your third year of collegiate enrollment, you must have completed successfully at least 40 percent of the course requirements in your specific degree program and you must present a cumulative minimum grade-point average of at least a 1.9. A student-athlete’s grade-point average will be certified on a term-by-term basis.

If you are entering your fourth year of collegiate enrollment, you must have completed successfully at least 60 percent of the course requirements in your specific degree program and you must present a cumulative grade-point average of at least a 2.0. A student-athlete’s grade-point average will be certified on a term-by-term basis.

If you are entering your fifth year of collegiate enrollment, you must have completed successfully at least 80 percent of the course requirements in your specific degree program and you must present a cumulative grade-point average of at least 2.0. A student-athlete’s grade-point average will be certified on a term-by-term basis.

Please note that pursuant to UConn requirements, you must obtain a 2.0 grade-point average in order to maintain good academic standing.

Academic Misconduct
All student-athletes must adhere to the academic misconduct regulations set forth by the Office of Community Standards (http://community.uconn.edu/academic-misconduct/) as well as the applicable NCAA rules.

Athletic Eligibility
As a student-athlete, your five-year clock of eligibility begins when you initially enroll full-time at a two or four-year institution. Within those five years, you may have four years of eligibility to utilize for a specific sport. In order to confirm your athletic eligibility status, your annual participation status is tracked by the Office of Athletic Compliance. If you do utilize a season of competition, some exceptions exist to regain a season of eligibility, including a medical hardship waiver. If you believe that you may qualify for a medical hardship waiver or another type of participation waiver, please see the Office of Athletic Compliance.

Amateurism
As an NCAA student-athlete, you are expected to adhere to the necessary rules in order to maintain your amateur status.

Certain actions that may jeopardize your eligibility include but are not limited to the following:
• Accept payment or the promise of payment (in cash, prizes, gifts or travel) for participation in your sport. Some exceptions exist for actual and necessary expenses and prize money. Please consult the Office of Athletic Compliance prior to participation in any event or before receiving any type of benefit or prize money.
• Enter into an agreement of any kind to compete in professional athletics (you cannot negotiate a verbal or written professional contract);
• Be represented by an agent or organization in order to market your athletic skills or reputation;
• Request that your name be put on a draft list for professional sports (except in the sport of men’s basketball) or try out with professional sports. If you are a men’s basketball student-athlete and are interested in entering a professional league’s draft, please contact your coach and the Office of Athletic Compliance.
• Agree to have your picture, name or likeness used to promote a commercial product;
• Receive any benefit that is not available to other students at the University;
• Play on any professional athletic team or on a team where one or more of the members receive payment in excess of actual and necessary expenses;
• Participate on teams other than those fielded by the University during the academic year. This includes tryouts, exhibitions or tournament games.

Extra Benefits
As a student-athlete, you are not permitted to receive a benefit that is not available to the general student population. An extra benefit is defined as any special arrangement by a representative of athletics interests (booster) or an institutional staff member to provide a student-athlete or his or her relatives with a benefit not permitted by the NCAA legislation. There will be eligibility consequences if you are found to have accepted anything that is impermissible under NCAA rules.
Some examples of extra benefits include, but are not limited to,
• Loans or cash in any amount, or co-signing for a loan;
• Special discounts on goods and services such as car repairs, haircuts, legal services;
• Free or discounted meals at local restaurants;
• Free or reduced housing and/or board during the summer or academic year;
• Payment for your transportation or loaning you a vehicle for a trip home or to any other location;
• Payment of room, board or transportation costs for your friends or family when they visit campus or attend an athletic contest;
• Gifts of any kind, including birthday and holiday gifts;
• Transportation while employed that is not provided to all employees.

It is important for you to remember that the rules regarding extra benefits are in effect throughout the entire year, including the summer and other vacation periods. If anyone approaches you with an offer of an extra benefit or you believe you may have accepted an impermissible benefit, please notify your coach and the Office of Athletic Compliance as soon as possible.
Sports Wagering
The NCAA rules on sports wagering prohibit student-athletes from gambling on any sport, at any level, that the NCAA sponsors a championship in. Impermissible activities includes but is not limited to:
• Providing information concerning intercollegiate athletics competition to individuals involved in organized gambling activities;
• Soliciting a bet on any professional or intercollegiate team;
• Accepting a bet on any team representing the institution;
• Soliciting or accepting a bet on any intercollegiate competition for any item (e.g., cash, shirt, dinner) that has tangible value;
• Participating in any gambling activity that involves professional or intercollegiate athletics through a bookmaker, a parlay card or any other method employed by organized gambling.
You are required by the NCAA and the Division of Athletics to report any individual who offers gifts, money, or favors in exchange for supplying information or for attempting to alter the outcome of any contest. Such individuals should be reported to your coach, sport administrator, and/or the Office of Athletic Compliance. The rules prohibiting gambling as described above also apply to your coaches and all other staff members in the Division of Athletics.

Engaging in sports wagering activities may impact your eligibility. For more information, please visit http://www.ncaa.org/enforcement/sports-wagering.

You should also be aware of the legalities of gambling at the institutional and state level. Understand that the consequences at the University level may be expulsion, and the University will also assist with the enforcement of federal, state, and local anti-bribery laws.
If you should have any questions regarding gambling, contact the Office of Athletic Compliance at 860-486-1211. However, if you feel threatened or in danger, call the UConn Police 24 Hour Hotline at 860-486-4800 or dial 911.

Outside Competition
Outside competition includes participation on any team that is not sponsored by the Division of Athletics. Because the rules vary by sport, you must consult your coach and the Office of Athletic Compliance prior to participation to determine if such participation is permissible. This would include any competition as an unattached individual or as a member of the team during both the academic year and summer. For student-athletes in the sport of men’s or women’s basketball, if you wish to participate in a summer basketball league, the league must be certified by the NCAA. You must see the Office of Athletic Compliance to confirm certification of the basketball league and obtain the approval of the Athletic Director prior to any participation in basketball during the summer. A student-athlete may compete during the period between June 15 and August 31 or the institution’s opening day of classes, whichever comes earlier.
**Transferring**

Intra-Conference Transfer Policies

Please note that there may be conference-specific policies related to transferring to another institution within the conference. For more information, consult the Office of Athletic Compliance.

**Transferring from UConn**

NCAA legislation specifies that athletics staff members or other representatives of the institution’s athletics interests shall not make contact with the student-athlete of another NCAA or NAIA four-year collegiate institution, directly or indirectly, without first obtaining the written permission of the first institution’s athletics director (or an athletics administrator designated by the athletics director) to do so, regardless of who makes the initial contact. If permission is not granted, the second institution shall not encourage the transfer and the institution shall not provide athletically related financial assistance to the student-athlete until the student-athlete has attended the second institution for one academic year. If permission is granted to contact the student-athlete, all applicable NCAA recruiting rules apply.

If an institution receives a written request from a student-athlete to permit another institution to contact the student-athlete about transferring, the institution shall grant or deny the request within seven business days of receipt of the request. If the institution fails to respond to the student-athletes written request within seven business days, permission shall be granted by default and the institution shall provide written permission to the student-athlete.

Any student-athlete wishing to transfer to another institution should initiate their request with the head coach. A student-athlete is required to have prior written approval for permission to speak with another institution and for completion of the actual transfer, which would certify eligibility for athletic aid and competition. Written permission shall be granted solely by the Athletic Director (or designee) with input from the head coach and sport administrator. In accordance with NCAA legislation, UConn considers each transfer request on a case-by-case basis.

If a request to contact other institutions is denied, the following will occur:

- Per NCAA legislation, the student-athlete is given written notification of the denial and that he or she, upon request, shall be provided a hearing conducted by an institutional entity or committee outside of athletics department chaired by the FAR (in the event that the FAR is unavailable to chair the hearing for any reason, the President’s Athletic Advisor Committee Chair will serve as the chair of the Hearing.)
- The chair of the Hearing Committee receives the written request for a hearing from the student-athlete. The hearing must be held and written results provided to the student-athlete within 14 business days of a request for a hearing. If hearing is not held or written results are not provided within that time period, permission to contact will be granted by default.
- The chair contacts all participating parties to arrange a time, date and location for the hearing.

**Transfer Denial Hearing Procedures**

The committee chair (FAR) will call the meeting to order and introduce the members of the hearing committee and their affiliations.

- Following introduction of the committee, the institution will introduce its party, including any coaches who are present.
- The student-athlete who is present will then introduce himself/herself along with any representative of the student-athlete’s interest who is also in attendance.
- After introductions, the committee chair will make any necessary announcements, followed by opening statements.

**Opening Statements:**

- The committee chair may use this time to review the purpose of the hearing;
  - Any student-athlete considering a transfer must be granted permission to contact the other institution through the Office of Athletic Compliance or another institution may contact the University and request permission to contact a student-athlete.
  - The head coach is notified of the request and is asked to either grant or deny the request for permission to contact. If permission is denied, a discussion with the sport administrator might also be consulted on such request.
  - If, as in the present situation, permission is denied, the other institution is notified of the denied request and the student-athlete is given written notification of the denial and is made aware
that upon request, may be granted a hearing conducted by a committee outside the athletics department.

- The committee chair explains the voting procedures used by the committee to the student-athlete.
- The student-athlete or his/her representative will first provide an opening statement, followed by the representative from the institution. An opening statement should be brief, providing only information regarding the nature of the case and the position of each party and generally should not include any specific information that will be reviewed during the consideration of the individual positions.

Review of the Positions:
- The student-athlete will present any information relevant to the reason for the transfer request as well as why such a waiver should be granted. There is no time limit on the discussion as the purpose of the hearing is to provide each party an opportunity to present all information that it deems important for the committee to review in its consideration.
- The institution is then provided an opportunity to explain the reason for the denial of the request. The same consideration should be granted the representative of the institution as was granted the student-athlete.
- Each party may be allowed to respond to the other party’s allegations at the discretion of the committee. Additionally, the committee members may ask questions at any time during the discussion. Any involved party may be questioned on any relevant issue.
- If the institution or any involved individual wishes to ask a question of the other party, that question should be directed to the committee, which will then decide if the question is appropriate and will direct it to the appropriate individual.

Closing Statements:
- After the discussion of all relevant information, the committee may hear closing statements from both parties.
- The student-athlete makes his/her statement first, followed by the institution. Similar to opening statements, closing statements are not intended to discuss the details of the case. This provides an opportunity for each party to summarize the discussions that occurred during the hearing and to provide a brief statement regarding the case.
- At the conclusion of the closing statements the parties will be excused and the committee will deliberate until reaching a decision.
- Once a decision is reached, the committee chair (FAR) will notify the student-athlete and the institution of said decision. Response must be provided within 15 business days of the student-athlete’s request.

The Office of Athletic Compliance will proceed by completing the appropriate documentation, if any.

Services and Benefits Available to Student-Athletes who Request Permission to Contact or Indicate Their
**Intention to Transfer**
A student-athlete who is cut or dismissed or chooses to quit a team and requests permission to contact other institutions for the purposes of transferring, will no longer be permitted to have access to any athletics facilities (weight room, locker room, etc.) and be required to return any athletic department issued equipment/gear. The student-athlete would also not be permitted to attend home events where entry is permitted by being listed on a student-athlete pass list. However, the student-athlete will continue to receive the following through the semester and/or academic year before their departure from UConn; SASP services (tutoring, advising, etc.), and medical treatment or rehabilitation for athletic injuries that occurred prior to being dismissed or quitting the team.

*If a student-athlete who is cut/dismissed or quits a team decides to remain at UConn as a student, the individual will only receive SASP and medical services for the remainder of the semester or academic year that they were receiving athletic aid or were a member of the team.

**Countable-Athletically Related Activities**
The NCAA has established time limitations on your athletic participation. Your participation in required countable athletically related activities is limited to a maximum of 4 hours per day and 20 hours per week, with one mandatory day off during the season. Outside of the declared playing season, your participation in countable athletically related activities is limited to a maximum of 8 hours per week in addition to two mandatory days off during this time.

Countable athletically related activities may not be conducted at any time (including vacation periods) following competition, except between contests, rounds or events during a multiday or multi-event competition (e.g., double-headers in softball or baseball, rounds of golf in a multiday tournament). Student-athletes are asked to verify the countable athletically related activity hours reported by their coaches through the JumpForward software. A random sampling of student-athletes will be selected to verify the hours each month.

Countable athletically related activities include but is not limited to the following activities:
- Practice and competition;
- Required weight training and conditioning;
- Participation in individual workouts;
- Divisional review of athletic practice, contest films videotapes;
- Required camp, clinic or workshop participation;
- Athletically related meetings;
- Required on-court/on-field activities; and
- Required team-building activities.
**Complimentary Admissions**
Complimentary admissions to team competitions are distributed in accordance with NCAA rules and regulations, which allow each student-athlete a maximum of four complimentary admissions per event in his/her sport. NCAA regulations do not permit the distribution of hard tickets, and instead are provided through a pass list. It is not permissible to receive anything of value in exchange for use of complimentary admissions.

All eligible student-athletes whose events require paid admission receive four complimentary admissions per home event in their sport. Four complimentary admissions are also permitted for away-from-home competitions. Use of the complimentary admissions should be in accordance with all NCAA regulations, and are intended for family and friends.

Complimentary admissions must be submitted online through the player-guest management system by the deadline designated by the ticket office and your coaching staff. Complimentary admissions may be transferred to a fellow team member. If you are interested in transferring complimentary admissions, you must do so by using the online player-guest management system. Be aware that you become responsible for any team member’s guest even if you transfer your complimentary tickets to them. All guests must present a valid photo identification to obtain admission.

As a student-athlete, you may also receive one complimentary admission to all ticketed sports of which you are not a member of the team. In order to claim your complimentary admission, you must present a valid photo identification and sign the student-athlete pass list. Please note that restrictions may apply for certain games due to availability.

**Official Visit – Student Host Duties**
All student-athletes that serve as a student host for a prospective student-athlete on an official visit must sign the Official Visit Student Host Form, and adhere to all regulations within the form.

**Student-Athlete Financial Aid**
A financial award given to a student-athlete based upon athletic ability is considered an athletic grant-in-aid. According to NCAA regulations, a full grant-in-aid is financial aid that consists of tuition, fees, room, board, books, and other expenses related to attendance at UConn up to the cost of attendance. Once a grant-in-aid is awarded, the University is committed to fulfilling its financial obligation based on the terms on the financial aid agreement.

Grants-in-aid may be canceled or reduced during the period of the award if you:
- Render yourself ineligible for athletic competition;
- Misrepresent information on your application, Letter of Intent or Financial Aid Agreement;
• Engage in serious misconduct that brings substantial disciplinary penalty;
• Voluntarily withdraw from your sport for personal reasons.
• Engage in serious or repeated violations of written team policies

If you are receiving a room stipend as part of your athletic grant-in-aid, you must have a signed copy of your lease on file in the Office of Athletic Compliance before a check will be issued. Room stipends, as well as any other type of refund, will be issued at the beginning of the semester through the Office of the Bursar in the Wilbur Cross Building. Please note that you must be enrolled full time to receive your refund, unless you meet an exception. If you have any questions concerning your stipend, please contact the Office of Athletic Compliance.

Please note that the CONNpirg fee is not covered through the athletic grant-in-aid, but may be waived each term. In addition, the Escrow Deposit is the responsibility of the student-athlete.

Some of charges that the Division is not allowed to pay per NCAA rules and regulations are as follows:
• Cost of treatment for non-athletically related injuries;
• Consumable university charges;
• Library fines;
• Fines for damage to University property, including your dorm room;
• Replacement of a lost residence hall key;
• Replacement costs for a lost student I.D.;
• School supplies, dictionaries, reference books, pens, notebooks, paper, art supplies, etc. (unless provided by the NCAA Student Assistance Fund);
• Parking stickers or fines;
• Loss of or failure to return books provided through your scholarship;
• Vehicle registration fee; and/or
• Loss of or failure to return issued athletic equipment.

Renewal or Non-Renewal of Athletics Grant-in-Aid

The Division of Athletics must notify all student-athletes who are on an athletic scholarship if their grant-in-aid will be renewed, cancelled, or reduced for the following year by July 1. If you believe the decision to reduce or cancel your aid is unfair or unjustified, you may request a hearing as provided by NCAA regulations. Additional instructions related to the hearing process will be provided with your reduction or non-renewal letter.

NCAA Student Assistance Fund (SAF)

The Student Assistance Fund is intended to provide direct benefits to student-athletes or their families as determined by conference offices. As a guiding principle, the fund shall be used to assist student-athletes in meeting financial needs that arise in conjunction with participation in intercollegiate athletics, enrollment in an academic curriculum or that recognize academic achievement. Accordingly, receipt of Student-Athlete Opportunity Fund monies shall not be included in determining the permissible amount of financial aid that a member institution may award to a student-athlete.

All student-athletes, including international, are eligible to receive SAF benefits, regardless of whether they are grant-in-aid recipients, have demonstrated need, or have either exhausted eligibility or no longer participate due to medical reasons.
Post-Eligibility Aid
The University of Connecticut will provide the opportunity for all student-athletes who received athletic aid during their final year of eligibility to apply for an additional 5th year of athletic aid if they have exhausted their eligibility and have not yet completed their undergraduate or graduate degree. If approved, a student-athlete will receive athletic aid in the same proportion that they received during their final year of eligibility. However, all elements (i.e. tuition, fees, room, board, books) will be approved on a separate basis. Student-athletes receiving 5th year aid will not receive a cost of attendance stipend.

Student-athletes receiving 5th year aid will continue to have access to the services provided through SASP. Health insurance, as well as training room and rehabilitation services, will be provided on a case by case basis. Student-athletes will continue to have the ability to apply for funding through the NCAA Student Assistance Fund (SAF). Housing must be secured on their own, as they are not guaranteed housing through the Division of Athletics.

Student-athletes must still be within their 5-year clock to receive 5th year aid. The 5-year clock begins upon initial full-time enrollment at any collegiate institution. In order to be eligible for 5th year aid, a student-athlete must be full time (12 credits undergraduate; 9 credits graduate) or may be less than full-time if they are enrolled in all necessary courses to graduate. Student-athletes who receive 5th year aid must satisfactorily complete the courses for which they were approved. If they withdraw from or fail a course, they may be required to reimburse the University of Connecticut for all costs associated with the course, including tuition, fees, room, board, and books. 5th year aid may also be cancelled or not renewed based on the stipulations outlined in the financial aid agreement.

To apply for 5th year aid, please see your SASP counselor to complete the necessary paperwork by the advertised deadline.
**Impermissible Aid**
If you accept impermissible aid you may lose your eligibility, your scholarship and your right to compete in intercollegiate athletics. Please check with the Office of Athletic Compliance if you are unsure of any aid source.

The kind and/or amount of outside scholarships and awards you may receive as a student-athlete is limited by NCAA rules. Outside scholarships and awards are funds provided to a student-athlete by sources other than the Division of Athletics, the University, Government Grants/Loans or someone you are naturally or legally dependent upon. The NCAA rules apply whether or not you are receiving athletic scholarship. Each year, you must notify the Office of Athletic Compliance if during the year you will receive any outside awards.

**Additional Financial Assistance**
Any financial assistance in addition to a partial or full athletics grant-in-aid (such as outside grants and loans) must be in accordance with appropriate Conference and NCAA rules and regulations, and must be reported annually. Therefore, if you are on an athletics grant-in-aid, it is important that you check with the Office of Athletic Compliance before accepting any additional forms of aid. If additional funds are needed, please contact the Office of Student Financial Aid Services (http://financialaid.uconn.edu/) to determine if you are eligible to receive other sources of permissible aid through the University.

**Non-resident Alien Student-Athlete Withholding Obligations**
Scholarships, fellowship grants, grants, prizes and awards made by domestic sources are generally treated as income and therefore portions are subject to federal withholding tax. The Office of Accounts Payable will be the clearinghouse and will inform the Office of the Bursar the amount of tax that will be added to the fee bill each semester.

**Non-Taxable Portion of Scholarship**
- Tuition and fees required for enrollment or attendance at an educational organization, and
- Fees, books, supplies and equipment required for courses of instruction at the educational organization.

**Taxable Portion of Scholarship**
- Room, board, or incidental expenses received under the scholarship.

The institution must withhold tax at 14% on amounts received that are not for tuition and related expenses. A prorated portion of allowable personal exemptions based on the projected number of days that the student will be in the country is allowed. There are certain countries that have a tax treaty with the United States and therefore nonresident alien students from these countries are tax exempt.

**Book Policy**

**Book Pick-Up**
Any student-athlete that receives books as part of their athletically related financial aid/scholarship will pick-up their required books at the UConn Bookstore no later than the Friday of the first week of classes for the semester. Student-athletes will be notified via email from the Bookstore when their books are ready for pick-up. In order to pick them up, a student-athlete will be required to show identification. In addition, student-athletes will receive a receipt to confirm that everything is correct. The receipt will show any pre-orders if a book was not available or backordered. If a book is not available at the time of pick-up, the
student-athlete will receive another email once the book is available for pick-up. If a book or subscription is not available through the Bookstore, a student-athlete must consult their SASP counselor for assistance. If a student-athlete does not communicate with SASP and purchases the book/subscription on their own, they will not be reimbursed. Additionally, if a student-athlete drops or adds a class, they should work with their SASP counselor to complete the necessary form, and the counselor will let the Bookstore know about the class changes. Student-athletes will be required to return any books from the dropped course prior to picking up any books for courses that are added. Upon pick-up, they must show the completed form for a class change. Student-athletes who require the use of an iClicker must go to SASP during the designated iClicker pick-up times and present a student ID and a copy of the course syllabus which indicates the iClicker requirement. The student then will be able to check-out an iClicker for the semester.

**Book Return**

Any student-athlete that receives books as part of their athletically related financial aid/scholarship must return all books received to the Bookstore by the last day of finals each semester. If a student-athlete does not return their books by the last day of finals, the student-athlete will be charged the retail value of each book but may go through the buyback process since the books may no longer be returned for athletics scholarship purposes. The charges will appear on the student-athlete’s fee bill. Please note that if a student-athlete is travelling with their team and is unable to return their books by the last day of finals, they must work with their SASP counselor to make other arrangements. If a student-athlete is required to keep their books after the semester has ended or would like to keep them for academic reasons, the student-athlete must receive approval from their SASP counselor. Any iClickers borrowed through SASP must be returned directly to SASP by the last day of finals or the student will be charged for the iClicker. If a student is traveling with a team and unable to return the iClicker by that date, then they must make arrangements with their SASP counselor.

**Student-Athlete Employment**

A student-athlete is permitted to engage in employment during the academic year and summer. Prior to beginning employment, you must secure approval through the Office of Athletic Compliance. The following rules are applicable to any type of student-athlete employment:

- The rate of pay is to be the normal rate of pay for the duties performed;
- The hours paid must be for hours actually worked;
- Payment in advance of hours worked is not permitted;
- Transportation to work may be provided only if transportation is available to all employees; and
- Payment must be in check form. No cash payments allowed.

**Promotional or Charitable BenefitAppearances**

According to NCAA regulations, student-athletes may make promotional appearances under certain conditions. All requests for such appearances must be reviewed ahead of time by the Office of Athletic Compliance.

As a prerequisite to approval, the student-athlete and an authorized representative of the organization requesting the appearance must sign a release statement ensuring that the student-athlete’s name, image or appearance is used in a manner consistent with NCAA guidelines. You may also not miss classes due to participation in the activity.

Please direct any such requests to the Office of Athletic Compliance, and make sure that written approval is on file before proceeding.

**A Career in Professional Sports**

To compete in intercollegiate athletics as a student-athlete, it is essential that you know the NCAA rules related to professional sports and the use of an agent or advisor. Any violation of these rules could have severe negative consequences for you and the University. Questions related to agents and professional sports should be directed to your coaching staff and the Office of Athletic Compliance.

**Team Travel**

Your Head Coach will review the standards for team conduct which you should observe when you travel with your team. Specific requirements for dress, individual conduct, curfews and free time activities will be discussed.
There may be unique occasions when you are not able to travel to and from an athletic event with your team. In that case, you must discuss your plans with your coach well in advance of the event. If these alternate arrangements are approved by your coach, you must complete a release form through the Office of Athletic Compliance. This form must be signed by the program administrator, coach, and student-athlete.

**Dining Services**

All resident students living in the on-campus residence halls are required to have a meal plan. Students living in on-campus apartments or off-campus are not required to have a meal plan. Information about purchasing a resident meal plan can be found by visiting dining.uconn.edu.

You must have an ID card to gain entrance to a dining unit. If you have lost your ID card and would like to utilize your meal plan, call the One Card office (located on the 2nd floor of Wilbur Cross) at 486-3129 to have it deactivated. You will need a replacement card before eating your next meal.

**Residential Life**

All student-athletes must adhere to the policies and procedures set forth by Residential Life. This includes adherence to the Housing Contract which can be found at http://reslife.uconn.edu/housing-contract-forms/ for those who live on-campus.

Within the parameters of the NCAA rules, the Division of Athletics does get a small number of on-campus spaces to allocate to student-athletes. If you are interested in securing a room through the Division of Athletics, please work with the Office of Athletic Compliance.

Student-athletes who are required to remain on-campus for practice or competition during vacation periods will be provided with housing as necessary.