



Description

Each year, five athletic trainers will be accepted to the 12-month Post-Graduate Athletic Training Residency Program at UConn, starting on June 1. This program was created to provide a clinically intensive, educational opportunity to advance the knowledge of clinical evaluations and rehabilitations within the collegiate sports medicine setting. Athletic Training Residents will partake in didactic sessions, journal clubs, as well as surgical and clinical rotations with orthopedic doctors. Additional education opportunities will be provided through varied disciplines of sports medicine including but not limited to primary care, orthopedics, neurology, and mental health. The Athletic Training Residency is a unique setting that will foster daily clinical decision making to Division I student-athletes with sport related injuries and illnesses. As part of a multidisciplinary team, you will work to successfully manage these orthopedic conditions.

Mission Statement

The UConn Athletic Training Residency Program strives to give entry-level athletic trainers a clinical immersion in the Division I sports medicine setting with in depth didactics to improve their clinical evaluation and management of athletic related injuries. By attempting to tailor each person's experiences to best align with their long-term goals as a health care provider, UConn will give clinical experiences that are unique, and not like other programs. Athletic trainers will leave with a better understanding of recovery and acquire a variety of techniques to integrate into the course of rehabilitations. Keeping athletic trainers involved in orthopedic evaluations, surgical techniques, and a variety of rehabilitation tactics, they will become stronger evaluators, increase self-confidence, and leave UConn being great health care providers.

Vision Statement/Goals

The UConn Athletic Training Residency Program strives to become a nationally recognized program for the advancement of clinical decision-making and injury management for athletic trainers in the collegiate sports medicine setting.

Objectives

1. Promote CAATE Post-Professional Core Competencies which include; patient centered care, interdisciplinary collaboration, evidence based practice, quality improvement, use of healthcare informatics, and professionalism
2. Provide the athletic training resident didactic and clinical experiences in musculoskeletal evaluations and injury management within the Division I sports medicine setting.
3. The Athletic Training Residency Program will provide a clinically intensive educational opportunity to help prepare young professionals for a career in athletic training through a variety of disciplines within sports medicine, including but not limited to primary care, orthopedics, neurology, and mental health.



Program Curriculum/Components

- a. Educational Programming/Curriculum
 - a. Physician Shadowing
 - i. Operating room
 - ii. Physician Clinics
 - 1. Orthopedics
 - 2. Neurology
 - b. Primary responsibility to a Division I sports team
 - i. AT Residents will be responsible for the daily care, treatment and rehabilitation of a UConn Varsity sport(s).
 - c. Monthly Grand Rounds
 - i. Once a month, UConn Sports Medicine staff attend presentations on topics such as orthopedic pathologies, evidence-based medicine, clinical efficiency, and rehabilitation of specific pathologies. Audience includes team physicians, primary care fellows, athletic trainers, athletic training students and faculty, physical therapy students and faculty, as well as exercise science students and faculty.
 - d. Weekly Journal Article Review
 - i. Weekly journal article review starting in late August and running through beginning of May, with a break during winter intersession. Attendees include AT residents, staff athletic trainers, team physicians, and primary care fellows.
 - e. Case Study Presentation and Research
 - i. Each AT Resident will select a unique injury within sports medicine. They will write a literature review including what makes the injury unique, differential diagnosis and clinical implications for other clinicians. They will either compile a poster presentation to be displayed, or personally present the case at the Connecticut Athletic Trainers Association Annual symposium. Additionally, the case reviews will be submitted for publication in a peer-reviewed journal.
 - f. Weekly Didactic Learning
 - i. Weekly sessions on a variety of rehabilitation techniques including but not limited to joint and soft tissue mobilizations, aquatics, isokinetic testing, postural restoration, muscle energy, and surgical protocols. Additionally, clinical techniques in evaluations, post-operative care and education, professional communication, QPR training, among other things.
 - g. Casting and Durable Medical Equipment (DME)
 - i. The AT Resident will be trained by staff AT's, and other medical staff, in the application of casting, splinting and bracing. Daily exposure to various pathologies will require appropriate taping, splinting, or bracing.



- h. Electronic Medical Records
 - i. AT Residents will be involved in daily record keeping for injury assessment and progress. This is the same system used by the on-campus student health services and shared with the team physicians. They will transfer records from orthopedics doctors into each student-athletes files as well.
- i. Performance evaluations will be given quarterly by physicians, and/or staff AT's
 - i. Evaluations will appraise management of injuries and illnesses; communication within sports medicine, and coaching staff's; accurate documentation; professionalism; and quality of patient care.

Retention Policies

Salary/Benefits

- A salary of \$26,000 paid biweekly
- Opportunity to buy into the University's state employee healthcare and dental plans at group rates

Purpose

- To ensure athletic training residents (ATR) have a sufficient understanding in the resident curriculum expectations and time commitment required to successfully complete the UConn Residency program

Policy/Responsibilities

- ATR's must fully participate in all required didactic and clinical experiences.
- Work as an AT under the supervision of staff athletic trainers, and team physicians in providing care and coverage to Division I student-athletes.
- Assist in the supervision and instruction of athletic training students
- ATR's must adhere to policy and procedures set forth by the UConn Sports Medicine Department

Applications/Requirements

- Master's Degree preferred
- Independent athletic training experience preferred
- BOC certified, and eligible for CT licensure
- CPR/AED Certifications
- **Application Procedure:**
 - o Applicants must submit a cover letter, resume and at least three (3) reference letters to Search Committee: jobsinathletics@uconn.edu by January 30th (subject line should read Athletic Training Residency). Screening of applicants will begin immediately. Employment is contingent upon the successful completion of a pre-employment criminal background check.
 - o Applications will **not** be accepted electronically through the NATA website.



- Applications will be reviewed as they are received and the search may move forward prior to the January deadline.
- Questions about the position should be directed to Patti Kula, MS, ATC (patti.kula@uconn.edu or 860-486-0480).

Faculty and Staff

Medical Residency Director(s)

- Dr. Matthew Hall Fellowship Team Physician; Program Director, Primary Care Sports Medicine
- Dr. Deena Casiero Director of Sports Medicine, Head Team Physician

Program Supervisor

- Robert Howard, MA, ATC Assistant Director of Athletics; Head Athletic Trainer

Program Director

- Catie Dann, MS, ATC, CSCS Assistant Athletic Trainer, WSOC/Row

Associated Residency Physicians

- Dr. Michael Joyce Team Physician – Orthopedics
- Dr. Robert Arciero Team Physician – Orthopedics
- Dr. Cory Edgar Team Physician – Orthopedics
- Dr. Katherine Coyner Team Physician – Orthopedics
- Dr. Anthony Alessi Neurology
- Dr. Robert Lin Orthopedics
- Dr. Peter Schulman Cardiology

Additional Residency Program Mentors

- Andrew Landry, MS, ATC Assistant Athletic Trainer (MSC, Row)
- Dylan Mello, MS, ATC Assistant Athletic Trainer (MBB)
- Ed Blair, MS, ATC Assistant Athletic Trainer (MHK, M/W Tennis, Golf)
- James Doran, MS, ATC Assistant Athletic Trainer (MBK)
- Janelle Francisco, MS, ATC Assistant Athletic Trainer (WBK)
- Megan Barry, MS, ATC Assistant Athletic Trainer (FH/SB)
- Patti Kula, MS, ATC Assistant Athletic Trainer/Rehabilitation Coordinator (XC, Track)
- Tony Salvatore, MS, ATC Assistant Athletic Trainer/Rehabilitation Coordinator (FB)



Current Athletic Training Residents

- Katie Martin, MS, ATC
 - Undergraduate Degree: Coastal Carolina University
 - Graduate Degree: Montana State University, Billings
- Karlie O'Reilly, MS, ATC
 - Undergraduate Degree:
 - Graduate Degree: Southern Methodist University
- Robbie Williamson, MS, ATC, CSCS
 - Undergraduate Degree: Ithaca College
 - Graduate Degree: Springfield College
- Caitlyn VanWie, MS, ATC, CSCS, NREMT
 - Undergraduate Degree: University of Delaware
 - Graduate Degree: University of Georgia

Past Athletic Training Residents

- Colleen Driscoll, MS, ATC
 - Undergraduate Degree: Boston University; Graduate Degree: UConn
 - Colleen decided to enroll in the residency program while also finishing her graduate degree at UConn. Over her tenure, she showed drive and perseverance while keeping the needs of the student-athletes at the forefront. Her primary sport assignments were to the volleyball and softball teams. She is now an assistant athletic trainer at Eastern Carolina University working with women's basketball.
- Elizabeth Hevern, MS, ATC
 - Undergraduate Degree: UConn; Graduate Degree: Northwest Missouri State University
 - Liz started returned to her alma mater after receiving her Master's Degree in Applied Health and Sport Science from Northwest Missouri State University. Her primary sport assignments during her residency were Men's and Women's Swimming and Diving and Football. Liz takes her next career step back to NWMSU to be the head football athletic trainer.
- Andre Venner, MS, ATC
 - Undergraduate Degree: SUNY Cortland; Graduate Degree: Ithaca College
 - Andre chose athletic training because of the opportunity to help competitive athletes be able to perform to their maximum potential. His primary sport assignments while at UConn were Football, and assisting with track and field. He is now an assistant athletic trainer at Kean University where he will work with the Men's Soccer and Men's Lacrosse programs.