



Sports Medicine Policy and Procedures
Medical Exception ADD/ADHD Form

Name	Date of Birth	SSN
Primary Care Physician	Address	Phone Number
_____ is under my care for treatment of ADHD/ADD since _____		
Patient's Name	Date of initial treatment	

YES NO Alternative non-stimulant medication use has been considered, or tried, with unsatisfactory clinical results

LIST those tried, if applicable _____
 The current medication and dosage is: _____
 Reason for this medication: _____

YES NO The student-athlete has undergone formal psychological/neuropsychological testing confirming the diagnosis of ADHD or ADD.

Name and title of the provider who conducted the formal psychological evaluation:

YES NO An accepted ADHD rating scale was used to make the diagnosis. If NO, how was the course of treatment determined? (Attach any clinical SOAP notes)

YES NO CONNER'S Adult ADHD reporting scales (CAARS)

YES NO ASRS (Adult ADHD self-report scale)

Other: _____

****Please submit copies of test results for the athlete's college medical record/NCAA****

Please feel free to attach any clinical SOAP notes *that may help clarify your patient/our athlete's diagnosis of ADHD/ADD and the need for stimulant medications*, THANK YOU FOR YOUR TIME!

I, _____, give _____ permission to release all information regarding my treatment for ADHD to the National Collegiate Athletic Association. This authorization will be valid for one calendar year beginning on the date I sign this authorization. I may revoke this authorization at any time by submitting a letter in writing to the Head Athletic Trainer, with the understanding that all information released prior to my revocation is excluded.

My signature below indicates that [have read and understand the above statement.

Signature: _____ Date: _____

Parent/Guardian signature (if under 18 years) _____