



University of Connecticut

Sports Medicine

Emergency Action Plan

2016 – 2017

University of Connecticut Sports Medicine - Emergency Action Plan

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The following is a guide for those involved in the care of UCONN athletes and those who may be attending a sporting event and need medical services.

The importance of expedient action cannot be overstated when the care of individuals are being considered. The efficacious work of those charged with the care and transporting injured individuals can only be improved by a well thought out and practiced plan.

The three major components of an emergency plan include: the emergency team, communication, and equipment.

Emergency Team Roles:

- A. Acute care to be provided by the most qualified individual at the scene.
- B. Emergency equipment retrieval- anyone familiar with the types and location of equipment (usually: student athletic trainer, coach, event staff)
- C. Activation of EMS-should be a person familiar with location and address of injury site. Should be a calm person with good communication skills.
-Member of UConn team meets and directs emergency personnel to scene. Should have keys to gates, doors, etc. (Home game management staff should be involved).

Attached are emergency evaluation plans for the numerous game, practice fields, and facilities used by UCONN athletic teams.

Emergency Equipment

Stored in these Venues:

Baseball Stadium, Softball Field, Ice Rink, Field House Athletic Training Room, Gampel Athletic Training Room, Burton Athletic Training Room, Werth Athletic Training Room.

On-Site for Competitions.

Emergency Bag (Cramer – Red)

- | | |
|--|------------------------------------|
| 1) Vacuum Splints (Leg, Arm, Pump), Sam Splint | 7) Oxygen |
| 2) Knee Immobilizers | 8) Inhaler/Epi-Pen/Aspirin |
| 3) Res-Q-Vac Suction Unit | 9) Stethoscope/BP Cuff |
| 4) Cervical Collars (Universal) | 10) Rectal Thermometer |
| 5) Bag Valve Mask | 11) Helmet Removal Kit (FB and IH) |
| 6) AED | |

Biohazard/First Aid Kit

- | | |
|---------------------------------------|---------------------------------|
| 1) Coverlets (Strip, Knuckle, 4-Wing) | 6) Biohazard Spill Clean-Up Kit |
| 2) Gauze (Sterile & Non-Sterile) | 7) Small Sharps Container |
| 3) Non-Sterile Gloves | 8) Hand Sanitizer |
| 4) Red Biohazard Bag | 9) Pocket Mask |
| 5) Biohazard Solidifier | 10) Spray Bottle with Sanicide |

Other Equipment

- 1) Crutches
- 2) Spine Board

University of Connecticut Sports Medicine **Automatic External Defibrillator Policies and Procedures**

Introduction

Sudden cardiac arrest (SCA) is the leading cause of death in young athletes. Defibrillation is a recognized means of terminating certain potentially fatal arrhythmias during a cardiac arrest. A direct current defibrillator applies a brief, high-energy pulse of electricity to the heart muscle. Automated external defibrillators (AEDs) were introduced in 1979. AEDs accurately analyze cardiac rhythms and, if appropriate, advise/deliver an electric counter shock. AEDs are currently widely used by trained emergency personnel.

It is recognized that successful resuscitation is related to the length of time between the onset of a heart rhythm that does not circulate blood (ventricular fibrillation, ventricular tachycardia) and defibrillation. **Access to early defibrillation is essential and a target goal of < 3 – 5 minutes from the time of collapse to the first shock is strongly recommended.** The provision of timely emergency attention saves lives. By training certified athletic trainers and team physicians, the first responders in these settings, in the use of AEDs and providing rapid access to AEDs, the emergency response time is shortened.

Explanation

Automated external defibrillator is a medical device heart monitor and defibrillator that meet all of the following specifications:

- Has received approval of its pre-market notification filed pursuant to Section 360 (k), Title 21 of the United States Code from the United States Food and Drug Administration.
- Is capable of recognizing the presence or absence of ventricular defibrillation or rapid ventricular tachycardia and is capable of determining, without intervention by an operator, whether defibrillation should be performed.
- Upon determining whether defibrillation should be performed, the AED automatically charges and instructs whether to deliver an electrical impulse through the chest wall and to an individual's heart.

Operation considerations

The University of Connecticut Sports Medicine Staff utilizes AEDs. The AEDs are portable, battery-powered, automatic defibrillators. They automatically analyze the patient's cardiac electrical signal. The AED advises the operator to shock if it detects ventricular fibrillation (VF), ventricular tachycardia (VT), or other abnormal cardiac rhythms that would benefit from an AED shock. When an abnormal cardiac rhythm is confirmed, the AED charges to deliver a shock. It advises by a voice prompt and a flashing red rescue button that it is ready for the rescuer to deliver a high-energy defibrillating electrical shock. The AEDs features include voice prompted operation and an automatic daily self-test. If maintenance is required, the AED will

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sound an alarm (Medtronic: two loud beeps will sound every 30 seconds and/or the LCD display in the front will display need for maintenance).

Location of AEDs in Athletics and Recreation

1. Gampel Athletic Training Room: On pillar, Left Side of Room by Counter
2. Concourse Level of Gampel Pavilion
3. Gampel Lower Level Weight Room: Immediately on Left Wall by Office
4. Gampel Upper Level Weight Room: On Floor to Right when Entering Room
5. Field House Athletic Training Room: Wall by Campus Telephone
6. Field House Weight Room: In Coaches' Office (Right Wall)
7. Ice Hockey Forum: On Wall in Lobby near Drinking Fountains
8. J.O. Christian Field Indoor Batters' Barn: On Front Wall to Right when entering building
9. Portables: Stored in Athletic Training Rooms
10. Hugh S. Greer Field House: Southeast Corner by Phone Near Field Hockey Office
11. Guyer Gym in Field House: Southeast Wall
12. Burton Athletic Training Room: On Wall by Entrance to Hydrotherapy Room
13. Werth West back hallway between Equipment and Athletic Training Rooms
14. Werth Weight Room
15. Polo Varsity Weight Room (in Burton): On Wall near Bottom of Stairs
16. Shenkman Training Center: On Weight Room Side Wall Mid-field
17. Wolff-Zackin Natatorium: On Wall in Assistant Coach offices hallway
18. Patriots Park Coventry Lake UConn Boathouse: On Wall in Boathouse
19. Student Recreation Selectorized Weight Room in Field House: On Wall by Cubbies
20. Student Recreation Brundage Pool: On Right Wall, Lifeguard End of Pool
21. Student Recreation Climbing Wall: On Wall at Far End of Facility
22. Student Recreation 4 Portables: For Outdoor activities

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Where and how to access AED from each sporting venue

(We list the first action and then alternate action if first is unsuccessful)

* “Gator” indicates you will call for a portable AED if the Gator is not at your site

Venue	First Action	Alternate
Burrill Family Field @ CT Softball Complex	On site/gator	Shenkman Training Ctr
Burton Athletic Training Room	On site	Portable / Shenkman Training Ctr
Crew Ergonomics Training Room	Field House WR	Greer Field House
Dodd Stadium, Norwich, CT	Portable with AT	EMS
East Hartford Racquet Club	On site	EMS
Ellington Ridge Country Club (Golf)	EMS	EMS
Field House Athletic Training Room	On site	Portable / Guyer Gymnasium
Field House Varsity Weight Room	On Site	Hugh S. Greer Field House
Football Practice Field	On site/gator	
Gampel Athletic Training Room	On site	Portable / Gampel Lower WR
Gampel Basketball Weight Room	On Site	Gampel Athletic Training Room
Gampel Upstairs Weight Room	On Site	Concourse Level Gampel
George J. Sherman Family-Sports Complex	On site/gator	Field House Athletic TR
Guyer Gymnasium	On site	Hugh S. Greer Field House
Hammonasset Beach State Park	Portable with AT	EMS
Harry A. Gampel Pavilion	Gampel Athletic TR	Concourse Level Gampel Pavilion
Hugh S. Greer Field House	On site	Guyer Gymnasium
J.O. Christian Field & Batting Barn	On site/gator	Ice rink
Joseph J. Morrone Stadium	On site/gator	Ice rink
Mark Edward Freitas Ice Forum	On site	Game day – Ambulance crew
Mark R. Shenkman Training Center	On site	Burton Athletic Training Room
New Britain Stadium, NB, CT	Portable with AT	EMS
Patriots Park Coventry Lake Boathouse	On site	EMS
Polo Varsity Weight Room	On site	Shenkman Training Ctr
Practice Field 1	On site/gator	Ice rink
Practice Field 2	On site/gator	Shenkman Training Ctr
Rentschler Field	On site	Game day – Paramedics also
Star Hill Family Athletic Center	Portable with AT	EMS
Tennis Courts	UConn Fire Station	On site/gator
Werth West back hallway	On site	Portable / Weight Room
Werth Weight Room	On site	Portable / West back hallway
Wolff-Zackin Natatorium	On site	Gampel Athletic TR
XL Center	Portable with AT	Game day – Paramedics also

Protocol

Before the device is utilized to analyze the patient's ECG rhythm, the patient must be:

- Unconscious

Immediately after determining the patient is unresponsive, the AED should be applied to the patient.

The device is, however, not intended for children less than eight years of age and/or victims weighing less than 55 pounds unless pediatric electrodes are available for a pediatric capable unit. The AED units are programmed to administer one shock if an abnormal cardiac rhythm is detected. That will be followed by 2 minutes of CPR. If the abnormal cardiac rhythm persists, one shock followed by 2 minutes of CPR will be continued until a normal cardiac rhythm is detected by the AED. The staff will shock until an abnormal cardiac rhythm is no longer present, the patient converts to a perfusing rhythm, or an advanced life support team arrives on the scene and assumes control.

To prepare for ECG analysis and defibrillation:

- If available, send someone to get AED immediately upon encountering patient that appears to be unconscious
- Verify the patient is unconscious
- Check for signs of life (breathing and circulation)
- Bring the AED to the patient if it is not already there
- Open the lid to activate the AED
- Follow the voice commands
- Prepare the patient for electrode placement and place electrodes
- Again follow the voice commands
- If no shock is advised, check to see if patient is breathing and has a pulse and provide care based on those findings

In the event of a cardiopulmonary emergency, the emergency system should be activated as quickly as possible either by calling 911. The first responders should provide initial care as appropriate to the situation and coordinate with other emergency medical service providers upon their arrival in the provision of CPR, defibrillation, basic life support, and advanced life support.

Other Reminders

1. Don't forget BASIC steps: Check—Call—Care
2. Activate EMS – 911. *This will connect directly to UConn EMS from cell as well.*
3. If at an event without EMS on site, we render emergency care to spectators
4. It is safe to use on metal bleachers or wet surface (but not submerged in water) as long as there is no contact with the patient. There is potential to feel a mild non-harmful shock.
5. For any sites that are sharing an AED, the AED must be left at the site of the event running longer when other sites finish.
6. If 2 games are occurring at the same time, the AED should be at the venue with the largest crowd / highest risk.
7. A post event review will take place with Dr. Casiero and the entire staff after any incident in which the AED was used. The purpose is to review the situation and evaluate the effectiveness and efficiency of the emergency plan.
8. Report any damage to the AED to the Athletic Training Room ASAP.
9. Maintenance checks will be completed and recorded every 4-6 weeks.

Training and Testing

Personnel using the AED must complete a training session each year, including instruction in:

1. The proper use, maintenance, and periodic inspection of the AED (Maintenance and periodic inspection is not a primary responsibility of each user.)
2. Defibrillator safety precautions to enable the user to administer a shock without jeopardizing the safety of the patient, the user, and other people
3. Assessment of an unconscious person to determine if cardiac arrest has occurred and the appropriateness of applying an AED
4. Recognizing that an electrical shock has been delivered to the patient and that the defibrillator is no longer charged
5. Rapid, accurate assessment of the patient's post shock status to determine what care is needed
6. The operations of the local emergency medical services system, including methods of access to the emergency response system, and interaction with emergency medical services personnel
7. The role of the user and coordination with other emergency medical service providers in the provision of CPR, defibrillation, basic life support, and advanced life support
8. The responsibility of the user to continue care until the arrival of a qualified personnel

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Epinephrine Auto-Injector (Epi-Pen) Policies and Procedures

Introduction

Epinephrine is used for the emergency treatment of severe allergic reactions to insect stings/bites, foods, drugs, and other allergens. Epinephrine mimics the responses of the sympathetic nervous system. It quickly constricts blood vessels to improve blood pressure, relaxes smooth muscle in the bronchioles to help alleviate the wheezing and dyspnea, and stimulates the heartbeat. The drug takes effect within seconds, but the duration of its effectiveness is short (about 10-20 minutes).

The University of Connecticut Sports Medicine Staff utilizes the Epi-Pen Auto-Injector, a disposable delivery system for self-administration. The Epi-Pen has a spring-activated needle that is designed to deliver one precise dose (0.3 mg of 1:1000 solution for adults) of epinephrine when activated. A single dose is administered to the patient. It may be necessary in very severe reactions to administer a second dose after five minutes if the initial response is inadequate.

Emergency Medical Care for Anaphylaxis

The sports medicine staff should:

- Maintain an airway
- Suction any secretions
- Be prepared to assist with ventilation
- Administer epinephrine by a prescribed auto-injector
- Activate EMS

Indications/Contraindications

Epinephrine should be administered if the patient exhibits signs and symptoms of a severe allergic reaction (anaphylaxis), including respiratory distress and/or shock (hypoperfusion). There are no contraindications for the administration of epinephrine in a life-threatening allergic reaction; however, precautions should be taken with elderly patients or patients with heart disease or hypertension.

Administration of epinephrine

- Check the Epi-Pen to ensure the medication has not expired, has not become discolored, and does not contain particles or sediments
- Prep skin site with alcohol
- Remove the gray safety cap from the auto-injector
- Place the tip of the auto-injector against the patient's thigh
- Push the injector firmly until the medication is released
- Hold for 10 seconds

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- Massage area of injection for several seconds
- Dispose of auto-injector in designated bio-hazard sharps container
- Record that epinephrine was given, the dose, and the time administered

Side effects

The patient may complain of side effects following the administration of epinephrine. Possible side effects include increased heart rate, pale skin (pallor), dizziness, chest pain, headache, nausea, vomiting, excitability, and anxiousness.

Reassessment

Following the administration of epinephrine, it is necessary to reassess the patient. Reassessment should include continued evaluation of airway, breathing and circulatory status. Decreasing mental status, decreasing blood pressure, and/or increasing difficulty in breathing indicates the allergic reaction worsening. If the condition is worsening, consider the following interventions: consult with the team physician about injection of a second dose, provide emergency care for shock, and be prepared to administer rescue breathing and CPR if necessary.

If the patient's condition improves following the administration of epinephrine, continue to perform ongoing assessments. Be aware that the patient may complain of side effects. Any patient requiring the administration of epinephrine should be transported to the closest available medical facility for follow-up evaluation and treatment as soon as possible. Remember that epinephrine is short-acting (10-20 minutes) and signs and symptoms may return as the drug wears off.

Procedures for training and testing

Personnel must complete a training session each year with review of the signs and symptoms as well as the emergency medical care for allergic reaction, anaphylaxis, and anaphylactic shock; instruction of the proper use and maintenance of the Epi-Pen, and practice with the Epi-Pen Trainer.

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Asthma Medication Meter Dose Inhaler Policies and Procedures

Introduction

Causes of asthma are multi-factorial. Several factors, including exercise may induce an asthma attack. The majority of patients with asthma and patients with allergies will have exercise-induced bronchospasm (EIB). Athletes are more often seen with asthmatic symptoms than expected from the general population, perhaps because of their repeated exposure to aeroallergens and/or cold air during exercise and loss of heat and water. This effect results in heightened bronchial hypersensitivity. EIB usually occurs during or minutes after vigorous activity, reaches its peak 5-10 minutes after stopping the activity, usually resolves in another 20-30 minutes.

Asthma medications

Depending on the severity of asthma, medications can be taken on an as-needed basis (prn) or regularly to prevent or decrease breathing difficulty. Most of the medications fall into two major groups: quick relief medications and long-term control medications.

Common convention in naming medications is to use the drug name with the Trade name in parentheses i.e. Albuterol (Ventolin or Proventil)

Quick relief medications are used to treat asthma symptoms or an asthma episode. The most common quick relief medications, the short-acting beta-agonists, relieve asthma symptoms by relaxing the smooth muscles around the airways. Common beta-agonists include Proventil and Ventolin (albuterol), Maxair (pirbuterol), and Alupent (metaproterenol). Atrovent (ipratropium), an anticholinergic, is a quick relief medication that opens the airways by blocking reflexes through nerves that control the smooth muscle around the airways. Steroid pills and syrups, such as Deltasone (prednisone), Medrol (methylprednisolone), and Prelone or Pediapred (prednisolone) are very effective at reducing swelling and mucus production in the airways; however, these medications take 48-72 hours to take effect.

Long-term control medications are used daily to maintain control of asthma and prevent asthma symptoms. Intal (cromolyn sodium) and Tilade (nedocromil) are long-term control of asthma and prevent swelling in the airways. Cromolyn and nedocromil can also be used before exercise to prevent exercise-induced bronchospasm. Inhaled steroids are also long-term control medications. In addition to preventing swelling, they also reduce swelling in the airways and may decrease mucus production. Common inhaled steroids may include Vanceril, Vanceril DS, Beclovent, and Beclovent DS (beclomethasone), Azmacort (triamcinolone), Aerobid (flunisolide), Flovent (fluticasone), and Pulmicort (budesonide). Leukotriene modifiers are newer long-term control medications. They may reduce swelling inside the airways and relax smooth muscles around the airways. Common leukotriene modifiers include Accolate (zafirlukast), Zylflo (zileuton), and Singulair (montelukast). Current data suggest that the leukotriene modifiers, while more convenient to use in that they are in pill form, are less efficacious than the inhaled corticosteroids. Another long-term control medication, Theophylline, relaxes the smooth muscles around the airways. Common theophyllines in oral form include

Theo-Dur, Slo-Bid, Uniphyll, and UniDur. Theophylline is rarely used now because of its unfavorable side effect profile. Serevent (salmeterol), in inhaler form, is also a long-term control medication. As a long-acting beta antagonist, it opens the airways in the lungs by relaxing smooth muscle around the airways.

Inhaled medications

Inhaled medications are delivered directly to the airways, which is useful for lung disease. Aerosol devices for inhaled medications may include the metered-dose inhaler (MDI), MDI with spacer, breath activated MDI, dry power inhaler or nebulizer. The most commonly used inhaled medications are delivered by the MDI, with or without the spacer. There are few side effects because the medicine goes right to the lungs and not to other parts of the body.

It is critical that the patient use the prescribed MDI correctly to get the full dosage and benefit from the medication. Unless the inhaler is used in the right manner much of the medicine may end up on the patient's tongue, the back of their throat, or in the air. Use of a spacer or holding chamber helps significantly with this problem and their use is strongly recommended. Excellent data exist that show that spacer use improves the quantity of drug delivered to the lungs and diminishes side effects. A spacer is a device that attaches to an MDI. It holds the medication in its chamber long enough for the patient to inhale it in one or two slow deep breaths.

Using the MDI

The University of Connecticut Sports Medicine Staff may assist a student-athlete in the use of a prescribed MDI as follows:

- Remove the cap from the MDI and hold upright
- Shake the inhaler well
- Tilt the patient's head back slightly and instruct them to breathe out
- Have the patient open his/her mouth and hold inhaler 1-2 inches away (or mouth to a spacer mouthpiece if available)
- Press down on inhaler to release medication as the patient starts to breathe in slowly
- Patient slowly inhales for 3-5 seconds
- Patient holds breath for 10 seconds to allow medication to reach deeply into the lungs
- Repeat puffs as prescribed; waiting 1 minute between puffs to permit the second puff to go deeper into the lungs

Procedures for training and testing in use of MDI

Personnel must complete a training session each year with review of signs and symptoms of asthma and instruction in the proper use of MDI with and without the spacer.

Addendum, 8/20/07

Due to changes imposed by the federal government in 2006, the old metered-dose inhalers (MDIs) are no longer available. In their place are inhalers which utilize hydrocarbon-free propellants in order to reduce the effect these medications can have on the environment. Practically speaking, there are currently no generic inhalers of this type, so the cost of an albuterol MDI is significantly greater. Currently, albuterol is available via inhaler as Proventil HFA, Ventolin HFA, or ProAir HFA.

University of Connecticut Sports Medicine Biohazard Spill Clean-Up Policies and Procedures

Introduction

In 1985 the Centers for Disease Control (CDC) developed guidelines for the prevention of transmission of HIV and HBV, the "Universal Blood and Body Fluid Precautions" now referred to simply as "Universal Precautions". Using the CDC's recommendations as a guideline, OSHA followed with its own standard 29CFR1910.1030 "The Bloodborne Pathogens Standard" in December of 1991 designed to protect the nation's healthcare professionals who were in a high-risk group for exposure and contamination from a mounting list of deadly, contagious bloodborne pathogens. The most familiar of the bloodborne viruses are HIV, HBV, and HCV. Among those pathogens listed, the only virus preventable by vaccination is HBV.

As medical professionals, we are held to these standards and guidelines set forth by OSHA and the CDC. All spills should and must be treated as bio-hazardous unless liquid is known not to contain body fluids.

Explanation

The University of Connecticut provides Biohazard Clean-up/Protection Supplies at each sport venue utilized by its athletes. These Biohazard Kits contain necessary supplies to protect personnel from contamination and to clean up spills potentially containing bloodborne pathogens.

Each kit contains the following: Coverlets (Strip, Knuckle, 4-Wing), Gauze (Sterile & Non-Sterile), Non-Sterile Gloves, Red Biohazard Bag, Biohazard Solidifier, Small Sharps Container, Hand Sanitizer, Pocket Mask, and small spray bottle of Sanicide. These supplies will be checked before the venue where they are stored is utilized.

Operation considerations

Any spill that could potentially contain bloodborne pathogens must be handled utilizing universal precautions. The size of the potentially bio-hazardous spill dictates the measures that need to be taken. A simple drop of body fluid does not need to be solidified. Where as a larger spill that cannot be cleaned up with one swipe of a towel or gauze needs to be solidified before attempting to wipe it up.

Location of First Aid/Biohazard Spill Kits in Athletics and Recreation

Gampel Athletic Training Room
Field House Athletic Training Room
Werth Athletic Training Room
Werth Weight Room
Burton Athletic Training Room
Ice Rink Athletic Training Room
Field House Weight Room
Gampel Weight Room (both Upstairs and Downstairs)
Polo Weight Room (Shenkman)
Soccer Ticket Booth
Softball Storage Building
Baseball Storage Building
Both Team Benches for events
Visiting Team Locker rooms for events

Protocol

If the spill is minimal, solidification is not necessary and you may skip the solidification step. However, if the spill amount is great enough not be easily absorbed by the towel or gauze in one swipe, biohazard solidifier must be used.

1. Put on protective gloves
2. Pour the solidifier evenly over the spilled fluid
3. Wait for it to change to semi-solid state
4. Use the plastic scoop provided to scoop up the gelled substance
5. Spray area with Sanicide
6. Wipe area dry
7. Place all items used to clean up the spill in a red bio-hazard container or red bio-hazard bag
8. Wash hands with the hand sanitizer provided and / or with soap and water

Other Reminders

Do not rush when cleaning up potentially bio-hazardous spills. Do not sling materials containing potentially bio-hazardous fluids through the air or place them on clean surfaces. Every attempt must be made to limit contamination to other areas or persons.

Training and Testing

Universal precautions will be reviewed yearly. Supplies must be maintained and checked regularly before venue is utilized for intercollegiate athletics. All sports medicine staff members must understand what is in these kits and how to use each item properly.

University of Connecticut Sports Medicine **Policy Statement On Lightning**

{updated as 07/23/2008 }

Chain of Command

The decision to terminate a University of Connecticut Division of Athletics activity in the event of lightning, severe weather, and/or storms will be made by a member of the University of Connecticut Sports Medicine Department present at a practice or the University of Connecticut Game Administrator present at a game in consultation with University of Connecticut Division of Athletics Operations & Facilities, University of Connecticut Sports Medicine Department personnel, the head coach and/or his/her designee, game official(s) / umpire(s).

Criteria for Evacuation of the Practice / Game Area-

The policy of the University of Connecticut, Division of Athletics will be as follows:

- a) A member of the University of Connecticut Sports Medicine Department and/or a member of the University of Connecticut Operations & Facilities Department will monitor one or more of the following for lightning, severe weather, and/or storms:
 - Meteorlogix™ Warning System
 - National Weather Service and/or National Oceanic & Atmospheric Administration (NOAA) local weather radar (www.noaa.gov, www.weatherunderground.com, or www.weather.com);
 - “*flash / bang*” count.

- b) When an appropriate Meteorlogix™ System warning is received, the “*flash/bang*” count reaches **30 seconds or less (6 Miles)**, a member of the University of Connecticut Sports Medicine Department and/or a member of the University of Connecticut Operations & Facilities department will notify the following persons-
 - A University of Connecticut game administrator and/or appropriate member of the University of Connecticut Operations & Facilities department (if applicable).
 - An appropriate member of the University of Connecticut Sports Medicine Department (if applicable)
 - The University of Connecticut head coach and/or his/her designee;
 - The game official / umpire (at a break in the action);
 - The visiting team’s athletic trainer and/or coach (if applicable); and

At this point, all outdoor game / practice activities are to cease **IMMEDIATELY**, and ALL personnel are to evacuate to a safe structure or location. Additionally, all activities taking place in whirlpools and/or in-ground hydrotherapy pools should cease.

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- c) A safe structure or location is defined as- ***“any sturdy, fully enclosed, substantial, and frequently inhabited building that has plumbing and/or electrical wiring that acts to electrically ground the structure”***. Examples of locations that routinely DO NOT meet the criteria include-
- Baseball / softball dugouts;
 - Baseball / softball “covered” batting cages;
 - Convertible / “soft-top” vehicles;
 - Golf carts / John Deere Gator vehicles;
 - Outside storage sheds; and/or
 - Canopy / awning / tent.
- d) In the absence of a sturdy, fully enclosed, substantial, and frequently inhabited location as described above, a secondary structure such as a fully enclosed vehicle with a hard metal roof, rubber tires, and completely closed windows can provide a measure of safety. Persons should not touch the sides of the vehicle! **Convertible and “soft-top” vehicles and golf carts do no provide a high level of protection and cannot be considered safe from lightning.**
- e) Persons should avoid taking showers and using plumbing facilities (including indoor and outdoor pools, whirlpools, Jacuzzis, and hot tubs) and land-line telephones during a thunderstorm.
- f) If no safe structure or location is within a reasonable distance, personnel should find a thick grove of small trees surrounded by taller trees or a dry ditch. Everyone should assume the “lightning-safe” position- a crouched position on the ground with the feet together, weight on the balls of the feet, head lowered, and ears covered. **DO NOT LIE FLAT!** Minimize the body’s surface area and minimize contact with the ground.
- g) If unable to reach safe shelter, persons should stay away from the tallest trees or objects (i.e. light poles, flag poles, etc.), metal objects (i.e. fences, bleachers, etc.), individual trees, standing pools of water, and open fields. Persons should avoid being the highest object in an open field.
- h) In situations where thunder and/or lightning may or may not be present, yet someone feels his/her hair stand on end and skin tingle, **LIGHTNING IS IMMINENT!** Therefore, all persons should assume the “lightning-safe” position as described above.
- i) A cellular and/or portable remote phone is a safe alternative to land-line phones, if the person and the antenna are located within a safe structure or location, and if all other precautions are followed.
- j) If the University of Connecticut administration has cancelled classes at the university due to severe weather, the University of Connecticut, Division of Athletics strongly recommends the cancellation of all games, practices, and other activities.

- k) All individuals should have the right to leave a site or activity, without fear of repercussion or penalty, in order to seek a safe structure or location if they feel that they are in danger from impending lightning activity.

Criteria for Safe Return to the Practice/Game Area

The decision to return to a University of Connecticut Division of Athletics activity after a period of evacuation will be made by a member of the University of Connecticut Sports Medicine Department present at a practice or the University of Connecticut Game Administrator present at a game in consultation with University of Connecticut Division of Athletics Operations & Facilities staff, University of Connecticut Sports Medicine Department personnel, the head coach and/or his/her designee, game official(s) / umpire(s).

Personnel should not return to the practice/game area until:

- Meteorlogix™ Warning System has determined that the immediate threat has passed and the lightning / severe weather is greater than six (6) miles away;
- Thirty (30) minutes have passed since the “flash/bang” count was 30 seconds; and/or
- The last lightning flash or the last sound of thunder.
 - *Each time the “flash/bang” count goes below 30 seconds, lightning is observed and/or thunder is heard; the “30-minute clock” is to be reset.*

Pre-Hospital Care of Victims of a Lightning Strike

- a) Because lightning-strike victims do not remain connected to a power source, they do not carry an electric charge. Therefore, it is safe to touch the victim to move him/her to a safe location and to render medical treatment.
- b) During an ongoing thunderstorm, lightning activity in the local area still poses a deadly hazard for personnel responding to the victim. Personnel should consider his/her own personal safety before venturing into a dangerous situation to render care.
- c) The first priority of personnel is to activate the Emergency Response System (call 911, the use of **cellular phone** is preferred) and move the lightning strike victim to a safe location.
- d) Prompt, aggressive CPR has been highly effective for the survival of victims of lightning strikes. Therefore, it is critical that CPR and AED use is initiated as soon as safely possible.
- e) The basic triage principle of “treat the living first” should be reversed in cases involving casualties from a lightning strike. It is imperative to treat those persons who are “apparently dead” first.
- f) Lightning strike victims should be evaluated and treated for hypothermia, shock, fractures, and burns as well.

The “Flash / Bang” Method-

This is a simple method used to estimate how far away a lightning flash is.

- a) Begin timing (in seconds) as soon as a lightning flash is seen;
- b) Stop timing as soon as a thunder sound is heard after the lightning flash. This number is the “flash/bang” count.
- c) Divide the “flash/bang” count by five (5).
- d) The resulting number is the estimation of the distance, in miles, from the practice/game area to the lightning flash.

Safe Evacuation Structures

The following structures are recommended evacuation sites based on the current practice/game site. (Example format: Practice/Game site – Evacuation site)

- a) Burrill Family Field @ CT Softball Complex – Mark R. Shenkman Training Center
- b) Football Practice Fields – Burton Family Football Complex
- c) George J. Sherman Family-Sports Complex – Hugh S. Greer Field House
- d) J.O. Christian Field – J.O. Christian Field Indoor Batting Barn/Mark Edward Freitas Ice Forum
- e) Joseph J. Morrone Stadium – Mark Edward Freitas Ice Forum/Mark R. Shenkman Training Center
- f) Practice Field 1 - Mark Edward Freitas Ice Forum
- g) Practice Field 2 - Mark R. Shenkman Training Center
- h) Rentschler Field – Rentschler Stadium Facility
- i) Tennis Courts – Parking and Transportation Services Building
- j) Ellington Ridge Country Club – Remain in cart(if available) and return to Club House

General Emergency Action Plan

Important Phone Numbers (Area Code – 860)

Emergencies – 911

Werth Family Basketball Champions Center Athletic Training Room – 486-3161

Burton Family Football Athletic Training Room – 486-5326, 486-1132, 486-3634, 486-6353

Gampel Athletic Training Room – 486-0109, 486-0481, 486-4641, 486-3277, 486-8861, 486-0055

Field House Athletic Training Room – 486-2030, 486-3046, or 486-0480

Ice Hockey Forum Athletic Training Room – 486-6672

Student Health Infirmary – 486-4700 (main number) 486-3427 (triage desk)

Assistant Director of Athletics-Athletic Training/Head Athletic Trainer – 486-3634

Director of Sports Medicine/Team Physicians – 486-0404

Physician appointment scheduling 486-2719

Werth Family Basketball Champions Center Exam Room – 486-3014

Burton Exam Room 1 – 486-5291

Burton Exam Room 2 – 486-5259

Burton Procedure Room – 486-5304

Burton Conference Room – 486-5316

Burton Records Room – 486-5194

Burton Former Insurance Room – 486-3439

Gampel Physician Exam Rooms – 486-8862

Emergency Procedures

- 1) Perform Emergency CPR / AED and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions).
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact Team Physician / Call the Team Physician's cell phone.
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

Catastrophic Emergency Action Plan

Definition of Catastrophic Emergency

A catastrophic incident includes: the sudden death of a student-athlete, coach, or staff member at any time (includes accidents and illnesses); and the disabling and/or quality of life altering injuries such as spinal cord injuries or loss of a paired organ.

Catastrophic Incident Management Team

The members of this team or its designees will disseminate all information concerning a catastrophic incident. Pertinent information will be given to family members and the media as permitted under HIPAA. The team members shall include: Director of Sports Medicine, Head Athletic Trainer, Director of Athletics, University President, Director of Athletic Communications, and Sports Medicine Insurance Coordinator. NO other person other than the Director of Sports Medicine, Head Athletic Trainer, Director of Athletics, University President, or Director of Athletic Communications shall speak publicly about the incident.

The Incident Management Team will attempt to get accurate and current information to family members before the information is released to the media. Family members should not learn of a catastrophic event through the media. A university representative should inform them directly.

Catastrophic Emergency Procedures

- 1) Follow Regular Emergency Action Plan
 - a. Athletic Trainer will remain with individual to coordinate communication and act as university representative until relieved by member of incident management team
 - b. Head Coach or other person designated by head coach will act as university representative if athletic trainer not available
- 2) Notify Law Enforcement, if necessary
- 3) Notify Incident Management Team
 - a. Director of Sports Medicine and/or Head Athletic Trainer will notify rest of incident management team
- 4) Family Members Notified by Management Team
- 5) Head Coach and teammates notified, if not involved
- 6) Provide assistance to family members, teammates, and other team personnel, as necessary

Important Phone Numbers

Assistant Director of Athletics-Athletic Training/Head Athletic Trainer – Bob Howard:
860-486-3634 (Office)

Director of Sports Medicine Team Physician – Dr. Deena Casiero: 860-486-0404
(Office)

Director of Athletics– David Benedict: 860-486-2725 (Office)

Senior Associate Director of Athletics-Communications – Mike Enright: 860-486-2241
(Office)

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Burrill Family Field @ CT Softball Complex

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Cellular phone with AT, Cellular Phone with Coaches

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Storage Area

AED on site, Alternate AED located in the Shenkman Training Center.

Additional emergency supplies in athletic training room in the Burton Family Football Complex across the street. (Telephone number: 860-486-6672)

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).
 - *Take Jim Calhoun Way, Enter at gate across from Shenkman Training Center/ Joseph J. Morrone Soccer Stadium**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet (designate person) the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance (designate person) and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

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EMERGENCY ACTION PLAN

Burton Family Football Complex Athletic Training Room

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Burton Athletic Training Room Telephones: 860-486-5326, 860-486-3634, 860-486-1132, 860-486-6353

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kits, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches
AED in Athletic Training Room

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **505 Jim Calhoun Way**
***Take Jim Calhoun Way towards Burton Family Football Complex. Turn left in Parking Garage driveway before Burton Complex.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Crew Ergonomics Training Room

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Telephone in SE Corner of Gym, Field House Athletic Training Room Telephones,
Cellular phones with AT, Cellular Phone with Coaches

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches in
Field House Athletic Training Room

AED located SE Corner by phone, Alternate AED located in Field House Athletic
Training Room

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **2111 Hillside Road**
***Take Hillside Road, Turn into parking lot in front of Greer Field House, Enter Main Doors, Gym Entrance on Right. Go across Field House to middle double doors and turn right. Crew Ergonomics Training Room straight ahead.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Dodd Stadium – Norwich, CT

Emergency Personnel:

Certified Athletic Trainer on site.

Emergency Communication:

Cellular phone with Coaches, Cellular phone with AT.

Dodd Stadium phone: 860-887-7962

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches, Alternate AED (Transported by AT), AED on site

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct, Coach, EHTC staff or AT to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **14 Stott Ave., Norwich, CT**
***Enter to the right of main entrance to emergency address gate at the rear, behind right field.**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

East Hartford Racquet Club

Emergency Personnel:

Coaching and EHTC staff, manager Jay Orduz (860-528-9251) or Certified Athletic Trainer on site.

Emergency Communication:

Cellular phone with Coaching and EHTC staff or Cellular phone with AT.
East Hartford Racquet Club phone: 860-528-9251

Emergency Equipment:

AED on site

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct, Coach, EHTC staff or AT to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **East Hartford Tennis Club, 151 Roberts St, East Hartford, CT**
***Turn into East Hartford Tennis Club parking lot from Roberts Street. Proceed to clubs main entrance.**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Ellington Ridge Country Club

Emergency Personnel:

Coaching and ERCC staff or Certified Athletic Trainer on site.

Emergency Communication:

Cellular phone with Coaching and ERCC staff or Cellular phone with AT.

Ellington Ridge Country Club phone: 860-872-9133

Emergency Equipment:

AED located with EMS

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct, Coach, ERCC staff or AT to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **Ellington Ridge Country Club, 56 Abbott Road, Ellington, CT**
***Turn into Ellington Ridge Country Club from Abbott Road. Proceed to Main Club House facility directly ahead.**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Field House Athletic Training Room

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Field house Athletic Training Room numbers: 860-486-2030, 860-486-3046, 860-486-0480

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches and AED located in Athletic Training Room

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **2111 Hillside Road**
***Take Hillside Road, Turn into parking lot in front of Greer Field House, Enter Main Doors, Gym Entrance on Right. Go across Field House to first double doors and turn left. Athletic Training Room straight ahead on right, through 2 single doors.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Field House Varsity Weight Room

Emergency Personnel:

Certified Strength and Conditioning Specialist or Certified Athletic Trainer on site.

Emergency Communication:

Field House weight room telephones: 860-486-5348, 860-486-9108

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Biohazard/First Aid Kit

AED located in Weight Room

Additional Emergency Equipment located in Field House Athletic Training Room

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **2111 Hillside Road**
***Take Hillside Road, Turn into parking lot in front of Greer Field House, Enter Main Doors, Gym Entrance on Right. Go across Field House to middle double doors and go down stairs in front of you. Varsity Weight Room straight down on left, through first door.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Football Practice Fields

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Cellular Phone with AT

Burton Family Football Complex ATR phones: 860-486-3634, 860-486-1132, 860-486-6353

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kits, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches
Additional supplies in Burton Family Football Complex (FFC) Athletic Training Room
AED on site, Alternate AED located in Burton FFC Athletic Training Room.

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).

***Take Alumni Drive, Enter "D" Lot, Proceed to gate straight ahead**

 - a) Any additional information
 - b) ***BE THE LAST TO HANG UP***
 - c) Meet the ambulance and direct it to the site -Provide the following information
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Gampel Athletic Training Room

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Gampel Athletic Training Room phone numbers: 860-486-0109, 860-486-3277, 860-486-8861

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches and AED located in Athletic Training Room

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **2095 Hillside Road**
***Take Hillside Road to Gampel Pavilion. Enter through Natatorium entrance. Elevator straight across Natatorium lobby through double doors. Elevator on left. Exit elevator to left. Athletic Training Room down hallway on left.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Gampel Basketball Weight Room

Emergency Personnel:

Certified Strength and Conditioning Specialist or Certified Athletic Trainer on site.

Emergency Communication:

Gampel Basketball weight room telephone: 860-486-2611, 860-486-5667

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Biohazard/First Aid Kit

AED located in Weight Room

Additional Emergency Equipment located in Gampel Athletic Training Room

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **2095 Hillside Road**
***Take Hillside Road to Gampel Pavilion. Enter through Natatorium entrance. Elevator straight across Natatorium lobby through double doors. Elevator on left. Exit elevator to left. Weight Room down hallway on left.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Gampel Upstairs Golf Practice Room

Emergency Personnel:

Certified Strength and Conditioning Specialist or Certified Athletic Trainer on site.

Emergency Communication:

Cellular Phone with CSCS or AT

Gampel Basketball Weight Room telephone: 860-486-2611, 860-486-5677

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Biohazard/First Aid Kit

AED located in Weight Room

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **2095 Hillside Road**
 - *Take Hillside Road to Gampel Pavilion. Enter through Natatorium entrance. Head straight across Natatorium lobby through double doors. Enter Gampel through single door on right. Take arena steps up through Section 206, Entrance will be at top of steps**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Gampel Upstairs Weight Room

Emergency Personnel:

Certified Strength and Conditioning Specialist or Certified Athletic Trainer on site.

Emergency Communication:

Cellular Phone with CSCS or AT

Gampel Basketball Weight Room telephone: 860-486-2611, 860-486-5677

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Biohazard/First Aid Kit

AED located in Weight Room

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **2095 Hillside Road**
 - *Take Hillside Road to Gampel Pavilion. Enter through Natatorium entrance. Head straight across Natatorium lobby through double doors. Enter Gampel through single door on right. Take arena steps up through Section 218, Entrance will be at top of steps**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

George J. Sherman Family-Sports Complex – Field Hockey/Track and Field/Lacrosse

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.
Physician on site for Field Hockey Competitions.

Emergency Communication:

Cellular phone with AT, Cellular Phone with Coaches, Press Box Telephone (860-486-5410) as available, Blue Emergency Box (Southwest corner)
Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located on site or in Field House Athletic Training Room
AED located on site or in Field House Athletic Training Room

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
 - *Take Jim Calhoun Way to access road between Gampel Pavilion and Basketball Champions Center, follow access road to track, Turn Left before track, Entrance gate will be on the Right**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Guyer Gymnasium

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff

Emergency Communication:

Field House Athletic Training Room Telephones, Phone in SE corner of the Field house gym, Cellular phone with AT, Cellular Phone with Coaches

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches in Field House Athletic Training Room

AED located on SE wall in field house gym

Alternate AED located in Field House Athletic Training Room.

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **2111 Hillside Road**
***Take Hillside Road, Turn into parking lot in front of Greer Field House, Enter Main Doors, Gym Entrance on Left**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Hammonasset Beach State Park

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Cellular phone with AT, Cellular Phone with Coaches

Emergency Equipment:

Athletic Training Kit located on site
Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches,
AED (Transported by AT), Alternate AED with EMS
Additional emergency supplies with EMS

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) - **1288 Boston Post Rd., (Rte. 1), Madison, CT 06443**
***DIRECT & MEET EMS at front entrance of park**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Harry A. Gampel Pavilion - Basketball/Volleyball

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.
Physician on site for Competitions.

Emergency Communication:

Cellular phone with AT and managers
Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches (on site or in Gampel Athletic Training Room)
AED located in Gampel athletic training room or on concourse, north entrance
Ambulance on site for competitions.

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **2095 Hillside Road**
***Take Hillside Road to Gampel Pavilion. Enter through Natatorium entrance. Elevator straight across Natatorium lobby through double doors. Elevator on left. Exit elevator to right. Court access on left down hallway.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Hugh S. Greer Field House

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Telephone in SE Corner of Gym, Field House Athletic Training Room Telephones,
Cellular phones with AT, Cellular Phone with Coaches

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches in
Field House Athletic Training Room

AED located SE Corner by phone, Alternate AED located in Field House Athletic
Training Room

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **2111 Hillside Road**
***Take Hillside Road, Turn into parking lot in front of Greer Field House, Enter Main Doors, Gym Entrance on Right**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

J.O. Christian Field - Baseball

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Press Box Telephone (860-486-2018), Blue 911 Emergency Phone, Cellular phone with AT, Cellular Phone with Coaches.

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Storage Area

AED on site, Alternate AED located in Mark Edward Freitas Ice Forum

Additional emergency supplies in athletic training room in Mark Edward Freitas Ice Forum at the south end of Morrone Stadium. (Telephone number: 486-6672)

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).
 - *Take Jim Calhoun Way, Enter at gate behind press box.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

J.O. Christian Field – Baseball – Indoor Batters' Barn

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Press Box Telephone (860-486-2018), Blue 911 Emergency Phone, Cellular phone with AT, Cellular Phone with Coaches.

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Storage Area

AED on site, Alternate AED located in Mark Edward Freitas Ice Forum

Additional emergency supplies in athletic training room in Mark Edward Freitas Ice Forum at the south end of Morrone Stadium. (Telephone number: 860-486-6672)

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).
 - *Take Jim Calhoun Way, Enter at gate behind press box.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Joseph J. Morrone Stadium - Soccer/Lacrosse

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.
Physician on site for Soccer Competitions.

Emergency Communication:

Field Telephone (860-486-3849), Press Box Telephone (860-486-3890), Cellular phone with AT, Cellular Phone with Coaches
Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches on site (games) or in Mark Edward Freitas Ice Forum (practice)
AED on site, Alternate AED located in Mark Edward Freitas Ice Forum
Additional emergency supplies in athletic training room in Mark Edward Freitas Ice Forum at south end of Morrone stadium. (Telephone number: 860-486-6672)

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).
 - *Take Jim Calhoun Way; Enter Soccer Stadium at Gate 2 between Morrone Soccer Stadium and Mark Edward Freitas Ice Forum.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Manchester Racquet Club

Emergency Personnel:

Coaching staff, or Certified Athletic Trainer on site.

Emergency Communication:

Cellular phone with Coaching and MRC staff (860-646-8860) or Cellular phone with AT

Emergency Equipment:

AED on site

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct, Coach, MRC staff or AT to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **Manchester Racquet Club, 404 W. Center St, Manchester, CT**
 - *Turn into Manchester Racquet Club parking lot from W. Center St. Proceed to clubs main entrance.**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Mark Edward Freitas Ice Forum - Ice Hockey

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.
Physician on site for Ice Hockey Competitions.

Emergency Communication:

Athletic Training Room Telephone (860-486-6672). Cellular phone with AT
Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches
AED located on wall in Forum Lobby near water fountains
Ambulance on site for competitions

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).
***Take Jim Calhoun Way, Turn into parking lot in front, Follow driveway to back of rink, Enter through double doors next to grey fence (after Zamboni door), Rink staff will open door.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site -Provide the following information
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - d) Open Appropriate Gates/Doors
 - e) Designate an individual to "flag down" and direct to scene
 - f) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Mark R. Shenkman Training Center

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Cellular Phone with AT

Burton Family Football Complex ATR phones: 860-486-5326, 860-486-3634, 860-486-1132, 860-486-6353

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kits, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches on site or in Burton FFC Athletic Training Room

Additional supplies in Burton Family Football Complex Athletic Training Room

AED on site or in Burton FFC Athletic Training Room.

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **505 Jim Calhoun Way**
***Take Jim Calhoun Way to access walkway/road after Burton Complex (south side of building), follow access road to Garage doors of Training Center, turn left into Training Center if necessary.**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

New Britain Stadium – New Britain, CT

Emergency Personnel:

Certified Athletic Trainer on site.

Emergency Communication:

Cellular phone with Coaches, Cellular phone with AT.
New Britain Stadium phone: 860-224-8383

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches,
Alternate AED (Transported by AT), AED on site

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct, Coach, EHTC staff or AT to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **230 John Karbonic Way, New Britain, CT**
***Take John Karbonic Way to the gravel road which runs between New Britain High School and Beehive Field. The road will bring you around Beehive Field to the NW corner of the stadium next to the Dattco Patio. Enter the field at the double gates near the left field foul pole of the stadium. Stay off grass in stadium.**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

New England Baseball Complex – Northborough, MA

Emergency Personnel:

Certified Athletic Trainer on site.

Emergency Communication:

NEBC onsite phone: (617) 531-4662

Cellular phone with Coaches, Cellular phone with AT

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches, Alternate AED (Transported by AT)

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct, Coach, NEBC staff or AT to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **333 Southwest Cutoff, Northborough, MA**
 - *Provide name of complex and correct field number.**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Patriots Park Coventry Lake UConn Boathouse

Emergency Personnel:

Coaching staff, or Certified Athletic Trainer on site.

Emergency Communication (Area Code – 860):

Cellular phone with Coaching staff or Cellular phone with AT.

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

AED on site

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct, Coach or AT to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **Patriots Park Coventry Lake UConn Boathouse, 124 Lake Street, Coventry, CT**
 - *Turn onto Lake Street. There is a blinking light and a Citgo gas station. This is also where 31 intersects with 275. Go up the hill. Just as you get over the hill, you have to make a sharp right into the community center. Then, follow the road down straight down to the boathouse.**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Polo Varsity Weight Room

Shenkman Training Center

Emergency Personnel:

Certified Strength and Conditioning Specialist or Certified Athletic Trainer on site.

Emergency Communication:

Polo Varsity weight room telephones: 860-486-0804, 860-486-4146, 860-486-9461

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Biohazard/First Aid Kit

AED located in Weight Room

Additional Emergency Equipment in BFFC Athletic Training Room

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **505 Jim Calhoun Way**
***Take Jim Calhoun Way to access walkway/road after Burton Complex (south side of building), follow access road to Garage doors of Shenkman Training Center, turn left into Training Center if necessary.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Practice Field #1 - Soccer

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Cellular phone with AT, Cellular Phone with Coaches

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit located on site

Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Soccer Ticket Booth

AED on site, Alternate AED located in Mark Edward Freitas Ice Forum

Additional emergency supplies in athletic training room in Mark Edward Freitas Ice Forum at south end of Morrone Stadium (860-486-6672)

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
 - *Take Jim Calhoun Way, Turn into Parking Lot for Mark Edward Freitas Ice Forum, Continue left around arena to Gate 1, Enter field through gate on the right**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Practice Field #2 – Soccer/Lacrosse/Throwing Rings/Javelin Area

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Cellular phones with AT,

Cellular Phone with Coaches

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit located on site

Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in softball equipment shed.

AED on site, Alternate AED located in Shenkman Training Center at mid-field.

Additional emergency supplies in athletic training room in the Burton Family Football Complex across the street.

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
 - *Take Jim Calhoun Way, Enter at gate to softball field, on right across from Shenkman Building**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Rentschler Field - Football

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.
Physician on site for Football Competitions.

Emergency Communication:

Cellular Phone with AT (860-465-7643, 860-792-1121) with Direct Connect, Hand held radios, Athletic Training Room (860-610-4719), X-Ray Evaluation Room (860-610-4718).

Emergency Equipment:

Athletic Training Kits, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches
Additional supplies in Football Athletic Training Room (860-610-4719).
AED on site.
Ambulance on site for games/competition with life support.

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **615 Silver Lane**
***Follow Silver lane in East Hartford to the East Gate entrance. Once on the Stadium grounds follow access road to the left until you reach the VIP Recruiting Entrance (Stairwell C). At the bottom of the stairwell, turn right and follow to Medical Exam // X-ray room (2nd door on right)**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Star Hill Family Athletic Center

Emergency Personnel:

Certified Athletic Trainer on site.

Emergency Communication:

Cellular Phone with Coaches, Cellular Phone with AT.

Onsite phone: 860-871-8800

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches, AED. (Transported with AT)

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*). **100 Gerber Dr., Tolland, CT 06084.**
***Turn into Athletic Center from Gerber Dr. Enter through main entrance.**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet (designate person) the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance (designate person) and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Tennis Courts

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Cellular Phone with Coaches for practices, Cellular Phone with AT for competitions.

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches, Athletic Training Kit on site for competitions

AED on site for competitions

Alternate AED accessible from UCONN Fire Station via 911

Additional emergency supplies in Field House Athletic Training Room

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*)
***Take North Hillside Road past Motor Pool Buildings, Tennis Facility will be on Left**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Designate person to meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
**Werth Family Basketball Champions Center Athletic
Training Room**

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Cellular phone with AT, Cellular Phone with Coaches

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Storage Area

AED on site (Trauma bag), Alternate AED located in the Werth Weight Room.

Additional emergency supplies in athletic training room in the Burton Family Football Complex across the street.

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **506 Jim Calhoun Way**.
***Take Jim Calhoun Way, Enter through the main entrance of Werth Family Basketball Champions Center off of Jim Calhoun Way**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet (designate person) the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance (designate person) and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Werth Family Basketball Champions Center
Practice Court – Men’s (East)

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Cellular phone with AT, Cellular Phone with Coaches

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Storage Area

AED in Emergency Trauma Bag, Alternate AED located in the Werth back common hallway between Athletic Training and Equipment Rooms.

Additional emergency supplies in athletic training room in the Burton Family Football Complex across the street.

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **506 Jim Calhoun Way.**
***Take Jim Calhoun Way, Enter through the main entrance of Werth Family Basketball Champions Center off of Jim Calhoun Way**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet (designate person) the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance (designate person) and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE
EMERGENCY ACTION PLAN
Werth Family Basketball Champions Center
Practice Court – Women’s (West)

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Cellular phone with AT, Cellular Phone with Coaches

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Storage Area

AED in Emergency Trauma Bag, Alternate AED located in the Werth back common hallway between Athletic Training and Equipment Rooms.

Additional emergency supplies in athletic training room in the Burton Family Football Complex across the street.

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **506 Jim Calhoun Way.**
***Take Jim Calhoun Way, Enter through the main entrance of Werth Family Basketball Champions Center off of Jim Calhoun Way**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet (designate person) the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance (designate person) and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Werth Family Basketball Champions Center Weight Room

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.

Emergency Communication:

Cellular phone with AT, Cellular Phone with Coaches

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches located in Storage Area

AED on site, Alternate AED located in the Werth back common hallway between Athletic Training and Equipment Rooms.

Additional emergency supplies in athletic training room in the Burton Family Football Complex across the street.

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **506 Jim Calhoun Way.**
***Take Jim Calhoun Way, Enter through the main entrance of Werth Family Basketball Champions Center off of Jim Calhoun Way**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet (designate person) the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance (designate person) and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

Wolff-Zackin Natatorium - Swimming and Diving

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff

Emergency Communication:

Swimming Coaches' Office telephones (860-486-5618, 860-486-1555), Cellular Phone with Coaches

Athletic Training Room phone numbers: Burton: 860-486-5326, Field House: 860-486-2030, Gampel: 860-486-0109, Ice Forum: 860-486-6672, Werth: 860-486-3161

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches (on site or in Gampel Athletic Training Room)

AED Located in Natatorium Assistant Coach Office's hallway

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a) Who you are
 - b) General information about the injury or situation
 - c) Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **2095 Hillside Road**
***Take Jim Calhoun Way to access road between Gampel Pavilion and Basketball Champions Center, Entrance will be on right after West Entrance to Gampel Pavilion and before Field House Loading Dock**
 - d) Any additional information
 - e) ***BE THE LAST TO HANG UP***
 - f) Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a) Open Appropriate Gates/Doors
 - b) Designate an individual to "flag down" and direct to scene.
 - c) Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a) Retrieve Necessary Supplies/Equipment

UNIVERSITY OF CONNECTICUT SPORTS MEDICINE

EMERGENCY ACTION PLAN

XL Center

Emergency Personnel:

Certified Athletic Trainer on site or in direct communication with coaching staff.
Physician on site for Competitions.

Emergency Communication:

Cellular phones with AT, Cellular phone with host for visiting school and cellular phone with physicians
XL Center phone: 860-249-6333

Emergency Equipment:

Athletic Training Kit, Emergency Bag, Biohazard/First Aid Kit, Spine Board, Crutches on site or in Game day Storage Room
AED located with EMS just off court or in Security office

Emergency Procedures:

- 1) Perform Emergency CPR and First Aid
- 2) Instruct student athletic trainer, coach, or manager to call 911
 - Provide the following information
 - a. Who you are
 - b. General information about the injury or situation
 - c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*) – **One Civic Center Plaza**
***Take XL Center Entrance ramp (on the corner of Asylum and Ann) down under XL Center. Enter through security garage door at the bottom of the ramp.**
 - d. Any additional information
 - e. ***BE THE LAST TO HANG UP***
 - f. Meet the ambulance and direct it to the site
- 3) Contact the Team Physician
- 4) Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene.
 - c. Control injury site, limit care providers etc.
- 5) Assist AT and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment