Coastal Carolina Women's Track & Field
Record Book
Updated through 2016 Outdoor Track & Field Season
### Cross Country

**5-kilometers**
1. Jolene Williams ............. 16:56 ........................................... 1999

**6-kilometers**

### Indoors

#### 60 Meter
1. Erica Peake ................. 7.35 ........................................... 2013

#### 200 Meters
1. Erica Peake ................. 23.40 ........................................... 2013

#### 400 Meters
1. Christal Green .............. 53.85 ........................................... 2014

#### 800 Meters
1. Imani Boatwright ........... 2:13.65 ........................................... 2014

#### Mile
1. Aynslee van Graan ........... 4:51.07 ........................................... 2015

#### 3,000 Meters

#### 5,000 Meters
1. Letitia Saayman ............. 16:52.74 ........................................... 2015

#### 60 Meter Hurdles
1. LeAuna Sistrunk .......... 8.33 ........................................... 2009

#### High Jump
1. Kierra Gabe ............. 1.73m (5-8) ........................................... 2011

#### Pole Vault
1. Mary Lawrence ............ 3.78m (12-04.75) ........................................... 2012

#### Long Jump
1. Chasity Johnson .......... 6.10m (20-0.25) ........................................... 2006

#### Triple Jump

#### Shot Put
1. Amber Campbell .......... 15.13m (49-7.75) ........................................... 2002

#### 20 Pound Weight
1. Amber Campbell .......... 22.24m (72-11.75) ........................................... 2004

#### Pentathlon
1. Kaila Smith ............. 3.209 ........................................... 2014

#### Distance Medley Relay
1. van Graan, Fair, .......... 11:55.70 ........................................... 2014

#### Sprint Medley Relay
1. A. Davis, C. Hurley, .... 56.80 ........................................... 2014

#### Shuttle Hurdle Relay
1. C. Johnson, C. Davis ...... 11:48.28 ........................................... 2012

#### Distance Medley Relay
1. J. Gelibert, Q. Thompson, . ............. 3:34.09 ........................................... 2015

#### 4x400m Relay

### Outdoors

#### 100 Meters
1. Ikeiyah Brown .......... 11.48 ........................................... 2010

#### 200 Meters
1. Ikeiyah Brown .......... 23.27 ........................................... 2010

#### 400 Meters
1. Erica Peake .......... 53.23 ........................................... 2013

#### 800 Meters
1. Angela Murphy .......... 2:09.68 ........................................... 1997

#### 1,500 Meters

#### 3,000 Meters
1. Angela Murphy .......... 9:22.54 ........................................... 1997

#### 3,000 Meter Steeplechase
1. Felicitas Mensing ....... 10:24.24 ........................................... 2006

#### 5,000 Meters

#### 10,000 Meters
1. Letitia Saayman ........ 34:33.85 ........................................... 2015

#### 100 Meter Hurdles

#### 400 Meter Hurdles
1. Jessica Gelibert ....... 56.87 ........................................... 2014

#### 4x100m Relay
1. E. Peake, S. Thompson, .... 44.48 ........................................... 2013
2. T. Simpson, Q. Thompson

#### 4x200m Relay
1. E. Peake, T. Simpson, .... 1:36.37 ........................................... 2013
2. G. Lee, Q. Thompson

#### 4x400m Relay
1. J. Gelibert, Q. Thompson, . ............. 3:34.09 ........................................... 2015
2. T. Simpson, E. Peake

#### Sprint Medley Relay
1. S. Johnson, I. Brown, ...... 4:03.42 ........................................... 2007
2. A. White, Schamberger

#### Shuttle Hurdle Relay
1. A. Davis, C. Hurley, .... 56.80 ........................................... 2014
2. C. Davis, J. Gelibert

#### Distance Medley Relay
1. C. Johnson, C. Davis ...... 11:48.28 ........................................... 2012
2. S. Nicosia, E. Marchini

#### High Jump
1. Kierra Gabe .......... 1.73m (5-8) ........................................... 2011

#### Pole Vault
1. Marilyn Testa .......... 3.96m (12-11.75) ........................................... 2004

#### Long Jump
1. Chasity Johnson .......... 6.13m (20-1.5) ........................................... 2006

#### Triple Jump
1. Chasity Johnson .......... 13.33m (43-9) ........................................... 2005

#### Shot Put
1. Brittany Reid .......... 14.43m (47-4.25) ........................................... 2006

#### Discus
1. Amber Campbell .......... 50.56m (165-10) ........................................... 2001

#### Hammer
1. Amber Campbell .......... 67.25m (220-7) ........................................... 2004

#### Javelin
1. Chloe White .......... 47.22m (154-11) ........................................... 2015

#### Heptathlon
1. Courtney Samuel .......... 6,635 ........................................... 2001
5-kilometers
1. Letitia Saayman 16:49.5 2015
2. Jolene Williams 16:56 1999
3. Anne Marie Moutsinga 17:06 2002
6. Catherine Conder 17:21 1996
7. Angela Murphy 17:24 1996
10. Valentine Stumpf 17:45 1993

6-kilometers
1. Letitia Saayman 20:09.8 2015
2. Diana Jepchirch 20:24 2007
4. Anne Marie Moutsinga 20:37 2003
5. Kyla Van Graan 20:53.9 2015
6. Aynlee Van Graan 21:00.0 2015
10. Estelle Oberson 21:38 2005

60 Meter
1. Erica Peake 7.35 2013
2. Charity Johnson 7.45 2007
3. Daniele Henley 7.47 2012
4. Ikeiyah Brown 7.46 2009
5. London Smalls 7.58 2011
7. Melekia Simpson 7.65 2011
8. Ruby Durham 7.68 2014
10. Teki Simpson 7.72 2015

200 Meters
1. Erica Peake 23.40 2013
2. Christal Green 23.46 2014
3. Ikeiyah Brown 23.47 2009
4. Shanta Johnson 23.46 2008
5. Teki Simpson 23.49 2014
6. Charity Johnson 23.71 2005
7. Amber White 23.79 2009
8. Qwontajah Thompson 24.80 2013
9. Leah Fair 24.94 2014
10. Gabrielle Lee 25.11 2012

400 Meters
1. Christal Green 53.85 2014
2. Jessica Gelibert 54.65 2015
3. Camille Hurley 55.33 2014
4. Amber White 55.57 2009
5. Vondeesha Humphries 56.25 2008
6. Santosha Jamison 56.37 2011
7. Qwontajah Thompson 56.67 2013
9. Sharmane Barnes 56.94 2012

800 Meters
1. Imans Boatwright 2:13.65 2014
2. Saskia Janssen 2:13.75 2006
4. Emily Marcheni 2:14.59 2014
7. Christina Mohr 2:17.58 2005
8. Jessica Gelibert 2:17.87 2013
10. Shelby Donahue 2:19.28 2008

1500 Meters
1. Aynlee Van Graan 5:02.11 2014
2. Jolene Williams 5:02.16 2015
3. Anne Marie Moutsinga 5:03.35 1996
4. Angelra Murphy 5:04.52 1999
5. Kyla Van Graan 5:08.17 2015
6. Catherine Conder 5:08.29 1998
7. Angela Murphy 5:08.74 1998
8. Shelby Nicosia 5:09.17 2004
9. Christina Mohr 5:09.45 2005
10. Diana Jepchirch 5:09.45 2008

5,000 Meters
1. Letitia Saayman 16:52.74 2015
3. Jolene Williams 17:15.65 1999
4. Diana Jepchirch 17:24.54 2008
5. Anne Marie Moutsinga 17:27.75 2006
6. Laurine Ochpini 17:43.13 1999
7. Karla Kopp 17:42.00 2002
8. Maranie Staab 17:43.58 2009
9. Felicitas Mensing 17:44.68 2006

60 Meter Hurdles
1. LeAura Sistrunk 8.33 2009
2. Jessica Gelibert 8.34 2014
3. Camille Hurley 8.56 2015
4. Christina Davis 8.59 2013
5. Ashley Davis 8.60 2014
6. Ashley Houston 8.72 2008
7. Melissa Anango 8.72 2010
10. Sierrah Gates 8.99 2010

High Jump
1. Kierra Gabe 1.73m (5-08.00) 2011
2. Teki Simpson 1.68m (5-06.00) 2015
3. Courtney Samuel 1.66m (5-05.25) n/a
4. Charity Johnson 1.65m (5-05.00) 2004
5. Jessica Watson 1.65m (5-05.00) 2004
6. Kandisa Allicko 1.65m (5-05.00) 2010
7. Marilyn Testa 1.63m (5-04.25) 2004
8. Jessica Houston 1.63m (5-04.25) 2007
9. Ashley Potts 1.63m (5-04.25) 2009
10. Kari Gajock 1.63m (5-04.25) 2011

Raven Hamilton 1.63m (5-04.25) 2015

Pole Vault
1. Mary Lawrence 3.78m (12-04.75) 2012
2. Marilym Testa 3.65m (11-11.75) 2003
3. Emma Kroger 3.65m (11-11.75) 2015
4. Marcie Vetch 3.50m (11-05.75) 2008
5. Laura Flath 3.36m (11-00.25) 2007
6. Claire Young 3.30m (10-10.00) 2007

Pentathlon
1. Kate Smith 3.29 2014
2. Elisha Tegeder 3.09 2007
3. Shanice Issac 3.03 2011
4. Anna Carnegie 3.04 2013

Distance Medal Relay
1. van Graan, Fair 11:55.70 2014
2. Saayman, Davis 12:02.15 2015
3. Dennison, Barnes 12:10.02 2013
5. Davis, Perry 12:18.91 2004
7. Donahue, Sita 12:24.50 2008

4x400m Relay
1. Green, Hurley 3:41.93 2015
2. Gelibert, Hurley 3:42.44 2014
3. Fair, Green 3:44.84 2014
4. Gelibert, Q. Thompson 3:45.76 2013
5. B. Barnes, E. Peake 3:46.01 2015
7. Jenkins-Dodd, Gelibert 3:47.05 2012
8. Peake, Thompson 3:49.10 2013
10. Sistrunk, J. Johnson 3:49.25 2011
### All-Time Top Performances

#### 100 Meters

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#### 3,000 Meter Steeplechase

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#### 4x100m Relay

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#### 4x400m Relay

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#### Sprint Medley Relay

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#### shuttle hurdle relay

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#### High Jump

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#### Pole Vault

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#### Shot Put

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#### Discuss

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#### Hammer

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#### Javelin

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#### Heptathlon

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<td>7,700.00</td>
<td>2012</td>
</tr>
</tbody>
</table>
### Ebony Brown

- **Weight Throw** • **Hammer Throw**
- **2006 NCAA Qualifier in the 400-meter hurdles**
- Second-fastest time in Coastal Carolina history in the 400-meter hurdles (58.67)
- Member of Coastal Carolina's record holding 4x400-meter relay squads for both indoor and outdoor
- Two-time Big South 400-meter dash champion
- Earned All-Conference honors nine times during outdoor competition and four during indoor

### Amber Campbell

- **Weight Throw** • **Hammer Throw**
- Holds the Coastal Carolina and Big South record in the hammer throw (67.25m) while ranking first at CCU and third in the Big South in the discus (50.56m) and second at CCU and fifth in the Big South in the shot put (14.42m)
- Finished third at the 2004 USA Indoor Championships in the Weight Throw
- **2004 Indoor All-American after placing fourth at the NCAA Championships in the Weight Throw**
- **2003 Outdoor All-American after placing ninth at the NCAA Championships in the Hammer**
- **2002 Indoor All-American after placing ninth at the NCAA Championships in the Weight Throw**
- **2001 Outdoor All-American after placing seventh in the Hammer at the NCAA Championships**
- **2001 Indoor All-American after placing seventh in the Weight Throw at the NCAA Championships**
- **2001 and 2003 Big South Conference Female Athlete of the Year**
- Sixteen-time Big South All-Conference
- Weight Throw of 64’5.75” is a world record for 19-year-olds
- Qualified for the USA Track and Field Indoor Nationals in the weight throw
- Placed 21st in the hammer throw at the 2008 Olympic Games in Beijing, China.
- Her throw of 67.86-meters gave her the top American finish in her first Olympic appearance.
- Finished 11th in the hammer throw in the finals of the IAAF World Championships in 2009

### Catherine Conder

- **Cross Country** • **2007 NCAA Participant**
- **5,000 meters • 10,000 meters • 1995, 1996, 1997 NCAA Participant**
- Eight-time Big South Champion in Cross Country and Track
- **13th in 5,000-meters at 1997 NCAA Outdoor Championships**
- **17th in 5,000-meters at 1996 NCAA Outdoor Championships**
- **14th (top freshman in the nation) in 10,000-meters at 1995 NCAA Outdoor Championships**
- **1996 Silver Medalist in 5,000-meters (16:26) in Penn Relays, a Big South Conference record in this event**

### Diána Jepkichir

- **Cross Country** • **2007 NCAA Participant**
- **2007 Big South Champion and Big South Runner of the Year**
- **2007 All-Big South, All-Southeast Region and All-American, finishing 29th at the NCAA Championships**
- **2007 Big South Women’s Cross Country Individual Champion and Runner of the Year**
- Current Coastal Carolina and Big South women’s cross country record holder for a 6K race with a time of 20:24.50
- Captured the 2008 Big South Outdoor individual titles in the 5,000 and 10,000m.
Coastal Carolina Women's Track & Field
NCAA Championship Qualifiers

CHASITY JOHNSON
Long Jump • Triple Jump • 2005, 2006 NCAA Participant
- 2006 NCAA Provisional National Qualifier in the Long Jump and Triple Jump
- 2005 All-American in the Indoor Triple Jump
- 2005 Big South Conference Outstanding Track and Field Female Athlete of the Year
- 2005 Big South Conference Outstanding Field Event Performer at Indoor and Outdoor Championships
- All-Time Coastal Carolina and Big South record holder in the Triple Jump while ranking first at CCU and second in the Big South in the Long Jump
- 2005 Indoor and Outdoor National Championship Qualifier in Triple Jump
- 2005 All-East Region in Triple Jump
- 16-time Big South Conference Champion
- 2005 NCAA Division I All-Academic Team Member

ERICA PEAKE
200 meters • 2013 NCAA Participant
- Three-time Big South Track Athlete of the Year
- Ninth in the 200 meters at the 2013 NCAA Indoor Championships
- Second team Indoor All-American in the 200 meters in 2013.
- 2013 Outdoor Honorable Mention All-American in the 4x100 and 4x400 relays.
- 14-time Big South Champion
- 21-time Big South All-Conference
- Holds the CCU indoor record in the 60-meter (7.35)and 200-meter (23.40) while holding the outdoor record in the 400-meter (53.23), second all-time in Big South
- Member of the 4x100, 4x200 and 4x400 relay teams that own the CCU outdoor records.

ANNE-MARIE MOUTSINGA
Cross Country • 2003, 2005 NCAA Participant
- Eight-time Big South Champion in Cross Country and Track
- 10-time Big South All-Conference
- 48th at 2003 NCAA Cross Country Championships
- 2003 NCAA Southeast All-Region selection after finishing 10th overall at the Southeast Cross Country Regional
- Two-time Big South Women’s Runner of the Year

LIZ PIDGEON
Hammer Throw • 1999 NCAA Participant
- Six-time Big South Champion
- 13th in the Hammer at the 1999 NCAA Outdoor Championships
- Former Big South record holder in the Hammer (191'2") and the Javelin (143'9")
- Competed in the 2001 World University Games in Beijing, China

ANGELA MURPHY
3,000-meters • 1996, 1997 NCAA Participant
- GTE/CoSIDA Academic All-American
- Five-time Big South Champion
- 19th in 3,000-meters at 1997 NCAA Outdoor Championships
- 39th in 3,000-meters at 1996 NCAA Outdoor Championships
- 1996 Silver Medalist in 3,000-meters (9:22.54) in Penn Relays, a Big South and CCU record that still stands
- Also holds CCU records for 800-meter (2:09) and 1,500-meter (4:22), ranking third and sixth all-time in the Big South

JULIA VIELLEHNER
Cross Country • 2006 NCAA Participant
- 2006 All-Big South, All-Southeast Region and All-American
- 2006 Big South Runner of the Year and Big South Rookie of the Year
- 2006 Big South Champion in Cross Country, earning All-Conference honors
- First Coastal Carolina cross country runner in program history and first female in the Big South to be named All-American in cross country

2013 4x100 RELAY
2013 NCAA Participant
- Pictured (R-L): Associate Head Coach Timothy Vaught, Qwontajah Thompson, Erica Peake, Symphony Thompson, Teka Simpson, Assistant Coach Christopher Courson.
- 2013 Honorable Mention All-Americans
- Holds the CCU school record in the 4x100

2013 4x400 RELAY
2013 NCAA Participant
- Pictured (R-L): Associate Head Coach Timothy Vaught, Qwontajah Thompson, Erica Peake, Jessica Gelibert, Teka Simpson, Assistant Coach Christopher Courson.
- 2013 Honorable Mention All-Americans
- Holds the CCU and Big South records in the 4x400
- Won the 2013 Penn Relays College Final
Big South Coach of the Year Honors (33)
(Alan Gomme has won all)

- Coastal Carolina Women’s Track & Field
  - Ikeylah Brown (60m), Shanta Johnson (200m),
  - Angela Murphy (800m, distance medley relay), Jolene
  - Kara Koppel (3,000m), Courtney Samuel (high jump,

Regional Assistant Coach of the Year (1)
- Alan Gomme

Big South Indoor Track and Field

Most Outstanding Athlete (12)

- Amiraah Ayabyyah (Field)
- Amber Campbell (Field)
- Kierra Gabe (Field)
- Jessica Gelibert (Track)
- Charity Johnson (Field)
- Felictas Mensing (Track)
- Anne Marie Moutsinga (Track)
- Erica Peake (Track)
- Jolene Williams (Track)

Big South Indoor Track and Field Scholar-Athlete of the Year (8)

- Felictas Mensing 2007
- Marice Vetch 2009
- Jolene Williams 1998, 1999

Big South Indoor Track and Field and Field

Champions (127)

- 2015: Amiraah Ayabyyah (long jump, triple jump), Jessica
- Gelibert (400m, 4x400), Gerteis Green (4x400),
- Camille Hurley (4x400), Takeya Jenkins-Dodd (4x400),
- Letitia Saayman (5,000m), Tekia Simpson (high jump),
- Ayane van Geel (mile)

- 2014: Christal Green (4x400, 4x400), Jessica Gelibert (4x400),
- Camille Hurley (4x400), Lech Fair (pole vault),
- Queen
- Tajah Thompson (4x400), Camille Hurley (4x400)

- 2012: Darnelle Henry (60m), Kierra Gabe (high jump, triple jump)

- 2011: Darnelle Henry (60m), Erica Peake (200m), Santresa Jamison (400m),
- Vondeeshia Humphries (4x400), Thompsonia Smith (4x400),
- Ashley Davis (4x400), Jerica Howard (4x400),
- Gabe (high jump), Shantelle Patterson (weight throw)

- 2010: Keiylah Brown (300m, 200m, 4x400), Melissa Arango
- (60m, 4x400), Kierra Gabe (high jump),
- Darnelle Henry (long jump), Santresa Jamison (400m),
- Vondeeshia Humphries (4x400), Samantha Keenan (4x400)

- 2009: Darnelle Henry (60m), Keiylah Brown (200m), Amber
- White (400m), LeKena Sistrunk (60mH)

- 2008: Keiylah Brown (60m), Shanta Johnson (200m),
- Vondeeshia Humphries (400m), Diana Jepchirchir (3,000m),
- 5,000m, LeKena Sistrunk (60mH), Marice Vetch (pole vault)

- 2007: Chassy Johnson (200m, long jump, triple jump),
- Amber White (400m), Felictas Mensing (mile, 3,000m),
- Laura Flath (pole vault)

- 2006: Chassy Johnson (200m, 4x400, triple jump, long jump),
- Amber White (400m), Sasakia Janssen (800m, Mile),
- Felictas Mensing (3,000m, Claire Young (Pole Vault),
- LeKena Sistrunk (4x400), Ebony Brown (4x400)

- 2005: Anne Marie Moutsinga (5,000m, 3,000m), Chassy
- Johnson (200m, long jump, triple jump)

- 2004: Anne Marie Moutsinga (3,000m, 5,000m, distance
- medley relay), Lalit Azalay (distance medley relay), Jessica
- Watson (distance medley relay), Jessica Gorden (distance
- medley relay), Marilyn Testa (pole vault), Chassy Johnson
- (triple jump), Amber Campbell (weight throw)

- 2003: Anne Marie Moutsinga (3,000m, 5,000m), Marilyn
- Testa (pole vault), Jackie Lugaila (shot put, weight throw)

- 2002: Kara Koppel (3,000m), Courtney Samuel (high jump, triple jump),
- Amber Campbell (shot put, weight throw)

- 2001: Amber Campbell (shot put, weight throw), Shashonda Lane (long jump),
- Courtney Samuel (triple jump)

- 2000: Jolene Williams (3,000m, 5,000m, Courtney Samuel
- (triple jump), Amber Campbell (shot put, weight throw)

- 1999: Jolene Williams (mile, 3,000m, distance medley relay),
- Laurie Ochhipinti (5,000m, distance medley relay),
- Sandra Henson (distance medley relay), Courtney Samuel (high jump),
- Liz Pidgen (weight throw)

- 1998: Angela Murphy (800m, distance medley relay), Jolene
- Williams (mile, 3,000m, distance medley relay), Corina
- Hopkins (distance medley relay), Shashonda Lane (distance medley relay),
- Liz Pidgen (weight throw)

Big South Indoor Track and Field

All-Conference Honors (285)

- Amiraah Ayabyyah 2014, 2015 (2)
- Kandas Allorck 2009, 2010
- Melissa Arango 2010
- Lalit Azalay 2004 (2)
- Danielle Barajas 1998 (2)
- Sharmane Barnes 2012, 2013
- Ebony Brown 2005, 2006 (2)
- Amber Campbell 2002 (2), 2002 (2), 2004 (2)
- Brittany Conner 2009
- Christina Davis 2012, 2015
- Jessica Dennis 2012, 2013
- Natasha Elliot 2002
- Leah Fair 2004
- Kierra Gabe 2010, 2011, 2012 (2)
- Sylvia Gelibert 2013, 2014, 2015 (3)
- Jessica Gorden 2003, 2004
- Christal Green 2014 (3), 2015 (2)
- Danielle Hagler 2005
- Corina Hopkins 1998
- Jerica Howard 2011
- Jessica Houston 2007, 2008
- Camille Hurley 2013, 2014 (2), 2015 (3)
- Felicia Jacobs 2005
- Takeya Jenkins-Dodd 2015 (2)
- Diana Jepchirchir 2008 (2)
- Shanta Johnson 2008
- Christian Johnson 2009 (2), 2012
- Samantha Kean 2010
- Kara Koppel 2002, 2003 (2)
- Landis Kowalski 2005
- Shashonda Lane 1998 (2), 1999 (5), 2000 (1),
- Courtney Lawson 2015
- Desiree Leach 2007
- Danielle Leyh 1998
- Stephanie Lukas 2000 (2)
- Jackie Lugaila 2002, 2003 (2)
- Emily Marchini 2013, 2014
- Felictas Mensing 2006 (3), 2007 (2)
- Michelle Meintzer 2002 (2)
- Aarlis Miller 2008 (2)
- Dawsona Moore 2003
- Christina Mohr 2005
- Anne Marie Moutsinga 2003 (2), 2004 (3),
- 2005 (3), 2006 (3)
- Angela Murphy 1998 (3)
Coastal Carolina Women’s Track & Field
Honors & Awards

- April Cook (high jump)

2009: Jessica Watson 2002, 2004
- Amanda Campbell (400mH, 800m)
- Chasity Johnson (4x100)
- Claire Young (100m)
- Elizabeth Pendleton 1998 (2), 1999 (2)

2010: Brittany Connor 2008 (2), 2009 (3), 2010 (3)
- Brittany Connor (4x100)
- Katarina Vereen 1999
- Liz Pidgeon 1998 (3)
- Kyla van Graan 2015

- Miranda Tresta 2002 (2), 2003 (2)
- Amanda Campbell (hammer, shot put, discus)
- glazed

2012: Brittany Connor 2008 (2), 2009 (3), 2010 (3)
- Katarina Vereen 1999
- Liz Pidgeon 1998 (3)
- Kyla van Graan 2015

2013: Christine Miser 2009
- Felicitas Mensing 2006 (2), 2008
- Arielle Miller 2008
- Annie Marie Moutsinga 2003 (2), 2004 (3), 2005 (3)
- Angela Murphy 1995, 1996, 1997 (2)
- Jamie Maddux-Valle 2007
- Keila Naeus 2014, 2015, 2016
- Kim Hennegut 2004 (2)
- Anquila Nicholson 2013

2014: Ruby Durham (4x400), Jessica Gebert (400mH), Christal Green (400mH), Keila Naeus (1,500m), Amber Venable (4x400), LeAnna Sistrunk (100m), Jolene Williams (100m), Kylee Purdy (100m), Karissa Lunn 2016
- Claudia Witte 2004

2015: Jessica Gebert (400mH, 4x400), Christal Green (400mH), Keila Naeus (1,500m), Amber Venable (4x400), LeAnna Sistrunk (100m), Jolene Williams (100m), Kylee Purdy (100m), Karissa Lunn 2016
- Claudia Witte 2004

Big South Outdoor Track and Field
All-Conference Honors (411)


2016: Teke Simpson (100m, 200m)
- LeAnna Sistrunk (100m, 200m, 400m, 4x400), Brittany Connor (discus, shot put, discus), April Cook (high jump)

2017: LeAnna Sistrunk (100m, 400m, 4x400), Marcie Veitch (pole vault), Ashley Davis 2004, 2005 (4), 2006 (3), 2007
- Katarina Vereen 1999
- Liz Pidgeon 1998 (3)
- Kyla van Graan 2015

- Arielle Miller 2008
- Annie Marie Moutsinga 2003 (2), 2004 (3), 2005 (3)
- Angela Murphy 1995, 1996, 1997 (2)
- Jamie Maddux-Valle 2007
- Keila Naeus 2014, 2015, 2016
- Kim Hennegut 2004 (2)
- Anquila Nicholson 2013

- Zarema Sita 2008
- London Smalls 2010, 2011 (2)
- Kaia Smith 2014
- Thomasina Smith 2010

- Rozelle Meier 2016

- Rozelle Meier 2016

- Rozelle Meier 2016

- Rozelle Meier 2016

- Rozelle Meier 2016

- Rozelle Meier 2016

- Rozelle Meier 2016