

Coastal Carolina University Department of Athletics



Drug Education, Screening, and Testing Program (Including Statements on Tobacco and Supplements)

2017-2018

Reviewed/Revised July 2017

Drug Education, Screening, and Testing Program

Coastal Carolina University is committed to providing a campus environment free of the abuse of alcohol and the illegal use of alcohol and drugs. To strengthen that commitment, the University has adopted and implemented a program that seeks to prevent the abuse of alcohol and drugs by the University community, which includes its employees and students. Coastal Carolina University recognizes that illegal or abusive use of alcohol and drugs by members of the campus community jeopardizes the safety of the individual and the campus community and is harmful to the academic learning process. Coastal Carolina University is, therefore, committed to having a campus that is free of the illegal or abusive use of drugs and alcohol.

This program is specifically designed for the members of our intercollegiate athletic teams. The program is based on the premise that drugs and athletics do not mix.

- Many drugs, when used in conjunction with athletic activities or physical conditioning programs, can pose serious risks to the health of the student-athlete and may endanger other persons in contact with the drug user.
- Symptoms of illness, temporary or permanent injury, and even death can be caused by drug use.
- The use of drugs may temporarily improve some types of athletic performance and therefore create an unfair competitive advantage for the person using them.
- Intercollegiate student-athletes frequently become highly publicized role models and their abuse of drugs can negatively influence young people as well as damage the reputation of the institution.

The Coastal Carolina University Department of Athletics Drug Education, Screening, and Testing Program is designed to give the student-athlete a means of obtaining assistance and direction in reference to alcohol and drug abuse. Those eligible for drug testing are those individuals participating or involved in intercollegiate athletics as a student-athlete at Coastal Carolina University.

The purpose of the program is multifaceted and focuses on the following objectives: 1)

Deter the use of drugs and alcohol

- 2) To assist in identifying substance users/abusers through a screening program
- 3) To promote an educational program that informs student-athletes about drugs and drug abuse
- 4) To assist in the rehabilitation of student-athletes found to be misusing drugs
- 5) In appropriate cases, remove from our athletic programs any student-athlete who is found to have violated the requirements of this program

A. Educational Program:

An important part of this program is an ongoing educational effort designed to assist student athletes in avoiding the involvement with prohibited drugs. Each member of every team shall participate in a team meeting at beginning of the academic year to emphasize the program's objectives and to reiterate the actions that student-athletes must take to comply with the program. All teams shall be encouraged to participate in drug/alcohol education activities as a group at least once per academic year. All student-athletes will be encouraged to participate in drug education activities that all Coastal students receive as part of their student experience. Student-athletes may seek assistance from his or her coach, athletic training staff, strength and conditioning staff, athletic administration, etc. and may do so with understanding of confidentiality, where appropriate, without subject to sanctions though this program as long as student-athlete has not been notified of pending drug test.

B. Prohibited Drugs:

Some of the drugs in which we are concerned are illegal (i.e. the law prohibits their sale, purchase, or possession). Others may be obtained by medical prescription or may be purchased lawfully as over-the-counter (OTC) drugs. However, ALL prohibited drugs are incompatible with the integrity of our athletic programs.

During the period of his or her eligibility in intercollegiate athletics, a student-athlete may not use the drugs specified in the NCAA Banned Substance List (Appendix A). If a student athlete utilizes a prohibited drug at the direction of a physician, then he or she may continue to participate in intercollegiate athletics ONLY if they meet the requirements as set forth by the NCAA regarding Medical Exceptions (see section E).

C. Screening Program:

Student-athlete must agree on annual basis to submit to the screening program administered by Coastal Carolina University. Student-athletes may not participate in intercollegiate athletics without signing an annual consent form. No test will be conducted unless selected person has signed individual notification form (Appendix B), which identifies the specific test, date, and time. The basic test is urinalysis, but other types of tests may be utilized. Testing will be conducted in accordance with procedures outlined in Appendix D. Reasons for testing are as follows:

a. Institutional Random

- i. The drug-testing schedule will be set by the athletic training staff with the approval of the Director of Athletics or designee. The student-athletes will be notified the **day of or the day prior** to the screening, depending on the prearranged testing time. The athletic training staff will notify the team or selected student-athletes of the time and place for the screening. The random selection will be conducted by independent third party. The Director of Athletics designee will be responsible for notification of selected individuals only.

b. Institutional Reasonable Suspicion

- i. If there is reasonable suspicion that a student athlete is using or has used impermissible substances, the student athlete may be subject to testing at any time. This may occur whether a team is in season or out of season. Reasonable suspicion may be based on information presented to the Director of Intercollegiate Athletics or designee, including, but not limited to, the following:
 1. Observed possession or use of substances that reasonably appear to be those listed as a banned or impermissible substance.
 2. An arrest and/or conviction for a criminal offense related to the possession, use of, or trafficking substances listed as banned or Impermissible Substances.
 3. Observed activity or appearance which varies from the normal routine of a student athlete. This includes but is not limited to, changes in physical appearance, conduct, behavior, or unusual/unexplained patterns of absence from class, training, or competition, which would be reasonably associated with the use of banned or impermissible substances.
 4. Charged with a violation of the University Code of Conduct or other published University policy based on the possession, use, or affiliation with alcohol and/or banned substances.

Once the Director of Intercollegiate Athletics or designee, receives information concerning reasonable suspicion/cause for testing, he or she may confer with designated representatives

from the University's General Counsel, Athletic Training Staff, and the respective Head Coach to determine whether there is reasonable suspicion that the identified student athlete may have engaged in the use of a banned or Impermissible Substance. At the sole discretion of the Director of Intercollegiate Athletics or designee, a student athlete may be designated for a drug test at any time, which shall be conducted in accordance with regular screening protocol. This may be an individual test or in conjunction with a full or partial team test. If the identified student athlete(s) fails to cooperate with the administration of the test, it would constitute a violation.

c. Institutional Team Testing

- i. There may be times that an entire team is tested for impermissible substances. This may include but is not limited to the following reasons:
 1. Prior to post-season competition.
 2. Suspected widespread use of/or association with impermissible substances by team members.
 - a. Aggressive and frequent testing may be administered for suspected widespread use.

d. NCAA Championship

- i. In the event of an individual or team qualifying for NCAA Championship competition, the individual or team is subject to drug testing prior to, during, or post event by the NCAA.

e. NCAA Year Round Program

- i. The NCAA reserves the right to test all sports in accordance with the Year Round Drug Testing Program.

f. Other Sports Agency (IOC, USADA, WADA)

- i. A student-athlete under International or United States Olympic Guidelines may be drug tested as to those protocols governing the sport or agency.

D. Statements on use of Tobacco, Alcohol, and Supplements:

In accordance with NCAA legislation, the use of tobacco products is prohibited by student athletes and all game personnel (e.g., coaches, athletic trainers, managers and game officials) in all sports during practices and competition.

Coastal Carolina University is committed to creating and maintaining an environment free of alcohol abuse that complies with state and federal laws governing alcoholic beverages. There are serious health risks and behavioral problems associated with the misuse of alcohol. The use of alcohol during an athletic event is potentially dangerous to all parties involved. All student-athletes are responsible for abiding by any state, local or university laws and policies related to the use of alcohol. For a detailed description and guideline of university requirements and regulations refer to the Coastal Carolina University Student Handbook on the University web page.

Coastal Carolina University does not condone the use of dietary supplements. Dietary supplements do not undergo federal government approval and are not tested for quality like prescription and over-the-counter medications. The product claims made by many dietary supplement manufacturers have not been based on scientific research in many cases. Many dietary supplements have not been subject to research by unbiased independent researchers in order to substantiate performance claims. The potential adverse and/or harmful effects of these substances have not been completely studied, but serious adverse effects have been reported in some instances. As there are minimal federal government labeling requirements for dietary

supplements, some products may contain NCAA and/or Coastal Carolina University banned substances, which are not listed on the label. It is important for student-athletes to remember that **THEY WILL BE HELD RESPONSIBLE FOR EACH AND EVERY SUBSTANCE THAT ENTERS THEIR BODIES.**

By signing Coastal Carolina University Department of Athletics Drug Education, Screening, and Testing Program Consent Form, the student-athlete:

1. Acknowledges that he/she understands the need to disclose all dietary supplements used to the Athletic Training staff or Team Physician in appendix C;
2. Acknowledges the aforementioned policies and statements, and fully accepts the detrimental and possibly permanent effects caused by the use of dietary supplements;
3. Fully accepts that they have been made aware of the Coastal Carolina University and the NCAA policies with regard to the use of dietary supplements;
4. Accepts any and all liability if they have in the past used, continue to use, and/or use at any time in the future, dietary supplements in any form; and releases Coastal Carolina University, its agents and all personnel of any and all responsibility and liability related to such use.

E. Medical Exception Process:

Coastal Carolina University recognizes that some banned substances are used for legitimate medical purposes. Accordingly, Coastal Carolina University allows exceptions to be made for those student-athletes with a documented medical history demonstrating a need for regular use of such a substance. Exceptions may be granted for substances included in the following classes of banned drugs: stimulants, beta-blockers, diuretics and peptide hormones.

The student-athlete is **REQUIRED** to inform the athletic training staff or team physician of all medications he or she is taking. Coastal Carolina University should maintain a letter from the prescribing physician that documents the student-athlete's medical history demonstrating the need for regular use of such a drug. The letter should contain information as to the diagnosis (including appropriate verification), medical history, and dosage information per NCAA guidelines.

In the event a student-athlete tests positive, the athletic training staff in consultation with the team physician will review the student-athlete's medical record to determine whether a medical exception should be granted for institutional testing. For NCAA drug testing, student-athletes that test positive will be subject to NCAA penalties pending an appeal. **It is ultimately the responsibility of the student-athlete to ensure that all appropriate medical documentation is on file in the athletic training department.**

F. Violations:

There are three ways in which a student-athlete can have violation of this program:

1. Any **VIOLATION OF STATE AND/OR FEDERAL LAWS** of a student-athlete regarding drugs and/or alcohol
2. Any **ON-CAMPUS VIOLATION** of a student-athlete of the University's "Alcohol & Drug Policy"
3. The **presence of banned substance** in the student-athlete's urine as described below:

A positive result is defined as a urine sample revealing the presence of one or more of the banned drugs or metabolites listed in appendix "C". In addition,

failure to arrive at the collection station at the designated time without justification, failure to provide an adequate urine sample (e.g., acidic, concentrated, enough volume) as determined by the laboratory or trained collector will result in a positive test. Positive test may also result from leaving the collection station or holding area without the permission of the test site administrator or alteration of any sample as determined by the collection technician or their designee. All results will be forwarded from the lab to the Director of Athletics or designee. Subsequently, the Director of Athletics or designee will notify the student-athlete of the positive result in order to coordinate the scheduling of the meeting. The Director of Athletics or designee will notify the head coach of the sport.

Student-athletes must understand that any violation of federal, state, or local law on University premises, at University sponsored or University supervised activities, or elsewhere, if such conduct adversely affects the University community is a violation of University policy and therefore would be subject to sanctions imposed by the Campus Judicial Board. (Per Coastal Carolina University Code of Student Conduct)

A student-athlete may be subject to consequences of this policy prior to attending classes at Coastal Carolina University. If a potential student-athlete that has committed or signed a letter of intent to attend Coastal Carolina University and participate in intercollegiate athletics, is found to have violated state or federal law regarding drugs or alcohol, they may be held accountable to consequences of a first offense in addition to consequences imposed by the Office of Student Conduct.

G. Suspensions as Result of a Positive Test:

A suspension is defined as “the inability to participate during an entire game and/or competition”. All suspensions as outlined under “Institutional Testing-Consequences” will be served at first available opportunity (i.e. the next game/event against outside competition). Suspensions will encompass an entire game and/or competition. If a violation occurs during a student-athlete’s non-championship segment, then the suspension will be served at the beginning of the next championship segment. If multiple games/events are included in the suspension, they must be served consecutively. If a student-athlete is ineligible for competition for any reason other than as a consequence of the Coastal Carolina University Department of Athletics Drug Education, Screening, and Testing Program, then they will serve the suspension AFTER they are declared eligible to compete against outside competition. Games/events that are missed due to ineligibility for any reason (injury, academics, etc.) will not serve as being compliant with the Department of Athletics Drug Education, Screening, and Testing Program.

H. Consequences:

Due to presence of a banned substance in urine:

ALL VIOLATIONS ARE SUBJECT TO THE FOLLOWING:

- A. Confidential meeting to evaluate nature and extent of drug involvement.

The director of athletics or designee will notify the student athlete to arrange a meeting with the head coach, athletic trainer and director of athletics or designee. The Athletic Medical Director and appropriate team Athletic Trainer will also be notified. At this meeting, the student-athlete will be provided written notice (Appendix E) from the Director of Athletics or designee that indicates nature of violation, potential sanctions, and appeal process. Student-athlete will be asked to sign notification form acknowledging they understand.

B. Notification of Parents.

If the student is a minor or a “dependent student” (essentially, one who is financially dependent on the support of his or her parents, which would include most undergraduate students), the student will be required to telephone his or her parents and inform them of the violation in the presence of the Director of Athletics or designee, and/or the Head Coach. If the parents cannot be reached by telephone, the head coach or designee will take necessary steps to ensure that they are informed.

C. Counseling

The student athlete will be subject to an initial meeting with the Athletic Medical Director. Treatment sessions and counseling sessions will be determined and closely monitored by the Athletic Training staff. The student-athlete will continue with sessions until released by the Athletic Medical Director or designate.

D. Medical Examination (If necessary)

In the event this is deemed necessary, the student-athlete must pass a medical examination prior to returning to activity. Subsequent testing and/or diagnostic procedures deemed necessary by the team physician may be required as well. The team physician may determine that substantial time may be needed for a safe return to participation.

E. Follow-up Testing

The student-athlete could be subject to unlimited random drug testing while they remain on active roster from date of positive test. Length of follow-up testing will be based on nature of violations and number of violations as determined by Athletic Medical Director.

Failure to comply with the above policy will result in an immediate suspension from all athletic activities.

SUSPENSIONS FROM ATHLETIC PARTICIPATION

Suspension or Discontinuation of Athletic-Eligibility (see Drug Testing Sanctions Poster)

Immediately upon notification of a violation, the student athlete may be suspended at the discretion of the Director of Athletics in consultation with the Head Coach. Sanctions listed in this policy are mandatory/minimum departmental policies, however, individual team policies may enforce additional consequences

MARIJUANA:

1st: NONE

2ND: 25% of scheduled competitions (may include postseason)

3RD: 50% of scheduled competitions (may include postseason)

4TH: LOSS OF ELIGIBILITY

ALL OTHER STREET DRUGS

- 1st: 10% of scheduled competitions (may include postseason)
- 2nd: 33% of scheduled competitions (may include postseason)
- 3rd: LOSS OF ELIGIBILITY

PEDs:

- 1st: 25% of scheduled competitions (may include postseason)
- 2nd: 50% of scheduled competitions (may include postseason)
- 3rd: LOSS OF ELIGIBILITY

At the discretion of the Director of Athletics in consultation with the head coach, the student-athlete may be permitted to attend practices and team meetings during this suspension period. **Student-athlete may be subject to reduction in athletic aid consistent with % of missed competitions.**

Failure to comply with the above policy will result in an immediate suspension from all athletic activities.

In the event there is any cancelation or reduction of eligibility, parents and/or guardians will be notified

Amnesty

An individual that has history of drug testing policy violations may be considered for amnesty on a case by case basis. Evaluation will consider, but not be limited to;

- Number of follow-up negative tests
- Length of time since last violation
- Completion of mandatory counseling (if applicable)
- Recommendation by Athletic Medical Director (if applicable)

Zero Tolerance

Coastal Carolina University Department of Athletics has a zero tolerance policy with respect to the unlawful manufacture, distribution, or possession with the intent to sell or distribute of illegal drugs or controlled substances by Coastal student-athletes, coaches, and staff. The term “controlled substances” as used in this policy refers to drugs and substances whose possession, sale, or delivery results in criminal sanctions under South Carolina law. Any student-athlete who violates this policy will be immediately dismissed from the intercollegiate athletic program and any existing athletic financial aid will be terminated at the end of the current semester.

If violation of University “Alcohol and Drug Policy”:

Student-athlete is subject to University judicial process established by the Dean of Students office and the Code of Conduct policy. Other consequences may be imposed at discretion of Director of Athletics and the Head Coach on case by case basis.

If violation of State and/or Federal laws regarding drugs and/or alcohol:

Student-athlete is subject to consequences as determined by Director of Athletics and the Head Coach on case by case basis.

I. Appeals Process:

Before any suspension or cancelation of athletic eligibility, the student-athlete will be given written notice by the Director of Athletics of the intention to suspend or cancel eligibility, of the reasons for the proposed action, and of the right to request a hearing on the proposed sanction before it is imposed. If the proposed sanction is based on a preliminary determination of improper drug use that may threaten the health of the student-athlete or of other participants in athletics or others members of the institutional community, all athletic participation (training, practice, and competition) shall be discontinued immediately, pending a medical determination as to the fitness of the student-athlete to resume participation in athletic activities. This determination, designed to protect the health of the student-athletes or other members of the community, shall be made as promptly as possible.

A student-athlete may request a hearing by submitting a written request to the Director of Athletics within three (3) business days after receiving the written notice referenced in section H above. A request for an appeal must be based on insufficiency of evidence or mitigating circumstances. Failure of the student-athlete to request an appeal on these bases in writing within three (3) business days following his or her receipt of the written notice will be considered a waiver of appeal. In the alternative, following receipt of the written notice, the student-athlete may signify in writing his or her intention not to request a hearing, and the proposed sanctions may be imposed immediately, without recourse to any institutional grievance or appeals process.

The Drug Testing Appeals Committee may include, but is not limited to the following:

Faculty Athletics Representative or designate
Director of Counseling or designate
Director of Health Services or designate

Other individuals may be needed to provide information; however, these individuals will not have voting on the outcome of the appeal. These individuals may include but are not limited to the following:

Collection Crew Chief
University Team Physician
Director of Athletics
University Athletic Training Staff
University Coaches

There will be a presumption on appeal that original decision is correct. The scope of review shall be whether there is a reasonable basis for the original decision. If there is no reasonable basis for the actual sanction or sanctions imposed, or if compelling mitigating circumstances are found to be present, the committee may recommend a lesser sanction.

The student-athlete may have an advocate or other representative present at the hearing if he/she desires. However, the student-athlete must present his/her own case. The meeting should take place no more than seventy-two (72) hours after the written request is received. Either the student-athlete or the other parties involved may request an extension of time to the Drug Testing Appeals Committee chairperson or his/her designees, who will consider whether to grant the extension upon a showing of good cause. These proceedings shall include an opportunity for the student-athlete to present evidence, as well as to review the results of the drug test. The proceedings shall be open only to those persons deemed necessary by the Drug Testing Appeals Committee chairperson or his/her designees.

The decision by a majority vote of the Drug Testing Appeals Committee regarding the test results or refusal/failure to take a required test shall be final. Sanctions for a positive result or a refusal/failure to take a required test are described in these procedures and are not subject to further appeal.

J. Safe Harbor Program:

A student-athlete eligible for the Coastal Carolina University Safe Harbor Program may refer himself/herself to the program for voluntary evaluation and counseling. A student-athlete is not eligible for the program after he/she has been informed of an impending drug test or after having received a positive Coastal Carolina University or NCAA drug test.

If a student-athlete has exhibited signs and symptoms of substance abuse and recognizes the need for interventional assistance, He/she can then be placed in the Coastal Carolina University Safe Harbor program at the request of the Head Coach.

Coastal Carolina University will work with the student-athlete to prepare a Safe Harbor Treatment Plan, which may include confidential drug testing as deemed necessary. If the student-athlete tests positive for a banned substance upon entering the Safe Harbor Program, that positive test will not result in any administrative sanction unless the student-athlete tests positive in a subsequent retest or fails to comply with the treatment plan. Based upon a medical examination (if deemed necessary) by the team physician, the student-athlete may be disqualified from play or practice if medically indicated. The examination may consist of diagnostic tests to determine any potential risks the drug use poses to the student-athlete's welfare. A student-athlete will be permitted to remain in the Safe Harbor Program for a reasonable period of time, not to exceed forty-five (45) days, as determined by the treatment plan. A student will not be permitted to enter the Safe Harbor Program thirty (30) days prior to NCAA or Conference post-season competition.

If a student-athlete fails to comply with the Safe Harbor treatment plan, the student-athlete will be removed from the Safe Harbor Program. Upon exiting of the Safe Harbor Program, the student-athlete will be subject to testing during each institutional random selection for one year from date of exit.

While in compliance with the Safe Harbor Program Treatment Plan, the student-athletes will not be included in the list of students eligible for random drug testing by Coastal Carolina University. Student-athletes in the Safe Harbor Program may be selected for drug testing by the NCAA.

The director of athletics, the associate athletic director/SWA, the Head Coach, Athletic Trainer and the team physician may be informed of the student's participation in the Safe Harbor Program. The Athletic Trainer assigned to that sport also may be notified, if medically appropriate. Assistant coach(s) may be informed at the discretion of the Head Coach. Other university employees may be informed only to the extent necessary for the implementation of this policy.

The NCAA bans the following classes of drugs:

- a. Stimulants
- b. Anabolic Agents
- c. Alcohol and Beta Blockers (banned for rifle only)
- d. Diuretics and Other Masking Agents
- e. Street Drugs
- f. Peptide Hormones and Analogues
- g. Anti-estrogens
- h. Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions: a.

Blood Doping.

- b. Local Anesthetics (under some conditions).
- c. Manipulation of Urine Samples.
- d. Beta-2 Agonists permitted only by prescription and inhalation.
- e. Caffeine if concentrations in urine exceed 15 micrograms/ml.

NCAA Nutritional/Dietary Supplements Warning:

Before consuming any nutritional/dietary supplement product, review the product with your athletics department staff!

- Dietary supplements are not well regulated and may cause a positive drug test result.
- Student-athletes have tested positive and lost their eligibility using dietary supplements.
- Many dietary supplements are contaminated with banned drugs not listed on the label.
- **Any product containing a dietary supplement ingredient is taken at your own risk.**
It is your responsibility to check with the appropriate athletics staff before using any substance.

Note to Student-Athletes: There is no complete list of banned substances.

Do not rely on this list to rule out any supplement ingredient.

Check with your Athletics Department staff prior to using a supplement.

Coastal Carolina University Department of Athletics

Drug Testing Notification

Student: _____ Sport: _____

Date of Notification: _____ Time of Notification: _____

Reason for Notification: _____

I hereby acknowledge that I have been notified for immediate drug testing, consistent with the policies and procedures established by the Coastal Carolina University Department of Athletics Drug Education, Screening, and Testing Program. I understand that per the testing procedures outlined in the policy I will be expected to provide a urine sample that will be sealed utilizing standard chain of custody procedures and then submitted to an accredited laboratory for analysis. I acknowledge that failure to appear for test will result in a violation.

I will report to _____ at _____ am/pm on _____.

Student-Athlete Signature

Date

Athletic Department Representative

Date

Sports Drug Testing Urine Collection Procedures

1. Upon receiving notification of pending drug test, student-athlete will be asked to sign notification form.
2. Upon entering the collection station, the student-athlete will provide photo identification and/or a University representative/site coordinator will identify the student-athlete who will be officially admitted into the collection station.
3. Collection procedures: Urine specimens will be collected by direct observation under the guidelines set by the independent third party sample collection team.
4. Collectors, who are of the same gender as the student-athlete, must observe the voiding process. The procedure does not allow for collectors to stand outside the immediate area or outside the restroom. The student-athlete must urinate in full view of the collector (collector must observe flow of urine). The collector must request the student-athlete raise his/her shirt high enough to observe the midsection area completely to rule out any attempt to manipulate or substitute a sample.
5. Student-athletes may not carry any item other than his/her collection cup into the restroom when providing a specimen. Any problem or concern should be brought to the attention of the collection crew chief for documentation.
6. Once a specimen is provided, the student-athlete is responsible for keeping the collection cup closed and controlled until the specimen can be adequately processed and packaged for shipment to the laboratory.
7. Fluids and food given to athletes who have difficulty voiding must be from sealed containers (approved by the collector) that are opened and consumed in the station. These items must be caffeine- and alcohol-free and free of any other banned substances.
8. If the specimen is incomplete and/or the student-athlete must leave the collection station for a reason approved by the collector, specimen must be discarded.
9. Upon return to the collection station or attempting to provide a complete sample, the student athlete will begin the collection procedure again.
10. If a student-athlete is suspected of manipulating specimens (e.g., via dilution), Coastal Carolina University will have the authority to perform additional tests on the athlete.
11. Once a specimen has been provided, the student-athlete will observe packaging of the sample by collector to ensure proper chain of custody.
12. Vials and forms (if any) sent to the laboratory shall not contain the name of the student-athlete.
13. If the student-athlete does not comply with the collection process, the collector will notify the client representative/site coordinator and third party administrator responsible for management of the drug-testing program.
14. Negative results and confirmed positives will be returned to the team physician and to the Assistant AD/Sports Performance

Appendix E

Alcohol and Drug Testing Policy
Notification of Positive Test Result

TO: _____
Student-Athlete

FROM: _____
Director of Athletics

DATE: _____

● Violation:

- 1 _____
- 2 _____
- 3 _____

● Consequences of Positive Results

- Confidential Meeting _____
- Notification of Parents _____
- Medical Examination _____
- Suspension of Athletic Participation _____
- Follow-up Testing _____

- Appeal Notification Form (Appendix F) Yes _____
- No _____

Per section I of Drug Education, Screening, and Testing Program you have three (3) business days from date listed above to submit Appeals Notification Form to the Director of Athletics. By checking "NO", you waive your right to appeal and agree to serve any appropriate sanctions immediately.

Comments: _____

Student-Athlete

Date

Assistant AD/Sports Performance

Date

Appendix F

Notification of Appeals Form

This form is to be submitted to the director of athletics or designate within 72 hours of being notified of a positive drug test. This form will be forwarded to the Drug Testing Appeals Committee for notification of a pending meeting (within 72 hours of requesting the appeal) with the student-athlete and those deemed necessary for clarification.

Student-Athlete Name: _____

Phone Number: _____

Date of Drug Test: _____

Date of Notification of Results: _____

Date of Notification of Appeal: _____

Reason for Appeal: _____

Student-Athlete Signature / Date

Director of Athletics / Date

**Coastal Carolina University
Department of Athletics
Drug Education, Screening, and Testing
Program
Consent Form**

I _____, certify that I have read and understand the Coastal Carolina University Department of Athletics Drug Education, Screening, and Testing Program. I understand that I must abide by the requirements set forth therein. I acknowledge that the policy is accessible via the following website; <http://www.goccusports.com/sports-med/sportsmed-index.html>. I understand this serves as my notice to be drug tested at any time from here forward as long as I am a student-athlete at Coastal Carolina University. I also understand that by signing below, my parents and/or guardians may be notified of any violation of the Drug Education, Screening, and Testing Program.

This the _____ day of _____, 20_____.

Signature of Student-Athlete

Print Full Name

Student ID #

Cell #

Signature of Parent / Guardian (If student-athlete is under 18)



**COASTAL CAROLINA UNIVERSITY
DEPARTMENT OF ATHLETICS
DRUG AND ALCOHOL POLICY**



BANNED SUBSTANCES AND ASSOCIATED PENALTIES

SUBSTANCE	SCREENING SENSITIVITY	CONFIRMATION SENSITIVITY	FIRST OFFENSE	SECOND OFFENSE	THIRD OFFENSE
MARIJUANA	20ng/ml	5ng/ml	None	25%	50%
AMPHETAMINES	1000ng/ml	100ng/ml	10%	33%	Loss of Eligibility
BARBITUATES	200ng/ml	100ng/ml	10%	33%	Loss of Eligibility
BENZODIAZEPINES	300ng/ml	100ng/ml	10%	33%	Loss of Eligibility
COCAINE	150ng/ml	50ng/ml	10%	33%	Loss of Eligibility
OPIATES	100ng/ml	50ng/ml	10%	33%	Loss of Eligibility
PCP	25ng/ml	10ng/ml	10%	33%	Loss of Eligibility
ANABOLIC STEROIDS	Detection Levels*	Detection Levels*	25%	50%	Loss of Eligibility

PENALTY SUMMARY

SPORT	# OF EVENTS **	10%	25%	33%
BASEBALL	56 CONTESTS	5	14	18
BASKETBALL	29 CONTESTS	2	7	9
CROSS COUNTRY	7 Dates of Competition	1	2	2
FOOTBALL	12 CONTESTS	1	3	4
GOLF	24 Dates of Competition	2	6	7
INDOOR/OUTDOOR TRACK	18 Dates of Competition	1	4	5
SOCCER	20 Contests	2	5	6
SOFTBALL	56 Contests	5	14	18
TENNIS	25 Dates of Competition	2	6	8
VOLLEYBALL	28 Dates of Competition	2	7	9

BEACH VOLLEYBALL	12	1	3	4
LACROSSE	17	2	4	6
CHEERLEADING	SAME AS SPORT THEY ARE PERFORMING FOR			

* If metabolites are detected at any level in urine specimen, then it is confirmed as a positive test.

** Number of events is NCAA maximum allowed for each sport.

Number of games is recommendation only; decision is at discretion of Director of Athletics.