



Student-Athlete Handbook 2015-2016

**Department of Athletics
Coastal Carolina University
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COASTAL CAROLINA UNIVERSITY'S COMMITMENT

Coastal Carolina University is an equal opportunity institution committed to equal opportunity in employment and education, and does not discriminate on the basis of sex, race, color, religion or national origin, or against handicapped persons.

The University complies with nondiscrimination regulations under Title VI and Title VII of the Civil Rights Act of 1964; [Title IX](#) of the Education Amendments of 1972, as amended; and Sections 503 and 504 of the Rehabilitation act of 1973. The Board of Trustees, the President of the University and the Director of Athletics are highly committed to both the spirit and letter of the above federal, state and regional regulations.

Coastal Carolina University is an official member institution of the National Collegiate Athletic Association (NCAA) and the Big South Conference (BSC). In compiling this handbook, every effort has been made to comply with NCAA and BSC rules and regulations, and to implement all policies recommended by these authorities. This philosophy includes all aspects of intercollegiate competition, student-athlete treatment, and program administration.

The Student-Athlete Handbook is designed to provide Coastal Carolina University student-athletes with information concerning policies of Coastal Carolina University and of the Coastal Carolina University Department of Athletics. It is not intended as a substitute for other important university publications such as the [Coastal Carolina University Undergraduate Catalog](#) or the [Code of Student Conduct](#) or related [University policies](#). Therefore, it does not duplicate much of the information contained in those publications. This handbook is a supplement to other sources of information and should be regarded and used as such.

COASTAL CAROLINA UNIVERSITY HISTORY

Higher education in Horry County, South Carolina, had its beginning on September 20, 1954, when Coastal Carolina Junior College held its first classes after hours in Conway High School.

Originally a branch of the College of Charleston, Coastal Carolina College signed its first contract with the University of South Carolina on August 1, 1959. Coastal Carolina served as a two-year regional campus of the University of South Carolina for the next 13 years.

By special legislation, Coastal Carolina College added a junior year to its educational program beginning with the fall semester of 1973. Subsequently, in the fall semester of 1974, Coastal Carolina became a four-year branch of the University of South Carolina with the authority to award baccalaureate degrees in several areas. In 1974, Coastal Carolina College had seven intercollegiate teams: men's baseball, basketball, golf, tennis; and women's basketball, volleyball and tennis.

In 1986, Coastal Carolina College became a Division I member of the National Collegiate Athletic Association (NCAA) with six men's and six women's teams.

In September 1987, Coastal Carolina College embarked on a new era with the opening of the first residence hall complex on campus. The six apartment-style buildings housed 420 students.

On July 1, 1993, Coastal Carolina College officially became an independent institution – Coastal Carolina University – ending a 33-year affiliation with the University of South Carolina.

On September 6, 2003, more than 8,000 fans packed Brooks Stadium for the inaugural Chanticleer football game.

Today, there are approximately 450 student-athletes at Coastal Carolina University who compete in 18 NCAA Division I sport programs; the newest sport is women's lacrosse, which debuted in 2012-2013.



The first building on campus, the Edward M. Singleton Building, opened in 1963.

For a more complete history, visit Coastal Carolina University [History and Traditions](#).

COASTAL CAROLINA UNIVERSITY TRADITIONS

The University Seal

The seal of Coastal Carolina University designates the founding year of the institution and associates the campus symbol, the Atheneum, with the coastal locale of the University. Carrying the Latin motto, *Ex Libertate Veritas* – From Liberty, Truth, the seal refers to the Temple of Athene in ancient Athens where professors and students came together. The temple was named for Athena, the daughter of Zeus, who embodies wisdom and reason. The waves at the foot of the Atheneum acknowledge a diversified coastal environment encompassing a distinctive geography and history, a vital present and an abundant future. The seal was commissioned by Trustee Oran P. Smith as a gift to celebrate the July 1, 1993, establishment of the University as an independent public institution of higher education.



The University Logo

The identifying symbol of Coastal Carolina University captures the dynamic and traditional commitment of the University to teaching and learning. Constructed on the campus in 1966, the Atheneum is a recognized architectural symbol of a meeting place for persons engaged in literary and scientific pursuits. In the logo, the Atheneum is set atop an undulating background, which captures the energy and unbounded promise of the institution.



The University Mace

The University mace, the symbol of the Coastal Carolina University community, attaches significance to important events of the academic calendar. Commissioned by the Horry County Higher Education Commission, the mace was designed and crafted by silversmith Alfred D. Ward and presented to the University in the spring of 1997. The mace, carried by the senior member of the faculty, leads the procession in official University convocations. When not in use, the mace is on display in the Wall School of Business Boardroom. The three dimensional 48-inch staff is topped with a 22 carat gold-plate model of the campus symbol, the Atheneum. Modified relief seals of the University and engraved lettering embellish the sterling silver cup. Supported by a base of solid walnut, the stem of the mace is adorned with sterling silver shells, reflecting the coastal location of the University. On the base of the stem is an engraved seal of the state of South Carolina, representing the University's status as a public institution. Originally used as weapons during the Middle Ages, maces came to be symbols of authority and were adopted by officials of English municipalities by the end of the 16th century. Maces are now used for legislative assemblies, ecclesiastical processions, and at college and university ceremonies of outstanding importance, such as commencements.



The Coastal Carolina University seal and all logos and marks, including those of the Department of Athletics, are registered and are fully protected trademarks. These images may be used for University-approved purposes only and may not be modified in any manner; unauthorized use of these images is prohibited by law. For more information contact the Office of University Communication at 843-349-2102.

COASTAL CAROLINA UNIVERSITY TRADITIONS (continued)

The University Alma Mater

On October 22, 1994, the Coastal Carolina University Alma Mater was debuted at the installation ceremony for the first President of the University, Ronald R. Ingle. The lyrics were written by then Poet Laureate of South Carolina, Bennie Lee Sinclair (1939-2000).

Coastal Carolina

*We come to you to lead our search,
And learn to reach beyond ourselves –
Below the earth, beyond the stars –
To form our dreams for better years.*

*Here, green and bronze in nature; light –
Sweet pine forest that surrounds us,
Ocean waters that sustain us –
Reflect your standards that prepare us.*

*May we return in thought and care
To share your promise of enrichment,
And to Celebrate and sing our praise
For Coastal Carolina.*

The University Fight Song (*We're the Chanticleers*)

*We're the Chanticleers, tenacious and true.
We'll fight until the end
For CCU!*

*We'll compete with honor. And always to win.
Gather for our battle cry
And then...*

*We'll shout our colors.
Go teal (Go teal!)
And then we'll yell out
And bronze (And bronze!)*

*And every team will learn
Coastal is number one!*

*We're the Chanticleers–
Defending the shore–
Best of Carolina
Since '54.*

*Stronger than the oaks
And sure as the tide,
Our hearts are beating fast
With Coastal pride!*

*SOCK 'EM, BUST 'EM
THAT'S OUR CUSTOM
COASTAL CAROLINA*

BIG SOUTH CONFERENCE

The [Big South Conference](#), formed on August 21, 1983, includes 11 full-time member institutions: Campbell University, Charleston Southern University, Coastal Carolina University, Gardner Webb University, High Point University, Liberty University, Longwood University, Presbyterian College, Radford University, UNC-Asheville, Winthrop University; and two associate members for football Monmouth University and Kennesaw State University (beginning in 2015).

The Big South Conference has 19 championship sports: Baseball, Men's Basketball, Women's Basketball, Men's Cross Country, Women's Cross Country, Football, Men's Golf, Women's Golf, Women's Lacrosse, Men's Soccer, Women's Soccer, Softball, Men's Tennis, Women's Tennis, Men's Indoor and Outdoor Track & Field, Women's Indoor and Outdoor Track & Field, and Women's Volleyball. The conference's 19th championship sport – Women's Lacrosse – began play in 2012-2013 with eight members.

The Big South earned NCAA Division I status in 1986 and has automatic bids to NCAA Championships in Baseball, Men's Basketball, Women's Basketball, Men's Golf, Women's Golf, Men's Soccer, Women's Soccer, Softball, Women's Tennis, Men's Tennis and Volleyball.

MEMBER INSTITUTIONS



CAMPBELL UNIVERSITY

Buies Creek, NC
Enrollment: 6,101 (UG: 4,296)
Founded: 1887
Colors: Orange and Black
Mascot: Seawolves



CHARLESTON SOUTHERN UNIVERSITY

Charleston, SC
Enrollment: 3,367 (UG: 2,967)
Founded: 1964
Colors: Blue and Gold
Mascot: Buccaneers



COASTAL CAROLINA UNIVERSITY

Conway, SC
Enrollment: 9,976 (UG: 9,364)
Founded: 1954
Colors: Bronze and Teal
Mascot: Chanticleers



GARDNER-WEBB UNIVERSITY

Boiling Springs, NC
Enrollment: 4,656 (UG: 2,507)
Founded: 1905
Colors: Scarlet and Black
Mascot: Bulldogs



HIGH POINT UNIVERSITY

High Point, NC
Enrollment: 4,199 (UG: 3,999)
Founded: 1924
Colors: Purple and White
Mascot: Panthers



KENNESAW STATE UNIVERSITY (football)

Kennesaw, GA
Enrollment: 25,714 (UG: 23,592)
Founded: 1963
Colors: Black and Gold
Mascot: Owls

BIG SOUTH CONFERENCE (continued)

MEMBER INSTITUTIONS (continued)



LIBERTY UNIVERSITY

Lynchburg, VA
Enrollment: 81,459 (UG: 49,744)
Founded: 1971
Colors: Red, White and Blue
Mascot: Flames



LONGWOOD UNIVERSITY

Farmville, VA
Enrollment: 5,096 (UG: 4,574)
Founded: 1839
Colors: Blue and Grey
Mascot: Lancers



PRESBYTERIAN COLLEGE

Clinton, SC
Enrollment: 1,460 (UG: 1,146)
Founded: 1880
Colors: Garnet and Blue
Mascot: Blue Hose



RADFORD UNIVERSITY

Radford, VA
Enrollment: 9,798 (UG: 8,885)
Founded: 1910
Colors: Red, Blue, Green and White
Mascot: Highlanders



UNIVERSITY OF NORTH CAROLINA-ASHEVILLE

Asheville, NC
Enrollment: 3,845 (UG: 3,804)
Founded: 1927
Colors: Royal Blue and White
Mascot: Bulldogs



WINTHROP UNIVERSITY

Rock Hill, SC
Enrollment: 6,024 (UG: 4,974)
Founded: 1886
Colors: Garnet and Gold
Mascot: Eagles

Note: Based on Fall 2014 enrollment data from the S.C. Commission on Higher Education, State Council of Higher Education for Virginia, UNC System, college/university websites.

BIG SOUTH CONFERENCE (continued)

BIG SOUTH AWARDS

Presidential Honor Roll

Each year the Big South Conference honors all male and female student-athletes who accumulate a grade point average of 3.0 or better on a 4.0 scale. These students are given certificates as members of the **Big South Conference Presidential Honor Roll**.

Christenberry Award

The **George A. Christenberry Award for Academic Excellence** is presented each year to the male and female student-athletes who attain the highest grade point averages during their college careers and are graduates of a member institution during that year.

Christenberry Award recipients from Coastal Carolina

2013-2014	Dominique De Wit, Tennis	2002-2003	Kara Koppel, Track & Field
2012-2013	Justin Creel, Baseball	1996-1997	Tomas Malik, Tennis
2010-2011	Katherine White, Basketball	1991-1992	Ronald Ohrel, Track & Field
2009-2010	Mikaela Terry, Track & Field	1990-1991	Bjorki Johannesson, Soccer
2008-2009	Marcie Veitch, Track & Field	1989-1990	Thomas Henderup, Tennis
2007-2008	Felicitas Mensing, XC/Track & Field	1987-1988	Thomas Drake, Track & Field
2006-2007	Anthony Franklin, Football	1986-1987	Herbert "Jack" Jolley Jr., Baseball
2005-2006	Brittany Nelson, Softball	1985-1986	Donald Pokorny, Soccer
2003-2004	Keith Garramone, Track & Field		

George F. "Buddy" Sasser Cup

The league has awarded a Commissioner's Cup to the Big South member institution that has demonstrated the greatest all-around athletic performance in a calendar year. In 1999 the Commissioner's Cup was renamed the George F. "Buddy" Sasser Cup in honor of the former league commissioner's (and former director of athletics at Coastal) dedication to the Big South Conference. The Sasser Cup is presented to the member institution with the best overall record in conference competition.

SASSER CUP CHAMPIONS

2014-2015	Coastal Carolina	1999-2000	Liberty
2013-2014	Coastal Carolina	1998-1999	Liberty
2012-2013	Liberty	1997-1998	Liberty
2011-2012	Liberty	1996-1997	UNC Greensboro
2010-2011	Liberty	1995-1996	UNC Greensboro
2009-2010	Liberty	1994-1995	UNC Greensboro
2008-2009	Liberty	1993-1994	Campbell
2007-2008	Liberty	1992-1993	Campbell
2006-2007	Coastal Carolina	1991-1992	Campbell
2005-2006	Coastal Carolina	1990-1991	Coastal Carolina
2004-2005	Coastal Carolina	1989-1990	Coastal Carolina
2003-2004	Coastal Carolina	1988-1989	Coastal Carolina
2002-2003	Liberty	1987-1988	Coastal Carolina
2001-2002	Liberty	1986-1987	Winthrop
2000-2001	Coastal Carolina	1985-1986	Winthrop

YOUR OBLIGATIONS AS A STUDENT-ATHLETE

You are subject to the Coastal Carolina University regulations that apply to all students. As a student-athlete, however, you have time commitments, physical demands and public visibility, which other students may not experience. Therefore, your obligations and rewards sometimes exceed those of other students.

All student-athletes shall uphold all National Collegiate Athletics Association (NCAA) and Coastal Carolina University rules, as well as other policies or procedures imposed by the University, Department of Athletics or the coaching staff. The student-athlete is responsible for being aware of Coastal Carolina University and NCAA rules as they affect his or her athletic eligibility and progress toward a degree.

Attendance at **all** scheduled student-athlete meetings is **mandatory**. The student-athlete is a representative of Coastal Carolina University and, as such, should represent the University with the utmost integrity, dedication, and pride.

Coastal Carolina University has established a tradition of ethical conduct at all levels and in all areas of University life. Intercollegiate athletics is no exception. In fact, the very nature of intercollegiate athletics leads to high visibility status as a part of an institution of higher learning. Intercollegiate athletics receives extreme critical treatment by all news media and requires that careful measures be taken. All officials of the University, the Department of Athletics staff, the student-athletes, the athletics booster club (Chanticleer Athletics Foundation), officials, students, fans, and any other participating partners should conduct themselves professionally, ethically, honorably, and in accordance with appropriate rules and regulations of the NCAA and the Big South Conference. **In particular, Department of Athletics staff members and student-athletes must discipline themselves to know the rules and regulations and abide by them. Failure to follow the student-athlete code of conduct as described in this section could lead to the non-renewal of a student-athlete's athletics grant-in-aid.**

STUDENT-ATHLETE HOST POLICY

Your role as a Student-Athlete Host is very important in the recruiting process for your team. By agreeing to be a host, you take on responsibility to understand and abide by the NCAA, Big South Conference, and Coastal Carolina University rules. You are expected to display conduct of the highest integrity while representing your team and your school. **Any violation of University policy or laws of the state of South Carolina will not be tolerated.** Remember, you are an ambassador or the Department of Athletics family. Your actions should reflect positively on the Department of Athletics, Coastal Carolina University and yourself. You help provide an opportunity for prospects to evaluate the academic, campus, social, team and community environments, while maintaining standards of appropriate conduct and accountability.

Note: Please see Appendix A (pages 43-44) for Student-Athlete Host Agreement form.

PERSONAL CONDUCT AND APPEARANCE

You are a highly visible representative of the University. Your clothing and appearance should always be appropriate for the function and location, particularly when traveling with your team. Your coach will provide specific guidelines. All university-issued clothing is to be worn only during official practices or events. **University-issued clothing is not to be worn at any other time.**

YOUR OBLIGATIONS AS A STUDENT

Your general obligation as a student is to make satisfactory progress toward a degree and to graduate from Coastal Carolina University. As a student you are expected to:

- Attend all of your classes
- Complete all class assignments
- Inform instructors of expected absences due to official athletic events
- Meet requirements for academic eligibility and progress toward your degree

Misconduct that may result in disciplinary action includes, but is not limited to, the following offenses:

- Violation of written University policy or regulations contained in any publication or administrative announcement of Coastal Carolina University
- Academic dishonesty, including, but not limited to, cheating and plagiarism
- Furnishing false information to the University or other similar forms of dishonesty in University-regulated affairs, including knowingly making false oral or written statements to any University discipline board
- Forgery, alteration, destruction or misuse of University documents, records, identification cards, or papers
- Failure to comply with directions of or to present identification to University officials acting in the performance of their duties, or refusal to respond to a request to report to an administrative office
- Use, possession, or distribution of illegal drugs and/or alcoholic beverages as defined in the [Coastal Carolina University Student Handbook](#) and in the [Alcohol and Drug Policy](#)
- Unauthorized entry into or use of University facilities
- Use, possession, or carrying of firearms (including, but not limited to, pistols, rifles, shotguns or ammunition), dangerous knives, explosives, or other dangerous weapons while on University owned or controlled property, or at University sponsored or supervised activities
- Theft or damage to property of the University or to property of any of its members or visitors, or knowingly possessing stolen property
- Physical abuse of any person on or off University property, or conduct that threatens or endangers the health or safety of another person
- Disorderly conduct or lewd, indecent, or obscene conduct on or off University-owned or controlled property, or at University-sponsored or supervised activities.
- Behavior that would constitute a violation of local, state or federal law on University property or off campus, when such behavior has an adverse effect upon the University or upon individual members of the University community
- Aiding, abetting or attempting to commit an act or action that would constitute an offense under any of the types of misconduct stated under the items listed above or a violation of the Code of Student Conduct as outlined in the [Coastal Carolina University Student Handbook](#)

SEXUAL ASSAULT AND SEXUAL ABUSE

Coastal Carolina University will not tolerate sexual assault or abuse, such as rape or other forms of nonconsensual sexual activity or physical contact of a sexual nature. Sexual assault and abuse can occur between acquaintances (acquaintance rape) or parties previously unknown to each other. These acts degrade the victims, our campus community, and society in general. While the University cannot control all the factors in society that lead to sexual assault and abuse, the University strives to create an environment that is free of acts of violence. Violations of the University's [Sexual Violence/Assault Policy](#) will result in disciplinary action, which may include separation from the University.

YOUR OBLIGATIONS TO THE COMMUNITY

Your general obligations as a member of any community are to respect the rights of other community members and to obey policies, rules, and laws of that community.

Your obligations extend beyond the classroom, the campus, community and the athletic field. Like all Coastal Carolina students, you are a member of several communities, and as such, are expected to obey the rules of each. You are not exempt from penalty if you violate their policies, rules and laws.

SOCIAL NETWORKING WEBSITES

The University and the Department of Athletics do not place restrictions on the use of social networking sites by student-athletes. However, as a member of Coastal Carolina University Department of Athletics, you are a representative of the University and always in the public eye. Please keep the following points in mind as you participate on social networking websites.

- Before participating in any online community, understand that anything posted online is available to anyone in the world. Any text or photo placed online is completely out of your control the moment it is placed online – even if you limit access to your site.
- Do not post information, photos, or other items online that could embarrass you, your team, or the University. This includes information, photos and items that may be posted by others on your page, or if you are “tagged” on someone else’s page.
- Be aware of who you add as a friend to your site. Keep in mind that many people seek to take advantage of student-athletes, while others want to get close to student-athletes to give them a sense of membership in the team.
- Exercise caution as to what information you post/tweet regarding your whereabouts or plans. You could be opening yourself up to predators such as stalkers, rapists or thieves.
- University coaches and administrators have the right to monitor these websites. Student-athletes could face disciplinary action and even dismissal for violation of standards or philosophies of the University, the Department of Athletics and/or the NCAA.

ACADEMIC POLICIES AND PROCEDURES

Academic standards and requirements for student-athletes enrolled at Coastal Carolina University are no less stringent than for the general student population. Individuals wishing to participate in the athletic program must possess the skills and talents to excel in the classroom as well as on the field. The Department of Athletics recognizes that participation in varsity athletics places exceptional demands upon a student's time and energy. To encourage each student-athlete to develop his or her full academic potential, the department has implemented a comprehensive academic advisory program. The Associate Athletics Director for Student-Athlete Support Services is responsible for the overall administration and management of the program. The goal of the program is to assist, guide, and counsel student-athletes in cooperation with their coach and faculty advisor.

The academic program for student-athletes encourages effective study habits, evaluates academic progress and assists with any special problems. The Student-Athlete Academic Support Services staff will communicate regularly with the student-athlete's coach and the student-athlete to assist in meeting special needs. Normal academic assistance services are provided at no charge to the student-athletes.

Entering freshmen and transfer student-athletes must meet the admission requirements for Coastal Carolina University as well as the initial eligibility requirements of the NCAA. Entrance requirements are developed and implemented by appropriate University officials. The Director of Athletics, coaches and the Student-Athlete Academic Support Services staff act only as information sources when they communicate admission criteria to prospective students.

In order to maintain athletic financial assistance, student-athletes must follow the academic policies and procedures as outlined below and those fully stated in the University Catalog.

ACADEMIC ADVISORS

During a student-athlete's first year, the student-athlete will be assigned an advisor in University College. Each student-athlete is to meet with his or her assigned advisor at least three times per semester for the first year. During these sessions, the student-athlete and advisor will discuss an academic plan, academic resources and course scheduling.

However, the ultimate responsibility for fulfilling all academic requirements and selecting the most appropriate courses to achieve academic goals rests with the individual student-athlete.

To work effectively with academic advisors, student-athletes should:

- Be aware of all academic requirements for the degree program selected.
- Maintain a checklist for the major.
- Plan schedules for each semester and future semesters with the academic advisor. Pay careful attention to sequences of courses and course prerequisite information
- Maintain regular contact with your academic advisor. Schedule appointments well in advance of deadlines (adds, withdrawals, registration for next term, etc.). Keep the academic advisor informed of changes in planning which would affect academic progress goals.
- Inform the academic advisor that you are a member of an intercollegiate athletic team and, as such, must meet specific NCAA academic requirements in order to participate in competition.

ACADEMIC POLICIES AND PROCEDURES (continued)

REGISTRATION BLOCKS

In order for student-athletes to take advantage of priority and/or pre-registration opportunities, their record must be free from all registration blocks. A student who wishes to resolve a problem that resulted in a block or wishes to appeal the placing of the block should go to the first year advisor (freshman) or the academic department of the student's major on how to proceed in getting the hold removed.

A student-athlete may be blocked from registering for future semesters for a variety of reasons. Some examples are:

- Scholastic deficiency or disciplinary reasons related to scholastic dishonesty
- An accumulation of overdue, unpaid parking violation citations
- Incomplete registration or admission requirements
- Being late with payments in the tuition payment plan

ADVANCE REGISTRATION

All student-athletes should make an appointment with their advisors **two weeks** before the regular registration period. Student-athletes/honors students have the opportunity to register for classes at the same time as non-athlete honors students. If a student-athlete misses this advance registration period he/she will be forced to register with the general student body on the dates set by the University.

ADVISEMENT

- Make an appointment with your advisor.
- Prepare a class schedule based on approved courses.
- Obtain any special forms needed (special permission, overload of hours, independent study, etc.).

REGISTRATION

- During the week of advance registration for student-athletes, log onto WebAdvisor and enter your class schedule as instructed by your advisor. **Be sure to print a copy of your completed schedule.**
- Be aware of any special permission needed or holds against your registration. Resolving problems that may block or delay registration is the student-athlete's responsibility.

TEAM TRAVEL POLICY

Students are obligated to attend class regularly. Absences – whether excused or not – do not absolve a student from the responsibility of completing all assigned work promptly. Students who miss assignments, announced quizzes or other course work obligations due to excused absences will be allowed to make up the work in a manner deemed appropriate by the instructor. It will be the responsibility of the student to contact the instructor and make arrangements at the convenience of the instructor. The instructor is not obligated to allow a student to make up work missed due to an unexcused absence.

Absences will be excused for documented cases of:

- Incapacitating illness
- Official representation of the University (excuses for official representation)
- Death of a close relative
- Religious holidays

ACADEMIC POLICIES AND PROCEDURES (continued)

TEAM TRAVEL POLICY (continued)

The instructor will determine whether other absences from class should be excused or unexcused. In the event of an impasse between the student and the instructor, the department chair and/or the dean of the college shall make the final decision as to whether an absence is to be considered excused.

An instructor is permitted to impose a penalty, including assigning the grade of F, for unexcused absences in excess of 25 percent of the regular scheduled class meetings. An instructor may require a more stringent class attendance policy. In such cases, the instructor will make this additional attendance requirement known to his/her dean. All instructors should state their class attendance and grading policy in the course syllabus.

If a student-athlete misses more than 25 percent of his/her classes due to team travel, all future team travel must be approved in advance by the Director of Athletics and the NCAA Faculty Athletics Representative.

All team travel should not begin for any team until after noon prior to the day of the scheduled competition, unless otherwise approved by the Director of Athletics.

At the beginning of each semester, student-athletes are instructed to speak with their instructors and let them know that they are current student-athletes on an athletic team. They should also inform their instructors that notifications of absences for competition will be sent directly to the instructor via email from the Grades First system. However, student-athletes are encouraged to speak with their instructors one week before they miss classes to remind the instructor that they will be absent from their class or classes. They should discuss with the instructor, at that time, when they can make up the work that will be missed due to the away competition. It is the responsibility of the student-athlete to coordinate all missed assignments with the instructor.

ACADEMIC POLICIES AND PROCEDURES (continued)

The following information is from the 2012-2013 Undergraduate Catalog and is subject to change. For the most current information, please consult the applicable [University Catalog](#).

CHANGES IN REGISTRATION

DROPPING A COURSE

Check with your academic advisor, your head coach and your student-athlete advisor before dropping any classes – your eligibility and team performance can depend on it. Never drop below 12 credit hours.

WITHDRAWAL FROM THE UNIVERSITY

All students, both full-time and part-time, desiring to withdraw from the University or to discontinue enrollment in **all** courses must meet with an adviser at the University Academic Center, located in the Prince Building, room 213F. An exit interview will be conducted to assist the student in completing the withdrawal process and to resolve any outstanding concerns. A student who leaves the University without following this procedure may prejudice any further attempt to re-enter the University and will receive a grade of **F (U for Pass/Fail option)** in all courses.

TRANSFER CREDIT

A student-athlete transferring to the University from another college or university must, before enrolling in class at the University, have transcripts evaluated by the Office of Admissions. It is only through such evaluation that a student will know definitely which transferred courses are applicable toward Coastal degree requirements.

GPA is calculated on the basis of all work in the student's career at Coastal Carolina. Credits earned at other institutions and transferred to Coastal may be used to satisfy program requirements, but will not be calculated as part of the GPA.

A student planning to pursue work at other institutions, via distance learning, or other non-traditional sources, must complete this work before attaining senior classification (90 credits), since the last thirty (30) credits (representing the senior year's work) must be earned in residence at Coastal Carolina University. Credit-by-examination courses taken from an institution other than the one in which a student-athlete is enrolled as a full-time student shall not be used in determining a student's academic standing or progress toward degree. The student should check with the department chair of his/her major before pursuing any non-resident credits that are needed for a Coastal degree.

[NCAA Bylaw 14.4.3.4.3 states: Nontraditional courses (e.g., distance-learning, correspondence, extension, Internet/virtual courses, independent study or any other course or credit that is not earned in a face-to-face classroom environment with regular interaction between the instructor and the student) completed at an institution other than the certifying institution, may be used to meet credit-hour and percentage-of-degree requirements, provided the following conditions are met: (revised 4/28/11 effective 8/1/11)

- (a) The course is available to any student at the certifying institution;
- (b) The student-athlete enrolls in the course in the same manner as is available to all students;
and
- (c) Enrollment in the course occurs within the offering institution's regular enrollment periods (pre-registration or add-drop period) in accordance with the institution's academic calendar and applicable policies and procedures.]

ACADEMIC POLICIES AND PROCEDURES (continued)

GRADING INFORMATION

Enrollment in a course obligates the student not only for prompt completion of all work assigned but also for punctual and regular attendance and for participation in whatever class discussion may occur. It is the student's responsibility to stay informed concerning all assignments made. Absences, whether excused or unexcused, do not absolve the student from this responsibility.

With the exception of the **FX** grade, the grading system outlined below has been in effect since the Fall Semester, 1978. Under this system, undergraduate course credit will be granted only for earned grades of **A, B+, B, C+, C, D+, D** or **S**. Each of the following symbols will become a permanent part of the student's academic record when assigned.

A, B+ and B, C+ and C, D+ and D, and **F** carry the traditional academic connotations of excellent, good, average, poor, and failing performance, respectively.

S and **U** indicate, respectively, satisfactory (passing) and unsatisfactory (failing) performance in courses carried under the Pass-Fail option. Courses carried under the Pass-Fail option will not affect a student's grade point average.

W is assigned for withdrawal from a course after the official late registration period and through two-thirds of the total number of class days from the beginning of the semester. Courses dropped during the official late registration period (as published in the [University Academic Calendar](#)) will not be recorded on a student's permanent record. In exceptional cases, the grade **W** may be assigned for *total* University Withdrawals after two-thirds of the total number of class days of the semester. A grade of **W** will not enter into the grade point average computation but will be recorded on the student's permanent record.

WF is assigned for withdrawal from a course after the last date to withdraw grade of **W** (as prescribed in the [University Academic Calendar](#)) and is treated as an **F** in the grade point average computation.

I, Incomplete, is assigned at the discretion of the instructor when, in the instructor's judgment, a student is unable to complete some portion of the assigned work in a course because of an unanticipated illness, accident, work-related responsibility, or family hardship. The grade of **I** is not intended to give students additional time to complete course assignments unless there is some indication that the specified condition or event prevented the student from completing course assignments on time. In those instances when the faculty member agrees to assign the grade of **I**, the faculty member must prepare with the student a completed Assignment of Incomplete Grade form stating specific expectations that the student must meet before the **I** grade is changed to a letter grade. Additional forms may be required by the department. This Assignment of Incomplete Grade form must also include a deadline for completion of the work. Students who receive an **I (Incomplete)** grade normally have one major semester to complete the work required. Copies of the completed form are then distributed to the student, the [Office of the Registrar](#), the department chair or college dean, and the instructor at the time grades are reported.

Re-enrolling in the course will not make up an Incomplete. The grade **I** will not affect the student's GPA during the one semester, or during the contractually agreed upon time limit. After one major semester (or the agreed upon limit), a grade of **I** for which work has not been completed is permanently changed to a grade of **F**. Work to be completed must be submitted in sufficient time for the grade to be assigned and processed prior to the conversion of the **I** to an **F**. The responsibility for completing the requirements and assuring removal of an **I** rests directly with the student. Suspension does not extend the time allowed to make up an Incomplete.

ACADEMIC POLICIES AND PROCEDURES (continued)

GRADING INFORMATION (continued)

FX is assigned for courses where failure occurs as a result of academic dishonesty. The **FX** grade is treated as an F in the grade point average computation. With regard to Repetition of Course Work, courses that receive an **FX** grade are not eligible to be repeated under the University's "Repeat Forgiveness" option, and instead may only be repeated via the "Standard Repeat" option. When assigned, the **FX** grade will become a part of the student's internal academic record and will appear on unofficial transcripts and within the student information system. The **FX** grade will not appear on the student's official transcript. (Instituted: Spring 2009.)

AUD indicates a course was carried on an audit basis. A grade of **AUD** will not enter into the grade point average computation.

GRADE CHANGES

A grade may be changed by the instructor of record of a course for a period of one year after the completion of the course. In the case of a deceased faculty member, or in extreme cases and for cogent reasons, the Department Chair, in consultation with the Dean of the College offering the course and the University Registrar, may act in place of the instructor of record.

While enrolled and prior to graduating, students may utilize the General Petition process to appeal a grade, provided the petition is submitted within three years of the semester the course ended. After graduating, only the final semester's grades can be appealed (within six months of the graduation date).

***Note:** Grades that resulted from a violation of the academic integrity code are not subject to the General Petition process.*

PASS-FAIL GRADING

The Pass-Fail option is designed to encourage students to investigate fields outside their major curricula in which they have a specific personal interest without affecting their grade point averages. The only grades assigned on courses taken on the Pass-Fail option are **S** and **U**; a grade of **S** indicates a satisfactory performance and a **U** indicates unsatisfactory performance. A student will be given credit for courses in which the grade of **S** is earned, but these courses will not affect the computation of the GPA.

Specific provisions of the Pass-Fail option are as follows:

1. The Pass-Fail option is in effect for an indefinite period of time, subject to periodic review.
2. The Pass-Fail option is available to all undergraduate students except those whose semester or cumulative GPA is less than 2.0.
3. Students are permitted to exercise the Pass-Fail option only on undergraduate, elective courses.
4. Students are permitted to take no more than 8 courses on a Pass-Fail basis during their undergraduate career.
5. A student wishing to exercise the option must have the permission of the dean.
6. The option may be elected or revoked by the student on or before the last date for withdrawing from the course without receiving a grade of **WF**.
7. Normal prerequisites may be waived for students taking a course on a Pass-Fail basis.
8. No course carried on a Pass-Fail basis will be counted toward the hours required for to qualify for the President's or the Dean's honor lists.

ACADEMIC POLICIES AND PROCEDURES (continued)

GRADING INFORMATION (continued)

GRADE POINT AVERAGE

The grade point average (GPA) is determined by dividing the total number of grade points by the total number of grade hours:

$$\text{GPA} = (\text{Grade Points}) \div (\text{Grade Hours})$$

Grade points are calculated by multiplying the number of credit hours assigned to a course by the value of the grade earned in the course.

Earned Grade	Grade Value
A	4.0
B+	3.5
B	3.0
C+	2.5
C	2.0
D+	1.5
D	1.0
F	0.0
WF	0.0
FX	0.0

Grade hours are calculated by adding the credit hours of all courses with an earned grade.

Only grades of **A, B+, B, C+, C, D+, D, F, WF, and FX** are used in the calculation of grade hours, grade points and the GPA. Grades of **I, S, U, W** and **AUD** do not affect the GPA.

REPETITION OF COURSEWORK

Repeat Forgiveness Option

Degree-seeking undergraduate students may repeat any course taken at Coastal Carolina University. All grades will appear on the student's transcript, but a course that has been repeated will be counted only once for the graduation requirement. For financial aid and scholarship purposes, duplicate credits do not count as credits completed for satisfactory academic progress except in certain cases. As specified in the University Catalog, some courses, such as those requiring physical skills, performance, or working on student publications, may be repeated for credit and grades. All grades will be included when calculating the student's grade point average with the following possible exception.

Students may apply the Grade Forgiveness Policy for up to 13 credits. Coastal Carolina University will exclude the grade and credit hours earned when calculating the student's cumulative GPA and earned hours.

TRANSCRIPTS

A transcript of a student's record carries the following information: a detailed statement of the Coastal Carolina University scholastic record showing courses pursued with credits carried, credits earned, grades, grade points, grade point average, grade point deficits, academic status as appropriate, and an explanation of grading system. All failures, incomplete grades, and penalties such as suspension or other restrictions are also indicated.

ACADEMIC POLICIES AND PROCEDURES (continued)

GRADING INFORMATION (continued)

All requests for transcripts must be in written form. Any student who needs a transcript or a certified copy of the end-of-semester grade report must complete a Student Transcript Request form or send a signed and dated letter containing all pertinent identifying information to the Office of the Registrar. In addition to the written consent, each transcript request should include full name or names used, student number, dates of attendance, location of attendance, and date of birth to ensure proper identification of the record requested.

Transcripts will not be issued to a student who is indebted to Coastal Carolina University. Partial transcripts will not be issued.

CLASSIFICATION OF STUDENTS

Students are classified at the beginning of each semester and maintain that classification until the next semester begins. Classification is based on the total number of semester credits earned. A student must have earned at least 30 credits to be classified as a sophomore, 60 for classification as a junior, and 90 for classification as a senior.

ACADEMIC PROBATION/SUSPENSION STATUS

Academic Probation: Students are placed on probation when the level of their academic performance is endangering their opportunity to earn a degree from the University. Students must earn a minimum cumulative grade point average on graded hours at Coastal Carolina University to avoid being placed on probation.

When a student's academic level of achievement falls below a 2.0 cumulative grade point average, but within the range indicated in the probation/suspension table (see table below), the student is placed on probation. Probation appears on a student's academic record at the end of the regular semesters (fall and spring). A student is removed from the probationary status at the end of the fall or spring term in which the cumulative grade point average is at least a 2.0.

Cumulative CCU Graded Hours	Satisfactory Academic Progress	Cumulative CCU GPA Resulting in Probation	Cumulative CCU GPA Resulting in Suspension
0 - 15	2.0-4.0	1.30-1.99	Below 1.30
16 - 29	2.0-4.0	1.40-1.99	Below 1.40
30 - 44	2.0-4.0	1.50-1.99	Below 1.50
45 - 59	2.0-4.0	1.50-1.99	Below 1.50
60 - 74	2.0-4.0	1.60-1.99	Below 1.60
75 - 89	2.0-4.0	1.70-1.99	Below 1.70
90 - 104	2.0-4.0	1.80-1.99	Below 1.80
105 +	2.0-4.0	1.90-1.99	Below 1.90

The following rules apply to students who are on probation:

1. May not enroll in more than 13 credits per semester
2. Required to have their course schedules and credits reviewed and approved by their academic advisers at the beginning of each semester.
3. Required to meet at least two times per semester with their academic advisers, and
4. Required to attend a one-day Dean's Academic Counseling Seminar at the beginning of each semester.

ACADEMIC POLICIES AND PROCEDURES (continued)

GRADING INFORMATION (continued)

A student who enrolls while on probation must demonstrate progress toward the attainment of a degree by earning at least a 2.0 semester grade point average in each term to be allowed continued enrollment and to avoid suspension. Once the student has earned at least a 2.0 cumulative grade point average, the student is considered to be making satisfactory academic progress and is no longer subject to the rules of probation.

Academic Suspension: Students are suspended from Coastal Carolina University at the end of the fall or spring semester if:

1. The student's cumulative grade point average falls below the suspension level as indicated in the probation/suspension table (see table on previous page); or
2. While on probation, the student fails to earn a minimum 2.0 semester GPA in any term.

Note: First-semester freshmen and transfer students will not be suspended during the first semester of enrollment. First-semester freshmen and transfer students who fall below a 1.50 cumulative grade point average, however, will be placed on probation and subject to the rules of probation.

The first academic suspension means a required separation from Coastal Carolina University for the semester (fall or spring) immediately following the semester in which the suspension occurs. A second or indefinite, suspension means a required separation from Coastal Carolina University for a minimum of one calendar year. Notice of suspension is placed on the student's permanent academic record. After the first suspension is served, a student must be readmitted to the University through the Office of Admissions. Suspension, including reinstatement by petition or administrative action, will remain on the academic record and will be considered as a suspension for subsequent decisions.

STUDENT-ATHLETE ACADEMIC SUPPORT SERVICES

GOALS AND OBJECTIVES

Mission Statement

The goal of the Coastal Carolina University Department of Athletics and Student-Athlete Academic Support Services is to provide a comprehensive program that emphasizes academic success and personal development.

Goal 1: Provide student-athlete's educational opportunities and services that promote academic success.

Goal 2: Provide student-athlete's educational opportunities and services that promote personal development.

Goal 3: Provide coaches with timely and accurate information regarding student-athlete's academic progress.

Goal 4: Provide state of the art facilities and resources for promoting student-athlete academic success.

Goal 5: Work in collaboration with other administrative offices on campus to ensure academic success of all student-athletes.

The Office of Athletic Academic Support Services serves Coastal Carolina University student-athletes by focusing on three major areas:

- Fostering the total development of student-athletes within academic, personal, career and service areas
- Insuring compliance with NCAA, Big South Conference, and Coastal Carolina University rules and regulations
- Providing academic support programs to all Coastal Carolina University student-athletes

The basic goal of the academic support services is to assist, guide and counsel student-athletes in cooperation with their coach and faculty advisor to ensure that all student-athletes receive the skills needed to graduate and be competitive in the job market. The academic program for student-athletes encourages effective study habits, evaluates academic progress and assists with any special problems. The Department of Athletic Academic Staff will communicate regularly with the student-athlete's coach and the student-athlete to assist in meeting special needs. Normal academic assistance services are provided at no charge to the student-athletes.

Each varsity sport is designated a staff member from Academic Services that includes (but is not limited to) the following responsibilities:

- Monitoring the academic progress and eligibility status of the assigned student-athletes and communicating this information to the coaches
- Ensuring each student-athlete has the opportunity to meet continuing eligibility requirements
- Assisting the student-athletes with registration and course selection
- Advising the student-athletes in strategies and practices on how to be successful in college
- Adhering to all NCAA, Big South Conference, University and Department policies and procedures published in the NCAA Division I Manual, Big South Handbook, University Catalog, Code of Student Conduct and Student-Athlete Handbook

STUDENT-ATHLETE ACADEMIC SUPPORT SERVICES (continued)

STUDY HALL POLICY

The purpose of study hall is to have student-athletes work in a structured environment while working on class assignments. Tutorial services are provided for student-athletes if an academic problem should arise.

Study hall is available for all student-athletes. Student-athletes enrolled will be required to attend team study hall for a minimum of 6-8 hours per week. Some student-athletes will be required to attend two hours of lab time that will be assigned by the coach and team academic advisor.

At the end of each semester, the head coach will evaluate each student-athlete's academic performance in his/her program. Additional study hall may be required for those student-athletes with poor academic performance.

Study hall is located in Will Garland Academic Enhancement Center. Student-athletes using the study hall facility will have the opportunity to use the Learning Assistance Center as part of their study hall experience.

LEARNING SPECIALIST

The purpose of a learning specialist is to provide learning strategies and techniques that can be applied to studying, assignments, and projects unique to a student's individual learning style. In addition, the learning specialist serves as liaison to the University's accessibility and disability coordinator to ensure that with a documented disability, a student-athlete receives proper academic accommodations.

MENTOR PROGRAM

The Mentor Program provides student-athletes an opportunity for one-on-one academic assistance. These sessions are designed to help students deal with organization and time management issues. Mentors meet with their students on a weekly basis to assist student-athletes in meeting academic goals. Basic responsibilities for mentors include: dissecting the syllabi and making daily and weekly schedules for the student-athletes, that include homework assignments and scheduled exams. All mentors will communicate with student-athletes and academic coordinators on a regular basis.

Goals of the Mentor Program:

- To support the academic development of the student-athletes
- To promote understanding and communication between the student-athlete and the academic coordinator
- To be a helpful resource to the student-athlete
- To increase the understanding of what it takes to be a successful student
- To assist student-athletes in improving time management skills

STUDENT-ATHLETE ACADEMIC SUPPORT SERVICES (continued)

TUTOR PROGRAM

The Tutor Program is a free service to all Coastal Carolina University student-athletes. Tutors are available to assist student-athletes with achieving academic success. Tutors are available to assist students in subject areas such as math, science, writing, humanities, business, foreign languages, and any other subject that may be requested.

Tutors are highly qualified, conscientious students who are recommended by faculty. They are selected on their basis of knowledge of the subject and their ability to effectively communicate with student-athletes.

Tutors are available throughout the semester to work with student-athletes on a regular basis or on an as-needed basis through appointments that can be either weekly or bi-monthly. Some tutors will also be available at nightly study hall sessions and also in the Math and Writing Learning Assistance Centers.

Goals of the Tutor Program:

- Provide the best academic support possible to all student-athletes
- Provide the most qualified tutors to all student-athletes
- Promote understanding and communication between the student-athlete and their academic coordinator
- Assist students toward better understanding of content information

Requesting a Tutor:

Student-athletes should notify their academic coordinator if they need a tutor. Tutor information will be given to the student-athlete and they will be instructed to contact the tutor within two days of receiving the information to schedule their first tutoring session. The student-athlete will then set-up a regular schedule of tutoring sessions with their tutor.

Expectations of Student-Athletes and their Tutor:

- Be on time! Tardiness or failure to show up for a tutoring session could result in the loss of a tutor. If the student-athlete needs to cancel a session, they should give their tutor a 24-hour notice.
- Always have a list of current assignments and syllabi for your tutor.
- Come to the session prepared; bring all materials needed.
- Actively participate in the session. Arrive with questions and objectives that you would like to have discussed. Do not rely on the tutor to do all the work.
- Meet with the tutor on a regular basis. Meeting the night before the exam is not enough.
- Do not expect the tutor to work miracles. Establish a routine and continue that routine throughout the semester.
- Utilize the tutor as a resource, not as the teacher of the class. Tutors provide supplemental instruction – they are not going to re-teach the class.
- Be respectful and establish a good relationship with the tutor.

Student-Athletes Missing a Tutor/Mentor Session:

- First missed session: A warning will be issued to the student-athlete. The coach and sport supervisor will be notified of the missed meeting.
- Second missed session: A fee of \$10 will be charged to the student-athlete. The coach and sport supervisor will be notified.

STUDENT-ATHLETE ACADEMIC SUPPORT SERVICES (continued)

ATHLETIC-ACADEMIC PARTICIPATION POLICY

Coastal Carolina University's highest priority is that students entering the University obtain their undergraduate degrees. To this end, the University generally monitors the progress of all of its students toward satisfying the requirements for graduation. The minimum requirement for graduation from the University is a 2.0 cumulative grade point average. Each student-athlete is expected to maintain this average. Student-athletes whose GPAs drops below 2.0 or who fail to make satisfactory academic progress will be contacted by a member of the Athletic Department Academic staff. They will be **required** to:

1. Receive frequent counseling by an athletics academic advisor and/or their coach,
2. Attend mandatory and supervised study hall, and
3. Complete sessions for improving study skills. They will also receive frequent monitoring of class attendance.

STUDENT-ATHLETE CLASS ATTENDANCE POLICY

The Coastal Carolina University Department of Athletics is committed to providing each student-athlete with a positive academic experience. Academic achievement is always the result of hard work and effort. Academic achievement is a challenge that must be met by each student-athlete.

While student-athletes will be required to miss classes as a result of travel and scheduled competitions, these absences are generally anticipated and excused. However, unexcused absences cannot be permitted as they are in conflict with the concept of the "student-athlete."

The Department of Athletics expects student-athletes to attend all classes on time and in full, to complete all assignments and exhibit appropriate behavior both in and out of class when interacting with University faculty and staff. As one way of assisting our student-athletes in achieving academic success, the Coastal Carolina Department of Athletics has established the following attendance policy with the understanding that each sport may endorse a more restrictive policy.

Student-athletes bear the responsibility for informing their instructors of impending class absences due to competition. However, student-athletes should refer to their course syllabus for the final word on assignment completion for any given class. Therefore, students are responsible for reading the syllabus closely to be certain they understand and are prepared to meet the instructor's expectations. Student-athletes maintain the responsibility for communication with their instructors prior to missing scheduled assignments and for making arrangements with their instructors to complete all missed assignments. Problems in completing missed assignments due to athletic competition are to be reported to Academic Support Services. **Student-athletes are not permitted under any circumstances to miss class to attend practice or other athletic department events unrelated to official competition.**

The Department of Athletics will use in-person class checks, telephone/e-mail correspondence with professors and progress reports to monitor class attendance. Coaches should notify Student-Athlete Academic Support Services if they would like the staff to follow-up on a specific student-athlete's class attendance. This policy applies to all student-athletes, except those exempt from the Class Attendance Policy based on the following parameters:

- Juniors/Seniors with a cumulative GPA of 3.0 or higher will not be subject to the class attendance policy nor be subject to the associated penalties. A junior is defined as a student-athlete having earned (or transferred) at least sixty (60) hours of graded credit.

STUDENT-ATHLETE ACADEMIC SUPPORT SERVICES (continued)

STUDENT-ATHLETE CLASS ATTENDANCE POLICY (continued)

Sanctions for missed classes due to unexcused absences (per course):

Note: The following sanctions apply for ALL academic terms.

1. **First Unexcused Absence** – Reported to Head Coach
2. **Second Unexcused Absence** – Reported to Sport Administrator and Head Coach
3. **Third Unexcused Absence** – Letter to Student-Athlete and Head Coach. Student-Athlete will be suspended from one (1) practice beginning with the next scheduled practice
4. **Fourth Unexcused Absence** – Suspension from 10 percent of the team's regular season scheduled competitions beginning with the next scheduled competition.
5. **Each Subsequent Unexcused Absence** – Suspension from one (1) competition beginning with the next scheduled competition

SUSPENSION CRITERIA

1. A suspension is defined as the inability to participate during an entire game and/or competition. Suspension(s) will be served at the first available opportunity and must be served consecutively, as applicable.
2. Absences are calculated per course. Students who miss four (4) classes in one course will be subject to a 10 percent suspension. Each subsequent absence in that course will result in being suspended for one (1) additional competition.
3. If the calculation of a suspension results in a percentage of a contest, the following formula shall be used:
 - a. .4 and below – round down to the nearest contest.
 - b. .5 and above – round up to the nearest contest.
4. The calculation of absences and penalties will be “reset” at the beginning of each academic term (fall, spring and summer terms).
5. Scrimmages and exhibition games shall not be used in determining the total number of a team's regular season scheduled contests.
6. Scrimmages and exhibition games shall not be used to satisfy suspensions.
7. Suspension from practice will be for the next scheduled practice. Suspension from competition will be for the next scheduled contest, including post-season. If a sport splits their competition season between “championship” and “non-championship” segments, suspensions shall be served during the segment of the season concluding with the NCAA championships (also known as the “championship” segment). If the next scheduled contest will not be until the following academic year, the suspension will carry over to that year.
8. The student-athlete and the head coach must be issued written notification by the Department of Athletics after the third absence.
9. If the Department of Athletics receives a progress report with four (4) or more absences from an instructor without any prior notice of class absences, the student-athlete absences will be recorded as three (3) and associated penalties will be administered.

APPEALS PROCESS

If a student-athlete believes the information related to class absences is inaccurate, he/she has 48 hours from the time of notification to submit a written request disputing the absences to the Associate Athletic Director for Academic Services. The appeal will be reviewed by the Associate Athletic Director for Academic Services or designee and forwarded to the Director of Athletics for review and ruling. The decision of the Director of Athletics is final. This policy can be amended at the discretion of the Director of Athletics.

NCAA ELIGIBILITY AND GENERAL REQUIREMENTS

Coastal Carolina University monitors the academic progress of student-athletes in accordance with NCAA rules and regulations and those outlined in the [Coastal Carolina University Catalog](#).

The official academic record for each student is maintained by the [University Registrar](#). The Student-Athlete Academic Advisor maintains unofficial records of student-athletes and works directly with student-athletes, coaches, the Director of Athletics and the NCAA Faculty Representative to monitor academic progress and athletic eligibility.

Student-athletes should read the [Coastal Carolina University Catalog](#) for information about:

- Deficiency Points/Grade-Point Requirements
- Registration
- Transfer Students
- Academic Deadlines

CREDIT LOAD

The NCAA and Coastal Carolina University mandate that only full-time candidates for a baccalaureate degree and full-time graduate student-athletes shall represent the University in an intercollegiate athletics contest. **If a student-athlete drops below full-time status (fewer than 12 credits at any time during the semester), he or she immediately becomes ineligible to compete. Any student-athlete who competes while ineligible will cause forfeiture of any competition in which he/she participated.** Student-athletes must consult with the Student-Athlete Advisor, their faculty advisor and their coach before dropping courses! Exceptions to full-time status may be granted if the student-athlete is a graduating senior in his or her last semester and needs fewer than 12 credits to graduate.

GRADUATE STUDENTS

A graduate student may be eligible to participate in intercollegiate athletics if the student-athlete has completed baccalaureate degree requirements, has not exceeded the NCAA calendar year limitation on eligibility, and is a full-time student in a graduate degree program.

STUDENT-ATHLETE SATISFACTORY PROGRESS RULES

All student-athletes at Coastal Carolina University should pay special attention to the following NCAA requirements. For additional information and clarification, please contact the Student-Athlete Academic Support Services staff at 843-349-2315.

Eligibility for Competition

Bylaw 14.4.3.1 (6 Hour Rule)

Eligibility for competition shall be based upon the completion of six-semester hours of academic credit the preceding regular academic term in which the student-athlete has been enrolled at any collegiate institution.

A student-athlete must not drop below 12 hours (full-time status) and must receive academic credit for a minimum of 6 hours in order to remain eligible the following semester.

NCAA ELIGIBILITY AND GENERAL REQUIREMENTS (continued)

Fulfillment of Credit-Hour Requirements

Bylaw 14.4.3.1

(18/24 Hour Rule)

Subsequent to the student-athlete's first academic year in residence, or after the student athlete has utilized one season of eligibility in any sport at the certifying institution, eligibility for competition shall be determined by the student-athlete's academic record in existence at the beginning of the fall semester or at the beginning of any other regular term of that academic year, based upon:

- Satisfactory completion prior to fall semester of a cumulative total of **at least 18 semester** hours during the previous academic year (fall and spring semester) OR satisfactory completion prior to the fall semester of a cumulative total of at least **24 semester** hours during the previous academic year following completion of the first year of enrollment ONLY.

NOTE: Hours taken during the summer will not count toward this requirement and,

- Satisfactory completion of a **minimum of 6 hours** of academic credit in the previous academic semester.

Fulfillment of Percentage of Degree Requirements

("40/60/80" Rule)

A student-athlete who is entering his or her fifth semester of collegiate enrollment shall have completed at least 40 percent of the course requirements in the student's specified degree program. This applies to the eligibility not only of a continuing student, but also of a transfer student from a two- or four-year collegiate institution, even if the student has not completed an academic year in residence or used a season of eligibility at Coastal Carolina University.

NOTE: The student-athlete must also officially declare his/her major by the beginning of classes of his/her fifth semester (junior year).

A student-athlete entering his or her seventh semester of enrollment shall have completed at least 60 percent of the course requirements in the student's specified degree program. A student-athlete entering his or her ninth semester of enrollment shall have completed at least 80 percent of the course requirements.

NOTE: Any student-athlete who plans to change his/her major, should check with the Student-Athlete Academic Support Services Staff to make sure the changes will not affect his/her eligibility status.

Fulfillment of Minimum Grade-Point Average Requirements

Bylaw 14.4.3.3.

("90/95/100" Rule)

A student-athlete who is entering his or her third semester of collegiate enrollment, shall present a cumulative minimum grade point average that equals at least 90 percent (**1.800**) of Coastal Carolina's overall cumulative minimum grade-point average required for graduation (2.000). This applies to the eligibility of a mid-year transfer student from a two- or four-year collegiate institution who has completed an academic term in residence, or has used a season of eligibility at Coastal Carolina.

A student-athlete who is entering his or her fifth semester of enrollment shall present a cumulative minimum grade point average that equals at least 95 percent (**1.900**) of Coastal Carolina's overall cumulative grade point average for graduation (2.000). A student-athlete entering his or her seventh and subsequent semesters shall present a cumulative minimum grade point average that equals Coastal Carolina's overall cumulative grade-point average for graduation (**2.000**).

NCAA ELIGIBILITY AND GENERAL REQUIREMENTS (continued)

NCAA RULES THAT AFFECT ELIGIBILITY

EXTRA BENEFIT

An extra benefit is any special arrangement by a college or university employee or representative of the school's athletic interests to provide a student-athlete or the student-athlete's relative or friend a benefit not clearly stated in the **NCAA MANUAL**. If a benefit is not generally available to all students, it is not permissible by NCAA rules. For example, student-athletes may not have free or reduced cost professional or entertainment services such as physical therapy and/or chiropractic treatments, as well as movie tickets, restaurant meals and the use of an automobile. Violation of the NCAA "Extra Benefits" rule by a student-athlete may result in loss of eligibility.

GAMBLING

In accordance with NCAA rules and regulations, staff members of a conference office, staff members of the athletic department of a member institution and student-athletes cannot knowingly provide information to assist individuals involved in organized gambling activities concerning intercollegiate athletics competition, solicit a bet on any intercollegiate team, accept a bet on any team representing the institution, solicit or accept a bet on any intercollegiate competition for any item (cash, shirt, dinner) that has tangible value, or participate in any gambling activity that involves intercollegiate or professional athletic through a bookmaker, parlay card or any other method employed by organized gambling. If a student-athlete has any concerns regarding gambling activities, he/she should bring these concerns to the attention of his/her coach or athletic department staff immediately. If a student-athlete is caught in a gambling activity, his/her eligibility to participate in intercollegiate athletics will be jeopardized.

EMPLOYMENT

Student-athletes are allowed to earn legitimate on- and off-campus employment income during the academic year. Please note the following guidelines:

- The student-athlete may not receive any extra compensation from the employer due to the benefits he/she has obtained through participation in athletics.
- The student-athlete is compensated only for work actually performed.
- The student-athlete is compensated at an equivalent rate with the common rate for similar services in the local area.

ATHLETICS REPRESENTATIVES (BOOSTERS)

The NCAA allows student-athletes some access to athletic representatives. However, all student-athletes must follow guidelines set forth in bylaw 13.0 in regard so their relationship with such representatives. Athletic representatives are those individuals who are known or should be known by members of the University or Department of Athletics administration to have acted in the interest of the Department of Athletics in some manner. Such actions would include:

- Holding previous or current membership in the Chanticleer Athletic Foundation.
- Making donations of any kind to a men's or women's athletic team.
- Promoting the athletic program.
- Assisting in the recruitment of prospective student-athletes.

Specifically, athletic representatives are allowed to:

- Provide employment for prospective and enrolled student-athletes at the regular rate of pay for similarly situated non-athletic employees.
- Invite a team for dinner. Arrangements for this activity should be made through the head coach.
- Attend junior high school, high school or collegiate public (awards banquet, dinner) events.

NOTE: *Any individual who becomes an athletic representative retains such identity indefinitely.*

NCAA ELIGIBILITY AND GENERAL REQUIREMENTS (continued)

GENERAL PLAYING SEASON REGULATIONS

Each individual sport at Coastal Carolina must adhere to practice and playing season regulations as set forth by the NCAA. Such regulations include:

- A maximum of eight hours per week of required strength training, conditioning, and individual skill sessions/film review sessions (Football only) in the off-season.
- A maximum of four hours of practice and/or competition per day while in-season (applies only whenever school is in session).
- A maximum of 20 hours of practice per week while in-season (applies only whenever school is in session).
- A student-athlete is required to have one day off during the season and two days off during the off season.

Coaches are required to submit weekly practice logs via the ARMS compliance system. A student-athlete is required to verify every practice log throughout the academic year.

PROFESSIONAL STATUS: AGENTS

It is necessary that each student-athlete understand the NCAA rules related to professional sports. Violations of rules concerning agents could have serious consequences for the student-athlete and the university.

NCAA rules prohibit:

- Agreeing, either orally or in writing, to be represented by an agent or professional organization in the marketing of athletic ability or reputation until after completion of the student-athlete's last completion, including post season games.
- Negotiating or signing of a playing contract in any sport in which a student-athlete still wishes to compete at the NCAA Division I level.
- Asking to be placed on a professional league's draft list.
- Accepting payment of expenses or gifts of any kind (including transportation and meals) from an agent.
- Receiving preferential benefits or treatment (i.e. loans with deferred payback basis) because of reputation, skill or payback potential as a professional athlete.

If there are questions concerning participation in professional sports or involvement with agents, please see Administrative Staff and/or Compliance for assistance.

TRANSFER POLICY

Student-athletes who wish to transfer to another institution must first receive a permission to contact letter prior to having **ANY** contact with other institutions. This applies to both student-athlete initiated contact and contact initiated by other institutions.

Procedure to obtain permission to contact:

- A student-athlete must inform and gain approval from his/her coach prior to obtaining contact letter.
- The student-athlete's coach will inform the Director of Compliance of the decision to grant permission for contact
- Once permission is granted, the student-athlete will be informed by the Director of Compliance to meet with the Faculty Athletic Representative to conduct an exit interview.
- Upon completion of the exit interview, the student-athlete should contact the Director of Compliance to obtain the permission to contact letter.

NCAA ELIGIBILITY AND GENERAL REQUIREMENTS (continued)

TRANSFER POLICY (continued)

- If permission is denied, the student-athlete may appeal the decision by contacting the Director of Athletics.

Coastal Carolina University does **NOT** grant permission for student-athletes to transfer to other Big South member institutions.

Please note: Not following these transfer policies is a violation of NCAA Bylaw 13.1.1.3. and may impact the student-athlete's eligibility.

FINANCIAL ASSISTANCE

GENERAL SCHOLARSHIPS

A wide variety of scholarships are available to students attending Coastal Carolina University. Each scholarship has distinctive criteria (e.g. academic major, financial need, residency). Scholarship eligibility is determined from a general application and scholarship awards are subject to availability of funds.

Requests for the application and information relating to the scholarship program should be obtained from the Office of Financial Aid and Scholarships located in Kingston Hall.

GRANTS-IN-AID

Each sport is allocated a specific number of grants-in-aid (scholarships) based on NCAA and Coastal Carolina University regulations. These scholarships are awarded by the University's [Office of Financial Aid and Scholarships](#) based on the recommendation of the Head Coach of the sport and the approval of the Director of Athletics. Scholarships are awarded for one academic year.

The Head Coach makes recommendations regarding renewals on or before July 1 of the academic year for which it is awarded.

Coaches who reduce or cancel a student-athlete's athletic aid must have the change approved by the Director of Athletics. If a reduction and/or cancellation is approved by the Director of Athletics, the student-athlete will be notified in writing of the reduction/cancellation. The student-athlete will have 30 days in which he/she may appeal the reduction or cancellation. The student-athlete should contact Director of Financial Aid and Scholarships.

9th/10th SEMESTER (Fifth-Year Aid) and STUDENT-ATHLETE GRANTS-IN-AID

When receiving fifth-year aid, the student-athlete will receive athletic scholarship funds based on the amount of athletic scholarship received the previous academic year and not to exceed full out-of-state tuition. Room, meals, and books are not included in fifth-year athletic scholarships.

To be eligible for fifth-year aid, student-athletes must:

- Be within 30 hours of graduation
- Exhausted all athletic eligibility
- Be in good standing with the respective sports programs, Department of Athletics, and University
- Meet the application deadline for the fifth-year application
- Each candidate is subject to the approval of the Student-Athlete Fifth-Year Committee
- Student-athlete must be in good academic standing

To participate and remain in the program student-athletes must:

- Maintain 12 credit hours unless the student-athlete is in the final semester prior to graduation and degree completion
- Maintain NCAA academic eligibility at all times
- Will work a maximum of five hours per week or 75 hours per semester for the Department of Athletics as assigned
- Must attend all fifth-year meetings
- Must maintain a 2.0 cumulative GPA and follow his/her academic plan

FINANCIAL ASSISTANCE (continued)

SUMMER SCHOOL

Due to budgetary constraints, summer school is only offered to a select number of student-athletes, and to those student-athletes who need to attend for eligibility purposes. **As of the summer of 2012, no student-athlete will receive athletic aid to cover the cost of summer school if they receive an F in any class during the 2015-2016 academic year.** Student-athletes who qualify to receive athletic aid for summer school will only receive up to a **maximum of 3 credit hours** worth of tuition. Anyone requiring more than 3 hours will be personally responsible for the cost associated with the additional hours.

Failure to pass or withdrawal from a summer school class will result in the student-athlete being charged for the amount of athletic aid received for that class.

Note: The Summer School Policy is subject to change due to budgetary restrictions throughout the fiscal year.

Attendance of Summer School at another Institution (Transient Study)

Credit for work completed at other institutions by Coastal Carolina University students will not be accepted for transfer if the student has previously failed to earn the required grade in an equivalent course at Coastal Carolina University. Credit for other courses will be accepted only under the conditions that:

- Each course has been approved in advance by the Dean or the Provost and such approval filed in writing with the Office of the Registrar
- Each course has been passed with a grade adequate for transfer purposes (normally a C or above)
- Each course was taken for “academic credit”

Note: If a student has taken a class and received a grade at Coastal Carolina University in an academic class they may not attempt the class at another institution and transfer the credit back to Coastal Carolina University.

PROFESSIONALISM

An individual is not eligible for participation in an intercollegiate sport or receipt of athletic financial aid if that individual has ever been a professional in that sport. An individual becomes a professional if he/she:

- Signs a contract or commitment of any kind in that sport, regardless of its legal enforceability or any consideration received.
- Participates on a team and knows (or had reason to know) that the team is a professional athletics team in that sport.
- Receives, directly or indirectly, a salary or reimbursement of expenses from a professional organization in his/her sport based upon athletics skill or participation, except as permitted by NCAA bylaw 12.1.

It is essential that student-athletes know the NCAA rules related to professional sports. A violation of the rules concerning an agent could have severe negative consequences for the University and the student-athlete.

FINANCIAL ASSISTANCE (continued)

PROFESSIONALISM (continued)

NCAA rules forbid a student-athlete to:

- Agree, orally or in writing, to be represented by an agent or organization in the marketing of his or her ability or reputation until after completion of the last intercollegiate contest, including post season;
- Negotiate or sign a playing contract in any sport in which the student-athlete intends to be compete;
- Ask to be placed on a professional league's draft list, except as provided for basketball per NCAA Bylaw 12.2.4.2.1.;
- Accept payment of expenses or gifts of any kind from an agent (includes meals and transportation);
- Receive preferential treatment or benefits (loans with deferred payment) because of reputation, skill or payback potential as a professional athlete; and
- Retain professional services for personal reasons at less than the normal charge from a representative of his or her school's athletic interest.

BOOK POLICY AND PROCEDURES

If books are awarded the following guidelines are to be followed:

- The Compliance Office will compile a list of student-athletes receiving textbook scholarships and submit this list to the bookstore prior to the beginning of the upcoming semester. Student-athletes on book scholarships will receive a Book Requisition Form with their upcoming schedule attached. The form needs to be taken to the bookstore in order to get your textbooks.
- Once books are picked up, invoices are sent to the Compliance Office and monitored to verify that student-athletes have not been over-awarded in terms of book scholarships.
- Items listed on each receipt will then be transposed onto book return receipts to be used at the end of the semester.
- Each student-athlete is required to return books to the bookstore at the end of each semester during the week of final examinations, during a set time and to a designated member of the athletic department.
- The Compliance Office will compile a list of student-athletes who did not return books by 5 p.m. on the last day of examinations. The list, which will include books not returned and the total dollar value of those books, goes to the Office of Student Accounts and the charges are applied to the appropriate accounts.
- Books obtained through textbook scholarship must be purchased through the CCU Bookstore on campus unless otherwise authorized.

As stated above, student-athletes receiving textbook scholarships will be charged for all books not returned by 5 p.m. on the last day of examinations each semester. A textbook scholarship covers only the actual cost of books. It does not cover additional items such as notebooks, date books, calculators, backpacks or apparel. Items such as these and any other non-essential purchases will have to be paid for by the student-athlete. Because books have a tangible value remaining on them at the end of the semester, it would be considered an extra benefit to allow student-athletes to keep them. If a student-athlete wants to keep a book, he or she will be charged accordingly.

STUDENT-ATHLETE WELFARE

SPORTS PERFORMANCE

Mission Statement: The Coastal Carolina University Sports Performance Department is a unique collaboration of Athletic Training, Strength and Conditioning, Nutrition, Sport Psychology, and auxiliary services. This integration of disciplines achieves a comprehensive program to develop the complete student-athlete.

The Coastal Carolina Athletic Training staff consists of six NATA-certified staff athletic trainers, six athletic training assistants, numerous affiliated team physicians and many local allied health care providers and specialists.

Athletic trainers are educated and highly skilled allied health care professionals. In cooperation with physicians and other allied health care providers, athletic trainers function as members of the athletic health care team. Athletic trainers are required to maintain Continuing Education Requirements by their national certifying body (NATA Board of Certification) and the State of South Carolina.

Athletic trainers at Coastal Carolina University are certified by the National Athletic Trainers' Association Board of Certification, and by the South Carolina Department of Health and Environmental Control (DHEC). These bodies require written and oral examinations that test skills in the five domains of athletic training once a degree program has been completed.

All Athletic trainers are expected to be competent in the following areas:

- Risk management and injury prevention
- Pathology of injuries and illnesses
- Assessment and evaluation
- Acute care of injury and illness
- Pharmacology
- Therapeutic modalities
- Psychosocial intervention and referral
- Health care administration
- Professional development and responsibility
- Provide therapeutic exercise for general medical conditions and disabilities
- Nutritional aspects of injury and illness

STUDENT-ATHLETE WELFARE (continued)

RICHARD M. WARD, M.D. SPORTS PERFORMANCE CENTER POLICIES AND PROCEDURES

The Coastal Carolina University Ward Sports Performance Center (SPC) is located near Brooks Stadium. There is a satellite facility for men's and women's basketball, and volleyball located in Student Recreation Convocation Center, room 118. Hours of operation are posted at each facility. A member of the Athletic Training Staff is available at all practices and/or competitions for all intercollegiate sports.

In order for the Sports Performance Center to operate effectively, student-athletes must adhere to the following guidelines:

- Report all injuries and/or illnesses to athletic training staff in timely manner
- All rehab should be conducted prior to 1 p.m.
- Profanity will not be tolerated
- Cell phones will not be allowed in athletic training room; please turn them off prior to entering
- No food and/or drink allowed
- No tobacco products
- No horseplay
- Please remember that the athletic training room is a co-ed facility and should be treated as such
- Only those in need of treatment and/or rehab are allowed in athletic training room
- Please shower prior to treatment after practice and/or games
- Do not alter temperature of whirlpools without authorization of athletic training staff
- Do not adjust TV and/or radio without permission
- Student-athletes are not allowed to use phones or computers for personal business
- Student-athletes must sign in upon entering athletic training room for treatment or rehab
- No shoes on the tables
- No cleats and/or spikes in athletic training room
- Do not clutter athletic training room with bags, jackets, etc.; please leave unnecessary items in hallway
- No self treatments; student-athletes are not allowed to adjust modalities without assistance from an athletic trainer
- Treatments are not an excuse to miss classes and/or practice
- Do not ask for an excuse from the athletic training department

PRE-PARTICIPATION PHYSICALS

All students who participate in intercollegiate athletics must have a current physical on file in the athletic training room. Policy requires that a "licensed medical doctor" perform this physical. Physicals must be completed within six months of participation date.

Each student-athlete is required to have a physical, using our form, prior to participation in any intercollegiate activity. The Coastal Carolina Athletic Training staff will provide physicals for all recruited student-athletes or he/she may receive a physical from their family physician.

Note: Per NCAA guidelines all students who participate in a "Tryout Session" must have full physical exam completed and on file.

STUDENT-ATHLETE WELFARE (continued)

MEDICAL RELEASE INFORMATION

Prior to participating in athletics at Coastal Carolina University, several forms must be completed. These include that aforementioned pre-participation physical examination, a participation waiver form (both of which accompany the physical form) and an emergency information form. This is especially vital because it provides valuable information that would be needed in case of an emergency. In addition, we also require **a copy of all medical cards** (front and back). If the primary insurance is changed at any time during the academic year, a copy of the new information must be provided to update your medical file. This information allows us to send and receive pertinent medical information from other medical providers and insurance companies, which allows us to expedite payment if you become injured and incur medical bills.

All student-athletes are required to supply and complete this information prior to competing or practicing.

INSURANCE

Coastal Carolina University provides a secondary insurance policy. It is important that the aforementioned steps, to provide the sports medicine staff the necessary copies of medical cards and demographics. When an injury occurs and it is necessary to refer that student-athlete to physician, those charges will go through the student-athlete's primary insurance. Depending on what that particular insurance company does on the claim, Coastal Carolina University's secondary insurance policy will consider the excess. Please be aware that all medical claims will be billed in the student-athlete's name and they will be responsible to communicate with the Athletic Training Department on outstanding claims and balances. Failure to do so may result in a loss of coverage from the Secondary Insurance program.

NOTE: Coastal Carolina University is not responsible for any medical bills incurred while the student-athlete is injured if the student-athlete does not have a primary insurance policy. ***DO NOT*** cancel your primary insurance policy and expect to have medical bills paid through Coastal Carolina University. All referrals for second opinions must be authorized by the Athletic Training Department to be eligible for consideration of payment through the University's secondary insurance policy.

NON-ENROLLED FRESHMAN

It is against NCAA rules (13.2.7) for any prospect who is not currently enrolled to receive medical services from the Department of Athletics.

IN THE EVENT OF AN INJURY

At Coastal Carolina University:

- Athletic and other injuries that occur should be reported to the Athletic Training staff when the injury occurs. The staff will evaluate the injury and determine the appropriate course of action. Treatment is based on the athletic trainer and established protocols furnished by the team physicians. In most cases, injuries are minor in nature and the student-athlete can be successfully treated in the Ward Sports Performance Center. If the injury is a major injury, the Athletic Training staff will refer the student-athlete to the team physician.

Traveling with an athletic team:

- In most cases a member of the Athletic Training staff will travel with your team; in the event one is not available, please notify your coach or see the medical staff of the host team. It is important that you report any injuries to the staff Athletic Trainers once you return to campus.

STUDENT-ATHLETE WELFARE (continued)

IN THE EVENT OF AN INJURY (continued)

Parents:

- Our team physicians are board certified or eligible orthopedic surgeons – with subspecialty training in sports medicine, hand surgery, foot and ankle surgery and spine surgery.
- If you have questions or are concerned about an injury that your son or daughter has suffered while participating in intercollegiate athletics at Coastal Carolina University, please contact the staff Athletic Trainer for their respective sport directly.

General and Follow-Up Care

- In order to ensure that student-athletes recover from their athletic injuries, it is extremely important that they make every effort to comply with the recommended care that is specified by the athletic training staff member until no further care is required as determined by the staff.
- The athletic training staff is not responsible for your recovery if you fail to comply with your treatment or rehabilitation schedule as instructed. Your lack of attendance will be reported to the coaching staff.

Referrals

- Once a member of the athletic training staff has seen an injured student-athlete, they will then determine whether referral to one of our team physicians is necessary. If further referral is necessary, the team physician will then make that decision to refer to the appropriate health care provider. All decisions made by the team physician, with consultation by the referral physician are final. A student-athlete who takes matters into their own hands, or who is referred to a health care professional by someone other than a member of the athletic training staff, **WILL NOT** be covered by the Coastal Carolina University Department of Athletics secondary insurance policy.

DRUG AND ALCOHOL POLICY:

The Coastal Carolina University Department of Athletics Drug and Alcohol Policy will be explained in detail during a pre-season meeting with each team. All student-athletes must complete a Drug and Alcohol Policy Consent Form prior to participating with their respective teams.

NCAA BANNED SUBSTANCES:

The NCAA has established a list of banned substances through adoption of Bylaw 31.2.3. Please contact NCAA education services or visit [the NCAA website](#) for the current list. The term “related compounds” comprises substances that are included in the class by their pharmacological action and/or chemical structure. **No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.**

Many nutritional/dietary supplements contain NCAA banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional/dietary supplements cannot be guaranteed. Impure supplements may lead to a positive drug test. The use of supplements is at the student-athlete’s own risk. Student-athletes should contact their institution’s team physician or athletic trainer for further information.

STUDENT-ATHLETE WELFARE (continued)

EDUCATIONAL RIGHTS & PRIVACY (BUCKLEY AMENDMENT 1976)

At the beginning of each year, student-athletes are required to sign a conditional waiver of the Buckley Amendment. This grants permission to University faculty and staff to review the student-athlete's academic record and report it to the NCAA for the purposes of athletic eligibility.

In addition, student-athletes who are to be recognized for academic honors will be asked to complete a supplemental release form. The purpose of this second form is to grant permission to publicly release the student-athlete's grade point average (GPA) to the public, media and award sponsors.

STUDENT-ATHLETE WELFARE (continued)

SPEED, STRENGTH AND CONDITIONING WATSON STRENGTH AND CONDITIONING CENTER

Freshmen and transfer student-athletes must have a medical checkup from the sports medicine staff before being allowed to train. The guidelines for the CCU Strength and Conditioning program are listed below:

- All workouts are mandatory. Each student-athlete is expected to complete the workout with full intensity.
- No student-athlete is excused from a training session without speaking to the strength coach. If an student-athlete is injured, the strength coach will consult with the trainer and a modified training sheet will be developed.
- Student-athletes will report on time to the training facility.
- Student-athletes will train in proper workout attire (T-shirts, shorts, sweat, and sneakers, preferably CCU issued). No other university will be represented. Clothing must be modest and not revealing. No spandex, sports bras, tank tops, cut off T-shirts, or removal of T-shirts is allowed. No hats of any kind will be worn during training.
- Each student-athlete will strip down their bar and replaced weights. Dumbbells, straps, and clips will be placed in proper location.
- Each student-athlete will fill out their training log.
- Student-athletes will respect each other, the facility and the coaching staff or they will be removed from the room.
- No team or individual will be allowed to train without supervision. No exceptions!

WATSON STRENGTH AND CONDITIONING CENTER POLICIES

Workouts:

1. Prior to participation, athletes must have clearance from the Sports Medicine Staff.
2. All athletes must be informed on common risks involved in strength training, the proper execution of various exercises, and the possible consequences if proper technique is not employed.
3. Athletes are to have a workout program card, follow it, and record contents.
4. If an athlete has an injury that inhibits a portion of the workout, the athlete must receive a modified program outlining which movements are to be avoided and which ones may be substituted.
5. There must be a supervising Athletic Trainer present in the weight room for any athlete performing a rehab workout that is separate from a group/team lifting session with the team Speed, Strength and Conditioning Coach (SSC).

Lifting:

1. Athletes should never place bars, plates, dumbbells, etc., on any upholstery unless part of a designed training regimen.
2. Athletes are required to use collars on the end of the bars and pins on all machines.
3. When Barbell Back Squatting athletes must be over the spotter bars as well as have them set at appropriate height.
4. Athletes should provide support and safety to other athletes by spotting any multi-rack or dumbbell exercises (as designated by SSC).
5. Bumper plates are required when outside the rack for all exercises.
6. If Jump Stretch Bands are attached to equipment they will not be placed on sharp edges.
7. Athletes must not wear leather weight belts when the belts could contact equipment upholstery.

STUDENT-ATHLETE WELFARE (continued)

WATSON STRENGTH AND CONDITIONING CENTER POLICIES (continued)

- Athletes should not set plates or DBs on the floor or lean them against equipment or walls. Athletes should return dumbbells to the rack in the proper order. Athletes should not drop or throw either weights or dumbbells.
- Athletes should return any equipment moved to and from balcony area.
- Athletes will minimize chalk powder on the floor.
- Athletes should wear proper training attire, particularly shirts and athletic shoes, as deemed appropriate by SSC Staff.
- Only Coastal Carolina University issued clothing / colors as well as neutral colors are acceptable. High School, other university, or professional team clothing if worn will be turned inside out. Clothing issued as part of conference or tournament play will be accepted. All shoes must be tied prior to the beginning of the workout. Any team rules are to be followed as well (i.e. shirt tucked in).
- To prevent infection, sports bras are not to be worn as tops without another shirt; tank tops are allowed only in the cardio area; modified shirts that are cut into a tank top or low cut toward the hip and shorts at appropriate length will be determined by SSC Staff.
- Metal jewelry such as loose necklaces, bracelets, and hanging earrings should not be worn.
- Sport Watches may be worn unless specified otherwise (staff discretion or team rule).
- No headgear, hats, bandanas, etc. The use of headbands is permitted for the specific purpose of keeping hair out of the way during a workout (this will be at the discretion of the SSC Staff).

Weight Room:

- Athletes will not use electronic communication devices in the weight room. They are to be left with personal items in the designated cubby spaces.
- The use of personal audio devices and headphones is permitted in the cardio area only.
- The Speed, Strength and Conditioning Staff are not responsible for users' personal belongings; either lost or stolen items. Any items left in the cubby area will be removed at the end of each day and placed in a lost & found. Items left in the lost & found at the end of the semester will be sent to Goodwill.
- Athletes will show respect for equipment and facilities at all times; spitting in or defacing the weight room facility is not tolerated and will result in immediate consequence to be determined by Speed, Strength and Conditioning Coach.
- Excessive horseplay, offensive language, or temper tantrums are to be controlled.
- The staff offices and telephones are off limits to athletes unless permission is given.
- It is expected that the established supplementation policy be followed and not abused.
- Athletes should immediately report any facility-related injury, or facility/equipment irregularity to the Staff.
- Tobacco, food, chewing gum, glass bottles, cans, alcohol, drugs and banned substances are not allowed in the weight room; plastic water bottles with caps are acceptable and encouraged.
- ALL towels will be placed in bin and waste will be placed in trash receptacles, this includes: cone cups, bar wrappers, tape, etc.
- Athletes will keep feet off the walls unless deemed appropriate by Speed, Strength and Conditioning Staff.

Faculty/Staff/Guests/Visitors:

- Current student-athletes have priority over all facility equipment and usage. There are designated times for faculty/staff/guests/visitors to lift each semester.

STUDENT-ATHLETE WELFARE (continued)

WATSON STRENGTH AND CONDITIONING CENTER POLICIES (continued)

2. Athletics Department personnel can use these facilities for personal workouts if they do not interfere with the needs of the athletes.
3. Non-Athletics Department personnel are permitted to use the facilities with notification to the Director of Speed, Strength and Conditioning after signing a waiver form.

The on-duty Speed, Strength and Conditioning Staff member has authority over all weight room conduct and use of equipment, and may ask anyone to leave the facility for failure to follow procedures.

CHAMPIONS FOR LIFE SKILLS PROGRAM

The Department of Athletics participates in the NCAA Student-Athlete Affairs Program in preparation of creating Champions For Life. The program emphasizes five major areas of commitment: academics, athletics, personal development, career development, and community service. As a result of this endeavor several projects and programs have become an integral part of the athletic department. The following are some of the programs that have developed as a result of the Champions For Life Skills Program:

Educational Seminars

Guest lecturers and speakers are invited to speak to student-athletes on various topics. All sessions are mandatory for student-athletes. Topics may include but are not limited to: leadership, time management, etiquette training, career development (resume and interview skills), nutrition, financial planning, drug and alcohol education.

Community Service

Teams and individuals are encouraged to get involved with projects that will serve others on campus or in the community. Past projects have included The Chants for Kids program, The Miracle League, Habitat for Humanity, and Special Olympics.

STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC)

Mission Statement: The Student-Athlete Advisory Committee (SAAC) is assembled to create and inspire leadership by providing insight on the student-athlete experience and enhance the effectiveness of the Department of Athletics through academic and athletic excellence.

Expectations of SAAC members

- Active attendance at all bi-weekly meetings
- Promote healthy discussion regarding athletic and university policies
- Continuous communication with respective teams and coaches regarding committee discussions and events
- Participate in team, department and conference community service projects
- Encourage positive sportsmanship by supporting fellow student-athletes in their academic and athletic endeavors.

Opportunities for SAAC members

- Coordinate events within the Department of Athletics and throughout the community
- Assist with the creation of policies and procedures of the Department of Athletics
- Network with other student-athletes locally and nationally
- Discuss and vote on NCAA Legislation
- Gain valuable professional experience to assist with professional development

APPENDIX A (page 1)

COASTAL CAROLINA UNIVERSITY DEPARTMENT OF ATHLETICS STUDENT-ATHLETE HOST AGREEMENT

Name of Prospective Student-Athlete

Sport

Name of Student-Athlete Host (please print)

Your role as a student-athlete host is very important in your team's recruiting process. By agreeing to serve as a host, you take on a responsibility to understand and abide by NCAA, Big South Conference, Coastal Carolina University institutional guidelines, and CCU Athletics policies. You are expected to display conduct of the highest integrity while representing your team and your school. **Any violation of university policy or laws of the state of South Carolina will not be tolerated.** Please remember that you are an ambassador of Coastal Carolina University and the Department of Athletics family. Your actions should reflect positively on the department, the institution and yourself. You help provide an opportunity for prospects to evaluate the academic, campus, social, team, and community environments, while maintaining standards of appropriate conduct and accountability.

1. You are responsible for keeping your recruit on time for appointments. You need to be constantly aware of the recruit's schedule. You must attend all functions with your recruit unless excused by your coach.
2. You may use student-athlete host money for entertainment or meals for only you and the recruit. Other team members must pay for their own meals and entertainment. The recruit may be entertained only within a 30-mile radius of campus.
3. You must handle the money personally and not give it directly to the recruit. You cannot use the money to buy the recruit any kind of souvenir (e.g., T-shirt, hat). You cannot arrange for the recruit to receive a discount on merchandise at a sporting goods store or any other place of business.
4. You need your own transportation. You cannot borrow a coach's car or any University vehicle. A coach can, however, provide you and the prospect with a ride on an official visit.
5. Representatives of Coastal Carolina University's athletic interests (boosters) are not allowed to be involved in recruiting a prospect. If during the official visit, you and the recruit come into contact with a representative of CCU's athletic interests, the conversation must be limited to an exchange of greetings.
6. You may receive a complimentary admission (pass list, no real ticket) when accompanying a prospect to a campus athletic event.

APPENDIX A (page 2)

7. Alcoholic beverages are prohibited when entertaining a recruit. Underage drinking and the use of illicit drugs are against the law and therefore, prohibited.
8. Providing/purchasing sexual favors, attending adult entertainment establishments, purchasing pornography or any engagement with sexually explicit material are inappropriate and prohibited.
9. Engaging in any gambling of any kind (e.g., placing bets on athletic events) during the course of an official visit is forbidden.
10. Failure to abide by these and all NCAA, BSC, and CCU recruiting rules and regulations can result in suspension from your team, cancellation of your scholarship, loss of eligibility to compete, and sanctions in accordance with the Student Code Conduct.

My signature below indicates:

- I have read the above guidelines and agree to abide by these and all NCAA, BSC, and CCU rules.
- I have received \$_____ (not to exceed \$40/day) to entertain the prospective student-athlete named above.

Student-Athlete Host Signature

Date

Student-Athlete Name (please print)

Sport

I certify that the student-athlete host has read the above instructions and received entertainment/meal funding from me to be used in a manner consistent with NCAA, BSC, and CCU rules governing official visits.

Coach/Department of Athletics Staff Signature

Date

Being selected as a student-athlete host is a great privilege, and as with any privilege comes responsibility. Please understand all of the ramifications before accepting this assignment and agreeing to the above terms.

APPENDIX B

COASTAL CAROLINA UNIVERSITY DEPARTMENT OF ATHLETICS SPORTSMANSHIP STATEMENT

Coastal Carolina University will set the standard in the Big South Conference and develop a reputation nationally for the exemplary sportsmanship demonstrated by our student-athletes, coaches, staff members and spectators. We expect everyone attending or competing in an event – at home or on the road – to display the highest standards of responsible sportsmanship toward student-athletes, coaching and support staff members, game officials, and among fans. It is important to remember, you are always a representative of the Coastal Carolina University Department of Athletics, both home and away, so do your part to make athletic events involving the Chanticleers safe, wholesome and enjoyable for all in attendance.

With the Big South Conference and its member institutions, Coastal Carolina University is committed to creating a safe, comfortable and enjoyable experience for all fans. When competing in or attending an athletic event, student-athletes are required to refrain from the following:

- Behavior that is unruly, disruptive, or illegal in nature.
- Use of foul or abusive language, or obscene gestures.
- Interference with the progress of the event (including throwing objects onto the playing surface).
- Failure to follow instructions of event personnel.
- Verbal or physical harassment of participants, officials, fans or event personnel.

Event attendees are also responsible for their conduct. Event staff will promptly intervene to support an environment where fans can enjoy the event free from the above behavior. Event attendees that violate these provisions may be subject to ejection without refund and loss of ticket privileges for future events.

I have read and understand the above statement and will abide by its guidelines as acknowledged by my signature below.

Student-Athlete Signature

Date

Student-Athlete Name (please print)

Sport

As revised July 2012

APPENDIX C

COASTAL CAROLINA UNIVERSITY DEPARTMENT OF ATHLETICS RECIPT OF STUDENT-ATHLETE HANDBOOK

At the conclusion of the team meeting, it is your responsibility to view the student-athlete handbook on our website at www.goccusports.com.

Please sign below stating that you have viewed the 2015-2016 Student-Athlete Handbook and understand you are responsible for adhering to the guidelines set forth in its contents.

Upon reading the Student-Athlete Handbook, Please RETURN this document to your Head Coach.

I, _____, have viewed the 2015-2016 Student-Athlete Handbook.

I understand that it is my responsibility to read, know and follow the guidelines set forth in this handbook. In the event that I am not clear about any of the contents in the handbook, it is my responsibility to seek clarification from my coach or a member of the Department of Athletics administrative staff.

Student-Athlete Signature

Date

Student-Athlete Name (please print)

Sport

Print this page (Appendix C), sign and return to your head coach or one of the academic advisors in the Will Garland Academic Enhancement Center.