Coastal Carolina University
Athletic Training Department
Policy and Procedure Manual
Drugs and Alcohol
Revised/Reviewed 7/2011

DRUG AND ALCOHOL POLICY:

Coastal Carolina University is committed to providing a campus environment free of the abuse of alcohol and the illegal use of alcohol and drugs. To strengthen that commitment, the University has adopted and implemented a program that seeks to prevent the abuse of alcohol and drugs by the University community, which includes its employees and students. Coastal Carolina University recognizes that illegal or abusive use of alcohol and drugs by members of the campus community jeopardizes the safety of the individual and the campus community and is harmful to the academic learning process. Coastal Carolina University is, therefore, committed to having a campus that is free of the illegal or abusive use of drugs and alcohol. This policy is implemented in compliance with the federal Drug-Free Workplace Act of 1988, the Drug-Free Schools and Communities Act Amendments of 1989, and the South Carolina Drug-Free Workplace Act of 1990.

The Coastal Carolina University Department of Athletics Drug and Alcohol Policy is designed to give the student-athlete a means of obtaining assistance and direction in reference to alcohol and drug abuse. Those eligible for drug and alcohol testing are those individuals participating or involved in intercollegiate athletics as a student at Coastal Carolina University. All those participating in cheerleading and dance team may be subjected to drug testing in accordance with the policy as well as all walk-on and scholarship athletes practicing and/or competing in sports.

The purpose of the program is multifaceted. The program focuses on the following objectives:

1) Deterring the use of drugs and alcohol
2) Identifying substance abusers
3) Providing rehabilitation and educational services
4) Promoting the role of Coastal Carolina University student-athletes as representatives of the University and positive role models for the youth in the community
5) Penalizing student-athletes who do not adhere to the requirements of the program

Types of Drug Testing
Coastal Carolina University student-athletes may be selected for testing dependent upon the agency for which they may compete. Student-athletes may be selected for any of the following types of drug testing: institutional random, institutional reasonable suspicion, National Collegiate Athletic Association (NCAA) Championship and NCAA Year Round testing. Athletes competing for other agencies while participating for Coastal Carolina University may be subject to additional testing at the discretion of their governing body (i.e. USADA, WADA).

1. Institutional Random
The drug-testing schedule will be set by the athletic training staff with the approval of the Department of Athletics Drug and Alcohol Committee Chair or designate. The student-athletes will be notified the day of or the day prior to the screening, depending on the pre-arranged testing time. The athletic training staff will notify the team or selected student-athletes of the time and place for the screening.

2. Institutional Reasonable Suspicion

Student-athletes will be drug-screened and/or evaluated if there is probable cause to suspect alcohol, drug use or abuse. The coaching staff, an administrator, academic adviser, athletic trainer or strength coach may be aware of or see certain signs, symptoms or changes in behavior that may cause him or her to suspect substance abuse. These staff members have a duty to report any suspicions to either the head athletic trainer or athletic director. Reports will be forwarded to the director of athletics or designee. He/she will determine the need for counseling and/or testing. The objective measures that may be used to meet the requirements for reasonable suspicions are in appendix "B."

3. Institutional Team Testing

There may be times that an entire team is tested for Impermissible Substances. This may include but is not limited to the following reasons:

- Prior to post-season competition.
- Suspected widespread use of/or association with Impermissible Substances by team members.

4. NCAA Championship

In the event of an individual or team qualifying for NCAA Championship competition, the individual or team is subject to drug testing prior to, during, or post event by the NCAA.

5. NCAA Year Round Program

The NCAA reserves the right to test all sports in accordance with the Year Round Drug Testing Program.

6. Other Sports Agency (IOC, USADA, WADA)

A student-athlete under International or United States Olympic Guidelines may be drug tested as to those protocols governing the sport or agency.

Statement on the Use of Tobacco

In accordance with NCAA legislation, the use of tobacco products is prohibited by student-athletes and all game personnel (e.g., coaches, athletic trainers, managers and game officials) in all sports during practices and competition.

Statement on the Use of Alcohol

Coastal Carolina University is committed to creating and maintaining an environment free of alcohol abuse that complies with state and federal laws governing alcoholic beverages. There are serious health risks and behavioral problems associated with the misuse of alcohol. The use of alcohol during an athletic event is potentially dangerous to all parties involved.

All student-athletes are responsible for abiding by any state, local or university laws and policies related to the use of alcohol. For a detailed description and guideline of university requirements and regulations refer to the Coastal Carolina University Student Handbook on the University Web page.

Policy Statement on the Use of Supplements:
Coastal Carolina University does not condone the use of dietary supplements. Dietary supplements do not undergo federal government approval and are not tested for quality unlike prescription and over-the-counter medications. The product claims made by many dietary supplement manufacturers have not been based on scientific research in many cases. Many dietary supplements have not been subject to research by unbiased independent researchers in order to substantiate performance claims. The potential adverse and/or harmful effects of these substances have not been completely studied, but serious adverse effects have been reported in some instances. As there are minimal federal government labeling requirements for dietary supplements, some products may contain NCAA and/or Coastal Carolina University banned substances, which are not listed on the label. It is important for student-athletes to remember that **THEY WILL BE HELD RESPONSIBLE FOR EACH AND EVERY SUBSTANCE THAT ENTERS THEIR BODIES.**

By signing Coastal Carolina University's Department of Athletics Drug and Alcohol Policy Consent Form, the student-athlete:

1. Acknowledges that he/she understands the need to disclose all dietary supplements used to the head athletic trainer or team physician in appendix "A";
2. Acknowledges the aforementioned policies and statements, and fully accepts the detrimental and possibly permanent effects caused by the use of dietary supplements;
3. Fully accepts that they have been made aware of the Coastal Carolina University and the NCAA policies with regard to the use of dietary supplements;
4. Accepts any and all liability if they have in the past used, continue to use, and/or use at anytime in the future, dietary supplements in any form; and releases Coastal Carolina University, its agents and all personnel of any and all responsibility and liability related to such use.

Medical Exception Process
Coastal Carolina University recognizes that some banned substances are used for legitimate medical purposes. Accordingly, Coastal Carolina University allows exceptions to be made for those student-athletes with a documented medical history demonstrating a need for regular use of such a substance. Exceptions may be granted for substances included in the following classes of banned drugs: stimulants, beta-blockers, diuretics and peptide hormones.

The student-athlete is required to inform the head athletic trainer or team physician of all medications he or she is taking. Coastal Carolina University should maintain in the student-athlete's medical records a letter from the prescribing physician that documents the student-athlete's medical history demonstrating the need for regular use of such a drug. The letter should contain information as to the diagnosis (including appropriate verification), medical history, and dosage information.

In the event a student-athlete tests positive, the head athletic trainer in consultation with the team physician will review the student-athlete's medical record to determine whether a medical exception should be granted.

FOR COMPLETE DRUG TESTING PROGRAM (SEE CCU DRUG TESTING POLICY AND PROCEDURES)