Coastal Carolina University
Athletic Training Department
Policy and Procedure Manual
Pre-Participation Exams
Revised/Reviewed 7/2011

PRE-PARTICIPATION EXAMS:

NCAA Bylaw 17.1.5 Mandatory Medical Examination
Effective Date: May 01, 2007 (Division I); August 01, 2007 (Division II, Division III)
Prior to participation in any practice, competition or out-of-season conditioning activities (or, in Division I, permissible voluntary summer conditioning in basketball and football or voluntary individual workouts pursuant to the safety exception), student-athletes who are beginning their initial season of eligibility shall be required to undergo a medical examination or evaluation administered or supervised by a physician (e.g., family physician, team physician). The examination or evaluation must be administered within six months prior to participation in any practice, competition or out-of-season conditioning activities. In following years, an updated history of the student-athlete's medical condition shall be administered by an institutional medical staff member (e.g., sports medicine staff, team physician) to determine if additional examinations (e.g., physical, cardiovascular, neurological) are required. The updated history must be administered within six months prior to the student-athlete's participation in any practice, competition or out-of-season conditioning activities for the applicable academic year.

- Any licensed medical physician (e.g., team physician, student-athlete's personal physician) may conduct the medical exam, provided the medical exam is conducted **within six months** of the student-athlete's initial participation in athletically related activities at the Division I institution. Further, the institution may accept a form from the screening physician or can provide the student-athlete a form which outlines the standards for review. The pre-participation medical examination policy should be approved by the institution's team physician.

- A physician's assistant or nurse practitioner may administer the medical exam under the supervision and approval of a licensed medical physician.

- The purpose of the updated medical history is to assess problems that have occurred since the student-athlete’s medical examination. An institution's sports medicine staff (e.g., team physician) should determine if additional physical, cardiovascular or neurological exams are necessary by soliciting an interim medical history from the student-athlete. The updated history should combine a comprehensive questionnaire with height, weight, and blood pressure recordings that could indicate additional focused examination.

- Per Bylaw 16.4, an institution, at its discretion, may pay the expenses of a student-athlete's medical examination or updated medical history as these are medical expenses incidental to a student-athlete's

participation in intercollegiate athletics.

- This proposal requires all student-athletes and incoming prospective student-athletes to undergo an updated medical history or medical examination, respectively, before initiating participation in required athletics activities each academic year including tryouts.

Medical Examinations can be provided at any time to prospective student-athletes who have either signed the National Letter of Intent or have been accepted for enrollment in a regular full-time program of study at the institution. Examinations may occur during an official paid visit, attendance at summer school, or during a visit to the institution at the student-athlete's own expense. Medical examinations may occur prior to of after, but not during a prospective student-athlete's visit to campus to attend a general orientation session. (NCAA Bylaw 13.11.2.5.2)