



**CENTRAL MICHIGAN WOMEN'S
CROSS COUNTRY
& TRACK AND FIELD
RECORD BOOK**

ATHLETIC HONORS

TEAM MAC TITLES

Indoor

2002
2004

Outdoor

2004

Cross Country

1989
2000

MAC CHAMPIONSHIPS OUTSTANDING PERFORMER

Indoor

Erika Schroll (Field)2010

Outdoor

Raeanne Lohner (Track)2010

MAC CHAMPIONSHIPS MOST VALUABLE PERFORMER

Indoor

Tamera Thomas 2005, 2006

MAC COACH OF THE YEAR

Indoor

Kathleen Raske2002
Karen Lutzke2004

Outdoor

Keela Yount 1985
Karen Lutzke2004

Cross Country

Keela Yount 1986
Keela Yount 1989
Karen Lutzke2000

NCAA REGIONAL COACH OF THE YEAR

Kathleen Raske (Indoor)2002
Karen Lutzke (Outdoor)2004

ALL-AMERICANS

Chris Cooper, 5000m Run 1987
Suzy Bozin, High Jump2002
Tamera Thomas, Pentathlon.....2006
Karen Wilkinson, Javelin..... 1991
Maria Derezinski, Heptathlon2002
Milica Kulidzan, Javelin*2012

* Honorable Mention

INDIVIDUAL MAC CHAMPIONS

Indoor

April Widner, High Jump 1996
Andrea Baker, 60m Hurdles2000
Suzy Bozin, High Jump2000
Melissa Brousseau, Shot Put.....2001
Fallon Bailey, 60m Dash2003
Jackie Bozin, Pentathlon2003
Jackie Bozin, High Jump , Pentathlon2004
Tamera Thomas, 60m Hurdles, Pentathlon2005
Tamera Thomas, 60m Hurdles, Pentathlon2006
Jackie Smart, Triple Jump2007
Jenaie Edwards, 400m Dash2007
Erika Schroll, High Jump..... 2009, 2010
Shanaye Carr, 60m Hurdles..... 2010, 2011
Shawntoreah Turk, 400m Dash.....2014
Samantha Cuneo, 400m Dash2017

Outdoor

Pam Brown, 800m Dash 1981
Ruth Hubbard, 400m Hurdles1981
Sue Reimer, Heptathlon 1981
Connie Stempien, 10,000m Run 1981
Pam Brown, 800m Dash1982
Sue Bosch, 3000m Run.....1982
Sue Boosch, 5000m Run..... 1982
Cheri Laycock, 400m Dash1983
Julie Ravary, Javelin 1984
Julie O'Donnell, Triple Jump 1985
Julie Ravary, Javelin 1985
Rita Reifsnnyder, Long Jump 1985
Suzy Somers, 1500m Run..... 1990
Debbie Nowak, 3000m Run..... 1990
Debbie Nowak, 5000m Run..... 1990
Michelle Tate, Triple Jump 1990
Rachelle Pline, High Jump..... 1994
Kary Tomaw, Heptathlon 1995, 1996, 1997
Melissa Brousseau, Shot Put..... 1998, 2002
Mari Chandler, 1500m Run..... 1998, 1999
Andrea Baker, 100m Hurdles 1999, 2000
Mari Chandler 800m Dash 1999
Kari Karhoff, 400m Dash..... 1999, 2000
Kari Karhoff, 400m Hurdles2000
Maria Derezinski, Long Jump2001
Suzy Bozin, High Jump2002

Maria Derezinski, Heptathlon2002
Fallon Bailey, 100m Dash2004
Katie Davis, Shot Put2004
Jackie Bozin, High Jump2004
Natasha Reynolds, Javelin2004
Tamera Thomas, 100m Hurdles2006
Jenaie Edwards, 400m Dash2006
Najah Floyd, 200m Dash.....2007
Najah Floyd, 400m Dash.....2007
Erika Schroll, High Jump..... 2009, 2010
Raeanne Lohner, 5000m Run2010
Raeanne Lohner, 10,000m Run2010
Dierra Riley, 100m Dash2010
Gabriella Beauvais, 400m Dash2018

CROSS COUNTRY ALL-MAC PERFORMERS

Nora Green 1981, 1982
Connie Stempien 1981, 1982
Anne Simon 1982, 1983
Marti Townsend 1984
Jane Johnson 1985
Chris Cooper 1986, 1987
Chris Tenaglia 1987
Debbie Nowak..... 1989, 1990
Suzy Somers..... 1989, 1990
Ann Wiedmayer..... 1989, 1991
Karen Thelen 1992
Janet Boldrey 1994, 1995
Mari Chandler 1997
Andrea Pullen 1999
Brook Creed 2000, 2001
Cami Moll 2001, 2003
Danielle Quisenberry2001
Teresa Bongiovanni2002
Jackie Rivard2006
Melissa Darling2009
Raeanne Lohner2010
Krista Parks2010, 2011, 2012, 2013
Kylee Kubacki2010
Charnele Lyons2011
Holly Anderson.....2011
Breanne Lesnar2013
Kelly Schubert..... 2013, 2015, 2016
Abbey Kelto2014
Kirsten Olling2015
Megan O'Neil 2016, 2017

CMU HALL OF FAME INDUCTEES

Karen (Karner) Michalek 1988
Tamara (Thomas) Rocha.....2016



ACADEMIC HONORS**ALL-AMERICANS**

Kary Tomaw (At-Large) 1997

ACADEMIC ALL-DISTRICT

Kary Tomaw (At-Large) 1997
 Melissa Brousseau 2002
 Maria Derezhinski 2002
 Amanda Lyon 2007
 Ashley Anderson 2007
 Kelly McClure 2007
 Kelly McClure 2008
 Raeanne Lohner 2010

ACADEMIC ALL-MAC**Indoor**

Nicole Eberle 1997
 Pam McCiernan 1997
 Kary Tomaw 1997
 Melissa Brousseau 1999
 Katie Davis 2004, 2005
 Amanda Storck 2004
 Rachel Tarvudd 2004
 Danielle Quisenberry 2005
 Amanda Lyon 2005, 2006, 2007
 Ashley Anderson 2005, 2007
 Leslie Johnson 2006
 Jackie Smart 2007
 Nicole Johnson 2008
 Kelly McClure 2008
 Amanda Rudert 2008, 2009
 Sarah Squires 2009, 2010
 Erika Schroll 2009, 2010
 Raeanne Lohner 2010
 Alexandra Sisson 2010
 Holly Anderson 2012
 Veronica Garcia 2012
 Bridget Doughty 2014, 2015
 Breanne Lesnar 2014
 Kelly Schubert 2014, 2015, 2016, 2017
 Esther Bell 2015, 2016
 Michaela Bundy 2015, 2016, 2017
 Kylee Dobbelaere 2015, 2016, 2017
 Emma Fishnick 2015
 Abbey Kelto 2015
 Jamie Madrigal 2015, 2016
 Katelyn Maylee 2015
 Alexandra Mielke 2015, 2016
 Kelsey Ross 2015, 2017
 Katelyn Weiler 2015, 2016
 Brianna Hadley 2016
 Megan O'Neil 2016, 2017
 Rebekah Petty 2016, 2017
 Addie Shumacher 2016
 Wendy Szuminski 2016
 Amber Wagner 2016, 2018

Kyla Walton 2016, 2018
 McKenzie Wieber 2016, 2018
 Samantha Cuneo 2017, 2018
 Kyra Harrison 2017, 2018
 Danielle Horton 2017
 Cali Stemple 2017, 2018
 Olivia Allmen 2018
 Gabriella Beauvais 2018
 Allee Bunting 2018
 Simonae Dismuke 2018
 Marissa Dunn 2018
 Megan McElroy 2018
 Morgan Merlino 2018
 Kirsten Oliing 2018

Outdoor

Chris Cooper 1987, 1988
 Ann Wiedmayer 1990, 1992
 Janet Boldrey 1996
 Kary Tomaw 1996, 1997
 Nicole Eberle 1997
 April Widner 1997
 Melissa Brousseau 1999
 Heather Knight 1999
 Brook Creed 2003
 Katie Davis 2003, 2004, 2005
 Kelli Kirchofer 2003
 Cami Moll 2004
 Rachel Tarvudd 2004
 Teresa Bongiovanni 2005
 Amanda Lyon 2005, 2007
 Danielle Quisenberry 2005
 Amanda Storck 2005
 Connie Mallinson 2007
 Jackie Smart 2007
 Kelly McClure 2007, 2008, 2009
 Elizabeth Carpenter 2008, 2009
 Amanda Rudert 2008
 Raeanne Lohner 2009, 2010
 Erika Schroll 2009, 2010
 Alexandra Sisson 2011
 Mykal Imbrock 2011
 Holly Anderson 2012
 Raeanne Lohner 2012
 Maddie Ribant 2012
 Bridget Doughty 2014, 2015
 Breanne Lesnar 2014
 Kelly Schubert 2014, 2016
 Esther Bell 2015
 Michaela Bundy 2015
 Kylee Dobbelaere 2015, 2016
 Emma Fishnick 2015
 Diamond Hamilton 2015
 Abbey Kelto 2015
 Alexandra Mielke 2015
 Kelsey Ross 2015, 2016

Kyla Walton 2015, 2016, 2017, 2018
 Katelyn Weiler 2015
 Megan O'Neil 2016, 2017
 Rebekah Petty 2016, 2017, 2018
 DeJanae Terry 2016
 Amber Wagner 2016, 2018
 Samantha Cuneo 2017
 Simonae Dismuke 2017, 2018
 Kyra Harrison 2017, 2018
 Danielle Horton 2017
 Lexi Mielke 2017
 Cali Stemple 2017
 Wendy Szuminski 2017, 2018
 Olivia Allmen 2018
 Natalie Beaulieu 2018
 Gabriella Beauvais 2018
 Marissa Dunn 2018
 Carissa Gobbi 2018
 Mikaela Grant 2018
 Emily Helfrich 2018
 Megan McElroy 2018
 Morgan Merlino 2018
 Kirsten Oliing 2018

Cross Country

Chris Cooper 1986, 1987
 Ann Wiedmayer 1989, 1991
 Janet Boldrey 1995
 Brook Creed 2001
 Karen Leroy 2001
 Cami Moll 2001, 2003
 Kristen Podein 2001
 Danielle Quisenberry 2001, 2003
 Shannon Webster 2001
 Teresa Bongiovanni 2004, 2005
 Ashley Anderson 2006
 Elizabeth Carpenter 2006, 2007
 Michelle Diverio 2006, 2008
 Jackie Rivard 2006
 Amanda Rudert 2006, 2007, 2008
 Kelly McClure 2007
 Raeanne Lohner 2009, 2010, 2011
 Holly Anderson 2010, 2011
 Maddie Ribant 2010
 Breanne Lesnar 2013, 2014
 Krista Parks 2013
 Kelly Schubert 2013, 2015, 2016
 Esther Bell 2014, 2015, 2016
 Michaela Bundy 2014, 2015, 2016
 Abbey Kelto 2014
 Jamie Madrigal 2014, 2015, 2016
 Katelyn Maylee 2014
 Melinda Palinkas 2014
 Katelyn Weiler 2014, 2015, 2016
 Kirsten Oliing 2015, 2016



ACADEMIC HONORS

Samantha Allmacher	2016, 2017
Hannah Davis	2016
Kelly McNeely.....	2016
Megan O'Neil	2016, 2017
Taylor Aguillon	2017
Natalie Beaulieu.....	2017
Carissa Gobbi.....	2017
Erin Zdrojewski.....	2017

MAC HONOR ROLL

Indoor/Outdoor

Andrea Baker	2000
Melissa Brousseau.....	2000
Stefanie Burklow.....	2000
Brook Creed.....	2000
Maria Derezinski.....	2000
Molly Galsterer.....	2000
Patty Langworthy	2000
Jane Ludtke.....	2000
Andrea Pullen	2000
LaQuesha Wiley.....	2000
Lisa Wolbrink	2000

Honorable Mention

Lisa Kloss.....	1990
Suzy Somers.....	1990
Tammy Lehman	1994
Nicole Eberle	1996
Joanna Karwan	1996
Jennifer Schultz.....	1996
Leslie Wolcott.....	1996
Stefanie Burklow.....	2000
Brook Creed	2000
Patty Langworthy	2000
Cami Moll.....	2000

USTFCCA ACADEMIC ALL-AMERICAN

Katie Davis	2004, 2005
Cami Moll.....	2004
Natasha Reynolds.....	2004
Rachael Tarvuud.....	2004
Leslie Johnson	2005
Amanda Storck.....	2005
Ariss Seals	2005
Jennifer Roberts.....	2005
Erin Dillon	2007
Kelly McClure	2007

USTFCCA ALL-ACADEMIC TEAM AWARD

2004.....	3.33
2005.....	3.27
2006.....	3.20
2007.....	3.23
2008.....	3.12
2009.....	3.29

2011.....	3.56
2012.....	3.35
2013.....	3.45
2014.....	3.59
2015.....	3.51
2016.....	3.61
2017.....	3.46

USTFCCA ALL-ACADEMIC INDIVIDUAL AWARD

Raeanne Lohner	2010
Abbey Kelto.....	2014
Breanne Lesnar	2014
Bridget Doughty	2014

WICCA ACADEMIC TEAM RANKINGS

2002.....	5th/3.64 GPA
2003.....	4th/3.57 GPA
2004.....	21st/3.50 GPA
2005.....	18th/3.56 GPA

BILL BOYDEN AWARD

Kary Tomaw	1996
Tamera Thomas.....	2005
Libby Carpenter.....	2007



SCHOOL RECORDS**Indoor Records**

Event	Athlete	Time/Distance	Year
60m	Jordan Dunn	7.50	2011
200m	Kia Johnson	24.18	2002
400m	Shawntoreah Turk	53.76	2014
800m	Kelsey Ross	2:10.07	2016
1,500m	Jane Johnson	4:31.1	1986
Mile	Megan O'Neil	4:49.13	2017
3,000m	Abbey Kelto	9:27.44	2015
5,000m	Abbey Kelto	16:41.27	2015
60m Hurdles	Tamera Thomas	8.17	2006
Distance Medley Relay	O'Neil, Walton Bundy, Schubert	11:37.30	2017
4x400m Relay	Beauvais, Dismuke, Walton, Cuneo	3:40.32	2018
Shot Put	Devene Brown	52-7	2016
20 lb. Weight	Charity Sunderman	62-6	2010
High Jump	Erika Schroll	6-0 1/2	2010
Long Jump	Tamera Thomas	19-11 3/4	2005
Triple Jump	Jackie Smart	43-1 1/2	2007
Pole Vault	Rebekah Petty	13-0 1/4	2017
Pentathlon	Tamera Thomas	4,069 points	2006

Outdoor Records

Event	Athlete	Time/Distance	Year
100m	Dierra Riley	11.68	2010
200m	Najah Floyd	23.66	2007
400m	Najah Floyd	52.29	2007
800m	Jenaie Edwards	2:06.90	2008
1500m	Mari Chandler	4:22.67	1999
3000m	Chris Cooper	9:27.34	1991
5000m	Chris Cooper	16:01.30	1987
10,000m	Abbey Kelto	34:06.81	2015
100m Hurdles	Tamera Thomas	13.26	2006
400m Hurdles	Kari Karhoff	57.36	2002
3,000m Steeplechase	Alyssa Dyer	10:20.47	2016
4x100m Relay	Seals, L. Johnson, Roberts, Bailey	45.16	2005
4x400m Relay	Byrne, Dillon, Floyd, Edwards	3:37.78	2007
High Jump	Suzy Bozin	5-11 1/2	2001
Long Jump	Nadia Williams	20-1	2002
Triple Jump	Jackie Smart	43-0 1/2	2007
Discus	Devene Brown	179-3	2014
Shot Put	Devene Brown	53-00	2015
Javelin	Milica Kulidzan	154-10	2012
Hammer	Kylee Dobbelaere	194-2 1/4"	2017
Pole vault	Amanda Storck	13-3 3/4	2005
Heptathlon	Maria Derezinski	5,268 points	2002

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