



**CENTRAL MICHIGAN WOMEN'S
CROSS COUNTRY
& TRACK AND FIELD
RECORD BOOK**

ATHLETIC HONORS

TEAM MAC TITLES

Indoor

2002
2004

Outdoor

2004

Cross Country

1989
2000

MAC CHAMPIONSHIPS OUTSTANDING PERFORMER

Indoor

Erika Schroll (field)..... 2010

Outdoor

Raeanne Lohner (track)..... 2010

MAC CHAMPIONSHIPS MOST VALUABLE PERFORMER

Indoor

Tamera Thomas.....2005-06

MAC COACH OF THE YEAR

Indoor

Kathleen Raske 2002
Karen Lutzke 2004

Outdoor

Keela Yount 1985
Karen Lutzke 2004

Cross Country

Keela Yount 1986
Keela Yount 1989
Karen Lutzke 2000

NCAA REGIONAL COACH OF THE YEAR

Kathleen Raske (Indoor)..... 2002
Karen Lutzke (Outdoor) 2004

ALL-AMERICANS

Chris Cooper, 5000m 1987
Suzy Bozin, High Jump..... 2002
Tamera Thomas, Pent 2006
Karen Wilkinson, Jav 1991
Maria Derezinski, Hep 2002
Milica Kulidzan, Jav * 2012

* Honorable Mention

INDIVIDUAL MAC CHAMPIONS

Indoor

April Widner, HJ..... 1996
Andrea Baker, 60m H..... 2000
Suzy Bozin, HJ 2000
Melissa Brousseau, Shot..... 2001
Fallon Bailey, 60m..... 2003
Jackie Bozin, Pent..... 2003
Jackie Bozin, HJ, Pent 2004
Tamera Thomas, 60m H, Pent 2005
Tamera Thomas, 60m H, Pent 2006
Jackie Smart, TJ 2007
Jenaie Edwards, 400m..... 2007
Erika Schroll, HJ..... 2009-10
Shanaye Carr, 60m H 2010-11
Shawntoreah Turk, 400m 2014

Outdoor

Pam Brown, 800m 1981
Ruth Hubbard, 400m H 1981
Sue Reimer, Hep 1981
Connie Stempien, 10,000m..... 1981
Pam Brown, 800m 1982
Sue Bosch, 3000m..... 1982
Sue Boosch, 5000m..... 1982
Cheri Laycock, 400m 1983
Julie Ravary, Jav 1984
Julie O'Donnell, TJ 1985
Julie Ravary, Jav 1985
Rita Reifsnnyder, LJ 1985
Suzy Somers, 1500m..... 1990
Debbie Nowak, 3000m..... 1990
Debbie Nowak, 5000m..... 1990
Michelle Tate, TJ 1990
Rachelle Pline, HJ..... 1994
Kary Tomaw, Hep 1995-97
Melissa Brousseau, Shot..... 1998, 2002
Mari Chandler, 1500m..... 1998-99
Andrea Baker, 100m H..... 1999-00
Mari Chandler 800m 1999
Kari Karhoff, 400m 1999-00
Kari Karhoff, 400m H..... 2000
Maria Derezinski, LJ..... 2001
Suzy Bozin, HJ 2002
Maria Derezinski, Hep 2002
Fallon Bailey, 100m..... 2004

Katie Davis, Shot 2004
Jackie Bozin, HJ 2004
Natasha Reynolds, Jav..... 2004
Tamera Thomas, 100m H..... 2006
Jenaie Edwards, 400m..... 2006
Najah Floyd, 200m 2007
Najah Floyd, 400m 2007
Erika Schroll, HJ..... 2009-10
Raeanne Lohner, 5000m 2010
Raeanne Lohner, 10,000m 2010
Dierra Riley, 100m..... 2010

CROSS COUNTRY ALL-MAC PERFORMERS

Nora Green 1981-82
Connie Stempien..... 1981-82
Anne Simon 1982-83
Marti Townsend 1984
Jane Johnson 1985
Chris Cooper 1986-87
Chris Tenaglia 1987
Debbie Nowak..... 1989-90
Suzy Somers..... 1989-90
Ann Wiedmayer..... 1989, 1991
Karen Thelen 1992
Janet Boldrey 1994-95
Mari Chandler 1997
Andrea Pullen 1999
Brook Creed 2000-01
Cami Moll 2001, 2003
Danielle Quisenberry..... 2001
Teresa Bongiovanni 2002
Jackie Rivard 2006
Melissa Darling 2009
Raeanne Lohner 2010
Krista Parks 2010-13
Kylee Kubacki 2010
Charnele Lyons..... 2011
Holly Anderson..... 2011
Breanne Lesnar 2013
Kelly Schubert..... 2013, 2015-16
Abbey Kelto..... 2014
Kirsten Olling 2015
Megan O'Neil 2016

CMU HALL OF FAME INDUCTEES

Karen (Karner) Michalek 1988
Tamara (Thomas) Rocha..... 2016



ACADEMIC HONORS**ALL-AMERICANS**

Kary Tomaw (at-large) 1997

ACADEMIC ALL-DISTRICT

Kary Tomaw (at-large) 1997
 Melissa Brousseau 2002
 Maria Derezinski 2002
 Amanda Lyon 2007
 Ashley Anderson 2007
 Kelly McClure 2007
 Kelly McClure 2008
 Raeanne Lohner 2010

ACADEMIC ALL-MAC**Indoor**

Nicole Eberle 1997
 Pam McCiernan 1997
 Kary Tomaw 1997
 Melissa Brousseau 1999
 Katie Davis 2004-05
 Amanda Storck 2004
 Rachel Tarvudd 2004
 Danielle Quisenberry 2005
 Amanda Lyon 2005-07
 Ashley Anderson 2005, 2007
 Leslie Johnson 2006
 Jackie Smart 2007
 Nicole Johnson 2008
 Kelly McClure 2008
 Amanda Rudert 2008-09
 Sarah Squires 2009-10
 Erika Schroll 2009-10
 Raeanne Lohner 2010
 Alexandra Sisson 2010
 Holly Anderson 2012
 Veronica Garcia 2012
 Bridget Doughty 2014-15
 Breanne Lesnar 2014
 Kelly Schubert 2014-16
 Esther Bell 2015-16
 Michaela Bundy 2015-16
 Kylee Dobbelaere 2015-16
 Emma Fishnick 2015
 Abbey Kelto 2015
 Jamie Madrigal 2015-16
 Katelyn Maylee 2015
 Alexandra Mielke 2015-16
 Kelsey Ross 2015
 Katelyn Weiler 2015-16
 Brianna Hadley 2016
 Megan O'Neil 2016
 Rebekah Petty 2016
 Addie Shumacher 2016
 Wendy Szuminski 2016
 Amber Wagner 2016

Kyla Walton 2016
 McKenzie Wieber 2016

Outdoor

Chris Cooper 1987-88
 Ann Wiedmayer 1990, 1992
 Janet Boldrey 1996
 Kary Tomaw 1996-97
 Nicole Eberle 1997
 April Widner 1997
 Melissa Brousseau 1999
 Heather Knight 1999
 Brook Creed 2003
 Katie Davis 2003-05
 Kelli Kirchofer 2003
 Cami Moll 2004
 Rachel Tarvudd 2004
 Teresa Bongiovanni 2005
 Amanda Lyon 2005, 2007
 Danielle Quisenberry 2005
 Amanda Storck 2005
 Connie Mallinson 2007
 Jackie Smart 2007
 Kelly McClure 2007-09
 Elizabeth Carpenter 2008-09
 Amanda Rudert 2008
 Raeanne Lohner 2009-10
 Erika Schroll 2009-10
 Alexandra Sisson 2011
 Mykal Imbrock 2011
 Holly Anderson 2012
 Raeanne Lohner 2012
 Maddie Ribant 2012
 Bridget Doughty 2014-15
 Breanne Lesnar 2014
 Kelly Schubert 2014-16
 Esther Bell 2015
 Michaela Bundy 2015
 Kylee Dobbelaere 2015-16
 Emma Fishnick 2015
 Diamond Hamilton 2015
 Abbey Kelto 2015
 Alexandra Mielke 2015
 Kelsey Ross 2015-16
 Kyla Walton 2015-16
 Katelyn Weiler 2015
 Megan O'Neil 2016
 Rebekah Petty 2016
 DeJanae Terry 2016
 Amber Wagner 2016

Cross Country

Chris Cooper 1986-87
 Ann Wiedmayer 1989, '91
 Janet Boldrey 1995
 Brook Creed 2001
 Karen Leroy 2001

Cami Moll 2001, '03
 Kristen Podein 2001
 Danielle Quisenberry 2001, '03
 Shannon Webster 2001
 Teresa Bongiovanni 2004-05
 Ashley Anderson 2006
 Elizabeth Carpenter 2006, '07
 Michelle Diverio 2006, '08
 Jackie Rivard 2006
 Amanda Rudert 2006-08
 Kelly McClure 2007
 Raeanne Lohner 2009-11
 Holly Anderson 2010-11
 Maddie Ribant 2010
 Breanne Lesnar 2013-14
 Krista Parks 2013
 Kelly Schubert 2013, 15
 Esther Bell 2014-15
 Michaela Bundy 2014-15
 Abbey Kelto 2014
 Jamie Madrigal 2014-15
 Katelyn Maylee 2014
 Melinda Palinkas 2014
 Katelyn Weiler 2014-15
 Kirsten Olling 2015

MAC HONOR ROLL**Indoor/Outdoor**

Andrea Baker 2000
 Melissa Brousseau 2000
 Stefanie Burklow 2000
 Brook Creed 2000
 Maria Derezinski 2000
 Molly Galsterer 2000
 Patty Langworthy 2000
 Jane Ludtke 2000
 Andrea Pullen 2000
 LaQuesha Wiley 2000
 Lisa Wolbrink 2000

Honorable Mention

Lisa Kloss 1990
 Suzy Somers 1990
 Tammy Lehman 1994
 Nicole Eberle 1996
 Joanna Karwan 1996
 Jennifer Schultz 1996
 Leslie Wolcott 1996
 Stefanie Burklow 2000
 Brook Creed 2000
 Patty Langworthy 2000
 Cami Moll 2000



ACADEMIC HONORS**USTFCCCA ACADEMIC ALL-AMERICAN**

Katie Davis	2004-05
Cami Moll.....	2004
Natasha Reynolds.....	2004
Rachael Tarvuud.....	2004
Leslie Johnson.....	2005
Amanda Storck.....	2005
Ariss Seals	2005
Jennifer Roberts.....	2005
Erin Dillon	2007
Kelly McClure	2007

USTFCCCA ALL-ACADEMIC TEAM AWARD

2004.....	3.33
2005.....	3.27
2006.....	3.20
2007.....	3.23
2008.....	3.12
2009.....	3.29
2011.....	3.56
2012.....	3.35
2013.....	3.45
2014.....	3.59
2015.....	3.51

USTFCCCA ALL-ACADEMIC INDIVIDUAL AWARD

Raeanne Lohner	2010
Abbey Kelto.....	2014
Breanne Lesnar	2014
Bridget Doughty	2014

WICCA ACADEMIC TEAM RANKINGS

2002.....	5th/3.64 GPA
2003.....	4th/3.57 GPA
2004.....	21st/3.50 GPA
2005.....	18th/3.56 GPA

BILL BOYDEN AWARD

Kary Tomaw	1996
Tamera Thomas.....	2005
Libby Carpenter.....	2007



SCHOOL RECORDS**Indoor Records**

Event	Athlete	Time/Distance	Year
60m	Jordan Dunn	7.50	2011
200m	Kia Johnson	24.18	2002
400m	Shawntoreah Turk	53.76	2014
800m	Kelsey Ross	2:10.07	2016
1500m	Jane Johnson	4:31.1	1986
Mile	Raeanne Lohner	4:50.5	2010
3000m	Abbey Kelto	9:27.44	2015
5000m	Abbey Kelto	16:41.27	2015
60m hurdles	Tamera Thomas	8.17	2006
Distance Medley Relay	O'Neil, Walton Bundy, Schubert	11:37.30	2017
4x400m relay	Byrne, Dillon, Floyd, Edwards	3:41.3	2007
Shot Put	Devene Brown	52-7	2016
20 lb. weight	Charity Sunderman	62-6	2010
High jump	Erika Schroll	6-0 1/2	2010
Long jump	Tamera Thomas	19-11 3/4	2005
Triple jump	Jackie Smart	43-1 1/2	2007
Pole vault	Amanda Storck	12-11 1/2	2004
Pentathalon	Tamera Thomas	4,069 points	2006

Outdoor Records

Event	Athlete	Time/Distance	Year
100m	Dierra Riley	11.68	2010
200m	Najah Floyd	23.66	2007
400m	Najah Floyd	52.29	2007
800m	Jenaie Edwards	2:06.90	2008
1500m	Mari Chandler	4:22.67	1999
3000m	Chris Cooper	9:27.34	1991
5000m	Chris Cooper	16:01.30	1987
10,000m	Abbey Kelto	34:06.81	2015
100m hurdles	Tamera Thomas	13.26	2006
400m hurdles	Kari Karhoff	57.36	2002
3000m Steeplechase	Alyssa Dyer	10:20.47	2016
4x100m relay	Seals, L. Johnson, Roberts, Bailey	45.16	2005
4x400m relay	Byrne, Dillon, Floyd, Edwards	3:37.78	2007
High Jump	Suzy Bozin	5-11 1/2	2001
Long Jump	Maria Derezinski	19-11	2002
Triple Jump	Jackie Smart	43-0 1/2	2007
Discus	Devene Brown	179-3	2014
Shot Put	Devene Brown	53-00	2015
Javelin	Milica Kulidzan	154-10	2012
Hammer	Kylee Dobbelaere	191-1 1/2"	2015
Pole vault	Amanda Storck	13-3 3/4	2005
Heptathlon	Maria Derezinski	5,268 points	2002

