

CLEVELAND STATE VIKINGS WRESTLING

Dual Meets 2-4 Buffalo Duals

Saturday, Jan. 5 - 11:00 am
Alumni Arena - Buffalo, NY

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Jan. 2, 2008

2007-08 Wrestling Schedule/Results

November

3	at Eastern Michigan Open	NTS
11	at Michigan State Open	NTS
17	at Ashland Open	NTS
20	JOHN CARROLL	W, 34-3

December

2	Nittany Lion Open	NTS
15	CSU OPEN	NTS
29-30	at Midlands Invitational^	28th, 12.5

January

	<i>at Buffalo Duals</i>	
5	vs. Buffalo	11:00 a.m.
	vs. West Liberty State	
	vs. Mercyhurst	
8	at Kent State	7:05 p.m.
12	EASTERN MICHIGAN	7:00 p.m.
20	at Ashland Duals	10:00 a.m.
25	PITTSBURH*	7:00 p.m.

February

1	at Lock Haven*	7:30 p.m.
2	at Bloomsburg*	1:00 p.m.
9	EDINBORO*	7:00 p.m.
14	at Clarion*	7:30 a.m.
24	WEST VIRGINIA*	1:00 p.m.

March

8	at EWL Championships	TBA
20-22	at NCAA Championships	TBA

All times Eastern (EST)

* Eastern Wrestling League match

Home matches in **BOLD CAPS**

^ Tournament to be held in Evanston, Ill.

SETTING THE SCENE: Following a tough go at a loaded Midlands Invitational field, the Cleveland State wrestling team will travel to the University at Buffalo for the Buffalo Duals, and will compete in dual meets against Buffalo, West Liberty State, and Mercyhurst College. The competition will begin at 11:00 a.m. at Buffalo's Alumni Arena.

RECAPPING LAST WEEK: The Vikings finished 28th out of 50 teams at the Midlands Invitational last weekend at Northwestern University, as all 10 Viking entrants were eliminated on the competition's first day. Junior Rashard Goff, at 2-2, led the way for CSU. Freshman Alek Hughes had a chance to compete for a consolation title but took a medical forfeit for his next match due to an ankle sprain suffered in his previous bout, leaving him at 1-1 for the day.

PREVIEWING THE VIKINGS: Cleveland State, having completed its open meet portion of the schedule, heads into dual meet action undefeated thus far after scoring an early season dual meet win at home against John Carroll on November 20th. Several Vikings are having breakout seasons, including JT Miller, starting for the first time at 174 pounds this year and posting a 16-10 record thus far. Freshman Robbie Michaels leads the team in wins with 19 at the

157 pound class and has eased the blow of losing 2006-07 NCAA qualifier Victor Crenshaw, who transferred to Notre Dame College following last season. Junior Rashard Goff has been working hard to improve on the mat and in the classroom and has made himself eligible for competition, meaning that his 14-4 record for the season while competing unattached will officially go into the books. The two-time NCAA qualifier endeavors to finish the year strong after winning the CSU Open at 285 pounds in mid-December.

CSU'S PROBABLE STARTERS

125 - Ryan Riggs - Sr.	(9-6)
133 - Josh Palivoda - Fr.	(5-9)
141 - Antonio Nicholson - Jr.	(12-9)
149 - Ryan Hurley - Sr.	(7-3)
157 - Rob Michaels - Fr.	(19-4)
165 - Marcus Effner - Jr.	(15-5)
174 - JT Miller - Jr.	(16-10)
184 - Derek Cummins - Fr.	(8-9)
197 - Alek Hughes - Fr.	(12-7)
285 - Rashard Goff - So.	(14-4)

THE HEAD COACH

JACK EFFNER (Indiana State '80)

At CSU: 68-80-3

Overall: 155-122-8

EFFNER ON THE VIKINGS: "I look at this as a big momentum building week for us. We will face three quality teams, but at the same times they are three teams that we can and should beat. If for some reason we don't rise to the occasion it certainly won't be over, but it would make the rest of the season much more challenging."

CSU ALL-TIME VS. THIS WEEKEND'S OPPOSITION:

Cleveland State has only faced Mercyhurst once and West Liberty twice, but is 1-0 and 2-0 against the respective schools in dual meet action. Meanwhile, the Vikings are 5-4 all time against host school Buffalo, losing the last meeting by a score of 34-10 back on Jan. 6, 2001. That matchup was also the first meeting of the two schools since the 1976-77 season, during which the Vikings, under hall of fame coach Dick Bonacci, posted a 31-5 victory.

WINNING BIG: The Viking wrestlers have been getting a lot a matches in this season with a large roster, and have been taking full advantage of their opportunities, a fact made clear as one observes that the team has eight wrestlers with double digit victories. Those Vikings include Marcus Effner (15-5), Rashard Goff (14-4), Alek Hughes (12-7), Robbie Michaels (19-4), JT Miller (16-10), Shaun Michell (10-7), Antonio Nicholson (12-9), and Eric Schwartz (11-9).

LOCKED AND LOADED: Several weight classes feature multiple quality contributors, presenting Coach Effner with an enviable problem. "We have two heavyweights that are about equal in ability, and this is a good problem to have, since they are both such good wrestlers," he said. At heavyweight, freshman Eric Schwartz has shown that he is a quality wrestler with his 11 victories on the season, and even managed to score a victory in intersquad competition at the beginning of the season over teammate and two-time NCAA qualifier Rashard Goff. At the 141 pound class, 2005-06 NCAA qualifier Mike Hurley has Antonio Nicholson to challenge him for mat time, although Hurley has missed much of the season up to this point due to injury. Nicholson has produced well in Hurley's absence, winning 12 matches.

HUGHES THE RELENTLESS: Freshman Alek Hughes is the team's only option at 197 pounds this year, and has really stepped up in his first year in the college ranks with a 12-7 record including a team-leading seven pins. "Hughes is just relentless, he's someone that you have to be willing to go the whole round against to have a chance, which is something that some of his opponents this season learned the hard way," said Coach Effner.

MAKING A BIG IMPACT: This Vikings rely on their younger contributors a great deal, particularly the freshman class. So far on the season the freshmen who have competed wearing the green and white have posted a cumulative record of 53-49, including the aforementioned Michaels, Hughes, and Schwartz, as well as Caleb Kennedy, 5-9 at 174, DJ Cummins, 8-9 at 184, Josh Palivoda, 5-9 at 133, and Matt Reynolds, 5-9 at 125.

2007-08 Cleveland State Wrestling Roster

Name	Wt.	Yr.	Hometown(HS)
David Armstrong	133	Jr.	Cleveland, Ohio (Collinwood)
Benny Balogh	184	So.	Parma, Ohio (Valley Forge)
Dan Castillo	149	RS-So.	Perrysburg, Ohio (Perrysburg)
Lawrence Cavello	141	Fr.	Willard, Ohio (Willard)
TJ Chapple	141	Fr.	Raymond, Ohio (Indian Lake)
DJ Cummins	184	Fr.	Marengo, Oh.(Cardington Lincoln)
Dustin Doty	157	Fr.	Toledo (Start)
Marcus Effner	165	RS-Jr.	Garfield Hts, Ohio (Garfield Hts.)
Rashard Goff	285	RS-Jr.	Brandon, Fla. (Brandon)
Chris Hahn	184	RS-Jr.	Minerva, Ohio (Minerva)
Alek Hughes	197	Fr.	Bellvue, Ohio (Valley East)
Mike Hurley	141	RS-Sr.	Akron, Ohio (St. Vincent-St. Mary)
Ryan Hurley	149	RS-Sr.	Akron, Ohio (St. Vincent-St. Mary)
Caleb Kennedy	174	Fr.	Akron, Ohio (Manchester)
Nate Kmetz	165	Jr.	Maineville, Ohio (Moeller)
William McColie	149	Fr.	Bedford, Ohio (Warrensville)
Mike McLaughlin	157	RS-Fr.	Rocky River, Ohio (St. Edward)
Robbie Michaels	157	RS-Fr.	Clyde, Ohio (Clyde)
JT Miller	174	RS-Jr.	Garfield Hts, Ohio (Garfield Hts.)
Shaun Mitchell	149	RS-So.	Toledo, Ohio (Libbey)
Antonio Nicholson	149	RS-Jr.	Solon, Ohio (Solon)
Josh Palivoda	133	Fr.	Raymond, Ohio (Marysville)
Matt Reynolds	125	Fr.	Marion, Ohio (Marion Pleasant)
Ryan Riggs	125	Sr.	Canton, Ohio (Perry)
Jeff Schuller	285	RS-Jr.	Monroeville, Ohio (Monroeville)
Eric Schwartz	285	RS-Fr.	Clyde, Ohio (Clyde)
Thomas Schwartz	149	Fr.	Clyde, Ohio (Clyde)
Gerred Tolson	174	Jr.	Padua, Ohio (North Royalton)
Tim Vlcek	149	Fr.	Jonesboro, Ga. (Henry County)
Matt Waxman	133	RS-So.	Solon, Ohio (Solon)
Tyler Young	149	Fr.	Republic, Ohio (Seneca East)

Head Coach: Jack Effner (Indiana State '86)

Assistant Coach: Anthony Coleman (Cleveland State '04)

Assistant Coach: Stevan Mladenovic

Graduate Assistant: Christopher Steadman (Cleveland State '01)

Director of Wrestling Operations: Jason Effner (Cleveland State '04)

VETERAN LEADERSHIP: The Vikings boast a roster that includes five previous NCAA qualifiers, including senior and 2007-08 redshirt David Armstrong at 133, juniors Marcus Effner at 165 and Rashard Goff at 285, and seniors Mike Hurley at 141 and Ryan Hurley at 149.

UP NEXT: Following competition at the Buffalo Duals, the Vikings will travel to Kent, Ohio for a dual meet against Kent State at KSU's MAC Center on January 8, with competition commencing at 7:05 p.m.

2007-08 Cleveland State Wrestling Statistics

Overall Record: 1-0, Eastern Wrestling League: 0-0

Wt.	Name	W	L	Fall	TF	MD	Dec.	Forfeit
125	Matt Reynolds	5	9	0	0	2	3	0
125	Ryan Riggs	9	6	0	0	1	8	0
133	David Armstrong @^	5	1	1	0	1	3	0
133	Josh Palivoda	5	9	0	2	1	2	0
133	Matt Waxman *	0	6	0	0	0	0	0
141	Lawrence Cavello ^	7	9	2	0	0	4	1
141	TJ Chapplear ^	3	6	0	0	0	2	1
141	Mike Hurley @*	3	2	0	0	0	3	0
141	Antonio Nicholson *	12	9	1	0	2	8	1
149	Dan Castillo *	1	8	0	0	0	1	0
149	Ryan Hurley @*	7	3	2	0	2	3	0
149	William McCollie ^	2	4	0	0	0	2	0
149	Shaun Mitchell *	10	7	0	0	0	9	1
149	Thomas Schwartz ^	7	4	0	0	1	4	1
149	Tim Vlcek ^	1	3	1	0	0	0	0
149	Tyler Young ^	1	6	0	0	0	0	1
157	Dustin Doty ^	0	4	0	0	0	0	0
157	Mike McLaughlin *^	0	3	0	0	0	0	0
157	Robbie Michaels	19	4	2	2	5	9	1
165	Marcus Effner *@	15	5	0	0	1	12	2
165	Nate Kmetz	6	6	1	0	3	2	0
174	Caleb Kennedy *	5	9	0	0	2	3	0
174	JT Miller *	16	10	6	1	2	6	1
174	Gerred Tolson ^	7	4	0	1	1	4	1
184	Benny Balogh	8	8	0	0	0	8	0
184	DJ Cummins	8	9	1	0	2	5	0
184	Chris Hahn *	0	0	0	0	0	0	0
197	Alek Hughes	12	7	7	0	0	5	0
285	Rashard Goff *@	14	4	2	0	2	9	1
285	Eric Schwartz *	11	9	6	2	0	2	1
285	Jeff Schuller *	5	4	2	0	0	3	0
Team Totals		200	178	34	7	30	119	11

* Denotes Redshirted prior to this season.

@ Denotes returning NCAA Qualifier.

^ Denotes competed only as unattached not representing CSU.