

# CLEMSON UNIVERSITY ATHLETIC DEPARTMENT

## Student-Athlete Handbook

2006-2007

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## PRESIDENT'S MESSAGE

Dear Student-Athlete:

As President, I am delighted to welcome you to Clemson University, and as a former Clemson student-athlete, I encourage you to take great pride in our university, its history and traditions and to become a full participant with our excellent faculty and outstanding athletic programs.

The students who elect to attend Clemson are among the nation's best and the brightest. With the commitment and dedication of our outstanding faculty and staff and the support of Vickery Hall staff, you will have every opportunity to achieve your academic goals.

As we begin a new year in the 12-school Atlantic Coast Conference, I challenge you to help establish Clemson as the best. Fill the ACC-Academic Honor Roll and All-Conference teams with Tigers. We are committed to performing at the highest athletic and academic levels, and we will always pursue this excellence with integrity. Remember, you represent Clemson on and off the field of play. You are our finest ambassadors.

I look forward to talking with you on campus and cheering you as you compete with your teammates. I wish you much success this year and throughout your career at Clemson and hope you will join me in honoring our great University and all that Clemson represents.

Sincerely,

James F. Barker, FAIA  
President

## ATHLETIC DIRECTOR'S MESSAGE

Dear Tigers,

Welcome back to “where the blue ridge yawns its greatness!”

It is a great time to be a Clemson Tiger. Our university is constantly climbing the charts of the top institutions in the nation. Our teams are constantly challenging for conference and national championships. Buildings are being built throughout campus and the Atlantic Coast Conference has expanded into the most powerful athletic conference in the country. The environment that we find ourselves in here at Clemson promotes and demands excellence from us all.

It is your time to be a Clemson Tiger. College careers are finite, but you have the opportunity as a student-athlete to make an impact that will last forever. As a student-athlete you will be challenged to excel in the classroom and on the field of competition. In both roles you will represent your family, hometown, teammates, the Athletic Department and Clemson University. You are the best and the brightest that Clemson has to offer. You will be a role model to young Tiger fans and a hero to Tiger fans of all ages.

The opportunities that await you are tremendous, but so are the responsibilities. We're committed to doing all we can to help you take advantage of each opportunity and live up to each responsibility that you face. We will provide leadership and resources, but you must provide the heart and soul, so “the Tiger's roar may echo o'er the mountain height!”

And, remember, Solid Orange means that our actions honor our University, its traditions, teams, performance, people, and each other.

In Solid Orange,

Terry Don Phillips  
Director of Athletics  
Clemson University

# CLEMSON UNIVERSITY ATHLETIC DEPARTMENT

## MISSION STATEMENT

The department of athletics offers nationally prominent athletic programs. Through a dedicated commitment to educational interests, a competitive athletic program and integrity in all areas, the student-athletes, coaches and staff strive to bring credit and recognition to Clemson University.

The mission of the Athletic Department is to sponsor broad-based athletics programs that provide educational, athletic and equitable opportunities for all students and staff, including young women and minorities. Furthermore, the department fosters and supports opportunities for young men and women to grow, governed by the ideals of integrity, sportsmanship and fair play. It supports the hopes and aspirations of its student-athletes, its administration, its coaches and its staff, as well as the student body as a whole, and is dedicated in assisting them to achieve the highest levels of academic success, personal development and excellence in athletics competition.

Furthermore, the Athletic Department seeks to be a source of pride for the citizens of South Carolina and to be recognized as a nationally prominent program, through consistently high levels of performance and accomplishment in athletic competitions.

The Athletic Department strives to develop student-athletes academically and athletically with the total commitment of aiding their efforts to graduate from Clemson University and advance to careers that will enable them to be productive members of society.

The Athletic Department is committed to the general welfare of student-athletes and embraces the NCAA's principles of sportsmanship and ethical conduct. It is dedicated to ensuring ethical, honest, and sportsmanlike behavior in full compliance with all federal, state, NCAA, Atlantic Coast Conference and university rules and regulations.

Embraced in the mission of the Athletic Department are the following principles:

1. To provide support in all areas of student-athlete welfare including academics, physical and emotional well-being, social development, personal growth, wellness, career and community service;
2. To recruit student-athletes who possess reasonable expectations of academic, athletic and social success;
3. To provide facilities, equipment, training and health care to ensure that student-athletes have the opportunity to excel, ensuring always the equitable opportunities for all students and staff, including women and minorities;
4. To maintain a sound financial base through adequate funding and appropriate management of funds;
5. To operate in compliance with all rules of the university, Atlantic Coast Conference and NCAA;
6. To encourage student-athletes, coaches and staff to participate in appropriate community service activities, consistent with university, conference and NCAA rules and regulations;
7. To employ coaches and staff consistent with university and Athletic Department philosophy and standards of integrity, moral conduct and sportsmanship;
8. To support equitable opportunities for all student-athletes, administrators and staff including women and minorities; and
  9. To support equitable opportunities for all coaches and staff in areas such as advancement, benefit increases, and continuing education.

## 2010 CLEMSON UNIVERSITY GOALS

*By 2010, Clemson will be ranked in the top 20 public Universities in America*

*To attain a top 20 ranking, achieve the following:*

- Excel in teaching, at both the undergraduate and graduate levels. Increase research and sponsored programs to exceed \$100 million a year in research support.
- Set the standard in public service for land-grant universities by engaging the whole campus in service and outreach, including a focus on strategic emphasis areas.
- Seek and cultivate areas where teaching, research and service overlap.
- Strengthen our sense of community and increase our diversity.
- Recognize and appreciate Clemson's distinctiveness.
- Create greater awareness of international programs and increase activity in this area. Increase our focus on collaboration.
- Rededicate our energy and resources to improving the library.
- Send student ensembles to perform at Carnegie Hall.
- Have at least two Clemson faculty win recognition by national academies.
- Publicize both national and international accomplishments of faculty, staff and students.
- While maintaining full compliance, achieve notable recognition with another national football championship, two championships in Olympic sports and two Final Four appearances in basketball.

## **ABOUT CLEMSON ATHLETICS – HISTORY AND TRADITIONS**

### **Clemson, SC**

The city of Clemson has about 11,000 fulltime residents, but on Saturday afternoons in the fall, when over 80,000 fans are in the stands, Clemson becomes the second largest city in the state.

### **Tigers**

Clemson's nickname goes back to the turn of the century. In those days many of the football players wore long hair, due to lack of helmet strength, for more head protection. These long manes might have gained Clemson the name lions had it not been for the orange and purple striped jerseys and stockings that the players wore. The stripes resembled Tigers. John Heisman's 1900 team was called the Tigers, and Clemson used an insignia of a Tigers head with bared fangs and the motto "Eat Em Up Clemson." Another theory on the nickname concerns Clemson's first coach. Walter Merritt Riggs came to Clemson to coach the football team in 1896. His previous school was Auburn, which also is known as the Tigers.

### **Tiger Mascot**

Since 1954, a Clemson student has adorned the mascot suit to entertain the Clemson faithful. Joined in 1993 by the Tiger Cub, these furry creatures can be seen cheering on the crowd, signing autographs, getting their pictures taken with dignitaries like Presidents Reagan and Bush, shooting the cannon, or doing pushups each time Clemson scores.

### **Tiger Paw**

John Antonio holds a special place in the hearts of Tiger fans and in the pocketbooks of sports marketing entrepreneurs. Antonio invented the Tiger Paw, the distinctive logo of the Clemson athletic teams that has become synonymous with the University's athletic success.

Antonio was an innovative account executive with Henderson Advertising in Greenville, and prior to the 1970 season, unveiled the Paw as Clemson's new logo. It has shown up all over the country on items owned by Clemson fans. Many institutions with a feline mascot have used the logo, or an impression of it.

Antonio also came up with the phrase, "Fly the friendly skies of United," when he worked for the Leo Burnette Agency in Chicago. "I've never had a logo or an emblem copied as much as the Tiger Paw," said Antonio, now in his 70's and living in Greenville.

Antonio still remembers the day he made the presentation of the Tiger Paw to Frank Howard, then the Clemson athletics director. "He wasn't saying much at all," recalled Antonio in an article in the Greenville News by Alyce Atkinson on February 16, 1997. "I kind of thought I was losing this fight." At this point Antonio pulled out an orange football helmet with a Tiger Paw painted on the side. "Coach Howard's eyes got as big as saucers and he smiled. From there it was downhill. Coach Howard wanted that helmet." Those Tiger Paws are still on the Clemson helmets today.

### **Colors**

Clemson's official colors are Northwestern purple (PMS 541) and burnt orange (PMS 165), but many of Clemson's athletic uniforms are predominantly orange and white. According to legend, Clemson used to have pale purple and gold as the official colors until former football coach Jess Neely changed that because he wanted uniforms that were more colorfast. It seems that the weather and constant washings were causing the uniforms to fade. So Neely worked with the Clemson school of textiles and developed deeper colors for uniforms, colors that held up under the rays of the sun and the workings of the washing machines.

## **Tigerama**

World's largest pep rally, this is one of the best examples of Clemson's spirit. The Friday night before Homecoming about 30,000 people come to Memorial Stadium for a combination pep rally, beauty pageant, fireworks display and skit presentation. It was the brainchild of former Clemson legend Gator Farr, who was the master of pep rallies in the 1940's and 1950's.

## **John Heisman**

Yes, the same guy they named the trophy after used to coach at Clemson. You have to go back to the 1900-03 era to find him, but he brought Clemson its first unbeaten season in 1900, with a 6-0 record. Heisman coached at Clemson for four seasons making an astronomical \$1,800 a year.

In 1904 Georgia Tech offered him \$2,250 plus a percentage of the gate, and he was gone to Atlanta. Clemson should have scraped up the extra money to keep him. With John Heisman as head coach, Clemson beat Georgia Tech 73-0 in 1903, but two years later, with Heisman at Georgia Tech, the Yellow Jackets downed the Tigers, 17-10. Coaching does make a difference.

## **Teams**

There are 19 Clemson teams and approximately 550 student-athletes. Ten men's teams compete in football, basketball, cross country, indoor and outdoor track, baseball, tennis, soccer, golf and swimming and diving. The soccer, football and golf teams have won national championships. On the women's side, nine teams compete in volleyball, basketball, cross country, indoor and outdoor track, rowing, tennis, soccer and swimming and diving. The women's tennis team has reached the NCAA final four championships the past two seasons.

## **Coaches**

All of the teams are staffed with full-time coaches to the limits set by NCAA rules. There are over 80 men and women coaching our teams. The head coaches have won "Coach of the Year" honors, and national coaches associations routinely recognize Clemson's assistant coaches for distinguished service.

## **Administration**

Dr. Terry Don Phillips directs the Clemson Athletics Program. Senior associate athletic directors Dwight Rainey, Bill D'Andrea and Katie Hill provide daily oversight for sport supervision, external affairs and business services, respectively. Other associate and assistant athletics directors lead other Athletic Department units. A complete listing of the staff can be found in the back of this handbook.

## **Sport Supervision**

An administrator supports each team's efforts to win ACC and NCAA championships. These administrators are: Dr. Terry Don Phillips (men's and women's basketball and football); Barbara Kennedy Dixon (men's and women's track, rowing and volleyball teams); Dwight Rainey (men's and women's soccer, swimming and diving, golf and baseball teams); and Phil Grayson (men's and women's tennis teams).

## **Athletics Council**

Dr. Janie Hodge chairs the athletics council. The council provides valuable assistance to the Athletic Department with Clemson's faculty. Contact Phil Grayson at 656-0396 for more information.

## **Student Athlete Advisory Council (SAAC)**

The Student Athlete Advisory Council provides representation for all athletic teams and facilitates communication between student-athletes and athletics administrators. By generating intervarsity support and developing initiatives, SAAC improves the overall student-athlete experience. Two student-athletes from each intercollegiate athletic team conduct monthly meetings and offer input

on various topics related to Clemson athletics.

### **Membership**

SAAC members are selected through team votes and coaches' selections. Members are typically upperclassmen who have displayed leadership on and off the playing venue.

#### **SAAC members' responsibilities**

- Attend all scheduled SAAC meetings;
- Participate in all community service events with which SAAC is associated;
- Voice concerns and ideas during SAAC meetings;
- Report relevant information back to the team regarding SAAC meetings;
- Promote SAAC in a positive manner to other teammates; and **BE A LEADER!**

Check SAAC website for list of 2006-2007 representatives:

### **Total Care and Performance Program**

Clemson is the first Division I university to offer a Total Athlete Care and Performance Program. This is a support program that addresses athlete welfare and performance from a wellness perspective. It provides an integrated model of athlete care to provide student-athletes and coaches the resources and support required to succeed in the classroom, on the field and in life.

### **Vickery Hall**

Clemson was the first university in the country to build a stand-alone facility dedicated to providing academic support to student-athletes. Each team is assigned an academic advisor, and the staff coordinates its efforts to provide the best support in the country to Clemson's student-athletes and coaches.

### **Exit Interviews**

Exit interviews are conducted with all student-athletes graduating, exhausting eligibility or leaving the team or the University. The interviews help assess student-athletes' experience at Clemson. The interviews also identify strengths of the athletics programs and areas to strengthen. The exit interviews consist of a written assessment and an in-person interview with sport supervisors or other athletic administrators

### **IPTAY**

IPTAY, an acronym for *I Pay Ten (dollars) A Year*, started in 1934 to provide athletic scholarships for Clemson athletes. It is one of the nation's largest athletic scholarship fund-raising organizations comprised of more than 23,000 individuals now contributing \$15 million per year. Along with the Athletic Department, IPTAY has established a special scholarship endowment to provide funds to attract academically superior students to Clemson. The endowment has now grown to more than \$3 million and is the largest academic scholarship endowment on campus. Annual donations support all of the following:

- All athletic scholarships;
- Vickery Hall and the academic support system;
- Construction of new facilities;
- Tiger Band including uniforms, instruments and travel; and
- The IPTAY Collegiate Club, the largest student booster club in the nation.

### **IPTAY Student Advisory Board**

The IPTAY Student Advisory Board (ISAB) was established in the fall of 1983 as a liaison between students and IPTAY. You may contact these individuals through the IPTAY office at 656-2115.

# STANDARDS AND POLICIES

## CODES OF CONDUCT

### CODE OF CONDUCT - CLEMSON UNIVERSITY

Student-athletes are held accountable to the same policies and procedures as other university students outlined in the *Clemson University Student Handbook*.

#### **From Clemson University's Student Handbook:**

Acceptance of admission to the university carries with it the obligation of responsibility for the welfare of the community. Freedom to learn can be preserved only through respect for the rights of others, for the free expression of ideas and for the law.

When students violate the standards of conduct established by the University, they are subject to the University disciplinary process.

It is clear that in a community of learning, willful disruption of the educational process, dishonesty, violation of the laws of the state and interference with the rights of others cannot be tolerated...the University community has established the following rules, regulations and policies which apply to all students and student organizations. These actions (among others) are prohibited by university or state and federal laws.

- Academic dishonesty, including all forms of cheating, plagiarism and fabrication in the process of completing academic work.
- Discrimination on the basis of race, national or ethnic origin, creed, age, sex, marital status, status as a Vietnam veteran, sexual orientation or disability.
- Sexual offenses of any kind, including acquaintance rape, indecent liberties and assault of a sexual nature.
- Actual or attempted abuse of any person or conduct which threatens or endangers the health and safety of a person or which intentionally causes a reasonable apprehension of harm to any person.
- Hazing. Hazing is defined as intentionally or recklessly engaging in acts that have a foreseeable potential for causing physical or emotional harm to any person for the purpose of initiation or admission into, or affiliation with, any chartered student, fraternal or sorority organization. Depending on the circumstances, such actions may include, but are not limited to, paddling, consumption of alcohol or gross mixtures, causing excessive fatigue, physical or psychological shock, blindfolding, treasure hunts, scavenger hunts, road trips, causing the wearing of apparel which is insufficient or excessive for weather conditions, buffoonery, morally degrading or humiliating games or events, and work sessions which interfere with scholastic requirements.
- Sexual or racial harassment or harassment of any sort.
- Illegal use, possession or sale of intoxicating beverages.
- Consumption or possession of alcohol by students in public areas of any University owned or controlled property except for students of legal age at University approved events.
- Consumption or possession of alcohol at or in line for University sponsored or supervised events.
- Illegal use, possession, manufacture, sale or distribution of any narcotic or dangerous drug.
- Illegal possession, carrying or discharge of any explosive, firearm or other weapon.

- Computer abuses as defined in the Clemson University Student Handbook.

Students are expected to comply with local, state and federal laws. The University may take action, whether the violation occurs on or off campus. Aiding, assisting in or serving as an accomplice in the commission of any illegal act or any act prohibited by the University conduct regulations is prohibited.

In addition to the sanctions that may be imposed for misconduct as stated in the Clemson University Student Handbook, student-athletes may be suspended by the Athletic Department from further participation.

Violation of any term of any disciplinary sanction is prohibited.

“A Clemson student is expected at all times to show a respect for order, morality and the rights of others and to exemplify in daily living in a high sense of personal honor and integrity. Clemson believes students are the product of their own experiences, and they should assume certain responsibilities for their own conduct and that of their fellow students.” ~ Clemson University Student Handbook

### STUDENT-ATHLETE CODE OF CONDUCT

As a valued member of the Clemson Athletic Department, I will use my talents to attain a quality education and earn a degree. Although time commitments are demanding during the athletic season, I will remain academically eligible, attend class, inform professors of expected absences due to official athletic events, maintain academic honesty, and make maximum use of Vickery Hall and its programs.

As a member of Clemson University’s athletics family, I will responsibly represent, with integrity, the values, traditions, and people of Clemson University. As a Clemson University student-athlete, I will display good sportsmanship, know and follow NCAA and ACC guidelines, obey team rules and policies, and always give 100 percent effort to positively represent Clemson University on the field, in the classroom, and in my daily life.

### ATHLETIC DEPARTMENT STANDARD OF CONDUCT/DISCIPLINE POLICY

Federal, state, and local laws, as well as NCAA, ACC, and Clemson University policies clearly outline appropriate citizen and student-athlete conduct. The Athletic Department Standard of Conduct and Discipline policy is not intended to supersede these laws and policies, but to set high standards relating to the Athletic Department’s expectations of how student-athletes represent Clemson University and to state the potential consequences for those student-athletes who make poor choices which reflect negatively upon themselves and the university.

**Athletic Department Guiding Principle of Pride: “Our actions honor our University, traditions, teams, performance, people, and each other”.**

Participation in athletics is a privilege that carries a tremendous amount of responsibility for the student-athlete. As Clemson University’s most visible ambassadors, student-athletes are expected to uphold high standards of integrity and behavior that will reflect well upon them, their families, coaches, teammates, the Athletic Department, and Clemson University. Student-athletes are expected to demonstrate exemplary behavior and performance as representatives of Clemson University, to respect the rights of others, and abide by all rules and regulations of Clemson University, the ACC, the NCAA, and the Athletic Department. Failure to comply with said rules may result in suspension, probation or dismissal from the team; non-renewal of athletic financial aid; or expulsion from the University as outlined under University, Department, ACC and NCAA rules. While student-athletes are held accountable by the same policies and procedures as other

University students as outlined in the Clemson University Student Handbook, they are held to additional standards.

### **SANCTIONS FOR INAPPROPRIATE BEHAVIOR**

The head coach of each sport has his/her own set of team rules, and is responsible for enforcing these rules. The Clemson Athletic Department Administration will fully support appropriate disciplinary action taken by a coach in concurrence with the Athletic Director.

In the case of behavioral problems that result in a felony or misdemeanor charge (other than minor traffic violations), or a charge involving gambling in any degree, the Athletic Department may choose to place the student-athlete on suspension from athletic participation, and use of athletic facilities until the facts of the incident are reviewed, and the charges are dropped, dismissed or otherwise resolved.

#### **Felony Charge**

Any student-athlete arrested and charged with a felony, or a crime involving gambling under South Carolina or federal law or any other jurisdiction, absent extraordinary circumstances as determined by the administration, shall be automatically suspended from practice and playing until the charges are dropped, dismissed or otherwise resolved.

#### **Felony Conviction**

A student-athlete convicted of, or pleading guilty or no contest to any felony charge or a charge involving gambling under the South Carolina law, Federal statute, or any other jurisdiction, absent extraordinary circumstances as determined by the administration, shall be permanently dismissed from the team. The student-athlete may retain his/her grant-in-aid for the duration of the academic year. The Athletic Department will recommend that the student-athlete not have their grant-in-aid renewed for any succeeding academic year(s).

#### **Misdemeanor Charge / Conviction**

A student-athlete who is charged / convicted of a misdemeanor charge (other than gambling / game fixing which are addressed above; or minor traffic violations) will be subject to an Athletic Department review process. Absent extraordinary circumstances as determined by the administration, the head coach will administer misdemeanor charges and subsequent discipline, after review by the Athletic Director. The Athletic Director will consider factors such as:

- Nature of offense
- Involvement of drugs / alcohol
- Past behaviors
- Student-athlete demeanor (to include self-disclosure of offense)
- Student-athlete cooperation during investigation

Sanctions will subsequently be imposed, and may include, but not be limited to:

- Suspension from practice and/or athletic activity for a pre-determined period of time
- Restriction upon the use of athletic facilities and services
- Dismissal from the team if the student-athlete is found guilty or pleads guilty or no-contest to a misdemeanor
- Appropriate restitution.

If a student-athlete is dismissed from the program, he/she may retain their grant-in-aid for the duration of the academic year. The Athletic Department may recommend that the student-athlete not have their grant-in-aid renewed for any succeeding academic year(s).

Indefinite suspensions may be instituted in any case where an individual's actions represent Clemson University and its Athletics program in a manner inconsistent with this standard of conduct. The Athletic Director and head coach will review each case, independent from any other, taking into account that no two cases are identical in nature and that each must be assessed based upon the facts presented. Additionally, behaviors judged to represent a violation of the Clemson University Student Code of Conduct could result in sanctions from the University. Depending upon the circumstance, there is the potential for a student-athlete to be dismissed from the University.

### **ARREST OF STUDENT-ATHLETE**

If a student-athlete is arrested on- or off-campus, additional charges may be set if the behavior violates a student regulation. Student-athletes will be subject to local and campus penalties. Student-athletes should contact Dr. Loreto Jackson for assistance at 864-637-8181 if arrested.

## **SPORTSMANSHIP AND ETHICAL CONDUCT**

Student-athletes are subject to the rules and regulations of the NCAA and ACC governing unsportsmanlike conduct. Additionally, student-athletes are expected to abide by the Athletic Department's Guiding Principle of Pride: "Our actions honor our University, traditions, teams, performance, people, and each other".

### **THE PRINCIPLE OF SPORTSMANSHIP AND ETHICAL CONDUCT (NCAA BYLAW 2.4)**

*(From the NCAA Manual)*

For intercollegiate athletics to promote the character development of participants to enhance the integrity of higher education and to promote civility in society, student-athletes, coaches, and all others associated with these athletics programs and events should adhere to such fundamental values as respect, fairness, civility, honesty and responsibility. These values not only in athletics participation but also in the broad spectrum of activities affecting the athletics program. It is the responsibility of each institution to:

- Establish policies for sportsmanship and ethical conduct in intercollegiate athletics consistent with the educational mission and goals of the institution; and
- Educate, on a continuing basis, all constituencies about the policies in NCAA Bylaw 2.4(a).

### **ACC SPORTSMANSHIP POLICY (From the ACC Manual)**

#### **Duties of Member Institutions**

Every reasonable effort shall be made by competing institutions to emphasize the importance of good sportsmanship at all athletic events. However, in the event crowd control procedures must be initiated, this responsibility rests with each host institution, or with the tournament or meet director at off-campus championship events. The Director of Athletics or their designated representatives shall be available at the site of the competition to assist in controlling the crowd.

Only participants, coaches, officials and authorized personnel shall be allowed in the competition area before or during the competition.

No alcoholic beverages shall be sold to the public at the site of an ACC Championship.

#### **Duties of the Commissioner**

Whenever the commissioner concludes (after a reasonable investigation) that there has been a violation of the unsportsmanlike conduct regulation, the Commissioner shall impose such penalty deemed appropriate by first giving notice to the individual and the institution. The Commissioner

will provide the institution the time and opportunity that the Commissioner considers reasonable to take action and may adopt that action as Conference action if deemed appropriate.

In the event the individual or institution feels that the Commissioner's penalty is inappropriate or excessive in nature, an appeal may be initiated with the Executive Committee by filing a notice with the Conference President. The appeal must be filed within 48 hours of receipt of notification of the penalty imposed by the Commissioner.

- I. Carrying Penalty Over to Next Season. Whenever a penalty or suspension is imposed, such penalty to the individual may be carried over into the next season of competition at the discretion of the Commissioner.
- II. Definition of Suspension. As used in this regulation, "suspension" in the case of a player means that the player cannot participate in the designated number of contests but may practice; in the case of a coach, "suspension" means that the coach cannot be present in the playing area for the designated number of contests but may conduct practice sessions.

### **Duties of Coaches, Student-Athletes, Band Members, Cheerleaders and Mascots**

#### *Public Criticism of Officials*

Public criticism of officials or public comments evaluating the officiating of particular contests is not in the best interest of intercollegiate athletics. Athletics personnel, players, band members, cheerleaders and mascots are prohibited therefore from commenting while acting in official capacity on officiating other than directly to the Conference Office. Head coaches are responsible for the comments of assistants and other athletic staff members associated with their team.

Any coach who violates the prohibitions of public criticism of officials, as stated above, will be suspended from a future scheduled contest. Specifically, the coach will be allowed at the site of the contest up to an hour before the contest begins, after which he/she must vacate the playing area. This applies to all sports and includes all conference as well as non-conference contests.

#### *Coach and Player Decorum*

While the Atlantic Coast Conference believes that one of the problems confronting intercollegiate athletics is the lack of adherence and enforcement of rules of decorum, it is cognizant that the majority of coaches, players, band members, cheerleaders, mascots, officials and administrators make a real effort to ensure contests will be conducted and played in a sportsmanlike manner.

Coaches and administrators have the responsibility to set the tone for responsible behavior on the part of their teams and followers. It is an infraction of the rules for coaches, squad members, team attendants, band members, cheerleaders or mascots to conduct themselves in an unsportsmanlike manner.

Acts violating coach and player decorum rules shall include but not be limited to, the following and may subject violators to reprimand or suspension from additional contests as the Commissioner deems appropriate (Note: Person, for the purposes of this section, means coaches, squad members, team attendants, band members, cheerleaders or mascots).

1. Any person who strikes or physically abuses an official, opposing coach, player or spectator;
2. Any person who intentionally incites participants or spectators to violent or abusive action;
3. Any person who uses profanity, vulgarity, taunts, ridicules or makes obscene gestures;
4. Any person who publicly criticizes any game official, conference personnel, a member institution, or institutional personnel;
5. Any person who engages in negative recruiting by making statements which are unduly derogatory of another institution or its personnel to a prospective student-athlete, parents, high school coach, or other person interested in the prospective student-athlete;

6. Any person who enters the competing area for an unsportsmanlike purpose; and
7. Any other act of unsportsmanlike conduct not specifically prescribed.

### **Duties of Contest Officials**

The Atlantic Coast Conference feels strongly that officials must have the courage to enforce the rules set forth by the Atlantic Coast Conference and covered in this document. When officials enforce the decorum rules, they will be supported by the member institutions of the Conference and the Conference Office. Failure to enforce rules may subject officials to reprimand or suspension by the Conference Office.

## **ACADEMIC INTEGRITY**

*From Clemson University's policy on Academic Integrity:*

As members of the Clemson University community, we have inherited Thomas Green Clemson's vision of this institution as a "high seminary of learning." Fundamental to this vision is a mutual commitment to truthfulness, honor and responsibility, without which we cannot earn the trust and respect of others. Furthermore, we recognize that academic dishonesty detracts from the value of a Clemson degree. Therefore, we shall not tolerate lying, cheating or stealing in any form.

### **I. Academic Integrity Policy**

- A. Any breach of the principles outlined in the Academic Integrity Statement is considered an act of academic dishonesty.
- B. Academic dishonesty is further defined as:
  1. Giving, receiving or using unauthorized aid on any academic work;
  2. Plagiarism, which includes the copying of language, structure or ideas of another or attributing the work to one's own efforts;
  3. Attempts to copy, edit, or delete computer files that belong to another person or use of Computer Center account numbers that belong to another person without the permission of the file owner, account owner, or file number owner.
- C. All academic work submitted for grading contains an implicit pledge and may contain, at the request of an instructor, an explicit pledge by the student that no unauthorized aid has been received.
- D. It is the responsibility of every member of the Clemson University community to enforce the Academic Integrity Policy.

*From Clemson University English Department General Policy on Academic Dishonesty:*

Plagiarism is a form of academic dishonesty. To plagiarize is to claim another's ideas or writing as one's own. It is a form of stealing.

Students often associate the term with writers who copy entire passages from a book, magazine, encyclopedia, or other printed source and turn them in to an instructor as their own work. This is perhaps, the most blatant form of plagiarism as well as the easiest for instructors to detect. After all, English instructors have spent years studying style, and they can usually recognize a passage lifted from *Time* magazine or other sources with distinctive styles. Instructors can usually recognize professional writing, even if they cannot immediately identify its source; they can, in fact, usually identify writing that is not the student's own, no matter what the source.

But plagiarism takes several forms. For instance, students plagiarize when they borrow ideas from other writers without giving them credit. In this case, students might not even use the other writer's language; nevertheless, they are stealing the writer's content. Students also plagiarize when they present another student's work as their own, including working off of another student's established

file.

An increasingly common form of plagiarism is to download material from the Web and use it as one's own. However, with the sophisticated search engines now available, which can identify sources through key words and phrases, this form of plagiarism is also fairly easy to detect.

Because plagiarism is such a complex concept, the English Department offers the following summary definition. Plagiarism includes:

1. The literal repetition, without acknowledgment, of the writings of another author. All significant words, phrases, clauses or passages in a student's paper which have been taken directly from source material must be enclosed in quotation marks and acknowledged either in the text itself or in the endnotes.
2. Borrowing without acknowledgment another writer's general plan, outline or structure of argument in the creation of one's own organization.
3. Borrowing another's ideas and representing them as one's own. To paraphrase the thoughts of another writer without acknowledgment is to plagiarize.
4. Allowing either another student or business to prepare the paper and then submitting it as one's own work

## **CLASS ATTENDANCE POLICIES**

It is important to understand that the university allows professors to set attendance policies for their class. It is possible to be dropped from a class for excessive absences, which could render you ineligible for practice and competition if you drop below full-time enrollment.

### **MANDATORY FIRST DAY CLASS ATTENDANCE**

All students must attend their first scheduled day of classes and labs. If you cannot attend class, you must contact the instructor and indicate an intention to remain in class. If you do not attend the first class or contact the instructor by the second meeting or the last day of drop/add period, whichever comes first, you may be dropped.

### **CLASS ATTENDANCE**

You must inform professors at the beginning of each semester about those days you will miss due to team travel. Some professors limit absences to three or four and do not excuse absences for any reason, including travel for competition. If your predicted absences exceed those allowed, please consult with your athletic academic advisor immediately.

Because regular class attendance is so important, your athletic academic advisor will monitor your class attendance and academic progress. Student-athletes are expected to attend all classes. Absences will be reported to your coach. If you participate in EEE, your attendance is monitored closely. If you are not in EEE, professors report your attendance routinely to your athletic academic advisor.

The attendance policy for student-athletes is effective for the fall and spring semester. Absences are not carried over from the previous semester. See the chart on the following page for a list of penalties.

### **TEAM TRAVEL VERIFICATION**

When team travel conflicts with class attendance, you must obtain a travel verification memo from your coach. **WARNING:** Team travel verification is not a class excuse. Some professors do not recognize team travel as an excused absence. You must discuss making up any missed work with your professor(s) prior to travel.

## COMPETITIONS DURING SEMESTER-EXAMS: POLICY FOR SCHEDULING

1. No “away” competition during the first week of classes. The first week is defined as Wednesday, Thursday and Friday of the opening class session.
2. Athletic Policy mandates that student-athlete cannot compete during a day on which final exams are scheduled. The exception to this policy **for home contests only** are as follows:
  - a. Friday prior to the first Saturday of exams;
  - b. After 6:00 p.m. on the first Saturday of exams;
  - c. Sunday on the week preceding the first full week of exams; and
  - d. After 6:00 p.m. on the second Saturday of exams.
3. There will be no “away” competitions scheduled on Friday preceding the first Saturday of exams.
4. The athletics director must approve exceptions that conflict with these policies. Furthermore, all exceptions must be reported to the athletic council.

The Conference office controls the scheduling for football, men’s and women’s basketball, and the NCAA establishes playoff and championship dates that could affect final exam schedules.

The athletic council’s subcommittee on academic integrity will monitor and document class absences per sport each semester and provide an annual recapitulation of athletic travel.

## INSTITUTIONAL ACADEMIC POLICY FOR STUDENTS PARTICIPATING IN INTERCOLLEGIATE ATHLETICS

To be eligible for athletic participation, student-athletes must meet the following institutional criteria:

As an undergraduate, be enrolled in a minimum of 12 hours. If you are in your final semester, you may enroll in less than 12 hours if that is the number needed for graduation.

As a graduate student, be enrolled in a minimum of 9 hours.

Pass a minimum of 6 hours of degree-applicable coursework to be eligible for post-season competition intercollegiate competition between terms and for competition the next semester.

If you are in your last semester and enrolled in less than six hours, you must pass all courses.

## MONITORING OF ATTENDANCE

All Clemson student-athletes are expected to attend class, to meet academic expectations and to be good ambassadors for Clemson athletics. Student-athletes will be monitored for the following:

- \* Fulfilling EEE hour requirements
- \* Class attendance/tardiness
- \* Tutor/Mentor attendance
- \* Attending athletic academic advisor meetings

When you miss a class, a tutor/mentor meeting or a meeting with your academic advisor, your head coach is notified. At the end of each week, a report is provided to the head coach, sport supervisor, athletic director, faculty athletics representative and dean of undergraduate studies that reports any absences from required meetings and an unwillingness to meet EEE hour-requirements. Penalties for those absences are described on the next page.

### Application

Withholding from competition or practice will be applied to the next scheduled contest or practice. If the team has completed its competition for the semester, the penalty will be applied to the first competition or practice the following semester. Student-athletes being withheld from away competition will not be permitted to travel with the team. The attendance policy applies whether or not the sport is in season.

## SCHEDULE OF PENALTIES IMPOSED FOR VIOLATIONS OF THE ATTENDANCE POLICY

### Unexcused Class Absences - Cumulative, All Courses

Absences	Penalty	Responsible Authority
First unexcused absence	Team discipline	Head Coach
Second unexcused absence	Team discipline	Head Coach
Third unexcused absence	Team discipline and head coach reports corrective measures to the sport supervisor.	Head Coach/ Sport Supervisor
Fourth unexcused absence	Student-athlete withheld from next practice.	Head Coach/Sport Supervisor
Fifth unexcused absence	Student-athlete withheld from next competition.	Head Coach/Sport Supervisor

### EEE Requirements

Did not meet weekly hour requirement	Penalty	Responsible Authority
First week	Team discipline	Head Coach
Second week	Team discipline	Head Coach
Third week	Team discipline and head coach reports corrective action to sport supervisor.	Head Coach/Sport Supervisor
Fourth week	Student-athlete withheld from next practice	Head Coach/Sport Supervisor
Each subsequent week	Student-athlete withheld from next practice	Head Coach/Sport Supervisor

[Note: Other instances of misconduct in Vickery Hall or in the classroom, such as habitual tardiness, will be evaluated on an individual basis with the Dean of Undergraduate Studies, faculty athletics representative and director of Vickery Hall. Actions will be taken as deemed appropriate by this group.]

## ACADEMIC REMINDERS

### CHANGING MAJORS

All academic major changes must be completed before the last day of class in the semester that the new major will become the designated major. The registrar's office certifies NCAA degree requirements in May towards the designated major at that time.

### TRANSFER CREDIT

Before taking courses at another college, it must be approved by faculty advisors. Only a grade of 'C' or better will transfer to Clemson. Students only receive credit, not grade points for transfer

credit, so transfer courses do not affect grade-point averages.

### **ACADEMIC SUSPENSION**

A student who is academically ineligible for re-admission may appeal to the Appeals Committee on Continuing Enrollment. The appeal must be in writing and include the following:

1. Reasons for academic difficulty and an explanation of any extenuating circumstances. Explain if there is a personal problem, such as an illness or death in your immediate family. If you had an illness, include a letter from your doctor, counselor or Redfern Health Center;
2. Reasons why you can meet all degree requirements within a reasonable length of time;
3. Specific actions that you will take to improve your grade point average such as setting aside more hours for study or using other support services.

### **FINANCIAL AID**

Whether a walk-on student-athlete or a scholarship recipient, NCAA rules affect the amount of financial aid a student-athlete may receive and the amount that may be used by a team.

To help comply with those rules, Clemson must be notified of any financial assistance that a student-athlete receives from sources other than parents or legal guardians and Clemson. If money from another organization is used to help defray college expenses, inform compliance services of the amount and source.

NCAA rules require that after the initial grant-in-aid offer, the director of financial aid must renew scholarships each year no later than July 1. The amount of athletic aid can be increased or decreased on a yearly basis. If financial aid is cancelled or reduced for the following year, that decision may be appealed to the Scholarship and Awards Committee. Student-athletes will be notified of that decision, in writing, no later than July 1 prior to the next year. The letter will include appeal procedures.

### **STUDENT-ATHLETE APPEALS**

There are four appeal opportunities provided to student-athletes under NCAA legislation. Please contact the faculty athletics representative, athletics director or compliance services if you need additional information.

1. If you want to transfer to another school, a coach at another school may not contact you without first obtaining written permission from our athletics director. You may request a release to discuss transferring with other schools. If Clemson does not grant your request, you may appeal to a review committee.
2. In sports other than football and basketball, Clemson may permit your new college to apply the one-time transfer rule exception on your behalf. If Clemson does not provide this exception for you, you may appeal to the review committee.
3. If your athletic scholarship is reduced or cancelled during the period of the award, you may request a hearing to appeal the decision.
4. If your athletics scholarship is not renewed, you may request a hearing to appeal the decision.

### **PELL GRANT**

The Pell Grant is a federal grant based upon a college student's financial need. The grant does not count towards NCAA team or individual limits. For the 2006-2007 year, the Pell Grant limit is \$4050. Student-athletes who qualify for this grant will receive one-half of the grant amount at the beginning of each semester.

To apply for a Pell, complete a FAFSA, which is available in the financial aid office, G01 Sikes Hall.

### **NCAA SPECIAL ASSISTANCE FUND**

The NCAA has earmarked money that is distributed through the Atlantic Coast Conference to assist student-athletes who may have financial needs that would otherwise be unmet. These funds can be used for medical, dental, off-campus counseling, clothing, and travel expenses related to family emergencies.

To qualify for this special assistance fund, student-athletes must be Pell Grant recipients. Foreign student-athletes not receiving Pell Grants are eligible for this fund only if they are full scholarship recipients and have demonstrated financial need.

Those who qualify for this special fund see Becky Bowman, associate athletics director for academic services, or call 656-0541 or <mailto:rbowman@clemson.edu>.

### **NCAA STUDENT-ATHLETE OPPORTUNITY FUND**

In the fall of 2003, the NCAA earmarked new money to help pay costs that arise in conjunction with participation in athletics and enrollment in the academic curriculum. These funds are available to all student-athletes. See Becky Bowman, associate athletics director for academic services, or call 656-0541 or <mailto:rbowman@clemson.edu>.

### **SUMMER SCHOOL FINANCIAL AID POLICY**

Financial aid for Maymester or first session summer school is typically limited to those student-athletes who have an eligibility issue. Exceptions may be made in the case of graduation requirements, limited or sequential course offerings, or in the case of unusual need that must be approved by head coach and sport supervisor. If participating in a spring sport, student-athletes are not eligible for financial aid for first session or Maymester.

Second session financial aid will be considered for all student-athletes who complete an application. The aid will be given at the same equivalency as the 2006-2007 school year. Books are provided only to those on full scholarship.

Student-athletes on athletic financial aid who make a "F" in a course or who drop summer school classes will not receive summer school financial aid on their next request for summer aid. Participation in voluntary athletically-related activities will be limited for those student-athletes who:

- Have a grade-point average below 2.2;
- Have been ruled ineligible for the fall semester;
- Must attend summer school to regain eligibility and;
- Have jeopardized progress towards a degree.

### **FIFTH YEAR FINANCIAL AID**

A student-athlete who has exhausted eligibility but does not have the number of hours to graduate may apply for scholarship aid for the fifth year. To apply for a fifth-year scholarship, request a "Graduation Status Report" from your academic athletics counselor. Review the "Graduation Status Report" with your head coach, receive approval and submit it to the director of SAEP. If you receive the aid, you must work during the aid period at duties assigned by your head coach.

Fifth year aid is granted on a semester-to-semester schedule, and it will be proportionate to the amount of aid received during your senior year. You must make satisfactory progress and take the equivalency of a full load.

### **AVOID THESE UNIVERSITY CHARGES!**

Athletic scholarship does not cover expenses associated with:

- Library fines;
- Fines for damage to University property, including the residence halls;

- Key deposits or replacement of a lost residence hall key;
- Vehicle registration fee;
- Parking fines;
- Telephone bills; or
- Lost textbooks.

Accumulating this kind of debt, affects the ability to schedule classes for the following semester, and in some instances, retain enrollment. Avoid these charges, and when any are assessed, deal with them immediately.

## **DRUG TESTING, EDUCATION AND COUNSELING POLICY**

### **Philosophy**

The Clemson University Athletic Department, its coaching staff, physicians, athletics trainers, and administrators strongly believe that the use of illegal drugs, abuse of prescription drugs, or the abuse of alcohol are detrimental to the physical and mental well being of its student-athletes. Improper drug use poses a risk of health and safety to the student-athlete, is against the law, and a violation of team rules. Therefore, the Athletic Department has implemented a mandatory program of drug testing, education, and counseling/rehabilitation efforts to protect the health and safety of the student-athletes and students associated with the Clemson Athletic Department.

### **Drug Education Policy**

The Athletic Department considers education to be an important part of its drug policy. The NCAA and Clemson Athletic Department drug policies and testing guidelines will be reviewed at a mandatory orientation for all student-athletes at the beginning of each year. Each student-athlete will receive written copies of the policies and testing guidelines and will sign consent forms for drug testing for both organizations.

Regular educational in-services will be offered to both student-athletes and athletics staff throughout the year. These programs will be offered in the areas of drug abuse prevention, drug and alcohol education and drug testing. All Athletic Department personnel, particularly head coaches, will cooperate in making sufficient time available during team meetings for any Athletic Department sponsored lectures.

### **Purpose of the Program**

The purpose of the Clemson Athletic Department drug testing, education and counseling program is to inform student-athletes of the dangers associated with drug and alcohol abuse. The central goal of the Clemson Athletic Department drug policy is to prevent improper drug and alcohol use in athletics and, where detected, to eliminate it, preferably through medical treatment and education. Specific goals of the Clemson Athletic Department program are:

1. To educate individuals of the dangers associated with drug and alcohol use and abuse;
2. To identify through random testing those individuals who may be involved in illegal drug or alcohol abuse;
3. To recommend and provide confidential counseling for those individuals with drug related problems; and,
4. To provide corrective actions for those individuals with drug and alcohol related problems.

### **Drug Testing**

All teams are screened for drug use as a group prior to the season, on a random basis throughout

the year and at the request of the head coach and/or other Athletic Department officials. In addition, the NCAA conducts random tests and may test at championship events. Cheerleaders, mascots, student athletics trainers, student managers and student video staff may be included in the testing program.

### **Drug Testing for Cause**

In addition to random testing, student-athletes are also subject to drug testing if there is cause to believe that they may be using illegal drugs. Circumstances which constitute cause include, but are not limited to, the following: current or past involvement with the criminal justice system for drug-related activities, prior treatment for drug problems, admission of a current drug problem, prior positive test for any illegal drugs or a pattern of aberrant behavior. Any coach, athletics administrator or athletics staff member who has cause for concern may request that a student undergo testing. These requests may be submitted to the athletics director or the associate athletics director for administration. A record of requests made and their disposition will be on file with the associate athletics director for administration.

### **Results of Drug Testing/Confidentiality**

Maintaining confidentiality and protection of the rights of the student-athlete is a critical factor in drug testing.

Under no circumstances will any Athletic Department personnel or any individual associated with the drug testing program be permitted to disclose publicly or allude publicly to any information acquired in their capacity, whether or not it relates to identified students, individual teams, or the Athletic Department. Any violation of this confidentiality clause may be grounds for disciplinary action, including dismissal from employment. Furthermore, unauthorized disclosures of certain confidential information may violate state and/or federal laws and could subject the individual to criminal prosecution.

### **Prohibited Substances**

Individuals are prohibited from use, purchase, possession, manufacture, distribution and/or sale or the attempted use, purchase, possession, manufacture, distribution and/or sale or aiding and abetting the use, purchase, possession, manufacture, distribution and/or sale by any of the following:

Amphetamines	Opiates
Barbiturates	Phencyclidine (PCP)
Benzodiazepines	Steroids
Cannabinoids (Marijuana)	NCAA Banned Drugs
Cocaine Metabolite	

### **Procedural Guidelines**

Each year a drug presentation will outline the dangers of drug use and the department's testing and education programs. The drug testing procedures to be followed will be explained in detail at our mandatory orientations.

All student-athletes, cheerleaders, mascots, student athletic trainers student equipment managers and student video staff will be required to sign a consent form giving the Athletic Department permission to test the student at any time.

Failure or refusal to appear for a scheduled drug test will be treated as a positive drug test.

Certified lab technicians will collect urine and/or hair samples. Each individual sample will be coded to provide confidentiality. Positive tests will be repeated and confirmed. If a student-athlete has a positive drug test, repeat drug testing will be performed as often as deemed necessary.

If a student-athlete makes the decision to self report this behavior, a positive drug test will not be charged against the student-athlete. Self-referrals play a significant role in educational aspect of our program for those student-athletes who are honest and attempting to adhere to the Athletic Department drug policy. It must be clearly understood that self-referrals are a one-time opportunity.

#### **Classification of a Positive Drug Test**

Specimens are examined by an independent testing agency. All specimens that show the presence of a prohibited substance are re-tested. A positive drug test for marijuana occurs when a student-athlete is in excess of fifteen (15) nanograms. These levels are the same as a positive test for the NCAA.

Mandatory counseling can be recommended in situations where there is a *presence* of any illegal drug or at the discretion of the associate athletics director for administration, head coach, or athletics director.

A student-athlete having a positive test will be tested as often as is deemed necessary. Testing is quantified in order to ascertain the exact amount of the prohibited substance in the student-athlete's system. The student will continue to test on a regular basis until such time as the student tests negative for the prohibited substances. If during the repeat testing process the test contains an increased amount of prohibited substance, this will constitute another offense, and the student will follow the remedial guidelines for the second or third offense, as applicable.

#### **Athletic Department's Response - Positive Test Results, Admission of Guilt, and/or Conviction by any Legal Authorities.**

The following are conditions that are implicit to the drug testing policy:

- A student-athlete's testing results will be cumulative throughout his/her career.
- Alcohol is considered as part of this process.
- If illegal alcohol or drug use is confirmed outside the testing program, it will constitute an offense for the student-athlete.
- There may be compelling reasons that would warrant a head coach recommending outright suspension and/or reduction or withdrawal of scholarship. If so, the head coach would be required to present such reasons in writing to the athletics director for consideration, before proceeding.
- Community service work assigned to an athlete will run concurrently with any community service work hours assigned by the university, federal, state or local legal system for the same offense.
- Any student-athlete failing to follow-through on assigned counseling, community service, and/or other sanctions as a result of their drug/alcohol offense will be charged with a further offense.
- A positive test result or admission to using drugs or alcohol and the plan for dealing with these issues may impact the reduction or withdrawal of scholarships. The issue of playing time or being a member of the team is the sole decision of the head coach in agreement with the athletics director.

#### **First Offense**

A positive test result or admission of use (drugs or alcohol) will have the following consequences:

1. Student-athlete will participate in a conference telephone call with coach, Director of Performance, and parent(s) or legal guardian(s) at which time the consequences of a positive test result will be reviewed.
2. Student-athlete will be required to attend mandatory evaluation and counseling sessions.

3. Student-athlete will be required to perform community service work minimum of 15 hours to a maximum of 40 hours.
4. Student-athlete will be subject to frequent retesting as determined by athletics administration and/or head coach. Second Offense

Same procedure as outlined above will be implemented. Additionally, the student-athlete will have the following consequences:

1. Student-athlete will be required to perform community service work for a minimum of 30 hours.

#### Third Offense

If a third positive test or admission of guilt occurs, it must be assumed that the student-athlete has a very significant problem or has made some conscious value judgment as to their behavior. The third offense will dictate a dismissal from the team and cancellation of financial aid.

#### **Possession of Steroids and Illegal Drugs**

The unauthorized possession of any steroid and the possession of any illegal drug by a student-athlete will be treated as a positive test result. This action will be in addition to actions taken by law enforcement and the institution.

#### **Alcohol Policy**

The Athletic Department endorses a healthy lifestyle and considers the illegal use and/or the abuse of alcohol to also be a concern for student-athletes. Those who repeatedly test positive or admit to the head coach or other athletics administrators that they abuse alcohol, and/or those convicted by any legal authority will be subject to the same mandatory three-step plan as outlined above.

#### **Discipline and the Appeal Process**

Any student-athlete who violates the drug and alcohol policy is subject to the corrective actions and guidelines within this policy. Any student disciplined under the drug policy has the right to appeal and to a hearing before the vice-president for student affairs. A request for appeal must be made in writing within five calendar days after notification of discipline.

Students are reminded that many of the drugs and most of the behaviors addressed in the drug policy are illegal. Conduct involving illegal drug use or abuse may subject a student-athlete to criminal prosecution and/or disciplinary action pursuant to the university's student judicial code.

Association with drug-related activity in a manner detrimental to the best interests of Clemson Athletic Department is strictly forbidden. Moreover, involvement in the criminal justice system for a drug-related offense will be taken into account in disciplinary action imposed by the Athletic Department. Such involvement may also serve as an independent basis for discipline, outside the drug policies outlined above.

#### **Reporting**

The president of the university will receive reports annually that summarize the results of the drug-testing program.

## **NCAA DRUG POLICY**

### **NCAA Drug Tests**

The NCAA conducts random tests for steroids and street drugs at bowl games and NCAA championship events. The NCAA has also instituted a summer drug testing policy where student-athletes may be tested wherever they spend their summer. It is the responsibility of their university to provide the NCAA with contact information.

A positive test will result in the loss of eligibility for the remainder of the current year and will end one calendar year after the student-athlete's positive drug test. If a student-athlete tests positive, eligibility must be restored by the NCAA. After a one-season penalty a subsequent drug test will follow to make sure the student-athlete is negative.

### **NCAA Tobacco Products**

The use of tobacco products is prohibited in all sports during practice and competition for all student-athletes, coaches and game personnel. A student-athlete who uses tobacco products during practice or competition will be disqualified for the remainder of that practice or competition (NCAA Bylaw 17.1.7).

The Clemson Athletic Department program is consistent with applicable NCAA policies. To the extent permitted by law, information obtained in the operation of the program is confidential.

### **NCAA's View on Nutritional Supplements**

The NCAA Drug Education and Drug Testing subcommittee (DEDT) has issued numerous memorandums to NCAA members regarding the risks involved with the use of nutritional supplements. Despite these efforts, the DEDT notes a significant number of positive drug tests. The DEDT is issuing this advisory to reemphasize the warning about the risks involved in the use of nutritional supplements. The environment for today's student-athlete is filled with easy access to products which are legally available over-the-counter but contain substances banned by the NCAA. Many student-athletes assume if these products can be purchased at a health food store, they must be allowed under NCAA rules. **THIS IS NOT TRUE!** Reliance on the advice of the clerk at the store, the distributor at the gym, or anyone who is not with the student-athlete's athletics program, has resulted in erroneous information about whether the product contains any NCAA-banned substance. This false information sometimes results in a positive drug test for banned ingredients contained in the product. Appeals based on this argument have not been successful in overturning a positive drug-test penalty.

Some common nutritional supplements are creatine, DHEA, androstenedione, 19-norandrostenedione glucosamine, ma huang (ephedrine), amino acids and ginseng. Many fat burners and weight-gain products contain nutritional supplements. Nutritional supplements can come in pill, powder, liquid and bars. Some are NCAA-banned substances and some are not. They all are legal and may be obtained at grocery stores, pharmacies, health food stores, on the Internet and almost anywhere. Student-athletes who test positive for illegal supplements are subject to a one-year suspension and loss of eligibility.

## **PARENTAL NOTIFICATION POLICY**

Clemson University Athletic Department is committed to the development, education and success of student-athletes.

The Department encourages personal responsibility and accountability, and wishes to respect the rights and privileges due to student-athletes, the majority of which are adults. The Department also recognizes that the input and involvement of parents and guardians can have a significant impact on the success and decision-making of student-athletes. Therefore, it is the position of the Department that, on occasion, the decision may be made to inform parents and guardians of issues and events affecting student-athletes. Such instances may involve illegal or criminal activity, incidents impacting the health and safety of the student-athlete, and any other issue that may affect their participation as a student-athlete, or enrollment as a student of Clemson University.

Student-athletes will be made aware of this policy through completion of the form entitled: "Student-Athlete Authorization / Consent for Disclosure of Educational Records".

## HOUSING POLICY

All freshmen student-athletes are expected to stay on campus and use the unlimited meal plan.

After the fall semester of the freshman year, student-athletes living on campus, may request for the following academic year, to live off campus provided they present:

- Recommendation of the Vickery Hall academic advisor, head coach, and sports supervisor
- Minimum of 2.3 overall grade-point-average; and
- Proof of transportation

Student-athletes wishing to exercise this option must obtain the Off Campus Request Form from their academic advisor with whom they will discuss the impact of their grades upon this request. The academic advisor will forward the form to the head coach who will make a recommendation and forward to the sports' supervisor.

Requests must be completed by the University Housing deadline, which will be announced each year.

In some circumstances, a student-athlete who does not meet the off-campus requirements may be permitted to move off. In these cases, the student-athlete must develop a plan of action with their academic advisor, coach, and sports supervisor, and agree to meet its conditions if they wish to remain off campus for the next academic year.

Failure of student-athletes to fulfill conditions for off-campus living may result in their return to on-campus housing and meals the next academic year.

## STUDENT-ATHLETE SUPPORT PROGRAMS

### TOTAL ATHLETE CARE AND PERFORMANCE PROGRAM

The Total Athlete Care and Performance Program is a support program that addresses athlete welfare and performance from a wellness perspective. It provides an integrated model of athlete care to provide student-athletes and coaches the resources and support required to succeed in the classroom, on the field and in life.

With the focus being on the athlete, the Program integrates all resources into one support system, allowing for efficient communication between various entities and rapid access to assistance relevant to each situation.

The Director of Student-Athlete Performance manages the athlete's integration of care. All of the following services are available to the student-athlete to enhance their success in the classroom, on the field and in life.

### ACADEMIC SUPPORT - VICKERY HALL

Constructed in 1991, Vickery Hall houses the Student-Athlete Enrichment Programs (SAEP) which provide essential support programs for all Clemson student-athletes. Named for former Clemson Dean, Kenneth Vickery, Vickery Hall was the first stand-alone facility in the country dedicated to the support of student-athletes. In 1998 Clemson was awarded the lifetime NCAA *CHAMPS/Life Skills* Division 1-A Athletic Director's Program of Excellence Award. The Athletic Department and SAEP follow the *CHAMPS/ Life Skills* model for student-athlete development. Those five primary commitments of the model are:

- *Commitment to Academic Excellence*

To support the academic progress of the student-athlete toward intellectual development and graduation.

- *Commitment to Athletic Excellence*

To build philosophical foundations for the development of athletic programs that is broad-based, equitable and dedicated to the well being of the student-athlete.

- *Commitment to Personal Development*

To support the development of a well-balanced lifestyle for student-athletes, encouraging emotional well-being, personal growth and decision-making skills.

- *Commitment to Career Development*

To encourage the student-athlete to develop and pursue career and life goals.

- *Commitment to Service*

To engage the student-athlete in service to his/her campus and surrounding communities.

### Vickery Hall Computer Lab

The computer lab is available to student-athletes and other students who serve in support roles for athletics: trainers, managers, video personnel, cheerleaders and Rally Cats. It is staffed by trained computer support assistants, and it houses 45 DCIT networked workstations. Wireless connection, high resolution color printer and scanning stations also are available.

#### Hours of operation:

Sunday: 3:00 p.m. – 10:00 p.m.

Monday through Thursday: 7:30 a.m. through 10:00 p.m.

Friday: 7:30 a.m. through 4:30 p.m.

### **Priority Registration**

The university allows student-athletes to register for classes prior to other students. This is done so that student-athletes can arrange class schedules to accommodate their academic goals and athletic responsibilities. Student-athletes must meet with their faculty advisor before registration. Once the schedule is made, the head coach and athletic academic advisor must approve any changes to it.

### **Textbook Policy**

Student-athletes on athletic scholarship are provided textbooks that are required for class during the regular academic year. During the summer, only student-athletes on a full athletic scholarship may receive textbooks required for class.

To secure textbooks, student-athletes bring their class schedule, all course syllabi and CUID to the bookroom operated in Vickery Hall. There they will receive a *Book Request Form* that will be taken to the campus bookstore and exchanged for textbooks. A separate *Book Request Form* must be completed for supplies, books purchased off-campus or materials from the Campus Copy Shop.

Student-athletes must return all textbooks and materials to the campus bookstore by the last day of exams. The cost of the books not returned are billed to student-athletes' university account.

### **Dropping a Class**

Student-athletes who need to drop a class must complete a REQUEST TO DROP FORM and have it signed by the head coach and athletic academic advisor.

### **EEE – Enrich! Engage! Empower!**

“Triple E” is a structured academic support program that includes the use of mentors, tutors, learning specialists and independent study. All freshmen and first-semester transfer student-athletes, and other student-athletes who are recommended by their athletic academic advisor participate in EEE. Participation is monitored and student-athletes are held accountable for engagement in the program.

### **Tutors**

Student-athletes and undergraduate support personnel may request a tutor for assistance in any subject. Tutors are trained to reinforce classroom instruction. The program is nationally-certified and is staffed by faculty-recommended students with superior competence in their academic disciplines. Tutors work with both individuals and in small group settings. Priscilla Kanet coordinates the tutor program and she can be reached at 656-2832 or [pkanet@clemson.edu](mailto:pkanet@clemson.edu).

### **Mentors**

Mentors work individually with student-athletes to reinforce study skills and time management techniques. Student-athletes may request a mentor through their athletic academic advisor.

### **Learning Specialist**

The learning specialists design and implement strategies so that student-athletes can achieve academic success. Learning specialists also serve as a liaison to the Clemson disability services

offices. Student-athletes who may experience difficulty learning are urged to talk with their athletic academic advisor.

### **Vickery Hall Values**

We believe that you can win ACC and National Championships with men and women who strive for academic and athletic excellence and who share values of honesty, open communication, fairness, balance in the personal life, integrity, life-long learning, accountability and commitment.

#### ***Vickery Hall staff members:***

- are honest in their dealings with athletes, coaches, parents and administrators.
- are technically sound in their approach to advising.
- are committed to developing expertise that is recognized nationally.
- are committed to helping the Vickery team meet the challenges of motivating student-athletes toward their best academic efforts.
- are known for treating student-athletes consistently and with a concern for their future.
- are chosen for Clemson and demonstrate a commitment to decision-making that is in the best interest of Clemson.

#### ***Our student-athletes:***

- are able to communicate with peers and with adults.
- are exposed to the best in academic support.
- understand that they are expected to perform at their highest level in the classroom and on the playing fields.
- understand that they are obligated to follow rules, train for championships and graduate.
- realize that in exchange for their participation in athletics they receive a college education, a network of support and life-long relationships.

## **EQUIPMENT ROOM SERVICES**

Equipment and apparel are provided for student-athletes and are the property of the Athletic Department. Student-athletes will be issued apparel for practice and competition. All incoming student-athletes and walk-ons must be academically certified before receiving equipment or apparel.

### **Apparel Procedures**

1. Practice gear is for official athletic practice and not for personal use. Replacement gear can not be issued if a student-athlete forgets gear.
2. Complete athletic equipment size sheets properly. There will be very few exceptions on size changes once the form is completed.
3. Apparel and equipment are issued only after proof of passing physical examination by the training room staff.
4. Practice laundry is washed every evening, Monday through Friday, and put back in the student-athlete's locker in a numbered, color-coded mesh laundry bag system. Laundry is available after 1:00 p.m. every day.
5. Personal items will not be laundered! Do not include personal items in the laundry bag. All personal items unclaimed or unmarked will be discarded after one week. Lost or stolen practice equipment is replaced upon payment for the missing item. Prices for missing

equipment are based on the replacement cost of the item.

6. Practice apparel and equipment must be turned in to the equipment manager if a student-athlete quits or is dismissed from the team. Student-athletes will be billed for equipment that is not returned. Once the bill is set, it is not permissible to return the equipment.
7. Practice apparel (practice sweats, practice shorts, all T-shirts and socks) belongs to student-athletes that stay on the team for the entire academic year. Laundry bags, pins and towels must be returned at the end of the year.

### **Competition Equipment and Apparel**

1. Equipment is issued before competition and should be returned promptly after the competition, within 24 hours or not later than 4:00 p.m. the following Monday. Student-athletes will have all laundry privileges revoked until equipment is returned.
2. Equipment worn for competition should be worn only during competition and never during practice.
3. Student-athletes are responsible for all competitive equipment from the time it is issued until the time it is returned.
4. Lost or stolen competition equipment can only be replaced when the cost of the missing item is submitted by the student-athlete. Prices for missing equipment are based on the replacement cost of the item.
5. All competitive equipment must be returned to the equipment manager.
6. Athletic shoes will be issued at the beginning of the year on the basis of need as determined by the head coach or equipment manager. NO additional shoes will be issued until the original pair is returned to the equipment room.
7. The equipment room is not responsible for items left in student-athletes' lockers. The person assigned the locker is responsible for ensuring it is secure. Lost or stolen items are the responsibility of the person assigned to the locker.
8. Each student-athlete assigned a locker is assigned a Clemson stool that has the locker room and locker engraved on it. The stool is the property of the Athletic Department. An inventory is taken at the beginning and end of the academic year. Any missing stool will be charged to the student-athlete assigned the locker at a cost of \$250.00.

Student-athletes are billed for any equipment or apparel items not returned or replaced. These charges will appear on advanced billings for registration. Student-athletes cannot register until the debt is paid, and will not be permitted to return any items reported as lost once the bill is submitted.

## **HEALTH EDUCATION**

Clemson University has a full-service health center which contains a department of Health Education. Open to all students, this resource provides valuable information on all aspects of health from alcohol and tobacco education to responsible sexual behavior, confidential HIV testing, and peer-education programs. For further information, contact the Director of Performance (Dr. Jackson) ([loretoj@clemson.edu](mailto:loretoj@clemson.edu); 864-637-8181), or stop by Redfern Health Center or call (864) 656-2233.

## MEDIA RELATIONS SERVICES

The Sports Information Department (SID) assists student-athletes in all phases of dealing with the media because of opportunities to interact with news media. This interaction should help develop communication skills that can be helpful not only during the intercollegiate experience, but in future professional and business settings.

### Tips for Interviews

- Never agree to a telephone or personal interview unless it is coordinated through Tim Bourret, sports information director, or one of his assistants. This helps avoid contact with unauthorized people.
- Be calm during the interview. Cooperating with the media allows you to give your side of the story, positive opinions and message. You can never go wrong complimenting a teammate or the opposition in an interview.
- Be on time for the interview or in returning phone calls. If a problem arises, please notify the SID office immediately so that they may reschedule the interview.
- Control the interview - you are not obligated to answer any questions that make you uncomfortable. The proper way to answer a question is, "I'd rather not discuss that subject at this time" or "I'd rather not make a comment on that question at this time." Never say anything that you may regret to see or hear in the next day's newspaper, radio or television show. You can always tell the media member to speak with your coach.
- Please contact the SID office if you feel uncomfortable with any interviews, or for any further assistance, at 656-1926 or 656-1924.

*From the NFL Media Relations Handbook:*

"Fans judge you as an athlete according to how you perform during competition. They judge you as a person according to how you perform with the media. If fans develop a good impression of you through the media, especially when things are not going well in competition, the benefits to you can be significant."

## NUTRITION

The Clemson University Athletic Department provides the services of an exercise physiologist/sports nutritionist for individuals and teams. The emphasis is upon nutrition for performance, energy, weight loss and weight gain. Additionally, student-athletes may be referred to one of the University registered dietitians for health-related dietary issues. The Athletic Department enjoys a collaborative relationship with the University's Dining Services who are willing to work on special needs with athletes, coaches and teams. Contact the Director of Performance (Dr. Jackson) for further information ([loretoj@clemson.edu](mailto:loretoj@clemson.edu); 864-637-8181).

## SPORTS MEDICINE

The sports medicine department/athletic training room is the medical facility for the Athletic Department. This facility provides diagnosis and treatments for Clemson student-athletes. Full-time certified athletic trainers, graduate assistant athletic trainers, and student athletic trainers work under direct supervision of the team physician. This group of qualified individuals works closely to determine the care of the Clemson student-athletes. The following are some of the objectives of the

sports medicine staff:

1. To ensure that freshmen student-athletes are physically and emotionally prepared to participate at the intercollegiate level.
2. To anticipate and prevent injuries or illnesses that could endanger participation in practice, competition or the pursuit of a healthy lifestyle when athletic participation concludes.
3. To rehabilitate injuries and illnesses in a manner that ensures a healthy return to practice and competition.
4. To discourage and detect the use of illegal, banned or unhealthy drugs and medicines, or other substances.

### **Responsibilities of the Student-Athlete**

Report any injury or illness to the sports medicine staff member(s) assigned to your sport or the team physician as soon as possible. Inform the sports medicine staff member(s) of any problems with teammates when there is a potential problem or situation that needs to be addressed.

### **Graduate Assistant and Student Athletic Trainers**

The graduate assistant and student athletic trainers work under the direct supervision of the staff athletic trainers and team physician. The staff athletic trainers and team physician are involved with frequent in-service training during the year with these individuals.

### **Physical Examinations**

Each year the team physician gives all student-athletes a physical. Each athlete must have a physical prior to any participation as a Clemson athlete, which includes any workouts in the strength and conditioning facility.

### **Treatment Confidentiality**

Each student-athlete signs an information release in the medical history to permit the Athletic Department to release medical information. Every effort will be made to make this information of a general nature and not specific.

### **Procedures for Athletic Injuries and Illnesses**

Injuries should be reported to and treated by the athletic trainers assigned to the student-athlete's sport. If the assigned athletic trainer is not available, another athletic trainer should be consulted. Treatments should not be missed because a specific athletic trainer is not available. Athletic trainers are under the direct supervision of the team physician and will carry out any medical treatment prescribed by the team physician.

### **Procedures to see the doctor and receive treatment:**

1. Check in at the front desk to receive a routing slip.
2. Doctor slips must be completed by an athletic trainer.
3. Receive appropriate treatment/care by the sport's assigned athletic trainer. If the assigned athletic trainer is not available, any athletic trainer can provide treatment.

The Athletic Department will be responsible only for referrals made by the team physicians. Any second opinions obtained independent of the Clemson sports medicine staff are not paid by the Athletic Department.

### **Medications**

The Athletic Department will pay for the following:

- Medication necessary to help recover from injuries;
- Medications for infections, asthma, ulcers that are deemed necessary to allow safe and full

participation during the competitive season;

- Individual packets of over-the-counter medications available in the training room; and
- Prescriptions. In order to qualify, the prescription must be taken to the Hubbard Young Pharmacy located (across from the Astro movie theatre in downtown Clemson) during normal business hours (8:00am – 6:00pm M-F; 8:00am – noon Sat).

Note: Athletics cannot pay for medications unrelated to athletic performance.

### **Treatment Guidelines**

- Dress in shorts and t-shirts before treatments;
- Shower and change into clean shorts and t-shirts for treatment after practice;
- Consult the team physician or full-time athletic trainer before using any treatment machines. An athletic trainer will maintain a treatment record; and
- Check in with an athletic trainer before using equipment in the athletic training room.
- If an athlete is ill, they need to see the team physician at Jervy between 7:15am-8:00am. Athletes will not be excused from class unless the team physician has physically examined them and determines they should not attend class. The athlete assumes responsibility for missing class and should be aware of each professor's attendance policy.
- If an athlete needs treatment, surgery, or testing he/she is to coordinate the appointment through the Sports Medicine staff. Every effort will be made to schedule this appointment around class. The Sports Medicine Staff along with the athlete should inform the athletic academic advisor of any conflict that may occur.

### **Training Room Rules**

1. No food or drinks;
2. No tobacco products of any kind;
3. No cleated shoes of any kind;
4. No shoes of any kind will be allowed on any tables;
5. Please leave all bags (travel, laundry, or book) or any other extra articles in the cubbies at the entrance of the Athletic Training Room;
6. No horseplay or abusive language;
7. No supplies will be removed from the athletic training room without the permission of an athletic trainer;
8. No athlete should be late for a practice or event because he/she was in the athletic training room; and
9. Allow adequate time for treatment and taping.

### **Athletic Training Room Hours**

Individual sports athletic trainers will set appropriate times.

8:00 a.m. Monday through Friday (Closing determined by daily activities.)

Saturday and Sunday: available by appointment only.

### **Team Physician Hours - Jervy Athletic Training Room**

7:00 – 8:00 a.m. and 1:30 p.m.

Departure determined by daily activities.

*If an emergency arises after these hours seek treatment at the Emergency Room at Oconee Memorial Hospital (Highway 123 in Seneca) 882-3351.*

## **Insurance**

The Athletic Department first applies the student-athlete's primary insurance to all charges for treatment of an athletic injury, and then applies secondary insurance provided by Clemson. All student-athletes on scholarship must provide their insurance information before participating in any athletic activity. All non-scholarship student-athletes must provide proof of medical insurance before their physical is given.

***NOTE: HMOs will not be accepted as sufficient insurance coverage.***

## **Additional Information**

- Expenses from any injury or illness not incurred as a result of athletic participation is the sole responsibility of the student-athlete.
- The Athletic Department will not assume any financial responsibility for medical treatments obtained without a referral from the athletic trainer or the team physician.
- Student-athletes are responsible for an injury that occurs while not participating in an approved Athletic Department activity.
- All medical care provided outside the Athletic Department must have prior approval.
- Student-athletes assume financial responsibility for treatment beyond the Athletic Department's realm of care. This can include, but is not limited to, second opinions, testing, services, medication, surgery and rehabilitation.
- It is the policy of the Athletic Department to not assume responsibility of continued medical coverage for athletic related illness/injury after an athlete has exhausted their intercollegiate career. If there is a circumstance indicating a need for further treatment after a student athlete has exhausted his/her intercollegiate career, it is the responsibility of the student athlete to have approval of coverage by the Clemson University Sports Medicine Staff at the completion of his/her last season of eligibility. Each student athlete should complete an Exit Injury Statement upon completion of his/her participation after exhaustion of eligibility, dismissal or resignation from any Clemson University Athletic Department Intercollegiate Varsity Team.

## **Dental Care and Contact Lenses**

Athletics will be responsible for dental problems caused by injury to a student-athlete while participating in authorized practices, competition or those allowed by NCAA rules. If contacts are necessary for sports participation, athletics will provide for fitting and purchase. Athletics will provide a nine-month supply of soft disposable lenses per eye for each academic year. Replacements will be provided for lenses lost or damaged during participation in authorized practice or competition. Athletic trainers should be notified immediately when a lens is lost.

## **General Principles Regarding AIDS**

1. The American College Health Association states that there is no medical justification for restricting the access of students with AIDS, AIDS related complex (ARC), or a positive HTLV-III antibody test to student unions, theatres, restaurants, cafeterias, snack bars, gymnasiums, swimming pools, recreational facilities or other common areas.
2. The Clemson policy statements on AIDS ensures that those individuals identified as having a positive antibody to HTLV-III, ARC or AIDS will not be unlawfully discriminated against at Clemson.
3. Presently, only blood and semen have been clearly implicated in transmission, although HTLV-III has been isolated from blood, semen, saliva, tears, breast milk and urine, and is likely to be isolated from other body fluids excretions and secretions.

In view of the above statements, and in the opinion of the athletics team physician, the following principles apply:

1. Permission to participate in intercollegiate athletics at Clemson for a person with AIDS, ARC, or HTLV-III positive antibody is dependant upon such variables as:
  - The determined infectivity of the affected individual;
  - Risk for other student-athletes involved with the infected individual;
  - The amount of and type of body to body contact in each sport and the relative risk of fluid exchange during practice or competition; or
  - Other factors deemed by team physician to protect the health of all participants.
2. Infected individual's scholarship and other benefits are handled consistent with any other medical condition affecting competition in intercollegiate athletics.

Note: Federal and state statutes protect all confidential medical information. Any medical information released must be with the patients' written consent, and note that unauthorized disclosure may create legal liability.

### **Weight Control and Supplements**

The Clemson sports medicine and the strength and conditioning staffs work closely to determine the best course of action to take with athletes that need to gain or lose weight. The team physician will play a vital role in this process. Do not take supplements without the approval of the sports medicine staff.

\*Student-athletes are responsible for reading a products label and consulting with the appropriate Athletic Department representative to determine whether the products ingredients include an NCAA banned substance on the label. Student-athletes assume the risk that supplement products may be mislabeled or contaminated with an undisclosed banned substance. Ultimately, student-athletes are responsible for any substance they put in their body.

## **SPORTS PSYCHOLOGY**

The Clemson University Athletic Department provides, for student-athletes, teams, and coaches, the services of two sports psychologists. Student-athletes may be referred to one of these professionals or may request a consultation. Contact the Director of Performance (Dr. Jackson) for further information ([loretoj@clemson.edu](mailto:loretoj@clemson.edu); 864-637-8181). Additionally, the University has a Counseling and Psychological Services (CAPS) program housed in the Redfern Health Center. This is available to all students at no cost, and a student-athlete may choose to access this program at any time, or may be referred to the program by Athletic Department staff. Call 864-656-2415 for further information or to schedule an appointment.

## **STRENGTH AND CONDITIONING**

The Clemson University Strength Facilities are designed to provide the athlete with the best possible equipment, instruction, and training in the country. A staff of five full-time trainers and a host of graduate assistants are available to teach proper lifting techniques, design sport-specific programs and motivate each athlete to excel in his or her particular sport.

The Strength Facilities are for University athletes only. However, upon request from the Strength, Speed and Conditioning director, permission to use the facilities may be granted to other individuals on a case-by-case basis. The individual must sign a waiver release form to use the

Strength Facility. The strength staff will handle all scheduling and training blocks. Teams or athletes should always report to the weight room promptly at their assigned time. Graduate assistants will be assigned weight room duties and supervision as directed by the Strength, Speed and Conditioning coordinator. The graduate assistants will monitor varsity sports throughout the course of the year. This includes program design, implementation, instruction, and testing.

Weight room hours will be from 6:30 a.m. to 6:00 p.m., unless otherwise posted. Take pride in your Strength Facility by carefully following the policy guidelines listed below:

1. You must wear only Clemson gear when training in the Strength Facility. No head gear or cut off shirts.
2. All shorts must be at mid thigh and no spandex shorts unless under normal issued shorts.
3. You must check with your strength coach each time that you enter the Facility.
4. No swearing is allowed.
5. You must have a workout, follow it, and record workout content on your own.
6. If you have an injury that may in any way inhibit a portion of your workout, you must first see a trainer and receive a written slip explaining the injury, which movements are to be avoided, and which ones may be substituted.
7. Lifters are required to use collars any time there is weight on Olympic bars.
8. Lifters are required to use spotters on every set.
9. Move weights from the weight trees to the bar only. Never set the weights on upholstery or lean them against equipment.
10. Strip all bars immediately after usage. Return dumbbells to the rack in proper order.
11. Food, drink, gum, tobacco of any kind, and toothpicks are not permitted.
12. Portable audio devices are allowed in Cardio Area Only.
13. Spitting or defacing the Facility is not permitted and will result in immediate expulsion.
14. The staff offices and telephones are off-limits to athletes, unless permission is given.
15. The strength staff is not responsible for holding personal items.
16. Follow all instructions given by coaches.

Failure to follow any of the policies will result in loss of weight room privileges.

## HONORS AND AWARDS

### NCAA AND ACC ACADEMIC AWARDS

#### **Post-Graduate Scholarships**

Each year the NCAA and ACC award a number of post-graduate scholarships to student-athletes who plan to pursue graduate or professional school programs of study. Recipients are selected based on athletic and academic performance, leadership, community service and participation in student activities. Scholarship applications and nominations are coordinated in Vickery Hall by Leslie Moreland. If you are interested in learning more about the post-graduate scholarship opportunities, see your athletic counselor.

#### ***ACC Weaver-James-Corrigan Post-Graduate Scholarship***

The ACC honors three student-athletes a year from each institution with a \$5,000 postgraduate scholarship. All recipients have performed with distinction athletically, have a minimum grade-point average of 3.0, demonstrated exemplary conduct in the community and have engaged in leadership activities.

#### ***NCAA Ethnic Minority and Women's Enhancement Scholarship***

The goal of this program is to increase the pool of, and opportunities for, qualified minority and female candidates in intercollegiate athletics. The NCAA awards 13 scholarships valued at \$6,000 to ethnic minorities and 12 scholarships to women who will be entering their initial year of postgraduate studies. Candidates must be seeking admission, or have been accepted, into a sport-administration or related field.

#### ***NCAA Post-Graduate Scholarship***

The NCAA awards up to 174 postgraduate scholarships of \$7,500 each year to student-athletes who have excelled academically and athletically. Applicants must have a minimum grade-point average of 3.0, performed with distinction as a member of a varsity team, shown involvement in university activities and perform volunteer service.

#### ***Walter Byers Post-Graduate Scholarship Program***

Awarded by the NCAA to one male and one female student-athlete annually in recognition of outstanding academic achievement and potential for success in graduate study. Award recipients must have a 3.5 grade-point average, show evidence of superior character and leadership, and demonstrate that athletics has had a positive influence on their personal development. The scholarship is valued at \$21,500.

#### ***The Freedom Forum-NCAA Foundation Sports-Journalism Scholarship Program***

The Freedom Forum, through a grant to the NCAA, supports eight \$3,000 scholarships to college juniors who have career goals in sports journalism. The program assists recipients in their final year of undergraduate study and is designed to foster freedoms of speech and press while promoting quality sports journalism education.

#### ***Sears Director's Cup Post-Graduate Scholarship Program***

\$5,000 postgraduate scholarships are awarded to five students, nationally, who have excelled in their support of intercollegiate athletic programs and student-athletes.

#### **Post-Graduate Internships**

Internship opportunities are available through the NCAA and ACC for students interested in pursuing careers in sports administration, sports media or compliance. Interns participate in projects

or work alongside practicing professionals as they tackle day-to-day challenges. Internship applications and nominations are coordinated through Vickery Hall by Leslie Moreland.

#### ***NCAA Internship Program***

The NCAA offers twelve paid, one-year internships at its national office in Indianapolis, Indiana, providing on-the-job learning experiences for college graduates who express an interest in pursuing a career in the administration of intercollegiate athletics. The areas of the positions are administrative services, branding and communications, championships, Division I men's and women's basketball, education services, enforcement services, governance and membership services.

#### ***ACC Futures Internship Program***

The ACC, in partnership with Fox Sports Network, Sunshine Network, and Disney Wide World of Sports, offers five one-year, paid internships. The internships are designed for graduating student-athletes with an interest in sports administration, programming and sports broadcasting.

### **STUDENT-ATHLETE ACADEMIC HONOR ROLL: CLEMSON**

Student-athletes with a 3.00 grade point average during the fall or spring semester are named to the Student-Athlete Honor Roll.

#### **Honor Banquet**

The Athletic Department hosts a banquet each year to honor the academic achievements of Clemson's student-athletes. The evening agenda includes:

- A reception and dinner program;
- Inducting postgraduate scholarship recipients into the Academic Hall of Fame;
- Presenting awards to the All-Academic Team, the junior or senior from each team with the highest overall grade point average;
- Recognizing student-athletes who have significant and consistent improvement in their academic performance; and
- Recognizing the team with the highest grade point average for the spring and fall semesters.

### **LEADERSHIP RECOGNITION**

#### **NCAA Woman of the Year**

The NCAA Woman of the Year Award honors senior student-athletes who have distinguished themselves throughout their collegiate careers in the areas of academic achievement, athletics excellence, service and leadership.

#### **NCAA Sportsmanship Award**

The NCAA Sportsmanship Award honors student-athletes who, through their actions in the competitive arena of intercollegiate athletics, have demonstrated one or more of the ideals of sportsmanship, including fairness, civility, honesty, unselfishness, respect and responsibility. Selections are made by the NCAA Committee on Sportsmanship and Ethical Conduct.

#### **NCAA Foundation Leadership Conference**

Student-athletes are nominated by the staff to attend the NCAA Foundation Leadership Conference each spring. Four sophomore or junior level student-athletes (two male and two female) are recommended based on the students' consistent support of Clemson athletics life skills program and strong leadership demonstrated within their team and the Athletic Department. The NCAA selects one or two students from each university to attend.

### **Top VIII Award**

Honors eight outstanding senior student-athletes of the preceding calendar year. From 1973 through 1985, this award was known as the Today's Top V Award and from 1986 through 1994, it was known as the Today's Top VI Award. Selection is based on athletic ability and achievement, academic achievement, character and leadership.

## **ATHLETIC HONORS AND AWARDS: CLEMSON**

Clemson provides a number of individual awards for athletic achievements. In order to receive an athletic award, a student-athlete must be eligible for athletic participation as defined by the NCAA. A student-athlete must be listed on the team roster from the first practice through the final contest. Redshirt student-athletes and medical hardships are not eligible for awards. Awards are described in the sections that follow and may not be purchased.

### **Letter Award Program**

First Year      Letter Jacket  
Second Year    Coaster Set  
Third Year      Watch  
Fourth Year     Ring

Letter awards given to transfer students are listed below:

#### **Three-Year Transfer:**

First Year      Letterman Jacket  
Second Year    Ring

#### **Two-Year Transfer:**

First Year      Letter Jacket  
Second Year    Coaster Set  
Third Year      Ring

## **NCAA CHAMPIONSHIP AWARDS**

### **NCAA Participation Award:**

For individual sports, only those team members who travel to the site of the competition will be eligible for these awards. For team sports, a student-athlete must be listed on the team roster from the first practice through the final contest. Red shirt student-athletes and medical hardships are not eligible for the award. Any exceptions to the above policy for providing awards must be approved by the Director of Athletics and/or their sport supervisor upon written recommendation of the head coach. If your team is selected to participate in the NCAA Championship Tournament, each active team member will receive a participation award. Awards will be provided to student-athletes, coaches, managers, trainers, and any support staff that regularly travel with the team during the complete season.

### **NCAA Regional Winners/Winners of 1st Round, 2nd Round/National Championship Final Participant(s):**

Awards will be provided as outlined above for those individuals/teams who either win a regional,

win two rounds in the NCAA Tournament or place high enough to advance to the NCAA Championship finals

**National Championship Winners-Team:**

Those teams winning a National Championship will be eligible for a National Championship ring. Those eligible are outlined above in paragraph one.

**National Championship Winner-Individual:**

Any individual in Golf, Swimming, Tennis, or Track who wins a National Championship will be eligible for a National Championship ring. Only that individual and the individual who directly coaches them may receive a ring.

*\* NCAA and National Championship Awards are not cumulative.*

## **ATLANTIC COAST CONFERENCE AWARDS**

**Atlantic Coast Conference Championships**

Member institutions of the ACC participate in an awards program to recognize ACC champions for each conference recognized sport. Each year Clemson Athletics gives the awards listed below as part of this program to the championship team.

**Conference Championship – Ring or Watch plus ACC plaque**

A student-athlete must be listed on the team roster from the first practice through the final contests. Red shirt student-athletes and medical hardships are not eligible for the award. Only team members, manager(s), trainer(s), and coaches are eligible to receive award. Any exceptions to the above policy must be approved by the director of Athletics and/or their sport supervisor upon written recommendation of the head coach.

**ACC Excellence in Scholarship Award**

Each year, one male and one female student-athlete are selected to receive the ACC Excellence in Scholarship Award. Criteria are set by Clemson and recognize overall academic accomplishments. The director of Vickery Hall will make the recommendation to the Athletics Director who will make the final decision.

**All-ACC Awards**

Student-athletes named to All-Conference or All-Tournament teams receive individual awards from the Atlantic Coast Conference. Awards and criteria for selection are established by the conference. Clemson Athletics may give no additional award.

## NCAA AND ACC RULES

Compliance services assist Clemson coaches, student-athletes and fans understand and abide by the rules and regulations of the NCAA and the ACC. Student-athletes are reminded of Clemson's commitment to rules compliance as they perform in the classroom, meet the obligations of intercollegiate athletics and help conduct official visits for prospective student-athletes.

### COMPLIANCE

Clemson voluntarily joined the ACC and the NCAA. Because of our membership in these two associations, we follow the rules established by each. Student-athletes are an important part of Clemson's compliance effort. The rules that follow are key principles to know and follow. Your coaches, athletic academic advisor and other athletic administrators will supplement this information throughout the upcoming year.

The following information summarizes key NCAA rules that directly affect student-athletes and to which are attached significant consequences if student-athletes do not comply. If you have questions about NCAA rules, please contact compliance services at 656-1580 or visit the website at <http://www.clemsontigers.com/>.

### ELIGIBILITY

#### **Progress Towards Degree – Enrolled in College After August 1, 2003**

The NCAA membership changed the rules for satisfactory progress for students entering college for the first time on or after August 1, 2003. Clemson athletes must adhere to the following:

- Earn 24 hours and have at least a 1.8 grade point average (GPA) to be eligible at the beginning of your second year. Only six of those hours may be earned in summer school;
- Earn 40% of your degree requirements and have at least a 1.9 GPA to be eligible at the beginning of your third year;
- Earn 60% of your degree requirements and have at least a 2.0 GPA to be eligible at the beginning of your fourth year; and
- Earn 80% of your degree requirements and have at least a 2.0 GPA to be eligible at the beginning of your fifth year.

#### **Satisfactory Progress – Enrolled in College Before August 1, 2003**

Clemson athletes must adhere to the following:

- Earn only 6 hours toward satisfactory progress requirements during the summer. You may “bank” hours;
- Earn 50% of your degree requirements and have a 1.95 GPA to be eligible at the beginning of your fourth year; and
- Earn 75% of your degree requirements and have a 2.0 GPA to be eligible at the beginning of your fifth year.

#### **Other Eligibility Requirements – All Student-Athletes**

- NCAA rules require that all student-athletes pass six hours per semester in order to compete the following semester.
- NCAA rules allow student-athletes five years to complete four years of competition;
- NCAA rules require student-athletes to designate a major prior to beginning of their third year of enrollment.

## EMPLOYMENT

NCAA rules no longer restrict student-athlete employment. It is now permissible for all student-athletes to work, and there is not a limit on the amount of earnings during the academic year provided the student is compensated for work actually performed. However, individual team rules may differ.

Clemson must monitor student-athlete employment, so it is important to contact Leslie Moreland, assistant director for athletics career services, prior to starting any employment. She can be reached at 656-0965 or by email at <mailto:lmore@clermson.edu>.

## FEE-FOR-LESSON

A student-athlete may receive compensation for teaching or coaching sport skills or techniques in his or her sport on a fee-for-lesson basis provided:

1. Institutional facilities are not used;
2. Playing lessons are not permitted;
3. Compliance services obtain and keeps on file documentation of the recipient of the lesson(s) and the fee-for-lesson(s) provided during any time of the year;
4. Compensation is paid by the lesson recipient (or the recipient's family) and not another individual; and
5. A student-athlete does not use his or her name, picture or appearance to promote or advertise the availability of fee-for-lesson sessions.

*Before providing lessons for fees, contact compliance services and complete an approval form.*

## EXTRA BENEFITS

An extra benefit is any award, gift, benefit, or expense not allowed by NCAA rules. Generally, a student-athlete may not receive a benefit that is not available to other members of the student body. Examples of such benefits, which may not be provided by anyone other than your parents or those you are financially dependent upon, include but are not limited to: loans, gifts, clothing, stereo equipment, compact discs, food, beverages, transportation, ownership or use of automobiles, use of automatic cash machine, low interest or interest free loans, cell phones, telephone credit cards and use of charge accounts. \*

Please understand that receipt of any extra benefits renders student-athletes ineligible and the team may have to forfeit contests in which the student-athlete participated. If offered any extra benefit, please contact compliance services immediately at 656-1580.

*\*The ACC requires Clemson to gather information about vehicles at the beginning of each academic year. Be prepared to provide information about ownership, outstanding loans and lending agencies before being certified to compete.*

## TIME LIMITS - PRACTICE AND COMPETITION

The NCAA believes athletics participation should enhance the educational welfare of student-athletes. To support that principle, there are limits to the number of hours a student-athlete can be required to participate in athletically related activities. When a team is in-season, those limits are set at 20 hours per week and one day off in a seven-day period. When a team is out-of-season, those limits are set at eight hours per week and two days off during the calendar week. At the beginning of each year, student-athletes receive a list of activities that are counted as required athletically related activities. Contact compliance services at 656-1580 for more information.

## GAMBLING

Gambling is a serious breach of conduct for an intercollegiate student-athlete. If a student-athlete gambles, eligibility to participate in intercollegiate competition is lost. The following activities are considered by the NCAA as gambling:

- Providing information to individuals involved in organized gambling activities such as injury reports, game plan strategy or player discipline;
- Soliciting a bet on any intercollegiate team;
- Accepting a bet on any team representing an institution;
- Soliciting or accepting a bet on any intercollegiate game or any item that has tangible value – like a dinner, cash, T-shirt; or
- Placing or taking bets on intercollegiate athletics or those professional sports in which the NCAA also sponsors. This includes working with a bookmaker, parlay cards, or any other method employed by the organized gambling industry.

### PROTECT YOUR AMATEUR STATUS

Consult the head coach before entertaining invitations to participate in competition away from Clemson in your sport. NCAA rules may differ from those of the amateur governing body for your sport. Please review the following activities that are against NCAA rules. Participation in the following jeopardizes eligibility, and most likely requires the student-athlete to be reinstated by the NCAA. Reinstatement almost always involves the student-athlete being withheld from competition and payment of any money earned in the impermissible activity.

#### **NCAA amateur rules do not allow the student-athlete to:**

- Accept payment or a promise of payments such as cash, prizes, gifts or travel for participation in the student-athlete's sport;
- Enter into an agreement of any kind to compete in professional athletics. A verbal or written professional contract may not be negotiated;
- Request to be put on a draft list for professional sports or try-out with a professional sports organization;
- Use athletic skill for payment;
- Conduct a camp/clinic;
- Play on any professional athletics team;
- Receive athletically related financial aid that is determined by anyone other than the university; or
- Participate on teams other than Clemson's during the sport's season.

#### **NCAA rules will not allow student-athletes, in any sport, to:**

- Agree to have their picture or name used to promote a commercial product;
- Accept gifts, meals, loans of cars or money from anyone other than their parents or those responsible for your expenses;
- Be represented by an agent or an organization that markets athletic skills or reputation;
- Receive any benefit that is not available to other students at the university;
- Participate in a summer league not approved by the NCAA. The athletics director must provide written permission from the athletics director for summer league participation; or
- Play on a non-departmental athletic team during the academic year without permission from the head coach and faculty athletics representative.

### OUTSIDE COMPETITION

The ACC and NCAA limit student-athletes' participation on outside teams during the academic year (including official vacation periods.) Also, there are restrictions for competing on outside teams during the summer. Student-athletes cannot agree to participate on an outside team without first getting the approval of the head coach and compliance services. *Penalties for participating on an*

*impermissible outside team can range from permanent loss of eligibility to the loss of at least one season of eligibility.*

## **PROMOTIONS**

The Athletic Department embraces Clemson's commitment to community service. Student-athletes may be asked to participate in institutional, charitable, educational or nonprofit promotions. When student-athletes receive invitations to participate in outside promotions, contact compliance services at 656-1580 to make sure the activity does not jeopardize eligibility.

Clemson's student-athletes may field request to participate in promotions that are not permissible because of ACC or NCAA rules. If contacted by phone or in person to become involved in a promotion, student-athletes must refer that person to compliance services. Let compliance services determine if the activity meets the NCAA and ACC requirements. If it does, compliance will work with the head coach, the student-athlete and the person or organization making the request. If the request does not meet the requirements of NCAA or ACC rules, compliance protects the team and student-athlete from unnecessary penalties.

## **PLAYER COMPLIMENTARY ADMISSIONS**

These policies and procedures are applicable for sports that charge admission.

### **Policies:**

- Student-athletes receive a maximum of four complimentary admissions per home or away contest in which they are eligible to compete;
- All admissions are by a pass list only - no "hard" tickets are issued;
- Tickets may be used by anyone designated by the student-athlete, excluding player agents;
- Student-athletes may authorize another teammate to use up to four complimentary admissions with prior written approval of all student-athletes involved in the trade or transfer;
- All transfers must be made prior to the athletics contest; and
- Extra tickets may be purchased in advance using existing student ticket priority and paying the appropriate costs for regular and postseason events;
- Complimentary admission tickets **MAY NOT BE SOLD** or exchanged for goods or services

### **Procedure:**

The ticket office will administer all game-day admissions. People (except children) receiving player complimentary admissions must display a picture identification at the pass gate. The name and signature on the I.D. must match the name and signature on the player request.

After the game, a copy of the complimentary admissions master list will be reviewed by compliance services and the ticket office will keep the original for five years from date of event.

## **BOOSTERS**

The NCAA strictly limits the role representatives of athletics interest (boosters) may take with regard to our recruits and student-athletes. NCAA rules do not allow boosters to assist with recruiting or to provide benefits to enrolled student-athletes. Clemson is held responsible for any actions taken by a booster with prospects or current student-athletes. The NCAA defines a booster as someone who has:

- Attended Clemson;
- Participated with or been a member of IPTAY;
- Contributed to the Athletic Department or to IPTAY;
- Assisted, or have been requested by the athletics staff to assist in the recruitment of prospective student-athletes;

- Assisted in providing extra benefits to enrolled student-athletes or their families; or
- Has been otherwise involved in the Clemson athletics program.

Once an individual is identified as a booster, that identity is permanent. Please contact compliance services at 656-1580 for more information.

### **STUDENT-ATHLETE HOST GUIDELINES - RECRUITING**

Student-athletes serving as a host to a prospect on an unofficial or official visit play a key role in the success of the Athletic Department. Conduct the visit like a champion – show the prospect the great reasons to attend Clemson.

Particularly be mindful of the following:

1. Keeping the recruit on time for all appointments. Attend all functions with the recruit unless excused by the coach. During the visit, do not allow the recruit to take part in any physical workout or recreational activity that could be construed as a tryout.
2. The student-athlete host money is provided to entertain the recruit. If other team members accompany the host and recruit, they must pay for their own meals and entertainment. The recruit may be entertained within a 30-mile radius of campus;
3. Host money may not be provided to the recruit. It may not be used to buy the recruit a hat, T-shirt or any other kind of souvenir. The recruit may not receive a discount on merchandise or any other goods;
4. The recruit may not be allowed to use alcohol, drugs or participate in sexual activity during the official visit.
5. Boosters are not allowed to be involved in recruiting prospects. If during the official visit, you and the recruit come in contact with a booster, the conversation must be limited to an exchange of greetings;
6. At the end of the official visit, host and coach discuss the activities of the visit and report any instances that do not conform to Clemson recruiting policies to the sport supervisor.

### **RULES VIOLATION REPORTING POLICY**

Clemson is committed to operating its athletic programs in a manner consistent with the letter and the spirit of NCAA, ACC, and institutional rules and regulations. Towards that end, the compliance program combines rules education for coaches, staff, and students with a systematic monitoring program to ensure compliance with those rules. As part of its obligation as an ACC and NCAA member, Clemson reports any instances when rules compliance has not been achieved.

Clemson affirms that staff members and student-athletes have an obligation to report any possible NCAA or ACC rules violations to compliance services or to the athletics director. Compliance services and the faculty athletics representative will review the information and determine if a violation occurred. While reviewing information, the strictest confidentiality will be provided to the process. If a violation is confirmed, it will be reported to the NCAA and ACC. Clemson is committed to reporting all confirmed rule violations, and none are considered so minor to be overlooked.

Student-athletes are encouraged to talk with their coaches, sport supervisor, compliance services or their athletics academic advisor if they have questions about NCAA rules compliance.

### **AGENTS**

Highly skilled student-athletes in a sport that has professional opportunities may receive contact from an agent during their tenure at Clemson. Always refer agents to compliance services. If the student-athlete has eligibility remaining, signing with or even verbally agreeing to be represented by an agent for the purpose of marketing athletic ability can jeopardize the eligibility. The world of

sports agents can be complicated, and all student-athletes should inform the head coach and compliance services when contacted by an agent

**With Agents You May:**

- Request information from a professional team or organization concerning your professional market value;
- Secure advice from an attorney or other third party concerning a proposed professional contract, provided the attorney or other third party does not represent you in negotiations for that contract; and
- Compete professionally in one sport and be an amateur in another (e.g. you may sign a professional baseball contract and still play college basketball). Signing a professional contract normally terminates eligibility for an athletics scholarship in any sport.

Also, you may obtain disability insurance that provides protection against the loss of future earnings as a professional athlete due to a disabling injury. Please contact Becky Bowman, Associate Athletics Director for Academic Services at 656-0541 for assistance.

**With Agents You May Not:**

- Agree orally or in writing to be represented by an agent right now or in the future after your eligibility is exhausted;
- Accept any benefits from an agent that include, but are not limited to, transportation, money, and gifts regardless of their value. This limit extends to your family too; or
- Try-out with a professional athletics team in a sport while enrolled as a regular full-time student.

For more specific information about agents and the South Carolina laws that govern their activities with Clemson student-athletes, please contact Clemson's agent coordinator Stephanie Ellison at <mailto:saellis@clemson.edu> or (864) 656-7163.

