

## Clarion University Summer Camp Sports Medicine Coverage

Dear Parents and Coaches,

Due to Pennsylvania commonwealth regulations and licensure laws, Certified Athletic Trainer's can only perform **athletic training services** to individuals who have received a pre-participation physical by our team physicians. Therefore, summer campers attending Clarion Summer Sports Camps will receive (but not limited) to the following services while attending summer programs:

- Basic first-aid (wound dressing, blister care, etc.)
- Emergency response (CPR/AED/Splinting/Spine Boarding)
- Application of ice packs
- **Preventative taping for athletes with a history of prior injury (documentation from a physician required)**
- Recommendations on return to play/activity (however final decisions will be left to parents/athletes)
- Prevention of dehydration
- Basic assessment of illness

Services that **cannot** be provided by the Sports Medicine Staff include:

- Therapeutic modalities (Electrical stimulation, Ultrasound, Whirlpool treatments etc.)
- Return to play decisions
- Athletic taping/bracing/padding for NEW injuries that occur at summer camp (except with documentation from physician)
- Therapeutic exercise/reconditioning
- Injury evaluation beyond basic first-aid/first responder capabilities
- Dispensing of medications (Advil, Tylenol, Immodium AD)

The Sports Medicine Staff would like to thank you in advance for your cooperation in helping us stay within the scope of our practice as Licensed Healthcare Professionals in the Commonwealth of Pennsylvania!

Should you have any questions, please do not hesitate to contact us at your convenience at 814-393-2456.

Sincerely,

Clarion Sports Medicine Department