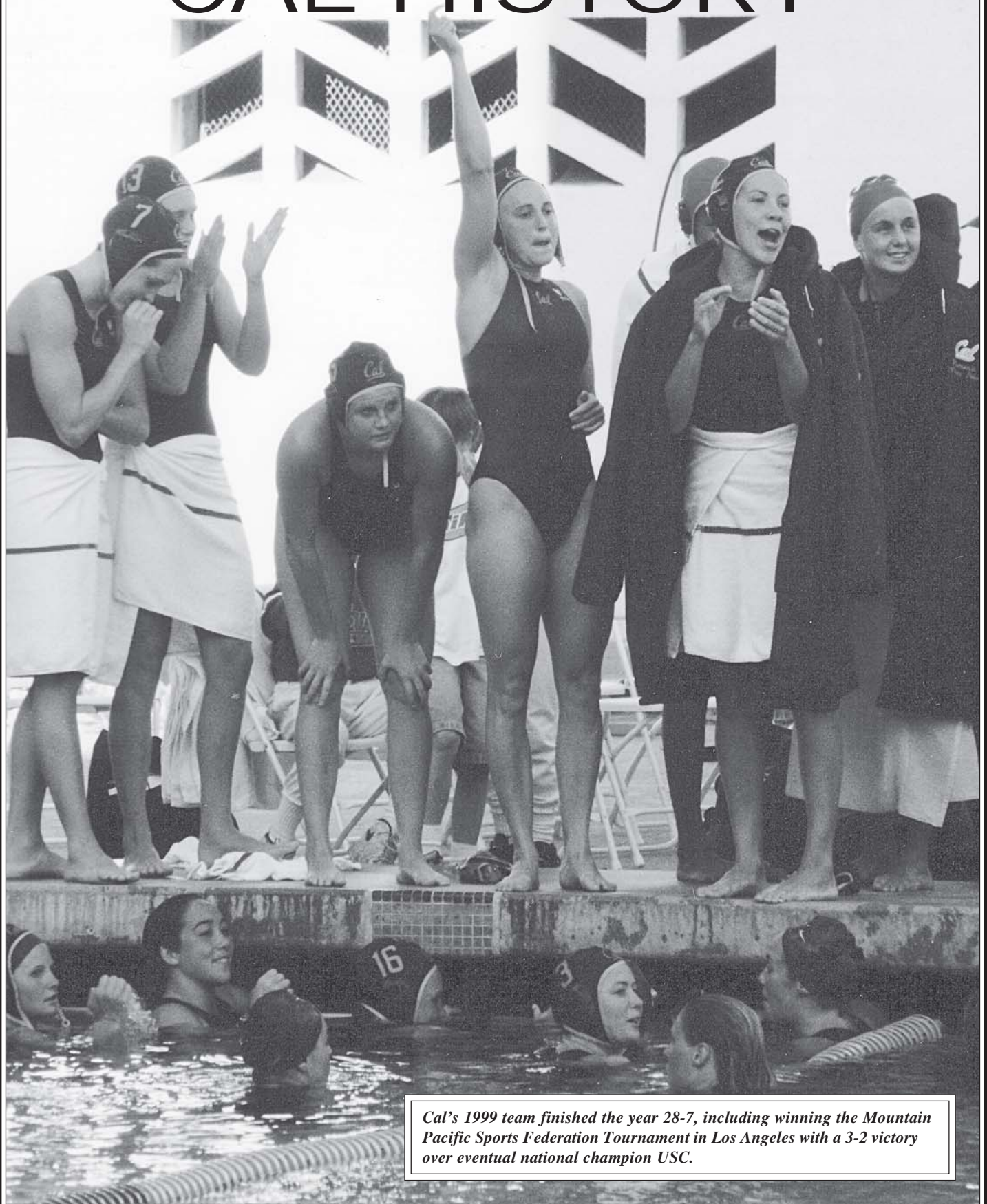


CAL HISTORY



Cal's 1999 team finished the year 28-7, including winning the Mountain Pacific Sports Federation Tournament in Los Angeles with a 3-2 victory over eventual national champion USC.

2006 MPSF OPPONENTS

MOUNTAIN PACIFIC SPORTS FEDERATION

**P.O. Box 850
Woodland, CA 95776-0850
Telephone: (530) 669-7600**

Mountain Pacific Sports Federation Water Polo consists of teams from the Pacific-10, Big West, West Coast and Western Athletic Conferences. The MPSF for women's water polo consists of California, Arizona State, Cal State Northridge, Hawaii, Long Beach State, Pacific, San Diego State, San Jose State, Stanford, UC Irvine, UCLA, UC Santa Barbara and USC.

ARIZONA STATE

Mar. 28 in Tempe, Ariz. 6 p.m.

Location: Tempe, Ariz.
Enrollment: 45,693
Athletic Director: Lisa Love
SID Contact for Water Polo: Alex Ryan
Office Phone: (480) 965-4987
Head Coach: Todd Clapper
Record at Arizona State: First year
Career Record: 105-73 in six years
2005 Overall Record: 11-21
2005 Final National Ranking: 17th

CAL STATE NORTHRIDGE

Mar. 12 in Berkeley, Calif. 12 p.m.

Location: Northridge, Calif.
Enrollment: 32,997
Athletic Director: Richard Dull
SID Contact for Water Polo: Stacie Hunter
Office Phone: (818) 677-3243
Head Coach: Molly Barnes
Record at Cal State Northridge: 65-53 in four years
Career Record: same
2005 Overall Record: 17-18
2005 Final National Ranking: 16th

HAWAII

Feb. 10 in Berkeley, Calif. 3 p.m.

Location: Honolulu, Hawaii
Enrollment: 18,706
Athletic Director: Herman Frazier
SID Contact for Water Polo: Markus Owens
Office Phone: (808) 956-9748
Head Coach: Michel Roy
Record at Hawaii: 46-40 in three years
Career Record: Same
2005 Overall Record: 21-11
2005 Final National Ranking: 4th

LONG BEACH STATE

Apr. 9 in Berkeley, Calif. 12 p.m.

Location: Long Beach, Calif.

Enrollment: 28,000
Athletic Director: Cindy Masner (interim)
SID Contact for Water Polo: Niall Adler
Office Phone: (562) 985-7565
Head Coach: Ken Lindgren
Record at Long Beach State: First year (women)

Career Record: Same
2005 Overall Record: 21-9
2005 Final National Ranking: 5th

PACIFIC

Apr. 22 in Stockton, Calif. 12 p.m.

Location: Stockton, Calif.
Enrollment: 6,000
Athletic Director: Michael McNeely
SID Contact for Water Polo: J.D. Fox
Office Phone: (209) 946-2479
Head Coach: Steve Hanson
Record at Pacific: First year
Career Record: Same
2005 Overall Record: 11-22
2005 Final National Ranking: 20th tie

SAN DIEGO STATE

Mar. 30 in San Diego, Calif. 3 p.m.

Location: San Diego, Calif.
Enrollment: 29,000
Athletic Director: Rick Bay
SID Contact for Water Polo: Darin Wong
Office Phone: (619) 594-5548
Head Coach: Carin Crawford
Record at San Diego State: 147-105 in seven years
Career Record: Same
2005 Overall Record: 16-18
2005 Final National Ranking: 11th

SAN JOSE STATE

Apr. 14 in Berkeley, Calif. 4 p.m.

Location: San Jose, Calif.
Enrollment: 27,000
Athletic Director: Tom Bowen
SID Contact for Water Polo: Amy Pflughaupt
Office Phone: (408) 924-1208
Head Coach: Lou Tully
Record at San Jose State: 136-152 in nine years
Career Record: Same
2005 Overall Record: 11-19
2005 Final National Ranking: 12th

STANFORD

Apr. 2 in Stanford, Calif. 7 p.m.

Location: Stanford, Calif.
Enrollment: 13,075
Athletic Director: Bill Walsh (interim)
SID Contact for Water Polo: TBA

Office Phone: (650) 723-4418
Head Coach: John Tanner
Record at Stanford: 196-35 in eight years
Career Record: Same for women's water polo
2005 Overall Record: 22-7
2005 Final National Ranking: 3rd

UC IRVINE

Apr. 8 in Berkeley, Calif. 12 p.m.

Location: Irvine, Calif.
Enrollment: 17,889
Athletic Director: Bob Chichester
SID Contact for Water Polo: Erik Wirtanen
Office Phone: (949) 824-8934
Head Coach: Dan Klatt
Record at UC Irvine: 14-17 in one year
Career Record: Same
2005 Overall Record: 14-17
2005 Final National Ranking: 14th tie

UCLA

Mar. 3 in Westwood, Calif. 3 p.m.

Location: Westwood, Calif. 90024-1639
Enrollment: 34,000
Athletic Director: Dan Guerrero
SID Contact for Water Polo: Scott Henry
Office Phone: (310) 206-7870
Head Coach: Adam Krikorian
Record at UCLA: 172-32 in seven years (women)
Career Record: Same
2005 Overall Record: 33-0
2005 Final National Ranking: 1st

UC SANTA BARBARA

Mar. 4 in Santa Barbara, Calif. 3 p.m.

Location: Santa Barbara, Calif. 93106
Enrollment: 18,200
Athletic Director: Gary Cunningham
SID Contact for Water Polo: Lisa Skvaria
Office Phone: (805) 893-6803
Head Coach: Danielle Altman
Record at UC Santa Barbara: 49-45 in three years
Career Record: 97-87 in six years
2005 Overall Record: 17-12
2005 Final National Ranking: 9th

USC

Feb. 17 in Berkeley, Calif. 6 p.m.

Location: Los Angeles, Calif. 90089
Enrollment: 28,374
Athletic Director: Mike Garrett
SID Contact for Water Polo: Darcy Couch
Office Phone: (213) 740-3807
Head Coach: Jovan Vavic
Record at USC: 248-94 in 11 years
Career Record: Same
2005 Overall Record: 25-5
2005 Final National Ranking: 2nd



2005 SEASON IN REVIEW

The 2005 California women's water polo squad, in its third season under Amber Drury-Pinto, finished strong, putting together an 18-10 overall record and a 6-6 mark in the Mountain Pacific Sports Federation. More importantly, the Golden Bears placed fifth in MPSF Tournament, hosted at Spieker Aquatics Complex, defeating San Jose State (7-5) in the opening round, falling to Stanford (7-3) in the quarterfinals, defeating San Diego State (9-7) in the semifinals and finally upsetting No. 5-ranked Long Beach State (8-4) in the fifth place match. Cal ended the year ranked sixth in the national polls.

Sophomore **Elsie Windes** and junior **Allison Gold** were selected as 2005 American Water Polo Coaches Association All-Americans. Windes, who was also a member the MPSF All-Tournament team and a second-team All-MPSF pick, was named third team All-American, while Gold earned honorable mention All-America accolades.

Windes, a standout from Portland, Ore., was the Bears' leading scorer with 51 goals on the season, including five goals in the MPSF Tournament and two goals in Cal's 8-4 victory over Long Beach State in the tournament's fifth-place match. She was the Bears' leading scorer in 11 matches during the year and has now tallied 84 goals in two seasons.

Gold was Cal's leading scorer during the MPSF Tournament with nine goals in the four matches. She, Windes and junior **Brittani Llorente** each notched two goals in the Bears' victory over Long Beach State. Gold also paced Cal with three goals versus San Diego State, two goals versus Stanford and two goals versus San Jose State. She finished second on the Bears' scoring list with 44 goals, and has tallied 92 goals in three years.



As a sophomore, Elsie Windes was named a third-team All-American, second-team All-MPSF and was a member of the MPSF All-Tournament team.

Other top scorers for Cal in 2005 included two-time All-American **Jodie Needles** with 30 goals in 18 matches, and juniors **Lauren McGee** and **Llorente** with 22 and 21 goals, respectively. Junior **Alex Feune de Colombi** was the Bears' regular goalie, recording 171 saves in 24 matches.

Cal also had five people selection to the 2005 MPSF All-Academic Teams—Windes, senior **Cami Kliner**, junior **Holly Farlin**, and sophomores **Amy Gardner** and **Brittany Mohr**.



CAL LETTERWINNERS

Breana Allison, 2003-05
 Mary Anderson, 2005
 Julie Arnold, 1999-02
 Lisa Berquist, 1996-97, 99-00
 Shannon Braun, 2000
 Emily Brown, 2005
 Kate Brown, 1996-98
 Amy Buehler, 1998-99, 01
 Lauren Calnero, 2004
 Katie Card, 2003-05
 Julia Cesnik, 1999-02
 Jen Chan, 1996-97
 Cara Chlebicki, 2002-05
 Karen Cook, 1996-98
 Lauren Dennis, 2001-04
 Courtney Devenish, 2000-03
 Daniela DiGiacomo, 2005
 Brigitte Donner, 2000-01
 Rebecca Dreyfuss, 2004
 Tiffany Duncan, 1996-97
 Katya Eadington, 2005
 Holly Farlin, 2003-05

Shaina Feldman, 2003-05
 Alex Feune de Colombi, 2003-05
 Brenna Fleener, 1999-02
 Claire Fischer, 1996
 Fana Fuqua, 1998-01
 Amy Gardner, 2005
 Heather Glendinning, 1999-01
 Colette Glinkowski, 1997-00
 Allison Gold, 2003-05
 Karie Gray, 1996-98
 Laura Graham, 2000-03
 Kara Griffiths, 1998
 Brittany Hansen, 2003
 Molly Hayes, 2005
 Keri Hoover, 1997
 Sarah Howell, 2000-03
 Beth Irwin, 1998-01
 Courtney Johnson, 1996
 Kari Johnson, 1996
 Shelly Johnston, 1999-01
 Erin Kelley, 1996-99
 Kathy Klankowski, 1996

Cami Kliner, 2003-05
 Tia Lachowicz, 2002
 Chris Lane, 1999-02
 Brianna Lindsey, 2005
 Vanessa Lindsey, 2005
 Brittani Llorente, 2003-05
 Ericka Lorenz, 2001-02
 Katie Lyons, 2000-01
 Lily Majlessi, 2003
 Lisa Martinez, 1998
 Lauren McGee, 2003-05
 Ashley Miller, 2001-04
 Corey Miller, 1998, 00
 Brittany Mohr, 2005
 Meika Mosby, 2002
 Marissa Muller, 2001-02
 Jodie Needles, 2002-05
 Natalie Nelson, 2002-04
 Sabrina Nespeca, 1997
 Marnie O'Donnell, 2004-05
 Heather Petri, 1997-99, 01

Christina Quintanilla, 2002
 Beth Rasala, 1996-98
 Alicia Razzari, 1996-98
 Cristen Razzari, 1999-00
 Michelle Rustin, 2003
 Evi Schueller, 1996-99
 Jillian Silva, 1997
 Lindy Spieker, 2001-04
 Brooke Spittler, 1996-97, 99-00
 Beth Sprinkle, 1997-99
 Heather Stuart, 2005
 Elisa Sue, 1996-97
 Tina Trakadas, 1996
 Alisa vonHartztsch, 1997-98
 Melanie vonHartztsch, 1996-99
 Annie Wight, 2004-05
 Melissa Wilson, 2003
 Elsie Windes, 2004-05
 Katie Windle, 1998
 Aryn Yancher, 2005
 Kaliya Young, 1996-98, 00

2005 FINAL STATISTICS

NAME	GOALS
Elsie Windes	51
Allison Gold	44
Jodie Needles	30
Lauren McGee	22
Brittani Llorente	21
Vanessa Lindsey	12
Katie Card	11
Molly Hayes	11
Breana Allison	8
Shaina Feldman	8
Annie Wight	7
Holly Farlin	3
Cami Kliner	3
Marnie O'Donnell	1
CALIFORNIA TOTALS	232
OPPONENT TOTALS	199



Allison Gold

GOALKEEPER	G	MINS	GA	SAVES	AG
Amy Degenkolb	1	7	2	2	8.00
A. Feune de Colombi	24	594	151	171	7.12
Brittany Mohr	3	55	11	7	5.60
Heather Stuart	9	141	35	36	6.95
CAL TOTALS	28	797	199	216	6.99

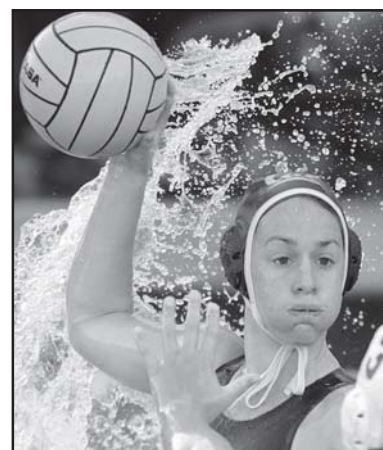
(18-10 Overall; 6-6 MPSF; 8-3 Home; 4-4 Road; 6-3 Neutral)

Date	Opponent	Result	Score	Streak	Leading Scorer
Feb. 9	at UC Davis	W	8-2	WON 1	Windes 4
Feb. 12-13	at Stanford Tournament	Fifth Place			
Feb. 12	vs. Indiana#	L	8-5	LOST 1	Five with 1
Feb. 12	vs. USC#	L	12-4	LOST 2	McGee 2
Feb. 13	vs. Hawaii#	W	8-6	WON 1	Windes 2
Feb. 13	vs. San Jose State#	W	13-9	WON 2	Needles 4
Feb. 18	at Loyola Marymount	W	8-4	WON 3	Llorente, Needles 2
Feb. 19	at USC*	L	12-8	LOST 1	Needles 4
Feb. 25-27	at Gaucho Invitational	Ninth Place			
Feb. 25	vs. Cal State Northridge^	W	12-4	WON 1	V. Lindsey 3
Feb. 25	vs. Hawaii^	L	9-6	LOST 1	Gold 3
Feb. 26	vs. Princeton^	W	16-6	WON 1	Hayes, Kliner, Windes 3
Feb. 26	vs. Michigan^	W	10-7	WON 2	Needles 4
Feb. 27	vs. Indiana^	W	5-3	WON 3	McGee, Needles 2
Mar. 5	Arizona State*	W	10-2	WON 4	Allison, Card 2
Mar. 6	San Diego State*	W	10-9 (SD OT)	WON 5	Windes 3
Mar. 18	at CS Northridge*	W	11-6	WON 6	Needles 4
Mar. 19	at Long Beach State*	L	7-5	LOST 1	Gold 2
Mar. 20	at UC Irvine*	L	7-6	LOST 2	Windes 2
Mar. 23	at Hawaii*	L	10-6	LOST 3	Gold 3
Mar. 30	Hartwick College	W	9-7	WON 1	Windes 3
Apr. 9	UCLA*	L	15-6	LOST 1	Gold 3
Apr. 10	UC Santa Barbara*	W	10-9 (OT)	WON 1	Gold, Llorente, Windes 2
Apr. 17	at San Jose State*	W	9-8 (OT)	WON 2	Windes 5
Apr. 23	Stanford*	L	9-8	LOST 1	Hayes, Windes 2
Apr. 24	Pacific*	W	12-5	WON 1	Llorente 3
Apr. 28	San Jose State%	W	7-5	WON 2	Gold, McGee 2
Apr. 29	Stanford%	L	7-3	LOST 1	Gold 2
Apr. 30	San Diego State%	W	9-7	WON 1	Gold 3
May 1	Long Beach State%	W	8-4	WON 2	Gold, Llorente, Windes 2

Bold indicates home match at Spieker Aquatics Complex

*indicates MPSF Match, #indicates Stanford Invitational, ^indicates UC Santa Barbara Tournament,

%indicates MPSF Tournament



Molly Hayes



Jodie Needles

2005 FINAL RESULTS & HONORS

INDIVIDUAL HONORS

ELSIE WINDES

Third-Team All-American
 Second Team All-Mountain Pacific Sports Federation
 MPSF All-Tournament Team
 MPSF All-Academic

ALLISON GOLD

Honorable Mention All-American

HOLLY FARLIN

MPSF All-Academic

AMY GARDNER

MPSF All-Academic

CAMI KLINER

MPSF All-Academic

BRITTANY MOHR

MPSF All-Academic



2005 MPSF RESULTS

APRIL 28-MAY 1, 2005
 SPIEKER AQUATICS
 COMPLEX,
 BERKELEY, CALIF.

1. UCLA
2. Stanford
3. USC
4. Hawaii
5. **CALIFORNIA**
6. Long Beach State
7. San Diego State
8. Cal State Northridge
9. UC Santa Barbara
10. Arizona State
11. UC Irvine
12. San Jose State
13. Pacific

2005 MPSF ALL-FEDERATION TEAMS

CO-COACHES OF THE YEAR

Adam Krikorian, UCLA
 Michel Roy, Hawaii

CO-PLAYERS OF THE YEAR

Natalie Golda, UCLA
 Kelly Rulon, UCLA

GOALIE OF THE YEAR

Emily Feher, UCLA

FIRST TEAM

<i>Player</i>	<i>School</i>
Natalie Golda	UCLA
Kelly Rulon	UCLA
Christina Hewko	Stanford
Brittany Hayes	USC
Cassie Azevedo	Long Beach State
Beth Novick	Hawaii
Goalie: Emily Feher	UCLA

SECOND TEAM

<i>Player</i>	<i>School</i>
Thalia Munro	UCLA
Elsie Windes	California
Ifeke Van Belkum	Hawaii
Moriah Van Norman	USC
Lauren Wenger	USC
Jessica Schroeder	Pacific
Goalie: Meredith McColl	Stanford

2005 MPSF ALL-ACADEMIC TEAM

(Cal players)

Holly Farlin
 Amy Gardner
 Cami Kliner
 Brittany Mohr
Elsie Windes

Bold denotes current player

Cal (white caps) in action during the 2005 MPSF Tournament, hosted at Spieker Aquatics Complex.



WATER POLO HISTORY

COLLEGIATE NATIONAL TOURNAMENT MVP

Courtney Johnson 1996
Alisa vonHartztsch 1997

WESTERN REGIONAL TOURNAMENT MVP

Courtney Johnson 1996
Alisa vonHartztsch 1997
(*Co-MVP*)

MPSF CO-PLAYER OF THE YEAR

Colette Glinkowski 1999

MPSF GOALIE OF THE YEAR

Fana Fuqua 2000

MPSF NORTHERN DIVISION PLAYER OF THE YEAR

Courtney Johnson 1996
Alisa vonHartztsch 1997

MPSF NORTHERN DIVISION GOALIE OF THE YEAR

Evi Schueller 1997

MPSF COACH OF THE YEAR

Peter Asch 2000

THE SALLY MAYNE WOMEN'S WATER POLO SCHOLARSHIP AWARD

1990 Leisha Woolwine
1991 Cherie Self
1992 Ruth Wold
1993 Tamara Tripp
1994 Kristina Ryan
1995 Kimberly Lockett
1996 Erin Kelley
1997 Evi Schueller
1998 Corey Miller
1999 Heather Petri
2000 Fana Fuqua
2001 Julia Cesnik
2002 Brittany Hansen
2003 Natalie Nelson
2004 Breana Allison
2005 Amy Gardner

YEAR-BY-YEAR RESULTS

Year	Record	MPSF Finish	Reg. Finish	Nat. Finish
1996	32-6	Third	First	Second
1997	30-8	Second	Second	Second
1998	27-6	Third	Third	Second
1999	28-7	First	Second	Fourth
2000	28-7	Second	Second	Fourth
2001	17-9	Fourth		
2002	18-8	Fifth		
2003	14-9	Sixth		
2004	17-12	Fifth		
2005	18-10	Fifth		
Total	229-82 (.736)			

MPSF NORTHERN DIVISION COACH OF THE YEAR

Maureen O'Toole 1996
Maureen O'Toole 1997

FIRST TEAM ALL-AMERICAN

Courtney Johnson 1996
Kaliya Young 1996
Alisa vonHartztsch 1997
Alisa vonHartztsch 1998
Colette Glinkowski 1999
Fana Fuqua 2000
Ericka Lorenz 2001

SECOND TEAM ALL-AMERICAN

Evi Schueller 1996
Kaliya Young 1998
Heather Petri 1999
Melanie vonHartztsch 1999
Colette Glinkowski 2000
Beth Irwin 2000
Fana Fuqua 2001
Brenna Fleener 2002
Ericka Lorenz 2002
Jodie Needles 2003
Jodie Needles 2004

THIRD TEAM ALL-AMERICAN

Karen Cook 1996
Karen Cook 1997
Evi Schueller 1997
Kaliya Young 1997
Karen Cook 1998
Brenna Fleener 2001
Elsie Windes 2005

Bold denotes current player

HONORABLE MENTION ALL-AMERICAN

Melanie vonHartztsch 1997
Heather Petri 1998
Evi Schueller 1998
Beth Irwin 1999
Kaliya Young 2000
Julia Cesnik 2002
Lauren Dennis 2002
Elsie Windes 2004
Allison Gold 2005

MPSF FIRST TEAM

Karen Cook 1996
Courtney Johnson 1996
Melanie vonHartztsch 1996
Kaliya Young 1996
Evi Schueller 1997
Alisa vonHartztsch 1997
Melanie vonHartztsch 1997
Kaliya Young 1997
Alisa vonHartztsch 1998
Colette Glinkowski 1999
Fana Fuqua 2000
Colette Glinkowski 2000
Ericka Lorenz 2001
Jodie Needles 2004

MPSF SECOND TEAM

Alicia Razzari 1996
Karen Cook 1997
Melanie vonHartztsch 1997
Colette Glinkowski 1998
Kaliya Young 1998
Heather Petri 1999
Melanie vonHartztsch 1999
Beth Irwin 2000
Brenna Fleener 2001
Fana Fuqua 2001
Brenna Fleener 2002
Ericka Lorenz 2002
Jodie Needles 2003
Elsie Windes 2004
Elsie Windes 2005

MPSF THIRD TEAM

Karen Cook 1998

MPSF HONORABLE MENTION

Heather Petri 1998
Brenna Fleener 1999
Beth Irwin 1999
Evi Schueller 1999
Brenna Fleener 2000
Kaliya Young 2000
Julia Cesnik 2001
Beth Irwin 2001
Heather Petri 2001
Julia Cesnik 2002
Lauren Dennis 2002
Lauren Dennis 2003
Lauren Dennis 2004

MPSF ALL-FRESHMAN TEAM

Elsie Windes 2004



Colette Glinkowski is the Bears' all-time leading scorer with 212 goals from 1997-2000.



SPIEKER AQUATICS COMPLEX



THE HOME OF CHAMPIONS

Serving as home to the California water polo and swimming teams is the Spieker Aquatics Complex, one of the finest outdoor facilities in the United States.

Located on the corner of Dana and Bancroft on the south side of Haas Pavilion, the one million dollar facility was completed in the fall of 1982. It was made possible through the Cal Sports '80s project and was named after former Cal water polo letterman Edward "Ned" Spieker, who provided the major portion of the funds for the project.

The facility replaced the antiquated Harmon Pool, which served as the home for California aquatics for 50 years. The primary aspect of the extensive remodeling project was the joining of the two previously existing tanks to provide for the 50-meter by 25-yard pool of deep water, suitable for major national and international water polo and swimming

championships. Spieker Aquatics Complex has served as the site of the United States Senior National Water Polo Championship in 1984 and '86, the National Qualifying Tournament for collegiate women's water polo in 1997 and 2000, the men's Mountain Pacific Sports Federation Tournament in 200, and most recently the 2005 MPSF Women's Water Polo Championship.

One thing that hasn't changed with the Bears move into Spieker is Cal's dominance at home. Between 1976 and '81, the Bears men's water polo team lost just one league match at home. Since the Cal men played their first match in the Spieker Aquatics Complex in the middle of the 1982 season, the Bears have compiled a 174-43 (.802) record. In 1991 and '92, the Cal men went through the home season unbeaten, winning all 19 of its matches at Spieker. The Bear women played their first home matches as a varsity sport in Spieker during the 1996 season and have compiled a home record of 51-16 (.761).

CAL'S WOMEN'S YEAR-BY-YEAR RECORD AT SPIEKER

1996	6-2
1997	7-2
2000	9-1
2001	5-2
2002	7-1
2003	3-2
2004	6-3
2005	8-3
Totals	51-16 (.761)



FRIENDS OF CAL AQUATICS

Friends of Cal Aquatics are one of the driving forces behind the success of Cal Aquatics. Organized by friends and alumni of the California water polo and swimming teams, Friends of Cal Aquatics provides vital financial assistance to the Golden Bear aquatics program. Fund raising through annual gifts and contributions to endowment funds helps to provide for the day-to-day operating costs for the aquatics program in perpetuity. Among the more prominent endowments are the Splash Club Endowment Fund and a fund in the name of Pete Cutino. The Pete Cutino Scholarship Fund will be used to attract nationally prominent water polo players to Cal.

Friends of Cal Aquatics evolved from the efforts provided by four generous visionaries and alumni: Rick Cronk, Don Fisher, Warren Hellman and Ned Spieker, who founded the Splash Club by providing \$1,000,000 of matching funds. Friends of Cal Aquatics functions through the coordinated efforts of an Executive Committee and a Board of Directors working with the Department of Intercollegiate Athletics and the Athletic Development Office.

The Cal water polo and swimming teams are traditionally the finest in the nation, but if these programs are to maintain the level of excellence they have enjoyed, new sources of revenue must be found. The only way to insure competitive funding for the aquatics program in the future is through your support of Friends of Cal Aquatics.

TWO-SPORT STAR LYNN WITTSTOCK

Lynn Wittstock, a 2002 inductee into the Cal Athletic Hall of Fame, was a two-time All-American in swimming (1982 and 1984), but her greatest successes came in water polo. Wittstock played on Cal's club team from 1981-84, and on the USA National Team from 1984-98, serving as team captain from 1987-90 and 1992-98. She competed in four World Championships and was elected flag bearer for the USA delegation at the opening ceremonies of the 1998 World Aquatic Championships. Wittstock was the USOC Water Polo Athlete of the Year in '93, '95 and '96, and was nominated for the 1996 Sullivan Award as the nation's top amateur athlete.

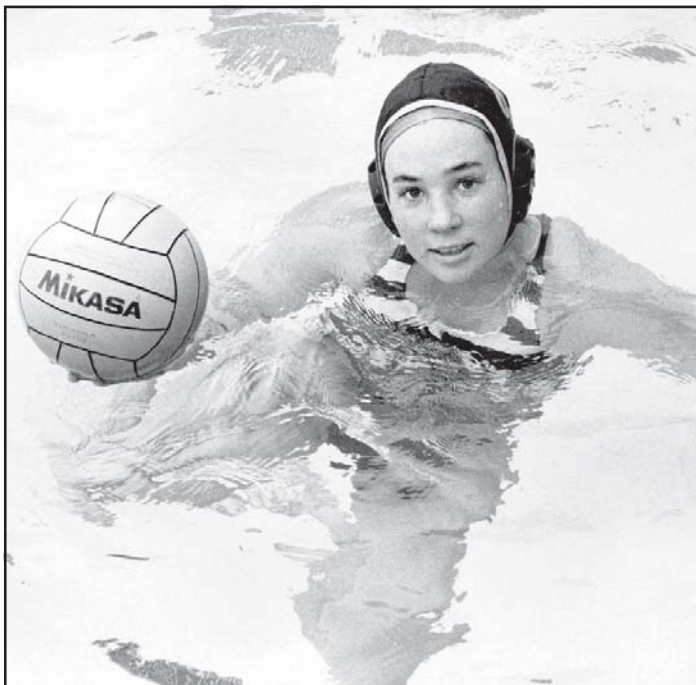


For further information on Friends of Cal Aquatics, contact the Athletic Development Office (510-642-2427), or Aaron George (510-643-2746), Intercollegiate Athletics, 2223 Fulton, University of California, Berkeley, CA 94720-4424.

RULES, REGULATIONS & TERMS

INTRODUCTION

Water polo, the oldest team sport in the Olympics, is a game of skill, endurance and swimming ability played in a 20 by 30 meter pool. There are seven players, six in the field and one goalkeeper. The object of the game is to shoot a rubber ball into a one-by-three meter goal. One point is scored for each goal. A player may shoot for a one-point goal, without a fake or a hesitation, after an ordinary foul outside of seven meters. The game consists of four, seven-minute quarters, with each team allowed 35 seconds to take a shot.



Courtney Johnson was the 1996 Collegiate National Tournament MVP and a member of the United States Women's Water Polo Team that won a silver medal at the 2000 Sydney Olympics.

GAME PLAY

The game starts with both teams lined up on the opposite ends of the pool. They sprint for the ball dropped in the middle of the field of play by the referee. Teams advance the ball by passing, or dribbling (swimming with it). Only one hand may be used on the ball at one time, with the exception of the goalkeeper. Defensively most teams will play a man-to-man pressure defense. No player is allowed to hold, sink, pull back or otherwise interfere with the free limb movement of an opponent unless the player has his hand on the ball. It is the object of the defense to play the ball and not the man. The timing of the foul is critical in all defensive plays. Poor timing often results in ejection fouls.

FOULS

The referee indicates a foul by blowing a whistle and showing either the white flag or the blue flag. That team receives a free throw. There are ordinary fouls and major fouls.

Ordinary fouls - offending team gets a free throw from the point of the infraction.

1. Two hand touch of the ball.
2. Taking the ball underwater and touched by an opposing player.
3. Impeding the progress of a player who does not have the ball.
4. Pushing off of an opponent.
5. Stalling.

Major fouls - Offending player ejected for 35 seconds or until a goal is scored or there is a possession change.

1. Kick/strike an opponent.
2. Interfere with a free throw.
3. Hold, sink or pull back an opponent without the ball.
4. Misconduct, disrespect.
5. Ordinary foul in dead time (the time between the call of the foul and the actual putting the ball into play).

TERMINOLOGY

Back Door: An offensive drive from the wing position on the weak side (away from the ball).

Ball Under: A minor foul (see #2 under ordinary fouls).

Center Throw: A free throw from a position in front of the goal at the two-meter line, awarded when the ball goes over the goal line last touched by a defensive player.

Counter Attack: A fast break.

Dry Pass: Pass from one player to another without the ball touching the water.

Extra Man: A man up situation, usually six on five and a "power play" situation.

Inside Water: A situation where the offensive player has an advantageous position in front of the defender, with nothing but open water in front of him and the goal.

Moving Pick: Moving screen intended to free an offensive player for a release pass and/or shot.

Natural Goals: Goals scored when both teams have an even amount of players.

Penalty Shot: A free shot taken by the offensive player from the four-meter line, awarded when a foul occurs inside the four-meter line preventing the probable scoring of a goal.

Point: Position at the top, of the 12 o'clock area of the offensive set-up, in the center of the pool.

Release: A player making himself available for a pass.

Switch: Defenders switching defensive responsibilities.

Wet Pass: A pass from one player to another that lands near the receiver in the water.

Wet Shot: A shot that is attempted while the ball is controlled in the water, usually a quick wrist shot. This is also called off the water shot.



THE UNIVERSITY



The University of California is one of the world's leading academic institutions. The school, known throughout the world as "Cal," is truly a prototype of a contemporary university. It attracts what many consider the finest applicant pool in the country, generates an ethnically and culturally diverse student population on campus, and provides one of the finest learning experiences in the world today.

WORLD-CLASS FACULTY AND STUDENTS

The Berkeley campus is renowned for the size and quality of its libraries and laboratories, the scope of its research and publications, and the distinction of its faculty and students. National rankings consistently place Cal's undergraduate and graduate programs among the very best. The faculty includes seven Nobel Laureates, 128 members of the National Academy of Sciences, 16 MacArthur Fellows, 83 Fulbright Scholars, three Pulitzer Prize winners and more Guggenheim Fellows (139) than any other university in the country.

The quality of Cal's diverse and independent student body complements the stature of the faculty. Almost 33,000 students annually enroll at Cal. Of these, about 23,000 are undergraduates. Students come to Berkeley from all over California, in addition to every state in the union and more than 2,000 students from more than 75 countries around the world.

The undergraduate student body can best be characterized by its diversity; there is no one racial or ethnic majority. Students reflect all age groups, and economic, cultural and geographic backgrounds. This dynamic

mix produces the wide range of opinion and perspective essential to a great university.

CAL STUDENT POPULATION

Fall 2004

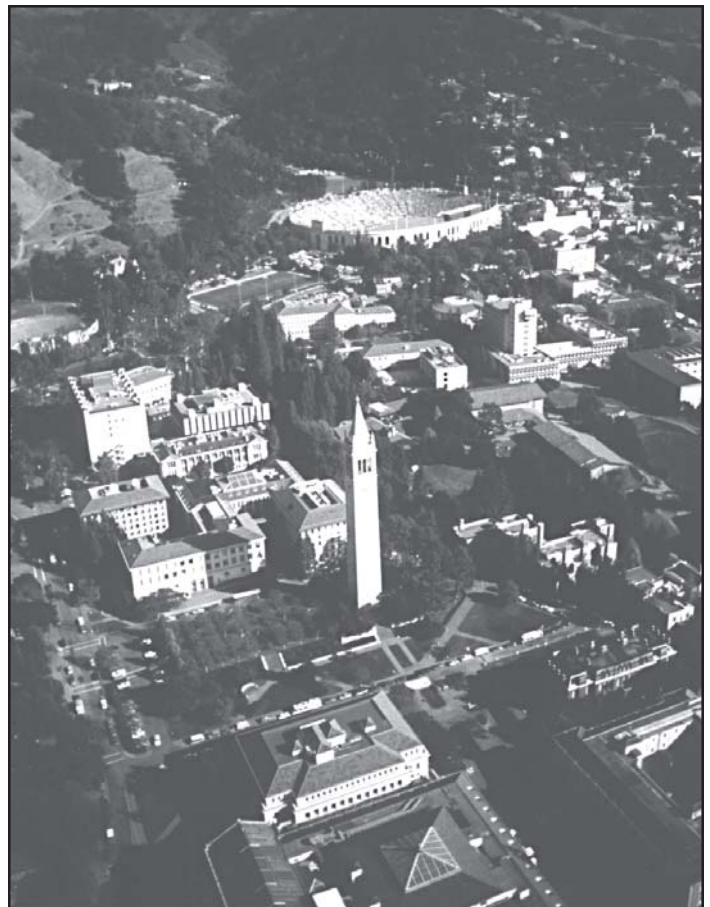
No. of Students	32,814
Undergraduates	22,880
Graduate Students	9,934
Gender Distribution	
Male	15,920
Female	16,894

STUDENT COMPOSITION

Fall 2004

A multi-cultural and multi-ethnic campus. No ethnic group forms a majority.

Native American	219
Asian/Asian American	11,107
African American	1,149
Hispanic	3,008
Caucasian	11,551
Other	686
No Ethnic Data	2,557



CAL FACTS

- * *More students who earn undergraduate degrees at Cal complete doctorates than graduates of any other university in the country*
- * *With more than 9 million volumes in 18 campus libraries, Cal's libraries are ranked third nationally by the Association of Research Libraries*



**CAL RANKED
AS NO. 1
PUBLIC
UNIVERSITY
IN UNITED
STATES**

The top public universities,
as ranked by *U.S. News and
World Report*:

- 1. CALIFORNIA**
2. Virginia
3. Michigan
- UCLA
5. North Carolina

CAL FACULTY WHO HAVE WON NOBEL PRIZE

CURRENT FACULTY

George A. Akerlof	Economics	2001
Daniel L. McFadden	Economics	2000
Yuan T. Lee	Chemistry	1986
Gerard Debreu	Economics	1983
Czeslaw Milosz	Literature	1980
Charles H. Townes	Physics	1964
Donald A. Glaser	Physics	1960
Owen Chamberlain	Physics	1959

DECEASED OR NO LONGER AT CAL

John C. Harsanyi	Economics	1994
Luis Alvarez	Physics	1968
Melvin Calvin	Chemistry	1961
Emilio G. Segre	Physics	1959
Edwin M. McMillan	Chemistry	1951
Glenn T. Seaborg	Chemistry	1951
William F. Giauque	Chemistry	1949
John H. Northrop	Chemistry	1946
Wendell M. Stanley	Chemistry	1946
Ernest O. Lawrence	Physics	1939

THE BAY AREA

Overlooking San Francisco Bay, the campus is a lush and tranquil 1,232-acre oasis in an urban setting. The grounds have retained much of the beauty of their rural beginnings. Spacious lawns, hiking and running trails, as well as groves of oak, redwood and eucalyptus blend with the Neo-classical architecture of John Galen Howard. The University is bordered by the wooded rolling hills of Tilden Regional Park and the City of Berkeley, one of America's most lively, culturally diverse and politically adventurous municipalities.

ACADEMIC SUCCESS

By any standard, Cal offers its students one of the best educations available. Since its birth it has earned a reputation unmatched by any public university in America. According to a recent study by the National Research Council, Cal ranks first nationally in both the number of graduate programs in the Top 10 in their fields (97 percent) and the number of "distinguished" programs for the scholarship of the faculty (32 programs).

Although Cal is well known for its stellar graduate programs, undergraduate teaching is a campus priority. Nearly half of all courses offered at the undergraduate level have 25 students or fewer, and many lecture courses include smaller laboratory or study group sections which allow close interaction with professors and other instructors.

Cal offers a wide arena for academic endeavor and personal growth with more than 7,000 courses in nearly 300 degree programs. Exceptional support services such as the Student Learning Center, Career and Graduate School Services, the Disabled Students' Program, and campus and alumni

mentor programs reflect Cal's strong commitment to undergraduate education. Study abroad is available to undergraduate students through the Education Abroad Program, which maintains more than 90 study centers in countries such as Australia, Costa Rica, Hong Kong, Italy, New Zealand and Thailand.

Each year, more than 8,500 students receive degrees from the University – about 5,500 bachelor's degrees, 2,000 master's degrees, 900 doctorates and 200 law degrees.

ATHLETIC EXCELLENCE

The excellence of the University's intercollegiate athletic program rivals the school's academic reputation as Cal boasts one of the finest all-around programs in the nation. Twenty-seven sports – men's and women's basketball, crew, cross country, golf, gymnastics, soccer, swimming and diving, tennis, track & field and water polo; men's baseball, football and rugby; along with women's softball, volleyball, field hockey and lacrosse – are sponsored by the University. Over the years, Cal has captured more than 60 national team championships – most recently rugby and women's crew in 2005 – while claiming over 130 NCAA individual championships in a variety of sports. This past season, Dave O'Neill was named the national women's rowing Coach of the Year, while Duje Draganja was chosen the Pac-10 men's Swimmer of the Year.

OUTSIDE THE CLASSROOM

A myriad of activities also goes on outside the classroom. There are more than 350 registered student organizations, such as the Marching Band, Hang Gliding Club, radio station KALX, ethnic associations, humor and literary magazines, debate team, Cal Corps (volunteer programs), Cal in the Capitol/Sacramento, and political organizations.

In addition, Cal has a host of other features, including public lectures and concerts, campus-sponsored forums and seminars, clubs and workshops, dramatic presentations, international festivals, art, photographic, design, architectural, anthropological and archaeological exhibits and displays, and dozens of bookstores within one-square mile – all of this making Berkeley one of the most intellectually stimulating communities in the country.

**CAL EXCELS IN THE
CLASSROOM**

- *More than 300 student-athletes have cumulative GPAs over 3.00*
- *175 student-athletes earned academic all-conference honors last year*