

2006 OPPONENTS

ARIZONA

Jan. 27, Tucson, Ariz., 7:30 p.m.
March 26, Corvallis, Ore., 6 p.m.

Location Tucson, Ariz.
Nickname Wildcats
Colors Cardinal and Navy
Conference Pac-10
Head Coach Bill Ryden
Record, Seasons 93-103-3, 7 yrs.
Letterwinners R/L 7/7
Home Arena McKale Center
SID Blair Willis
Phone (520) 621-4163
Fax (520) 621-2681
E-mail bmw23@email.arizona.edu
Web Site www.arizonaathletics.com

2005 Recap

Record 24-11
Pac-10 Finish 2nd
NCAA Regional 4th

ARIZONA STATE

March 3, Berkeley, 7:30 p.m.
March 26, Corvallis, Ore., 6 p.m.

Location Tempe, Ariz.
Nickname Sun Devils
Colors Maroon and Gold
Conference Pac-10
Head Coach John Spini
Record, Seasons 306-117-2, 25 yrs.
Letterwinners R/L 6/3
Home Arena Wells Fargo Arena
SID Mark Brand
Phone (480) 965-0966
Fax (480) 759-9514
E-mail mark.brand@asu.edu
Web Site www.thesundevils.com

2005 Recap

Record 6-8
Pac-10 Finish 6th

ARKANSAS

Jan. 3, Oahu, Hawaii, TBA

Location Fayetteville, Ark.
Nickname Lady Razorbacks
Colors Cardinal and White
Conference SEC
Head Coach Mark Cook/Rene Cook
Record, Seasons 25-44-1, 3 yrs./25-44-1, 3 yrs.
Letterwinners R/L 10/3
Home Arena Barnhill Arena
SID Jeri Thorpe
Phone (479) 575-5037
Fax (479) 575-7410
E-mail jthorpe@uark.edu
Web Site www.ladyback.com

2005 Recap

Record 9-16
SEC Finish 6th
NCAA Regional 4th (East)

CSU FULLERTON

Feb. 26, Fullerton, Calif., 2 p.m.

Location Fullerton, Calif.
Nickname Titans
Colors Navy, Orange and White
Conference WAC
Head Coach Richard Gishi
Record, Seasons 0-0, 1 yr.
Letterwinners R/L 15-1
Home Arena Titan Gym
SID Jason Spencer
Phone (714) 278-7547
Fax (714) 278-3141
E-mail jspencer@fullerton.edu
Web Site www.fullertontitans.com

2005 Recap

Record 5-14
WAC Finish 4th

GEORGE WASHINGTON

March 10, Washington, D.C., 1 p.m.

Location Washington, D.C.
Nickname Colonials
Colors Buff and Blue
Conference EAGL
Head Coach Margie Cunningham
Record, Seasons 370-232, 21 yrs.
Letterwinners R/L 11/3
Home Arena Charles E. Smith Athletic Center
SID Ian Hofler
Phone (202) 994-9003
Fax (202) 994-2713
E-mail ihofler@gwu.edu
Web Site www.gwsports.com

2005 Recap

Record 17-17
EAGL Finish 5th

NORTH CAROLINA STATE

March 12, Washington, D.C., 1 p.m.

Location Raleigh, N.C.
Nickname Wolfpack
Colors Red and White
Conference EAGL
Head Coach Mark Stevenson
Record, Seasons 356-204-1, 25 yrs.
Letterwinners R/L 8/4
Home Arena Reynolds Coliseum
SID Brian Reinhardt
Phone (919) 515-8953
Fax (919) 515-2898
E-mail brian_reinhardt@ncsu.edu
Web Site www.gopack.com

2005 Recap

Record 17-7-1
EAGL Finish 4th
NCAA Regional 6th

OREGON STATE

Jan. 3, Oahu, Hawaii, TBA

Jan. 20, Berkeley, 7:30 p.m.

March 26, Corvallis, Ore., 6 p.m.

Location Corvallis, Ore.
Nickname Beavers
Colors Orange and Black
Conference Pac-10
Head Coach Tanya Chaplin
Record, Seasons 133-97-1, 8 yrs.
Letterwinners R/L 8/8
Home Arena Gill Coliseum
SID Jason Amberg
Phone (541) 737-7469
Fax (541) 230-0706
E-mail jason.ambert@oregonstate.edu
Web Site www.osubeavers.com

2005 Recap

Record 13-6
Pac-10 Finish 3rd
NCAA Regional 3rd
NCAA Championship 15th

PITTSBURGH

March 10, Morgantown, W. Va., 7 p.m.

Location Pittsburgh, Pa.
Nickname Panthers
Colors Blue and Gold
Conference EAGL
Head Coach Debbie Yohman
Record, Seasons 218-304-1, 22 yrs.
Letterwinners R/L 11/1
Home Arena Fitzgerald Field House
SID Nicole Amato
Phone (412) 648-8240
Fax (412) 648-8248
E-mail namato@athletics.pitt.edu
Web Site www.pittsburghpanthers.com

2005 Recap

Record 8-19
EAGL Finish 8th
NCAA Regional 5th (Northeast)

SACRAMENTO STATE

Jan. 3, Oahu, Hawaii, TBA

Jan. 13, Sacramento, Calif., 7 p.m.

Feb. 10, Berkeley, 7:30 p.m.

Location Sacramento, Calif.
Nickname Hornets
Colors Green and Gold
Conference WAC
Head Coach Kim Hughes
Record, Seasons 212-192-2, 25 yrs.
Letterwinners R/L 14/6
Home Arena Hornet Nest
SID Brian Berger
Phone (916) 278-4313
Fax (916) 278-5429
E-mail bwberger@csus.edu
Web Site www.hornetsports.com

2005 Recap

Record 15-8
MPSF Finish 1st

SAN JOSE STATE

March 17, Berkeley, 7:30 p.m.

Location San Jose, Calif.
Nickname Spartans
Colors Gold, White and Blue
Conference WAC
Head Coach Wayne Wright
Record, Seasons 52-28, 4 yrs.
Letterwinners R/L 13/3
Home Arena Spartan Gym
SID Amy Villa
Phone (408) 924-1216
Fax (408) 924-1291
E-mail eberhard@email.sjsu.edu
Web Site www.sjsuspartans.com

2005 Recap

Record 17-5
MPSF Finish 2nd

STANFORD

Feb. 3, Berkeley, 7:30 p.m.

March 26, Corvallis, Ore., 6 p.m.

Location Stanford, Calif.
Nickname Cardinal
Colors Cardinal and White
Conference Pac-10
Head Coach Kristin Smyth
Record, Seasons 53-25-2, 5 yrs.
Letterwinners R/L 10/3
Home Arena Burnham Pavilion and Maples Pavilion
SID Bob Vazquez
Phone (650) 723-9565
Fax (650) 725-2957
E-mail bobbyv@stanford.edu
Web Site www.gostanford.com

2005 Recap

Record 9-14
Pac-10 Finish 4th
NCAA Regional 4th (West)

UCLA

Jan. 3 Oahu, Hawaii, TBA

Feb. 10, Berkeley, 7:30 p.m.

March 26, Corvallis, Ore., 6 p.m.

Location Los Angeles, California
Nickname Bruins
Colors Blue and Gold
Conference Pac-10
Head Coach Valorie Kondos Field
Record, Seasons 301-62-1, 15 yrs.
Letterwinners R/L 6/6
Home Arena Pauley Pavilion
SID Liza David
Phone (310) 206-8140
Fax (310) 825-8664
E-mail l david@athletics.ucla.edu
Web Site www.uclabruins.com

2005 Recap

Record 20-3
Pac-10 Finish 1st
NCAA Regional 1st (West)
NCAA Championship 4th

UC DAVIS

Feb. 10, Berkeley, 7:30 p.m.

Location Davis, Calif.
Nickname Aggies
Colors Yale Blue and Gold
Conference MPSF
Head Coach Ray Goldbar
Record, Seasons 139-172
Letterwinners R/L 14/6
Home Arena The Pavilion
SID Mark Honbo
Phone (530) 752-8050
Fax (530) 754-5674
E-mail mwhonbo@ucdavis.edu
Web Site www.ucdavisaggies.com

2005 Recap

Record 10-14
MPSF Finish 3rd

WASHINGTON

Feb. 17, Seattle, Wash., 7 p.m.

March 26, Corvallis, Ore., 6 p.m.

Location Seattle, Wash.
Nickname Huskies
Colors Purple and Gold
Conference Pac-10
Head Coach Bob Levesque
Record, Seasons 219-204-2, 15 yrs.
Letterwinners R/L 10/6
Home Arena Bank of America Arena at Hec Edmundson Pavilion
SID Brian Tom
Phone (206) 897-1742
Fax (206) 543-5000
E-mail brianatom@u.washington.edu
Web Site www.gohuskies.com

2005 Recap

Record 16-13
Pac-10 Finish 5th
NCAA Regional 3rd

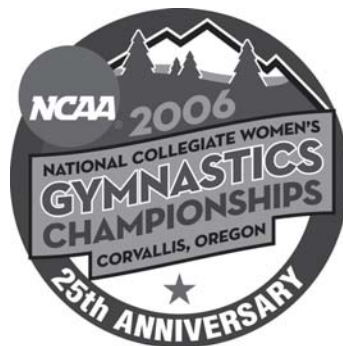
WEST VIRGINIA

March 10, Morgantown, W. Va., 7 p.m.

Location Morgantown, W. Va.
Nickname Mountaineers
Colors Old Gold and Blue
Conference Southeast
Head Coach Linda Burdette
Record, Seasons 524-211-4, 31 yrs.
Letterwinners R/L 12/4
Home Arena WVU Coliseum
SID Justin Zackal
Phone (304) 293-2821
Fax (304) 293-4105
E-mail Justin.zackal@mail.wvu.edu
Web Site www.msnsportsnet.com

2005 Recap

Record 17-7-1
EAGL Finish 2nd
NCAA Regional 5th (Southeast)



2005 SEASON RESULTS

2005 WOMEN'S GYMNASTICS TEAM RESULTS/SCORES

OVERALL RECORD: 6-12; PACIFIC-10 CONFERENCE: 0-6

MEET-BY-MEET SCORES/RESULTS

<i>Date</i>	<i>Cal Score</i>	<i>Opponent</i>	<i>Opponent Score</i>	<i>W/L</i>	<i>Cal Record</i>	<i>Pac-10 Record</i>
January 14	191.850	UC Davis	187.375	W	1-0	—
		Brown	179.950	W	2-0	—
January 23	191.175	at UCLA	197.150	L	2-1	0-1
		Sacramento State	190.375	W	3-1	—
		CSU Fullerton	190.325	W	4-1	—
January 28	190.175	at UC Davis	187.050	W	5-1	—
February 4	189.850	Arizona	194.900	L	5-2	0-2
February 11	181.450	at Arizona State	195.550	L	5-3	0-3
February 18	190.875	Washington	191.225	L	5-4	0-4
February 25	190.925	Oregon State	195.925	L	5-5	0-5
		Seattle Pacific	190.300	W	6-5	—
March 4	191.500	vs. Utah (Salt Lake City)	197.425	L	6-6	—
		Stanford	196.025	L	6-7	0-6
		Florida	196.450	L	6-8	—
March 7	192.350	at Utah State	195.325	L	6-9	—
March 11	192.300	North Carolina State	194.050	L	6-10	—
March 19	176.450	at San Jose State	194.325	L	6-11	—
		Stanford	192.750	L	6-12	—
March 26	163.550	Pac-10 Championships	197.100 (UCLA/1st)	L	6-18	—

CAL EVENT-BY-EVENT TEAM SCORES

<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>TOTAL</i>
UC Davis/Brown	47.250	48.900	48.125	47.575	191.850
at UCLA/Sacramento State/CSU Fullerton	47.975	47.600	47.275	48.325	191.175
at UC Davis	47.475	48.475	46.775	47.450	190.175
Arizona	47.450	47.700	46.325	48.375	189.850
at Arizona State	48.025	48.175	46.950	38.300	181.450
Washington	47.525	47.625	47.375	48.350	190.875
at Oregon State/Seattle Pacific	48.325	46.875	47.575	48.150	190.925
vs. Utah/Stanford/Florida	47.900	47.200	48.750	47.650	191.500
at Utah State	48.625	48.550	46.600	48.575	192.350
North Carolina State	48.200	48.200	47.700	48.200	192.300
at San Jose State/Stanford	38.350	47.100	48.425	42.575	176.450
at Pac-10 Championships	38.800	38.325	48.650	37.775	163.550
Season Team Best	48.625	48.900	48.750	48.575	192.350
Season Team Average	46.325	47.060	47.544	45.942	186.871
All-Time Team Best	49.375	49.550	49.300	49.425	196.800

2005 EVENT-BY-EVENT INDIVIDUAL SCORES

JUSTINE CEPHUS					
<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
OUT FOR SEASON					

ALEXANDRA DILLON					
<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
OUT FOR SEASON					

MY-LAN DODD					
<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
UC Davis/Brown	9.475	9.875	9.800	9.625	38.775
at UCLA/Sac St/CSUF	9.650	9.500	9.675	9.775	38.600
at UC Davis	9.500	9.825	9.175	9.775	38.275
Arizona	9.600	9.775	9.025	9.750	38.150
at Arizona State	9.800	9.875	9.375	9.825	38.875
Washington	9.725	9.825	9.700	9.750	39.000
at Ore St/Seattle Pac	9.750	9.825	9.825	9.800	39.200
at Utah/Stanford/Flor.	9.800	9.225	9.825	9.225	38.075
at Utah State	9.900	9.825	9.700	9.775	39.200
North Carolina State	9.825	9.850	9.225	9.825	38.725
at SJSU/Stanford	—	9.575	9.800	4.500	—
Pac-10 Championships	—	—	—	—	—
NCAA Regionals	—	—	—	—	—
Season Best	9.900	9.875	9.825	9.825	39.200
Season Average	9.703	9.725	9.557	9.239	38.688
Career Best	9.950	9.950	9.950	9.950	39.675

ISABEL GARCIA

<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
UC Davis/Brown	8.800	—	9.575	9.250	—
at UCLA/Sac St/CSUF	9.575	—	9.100	9.575	—
at UC Davis	9.325	—	9.250	9.425	—
Arizona	9.500	—	9.350	9.600	—
at Arizona State	9.600	—	9.450	9.700	—
Washington	9.500	—	9.025	9.650	—
at Ore St/Seattle Pac	9.650	—	8.800	9.550	—
at Utah/Stanford/Flor.	9.100	—	9.725	9.550	—
at Utah State	9.675	—	8.525	9.625	—
North Carolina State	9.650	—	9.650	9.700	—
at SJSU/Stanford	9.600	—	9.625	9.575	—
Pac-10 Championships	9.675	—	9.700	9.500	—
NCAA Regionals	—	—	—	—	—
Season Best	9.675	—	9.725	9.700	—
Season Average	9.471	—	9.315	9.558	—
Career Best	9.675	—	9.725	9.850	—

SIOBHAN LUCE

<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
UC Davis/Brown	9.275	9.575	—	9.100	—
at UCLA/Sac St/CSUF	—	9.425	—	9.625	—
at UC Davis	9.450	9.475	—	9.700	—
Arizona	9.500	9.500	9.000	9.625	37.625
at Arizona State	9.550	9.500	9.275	9.700	38.050
Washington	9.575	9.425	9.200	9.600	37.800
at Ore St/Seattle Pac	9.700	9.500	9.100	9.675	37.975
at Utah/Stanford/Flor.	9.725	8.800	9.700	9.750	37.975
at Utah State	9.675	9.525	9.125	9.750	38.075
North Carolina State	9.625	9.625	9.525	9.750	38.525
at SJSU/Stanford	9.550	9.650	9.525	9.700	38.425
Pac-10 Championships	9.850	9.475	9.675	9.500	38.500
NCAA Regionals	—	—	—	—	—
Season Best	9.850	9.650	9.700	9.750	38.525
Season Average	9.589	9.456	9.347	9.622	38.106
Career Best	9.850	9.650	9.700	9.750	38.525

MIHO MAEDA

<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
UC Davis/Brown	9.500	9.900	9.500	9.700	38.600
at UCLA/Sac St/CSUF	9.625	9.575	9.775	9.750	38.725
at UC Davis	9.575	9.875	9.650	9.775	38.875
Arizona	9.500	9.725	9.575	9.775	38.575
OUT FOR REMAINDER OF SEASON					
Season Best	9.625	9.900	9.775	9.775	38.875
Season Average	9.555	9.769	9.625	9.750	38.694
Career Best	9.625	9.925	9.950	9.825	38.875

KEIKO NAKAMURA

<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
UC Davis/Brown	—	—	9.625	—	—
at UCLA/Sac St/CSUF	—	—	9.300	—	—
at UC Davis	—	—	9.000	—	—
Arizona	—	—	9.025	—	—
at Arizona State	—	—	9.575	—	—
OUT FOR REMAINDER OF SEASON					
Season Best	—	—	9.625	—	—
Season Average	—	—	9.305	—	—
Career Best	—	—	9.625	—	—

BRITANI PITTULLO

<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
UC Davis/Brown	—	9.775	9.175	—	—
at UCLA/Sac St/CSUF	9.600	9.550	9.150	—	—
at UC Davis	9.625	9.650	9.700	—	—
Arizona	9.000	9.050	—	—	—
at Arizona State	—	9.700	—	—	—
OUT FOR REMAINDER OF SEASON					
Season Best	9.625	9.775	9.700	—	—
Season Average	9.408	9.545	9.342	—	—
Career Best	9.850	9.875	9.850	9.900	—

LAUREN SHIPP

<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
UC Davis/Brown	—	—	—	—	—
at UCLA/Sac St/CSUF	—	—	—	—	—
at UC Davis	—	8.700	—	—	—
Arizona	—	—	—	—	—
at Arizona State	—	—	—	—	—
Washington	—	9.600	9.750	—	—
at Ore St/Seattle Pac	—	9.650	9.750	—	—
at Utah/Stanford/Flor.	—	9.750	9.775	—	—
at Utah State	—	9.775	8.725	—	—
North Carolina State	—	9.775	9.825	—	—
at SJSU/Stanford	—	9.450	9.775	—	—
Pac-10 Championships	—	9.600	9.875	—	—
NCAA Regionals	—	—	—	—	—
Season Best	—	9.775	9.875	—	—
Season Average	—	9.538	9.639	—	—
Career Best	9.950	9.775	9.900	—	—

ALLI SZUTU

<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
UC Davis/Brown	9.650	9.775	9.625	9.650	38.700
at UCLA/Sac St/CSUF	—	9.075	9.375	8.925	—
at UC Davis	—	—	—	—	—
Arizona	—	9.650	—	—	—
at Arizona State	9.600	9.750	8.425	—	—
Washington	9.375	9.100	9.175	9.700	37.350
at Ore St/Seattle Pac	9.600	9.625	—	—	—
at Utah/Stanford/Flor.	9.625	9.750	—	—	—
at Utah State	9.675	9.675	—	—	—
North Carolina State	9.600	9.725	—	—	—
at SJSU/Stanford	9.675	9.750	—	—	—
Pac-10 Championships	9.650	9.650	—	—	—
NCAA Regionals	—	—	—	—	—
Season Best	9.675	9.775	9.625	9.700	38.700
Season Average	9.606	9.593	9.150	9.425	37.980
Career Best	9.675	9.775	9.625	9.700	38.700

NICKI WELLS

<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
UC Davis/Brown	9.350	9.475	—	9.350	—
at UCLA/Sac St/CSUF	9.525	9.550	—	9.600	—
at UC Davis	8.850	9.650	8.525	8.775	35.800
Arizona	9.350	8.850	9.350	9.625	37.175
at Arizona State	9.525	9.350	9.275	9.050	37.200
Washington	9.350	9.675	9.550	9.650	38.225
at Ore St/Seattle Pac	9.625	8.275	9.200	9.700	36.800
at Utah/Stanford/Flor.	9.650	9.675	9.725	9.575	38.625
at Utah State	9.700	9.750	9.325	9.825	38.600
North Carolina State	9.500	9.225	8.975	9.250	36.950
at SJSU/Stanford	9.525	8.675	9.025	9.525	36.750
Pac-10 Championships	9.625	9.600	9.725	9.275	38.225
NCAA Regionals	—	—	—	—	—
Season Best	9.700	9.750	9.725	9.825	38.625
Season Average	9.465	9.313	9.268	9.433	37.435
Career Best	9.700	9.750	9.725	9.825	38.625

ELYSE WONG

<i>OPPONENT</i>	<i>VAULT</i>	<i>BARS</i>	<i>BEAM</i>	<i>FLOOR</i>	<i>A-A</i>
UC Davis/Brown	—	—	—	—	—
at UCLA/Sac St/CSUF	—	—	—	—	—
at UC Davis	—	—	—	—	—
Arizona	—	—	—	—	—
at Arizona State	—	—	—	—	—
Washington	—	—	—	—	—
at Ore St/Seattle Pac	—	—	9.700	9.425	—
at Utah/Stanford/Flor.	—	—	8.975	9.550	—
at Utah State	—	—	9.725	9.600	—
North Carolina State	—	—	9.475	9.675	—
at SJSU/Stanford	—	—	9.700	9.275	—
Pac-10 Championships	—	—	9.675	9.500	—
NCAA Regionals	—	—	—	—	—
Season Best	—	—	9.725	9.675	—
Season Average	—	—	9.542	9.504	—
Career Best	9.700	—	9.725	9.875	—

TOP ALL-TIME SCORES

INDIVIDUAL

VAULT

Place	Score	Gymnast	Site	Date/Most Recent
1.	9.950	Lauren Shipp	Berkeley	1/30/04
		My-Lan Dodd (3x)	at San Jose State	3/21/03
		Monique Chang	Berkeley	2/21/03
		Lisa Washington	at Arizona State	3/25/95
		Kristen Smyth	at Arizona	3/28/92
2.	9.925	Monique Chang	at Stanford	2/20/04
		Stephanie Kim	at Arizona	2/6/04
		Lisa Arnold	Berkeley	2/18/01
		Candice Kwok	Berkeley	3/29/96
		Lisa Washington (2x)	Berkeley	2/3/96
3.	9.900	My-Lan Dodd	Berkeley	3/7/05
		Lauren Shipp (2x)	Berkeley	3/12/04
		Karissa Chock (2x)	Berkeley	1/23/04
		Janet McKnight (2x)	Berkeley	3/7/03
		Leila Khoury (2x)	at Boise State	3/11/00
		Candice Kwok (3x)	at Arizona State	2/21/97
		Heather Schneider	at Oregon State	3/16/96
		Lisa Washington (3x)	at Stanford	3/12/93
4.	9.875	Lauren Shipp (3x)	NCAA Regionals	4/3/04
		Stephanie Kim	Berkeley	3/12/04
		My-Lan Dodd	at Washington	1/16/04
		Lindsay Baker	at Pac-10 Championships	3/24/01
		Janet McKnight	at Pac-10 Championships	3/24/01
		Lisa Washington (3x)	Berkeley	3/5/95
		Heather Schneider	at Georgia	3/12/95
		Candice Kwok (3x)	at Arizona State	3/25/95
		Monique Chang	at Utah State	3/6/04
		Karissa Chock	Berkeley	3/12/04

BARS

1.	10.000	Cindy Tom	at Seattle Pacific	2/15/92
2.	9.950	My-Lan Dodd	Berkeley	3/12/04
		Stephanie Kim	Berkeley	3/12/04
		Pari Olver	at UC Davis	2/24/00
3.	9.925	Miho Maeda	Berkeley	3/12/04
		Monique Chang	at Stanford	2/20/04
		My-Lan Dodd (2x)	Berkeley	2/13/04
4.	9.900	Miho Maeda	Berkeley	1/14/05
		Monique Chang (4x)	Pac-10 Championships	3/20/04
		Stephanie Kim (2x)	at Boise State	2/27/04
		Miho Maeda	at Stanford	2/20/04
		My-Lan Dodd (3x)	at Arizona	2/6/04
		Carrie Kreifels (4x)	at Pac-10 Championships	3/24/01
		Pari Olver (2x)	at Pac-10 Championships	3/24/01
		Leila Khoury	at San Jose State	2/26/00
		Cindy Tom	at Arizona	2/11/94
		Kristen Smyth	Berkeley	3/21/92

BEAM

1.	9.950	My-Lan Dodd (2x)	Pac-10 Championships	3/20/04
		Miho Maeda	at Arizona State	2/28/03
2.	9.925	My-Lan Dodd	at Stanford	2/20/04
		Stephanie Kim	Berkeley	3/12/04
		Pari Olver	at San Jose State	3/16/01
3.	9.900	Stephanie Kim (2x)	Berkeley	2/13/04
		Karissa Chock	Berkeley	2/13/04
		My-Lan Dodd (4x)	Berkeley	1/23/04
		Katreece Stone (2x)	at Arizona State	2/23/01
		Genine Ishino	at Denver	1/13/01
		Candice Kwok (3x)	at Arizona	3/22/97
		Jennie Kang	Berkeley	2/7/97
		Emily Bails	Berkeley	3/8/96
		Cindy Tom (3x)	at Seattle Pacific	2/15/92
4.	9.875	Lauren Shipp	Berkeley	3/26/05
		My-Lan Dodd	Berkeley	3/12/04
		Miho Maeda (2x)	Berkeley	3/12/04
		Karissa Chock	at Utah State	3/6/04
		Stephanie Kim	at Arizona	2/6/04
		Lauren Shipp (2x)	Pac-10 Championships	3/29/03
		Katreece Stone (3x)	at UC Davis	3/10/01
		Carrie Kreifels	at UC Davis	2/24/00
		Emily Bails	Berkeley	2/6/99
		Mindy Ornellas (2x)	at Arizona	3/22/97
		Candice Kwok	at Washington	3/19/95

FLOOR

1.	9.950	Stephanie Kim	at Stanford	2/20/04
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		Monique Chang	Arizona	2/6/04
		My-Lan Dodd	Berkeley	1/23/04
		Leila Khoury	at San Jose State	2/26/00
2.	9.925	My-Lan Dodd (2x)	Berkeley	3/12/04
		Stephanie Kim (2x)	Berkeley	2/13/04
		Monique Chang	Berkeley	3/7/03
		Pari Olver (4x)	at UCLA	3/4/01
		Katreece Stone	at UC Davis	3/10/01
		Mindy Ornellas (2x)	Berkeley	2/7/97
3.	9.900	Stephanie Kim (6x)	at Pac-10 Championships	3/20/04
		My-Lan Dodd (6x)	at Arizona	2/6/04
		Britani Pittullo (3x)	at Pac-10 Championships	2/29/03
		Monique Chang	Berkeley	2/9/03
		Lindsay Baker (2x)	at Pac-10 Championships	3/24/01
		Pari Olver	at Pac-10 Championships	3/24/01
		Katreece Stone	at Pac-10 Championships	3/24/01
		Carrie Kreifels	at UC Davis	3/10/01
		Leila Khoury (3x)	at NCAA Regionals	4/1/00
		Bridgett Coates	at Pac-10 Championships	3/18/00
4.	9.875	Stephanie Kim (2x)	at Boise State	2/27/04
		Elyse Wong	at Boise State	2/27/04
		My-Lan Dodd (2x)	Berkeley	2/13/04
		Monique Chang (3x)	Berkeley	1/30/04
		Sheilah Buack	Berkeley	1/18/02
		Pari Olver (3x)	at UC Davis	3/10/01
		Carrie Kreifels (2x)	at UCLA	3/4/01
		Leila Khoury (3x)	at UC Davis	2/24/00
		Emily Bails	Berkeley	3/29/96
		Angela Mapa	Berkeley	3/29/96
		Mindy Ornellas	Berkeley	2/3/96

ALL-AROUND

1.	39.675	My-Lan Dodd	at Arizona State	2/28/03
2.	39.650	Stephanie Kim	Berkeley	3/12/04
3.	39.575	My-Lan Dodd (2x)	Berkeley	3/12/04
4.	39.500	My-Lan Dodd (2x)	at Pac-10 Championships	3/29/03
5.	39.475	My-Lan Dodd	at UC Davis	3/14/03

TEAM

VAULT

Place	Score	Site/Opponent(s)	Date
1.	49.375	Berkeley/Washington, Sacramento State	2/21/03
2.	49.325	Berkeley/Ball State	3/12/04
3.	49.275	at Arizona State/Rutgers	2/28/03
4.	49.200	NCAA Regional Championships/Corvallis, Ore.	4/3/04
5.	49.150	at San Jose State	3/21/03

BARS

1.	49.550	Berkeley/Ball State	3/12/04
2.	49.400	at San Jose State	2/26/00
3.	49.275	at UC Davis	2/24/00
4.	49.250	Berkeley/Washington, Sacramento State	2/21/03
		Berkeley/Boise State, Fullerton, UC Davis	2/9/03
5.	49.225	at Boise State/Southern Utah	2/27/04
		Berkeley/Arizona	2/6/04
		Berkeley/Arizona	3/7/03

BEAM

1.	49.300	at Utah State	3/6/04
2.	49.250	Berkeley/Arizona	3/7/03
3.	49.175	Pac-10 Championships/Tucson, Ariz.	3/20/04
		Berkeley/Boise State, Fullerton, UC Davis	2/9/03
4.	49.150	at UC Davis	3/14/03
		Berkeley/Stanford	2/18/01
5.	49.100	at Cal State Fullerton	1/12/02

FLOOR

1.	49.425	at Stanford	2/20/04
2.	49.375	at Pac-10 Championships; Seattle, Wash.	3/24/01
3.	49.300	Berkeley/Washington, UC Davis	2/9/01
		at San Jose State	2/26/00
4.	49.275	at Arizona State/Rutgers	2/28/03
		Berkeley/Boise State, Fullerton, UC Davis	2/9/03

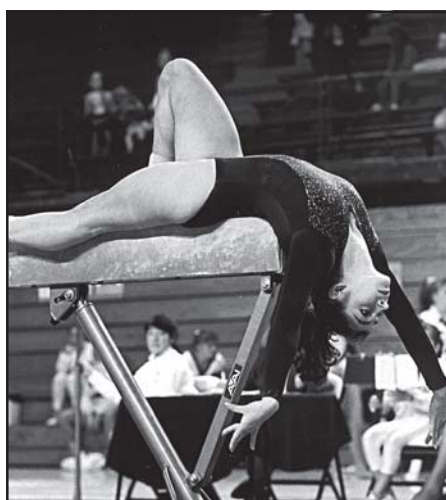
ALL-AROUND

1.	196.800	Berkeley/Ball State	3/12/04
		Berkeley/Arizona	3/7/03
2.	196.475	Berkeley/Washington, Sacramento State	2/21/03
3.	196.375	Berkeley/Boise State, Fullerton, UC Davis	2/9/03
4.	196.075	Berkeley/Stanford	2/18/01
5.	195.975	at Boise State	3/11/00

YEARLY RESULTS

CAL INDIVIDUALS AT THE NCAA CHAMPIONSHIPS

Year	Name	Event	Score	Finish	
2003	My-Lan Dodd	Bars	9.775	13th	
		Vault	9.700	25th	
		Floor	9.750	28th	
		Beam	9.200	39th	
		AA	38.425	23rd	
1994	Candice Kwok	AA	27.525	71st	
1992	Kristen Smyth	AA	38.775	9th	
		Mimi Goyer	Beam	9.750	9th
		Cindy Tom	Beam	9.725	12th
1991	Kristen Smyth	AA	36.795	43rd	
1990	Cindy Tom	Bars	9.775	11th	
1986	Ellis Wood	AA	36.400	27th	
1985	Ellis Wood	AA	35.600	36th	
1984	Ellis Wood	AA	36.250	21st	



Cal Gymnast of the Decade, three-time All-American, and two-time NCAA participant Kristen Smyth (1991-92).

DUAL, INVITATIONAL MEET RECORDS

Opponent	Series Record
Air Force	2-0
Alaska-Anchorage	2-0
Arizona	4-16
Arizona State	3-20
Auburn	0-1
Ball State	3-0
Boise State	7-5
Brown	1-0
BYU	1-0
Cal Poly	3-1
Chico State	1-1
CSU Fullerton	7-5
CSU Northridge	1-0
Denver	2-3
Eastern Michigan	1-0
Florida	0-2
Fresno State	4-2
Georgia	0-3
Georgia College	1-0
Illinois	2-0
Illinois-Chicago	2-0
Illinois State	1-0
Iowa	1-0
Kentucky	0-1
Long Beach State	4-0
LSU	0-1
Maryland	2-2
Massachusetts	2-0
Michigan	2-0
Michigan State	1-1
Minnesota	3-0
Missouri	1-0
Nebraska	0-6
Nevada	0-2
New Hampshire	2-0
New Mexico	2-1
North Carolina	0-1
North Carolina State	0-1
Northeastern	1-0
Northern Colorado	0-1
Northern Michigan	1-0
Ohio State	1-0
Oklahoma	2-1
Oregon	2-1
Oregon State	3-26
Penn State	1-0
Rutgers	1-0
Sacramento State	15-6
San Diego State	0-3
San Francisco State	1-0
San Jose State	19-8
Seattle Pacific	17-1
Sonoma State	1-0
Southern Utah	2-1
Stanford	15-26
UC Davis	26-1
UCLA	1-21
UC Santa Barbara	21-3
USC	0-2
Utah	0-3
Utah State	6-4
Washington	5-24
Washington State	4-1
Western Michigan	0-1
West Virginia	1-0

YEAR-BY-YEAR RESULTS

Year	Coach	Dual Record	Pac-10 Finish	Regional Finish	NCAA Finish
2005	Cari DuBois	6-12	7th		
2004	Cari DuBois	9-6	7th	5th	
2003	Cari DuBois	12-5	7th	4th	individuals
2002	Trina Tinti	5-9	7th	individuals	
2001	Trina Tinti	17-19	7th	5th	
2000	Trina Tinti	11-12	5th	individuals	
1999	Trina Tinti	6-15	7th	individuals	
1998	Trina Tinti	8-9	7th	6th	
1997	Alfie Mitchell	9-11	7th	6th	
1996	Alfie Mitchell	16-6	7th	7th	
1995	Alfie Mitchell	7-12	7th	5th	
1994	Alfie Mitchell	14-2	7th	5th	individuals
1993	Pam Burgess	7-7	6th	individuals	
1992	Pam Burgess	9-3	6th	3rd	8th
1991	Pam Burgess	17-8	7th	2nd	individuals
1990	Pam Burgess	9-7	5th	T5th	individuals
1989	Pam Burgess	6-9	7th	7th	
1988	Pam Burgess	7-9	7th	individuals	
1987	Pam Burgess	9-12	7th	6th	
1986	Pam Burgess	9-7	3rd	6th	individuals
1985	Diane Dunbar	8-12	4th	individuals	individuals
1984	Diane Dunbar	10-13	1st	5th	individuals
1983	Diane Dunbar	7-6	3rd	7th	
1982	Diane Dunbar	5-5	2nd		
1981	Dale Flansaas	2-9	1-2	NorPac	
1980	Dale Flansaas	2-8	1-2	NorPac	
1978-79	Dan Millman	5-10			
1977	Molly Rackham	5-4			
1975-76	Debbie Bailey	0-3			
1974	Sue Williamson	4-1			

Notes: Pac-10 competition began in 1987. Prior to that, Cal competed in the NorPac Conference. No NCAA competition prior to 1982.

AWARDS AND HONORS



Cindy Tom recorded the only perfect 10.000 in Cal history (bars, Feb. 15, 1992) and was a 1992 All-American and All-Pac-10 selection.

ALL-AMERICAN SELECTIONS

- 1992 Kristen Smyth (1st team vault, 2nd team floor and all-around)
Mimi Goyer (2nd team beam),
Cindy Tom (2nd team beam)

ALL-PAC-10 SELECTIONS

- 2001 Pari Olver (all-around)
2000 Leila Khoury
1999 Leila Khoury
1998 Leila Khoury (all-around)
1997 Mindy Ornellas (floor)
1995 Lisa Washington (vault)
1992 Kristen Smyth (vault),
Cindy Tom (bars)



Lauren Shipp was named All-Academic in 2005.

ACADEMIC ALL-AMERICAN SELECTIONS

- 2005 My-Lan Dodd
Miho Maeda
Lauren Shipp
Elyse Wong
Nicki Wells
2004 Karissa Chock
My-Lan Dodd
Elyse Wong

- 2003 Janet McKnight
My-Lan Dodd
2002 My-Lan Dodd
2001 Lindsay Baker
Pari Olver
Katrecee Stone
Jarmin Yeh
1997 Paula Chang
1996 Mindy Ornellas
Candice Kwok
Sirinda Sincharoen
Christine Nishimoto
Jennifer Wang
1995 Mindy Ornellas
Candice Kwok
Sirinda Sincharoen
Jennifer Wang
Sharly Wong
Carrie Schneider
Cassie Shigeoka
1994 Sirinda Sincharoen
Cassie Shigeoka
Erin Power
1992 Mimi Goyer,
Sigall Kassutto,
Kristen Smyth,
Ingrid Wertz
1991 Mimi Goyer,
Jenny Griesemer,
Sigall Kassutto,
Pam Jong,
Kati McBride,
Nicole McLeod
1990 Mimi Goyer,
Sigall Kassutto
1989 Sigall Kassutto

COSIDA ACADEMIC ALL-AMERICAN OF THE YEAR

- 1992 Sigall Kassutto

PAC-10 ALL-ACADEMIC SELECTIONS

- 2005 My-Lan Dodd (first team)
Lauren Shipp (honorable mention)



My-Lan Dodd was an Academic All-American in 2002 and a two-time Pac-10 All-Academic selection (2003-04).



Karissa Chock was a three-time Pac-10 All-Academic selection (2002-04).

- 2004 My-Lan Dodd (second team)
Karissa Chock (honorable mention)
Stephanie Kim (honorable mention)
2003 My-Lan Dodd (second team)
Karissa Chock (honorable mention)
Janet McKnight (honorable mention)
Adrienne Garcia (honorable mention)
Lauren Shipp (honorable mention)
2002 Karissa Chock (honorable mention)
Stephanie Kim (honorable mention)
Janet McKnight (honorable mention)
Katrecee Stone (honorable mention)
2001 Lindsay Baker (honorable mention)
Genine Ishino (honorable mention)
Kristine Kaibara (honorable mention)
Janet McKnight (honorable mention)
Pari Olver (second team)
Katrecee Stone (honorable mention)
Jarmin Yeh (honorable mention)
2000 Lindsay Baker (honorable mention)
Paula Chang (honorable mention)
Pari Olver (second team)
1998 Emily Bails (honorable mention)
Elizabeth Berlin (honorable mention)
Chantel Debert (honorable mention)
Angela Mapa (honorable mention)
1997 Candice Kwok (second team)
Emily Bails (honorable mention)
Angela Mapa (honorable mention)
1996 Christine Nishimoto (honorable mention)
Mindy Ornellas (honorable mention)
Sirinda Sincharoen (honorable mention)
Jennifer Wang (honorable mention)
1995 Mindy Ornellas (honorable mention)
Cassie Shigeoka (honorable mention)
Jennifer Wang (honorable mention)
1994 Amy Sims (honorable mention),
Sirinda Sincharoen (honorable mention)
1993 Mimi Goyer (second team)
1992 Sigall Kassutto,
Kristen Smyth (first team),
Mimi Goyer (second team),
Kati McBride,
Nicole McLeod,
Ingrid Wertz (honorable mention)
1991 Sigall Kassutto (first team),
Mimi Goyer (second team)

ALL-TIME ROSTER

-A-

Aitkenhead, Caitlin 2006

Alden, Elizabeth 1997-98
Anderson, Judy 1977
Arnold, Lisa 2000-02

-B-

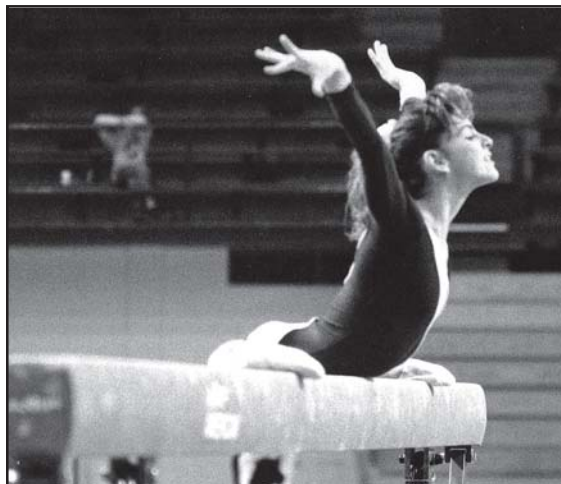
Bails, Emily 1996-99
Baker, Lindsay 1999-01
Baker, Robin 1987
Baldwin, Renee 1978-81
Ballmer, Leslie 1992-94
Barrett, Jennifer 1979-80
Beckington, Carrie 1974-75
Bennett, Joanna 2006
Berlin, Elizabeth 1997-99
Bernadou, Nanette 1978-79
Bernheimer, Susan 1984
Bialosky, Jennifer 1996-98
Binkley, Barbara 1983
Bowman, Susan 1974
Brant, Dana 1975
Breannan, Laurel 1981
Buack, Sheilah 2002-03
Tina Burfield 1988

-C-

Capsuto, Tara 2002
Cephus, Justine 2004-present
Chan, Winnie 1975-76
Chang, Monique 2003-04
Chang, Paula 1998-01
Chau, Debbie 1980
Chen, Margaret 1981
Chiprut, Rebecca 1992
Chock, Karissa 2001-04
Christiansen, Lisa 1974
Christiansen, Tennille 1995
Coates, Bridgett 1999-00
Cummins, Susan 1974

-D-

Debert, Chantel 1997-98
DeCecco, Diane 1983
Dillon, Alexandra 2005
Dinkel, Christina 1990-93
Distenfanso, CeCilia 1977
Dodd, My-Lan 2002-2005
Dolecki, Ranae 1974
Duke, Sharon 1985



Sigall Kassuto (1989-92) was selected CoSIDA's National Academic All-American of the Year for 1992.

-E-

Evans, Lori 1988

-F-

Ferencz, Keri 1974
Ferrin, Cara 1991
Fiorillo, Sarah 2006
Fracchia, Carla 1982



Pari Olver (1998-01) was an Academic All-American in 2001 and a Pac-10 All-Academic selection in 2000 and 2001.

-G-

Gaidish, Jackie 1992-95
Garcia, Adrienne 2002-04
Garcia, Anja 2003-04
Garcia, Isabel 2004-present
Garfinkle, Jan 1976
Garrett, Lindsay 1996-98
Gilcrest, MaryAnn 1977
Glass, Bridgette 2006
Goldenberg, Ruth 1978
Goyer, Mimi 1990-93
Green, Syd 1988-89
Griesemer, Jenny 1988-91

-H-

Hale, Mary 1982
Halbach, Kathy 1976-78
Hannes, Nicki 1981-82
Hansen, Jill 1980
Hanson, Carol 1974

Harkey, Lorle 1974
Harrington, Christine 1974-76
Heilig, Susan 1979-80
Heiman, Marilyn 1980-82
Henry, Elizabeth 1976-77
Hirano, Patricia 1985
Holzer, Lori 1991

-M-

Maeda, Miho 2002-2005
Mapa, Angela 1996-99
Marriot, Barbara 1976-77
McBride, Kati 1989-92
McDonald, Elizabeth 1975-76
McKnight, Janet 2000-03
McLeod, Cheryl 1978-81
McLeod, Nicole 1989-92
Monzon, Marcia 1980
Mori, Judy 1982-84

-N-

Nakamura, Keiko 2005-present

Neishi, Kristen 2000-01
Nishimoto, Christine 1995-98
Notham, Janet 1975
Ng, Joyce 1975-79

-O-

Obermeyer, Sandra 1976
Olver, Pari 1998-01
Ornellas, Mindy 1994-97
Orsino, Samantha 1990-93

-P-

Packard, Patricia 1976-78
Palmieri, Tina 1983-84
Patton, Wendy 1984
Patch, Kim 1977
Pierce, Heather 1988, 90
Pittullo, Britani 2003-present
Power, Erin 1993-96
Pressentin, Kristen 1987



Stephanie Kim (2001-04) holds the second highest all-around score in Cal history at 39.650.

-R-

Rackham, Joanne 1974-76
Rasmussen, Ann 1974-75
Rawlins, Rachel 1983-84
Roberts, Shannon 1988-89
Rocchi, Vanna 2006
Rodgers, Polly 1983-86
Rusconi, Sharon 1976

-S-

Schmidt, Melinda 1978
Schneider, Carrie 1995-96
Schneider, Heather 1993-96
Schultz, Cynthia 1974
Seibolt, Susan 1974-75
Shew, Doreen 1984-85
Shigeoka, Cassie 1992-95

Shipp, Lauren 2002-2005
Sibley, Barbara 1974-77
Sims, Amy 1993-94
Sincharoen, Sirinda 1993-96
Skiles, Sandra 1979-80
Smith, Karen 1977
Smith, Lisa 1985
Smyth, Kristen 1989-92
Snodgrass, Marcia 1974-76
Stacey, Jenny 1982-83
Stinar, Melissa 2006
Stitser, Christie 1988
Stone, Katrece 2000-2002
Straus, Robin 1974
Suggs, Dori 1980-81
Suksanong, Dawn 1999
Szutu, Alli 2005-present

-T-

Tam, Tiffany 2006

Takamoto, Debbie 1988
Tatsono, Gwen 1974
Tom, Cindy 1990-94
-V-
Valencia, Lisa 1975-76
Van Heuit, Linda 1974
Volding, Krista 1986

-W-

Wampler, Ruth 1976-77
Wang, Jennifer 1994-97
Washington, Lisa 1993-96
Watkins, Abby 1988
Webster, Kelly 1996-97
Weinberg, Laura 1978-79, 81

Wells, Nicki 2005-present

Wertz, Ingrid 1989-92
White, Vicki 1986-87
Williams, Lydia 2006
Wong, Elyse 2004-present
Wong, Rena 1977, 80-81
Wong, Sharyl 1955
Wood, Ellis 1984-87
Worner, Laura 1981-84

-Y-

Yamaguchi, Carrie 1979-80
Yeh, Jarmin 2000-01
Young, Nicole 1988

-Z-

Zarodo, Danuta 1976
Zdvorak, Kendall 2006

ACADEMIC SUPPORT

One of the real success stories for the University of California is the development and growth of a comprehensive academic support program for its student-athletes – the Athletic Study Center.

In 1984, campus officials and Athletic Department administrators decided that a greater emphasis needed to be placed on helping Cal student-athletes with their academic pursuits. The Athletic Study Center was thus born and charged with developing an academic support program geared to the needs of NCAA Division I student-athletes. It was a significant development for an academically oriented institution such as Cal to recognize the special needs required for a modern student-athlete's success both as an athletic competitor on the field of play and in the classroom.

PROGRAM FOR STUDENT-ATHLETES

The Athletic Study Center, which is housed within the Division of Undergraduate Education, is the tutorial and academic support program for the nearly 1,000 student-athletes at Cal. Centrally-located in the Cesar Chavez Student Center, the program provides a spacious and comfortable arboretum for quiet study, separate classrooms for individual and group tutorials, and a computer lab for word processing and required course work.

Geared around the understanding of the amount of time student-athletes must devote to practice, training, physical therapy and team travel, the program creates an environment where students can cultivate good study habits, receive individual or group tutoring and obtain counseling from academic advisors.

TUTORIAL PROGRAM

The Tutorial Program promotes and enhances students' academic skills and progress by providing individual tutoring, group workshops, study groups, credit courses and intensive special programs. The Athletic Study



Academic support available to Cal student-athletes includes tutorial and academic advising, as well as study center and modern computer lab facilities.

Center has between 50-60 tutors on staff per semester to guarantee that students receive the best possible support. Tutorial sessions are also offered at night enabling student-athletes to receive help after practices when they have more time to devote to studying.



KEIKO PRICE

Academic Advisor

Keiko Price serves as the academic advisor for the Cal women's gymnastics team, helping the gymnasts understand and comply with the university and NCAA rules and guidelines. She assists team members in choosing courses and majors, developing time management and study skills, and making a successful transition from high school.

Price joined the Athletic Study Center as an academic advisor prior to the start of the 2004-05 academic year. Prior to her current role, she served as a graduate academic advisor in the same office from September 2002-June 2004.

As a graduate advisor, Price was responsible for the academic advising and monitoring of student-athletes in football, women's volleyball, softball, men's and women's tennis, women's crew, women's lacrosse and women's field hockey. Price completed her master's of arts in education, with a focus on athletes and academic achievement, from Cal in May 2004.

Other roles Price has held at Cal include as a graduate student instructor/tutor in the Athletic Study Center and as a workshop leader for the Student Learning Center.

Prior to her arrival in Berkeley, Price worked at UCLA as a student-athlete academic coordinator from September 2000 to June 2002. A 22-time All-American swimmer, Price graduated Cum Laude from UCLA with a bachelor's of arts in African-American studies in June 2001.

ADVISING PROGRAM

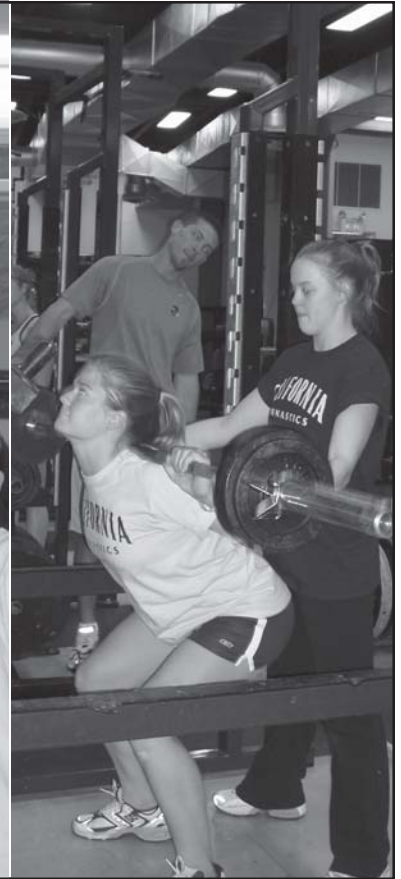
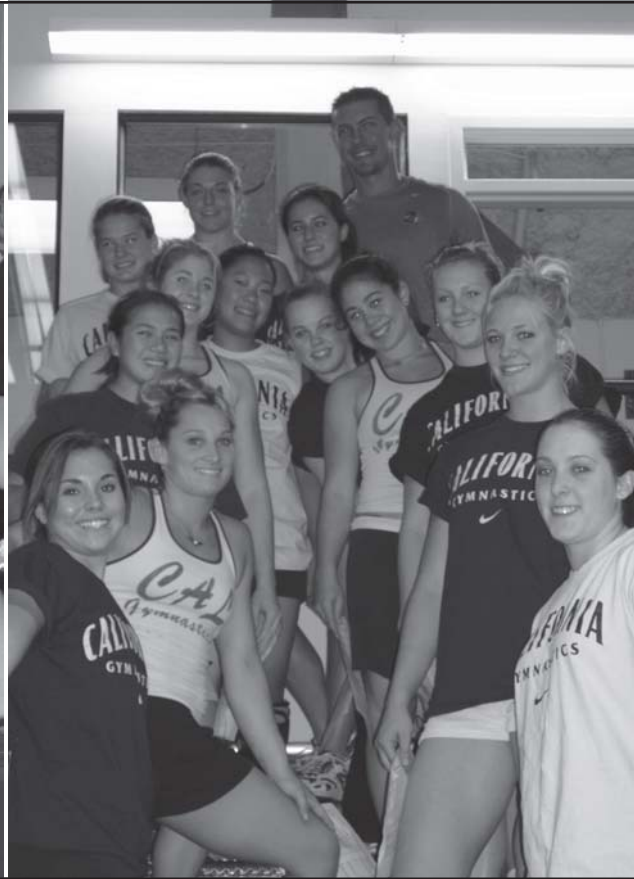
The Advising Program offers a broad range of services to meet the unique needs of student-athletes, including assistance in understanding and complying with University, college and NCAA requirements, developing time management skills and resolving personal issues unique to student-athletes. During the freshman year, advisors typically try to help student-athletes make a successful academic transition from high school, while during the sophomore year, they assist student-athletes in making decisions on appropriate majors and fields of study. For the final two years, advisors take more of an exiting approach, ensuring that proper academic progress is being made towards graduation while referring juniors and seniors to areas on campus that can help with internships, graduate school applications and career planning.

SPECIAL PROGRAMS

In addition, the Athletic Study Center offers a Summer Bridge adjunct program designed to help ease the transition from high school to college. The primary components for the program include writing and math workshops, an advising workshop, study skills seminars and an evening tutorial program.

Another special program offered is Peer Advising. Peer advisors provide academic and campus life guidance for new intercollegiate student-athletes. They are selected from junior and senior student-athletes who assist in developing programs to further address the needs of student-athletes.

STRENGTH & CONDITIONING



The strength and conditioning program for Cal Gymnastics is a comprehensive process which combines modern Olympic platform, aerobic and anaerobic workouts in the Haas Pavilion fitness facility with personalized training to maximize strength, speed, flexibility and overall health.

An integral part of California Women's Gymnastics program and its success is the strength and conditioning program, led by Jeremy Lawson and assistants, who supervise the comprehensive operation for the Golden Bear team. The program's philosophy is geared towards helping each student-athlete achieve the highest level of athletic development.

By teaching how all the components of strength and conditioning fit together, student-athletes understand how to maximize force production. This includes enhancement of speed, strength and flexibility, which results in improved power. Motivating, educating and helping to reach maximum athletic development is the primary focus of the Cal program.

The Cal weight room includes eight Olympic platforms and an array of aerobic and anaerobic equipment. The picturesque facility offers panoramic views of the entire region, including San Francisco and the Bay. The training regimen at Cal is a year-round process that emphasizes the speed, strength and flexibility. With closely monitored workouts that involve a great deal of individual instruction and attention, student-athletes are taught the correct techniques to increase their ability to perform at their peak during competition.

Cal's program stresses comprehensive training in order to improve both strength and speed. Flexibility is a key component because it is essential for proper lifting.

Athlete workouts are closely monitored by the conditioning staff who work in collaboration with the entire sports medicine team (doctors, athletic trainers, physical therapists, nutritionists, etc.) to ensure the health and safety of all of student-athletes.

In this way, Cal's strength and conditioning program is a vital component linking the "full circle" of a student-athlete's physical development from conditioning through rehabilitation and reconditioning.





THE UNIVERSITY



The University of California is one of the world's leading academic institutions. The school, known throughout the world as "Cal," is truly a prototype of a contemporary university. It attracts what many consider the finest applicant pool in the country, generates an ethnically and culturally diverse student population on campus, and provides one of the finest learning experiences in the world today.

WORLD-CLASS FACULTY AND STUDENTS

The Berkeley campus is renowned for the size and quality of its libraries and laboratories, the scope of its research and publications, and the distinction of its faculty and students. National rankings consistently place Cal's undergraduate and graduate programs among the very best. The faculty includes eight Nobel Laureates, 124 members of the National Academy of Sciences, 19 MacArthur Fellows, 87 Fulbright Scholars, three Pulitzer Prize winners and more Guggenheim Fellows (141) than any other university in the country.

The quality of Cal's diverse and independent student body complements the stature of the faculty. More than 33,000 students annually enroll at Cal. Of these, about 23,000 are undergraduates. Students come to Berkeley

from all over California, in addition to every state in the union and more than 2,000 students from 75 countries around the world.

The undergraduate student body can best be characterized by its diversity; there is no one racial or ethnic majority. Students reflect all age groups, and economic, cultural and geographic backgrounds. This dynamic mix produces the wide range of opinion and perspective essential to a great university.

THE BAY AREA

Overlooking San Francisco Bay, the campus is a lush and tranquil 1,232-acre oasis in an urban setting. The grounds have retained much of the beauty of their rural beginnings. Spacious lawns, hiking and running trails, as well as groves of oak, redwood and eucalyptus blend with the Neo-classical architecture of John Galen Howard. The University is bordered by the wooded rolling hills of Tilden Regional Park and the City of Berkeley, one of America's most lively, culturally diverse and politically adventurous municipalities.



CAL STUDENT POPULATION

Fall 2005

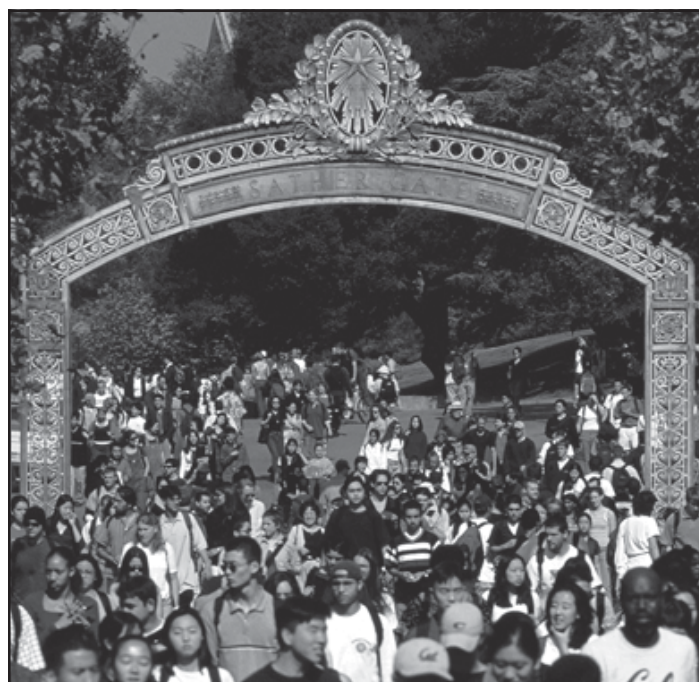
No. of Students	33,076
Undergraduates	23,206
Graduate Students	9,870
Gender Distribution	
Male	15,959
Female	17,117

STUDENT COMPOSITION

Fall 2003

A multi-cultural and multi-ethnic campus. No ethnic group forms a majority.

Native American	220
Asian/Asian American	11,173
African American	1,233
Hispanic	3,019
Caucasian	11,487
Other	653
International	2,572
No Ethnic Data	2,719



CAL EXCELS IN THE CLASSROOM

- 20 of Cal's 27 teams had a cumulative team GPA of 3.0 or higher during the 2003-04 academic year
- More than 210 student-athletes have cumulative GPAs over 3.25