

# 2003 CAL GYMNASTICS

## BEAR FACTS

**Location:** ..... Berkeley, CA  
**Founded:** ..... 1868  
**Enrollment:** ..... 32,128  
**Nickname:** ..... Golden Bears  
**Colors:** ..... Blue & Gold  
**Conference:** ..... Pacific-10  
**Home Facility/Capacity:** ..... Haas Pavilion/12,172  
**Chancellor:** ..... Dr. Robert Berdahl  
**Athletic Director:** ..... Steve Gladstone  
**Executive Associate AD/SWA:** ..... Teresa Kuehn  
**Faculty Representative:** ..... Dr. William Lester  
**2002 Overall Record:** ..... 5-9  
**2002 Pac-10 Record/Finish:** ..... 1-5/7th  
**2002 NCAA Regionals:** ..... None  
**Letterwinners Returning/Lost:** ..... 9/6  
**Returning Redshirts:** ..... None  
**Newcomers:** ..... 3

## GYMNASTICS STAFF

**Head Coach:** ..... Cari DuBois  
**Alma Mater/Year:** ..... Ball State/1992  
**Record at Cal/Years:** ..... First year  
**Career Record/Years:** ..... 0-0/None  
**DuBois' E-mail:** ..... cadubois@uclink.berkeley.edu

## CREDITS

The *2003 California Women's Gymnastics Media Guide* was written and edited by Media Relations Assistant Barry Rubenstein and student assistant Kristina Wegscheider. Layout and design by Publications Director John Dunbar and Publications Coordinator Evan Kerr. Photography by Russ Wright, Mark Chow, Richard Baillif and Jim Scieszinski, Barry Rubenstein, Patrick J. Merrill, and Dale Sparks. Printing by U.C. Printing Services of Berkeley, CA.

On the cover, the team poses in front of the world-renowned Lombard Street in San Francisco.

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**Assistant Coach:** ..... Jennifer Bialosky  
**Team Manager** ..... Kristina Wegscheider  
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# 2003 CAL ROSTER

Name	Yr.	Ht.	Exp.	Event(s)	Hometown/Last School (Club)
Sheilah Buack	So.	5-1	1V	AA	Yorba Linda/Esperanza HS (SCATS)
Monique Chang	Fr.	5-2	HS	AA	Fairfax Station, VA/Robinson HS (Cardinal Gymnastics)
Karissa Chock	Jr.	5-4	2V	AA	Huntington Beach/Ocean View HS (SCATS)
My-Lan Dodd	So.	5-4	1V	AA	Seattle, WA/Garfield HS (Cascade Elite)
Adrienne Garcia	So.	5-3	1V	AA	Fullerton/Rosary HS (Kips Gymnastics)
Anja Garcia	Fr.	5-3	HS	AA	Fair Oaks/St. Francis HS (Lescisin Gymnastics)
Stephanie Kim	Jr.	5-3	2V	AA	Darien, IL/Hinsdale South HS (Illinois Gymnastics Institute)
Miho Maeda	So.	5-3	1V	AA	Granada Hills/Granada Hills HS (Gymnastics Olympica USA)
Janet McKnight	Sr.	5-4	3V	V, UB, FX	Lafayette/Acalanes HS (Golden Gate Gymnastics)
Britani Pittullo	Fr.	5-2	HS	AA	Rancho Cucamonga/St. Lucy's Priory HS (SCATS)
Lauren Shipp	So.	5-8	1V	AA	Libertyville, IL/Libertyville HS (Northbrook Gymnastics)

## PRONUNCIATION GUIDE

Sheilah Buack ..... BEW-ick  
 Karissa Chock ..... CHALK  
 My-Lan Dodd ..... MEE-lon  
 Cari DuBois ..... CARE-ee doo-BWAH  
 Adrienne Garcia ..... GAR-sha  
 Anja Garcia ..... AN-ya  
 Miho Maeda ..... Me-ho ma-EH-da

CB - Club; HS - High School;  
 TR - Transfer; V - Varsity

**Head Coach:** Cari DuBois /0-0 (1st Season)  
**Assistant Coach:** Don Eckert (1st Season)  
**Assistant Coach:** Jennifer Bialosky (5th Season)

**Team Manager:** Kristina Wegscheider (1st season)  
**Trainer:** Jason Miyamoto (1st season)  
**Strength Coach:** Eric Young (1st season)

# HEAD COACH

## HEAD COACH

### CARI DUBOIS

*First Year at Cal*



Involved with the sport of gymnastics for over 25 years, both as a competitor and coach, Cari DuBois enters her first season as head women's gymnastics coach at the University of California. DuBois had spent six years as an assistant coach at West Virginia and three years at Cal before returning to Berkeley this season.

DuBois, 33, who helped the Mountaineer's attain their highest national ranking ever (fourth in 2000), inherits a Cal program that finished 5-9 last season, and seventh place in the Pac-10. She is faced with the daunting task of bringing the Bears back to respectability in one of the toughest conferences in the country.

While at West Virginia, DuBois was instrumental in the development and improvement of the Mountaineer gymnastics program, helping lead West Virginia to a pair of 12th-place national finishes in 1999 and 2000. Under her tutelage, three WVU gymnasts were named conference gymnast of the year, three others garnered conference outstanding senior gymnast of the year honors, while Danielle Lilly became the first Mountaineer freshman to win a NCAA regional title (balance beam, 1997). During DuBois' tenure, West Virginia averaged more than 20 wins per season and captured four league championships. Last season, West Virginia compiled a 25-8 record and placed third in the NCAA Southeast Regional Championships.

DuBois spent three seasons at Cal, assisting head coach Alfie Mitchell from 1993-96. In that time, DuBois helped the Bears accumulate a 37-20 (.649) record while coaching the last Golden Bear to be an NCAA qualifier, Candice Kwok in 1994. During DuBois' last season at Cal in 1996, the Bears set a team record score of 193.925 at the Cal Invitational against, among others, West Virginia.

Prior to coaching the Bears, DuBois has spent time coaching and choreographing routines at several gymnastics camps and clubs nationwide. She spent a year instructing and choreographing at the National Gymnastics Village in Colorado Springs, CO. DuBois has also spent time as a camp instructor at the Universities of Alabama, Georgia and West Virginia, coaching gymnasts of all skill levels.



DuBois is also a certified Level 10 judge, with experience judging levels 5-10 in California, Colorado, Indiana, Nevada, Pennsylvania and West Virginia. In addition, she has coached at the International Gymnastics Camp, Pikes Peak Gymnastics Camp and Woodward Gymnastics Camp over the years.

As a competitor, DuBois was a four-year letterwinner and three-time all-conference selection at Ball State from 1989-92. She earned team MVP honors in 1990 and 1992, as well as being nominated for Most Valuable MAC Gymnast of the Year and Top Female Athlete at Ball State. DuBois won the 1989 league vault crown and the 1992 MAC floor exercise title.

A native of St. Joseph, MO, DuBois received her bachelor's degree in exercise science and wellness from Ball State in 1992 and hold's a master's degree in athletic coaching education from West Virginia University.

### ALL-TIME HEAD COACHING RECORDS

<i>Year(s)</i>	<i>Coach</i>	<i>Pct.</i>	<i>Record</i>
<b>2003-present</b>	<b>Cari DuBois</b>	<b>.000</b>	<b>0-0</b>
1998-2002	Trina Tinti	.423	47-64
1994-1997	Alfred Mitchell	.597	46-31
1986-1993	Pam Burgess	.541	73-62
1982-1985	Diane Dunbar	.446	25-31
1980-1981	Dale Flansaas	.190	4-17
1978-1979	Dan Millman	.333	5-10
1977	Molly Rackham	.556	5-4
1975-1976	Debbie Bailey	.000	0-3
1974	Sue Williamson	.800	4-1
<b>28 seasons</b>	<b>9 coaches</b>	<b>.484</b>	<b>209-223</b>

# COACHING STAFF

## ASSISTANT COACH

### JENNIFER BIALOSKY

*Fifth Year at Cal*

Jennifer Bialosky came to Cal in the fall of 1995 as one of head coach Cari DuBois' first recruits. Since that time, she has had a fruitful career as both an athlete and coach at the University of California.

After competing for three years and working one year as a student assistant, Bialosky begins her fourth year as an assistant coach in 2003. Her ability to relate to the athletes and give peer corrections has been a key factor in the growth and success of many Golden Bear gymnasts. In only her fourth season as an assistant coach, Bialosky has already been recognized for her contribution to the Cal gymnastics program. After helping the Golden Bears to a 17-19 overall record and a fifth place finish at the NCAA Regionals in 2001, she was named the NCAA Region I Assistant Coach of the Year. In 2002, upon the resignation of head coach Trina Tinti in mid February, Bialosky took over the head coaching duties as the interim head coach.

As an elite competitor and five-time state uneven bars champion in club gymnastics, Bialosky made an immediate impact on the 1996 Bears. She started nine meets for Cal, helping her team to a 16-6 overall record and a seventh-place regional finish.

In 1997, Bialosky was just beginning to emerge as one of the Bears best all-arounders when she suffered a season-ending knee injury at the UCLA Invitational that left her with two torn ligaments while ending her season.

As a junior, Bialosky recovered from her injury enough to be a solid performer on vault, balance beam and uneven bars for the Bears and went on to score a career-high 9.775 on the floor versus Arizona.

An American studies 2000 graduate with an emphasis in health and medicine, Bialosky has plans to attend medical school in pursuit of her career goal of becoming an orthopedic surgeon.



## SUPPORT STAFF

### TRAINER

### JASON MIYAMOTO

*First Year at Cal*

Jason Miyamoto joined the staff in the fall of 2002 as a Graduate Assistant Athletic Trainer. He is currently an assistant Certified Athletic Trainer with the football team, and the lead athletic trainer for Men's and Women's Gymnastics. Jason completed his Bachelor's degree in Kinesiology: Athletic Training in 2001 at Sonoma State University, and is pursuing his Master's Degree in Kinesiology: Exercise Physiology. Prior to arriving at Cal, Jason also worked at Sonoma State as a Graduate Assistant Athletic Trainer and a Lecture Instructor and Laboratory Assistant for Athletic Training coursework. Jason resides in Alameda.



## STRENGTH COACH

### ERIC YOUNG

*First Year at Cal*

Eric Young, a former head strength and conditioning coach at the University of Denver, is in his first year as an assistant with the Golden Bear program. Young worked at Denver for four seasons (1998-2002), the first two as an assistant before his promotion to the head strength and conditioning position. Young earned his bachelor's degree in health and human performance in 1995. He obtained his Master's in exercise and movement science at Oregon, where he served as a graduate assistant in strength and conditioning from 1996-97. Young and his wife, Tiffany, have a daughter, Madison, and a son, Zach.



## ASSISTANT COACH

### DON ECKERT

*First Year at Cal*

Don Eckert, a former standout gymnast at Cal State Fullerton, enters his first season as an assistant coach with the Golden Bears. As a team captain his final season at CSUF (1984), Eckert culminated his collegiate career by earning collegiate All-American honors in 1984.

Transferring his skills from the floor to the sidelines, Eckert begins his 18th season this year coaching gymnastics at the club and college level. He started his coaching career in 1982 at the International Gymnastics Camp while a student-athlete at CSUF. He continued there as a core staff coach until moving on to become the assistant men's gymnastic coach at UC Santa Barbara in 1985. From 1988 - 1996, Eckert went the entrepreneurial route, participating as owner and director of Pikes Peak Gymnastics Camp and head coach, owner and director of Stars Gymnastics. After taking some time off to try his hand on the professional golf circuit, he resumed his gymnastics career as the head coach of Champion Gymnastics from 1998-2001.

During his coaching tenure, Eckert has had over 30 scholarships offered to his athletes, as well as numerous regional and national medals.



## STUDENT MANAGER

### KRISTINA WEGSCHEIDER

*First Year at Cal*

Kristina Wegscheider enters her first year as student manager of the women's gymnastics team. She attended Pioneer High School in San Jose, where she was the main tumbler on her school's nationally ranked cheerleading squad, while also a member of the swimming and track and field teams. Wegscheider is currently a sophomore communications major at Cal.



Eckert's main specialty lies in the teaching of the bars event. He also serves as Cal's key spotter to insure the safety of the Cal women's gymnasts.

He resides in Walnut Creek.

## Young Bears Have Fresh New Outlook



After a 2002 campaign that was plagued by several season-ending injuries, a 5-9 record and a last place Pac-10 finish, first-year head coach Cari DuBois inherits the task of resurrecting the women's gymnastics program in 2003. The Bears welcome back nine returnees and three freshmen, as they aim for a return to the NCAA regionals after a one-year absence.

"Last season, the team had a lot of injuries and the team morale was really low," said DuBois. "This year I think you are going to see a whole different team out there in every possible way. We have a lot of talented athletes, but they didn't feel that they were any good last year ... their confidence had been shattered. I have brought a new attitude with me, and the team has jumped on board this season. They are working extremely hard and they're not complaining about any of it."

With the loss of five experienced members from last year's team, the Bears will look for leadership and experience from the lone member of the senior class, returning tri-captain and Pac-10 Academic All-American **Janet McKnight**. She will lead a 2003 Golden Bear team that features two juniors, six sophomores and three freshman. McKnight, in her fourth season as a Cal gymnast, brings an invaluable sense of direction, knowledge and motivation to a relatively young and inexperienced squad.

Entering Cal as a freshman in 2000, McKnight was known mainly as a vault and bars specialist. In the two plus seasons since, she has become a three-event competitor by improving her skills on the floor exercise. With one of the most difficult dismounts from the bars as anyone in the country, look for her to improve upon her career best mark of 9.875 on the bars this season.

The junior class features the remaining tri-captains, **Stephanie Kim** and **Karissa Chock**. Kim, an all-around specialist, holds the Cal all-time balance beam record with a mark of 9.925 against Stanford (2/18/01). Last year, she competed in eight meets for the Bears and participated in the Pac-10 championships, placing 15th overall.

"I recruited Stephanie when I was an assistant at West Virginia," said DuBois. "She is a great leader in every sense ... she has a great work ethic, great academics and her execution of skills is phenomenal."

Chock, who only saw action in the first five meets last year due to an ankle injury, returns in 2003 as one of the more experienced members of the squad. Known for amazing audiences with her high-flying skills, Chock set career-highs on the vault (9.875) and bars (9.850) last season, before going down with an injury. If she can stay healthy this year, look for her to improve on the bars, where she already owns the school's fifth-best score of all-time.

Six members strong, the sophomore class looks to be the backbone of this youthful squad. **My-Lan Dodd** heads the class, which also includes **Sheilah Buack**, **Tara Capsuto**, **Miho Maeda**, **Adrienne Garcia** and **Lauren Shipp**.

Dodd, who had possibly the best season ever by a Cal freshman gymnast, positioned herself in the Top-5 of every category in Cal women's gymnastics history, all in just her rookie year. She qualified for the Pac-10 Championships and the NCAA West Regionals in all four events, tallying career-high marks in the beam (9.900) and floor (9.900) at the regionals. My-Lan capped off her season at the regionals by setting the Cal school record in the all-around with a score of 39.325. Dodd's floor routine in that meet merited a score of 9.900, the third best mark in Bear history.

In addition, her vault performance mark of 9.850 earned her a second place finish at the regionals.

“My-Lan is one of the best gymnasts that I’ve ever seen,” said DuBois. “She is beautiful to watch, you just can’t take your eyes off of her in everything she does. She’s very focused, an extremely hard worker and hasn’t even reached her full potential yet. She has the possibility to be an All-American in every event as well as in the all-around.”

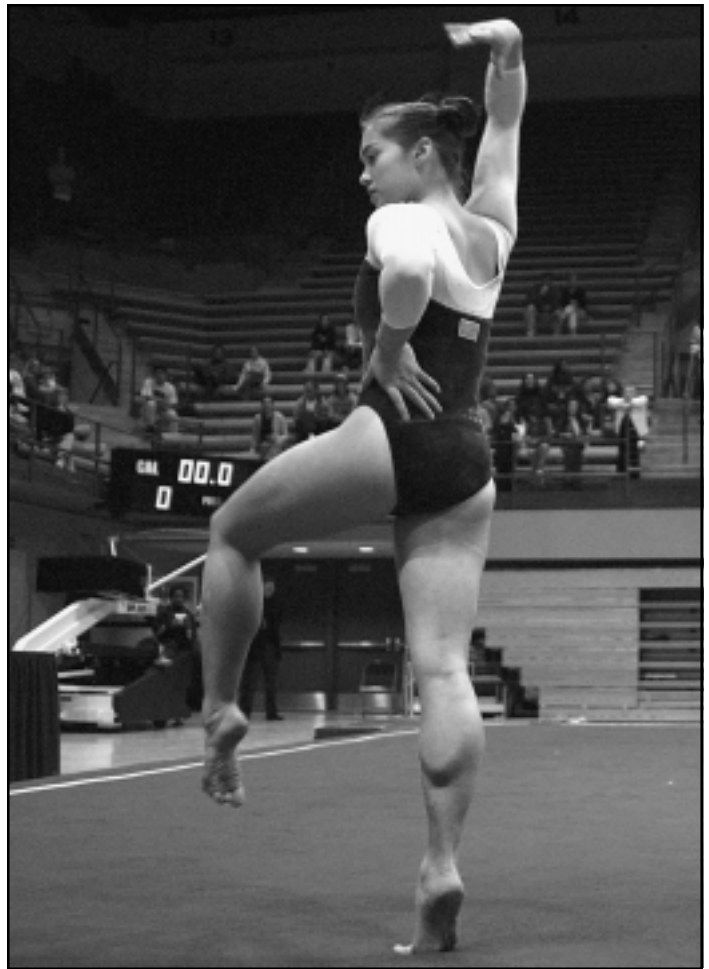
Aside from Dodd, Buack saw the most experience of any freshman in 2002. A strong all-arounder, she was a solid performer in all four events, competing in nine of the team’s 10 meets. Participating in Cal’s floor rotation in seven meets, Buack’s mark of 9.875 against Oregon State placed her fourth in Cal’s all-time record books. Capsuto and Maeda both saw extensive action on the bars and beam as freshmen, capping off their inaugural campaign with appearances at the Pac-10 Championships.

Garcia and Shipp were both limited by ankle injuries in 2002, but are expected to compete for spots on the starting rotation this year. Garcia, who competed on bars, beam and vault last season, missed the first four meets of the year, yet rebounded nicely to compete at the Pac-10 Championships. The 5-8 Shipp returns this season after participating in only four meets in 2002. Her unique and original style on the vault and beam will bring an added dimension to the team.

“The majority of our team are sophomores,” said DuBois. “While the upperclassmen bring with them strong leadership and intercollegiate experience, we are going to depend on the younger ones for consistency and performance.”

With three highly decorated freshmen adding to the mix, Cal’s future looks bright. Elite gymnasts **Monique Chang** and **Anja Garcia**, as well as Level 10 competitor **Britani Pittulo**, will provide the team with a little extra spark and are expected to have a positive impact on this year’s squad.

Chang, who is a well-versed competitor with experience in both national and international competition, was a highly recruited athlete coming out



*Sophomore My-Lan Dodd capped off a stellar 2002 season by setting the Cal school record in the all-around with a score of 39.325 at the NCAA West Regionals.*



*Sophomore Sheilah Buack was a solid performer in the all-around for the Bears last season.*

of the Cardinal Gymnastics program in Fairfax Station, Va. The four-time USA National Team member looks to be competitive in the all-around competition. Garcia and Pittulo, both hailing from California, also have a shot at competing on this young squad.

“The incoming freshmen are all serious competitors,” said DuBois. “The best thing about freshmen is that you never know what is going to happen. They seem to be catching on to the collegiate level of competition very quickly.”

Once again, the Pac-10 Conference looks to be one of the strongest conferences in the country. The Bears will face a competitive Pac-10 slate in 2003 that features matches against four of the nation’s Top-12 teams from a year ago. But, DuBois believes that this intense competition will only help the team, making them better and well prepared for when regionals roll around in early April.

The biggest test by far for this Bear team is when Cal travels to Los Angeles in just the second meet of the season to battle UCLA. The Bruins finished third in the nation last year and return eight All-Americans, including the defending NCAA all-around champion. The following week, in the first of four home meets in 2003, Stanford visits Haas Pavilion. The Cardinal finished sixth in the country last season and features three returning All-Americans. Other highlights on the Cal docket include traveling to Oregon State, 12th place finishers last season, and hosting Arizona, who placed 11th.

“The Pac-10 is arguably the best conference in the country,” said DuBois. “We come in as the underdogs, but we have the talent and the depth to make a run in the Pac-10s. If we can stay healthy and consistent, I think we will surprise a lot of people this year.”

# 2003 GYMNAST BIOS

## SENIOR TRI-CAPTAIN

### JANET McKNIGHT

**Height:** 5-4  
**Experience:** 3V  
**Events:** V, UB, FX  
**Hometown:** Lafayette, CA  
*(Acalanes HS)*



**ASA JUNIOR (2002):** Named Pac-10 Academic All-American honorable mention ... competed in eight meets and qualified for the Pac-10 championships in bars where she received a 9.675 ... had her peak performance at the Cal Invitational placing first on vault with a 9.825 while recording a 9.800 on both bars and floor ... took third place on vault vs. Oregon State and at Cal State Fullerton with a 9.825 and 9.725, respectively ... **AS A SOPHOMORE (2001):** Named Cal's MVP and earned Pac-10 Academic All-American honorable mention ... demonstrated this with her dependability throughout all 14 meets ... hit an amazing 95% of all routines that she competed ... showed her solid competitive presence and led the Bears on vault by maintaining a remarkable season average of 9.802 ... recorded a 9.875 vault score at the Pac-10 Championships, tying her for fourth highest mark at Cal ... tied for first on vault at Cal State Fullerton and at the home opener with a 9.825 ... placed first on the vault in which the Bears swept the top four spots at home against Washington and UC Davis ... won the vault at UC Davis triangular meet and finished in a tie for second on bars at 9.800 ... **AS A FRESHMAN (2000):** Completed in all 12 meets on vault,

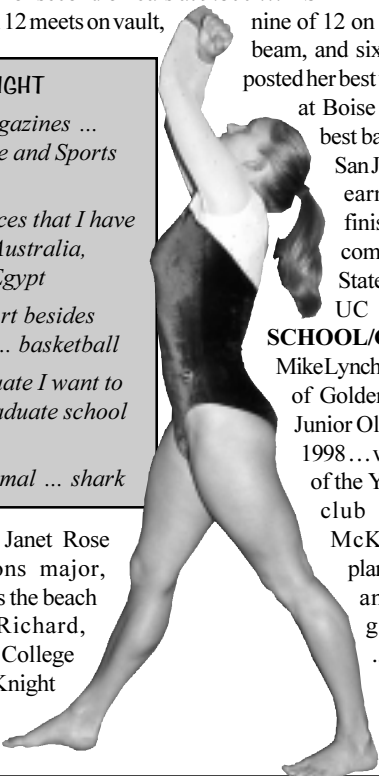
nine of 12 on bars, four of 12 on beam, and six of 12 on floor ... posted her best vault score of 9.825 at Boise State, and had her best bars score of 9.875 at San Jose State, where she earned a third-place finish ... won the vault competition at San Jose State and took second at UC Davis ... **HIGH SCHOOL/CLUB:** Trained by Mike Lynch and Tracee Talavera of Golden Gate ... attended Junior Olympic Nationals in 1998 ... was named Gymnast of the Year in 1999 for her club team ...

McKnight ... mass plans to attend graduate and skydiving ... graduated from ... parents are Lenore of Lafayette, CA ... 1981 in San

#### JANET McKNIGHT

*Favorite magazines ... Rolling Stone and Sports Illustrated*  
*Farthest places that I have traveled ... Australia, China, and Egypt*  
*Favorite sport besides gymnastics ... basketball*  
*After I graduate I want to ... attend graduate school in England*  
*Favorite animal ... shark*

**PERSONAL:** Janet Rose communications major, school ... enjoys the beach brother, Richard, Harvey Mudd College and Robert McKnight born May 13, 1981 in San Francisco, CA.



#### McKNIGHT'S BESTS

	Score	Competition
All-Around	—	—
Vault	9.875	at Pac 10 Championships, 3/24/01
Bars	9.875	San Jose State, 2/26/00
Beam	9.575	at Washington, 1/16/00
Floor	9.825	Washington, 2/9/01

## JUNIOR TRI-CAPTAIN

### KARISSA CHOCK

**Height:** 5-4  
**Experience:** 2V  
**Events:** AA  
**Hometown:** Huntington Beach, CA  
*(Ocean View High School)*

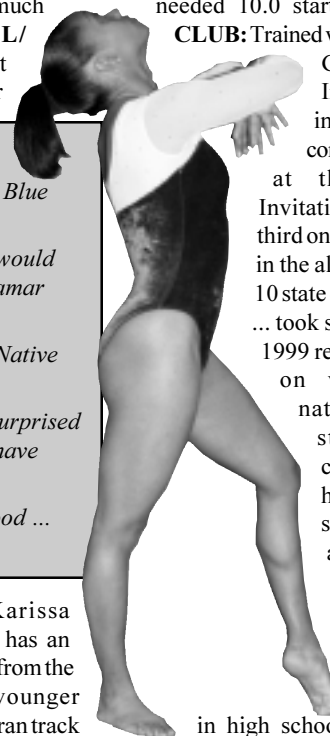


**AS A SOPHOMORE (2002):** Was a strong all-around performer ... saw action in only the first five meets due to an ankle injury in the final rotation of the meet vs. Arizona State ... competed in the all-around vs. Oregon State posting a career-high 39.050 ... also vs. Oregon State, took first place on vault with a 9.875 mark, tying her for fifth highest score at Cal ... set a career high on the bars with a 9.850 in the same meet ... placed first on the vault at Cal State Fullerton with a 9.775 ... named to the honorable mention Pac-10 All-Academic team ... **AS A FRESHMAN (2001):** Overcame a dislocated elbow at the beginning of the season to make her competitive debut on the balance beam and floor exercise ... scored a 9.60 or better four out of the five times she competed on the floor ... scored a career high on the floor with a 9.825 during Cal's school record floor performance at the Pac-10 Championships ... placed third on the floor at San Jose State with a 9.80 ... returned to the vault lineup at regionals, where she competed with a much needed 10.0 start value vault ... **HIGH SCHOOL/CLUB:** Trained with SCATS under Tim Rogers and Brent Gohres ... member of the Junior International team in 1996, where she competed in Belgium at the Top Gym Invitational and placed third on vault and seventh in the all-around ... Level 10 state champion in 1999 ... took second on vault at 1999 regionals and ninth on vault at 2000 nationals ... 2000 state team champions ... highest all-around score was a 37.30 and had a vault-average of 9.45 ...

#### KARISSA CHOCK

*Favorite movie ... Blue Crush*  
*Famous person I would like to meet ... Shamar Moore*  
*Favorite book ... Native Sun*  
*People would be surprised to know that ... I have double vision*  
*Favorite type of food ... Chinese*

**PERSONAL:** Karissa sociology major ... has an older brother, Keli who graduated from the Air Force Academy and a younger brother, Kalen ... played soccer and ran track in high school, earning MVP honors in 1998 ... parents are Jo Ann Chock and Brian Chock ... born May 13, 1982 in Novato, CA.



#### CHOCK'S BESTS

	Score	Competition
All-Around	39.050	Oregon State, 1/18/02
Vault	9.875	Oregon State, 1/18/02
Bars	9.850	Oregon State, 1/18/02
Beam	9.750	at San Jose State, 3/16/01
Floor	9.825	at Pac 10 Championships, 3/24/01

## JUNIOR TRI-CAPTAIN

### STEPHANIE KIM

**Height:** 5-3

**Experience:** 2V

**Events:** AA

**Hometown:** Darien, IL  
(Hinsdale South HS)



**AS A SOPHOMORE (2002):** A consistent contributor on beam and floor ... participated in eight meets for the Bears and competed in all-around at the Pac-10 championships, placing 15th ... recorded a career best 9.825 on the beam and floor at the first meet of the season vs. Cal State Fullerton, taking third place ... tied for second on the beam with a 9.825 vs. Washington ... named to Pac-10 All-Academic honorable mention squad ... **AS A FRESHMAN (2001):** Began the season as an all-arounder for the Bears, where she shattered the Cal balance beam record with a 9.925 vs. Stanford ... on the balance beam, she hit 86% of her routines and scored a 9.75 or better, five out of the seven times she competed ... utilized her long lines and aggressive style on bars to produce a season high of 9.825 ... an excellent leadoff competitor on the floor, her elegant dance and explosive tumbling earned her a 9.675 or better through the season ... placed third on balance beam at UC Davis with a 9.775 ... had to sit out during the last half of the season due to a recurring back injury. **HIGH SCHOOL/CLUB:** Trained with the Illinois Gymnastics Institute (IGI)

under Todd Gardner ... took third in the all-around at the 2000 state competition ... five-time Junior Olympics National qualifier ... National team member in 1997 and 2000 ... won team competition at the 1998 Junior Olympic Nationals ... also won the team competition at the 2000 Level 10 state competition ... highest all-around was a 37.80, when she placed second at the 2000 J.O. Nationals ... placed third at the '97 J.O. Nationals...

#### STEPHANIE KIM

*Favorite animals ... koalas and dogs*

*Farthest place I have traveled ... Korea*

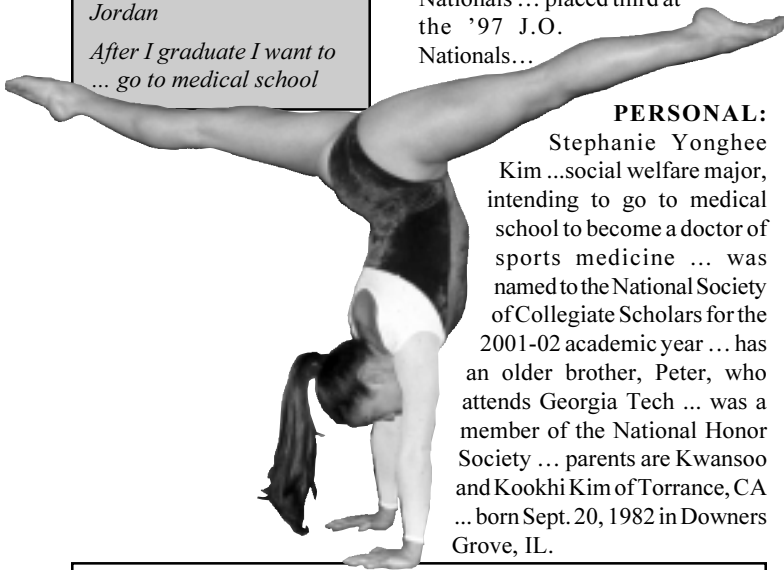
*Favorite sport besides gymnastics ... baseball*

*Famous person I would like to meet ... Michael Jordan*

*After I graduate I want to ... go to medical school*

#### PERSONAL:

Stephanie Yonghee Kim ...social welfare major, intending to go to medical school to become a doctor of sports medicine ... was named to the National Society of Collegiate Scholars for the 2001-02 academic year ... has an older brother, Peter, who attends Georgia Tech ... was a member of the National Honor Society ... parents are Kwansoo and Kookhi Kim of Torrance, CA ... born Sept. 20, 1982 in Downers Grove, IL.



#### KIM'S BESTS

	Score	Competition
All-Around	38.325	at San Jose State, 1/19/01
Vault	9.575	at San Jose State, 1/19/01
Bars	9.825	Arizona, 1/21/01
Beam	9.925	Stanford, 2/18/01
Floor	9.825	Cal State Fullerton, 1/12/02

## SOPHOMORE

### SHEILAH BUACK

**Height:** 5-1

**Experience:** 1V

**Events:** AA

**Hometown:** Yorba Linda, CA  
(Esperanza HS)



**ASA FRESHMAN (2002):** A solid performer in all four events ... competed in the first nine meets for Cal ... had a strong presence at the Cal Invitational receiving a 38.075 overall score ... tied for first place on floor with a 9.875 and second on the beam with a 9.775 at the dual meet vs. Oregon State ... placed second in all-around vs. Arizona State with a score of 37.975 ... took fourth place in floor at dual meet vs. Stanford ... **HIGH SCHOOL/CLUB:** Trained at SCATS Gymnastics with Brent Gohres ... was a part of the Senior International Elite (1998-2000) ... made the Junior Olympic National Team (1996) ... Junior Olympic Regional Champion on the bars and in the all-arounds in 2001 ... **PERSONAL:** Sheilah Tabita Buack ... intended PEIS or political science major ... hobbies include dancing and watching basketball ... has two older sisters, Jhasmine and Diosabelle ... sister, Diosabelle, played volleyball at West Point and now flies Black Hawks in the army ... sister, Jhasmine received her MPHA from Loma Linda University ... parents are Shirdellah and Rey Buack of Yorba Linda, CA ... born June 3, 1983 in San Dimas, CA.

#### SHEILAH BUACK

*Favorite magazine ... ESPN the Magazine*

*Famous person I would like to meet ... Magic Johnson*

*Favorite movie ... My Best Friend's Wedding*

*In my spare time I like to ... dance, eat, and watch sports*

*Favorite flower ... Hawaiian Lilly*



#### BUACK'S BESTS

	Score	Competition
All-Around	38.075	Cal Invitational, 2/17/02
Vault	9.525	Arizona State, 2/3/02
Bars	9.800	Cal Invitational, 2/17/02
Beam	9.675	At Sacramento State, 3/3/02
Floor	9.875	Oregon State, 1/18/02

SOPHOMORE

MY-LAN DODD

Height: 5-4

Experience: 1V

Events: AA

Hometown: Seattle, WA (Garfield HS)



**AS A FRESHMAN (2002):** Competed in at least two events at every meet ... qualified for the Pac-10 championships and the NCAA West Regionals in all four events ... had her strongest outing of the year at the NCAA West Regionals, posting a Cal record 39.325 in the All-Around competition and tallying career-high marks in beam (9.900) and floor (9.900) ... at Pac-10 championships, finished 11th in All-Around competition, including a 19th place finish on the bars, 21st on beam, 32nd in floor and 38th on vault ... at dual meet with Cal State Fullerton, placed second on the bars (9.750), first on balance beam (9.900) and third in floor (9.825) ... vs. Washington, finished fourth in All-Around, including first in bars (9.850) and fourth on vault (9.800) ... took first place in All-Around at the Cal Invitational with a 39.075 ... at Stanford, placed first in both bars (9.850) and floor (9.875) ... recorded a 9.900 on the bars, a first place finish and career-best mark, as well as tying for second in the all-around with a 39.10 mark at the San Jose State-Boise State-Sacramento State quadrangular meet ... **HIGH SCHOOL/CLUB:** Trained at Cascade Elite Gymnastics under Frank Lee ... member of the Senior National Team in 1999 and 2000 ... qualified

MY LAN DODD

*Favorite movie ... Amelie*

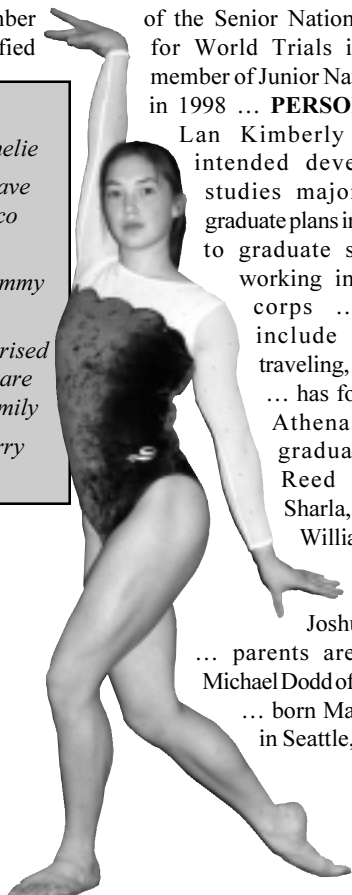
*The farthest place I have traveled ... Puerto Rico*

*Favorite snack ... chocolate-covered gummy bears*

*People would be surprised to know that ... there are seven people in my family*

*Favorite book ... Harry Potter*

... of the Senior National Team in 1999 ... member of Junior National Team in 1998 ... **PERSONAL:** My-Lan Kimberly Dodd ... intended developmental studies major ... post-graduate plans include going to graduate school and working in the peace corps ... hobbies include reading, traveling, and cooking ... has four siblings: Athena, who graduated from Reed College, Sharla, who attends Williams College, and two brothers Joshua and Erik ... parents are Jade and Michael Dodd of Seattle, WA ... born March 2, 1983 in Seattle, WA.



DODD'S BESTS

	Score	Competition
All-Around	39.325	NCAA Regionals, 4/6/02
Vault	9.850	two times, 1/18/02 and 4/6/02
Bars	9.900	SJSU/Boise St./Sac St., 3/16/02
Beam	9.900	NCAA Regionals, 4/6/02
Floor	9.900	NCAA Regionals, 4/6/02

SOPHOMORE

ADRIENNE GARCIA

Height: 5-3

Experience: 1V

Events: AA

Hometown: Fullerton, CA (Rosary High School)



**AS A FRESHMAN (2002):** Missed first four meets of the season with a dislocated ankle ... competed in six regular season meets as well as two events at the Pac-10 championships ... at Sacramento State, led the squad with a 9.725 on beam and 9.75 on bars, placing second and third, respectively ... had a career best 9.825 on the bars at quadrangular meet, good for fifth place ... **HIGH SCHOOL/CLUB:** Trained at Kips Gymnastics under Dennis and Ann Mailly ... placed in top three at USAIGC National Championships, with her team placing second ... three-time Most Improved Gymnast at her club ... **PERSONAL:** Adrienne Howells Garcia ... intended mass communications major ... National Honors Society member ... graduated with honors ... grandmother, Doris, attended Cal ... has an older sister, Natalie who attends UCLA, and a younger brother Alexander ... parents are Katherine Howells and Thomas Garcia of Fullerton, CA ... born Feb. 22, 1983 in Fullerton, CA.

ADRIENNE GARCIA

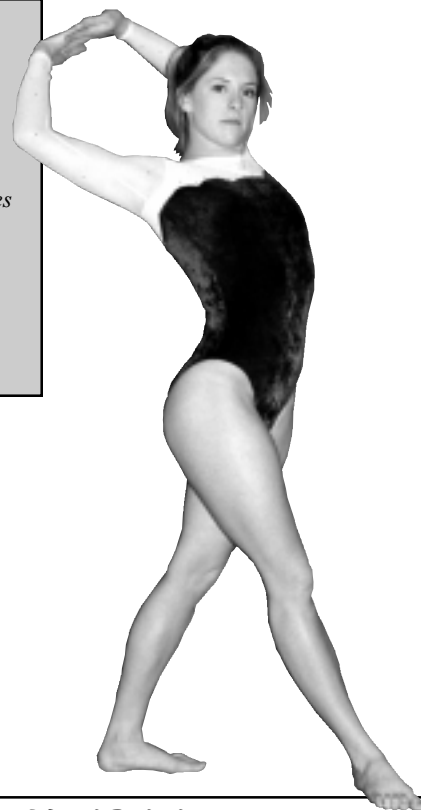
*Favorite type of food ... Italian*

*Farthest place I have traveled ... Switzerland*

*Favorite animal ... horses*

*Famous people I would like to meet ... Britney Spears and Brad Pitt*

*Favorite flower ... sunflowers*



GARCIA'S BESTS

	Score	Competition
All-Around	—	—
Vault	—	—
Bars	9.825	SJSU/Boise St./Sac. St., 3/16/02
Beam	9.725	At Sacramento State, 3/3/02
Floor	—	—

## SOPHOMORE

### MIHO MAEDA

**Height:** 5-3

**Experience:** 1V

**Events:** AA

**Hometown:** North Hills, CA  
(Granada Hills HS)



**AS A FRESHMAN (2002):** Competed in every meet for the Bears ... was a key figure on the bars posting a career best 9.750 against San Jose State-Boise State-Sacramento State ... competed in bars, beam and floor at the Pac-10 championships ... at dual meet with Arizona, claimed fifth place on the bars with a 9.475 ... tied for fourth place on the beam (9.600) in dual meet vs. Sacramento State ... **HIGH SCHOOL/CLUB:** Trained at Gymnastics Olympica USA under Fritz Reiter and Denise Cheshire ... qualified for the Junior Olympic Nationals three straight years (1996-98) ... state all-around champion in 2001 ... three time Gymnast of the Year and Most Inspirational Gymnast at her club ... **PERSONAL:** Kelly Mihoko Maeda ... undeclared major with an interest in sports medicine ... spent her summer before Cal traveling to Japan ... hobbies include drawing and shopping ... graduated from Granada Hills HS with honors ... has two older brothers, Jeff and Jay ... parents are Yoshiko and Henry Maeda of North Hills, CA ... born Aug. 19, 1983.

#### MIHO MAEDA

*Favorite movies ...*

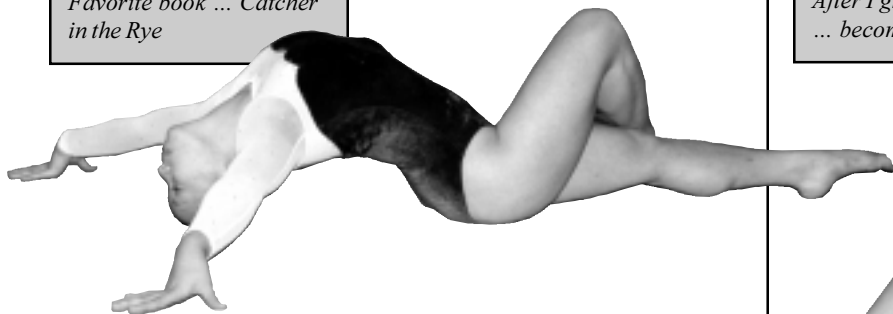
*Moulin Rogue and Pretty Woman*

*After I graduate I want to ... work in physical therapy*

*Favorite gymnastics event ... bars*

*In my spare time I like to ... go shopping*

*Favorite book ... Catcher in the Rye*



#### MAEDA'S BESTS

	Score	Competition
All-Around	—	—
Vault	—	—
Bars	9.750	SJSU/Boise St./Sac. St., 3/16/02
Beam	9.675	SJSU/Boise St./Sac. St., 3/16/02
Floor	9.625	Pac-10 Championships, 3/23/02

## SOPHOMORE

### LAUREN SHIPP

**Height:** 5-8

**Experience:** 1V

**Events:** AA

**Hometown:** Libertyville, IL  
(Libertyville HS)



**AS A FRESHMAN (2002):** Did not see much action due to injuries ... is coming off ankle surgery in Sept. 2002 ... contributed to the team on vault and beam ... competed in three meets as well as the Pac-10 championships ... claimed 20th place overall on the vault at Pac-10 championships ... had a career best 9.825 on vault at Washington, claiming third place ... at dual meet with Seattle Pacific, took first place in vault (9.650) and beam (9.725) ... **HIGH SCHOOL/CLUB:** Trained at Northbrook Gymnastics under Mario Noguez ... Illinois State Champion on vault with 9.825 in 2000 ... placed fifth in the all-arounds, 10th on vault and 11th on floor at the 2000 Junior Olympic Nationals ... team placed first overall at the same event ... voted 2000 Gymnast of the Year for her club ... **PERSONAL:** Lauren Elizabeth Shipp ... intended integrative biology major, planning to attend graduate school ... hobbies include poetry and piano ... her poetry was published in *Slant of Light* ... National Honor Society member ... graduated with honors ... has an older brother, Hayden, who attends Northwestern and a younger sister, Kristen ... parents are Bonnie and Paul Shipp of Libertyville, IL ... born Sept. 29, 1983 in Columbus, OH.

#### LAUREN SHIPP

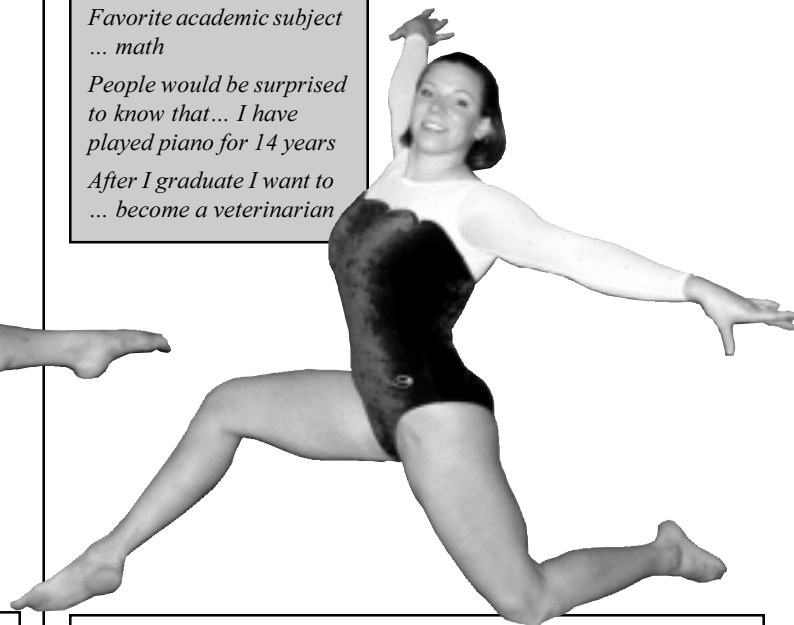
*Favorite animal ... wombats*

*Famous people I would like to meet ... Jim Morrison*

*Favorite academic subject ... math*

*People would be surprised to know that ... I have played piano for 14 years*

*After I graduate I want to ... become a veterinarian*



#### SHIPP'S BESTS

	Score	Competition
All-Around	—	—
Vault	9.825	At Washington, 1/27/02
Bars	—	—
Beam	9.800	SJSU/Boise St./Sac. St., 3/16/02
Floor	—	—

## FRESHMAN

### MONIQUE CHANG

**Height:** 5-2

**Experience:** CB

**Events:** AA

**Hometown:** Fairfax Station, VA  
(Robinson HS)



**HIGHSCHOOL/CLUB:** Trained at Cardinal Gymnastics under Olga and Guenna Iakounina ... competed in an array of international competitions in 1997 and 1998 ... participated in four consecutive John Hancock U.S. Gymnastics Championships (1997-2000), placing 18th overall in 2000, 3rd in floor in '99, 4th in the all-around in '98 and tied for 4th on the bars in '97 ... took second all-around at the 2000 American Classic, 2nd on the floor in '99 and 2nd all-around in '97 (junior division) ... at the 1998 Top Gym competition in Charleroi, Belgium, placed first on vault and second on floor exercise in the junior division ... member of the team that took first place at the 1997 International Team Championships in Cincinnati, OH ... went to Junior Nationals and placed 1st all-around, 3rd in floor and 4th in bars ... Level 10 gymnast ... **PERSONAL:** Monique Chang ... undeclared major ... has two sisters, Cherie and Kellie ... parents are Rita and Nang Chang of Fairfax, VA ... born April 20, 1984 in Fairfax, VA.

#### MONIQUE CHANG

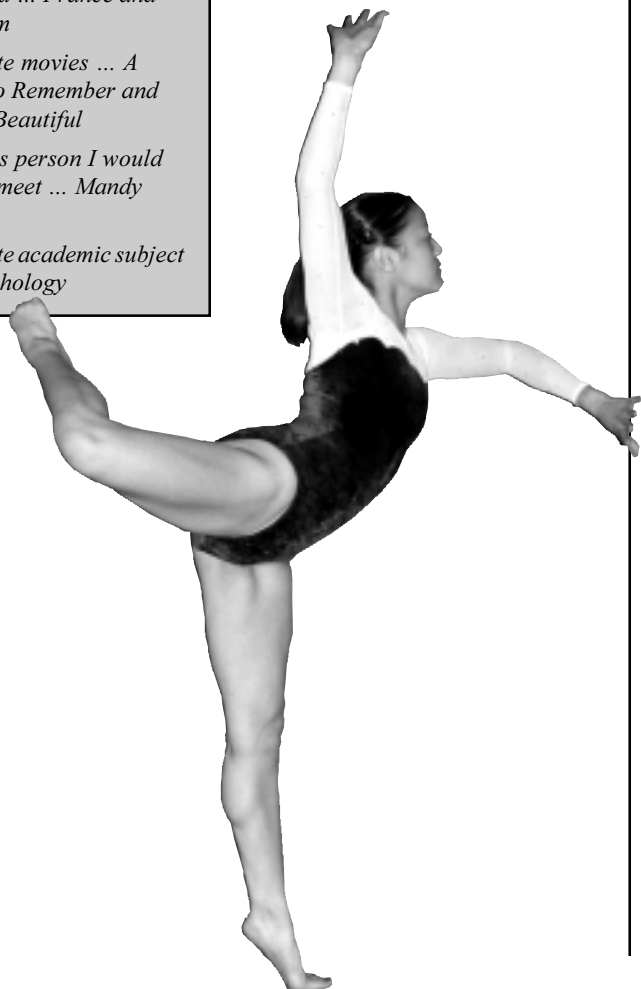
*Favorite snack ... popcorn*

*Farthest places I have traveled ... France and Belgium*

*Favorite movies ... A Walk to Remember and Life is Beautiful*

*Famous person I would like to meet ... Mandy Moore*

*Favorite academic subject ... psychology*



## FRESHMAN

### ANJA GARCIA

**Height:** 5-3

**Experience:** CB

**Events:** AA

**Hometown:** Sacramento, CA  
(St. Francis HS)



**HIGHSCHOOL/CLUB:** Trained at Lescisin Gymnastics under coaches Roni and Gil Mejia ... trained elite from 1997-2000 and qualified for the U.S. Classic in 1997 ... qualified for the Junior Olympic Nationals in 1996, 2000, 2001 and 2002 ... placed fifth all-around at the 2000 Level 10 Nationals ... **PERSONAL:** Anja Lisa Garcia ... undeclared major with a career interest in sports medicine ... postgraduate plans include attending medical school ... has a sister, Isabel, and a brother, Emilio ... hobbies include cooking and listening to music ... best sports moment was performing at Arco Arena (Sacramento) with the 1996 U.S. Women's Gymnastics team ... uncle, Daniel Perrot, and aunts, Michelle Archer and Laurie Perrot, attended Cal ... parents are Raija and Ramon Garcia ... born March 28, 1984 in San Francisco, CA.

#### ANJA GARCIA

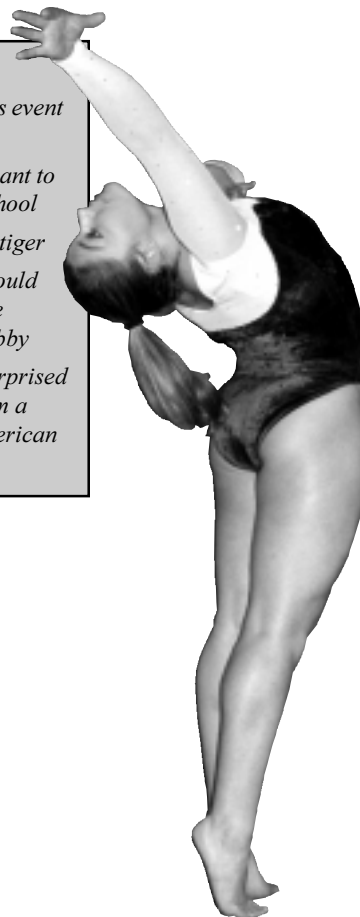
*Favorite gymnastics event ... vault and floor*

*After I graduate I want to ... go to medical school*

*Favorite animal ... tiger*

*Famous people I would like to meet ... Mike Myers and Mike Bibby*

*People would be surprised to know that ... I am a first generation American citizen in my family*



## FRESHMAN

### BRITANI PITTULLO

**Height:** 5-2

**Experience:** CB

**Events:** AA

**Hometown:** Rancho Cucamonga, CA  
(St. Lucy's Priory HS)



**HIGHSCHOOL/CLUB:** Trained at SCATS Gymnastics with Tim Rogers and Nikki Wong ... was MVP of club team in 2002 ... won East-West Nationals in 1998 ... placed 17th at Nationals in 1999 ... **PERSONAL:** Britani Anne Pittullo ... undeclared major with a career interest in cosmetic surgery or law ... likes to lift weights and hang out with her friends and older brothers in her spare time ... lettered in both cheerleading and dance in high school ... graduated with honors from St. Lucy's ... an avid traveler who has been to the Holy Lands and several countries in Europe ... has three older brothers, Justin, Aaron and Patrick... brother Patrick is a sophomore at Santa Clara University ... father, Tim, played water polo at USC ... parents are Sissie and Tim Pittullo ... born March 2, 1984 in Alhambra, CA.

#### BRITANI PITTULLO

*Favorite movie ... Dirty Dancing*

*I collect ... things with zebras and angels on them*

*Favorite magazine ... Cosmopolitan*

*My dream job is being ... a doctor or a lawyer*

*Favorite candy ... Butterfinger*



# 2003 OPPONENTS

## ARIZONA

March 7, 7:30 p.m. - Berkeley, CA  
**Location:** Tucson, AZ

**Nickname:** Wildcats

**Head Coach:** Bill Ryden, fifth yr

**Record at School (Years):**  
49-64-1 (4)

**Career Record (Years):** Same  
**2002 Record:** 19-13

**Conference/Finish:** Pac-10/2nd

**2002 NCAA Reg. Finish:** 2nd

**2002 NCAA Finish:** 11th

## ARIZONA STATE

February 28, 7:00 p.m. - Tuscon, AZ  
**Location:** Tucson, AZ

**Nickname:** Sun Devils

**Head Coach:** John Spini, 23rd yr

**Record at School (Years):**  
279-100-2 (22)

**Career Record (Years):** Same  
**2002 Record:** 8-5-1

**Conference/Finish:** Pac-10/6th

**2002 NCAA Reg. Finish:** 3rd

**2002 NCAA Finish:** 18th

## BOISE STATE

February 9, 2:00 p.m. - Berkeley, CA  
**Location:** Boise, ID

**Nickname:** Broncos

**Head Coach:** Yvonne Sandmire,  
16th yr

**Record at School (Years):**  
163-143-1 (15)

**Career Record (Years):** Same  
**2002 Record:** 8-14

**Conference/Finish:** Western

Gymnastics Conference/4th

**2002 NCAA Reg. Finish:** 5th

**2002 NCAA Finish:** 22nd

## CAL STATE FULLERTON

February 9, 2:00 p.m. - Berkeley, CA  
**Location:** Fullerton, CA

**Nickname:** Titans

**Head Coach:** Julie Knight, 5th yr

**Record at School (Years):**  
38-29 (4)

**Career Record (Years):** Same  
**2002 Record:** 8-9

**Conference/Finish:** Western

Gymnastics Conference/5th

**2002 NCAA Reg. Finish:** 5th

**2002 NCAA Finish:** N/A

## OREGON STATE

February 14, 7:00 p.m. - Corvallis,  
OR

**Location:** Corvallis, OR

**Nickname:** Beavers

**Head Coach:** Tanya Chaplin, 6th yr

**Record at School (Years):**  
80-63-1 (5)

**Career Record (Years):** Same  
**2002 Record:** 14-16-1

**Conference/Finish:** Pac-10/4th

**2002 NCAA Reg. Finish:** 2nd

**2002 NCAA Finish:** 12th

## SACRAMENTO STATE

January 12, 2 p.m. - Sacramento,  
CA

February 21, 7:30 p.m. - Berkeley,  
CA

**Location:** Sacramento, CA

**Nickname:** Hornets

**Head Coach:** Kim Hughes, 21st yr

**Record at School (Years):**  
173-162-1 (20)

**Career Record (Years):** Same

**2002 Record:** 15-6

**Conference/Finish:** Western

Independent/1st

**2002 NCAA Reg. Finish:** N/A

**2002 NCAA Finish:** 40th

## SAN JOSE STATE

March 21, 7:00 p.m. - San Jose, CA  
**Location:** San Jose, CA

**Nickname:** Spartans

**Head Coach:** Wayne Wright, 2nd yr

**Record at School (Years):**  
12-9 (1)

**Career Record/Years:** Same  
**2002 Record:** 12-9

**Conference/Finish:** Western

Independent/2nd

**2002 NCAA Reg. Finish:** N/A

**2002 NCAA Finish:** 49th

## STANFORD

January 24, 7:30 p.m. - Berkeley, CA  
**Location:** Stanford, CA

**Nickname:** Cardinal

**Head Coach:** Kristen Smyth, 2nd yr

**Record at School (Years):**  
13-5 (1)

**Career Record/Years:** Same  
**2002 Record:** 13-5

**Conference/Finish:** Pac-10/3rd

**2002 NCAA Reg. Finish:** 1st

**2002 NCAA Finish:** 6th

## UC DAVIS

February 9, 2:00 p.m. - Berkeley, CA  
**Location:** Davis, CA

**Nickname:** Aggies

**Head Coach:** Ray Goldbar, 14th yr

**Record at School (Years):**  
117-127 (13)

**Career Record (Years):** Same  
**2002 Record:** 12-11

**Conference/Finish:** Independent

**2002 NCAA Reg. Finish:** N/A

**2002 NCAA Finish:** N/A

## UCLA

January 19, 2:00 p.m. - Los Angeles,  
CA

**Location:** Los Angeles, CA

**Nickname:** Bruins

**Head Coach:** Valorie Kondos Field,  
13th season

**Record at School (Years):**  
247-52 (12)

**Career Record (Years):** Same  
**2002 Record:** 22-5

**Conference/Finish:** Pac-10/1st

**2002 NCAA Reg. Finish:** 1st

**2002 NCAA Finish:** 3rd

## WASHINGTON

February 21, 7:30 p.m. - Berkeley,  
CA

**Location:** Seattle, WA

**Nickname:** Huskies

**Head Coach:** Bob Levesque, 13th yr

**Record at School (Years):**  
134-113-1 (12)

**Career Record/Years:** Same  
**2002 Record:** 7-13

**Conference/Finish:** Pac-10/5th

**2002 NCAA Reg. Finish:** 4th

**2002 NCAA Finish:** N/A