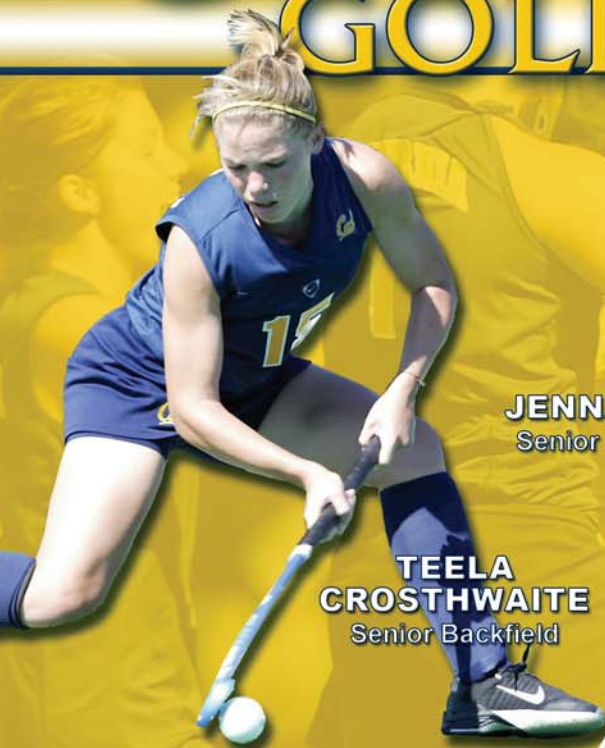


# CALIFORNIA

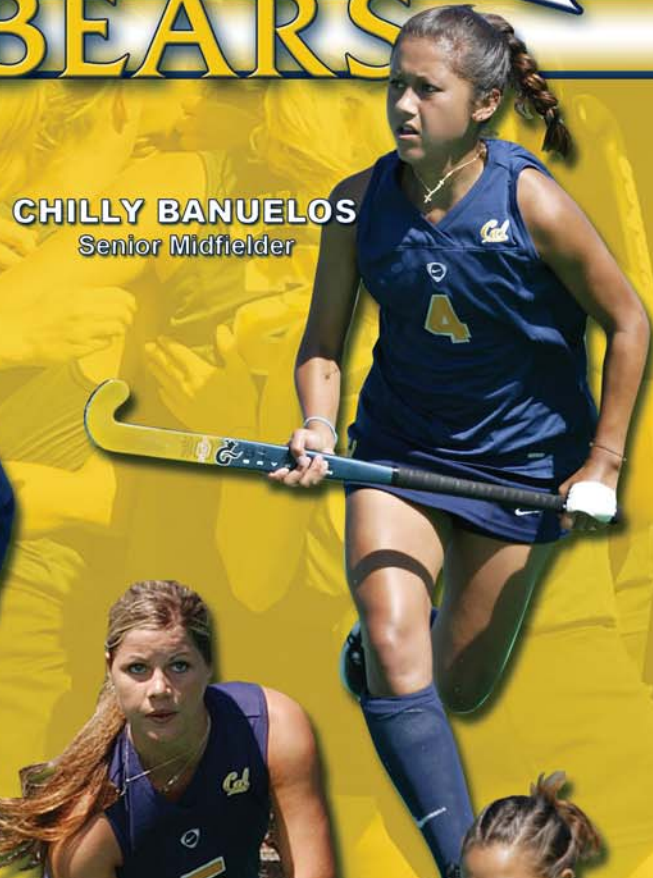
## GOLDEN BEARS



**TEELA  
CROSTHWAITE**  
Senior Backfield



**JENNA LONG**  
Senior Midfielder



**CHILLY BANUELOS**  
Senior Midfielder

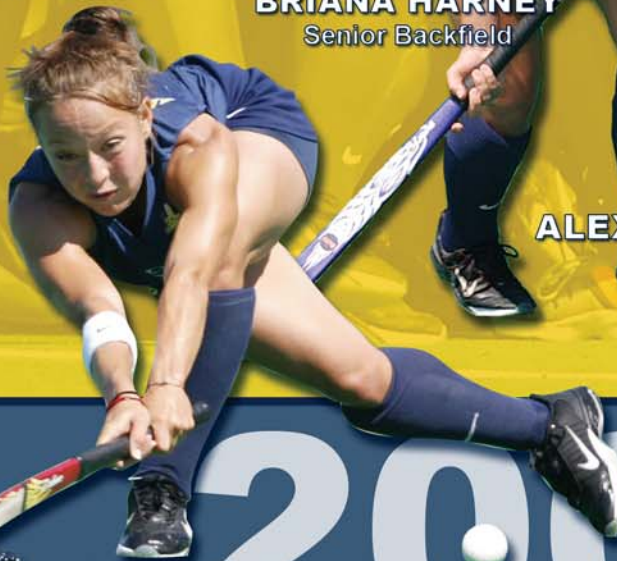


**ALANA SMITH**  
Senior Midfielder

**JESSICA BIRD**  
Senior Midfielder



**BRIANA HARNEY**  
Senior Backfield



**ALEXANDRA HARKINS**  
Senior Forward



**Cal**

**2005**  
Field Hockey Media Guide

# CAL FIELD HOCKEY

## 2005 CALIFORNIA FIELD HOCKEY QUICK FACTS

**Location:** Berkeley, CA  
**Enrollment:** 33,000  
**Founded:** 1868  
**Nickname:** Golden Bears  
**Colors:** Blue (282) and Gold (116)  
**Conference:** NorPac  
**Field:** Maxwell Family Field (500)  
**Chancellor:** Robert J. Birgeneau  
**Athletic Director:** Sandy Barbour  
**Executive Associate AD/SWA:** Teresa Kuehn  
**Head Coach:** Shellie Onstead  
**Alma Mater/Year:** California/1983  
**Record at Cal:** 115-63/11th year  
**Assistant Coaches:** Megan Sainsbury, Peter Milkovich  
**Office Phone:** 510-643-0627  
**Office Fax:** 510-642-7958  
**2004 Overall Record:** 17-5  
**2004 Conference Record/Finish:** 5-1/1<sup>st</sup> West Division  
**2004 National Ranking:** 17  
**Letterwinners Returning:** 8  
**Letterwinners Lost:** 8  
**Newcomers:** 9



## MEDIA RELATIONS

**Media Relations Contact:** Kimberley Hoidal  
**E-mail:** khoidal@berkeley.edu  
**Office Phone:** (510) 643-5846  
**Office Fax:** (510) 643-7778  
**Mailing Address:** 349 Haas Pavilion, Berkeley, CA 94720  
**Internet Site:** www.CalBears.com

## CREDITS

*The 2005 California Field Hockey Media Guide was written by Media Relations Assistant Kimberley Hoidal. Design and layout by Publications Director John Dunbar and Publications Coordinator Evan Kerr. Photos by John Dunbar, Michael Pimentel and Evan Kerr. Printing by UC Printing, Berkeley, CA.*

## BEAR BACKERS SUPPORT YOUR TEAM

*Bear Backers are loyal Cal alumni and friends who provide financial support to Cal Athletics with their donations. Every student-athlete benefits from their contributions which underwrite scholarships, operational needs and academic tutoring programs. Bear Backers also build athletic facilities, including Haas Pavilion. The best way to support a Cal team is to join Bear Backers. Call (510) 642-2427 for more information.*

[WWW.CALBEARS.COM](http://WWW.CALBEARS.COM)

## 2005 CALIFORNIA FIELD HOCKEY

No.	Name	Pos.	Yr.	Ht.	Hometown (High School)
1	Ashely Glosz	F	Fr.	5-3	San Diego, Calif. (Scripps Ranch HS)
2	Missy Crane	F	Fr.	5-3	Los Gatos, Calif. (St. Francis HS)
3	Jennifer Crane	F	So.	5-4	Los Gatos, Calif. (St. Francis HS)
4	Chilly Banuelos	M	Sr.	5-4	Escondido, Calif. (San Pasqual HS)
5	Briana Harney	F	Sr.	5-2	Fallbrook, Calif. (Fallbrook HS)
6	Christina McGrath	B	Fr.	5-2	San Jose, Calif. (St. Francis HS)
7	Jenna Long	B	Sr.	5-3	Los Altos Hills, Calif. (St. Francis HS)
8	Carolina Bistue	M	Fr.	5-7	Davis, Calif. (Davis HS)
9	Jessica Bird	B	Sr.	5-2	San Diego, Calif. (Scripps Ranch HS)
10	Valentina Godfrid	F	Jr.	5-6	Rosario, Argentina (St. Bartholomew HS)
11	Jamie Nance	M	Jr.	5-3	San Jose, Calif. (Leigh HS)
12	Alexandra Harkins	F	Sr.	5-5	San Jose, Calif. (Prospect HS)
13	Katie Knoche	F	Fr.	5-6	San Diego, Calif. (University HS)
15	Teela Crosthwaite	F	Sr.	5-3	Escondido, Calif. (San Pasqual HS)
16	Halley Crosthwaite	B	Fr.	5-3	Escondido, Calif. (San Pasqual HS)
17	Katie Cummings	M	Fr.	5-0	San Jose, Calif. (Monta Vista HS)
18	Kellie York	F	Fr.	5-2	Saratoga, Calif. (Saratoga HS)
19	Rachel Moffitt	M	Fr.	5-4	San Diego, Calif. (Junipero Serra HS)
21	Alana Smith	M	Sr.	5-7	Kowloon, Hong Kong (Millfield School HS)
22	Lisa Hauck	B	Jr.	5-2	Fallbrook, Calif. (Fallbrook HS)
23	Caitlin Byrne	M	Fr.	5-6	Apple Valley, Calif. (Granite Hills HS)
24	Jamie Sibia	M	Fr.	5-8	Cupertino, Calif. (Monta Vista HS)
25	Gwen Belomy	M	Fr.	5-4	Saratoga, Calif. (Saratoga HS)
26	Tara Robinson	F	Fr.	5-2	San Diego, Calif. (Scripps Ranch HS)
28	Kellie York	F	Fr.	5-2	Saratoga, Calif. (Saratoga HS)
30	Andrea Lo	F	Fr.	5-2	West Vancouver, Canada (West Vancouver Secondary)
77	Veronica Sykes	GK	Fr.	5-7	San Jose, Calif. (Del Mar HS)

## GOLDEN BEARS COACHING STAFF

### HEAD COACH

Shellie Onstead  
*(Cal '83, 11th year)*

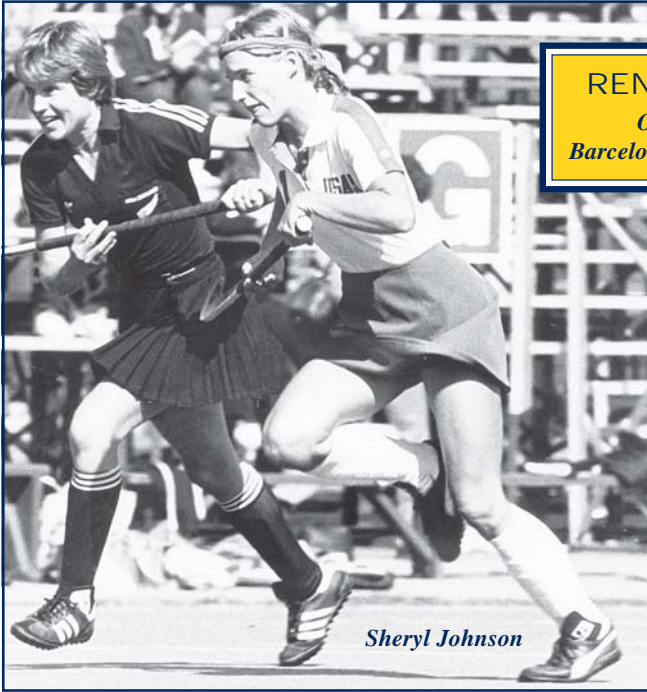
### ASSISTANT COACH

Megan Sainsbury  
*(Cal '00, 3rd year)*

### VOLUNTEER ASSISTANT COACH

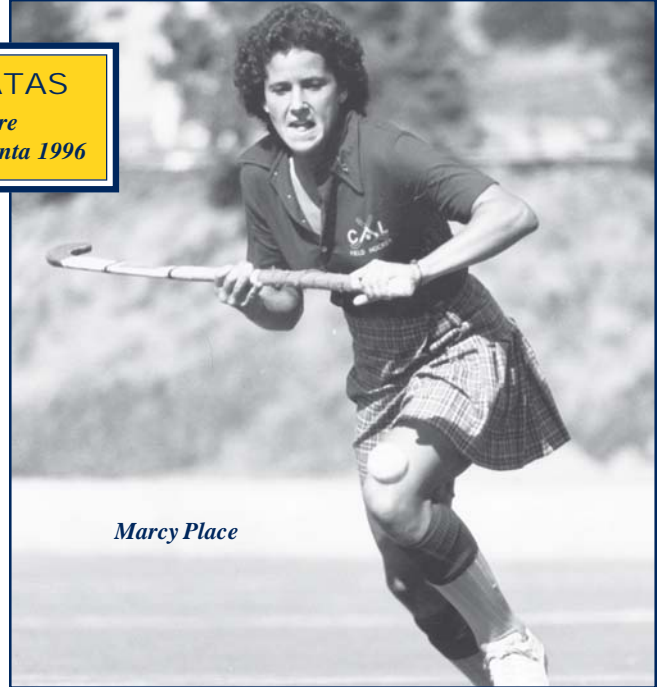
Peter Milkovich  
*(University of British Columbia '92, 5th year)*

# CAL OLYMPIANS



*Sheryl Johnson*

**RENEE CHATAS**  
*Olympic Umpire  
 Barcelona 1992, Atlanta 1996*

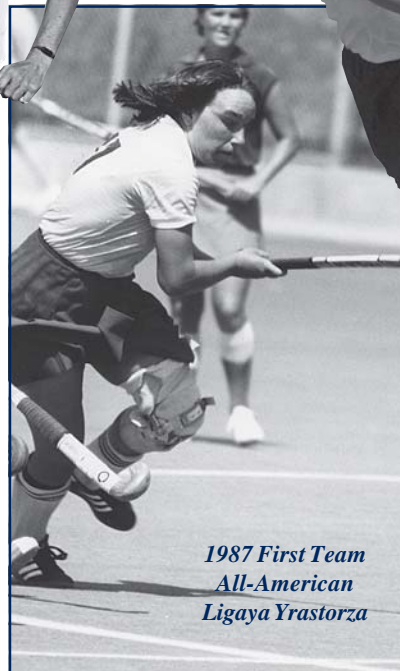
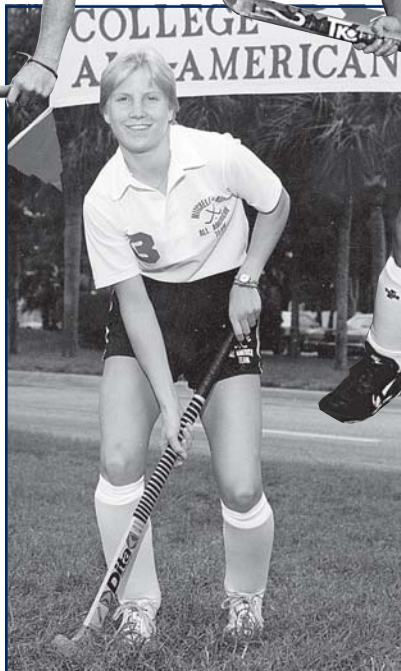


*Marcy Place*

# CAL ALL-AMERICANS

*1986 Second Team  
 All-American Kiki Brown*

*1996-97 Second Team  
 All-American Elka Popp*



*1982 First Team  
 All-American  
 Shellie Onstead*

*1987 First Team  
 All-American  
 Ligaya Yrastorza*

*2002 Third Team,  
 2003 Second Team  
 All-American  
 Nora Feddersen*



## 2005 CALIFORNIA FIELD HOCKEY

*TOP ROW (l to r): Assistant coach Megan Sainsbury, Chilly Banuelos, Valentina Godfrid, Katie Knoche, Veronica Sykes, Caitlin Byrne, Alana Smith, Carolina Bistue, Jamie Sibilila. MIDDLE ROW (l to r): Head coach Shellie Onstead, Jenna Long, Briana Harney, Halley Crosthwaite, Jamie Nance, Teela Crosthwaite, Rachel Moffitt, Gwen Belomy, Jenny Crane, Missy Crane, trainer Dave Walden. BOTTOM ROW (l to r): Alexandra Harkins, Ashley Glosz, Katie Cummings, Kellie York, Andrea Lo, Jessica Bird, Tara Robinson, Christina McGrath, Lisa Hauck.*

### 2005 CALIFORNIA FIELD HOCKEY SCHEDULE

<i>Date</i>	<i>Day</i>	<i>Opponent</i>	<i>Location</i>	<i>Time</i>
<i>August</i>				
28	Sun	Delaware	Berkeley	1:00 p.m.
30	Tue	Miami (Oh)	Berkeley	3:00 p.m.
<i>September</i>				
2	Fri	Michigan State	Berkeley	1:00 p.m.
3	Sat	Iowa	Berkeley	5:00 p.m.
5	Mon	Syracuse	Berkeley	1:00 p.m.
8	Thu	vs. UMBC	College Park, MD	7:00 p.m.
10	Sat	at Maryland	College Park, MD	11:00 a.m.
11	Sun	vs. American	College Park, MD	1:00 p.m.
17	Sat	Stanford*	Berkeley	5:00 p.m.
23	Fri	at Pacific*	Stockton, CA	3:00 p.m.
29	Thu	at Davidson*	Davidson, NC	6:30 p.m.
<i>October</i>				
1	Sat	vs. Radford*	Davidson, NC	1:00 p.m.
2	Sun	vs. Appalachian State*	Davidson, NC	1:00 p.m.
8	Sat	Pacific*	Berkeley	1:00 p.m.
16	Sun	Longwood*	Berkeley	1:00 p.m.
22	Sat	Michigan	Berkeley	TBA
29	Sat	at Stanford*	Stanford	1:00 p.m.
<i>November</i>				
3-5	Thu-Sat	NorPac Tournament	Berkeley	TBA
12-13	Sat-Sun	at NCAA Regionals	TBA	TBA
18-20	Fri-Sun	at NCAA Championship	Winston-Salem, N.C.	TBA

*\*denotes NorPac Conference games  
Home games (bold) at Maxwell Family Field  
All times local to site and subject to change*