



California Field Hockey 2008 Quick Facts

General Information

Location.....Berkeley, Calif.
 Founded.....1868
 Enrollment.....34,953
 Nickname.....Golden Bears
 Mascot.....Oski
 Colors.....Blue (282) and Gold (116)
 Affiliation.....NCAA Division 1
 Conference.....NorPac
 Facility (Capacity).....Maxwell Family Field (500)
 Surface.....AstroTurf 12
 Chancellor.....Robert J. Birgeneau
 Director of Athletics.....Sandy Barbour
 Deputy Director of Athletics/SWA.....Teresa Kuehn Gould
 Assistant Athletic Director/Sport Supervisor.....Liz Miles

Athletic Media Relations

Assistant AD/Media Relations.....Herb Benenson
 Field Hockey Contact.....Assistant Director Dean Caparaz
 Direct Line.....(510) 642-5048
 Email Address.....dcaparaz@berkeley.edu
 Main Office Phone.....(510) 642-5363
 Fax.....(510) 643-7778
 Mailing Address.....349 Haas Pavilion
 Berkeley, CA 94720
 Web Site.....www.CalBears.com

Field Hockey Staff

Head Coach.....Shellie Onstead (14th year, Cal '83)
 Record at Cal.....156-82
 Career Record.....156-82
 Assistant Coach.....Niall Murphy (1st year, Connecticut)
 Assistant Coach.....Kelly Knapp (3rd year, Cal '05)
 Vol. Asst. Coach.....Peter Milkovich (8th year, British Columbia '92)
 Field Hockey Office Phone.....(510) 643-0627
 Field Hockey Office Fax.....(510) 642-7958
 Shellie Onstead's Email.....sonstead@berkeley.edu
 Best Time to Reach Shellie Onstead.....Contact Media Relations
 Athletic Trainer.....Carol Rogers
 Equipment Manager.....Brett Flores

Team Information

2007 Overall Record.....12-6 (H: 6-2; A: 2-4; N: 4-0)
 NorPac Record/Reg.-Season Finish/Tourney Finish.....5-1/1st/2nd
 Last NCAA Tournament Appearance.....2006 (1st round)
 Letterwinners Returning/Lost16/2
 Starters Returning/Lost.....10/1
 Newcomers.....7
 NCAA Tournament Appearances.....10
 Record in NCAA Tournament.....1-10
 Best NCAA Tournament Finish.....t5th, 1982
 Best Postseason Finish.....2nd (AIAW Tournament), 1980

2008 California Schedule/Results

Sat., Aug. 30	at Pacific	1 p.m.
Mon., Sept. 1	vs. Drexel	1 p.m.
Thu., Sept. 4	at Longwood*	1 p.m.
Fri., Sept. 5	vs. Radford* (at Longwood)	1 p.m.
Sun., Sept. 7	vs. Appalachian State* (at Longwood)	7 a.m.
Sat., Sept. 13	vs. Albany	1 p.m.
Thu., Sept. 25	at Michigan	2 p.m.
Sat., Sept. 27	at Michigan State	10:30 a.m.
Sun., Sept. 28	vs. Northwestern (at Michigan)	10 a.m.
Sat., Oct. 4	vs. Pacific*	1 p.m.
Sat., Oct. 11	vs. Davidson*	1 p.m.
Wed., Oct. 15	at Old Dominion	2 p.m.
Fri., Oct. 17	vs. Delaware (in Richmond, Va.)	10 a.m.
Sun., Oct. 19	at Wake Forest	10 a.m.
Fri., Oct. 24	vs. Stanford	1:30 p.m.
Sat., Nov. 1	at Stanford*	1 p.m.
<i>NorPac Conference Tournament at Longwood+</i>		
Thu., Nov. 6	First Round	TBA
Fri., Nov. 7	Semifinal	TBA
Sat., Nov. 8	Final/3rd-Place Game	TBA
Tue., Nov. 11	NCAA Play-In Game	at Ivy League Champion
<i>NCAA Tournament</i>		
Sat., Nov. 15	NCAA Tournament First Round	TBA
Sun., Nov. 16	NCAA Tournament Second Round	TBA
Fri., Nov. 21	NCAA Tournament Semifinal [^]	TBA
Sun., Nov. 23	NCAA Tournament Final [^]	TBA

Home games in **bold** at Maxwell Family Field.

* NorPac Conference game

+ Farmville, Va.

[^] Louisville, Ky.



Cal celebrated a 1-0 upset of No. 4 Michigan in 2007. (GoldenBearSports.com).



California Field Hockey

2007 Quick Facts

2008 California Field Hockey Roster

Returns

#	Name	Pos.	Ht.	Yr.	Hometown / Previous School(s)
1	Ashley Glosz	M/F	5-3	Sr.	San Diego, Calif. / Scripps Ranch HS
2	Sarah Brand	M	5-5	Fr.*	Escondido, Calif. / San Pasqual HS
4	Caitlin Byrne	M	5-6	Jr.*	Rutland, Vt. / Granite Hills HS
5	Christina McGrath	D	5-2	Sr.*	San Jose, Calif. / St. Francis HS
6	Tracy Sprague	D	5-2	Fr.*	San Diego, Calif. / Scripps Ranch HS
8	Carolina Bistue	D	5-7	Sr.	Mendoza, Argentina / Davis HS
9	Rachel Moffitt	D	5-4	Sr.*	San Diego, Calif. / Juniperro Serra HS
10	Lisa Lohre	M	5-6	So.	Frankfurt, Germany / Max-Beckmann-Schule
12	Kellie York	F	5-2	Jr.*	Saratoga, Calif. / Saratoga HS
14	Kathryn Kamenski	D	5-5	So.*	Mountain View, Calif. / Saint Francis HS
15	Natalie Nurnberg	F	5-7	So.*	San Jose, Calif. / Leigh HS
18	Kaitlin Duncan	M	5-5	So.*	San Diego, Calif. / Serra HS
19	Megan Psyllos	M	5-7	So.	San Diego, Calif. / Torrey Pines HS
20	Sophie Sproats	D	5-8	So.*	Sydney, Australia / Ascham School
22	Kaitlin Jones	D	5-3	Fr.*	San Diego, Calif. / Scripps Ranch HS
24	Katie Knoche	F	5-6	Sr.*	San Diego, Calif. / University of San Diego HS
25	Gwen Belomy	M	5-4	Sr.	Saratoga, Calif. / Saratoga HS
27	Erin Magill	D	5-10	Fr.*	Gilroy, Calif. / Gilroy HS
30	Andrea Lo	M/F	5-2	Sr.	West Vancouver, B.C., Canada / West Vancouver Secondary
55	Maddie Hand	G	5-7	Fr.*	Englewood, Colo. / Cherry Creek HS
91	Kelly Knoche	G	5-10	Sr.	San Diego, Calif. / Harvard / University of San Diego HS

Newcomers

#	Name	Pos.	Ht.	Yr.	Hometown / Previous School(s)
3	Claire Dougherty	F/M	5-11	Fr.	San Jose, Calif. / Archbishop Mitty HS
16	Kristen Goodman	M	5-5	Fr.	Mountain View, Calif. / Saint Francis HS
21	Jessica Kreck	F	5-9	Fr.	San Jose, Calif. / Archbishop Mitty HS
45	Haleh Nourani	G	5-6	Fr.	Carlsbad, Calif. / La Costa Canyon HS
77	Jessica Pizarek	G	5-7	Fr.*	Costa Mesa, Calif. / Newport Harbor HS
11	Megan Shimojima	M	5-7	Fr.	San Jose, Calif. / Lynbrook HS
13	Christine Suggs	F/M	5-7	Jr.*	Durham, N.C. / Wake Forest / Durham Academy

* Utilized redshirt year

Coaches

Head Coach: Shellie Onstead (14th year, California '83)

Assistant Coaches: Niall Murphy (1st year, Connecticut), Kelly Knapp (3rd year, California '05)

Volunteer Assistant Coach: Peter Milkovich (8th year, British Columbia '92)