



# California Field Hockey

## 2008 Quick Facts

### General Information

Location.....Berkeley, Calif.  
 Founded.....1868  
 Enrollment.....33,000  
 Nickname.....Golden Bears  
 Mascot.....Oski  
 Colors.....Blue (282) and Gold (116)  
 Affiliation.....NCAA Division 1  
 Conference.....NorPac  
 Facility (Capacity).....Maxwell Family Field (500)  
 Surface.....AstroTurf 12  
 Chancellor.....Robert J. Birgeneau  
 Director of Athletics.....Sandy Barbour  
 Deputy Director of Athletics/SWA.....Teresa Kuehn Gould  
 Assistant Athletic Director/Sport Supervisor.....Liz Miles

### Athletic Media Relations

Assistant AD/Media Relations.....Herb Benenson  
 Field Hockey Contact.....Assistant Director Dean Caparaz  
 Direct Line.....(510) 642-5048  
 Email Address.....dcaparaz@berkeley.edu  
 Main Office Phone.....(510) 642-5363  
 Fax.....(510) 643-7778  
 Mailing Address.....349 Haas Pavilion  
 Berkeley, CA 94720  
 Web Site.....www.CalBears.com

### Field Hockey Staff

Head Coach.....Shellie Onstead (14th year, Cal '83)  
 Record at Cal.....167-87  
 Career Record.....167-87  
 Assistant Coach.....Niall Murphy (1st year, Connecticut)  
 Assistant Coach.....Kelly Knapp (3rd year, Cal '05)  
 Vol. Asst. Coach.....Peter Milkovich (8th year, British Columbia '92)  
 Field Hockey Office Phone.....(510) 643-0627  
 Field Hockey Office Fax.....(510) 642-7958  
 Shellie Onstead's Email.....sonstead@berkeley.edu  
 Best Time to Reach Shellie Onstead.....Contact Media Relations  
 Athletic Trainer.....Carol Rogers  
 Equipment Manager.....Brett Flores

### Team Information

2007 Overall Record.....12-6 (H: 6-2; A: 2-4; N: 4-0)  
 NorPac Record/Reg.-Season Finish/Tourney Finish.....5-1/1st/2nd  
 Last NCAA Tournament Appearance.....2006 (1st round)  
 Starters Returning/Lost.....10/1  
 Newcomers.....7  
 NCAA Tournament Appearances.....10  
 Record in NCAA Tournament.....1-10  
 Best NCAA Tournament Finish.....t5th, 1982  
 Best Postseason Finish.....2nd (AIAW Tournament), 1980

### 2008 California Schedule/Results

Sat., Aug. 30	at Pacific	1 p.m.
<b>Mon., Sept. 1</b>	<b>vs. Drexel</b>	<b>1 p.m.</b>
Thu., Sept. 4	at Longwood*	4 p.m.
Fri., Sept. 5	vs. Radford* (at Longwood)	4 p.m.
Sun., Sept. 7	vs. Appalachian State* (at Longwood)	10 a.m.
<b>Sat., Sept. 13</b>	<b>vs. Albany</b>	<b>1 p.m.</b>
Thu., Sept. 25	at Michigan	5 p.m.
Sat., Sept. 27	at Michigan State	1:30 p.m.
Sun., Sept. 28	vs. Northwestern (at Michigan)	1 p.m.
<b>Sat., Oct. 4</b>	<b>vs. Pacific*</b>	<b>1 p.m.</b>
<b>Sat., Oct. 11</b>	<b>vs. Davidson*</b>	<b>1 p.m.</b>
Wed., Oct. 15	at Old Dominion	5 p.m.
Fri., Oct. 17	vs. Delaware (in Richmond, Va.)	1 p.m.
Sun., Oct. 19	at Wake Forest	1 p.m.
<b>Fri., Oct. 24</b>	<b>vs. Stanford</b>	<b>1:30 p.m.</b>
Sat., Nov. 1	at Stanford*	1 p.m.
<i>NorPac Conference Tournament at Longwood+</i>		
Thu., Nov. 6	First Round	TBA
Fri., Nov. 7	Semifinal	TBA
Sat., Nov. 8	Final/3rd-Place Game	TBA
Tue., Nov. 11	NCAA Play-In Game	at Ivy League Champion
<i>NCAA Tournament</i>		
Sat., Nov. 15	NCAA Tournament First Round	TBA
Sun., Nov. 16	NCAA Tournament Second Round	TBA
Fri., Nov. 21	NCAA Tournament Semifinal <sup>^</sup>	TBA
Sun., Nov. 23	NCAA Tournament Final <sup>^</sup>	TBA

Home games in **bold** at Maxwell Family Field.

\* NorPac Conference game

+ Farmville, Va.

<sup>^</sup> Louisville, Ky.



Cal celebrated a 1-0 upset of No. 4 Michigan in 2007. (GoldenBearSports.com).



# California Field Hockey

## 2007 Quick Facts

### 2008 California Field Hockey Roster

#### Returns

#	Name	Pos.	Ht.	Yr.	Hometown / Previous School(s)
1	Ashley Glosz	M/F	5-3	Sr.	San Diego, Calif. / Scripps Ranch HS
2	Sarah Brand	M	5-5	Fr.*	Escondido, Calif. / San Pasqual HS
4	Caitlin Byrne	M	5-6	Jr.*	Rutland, Vt. / Granite Hills HS
5	Christina McGrath	D	5-2	Sr.*	San Jose, Calif. / St. Francis HS
6	Tracy Sprague	D	5-2	Fr.*	San Diego, Calif. / Scripps Ranch HS
8	Carolina Bistue	D	5-7	Sr.	Mendoza, Argentina / Davis HS
9	Rachel Moffitt	D	5-4	Sr.*	San Diego, Calif. / Junipero Serra HS
10	Lisa Lohre	M	5-6	So.	Frankfurt, Germany / Max-Beckmann-Schule
12	Kellie York	F	5-2	Jr.*	Saratoga, Calif. / Saratoga HS
14	Kathryn Kamenski	D	5-5	So.*	Mountain View, Calif. / Saint Francis HS
15	Natalie Nurnberg	F	5-7	So.*	San Jose, Calif. / Leigh HS
18	Kaitlin Duncan	M	5-5	So.*	San Diego, Calif. / Serra HS
19	Megan Psyllos	M	5-7	So.	San Diego, Calif. / Torrey Pines HS
20	Sophie Sproats	D	5-8	So.*	Sydney, Australia / Ascham School
22	Kaitlin Jones	D	5-3	Fr.*	San Diego, Calif. / Scripps Ranch HS
24	Katie Knoche	F	5-6	Sr.*	San Diego, Calif. / University of San Diego HS
25	Gwen Belomy	M	5-4	Sr.	Saratoga, Calif. / Saratoga HS
27	Erin Magill	D	5-10	Fr.*	Gilroy, Calif. / Gilroy HS
30	Andrea Lo	M/F	5-2	Sr.	West Vancouver, B.C., Canada / West Vancouver Secondary
55	Maddie Hand	G	5-7	Fr.*	Englewood, Colo. / Cherry Creek HS
91	Kelly Knoche	G	5-10	Sr.	San Diego, Calif. / Harvard / University of San Diego HS

#### Newcomers

#	Name	Pos.	Ht.	Yr.	Hometown / Previous School(s)
3	Claire Dougherty	F/M	5-11	Fr.	San Jose, Calif. / Archbishop Mitty HS
16	Kristen Goodman	M	5-5	Fr.	Mountain View, Calif. / Saint Francis HS
21	Jessica Kreck	F	5-9	Fr.	San Jose, Calif. / Archbishop Mitty HS
45	Haleh Nourani	G	5-6	Fr.	Carlsbad, Calif. / La Costa Canyon HS
77	Jessica Pizarek	G	5-7	Fr.*	Costa Mesa, Calif. / Newport Harbor HS
11	Megan Shimojima	M	5-7	Fr.	San Jose, Calif. / Lynbrook HS
13	Christine Suggs	F/M	5-7	Jr.*	Durham, N.C. / Wake Forest / Durham Academy

\* Utilized redshirt year

#### Coaches

**Head Coach:** Shellie Onstead (14th year, California '83)

**Assistant Coaches:** Niall Murphy (1st year, Connecticut), Kelly Knapp (3rd year, California '05)

**Volunteer Assistant Coach:** Peter Milkovich (8th year, British Columbia '92)