

2007-08 MEN'S SWIMMING & DIVING

CALIFORNIA QUICK FACTS

Location: Berkeley, Calif. 94720
Enrollment: 34,953
Founded: 1868
Nickname: Golden Bears
Colors: Blue and Gold
Conference: Pacific-10
Pool: Spieker Aquatics Complex
(Lanes: 9 feet wide, Depth: 10 feet to 13 feet, Dimensions: 50 meters by 25 yards, Bulkhead: Moveable)
Chancellor: Dr. Robert J. Birgeneau
Athletic Director: Sandy Barbour

Head Coach: David Durden
(UC Irvine 1998)
Career Record at Cal: First year
Head Coach Emeritus: Nort Thornton
Diving Coach: Tom Davidson
Durden's Office Phone: (510) 643-3878
2007 Dual-Meet Record: 5-3
2007 Pac-10 Finish: Second
2007 NCAA Finish: Eighth
Lettermen Returning: 15
Lettermen Lost: 3
NCAA Team Members Returning: 9
NCAA Team Members Lost: 4



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MEDIA RELATIONS CONTACT

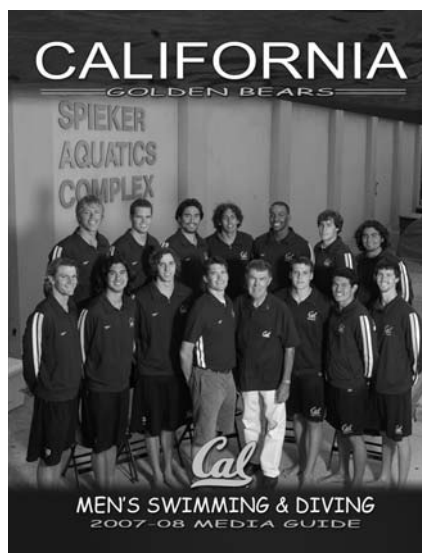
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BEAR BACKERS SUPPORT YOUR TEAM

Bear Backers are loyal Cal alumni and friends who provide financial support to Cal Athletics with their donations. Every student-athlete benefits from their contributions which underwrite scholar-ships, operational needs and academic tutoring programs. Bear Backers also build athletic facilities, including Haas Pavilion. The best way to support a Cal team is to join Bear Backers. For more information, call (510) 642-2427.



ON THE COVER

Head coach David Durden and head coach emeritus Nort Thornton with the 13 seniors on the 2007-08 Cal men's swimming and diving team.

TOP ROW (L-R) Justin Pollard, Dominik Meichtry, Louis Vayo, Michael Jafari, Dominic Cathey, Mark Wes, Javier Rivas.

FRONT ROW (L-R) Eric Dunipace, Mark Eckert, William Copeland, Durden, Thornton, Jernej Godec, Richard Hunter, Joe Whittington.

CREDITS

The 2007-08 edition of the California Men's Swimming and Diving Media Guide was written and edited by Scott Ball, Men's Swimming Media Relations Director. Layout and graphics by John Dunbar, Publications Director and Evan Kerr, Publications Assistant. Photos by John Todd, Michael Pimentel, Michael J. Burns, Kelley Cox, John Dunbar, Evan Kerr, Nick Lammers, Bill Collins, Stu Corliss, Peter H. Bick, and Harrison Stubbs, among others.

2007-08 MEN'S SWIMMING & DIVING OUTLOOK

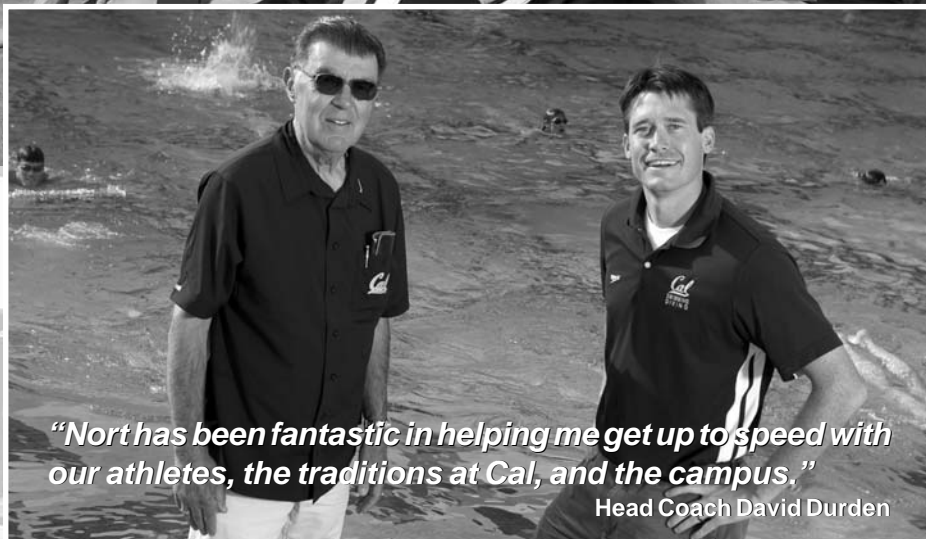


WITH NORT THORNTON STILL ON DECK, DAVID DURDEN BEGINS A NEW ERA IN MEN'S SWIMMING

During the usually lazy days of mid-summer, the California men's swimming program went through a flurry of activity, perhaps generating more attention than during the normal course of the year. But now that the Golden Bears are embarking on the 2007-08 season, it is time to properly introduce new head coach David Durden, and to honor the program's guiding force for over 30 years – Nort Thornton.

Since taking over the reins of the team, Durden has spent long hours getting to know his swimmers and surroundings, with the assistance of Thornton, who continues to add his support on deck after retiring as Cal's fulltime head coach.

"No one knew what was going to happen when we heard about the coaching change, but we knew David was a great coach and we were pleased when we heard he was coming," said Jernej Godec, one of 11 seniors on the Bears' nationally-ranked squad that began this season seventh in



"Nort has been fantastic in helping me get up to speed with our athletes, the traditions at Cal, and the campus."

Head Coach David Durden

the national poll.

When former co-head coach Mike Bottom left the program to join an elite swimming camp in Florida, it kicked off a series of events that resulted in, what Director of Athletics Sandy Barbour called a perfect fit for Cal Aquatics. Soon after the Aug. 27 announcement of his hiring, Durden affirmed that Thornton would continue working with the program in his role as the head coach emeritus.

"I was at the U.S. Nationals in Indianapolis with a group of six athletes when asked if I would be interested in having a conversation with Sandy Barbour," explained Durden. "At the time, one of my long-term goals in coaching was to lead a men's-only program in pursuit of a national title. In stepping back and looking over the

landscape of college environments around the country, I have always felt that there are a handful of programs that, with university resources behind them, could pursue a national title year in and year out. Cal definitely fit that profile."

Durden certainly had impressive credentials to bring to Berkeley – two seasons as head men's and women's coach at Maryland and five years as an assistant coach at Auburn, where he helped the Tigers to six NCAA team championships (three men, three women).

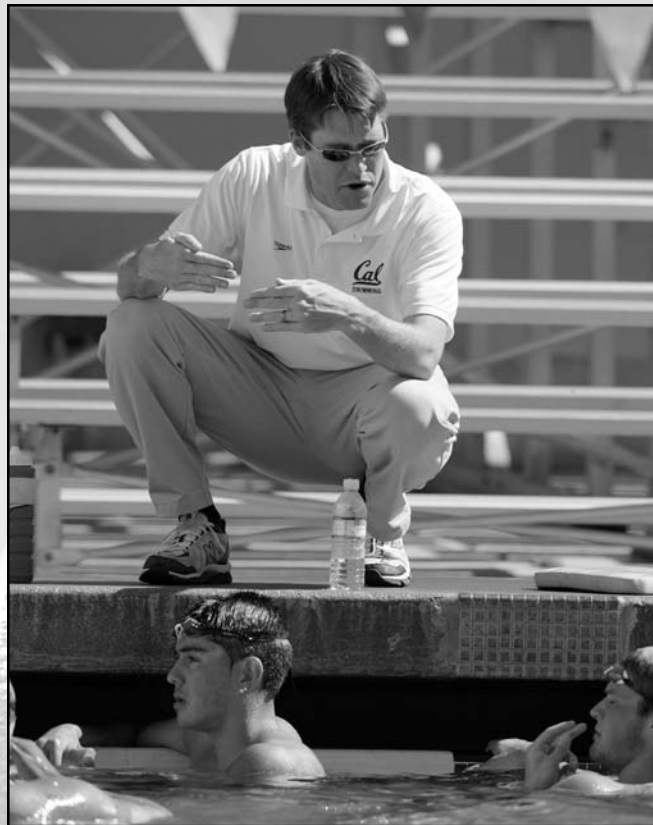
While with the SEC school, Durden mentored several world and NCAA record holders, and in 2004, he coached multiple athletes that competed at the Olympic Games. He also served as the head coach for the Panama team at the 2004 Olympics

David Durden helped coach six NCAA team champions before taking over the Golden Bear program.

and the 2003 Pan American Games.

Before joining the Auburn program, Durden was an assistant for the highly regarded Irvine Novaquatics under Dr. Dave Salo. As a competitor at UC Irvine, Durden was the 1997 Big West Conference champion in the 200 butterfly before earning his degree in electrical engineering in 1998.

Now at Cal, Durden has embraced the presence of Thornton and the leadership he provides in and out of the water. Associated with Golden Bear men's



swimming since 1974-75, Thornton guided Cal to the pinnacle of the sport in just a few short years, leading the team to back-to-back NCAA titles in 1979 and 1980.

Throughout his 33 years at the helm of Cal swimming, Thornton's squads won more than 230 dual meets, captured 48 individual and relay NCAA crowns and won 108 Pac-10 individual, relay and diving championships. His teams ranked in the final Top 10 in the national polls 28 times.

Thornton's resume boasts an impressive collection of Olympians, including multi-time Olympic medalist and world record-holder Matt Biondi; Anthony Ervin, who won the gold medal in the 50-meter freestyle at the 2000 Sydney Olympics; and Duje Draganja, a silver-medalist in the 50 free at the 2004 Athens Olympics. Under his guidance, Cal swimmers captured 29 medals Olympic medals – 14 gold, 10 silver and five bronze. The veteran coach was honored for all of his accomplishments in May 1995 with his induction into the International Swimming Hall of Fame.

"It was a great experience working with Nort over the past four years," said Patrick O'Neil, the 2007 NCAA champion in the 200-yard butterfly. "I know many people have enjoyed the same experience and would say it's one of the greatest times they've ever had. He has taught me not only a great deal about swimming, but a great deal about life."

Another part of the Thornton legacy is

how well his teams have performed in the classroom. Over 30 of his athletes have been named Academic All-Americans and numerous Cal swimmers have been awarded postgraduate scholarships and earned postgraduate degrees. Last season's squad had a team GPA of 3.019 and featured four Academic All-Americans – Richard Hunter, Louis Vayo, Graham Lentz and Justin Pollard.

Yet, in typical modest fashion, when asked about the keys to his success and his career highlights, Thornton simply says, "Good recruiting of excellent young men and the day-to-day association with wonderful people."

"Nort has been fantastic in helping me get up to speed with our athletes, the traditions at Cal, and the campus," said Durden. "I always leave each day with a nugget of information from Nort, whether through a technical aspect of swimming or the psychological make-up of developing a team. His presence on the deck in working with the guys is tremendously appreciated."

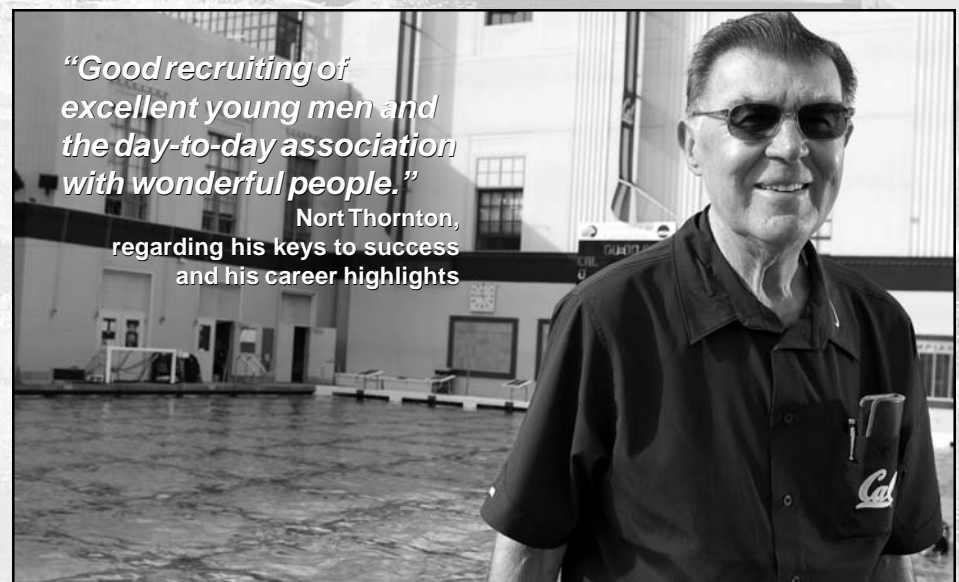
The 2007-08 Bears' squad looks to continue the long-time success of one of the Athletic Department's most successful programs, and this year's edition of Cal men's swimming and diving features nine returning All-Americans.

"Our top returnees this season fall primarily within our senior class," said Durden. "Dominik Meichtry is coming off a second-place finish at NCAA's in the 200 freestyle. Mark Eckert and Louis Vayo return as NCAA scorers in the IM events. Will Copeland, Joe Whittington and Jernej Godec anchor our sprint core, and junior backstroker David Russell is coming off of a successful summer in which he represented the U.S. at the Japan International Meet in August.

"The guys have been absolutely fantastic to me and my wife, Cathy, in our transition to Cal. Their investment in this program supersedes any personal glory that they will take away from their Cal experience. I have been fortunate to be on the receiving end of their selflessness."

Godec, who was recruited by Durden to Auburn before ultimately deciding to pursue his education at Cal, may have the best sense of anyone on the Bear squad what the new head coach ultimately will mean to the program.

"I think David will do a lot of wonderful things here," he said. "David knows where he wants to take us, and he knows how to get us there."



"Good recruiting of excellent young men and the day-to-day association with wonderful people."

Nort Thornton, regarding his keys to success and his career highlights

2007-08 SEASON PREVIEW



BEARS RETURN NINE ALL-AMERICANS AS SIGHTS ARE SET ON NCAA MEET

The 2007-08 California men's swimming and diving program is coming off an eighth-place finish at the 2007 NCAA Championships and a second-place finish at the 2007 Pac-10 Meet. The Golden Bears feature nine returning All-Americans, including **Dominik Meichtry**, the 2007 Pac-10 champion and national runner-up in the 200 freestyle.

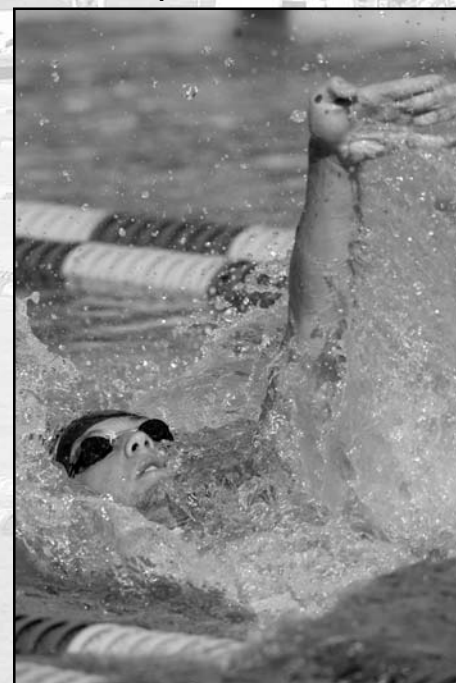
Cal's returning swimming All-Americans from last season are Meichtry (free), **Mark Eckert** (backstroke/Individual medley), **Richard Hunter** (breaststroke), Copeland (sprint free), Godec (free/fly/back), **Joe Whittington** (free), **Louis Vayo** (back/IM/free), and **David Russell** (backstroke).

Meichtry placed second at the NCAA meet with a time of 1:33.45 in the 200 free,

the second-fastest time in school history behind the eight-time Olympic gold medalist Matt Biondi's time of 1:33.03 set in 1987. He also helped the Bears to a seventh-place finish in the 800-free relay at the NCAA meet, along with fellow senior Vayo. Meichtry was the 2007 Pac-10 champion in the 200 free with a time of 1:33.82. He has the school's second-

Senior Jernej Godec was a 2007 All-American as a member of the Bears' 200 free relay.

Junior David Russell was the 2007 Pac-10 champion in the 100 back.





Senior Dominik Meichtry was the 2007 Pac-10 champion and national runner-up in the 200 free.

fastest time in the 500 free (4:15.89), set in 2006, and is a member of the school-record 800 free relay team.

The Bears' 200-yard freestyle relay placed sixth in the 2007 NCAA meet and



Senior Justin Pollard is a two-time first-team Pac-10 All-Academic honoree.

returns three of its members – Copeland, Godec and Whittington. Godec was second in the Pac-10 meet in the 50 free and has the school's third-best all-time mark in the 100 fly (46.32).

Russell placed ninth at the NCAA Championships with his time of 1:41.81 in 200-yard backstroke, and was a member of Cal's 200 and 400 medley relays. He was the 2007 Pac-10 champion in the 100 back and has the school's second-best all-time mark in the 200 back (1:41.81) and third-best time in the 100 back (46.70).

Eckert was second in the 200 back, third in the 400 IM and fourth in the 200 IM at the Pac-10 meet, and has the school's third-best all-time mark in the 400 IM (3:46.63). Hunter was seventh in the Pac-10 meet in the 100 breast. Copeland, besides being a member of Cal's 200 free and 200 medley relays, is on the school's all-time top 10 list in the 50 (19.59, 10th) and 100 free (42.97, seventh).

Vayo was a member of the Bears' 800 free relay that placed seventh in the NCAA's. He joins Meichtry as a member of the school record-setting 800-free relay. Vayo has the school's fifth-best all-time mark in both the 200 (1:45.82) and 400 IM (3:48.54). Whittington, besides being a member of Cal's sixth-place 200 free relay, was on the Bears' 200 free relay that placed second at the Pac-10 Championships.

Cal also features some impressive newcomers in sophomore transfer **Sean Mahoney**, and freshmen **Martti Aljand** and **Damir Dugonjic**. Mahoney is an outstanding breaststroker, who as a freshman at West Virginia set a school record in the 200 breast (1:57.75). Aljand is a member of the Estonia National Team and is a five-time national champion in the 200 IM, while Dugonjic placed second for Slovenia at the 2006 European Junior Championships in the 50-meter breast. In the diving ranks, the Bears showcase junior **Sam Helvie**, who placed 12th in the one-meter springboard at last year's NCAA meet, and is the school record-holder in the one-meter (375.92), three-meter (381.15) and platform (279.90) competitions.



Sophomore Sean Mahoney, a transfer from West Virginia, will be one of the Bears' top breaststrokers this season.

2007-08 CALIFORNIA ROSTER

SWIMMING ROSTER

<i>Name</i>	<i>Events</i>	<i>Ht.</i>	<i>Wt.</i>	<i>Yr.</i>	<i>Hometown (Last School)</i>
Sree Akkineni	Individual Medley	6-2	150	Fr.	Alpharetta, Ga. (Woodward Academy)
Martti Aljand	Individual Medley	6-1	180	Fr.	Tallinn, Estonia (Kristung HS)
Matthew Benoit	Back/Breast	6-0	180	So.	Kent, Wash. (John F. Kennedy HS)
Aaron Casey	Free/Back/IM	5-11	160	So.	Santa Monica, Calif. (Irvine HS)
Dominic Cathey	Butterfly	6-3	191	Sr.	Oakland, Calif. (Berkeley HS)
William Copeland	Sprint Freestyle	6-4	180	Sr.	Lexington, Va. (Rockbridge County HS)
Alex Cushing	Sprint Freestyle	6-0	170	So.	Richmond, Calif. (Saint Mary's HS)
Josh Daniels	Freestyle	6-0	192	Fr.	Fresno, Calif. (Clovis West HS)
Damir Dugonjic	Breaststroke	6-6	211	Fr.	Ravne na Koroskem, Slovenia (Gimnazija Ravne)
Eric Dunipace	Free/Back	6-3	185	Sr.	Castro Valley, Calif. (Bishop O'Dowd HS)
Mark Eckert	Back/IM	6-2	180	Sr.	Honolulu, Hawaii (Iolani School)
Nick Ferrif	Breaststroke	6-0	175	Fr.	Lafayette, Calif. (Acalanes HS)
Kameron Flores-Maxfield	IM/Breast	5-10	157	Fr.	South San Francisco, Calif. (Sacred Heart Prep)
Andrew Godbe	IM/Breast	6-1	167	Fr.	Mission Viejo, Calif. (Mission Viejo HS)
Jernej Godec	Free/Fly/Back	6-2	190	Sr.	Ljubljana, Slovenia (Gimnazija Ledina)
Jimmy Henson	Freestyle	6-4	195	Fr.	Mount Shasta, Calif. (Mount Shasta HS)
Richard Hunter	Breaststroke	6-2	175	Sr.	Mission Viejo, Calif. (Trabuco Hills HS)
Michael Jafari	Freestyle	5-11	170	Sr.	Glendora, Calif. (Glendora HS)
Ian Lentz	Individual Medley	6-2	176	Jr.	Petaluma, Calif. (Casa Grande HS)
Sean Mahoney	Breaststroke	6-0	200	So.	Rio Vista, Calif. (West Virginia)
Dominik Meichtry	Freestyle	6-0	160	Sr.	Rorschacherberg, Switzerland (Deutsche Schule, RSA)
Graeme Moore	Free/Back	6-5	194	Fr.	Johannesburg, South Africa (Reddam House HS)
Troy Nissen	Breaststroke	5-11	180	So.	Sacramento, Calif. (Rio Americano HS)
Daniel Owens	Freestyle	5-10	160	Fr.	Mission Viejo, Calif. (Mission Viejo HS)
Justin Pollard	Fly/Free	6-3	200	Sr.	San Jose, Calif. (Bellarmine College Prep)
Dash Rothberg	Free/Back	6-3	185	Jr.	Walnut Creek, Calif. (Bentley HS)
David Russell	Backstroke	6-4	190	Jr.	Wellesley, Mass. (Wellesley HS)
Matt Scanlan	Fly/Back/Free	6-3	195	Jr.	Bakersfield, Calif. (Stockdale HS)
Daniel Smith	Free/Back	6-5	195	Fr.	Sacramento, Calif. (Jesuit HS)
Scott Sorge	Freestyle	6-5	200	So.	Mission Viejo, Calif. (Mission Viejo HS)
Louis Vayo	Back/IM/Free	6-0	175	Sr.	Placentia, Calif. (Troy HS)
Joe Whittington	Freestyle	6-3	152	Sr.	Bakersfield, Calif. (Garces Memorial HS)

DIVING ROSTER

<i>Name</i>	<i>Events</i>	<i>Ht.</i>	<i>Wt.</i>	<i>Yr.</i>	<i>Hometown (Last School)</i>
Taylor Dehn	Diving	5-10	150	Fr.	Mission Viejo, Calif. (Mission Viejo HS)
Sam Helvie	Diving	5-5	135	Jr.	Bakersfield, Calif. (Garces Memorial HS)
Thomas Henninger	Diving	5-8	150	Fr.	Glenside, Pa. (Germantown Academy)
Brian Lawler	Diving	6-0	150	Jr.	San Luis Obispo, Calif. (Boston University)

Head Coach: David Durden (First year)
Head Coach Emeritus: Nort Thornton (34th year)
Diving Coach: Tom Davidson (Second year)
Strength and Conditioning Coach: Nick Folker (Fourth year)

PRONUNCIATION GUIDE

Sree Akkineni Shree ah-kuh-NEE-nee
 Martti Aljand Marty AL-yand
 Taylor Dehn Dean
 Damir Dugonjic DUH-meer DEW-guh-nich
 Eric Dunipace DUN-uh-pace
 Andrew Godbe GOD-bee
 Jernej Godec YER-nay GOH-deck
 Michael Jafari juh-FAR-ee
 Dominik Meichtry MIKE-tree
 Graeme Moore Graham
 Scott Sorge SORG-ee
 Louis Vayo LEW-is VIE-oh



CALIFORNIA HEAD COACH

David DURDEN

Head Coach

First Season at California

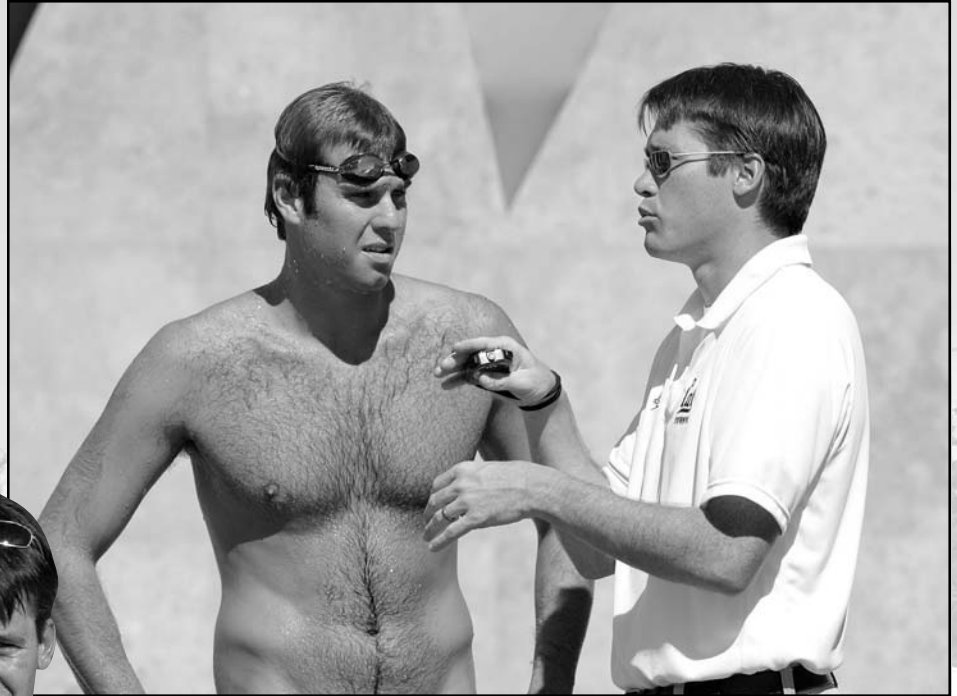


David Durden, a former top assistant at Auburn who for the last two seasons guided the University of Maryland's men's and women's swimming and diving teams, was hired to direct the

men's swimming program at the University of California on Aug. 27. Durden takes over the coaching reins from Hall of Fame coach Nort Thornton, who retired in July after 33 years at the helm of Golden Bear swimming. Thornton will remain involved in the men's swimming program as Cal's head coach emeritus.

"I am obviously thrilled to be named the head coach of the California men's swimming program," said Durden. "I am ready and anxious to be a part of what Nort Thornton has created at Cal. I have a philosophy that a team is only as strong as the last man on the roster, and I look forward to cultivating and fostering an awesome team environment."

Durden, 31, spent five seasons at Auburn, including 2005 when he was the assistant head men's coach for the 2005 NCAA champion Tigers. Prior to being the No. 1 assistant and chief recruiting coordinator for the powerhouse Auburn men's team, he was an assistant coach for both the Tigers' men's and women's swim programs. During his tenure, the Tiger men's and women's teams won a total of six NCAA team



championships – the men winning in 2003, 2004 and 2005, and the women winning in 2002, 2003 and 2004. The Auburn women finished second at the national meet in 2005.

At Auburn, Durden was the primary coach for a number of world-class/postgraduate swimmers who were preparing for the World Championships and the World University Games. He mentored multiple world and NCAA record holders, and in 2004 coached multiple athletes who represented the United States at the Olympic Games. Durden also served as the head coach for the Panama team at the 2004 Olympic Games and the 2003 Pan American Games.

"David is a perfect fit to carry on the legacy of athletic and academic excellence that has been so prevalent in the program built by Nort Thornton over the past three-plus decades," said Cal Director of Athletics Sandy Barbour. "Not only do I believe David will be a fabulous success, but I am thrilled that a person of such character and integrity will be providing leadership for the young men in our program. He has extensive experience coaching some of the

nation's elite collegiate and international swimmers."

"I was impressed with David and look forward to working with him," said Thornton. "He is sharp and I am really pleased someone of his caliber has decided to come aboard. Working at Auburn he has certainly been around world-class athletes. Everyone in the coaching community I have talked to recommended him highly. He has a lot of tools he can bring to the program."

In 2007, Durden helped the Maryland women to a sixth-place finish, and the men to an eighth-place finish, at the Atlantic Coast Conference meet. During 2005-06, the Maryland women's team took fifth at the ACC championships, and senior Sasha Malanina was an ACC champion in the 400 individual medley.

Durden is a NCAA Division I Certified Coach, a member of U.S. Swimming and a member of the American Swimming Coaches Association. For the past five years, he has been involved with the swim camps at Auburn, serving as the camp director in 2004 and 2005. Before coaching at Auburn, Durden served as an assistant for the highly regarded Irvine Novaquatics under Dr. Dave Salo.

A 1998 graduate of UC Irvine, Durden earned a degree in electrical engineering. He competed on the Anteaters' swim team from 1994-97 and was the 1997 Big West Conference champion in the 200 butterfly. He and his wife, Cathy, reside in Pleasant Hill, Calif.

HEAD COACH EMERITUS NORT THORNTON

Nort THORNTON

**Head Coach Emeritus
34th Season at California**



California head coach emeritus, Nort Thornton, is one of the deans of college coaching in the United States and was the longest tenured coach at Cal before retiring after 33 years at the

helm of the Golden Bears men's swimming program last July.

For Cal, Thornton had a dual-meet record of 231-85 (.731 winning percentage), produced two NCAA team titles and numerous individual champions, including Patrick O'Neil, who won the 200-yard butterfly crown at the 2007 NCAA

Championships. Thornton's final team took eighth place at the NCAA Championships last March in Minneapolis, Minn.

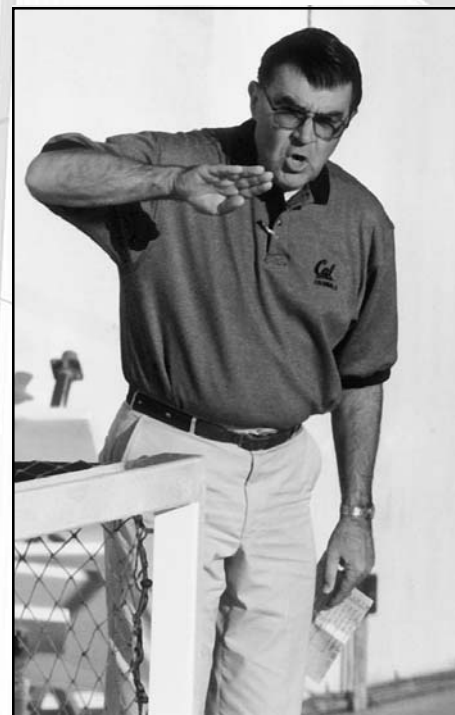
Through the years, his Cal squads won 48 individual and relay NCAA championships and 108 Pac-10 individual, relay and diving titles. His 1979-80 and 1980-81 teams also captured Pac-10 team championships.

In 2006-07, Thornton's Bears compiled a 5-3 dual-meet record (2-2 Pac-10) and claimed second place at the Pac-10 Championships. Cal also won three individual conference titles, with O'Neil claiming the 200 fly, junior Dominik

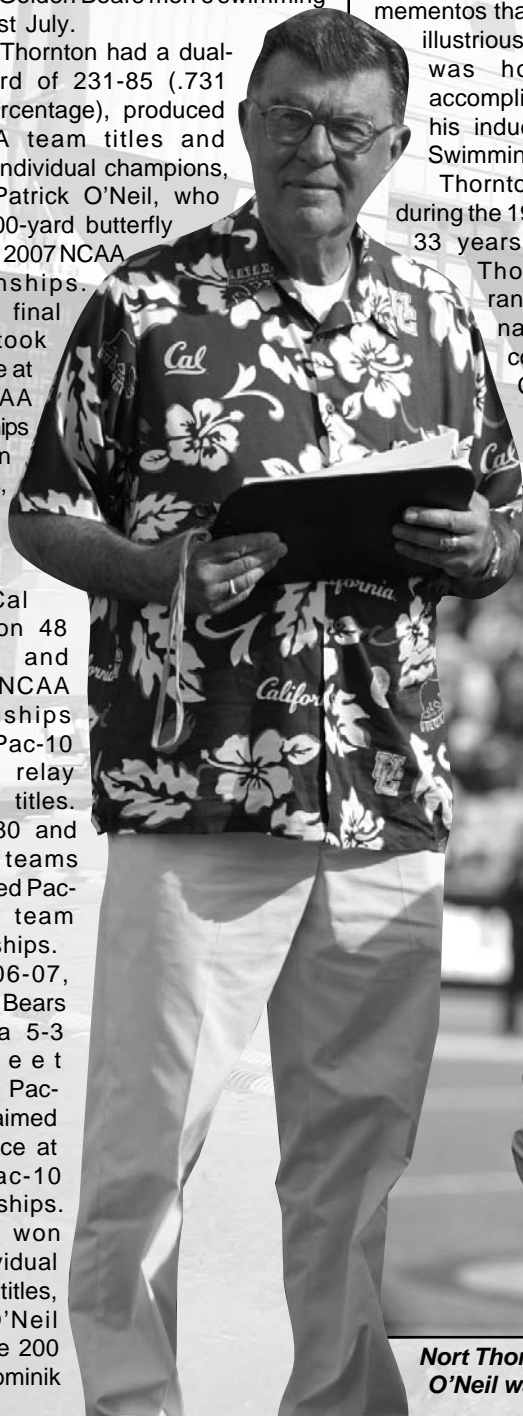
Meichtry capturing the 200 freestyle and sophomore David Russell taking the 100 backstroke.

It is a credit to Thornton's recruiting and coaching ability that the Bears have consistently been in a position to compete for the national crown. For more than three decades he cultivated squads that combine some of the top local California talent with national and international blue chippers. Thornton's office is a testimony to his coaching ability with Olympic banners, photos of world record holders, NCAA championship trophies and mementos that span through his long and illustrious career. The veteran coach was honored for all of his accomplishments in May 1995 with his induction into the International Swimming Hall of Fame.

Thornton started his Cal career during the 1974-75 season. For 28 of the 33 years he coached the Bears, Thornton's teams finished ranked in the top 10 in the national polls. The veteran coach was named National Coach of the Year twice and was the Pac-10 Coach of the Year four times, most



Nort Thornton has been a guiding force for Cal's successful men's swimming program for over three decades.



Nort Thornton joined Patrick O'Neil at midfield during a football game last fall as O'Neil was recognized for his 2007 NCAA championship in the 200 butterfly.



NORT THORNTON'S CAL COACHING RECORD

Year	Dual Meet Rec.	Pac-10 Finish	NCAA Finish
1975	4-4	4th	14th
1976	7-4	N/A	11th
1977	5-3	N/A	8th
1978	7-2	N/A	3rd
1979	9-2	3rd	1st
1980	11-2	1st	1st
1981	9-1	1st	6th
1982	8-6	3rd	4th
1983	7-1	2nd	8th
1984	7-3	2nd	6th
1985	5-5	2nd	4th
1986	6-3	3rd	2nd
1987	10-3	2nd	4th
1988	10-2	4th	4th
1989	11-1	3rd	6th
1990	8-5	5th	7th
1991	5-5	3rd	13th
1992	6-3	2nd	4th
1993	8-3	4th	7th
1994	6-3	6th	5th
1995	7-2	5th	5th
1996	6-4	3rd	13th
1997	7-2	4th	15th
1998	5-2	3rd	8th
1999	9-2	2nd	4th
2000	6-3	2nd	5th
2001	5-1	3rd	8th
2002	6-2	2nd	6th
2003	6-1	2nd	4th
2004	5-1	2nd	7th
2005	9-0	2nd	4th
2006	6-1	2nd	6th
2007	5-3	2nd	8th
Total	231-85 (.731)	33 years	

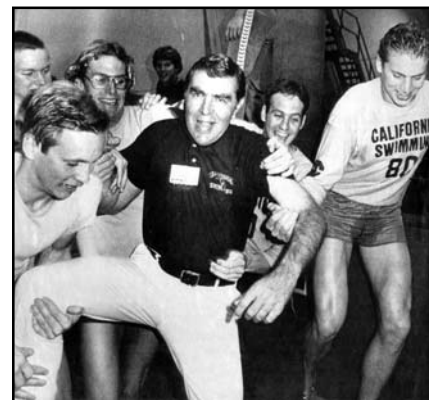
CHAMPIONSHIPS WON UNDER NORT THORNTON

48 NCAA Individual/ Relay Titles

Team Titles: 2 (1979 and 1980)
 Individual: 35
 Relay: 13

108 Pac-10 Individual/ Relay/Diving Titles

Team Titles: 2 (1980 and 1981)
 Individual: 73
 Relay: 33
 Diving:



Highlights from past Golden Bear NCAA Champions.

recently in 1999.

A product of San Jose State, Thornton led the Bears to NCAA team titles in 1979 and 1980 and produced a long list of stellar All-Americans. He has an even more impressive collection of Olympians, including world record holder Matt Biondi, Anthony Ervin, who won the gold medal in the 50-meter freestyle at the 2000 Sydney Olympics, and Duje Draganja, who took silver in the 50-meter free at the 2004 Athens Olympics. Since Thornton took over the Cal program, 48 Cal athletes have represented several countries in the Olympic Games, winning 29 medals, including 14 gold, 10 silver and five bronze.

On the international level, Thornton has coached numerous United States teams

in world competition. In 1979, he coached the U.S. squad in the FINA Cup in Tokyo, Japan, and then in 1981 coached the U.S. team at the World University Games. In the summer of 1983, Thornton was an assistant coach for the United States team at the Pan American Games at Caracas, Venezuela. He served in the same capacity at the 1986 World Championships in Madrid, Spain, and in Perth, Australia, in January, 1997, as well as at the '97 Pan Pacific Games in Edmonton, Alberta, Canada.

A past president of the American Swimming Coaches Association, Thornton has served on the ASCA Board of Directors and is a past member of the NCAA Rules Committee. He was also

awarded the National Collegiate and Scholastic Award, which is in the International Hall of Fame, for his contributions to swimming as a healthful recreation activity for schools and colleges.

Thornton, 73, graduated from San Jose State in 1956 with a degree in education and earned his master's degree from Stanford. Thornton and his wife, Carla, have three sons, Richard (48) and twins Marc and Gregg (45).



ASSISTANT COACHING STAFF

Tom DAVIDSON

**Head Diving Coach
Second Season**



Tom Davidson returns for his second year of service as Cal's men's and women's diving coach, after joining the Golden Bear aquatics program in the summer of 2006. Prior

to Cal he was the diving coach at Illinois State.

Under the direction of Davidson, Cal has shown strong success on the boards in 2006-07. Individually, junior Sam Helvie became the school's all-time record-holder in the one-meter (375.92), three-meter (381.15) and platform (279.90) competitions.

While at Illinois State Davidson guided Emily Hirt to her first ever NCAA Zone diving championship. Hirt placed in the top 40 regionally with a score of 204.05 on the three-meter board, but did not advance to the final round.

Davidson also adds club coaching experience to his resume. He guided the Redbird Diving club team (2005-06) and served as an assistant at Twin City Diving (2003-04) and at J.P. Divers (2001-04).

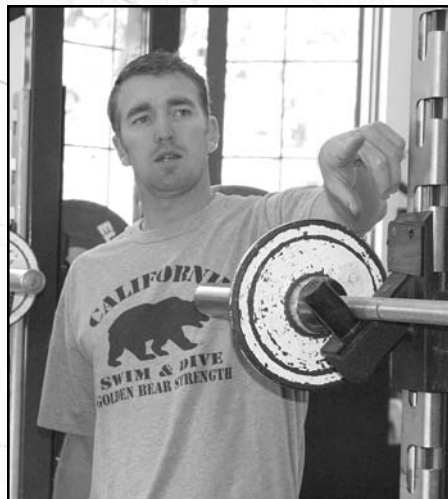
Davidson also worked as a head diving coach at the prep level, at North St. Paul High School in North St. Paul, Minn., (2004), Fairfield College Preparatory School in Fairfield, Conn., (2002-03) and Sacred Heart Academy in Hamden, Conn. (2002).

Davidson was a three-time All-American at Indiana, including being a four-time Big Ten Conference champion during his time in Bloomington, Ind. In 2001, he took third place on the one-meter springboard. He also won titles at the 2002 U.S. Senior National Championships, 2001 U.S. Indoor National Championships and 2001 U.S. Outdoor National Championships.

At the international level, Davidson competed in the 2001 World University Games and the 2001 Goodwill Games.

Davidson graduated from Indiana's Kelley School of Business with a bachelor's degree in management and a minor in history. He is currently pursuing his master's in management from Illinois State.

Head coach Tom Davidson enters his second season leading both the Cal men and women divers.



Nick FOLKER

**Strength and Conditioning Coach
Fourth Season**



Nick Folker enters his fourth season as Cal's strength and conditioning coach. A graduate of Hawaii (business degree), Folker brings unique experience after swimming under and

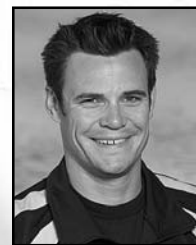
working with Rainbows coach Sam Freas. Folker, from Pietermaritzburg, South Africa, competed for South Africa in several world-class events such as the 2000 Olympic Games, 1999 World University Games, 2001 World Championships and 2001 Goodwill Games (World All-Star Team).

At Cal, Folker's duties include overseeing the team's weight and dryland programs.



David WALDEN

**Athletic Trainer
Third Season**



David Walden is in his third year of working with the California men's swimming and diving team, coordinating the medical care for the Golden Bears.

A 2003 graduate of UCLA, Walden earned a bachelor's degree in history and is currently studying for a master's degree in kinesiology from Cal State East Bay.

Walden, whose first year with the men's swim program was 2004-05, coached men's and women's swimming at both the high school and club levels.



2007-08 CAL SWIMMING & DIVING PROFILES



Cal



2007-08 GOLDEN BEAR PROFILES

Sree AKKINENI

6-2, 150, Fr., Individual Medley
Alpharetta, Ga.
Woodward Academy



HIGH SCHOOL SUCCESS

- Woodward Academy school record-holder in 200 IM and 100 breast
- Was an NISCA All-American
- High School team was Georgia state runner-up in 2004

- National Honor Society member

PERSONAL

- Parents are Anu and Chand Akkineni
- Undeclared major
- Born Feb. 27, 1988, in Dallas Texas

Martti ALJAND

6-1, 180, Fr., Individual Medley
Tallinn, Estonia
Kristiine High School



NATIONAL TEAM SUCCESS

- Member of Estonia National Team
- Placed sixth in the 100 IM and 10th in the 200 IM at the 2005 Short Course European Championships in Trieste, Italy

- Is a five-time Estonia national champion in the 200IM

PERSONAL

- Parents are Kaja and Riho Aljand
- Undeclared major with an interest in business
- Born Nov. 22, 1987 in Tallinn, Estonia



Martti Aljand

Matt BENOIT

6-0, 180, So., Breaststroke/Backstroke
Kent, Wash.
John F. Kennedy High School



CAL SUCCESS

- As a freshman had the team's fifth-best mark in the 100 breast (58.31)

HIGH SCHOOL SUCCESS

- Was the 2006 3A Washington state champion in the 100 back

- Team finished third in state of Washington in 2006
- Member of 2005 National Select Camp Team

PERSONAL

- Parents are Dan and Kalany Benoit
- Father Dan swam for Washington
- Undeclared major
- Born Sept. 20, 1987, in Seattle, Wash.

CAL CAREER BESTS

100 Breast	58.31
200 Breast	2:07.11
200 IM	1:54.40

Aaron CASEY

5-11, 160, So., Freestyle/Backstroke/
Individual Medley
Santa Monica, Calif.
Irvine High School



CAL SUCCESS

- Was eighth at the 2007 Pac-10 meet in the 400IM, eighth in the 200 back and 10th in the 500 free
- Had the team's second-best time in the 1,000 free (9:15.65)
- Had team's third-best marks in the 500 free (4:24.39) and 1,650 free (15:37.48)

HIGH SCHOOL SUCCESS

- Won the CIF Division I 100 backstroke title in 2005
- Competed at the 2006 Junior and Senior Nationals

PERSONAL

- Parents are Patrick and Lori Casey
- Undeclared major
- Born Sept. 9, 1988, in Grand Rapids, Mich.

CAL CAREER BESTS

500 Free	4:24.39
1000 Free	9:15.65
1650 Free	15:37.48
200 Back	1:45.82
200 IM	1:52.54
400 IM	3:50.66



Dominic Cathey

Dominic CATHEY

6-3, 191, Sr., Butterfly
Oakland, Calif.
Berkeley High School



CAL SUCCESS

- Placed 14th in the 200 fly and 19th in the 100 fly at the 2007 Pac-10 meet

HIGH SCHOOL SUCCESS

- Was Berkeley High School record-holder in the 100 fly (49.88) and

- 100 back (53.66)
- Swim team MVP from 2002-04
- Water polo league MVP in 2003

PERSONAL

- Mother is Vera Thompson
- Majoring in social welfare with a minor in African American studies
- Born Sept. 27, 1985, in Oakland, Calif.

CAL CAREER BESTS

100 Fly	48.70
200 Fly	1:49.46
200 IM	1:53.66



William COPELAND

6-4, 180, Sr., Sprint Freestyle
Lexington, Va.
Rockbridge County High School



2007 NCAA CHAMPIONSHIPS

- Earned All-America honors swimming the second leg of the Bears' sixth-place 200 free relay
- Was an honorable mention All-American, swimming the freestyle

leg of Cal's 200 medley relay that placed 15th

CAL SUCCESS

- On the Bears' 200 free, 400 free and 200 medley relays that placed second at the 2007 Pac-10 meet
- A 2006 All-American as a member of Cal's 200 medley (third), 200 free (third) and 400 free (fourth) relays
- Has the school's seventh-best all-time mark in the 100 free (42.97), set in 2006
- Has the school's 10th-best all-time mark in the 50 free (19.59), set in 2006
- 2006-07 second-team Pac-10 All-Academic

HIGH SCHOOL SUCCESS

- Was the Virginia state record-holder in the 50 (20.70) and 100 freestyle (45.32 yards, 51.47 meters)

PERSONAL

- Parents are Dr. David Copeland and Dr. Irene Townsend
- Majoring in sociology
- Born April 21, 1986, in Lexington, Va.

CAL CAREER BESTS

50 Free	19.59
100 Free	42.97
100 Fly	49.48
100 Back	48.98



William Copeland

Alex CUSHING

6-0, 170, Fr., Sprint Freestyle
Richmond, Calif.
Saint Mary's High School



CAL SUCCESS

- Redshirted during the 2006-07 season

HIGH SCHOOL SUCCESS

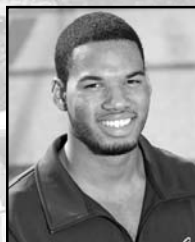
- Saint Mary's High School MVP from 2002-06
- 2006 Western Zone All-Star

PERSONAL

- Parents are Don and Stephanie Cushing
- Mother, Stephanie, is a former Cal swimmer from 1976-78
- Undeclared major
- Born June 26, 1988, in Berkeley, Calif.

Josh DANIELS

6-0, 192, Fr., Freestyle
Fresno, Calif.
Clovis West High School



CAL SUCCESS

- Redshirted during the 2006-07 season

HIGH SCHOOL SUCCESS

- Broke the Clovis Invite meet record in the 100 free
- Three-time high school team MVP

- Led team to four-straight CIF and league titles
- Competed in water polo

PERSONAL

- Parents are Lynn and Monica Daniels
- Undeclared major
- Born June 18, 1988, in Madera, Calif.

Damir DUGONJIC

6-6, 211, Fr., Breaststroke
Ravne na Koroskern, Slovenia
Gimnazija Ravne



INTERNATIONAL SUCCESS

- Placed second for Slovenia at the 2006 European Junior Championships in the 50-meter breast
- Owns bests of 27.45 short course and 28.65

long course in the 50-meter breast

- Owns bests of 1:00.03 short course and 1:03.65 long course in the 100-meter breast

PERSONAL

- Parents are Rifet and Fazila Dugonjic
- Undeclared major
- Born Feb. 21, 1988, in Slovenj Gradec, Slovenia



Damir Dugonjic

Eric DUNIPACE

6-3, 183, Sr., Freestyle/Backstroke
Castro Valley, Calif.
Bishop O'Dowd High School



CAL SUCCESS

- Has qualified for the 2008 Olympic Trials with a time of 23.22 in the 50-meter free
- Three-time first-team Pac-10 All-Academic selection (2004-05, 2005-06, 2006-07)

- Redshirted during the 2003-04 season

HIGH SCHOOL SUCCESS

- Earned All-America honors as a member of Bishop O'Dowd High School's 200 and 400 free relays



Eric Dunipace

- School record-holder in the 100-back (54.21)
- Two-time scholastic All-American

PERSONAL

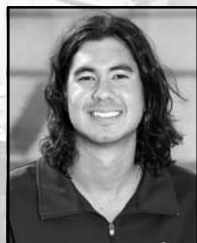
- Parents are Eric and Paula Dunipace
- Majoring in molecular and cell biology (immunology)
- Born Jan. 14, 1985, in Castro Valley, Calif.

CAL CAREER BESTS

50 Free	20.78
100 Free	46.52
200 Free	1:48.63
100 Back	51.90
200 Back	2:06.26
200 IM	2:06.50

Mark ECKERT

6-2, 180, Sr., Backstroke/Individual Medley
Honolulu, Hawaii
Iolani High School



2007 NCAA CHAMPIONSHIPS

- Earned honorable mention All-America honors, placing 11th in the 400 IM and 12th in the 200 back

CAL SUCCESS

- Placed second in 200 back, third in the 400 IM and fourth in the 200 IM at the 2007 Pac-10 Championships
- Has the school's third-best all-time mark in the 400 IM (3:46.63), set in 2007
- Has the school's fifth-best all-time mark in the 200 back (1:43.40), set in 2007
- Has the school's seventh-best all-time mark in the 200 IM (1:46.61), set in 2007
- Has the school's ninth-best all-time mark in the 100 back (47.99), set in 2007
- As a freshman in 2004-05 was an honorable mention All-American, placing 13th in the 200 back

HIGH SCHOOL SUCCESS

- Hawaii High School Swimmer of the Year in 2002 and 2004
- Helped Iolani High School to the 2002 and 2004 state titles
- A High School All-American, winning 2004 state titles in the 100 back and 200 IM
- Holds his high school's records in the 100 back (49.70), 200 free (1:39.08) and 500 free (4:28.29)

PERSONAL

- Parents are Mark and Kyong Eckert
- Majoring in legal studies
- Born on July 24, 1986, in Seoul, South Korea

CAL CAREER BESTS

100 Back	47.99
200 Back	1:43.40
100 Breast	57.24
200 Breast	2:03.74
200 IM	1:46.61
400 IM	3:46.63

Nick FERRIF

6-0, 175, Fr., Breaststroke
Lafayette, Calif.
Acalanes High School



HIGH SCHOOL SUCCESS

- Was a High School All-American at Acalanes High School from 2004-07
- Was named 2007 team MVP and Acalanes High School Most Valuable

Senior Athlete

- Is the North Coast Section record-holder in the 100 breast with a time of 55.90
- Was a two-time All-American, All-North Coast Section and first-team all-league selection in water polo

PERSONAL

- Parents are Adam and Angela Ferrif
- Is redshirting this season as a member Cal's men's water polo team
- Brother, Mike, is a junior on the Cal men's water polo team
- Undeclared major
- Born Feb. 20, 1989, in San Francisco, Calif.

Kameron FLORES-MAXFIELD

5-10, 157, Fr., Breaststroke/Individual Medley
Atherton, Calif.
Sacred Heart Prep



HIGH SCHOOL SUCCESS

- Named Pacific Swimming Male Swimmer of the Year from 2000-07
- Was a six-time High School All-American
- Was a four-time member of the Pacific

Swimming All-Star Team

- Holds Sacred Heart school-record in the 100 fly (51.58)
- Was on school-record 200 medley, and 200 and 400 free relays
- Helped Sacred Heart Prep to a second-place Central Coast Section finish in 2007
- Was a three-time MVP at Sacred Heart Prep

PERSONAL

- Parents are Kirk Maxfield and Jasmin Flores
- Mother, Jasmin, got her PhD. From Cal's School of Public Health in 1996
- Undeclared major with an interest in business
- Born Jan. 12, 1990, in San Francisco, Calif.

Andrew GODBE

6-1, 167, Fr., Individual Medley/ Breaststroke
Mission Viejo, Calif.
Mission Viejo High School



HIGH SCHOOL SUCCESS

- Was a 17-time high school All-American at Mission Viejo High School
- Only high school swimmer in Southern California to qualify for the CIF Championships in

all events in both 2006 and 2007

- Was a two-time team MVP (2006 and 2007)

PERSONAL

- Parents are Douglas and Patricia Godbe
- Grandfather, Norman Godbe, graduated from Cal in 1951
- Undeclared major with an interest in film
- Born Oct. 3, 1988, in Fullerton, Calif.

Jernej GODEC

6-2, 190, Sr., Freestyle/Butterfly/ Backstroke
Ljubljana, Slovenia
Gimnazija Ledina



2007 NCAA CHAMPIONSHIPS

- Earned All-America honors swimming the third leg of Cal's sixth-place 200 free relay
- Was an honorable mention All-American, placing 12th in the 100 fly

and swimming the butterfly legs of the Bears' 400 medley relay (10th) and 200 medley relay (15th)



Jernej Godec

CAL SUCCESS

- Placed second in the 50 free at the 2007 Pac-10 Championships
- Was a member of the Bears' 200 free (second leg), 400 free (third leg) and 200 medley (butterfly leg) that placed second at the 2007 Pac-10 Championships
- Has the school's third-best all-time mark in the 100 fly (46.32), set in 2006
- Has the school's seventh-best all-time mark in the 50 free (19.52), set in 2007
- Was a 2005 All-American after swimming the prelims of Cal's NCAA champion 200 medley relay and fifth-place 400 medley relay
- 2006-07 first-team Pac-10 All-Academic

INTERNATIONAL SUCCESS

- Placed 12th in the 50-meter free (22.39) and 50-meter butterfly (23.74) at the 2007 World Championships
- Finished ninth in the 50-meter butterfly, 11th in the 50-meter free and 14th in the 100-meter butterfly at the 2006 European Championships.
- Placed third in the 50-meter free (22.71) at the 2005 Mediterranean Games
- Anchored Slovenia's 400 medley relay (sixth in heat) at the 2004 Athens Olympics
- Competed at the 2003 World Championships and the 2003 and 2004 European Junior Championships

PERSONAL

- Parents are Matjaz and Valerija Godec
- Majoring in molecular and cell biology (immunology)
- Born Jan. 16, 1986, in Ljubljana, Slovenia

CAL CAREER BESTS

Short Course Yards

50 Free	19.52
100 Free	44.13
100 Fly	46.32
200 Fly	1:50.84
100 Back	48.19
200 Back	1:45.53

Long Course Meters

50 Free	22.39
100 Free	50.51
50 Fly	23.74
100 Fly	53.87



Richard Hunter

Jimmy HENSON

6-5, 195, Fr., Freestyle
Mount Shasta, Calif.
Mount Shasta High School



CAL SUCCESS

Redshirted during the 2006-07 season

HIGH SCHOOL SUCCESS

- Was selected 2006 NSCIF Male Swimmer of the Year
- Was the 2006 section champion in the 50 and 100 free
- Named to the 2006 NSCIF section All-Academic Team
- Was the 2006 Mount Shasta High School Scholar Athlete of the Year

PERSONAL

- Parents are Steven and Donna Henson
- Used to travel 60 miles a day to train with the Redding (Calif.) Swim Team
- Undeclared major
- Born Sept. 14, 1987, in Mount Shasta, Calif.

Richard HUNTER

6-2, 175, Sr., Breaststroke
Mission Viejo, Calif.
Trabuco Hills High School



2007 NCAA CHAMPIONSHIPS

• Earned honorable mention All-America honors swimming the breaststroke leg of the Bears' 200 medley relay that placed 15th

CAL SUCCESS

- Swam the breaststroke leg of the Bears' 200 medley relay that placed second at the 2007 Pac-10 meet
- Placed seventh at the 2007 Pac-10 meet in the 100 breast with a career-best 54.90
- 2006-07 first-team Pac-10 All-Academic
- 2006-07 Academic All-American

HIGH SCHOOL SUCCESS

- Was a two-time (2003-04) High School All-American in the breaststroke
- Was the Trabuco Hills High School record-holder in the 100 breast with a time of 57.91

PERSONAL

- Parents are Jerry and Ruby Hunter
- Majoring in history
- Born April 28, 1986, in Davenport, Iowa

CAL CAREER BESTS

50 Free	21.01
100 Breast	54.90
200 Breast	2:03.01
200 IM	1:53.65



Michael Jafari

Michael JAFARI

5-11, 170, Sr., Freestyle
Glendora, Calif.
Glendora High School



CAL SUCCESS

- Placed 11th in the 1650 free at the 2007 Pac-10 Championships
- Swam a career-best 15:14.12 in the 1650 free in the 2005 Pac-10 Championships
- Competed in the 500 and

1650 free at the 2005 NCAA Championships

- 2006-07 Academic All-American
- 2006-07 second-team Pac-10 All-Academic

HIGH SCHOOL SUCCESS

- Had a best of 9:10.05 in the 1000 free at Glendora High School

PERSONAL

- Parents are Davar and Beverly Jafari
- Majoring in Middle Eastern studies
- Is taking medical school prerequisite classes
- Born Feb. 1, 1986, in Glendora, Calif.

CAL CAREER BESTS

200 Free	1:41.08
500 Free	4:27.07
1000 Free	9:09.92
1650 Free	15:14.12
400 IM	4:03.48



Ian LENTZ

6-2, 176, Jr., Butterfly/Individual Medley

Petaluma, Calif.

Casa Grande High School



CAL SUCCESS

- Placed ninth in the 200 IM, and 11th in the 400 IM and 200 butterfly at the 2007 Pac-10 Championships

HIGH SCHOOL SUCCESS

- Was a three-time High

School All-American

- Captured the 100 back (51.28) and 200 IM (1:50.95) at 2005 North Coast Section Championships
- 2006-07 second-team Pac-10 All-Academic

PERSONAL

- Parents are Ted and Sue Lentz
- Brother, Graham, swam for Cal from 2003-06
- Majoring in psychology
- Born Sept. 23, 1986, in Plymouth, Minn.

CAL CAREER BESTS

1000 Free	9:27.05
1650 Free	16:59.00
100 Fly	48.79
200 Fly	1:48.19
100 Breast	59.05
200 Breast	2:06.52
200 IM	1:48.65
400 IM	3:54.80



Ian Lentz



Sean MAHONEY

6-0, 200, So., Breaststroke

Rio Vista, Calif.

West Virginia



COLLEGE SUCCESS

- As a freshman set the West Virginia University school record in the 200 breast with a time of 1:57.75
- Helped West Virginia to the 2007 Big East Conference title

HIGH SCHOOL SUCCESS

- At Rio Vista High School was a four-time High School All-American
- Member of the 2005 Junior National Team
- Placed 13th in the 200 breast at the 2004 Olympic Trials
- Held national age group records (11-12, 13-14) in the 200 breast and was .06 off the 17-18 200 breast long course national record (2:13.55)

PERSONAL

- Parents are Dan and Christine Mahoney
- Undeclared major
- Born Aug. 12, 1988, in Lodi, Calif.

Dominik MEICHTRY

6-0, 160, Sr., Freestyle

Rorschacherberg, Switzerland

Deutsche Schule, Johannesburg, South Africa



2007 NCAA CHAMPIONSHIPS

- Was the NCAA runner-up in the 200 free with a time of 1:33.45
- Swam the lead-off leg of the Bears' 800 free relay that placed seventh at the NCAA meet

CAL SUCCESS

- Was the 2007 Pac-10 Champion in the 200 free
- Was the January, 2007 Pac-10 Swimmer of the Month
- Placed third in the 200 free and eighth in the 500 free at the 2006 NCAA Championships
- Named 2005 Pac-10 Newcomer of the Year
- Member of Bears' 800 free relay that placed seventh at the 2005 NCAA Championships
- Has the school's second-best all-time mark in the 200 free (1:33.45), set in 2007
- Has the school's second-best all-time mark in the 500 free (4:15.89), set in 2006
- Owns Spieker Aquatics Complex record in 200 free (1:34.51), set Feb. 10, 2007 vs. Stanford
- Swam lead-off leg of school-record 800 free relay (6:21.02), set in 2006

INTERNATIONAL SUCCESS

- At 2007 World Championships placed 11th in the 200-meter free (1:48.54), and 13th in the 100-meter free (49.27)

- At 2006 European Championships placed 11th in the 200-meter free (1:49.91)
- Placed 15th in the 200-meter free (1:49.97) at the 2005 World Championships
- Competed for Switzerland at the 2004 Athens Olympics, placing seventh in the semifinals of the 200-meter free (1:50.02)
- Earned silver in the 200-meter free (1:46.57) at the 2004 World Cup in Durban, South Africa

PERSONAL

- Parents are Richard and Yvonne Meichtry
- Majoring in interdisciplinary studies
- Born Nov. 18, 1984, in St. Gallen, Switzerland

CAL CAREER BESTS

200 Free	1:33.45
500 Free	4:15.89
1000 Free	9:04.43

Graeme MOORE

6-5, 194, Fr., Freestyle/Backstroke

Johannesburg, South Africa

Reddam House High School



HIGH SCHOOL SUCCESS

- Was a member of the South African team that travel to the 2006 Junior World Swimming Championships in Rio de Janeiro, Brazil

PERSONAL

- Parents are Michael and Laetitia Moore
- Undeclared major
- Born Jan. 28, 1989, in Johannesburg, South Africa

Troy NISSEN

5-11, 180, So., Breaststroke

Sacramento, Calif.

Rio Americano High School



CAL SUCCESS

- In 2006-07 had the Bears' third-best time in the 100 breast (57.20) and fourth-best time in the 200 breast (2:03.75)

HIGH SCHOOL SUCCESS

- Was a three-time high

- school section champion in the 100 breast
- Captured the bonus final of the 200 breast at the 2005 U.S. Nationals with a time of 2:19.44
- Holds the Rio Americano High School record in the 100 breast (56.64) and 200 IM (1:53.00)
- Is a 2008 Olympic Trials qualifier in the 200 breast

PERSONAL

- Parents are Chris and Karen Nissen
- Father, Chris, swam at Wyoming
- Majoring in Scandinavian studies with an emphasis in Danish
- Born May 24, 1988, in Sacramento, Calif.



Troy Nissen

CAL CAREER BESTS

100 Breast	57.20
200 Breast	2:03.75
200 IM	1:54.66

Justin POLLARD

6-3, 200, Sr., Butterfly/Freestyle
San Jose, Calif.
Bellarmine College Prep



CAL SUCCESS

- Placed sixth in the 200 fly at the 2007 Pac-10 Championships
- Owned the team's second-best time in the 200 fly (1:46.53) behind national champion Patrick O'Neil

- First-team Pac-10 All-Academic in 2005-06 and 2006-07
- Named the team's Most Improved during the 2006-07 season
- Recipient of the Alumni Leadership Scholarship for 2006-07 and 2007-08
- Recipient of the Golden Bear Award for the highest GPA on the team in 2005-06 and 2006-07

HIGH SCHOOL SUCCESS

- Helped Bellarmine College Prep to an undefeated dual meet record and four-straight Central Coast Section titles
- Won the Central Coast Section 50 free in 2004
- Top high school marks included 21.28 in the 50 free, 46.58 in the 100 free, 1:40.79 in the 200 free, 50.71 in the 100 fly and 1:51.13 in the 200 fly

PERSONAL

- Parents are Don and Kathy Pollard
- Majoring in economics
- Born May 14, 1986, in San Jose, Calif.

CAL CAREER BESTS

100 Fly	49.05
200 Fly	1:46.53
200 Free	1:39.31
500 Free	4:30.60

Dash ROTHBERG

6-4, 190, Jr., Freestyle/Backstroke
Walnut Creek, Calif.
Bentley High School



CAL SUCCESS

Redshirted during the 2006-07 season
 Named team's best recruiter for the 2006-07 season
 As a freshman in 2004-05 had the team's sixth-best time in the 100 back (50.40)

INTERNATIONAL SUCCESS

Won the gold medal in the 50-meter free (23.60), and the bronze medal in the 100-meter back (58.30), at the 2005 Maccabiah Games in Israel

HIGH SCHOOL SUCCESS

A four-time High School All-American
 Named 2004 *Contra Costa Times* Swimmer of the Year
 • Was a two-time North Coast Section champion in the 100 back and 50 free
 • Top high school mark included 1:01.30 in the 100-meter back
 • Placed 11th in the 50-meter free (24.27) at the 2005 Junior Nationals

PERSONAL

- Parents are Mitchell and Suzanne Rothberg
- Majoring in interdisciplinary studies
- Born on Dec. 29, 1986, in Los Angeles, Calif.

CAL CAREER BESTS

50 Free	20.55
100 Back	50.40
100 Free	46.44

David RUSSELL

6-4, 190, Jr., Backstroke
Wellesley, Mass.
Wellesley High School



2007 NCAA CHAMPIONSHIPS

- Was an honorable mention All-American, placing ninth in the 200 back, and swimming the backstroke leg of the Bears' 400 (10th) and 200 medley (15th) relays

CAL SUCCESS

- 2007 Pac-10 champion in the 100 back
- Swam the backstroke leg on Cal's second-place 200 medley relay at the 2007 Pac-10 Championships
- Has the school's second-best all-time mark in the 200 back (1:41.81), set in 2007

- Has the school's third-best all-time mark in the 100 back (46.70), set in 2006
- Was a 2006 honorable mention All-American, swimming the backstroke leg of the Bears' 400 medley relay that placed 10th at the NCAA Championships

HIGH SCHOOL/NATIONAL SUCCESS

- At the 2005 U.S. Nationals placed 16th in the 200-meter back (2:06.09) and 17th in the 100 back (56.72)
- At the 2005 U.S. World Championships Trials placed 16th in the 200-meter back (2:06.88) and 23rd in the 100 back (58.19)
- Runner-up in both the 200-meter back (2:02.65) and the 100-meter back (57.06) at the 2004 U.S. Nationals
- Placed second in the 200-meter back (2:04.82) at the 2004 U.S. Open Championships

PERSONAL

- Parents are Dave and Nanci Russell
- Majoring in economics
- Born Sept. 18, 1986, in Wellesley, Mass.

CAL CAREER BESTS

100 Back	46.61
200 Back	1:41.81
100 Fly	49.02
200 IM	1:51.55

Matt SCANLAN

6-3, 195, Jr., Butterfly/Individual Medley/Backstroke
Bakersfield, Calif.
Stockdale High School



CAL SUCCESS

- 2006-07 first-team Pac-10 All-Academic
- Placed seventh in the 200 fly at the 2007 Pac-10 Championships
- Redshirted during the 2005-06 season

HIGH SCHOOL SUCCESS

- At Stockdale High School was a six-time High School All-American
- At the 2005 U.S. World Championship Trials was 31st in the 200 fly (2:06.26), 28th in the 100 fly (56.34) and 27th in the 200 back (2:09.64)
- At the 2004 U.S. Nationals placed fourth in the 200-meter back (2:05.09) and fifth in 100 fly (54.81)

PERSONAL

- Parents are Bill and Liz Scanlan
- Majoring in political science
- Born June 13, 1987 Bakersfield, Calif.

CAL CAREER BESTS

100 Fly	48.75
200 Fly	1:47.05
200 IM	1:50.80

Daniel SMITH

6-5, 195, Fr., Freestyle/Backstroke
Sacramento, Calif.
Jesuit High School



HIGH SCHOOL SUCCESS

- At Jesuit High School was a seven-time High School All-American
- Set his high school's record in the 100 back in 2006 with a time of 51.57
- Helped his school to

section titles in 2005 and 2007

PERSONAL

- Parents are Stephen and Lisa Smith
- Mother, Lisa, and grandfather (James) and grandmother (Barbara) attended Cal
- Undeclared major
- Born Sept. 19, 1988 in Sacramento, Calif.

Scott SORGE

6-5, 200, So., Freestyle
Mission Viejo, Calif.
Mission Viejo High School



CAL SUCCESS

- Had the team's sixth-best time in the 200 free (1:42.75) during the 2006-07 season
- Swam a personal best 20.81 in the 50 free versus Stanford in 2007

HIGH SCHOOL SUCCESS

- Named 2006 Scholar-Athlete of the Year at Mission Viejo High School
- Was a High School All-American and USA Swimming Scholar-Athlete
- Was a member of the USA Swimming Junior National Team in 2005
- Was a national qualifier in the 100 freestyle in 2006



Louis Vayo

PERSONAL

- Parents are Rob and Corinne Sorge
- Majoring in public health
- Born Nov. 20, 1987, in Marietta, Ga.

CAL CAREER BESTS

50 Free	20.81
100 Free	46.09
200 Free	1:42.75

Louis VAYO

6-0, 175, Sr., Backstroke/Individual
Medley/Freestyle
Placentia, Calif.
Troy High School



2007 NCAA CHAMPIONSHIPS

- Earned All-America honors swimming the second leg of the Bears' 800 free relay that placed seventh at the 2007 NCAA Championships
- Was honorable mention

All-American, placing 16th in the 200 IM

CAL SUCCESS

- Anchored Cal's 800 free relay that placed third at the 2007 Pac-10 Championships
- Placed sixth in the 400 IM at the 2007 Pac-10 Championships
- Was a 2007 Academic All-American and first-team Pac-10 All-Academic selection
- Was a 2006 honorable mention All-American, swimming the final leg of the Bears' 800 free relay that placed ninth at the NCAA Championships, and was 15th in the 200 back
- 2006 Honorable Mention Academic All-American
- Swam the third leg of school-record 800 free relay (6:21.02), set in 2006
- Has the school's fifth-best all-time mark in the 200 IM (1:45.82), set in 2007
- Has the school's fifth-best all-time mark in the 400 IM (3:48.54), set in 2005
- Has the school's eighth-best all-time mark in the 200 back (1:44.31), set in 2007

NATIONAL/HIGH SCHOOL SUCCESS

- At the 2005 U.S. Nationals placed ninth in the 200-meter back (2:01.79), ninth in the 400-meter IM (4:25.70), 18th in the 200-meter IM (2:05.87) and 24th in the 200-meter free (1:51.96)
- At the 2004 U.S. Olympic Trials finished 11th in the 200-meter back (2:02.83), 31st in the 200-meter IM (2:06.93), 35th in the 100-meter back (58.61) and 45th in the 200-meter free (1:53.41)

PERSONAL

- Parents are Louis and Sunshine Vayo
- Majoring in economics
- Born Nov. 9, 1985, in San Diego, Calif.

CAL CAREER BESTS

200 Free	1:37.07
500 Free	4:23.71
100 Back	49.77
200 Back	1:44.31
200 IM	1:45.82
400 IM	3:48.54



Joe Whittington

Joe WHITTINGTON

6-3, 152, Sr., Freestyle
Bakersfield, Calif.
Garces Memorial High School



2007 NCAA CHAMPIONSHIPS

- Earned All-America honors swimming the final leg of the Bears' 200 free relay that placed sixth at the 2007 NCAA Championships

CAL SUCCESS

- Swam the anchor leg of the Bears' 200 free relay that placed second at the 2007 Pac-10 Championships

HIGH SCHOOL/NATIONAL SUCCESS

- At Garces Memorial High School was the 2004 national champion in the 50 free with a time of 20.17
- At the 2004 U.S. Olympic Trials placed 26th in the 50-meter free (23.44)
- At the 2005 U.S. National Championships placed 12th in the 50-meter free (23.48) and 24th in the 100 free (52.00)
- At the 2005 U.S. World Championship Trials placed 16th in the 50-meter free (23.76)

PERSONAL

- Parents are Michael and Catherine Whittington
- Majoring in interdisciplinary studies
- Born June 30, 1986, in Bakersfield, Calif.

CAL CAREER BESTS

50 Free	19.81
100 Free	44.07

DIVERS

Taylor DEHN

5-10, 150, Fr.
Mission Viejo, Calif.
Mission Viejo High School



HIGH SCHOOL SUCCESS

- Was a High School All-American at Mission Viejo High School
- Was both a Senior and Junior National Qualifier in 2007

PERSONAL

- Parents are Michael and Kelly Dehn
- Father, Michael, was a diver at Yale
- Majoring in mechanical engineering
- Born Apr. 13, 1989, in Delray Beach, Fla.

Sam HELVIE

5-5, 135, Jr.
Bakersfield, Calif.
Garces Memorial High School



2007 NCAA CHAMPIONSHIPS

- Was an honorable mention All-American, placing 12th in the one-meter springboard
- Placed 18th in the platform and 19th in the three-meter competition at the 2007 NCAA Championships

CAL SUCCESS

- Is the Cal school record-holder in the one-meter (375.92, set in 2006), three-meter (381.15, set in 2007) and platform (279.90, set in 2007) competitions
- At the 2007 Zone E Championships placed sixth in the one-meter, ninth in the platform and 11th in the three-meter competitions
- Placed fifth in the three-meter, seventh in the one-meter and eighth in the platform at the 2007 Pac-10 Championships
- Was the January, 2007 Pac-10 Diver of the Month
- 2007 second-team Pac-10 All-Academic
- Placed fourth at the 2006 Pac-10 Championships and ninth at the Zone E Championships in the platform diving

HIGH SCHOOL/NATIONAL SUCCESS

- Was one of the nation's top high school diving recruits out of Garces Memorial High School
- Placed fourth on the one-meter board (583.40) at the 2005 Senior Zone D regional final
- Placed third on both the one-meter (467.750) and three-meter (455.400) springboards at the 2005 U.S. Summer Junior Region 10 Championships

- At the 2005 West National Junior Olympic Championships, placed 18th on the one-meter board (406.60), 26th on the three-meter board (403.60) and 26th on the platform (304.60)

PERSONAL

- Parents are Richard and Becky Helvie
- Majoring in psychology
- Born Mar. 11, 1987, in Bakersfield, Calif.

CAL CAREER BESTS

One-Meter	375.92
Three-meters	381.15
Platform	279.90

Thomas HENNINGER

5-8, 150, Fr.
Glenside, Pa.
Germantown Academy



HIGH SCHOOL SUCCESS

- Was a three-time High School All-American
- Was a three-time Eastern Interscholastic Diving Champion from 2005-07
- Helped Germantown Academy to Eastern Interscholastic team titles in 2005 and 2006

- Was a Junior Olympic National Qualifier in 2006 and 2007
- Holds Germantown Academy one-meter records with a 360 for six dives and a 560 for 11 dives

PERSONAL

- Parents are Tom and Melinda Henninger
- Undeclared major
- Born Dec. 8, 1988, in Glenside, Pa.

Brian LAWLER

6-0, 150, Jr.
San Luis Obispo, Calif.
Boston University



COLLEGE SUCCESS

- Was outstanding as a freshman at Boston University, winning the America East title in three-meters (538.55), and placing second in the one-meter (296.20)
- Was named 2006 America East Conference Most Outstanding Diver

- Holds Boston University records for 12 dives in the one-meter (580.35), and both six dives (382.50) and 12 dives (550.90) the three-meter

HIGH SCHOOL SUCCESS

- Attended Laguna Hills High School and competed for the Mission Viejo Nadadores Diving team
- Was a member of the 2002 U.S. Diving Junior World Team

PERSONAL

- Parents are James and Linda Lawler
- Majoring in American studies
- Born Apr. 1, 1987, in San Luis Obispo, Calif.



Cal's 2007-08 men's diving squad (from left to right): Taylor Dehn, Brian Lawler, Thomas Henninger, and Sam Helvie.