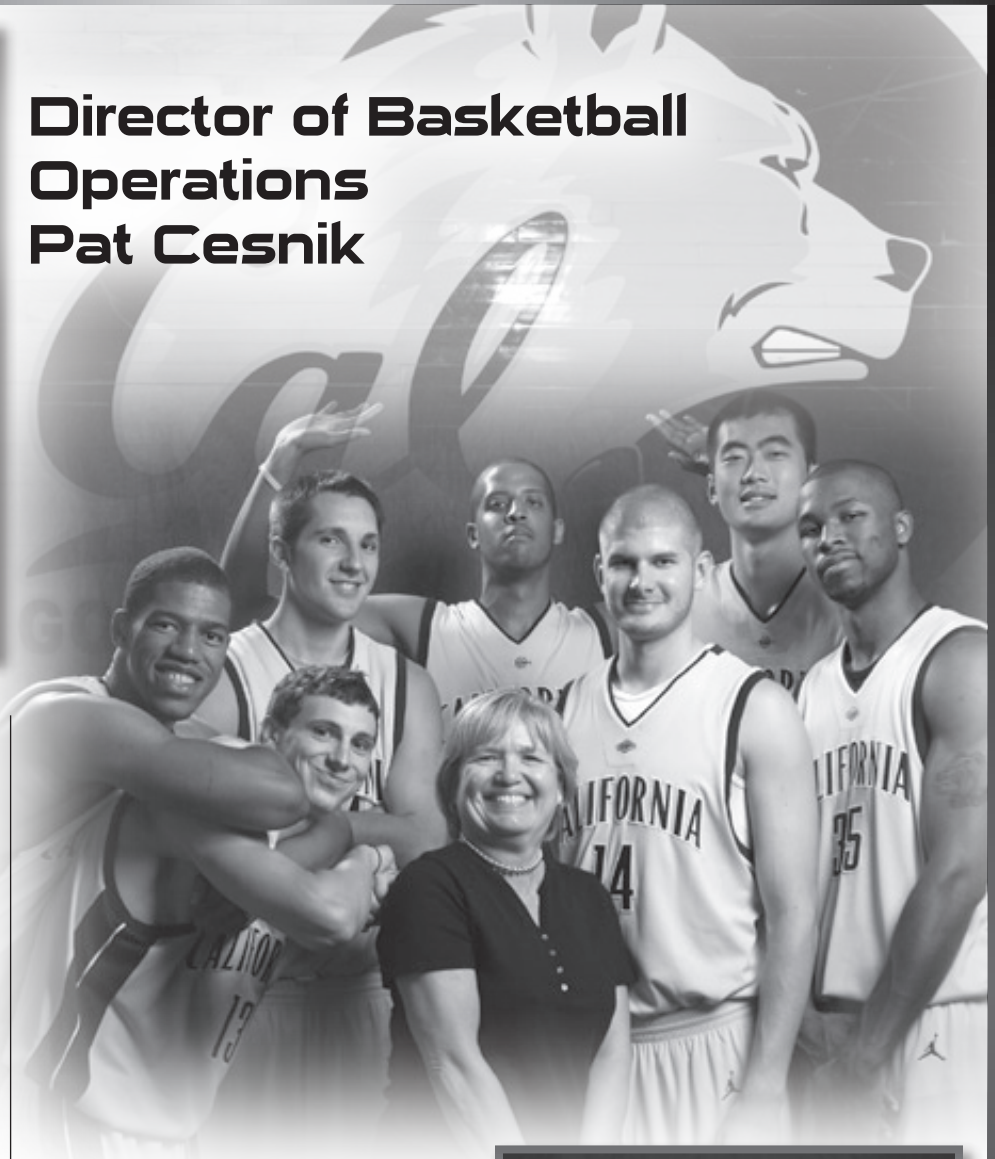




Director of Basketball Operations Pat Cesnik

Pat Cesnik is in her eighth year as director of basketball operations with the Cal program. She is responsible for all aspects of basketball administration. Her duties include coordinating team travel, game day management, assisting with special events, acting as a liaison with opponents, budgetary support, administrative support to the coaching staff and summer camp administration.

Cesnik and her husband, George, have two children, Julia, who was a member of the Cal women's water polo team from 1999-2002, and Adam.



Assistant Director of Operations Derrick Wrobel

Derrick Wrobel is entering his second season as assistant director of basketball operations. His duties include scheduling, coordinating team travel, managing part-time staff, overseeing the recruiting database and assisting with special events. Wrobel also coordinates and directs the Golden Bear Summer Basketball Camp for Boys.

Prior to moving to Berkeley, Wrobel served as director of basketball operations at Arizona State for four years. While at ASU, Wrobel was in charge of all day-to-day operations of the men's basketball program. He previously was a student manager under Rob Evans, first at Ole Miss, then at Arizona State. While at Ole Miss, Wrobel was a part of an SEC championship

team and NCAA Tournament participant.

During parts of three summers, Wrobel spent time working for the Dallas Mavericks, where he was heavily involved with the Global Games, working closely with president of basketball operations Donnie Nelson.

Wrobel earned his bachelor's degree in broadcasting with a minor in history from Arizona State in the fall of 2001. He and his wife, Michelle, reside in the East Bay.





Academic Advisor Courtney Dolder

Courtney Dolder serves as the academic advisor to the men's basketball team, helping the players understand and comply with University and NCAA rules and guidelines. She assists team members in choosing courses and majors, developing time-management skills and making a successful transition from high school.

A former Cal student-athlete, Dolder was a member of the Golden Bear field hockey team from 1993-96. She later served as head manager of the football team, becoming the first fe-

male to hold that position at a Pac-10 school.

Dolder earned her bachelor's degree in interdisciplinary studies in 1997 and a master's degree in education in the Athletes and Academic Achievement Program in 1999 – both from Cal. In addition to her work with men's basketball, she also advises field hockey and men's and women's soccer student-athletes.

Dolder, her husband, Scott, and son, Brady, reside in Concord.

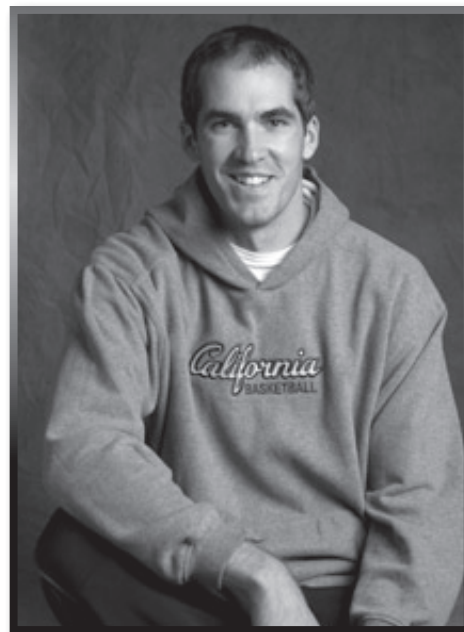
Video Coordinator Eric Eisenhard

Eric Eisenhard is in his first season as Cal's video coordinator, where he is involved in game preparation, self scouting, breaking down game film and other administrative duties. Eisenhard moves into his new role after serving as a student assistant for the Golden Bears during the 2006-07 season, when he assisted with phases throughout the program, including player workouts, practice and gameday administration, video operations and film exchange.

Eisenhard earned a B.S. in education in 2002 from Cortland State University in New York, where he played four years of collegiate basketball, including two years as team captain. Dur-

ing Eisenhard's tenure, the Red Dragons made two trips to the Division III Sweet 16 and were ranked in the top 10 nationally for three consecutive years. Prior to joining the men's basketball staff at Cal, he worked at Bishop Union High (CA) from 2003-06 as a teacher and assistant coach for boys' varsity basketball. In 2005-06, Eisenhard ran the Bishop Union Elementary Community School, which serves at-risk students.

Eisenhard earned an M.A. in education from Cal in 2007.



Student Assistant Coach Alex Pribble

Alex Pribble, who joins the Golden Bear coaching staff for the 2007-08 season as a student assistant, will apply the same savvy that led the former guard to a respected four-year career as a student-athlete prior to receiving his B.A. in sociology in May 2007.

Ending his playing career as a starter for the Bears, Pribble received the Outstanding Student-Athlete award as a senior and was an All-Pac-10 Academic honoree three times and a first-team selection twice, in 2006 and 2007.

After making the Cal team as a walk-on his

freshman and sophomore years, Pribble was awarded a scholarship his junior year. He also represented the United States at the inaugural Maccabi Australia International Games in July 2006. His highlights as a player included pulling down seven rebounds, dishing out five assists and scoring three points to help Ben Braun notch his 500th career win on Nov. 21, 2005, against Long Beach State. He also nabbed four steals his senior year in a game against USC.

Pribble is pursuing a master's degree in education at the University.





Equipment Manager Eric Howitt

Eric Howitt is in his fifth season as equipment manager for the Cal men's basketball team.

Howitt, who also works with the Golden Bear baseball, water polo and women's soccer squads, came to Cal after serving as an assistant equipment manager at UCLA, where he worked with the football, men's tennis, rowing and women's golf programs.

A 1999 graduate of Oregon State with a degree in forestry recreation resources, Howitt worked with the OSU equipment staff from

1996-2001. He later served as an assistant equipment manager at Florida Atlantic in 2001 and at Cincinnati from 2001-02.

Howitt and his wife, Karen, have a son, Aaron, and reside the East Bay.

Assistant Athletic Director, Media Relations Herb Benenson

Herb Benenson, now in his 18th year with the Cal Athletic Department, serves as Assistant Athletic Director for Media Relations and oversees all publicity for the men's basketball team.

Benenson has worked with the program since the 1993-94 season, been a part of nine teams that have advanced to the postseason and overseen publicity efforts for such All-Americans as Jason Kidd, Lamond Murray, Shareef Abdur-Rahim, Ed Gray, Sean Lampley and Leon Powe. In addition to his duties with men's basketball, he also edits the *Cal Sports Quarterly* magazine and supervises the entire Cal media relations staff.

Benenson began his career as a student assistant at the University of Texas and served as a graduate assistant in the women's sports information office at Tennessee from 1985-88. After a brief stint in the hotel industry, he moved to Berkeley in 1990 and has held the title of assistant AD since 2002.

Benenson earned his bachelor's degree in journalism from Texas in 1985 and an MBA from Tennessee in 1988. He and his wife, Heidi, have a daughter, Jenna, and reside in Walnut Creek.



**Student Assistant
Mike Lenahan**
San Clemente, CA
Freshman
Undeclared Major



**Student Assistant
Ronnie Nessman**
San Jose, CA
Junior
Political Science



**Student Assistant
Sam Rayburn**
Portland, OR
Senior
Political Science



Head Strength & Conditioning Coach Mike Blasquez

90
ON GRIP
DEN BEARS

Mike Blasquez is in his sixth year overseeing the strength & conditioning program for the Golden Bear men's basketball team.

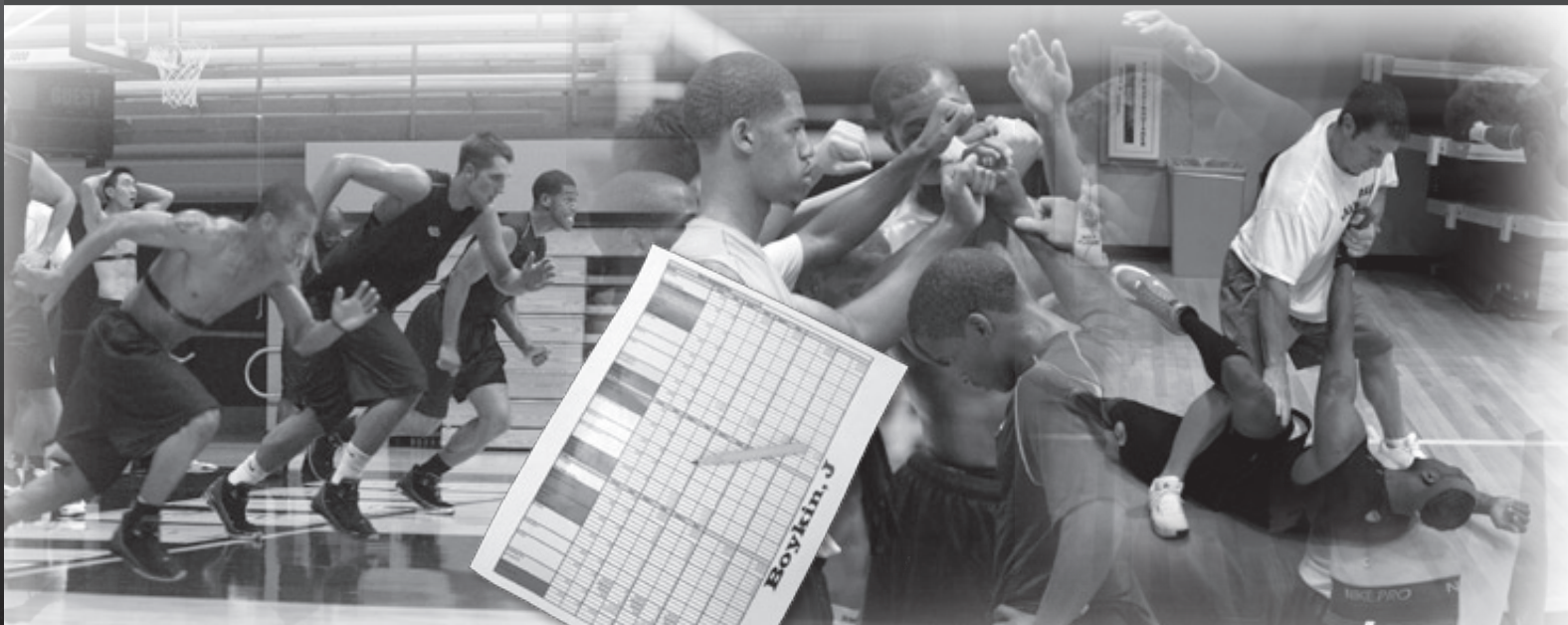
In addition, Blasquez, who joined the Cal staff in January 2003, serves as supervisor of the Haas Pavilion weight room and manages training programs for all athletic teams that use the facility.

A Bay Area native, Blasquez arrived at Cal after working as the head strength & conditioning coach at De La Salle High School in Concord, Calif., from 1992-2003. Assisting head football coach Bob Ladouceur, he contributed to four national championships and nine NorCal titles at De La Salle. In 1998, Blasquez was named Strength & Conditioning Coach of the Year by

the Professional Football Strength & Conditioning Coaches Society. During Blasquez's tenure at DLS, the Spartans also won the 2000 state championship in boys' basketball.

From 2001-03, Blasquez added the responsibility of serving as director of outreach at the Muir Hospital Orthopedic Center in Walnut Creek.

Blasquez, who received his bachelor's degree in kinesiology from Cal State Hayward in 1991, holds certifications in athletic training (ATC) and strength & conditioning (CSCS). He and his wife, Mary, have two children, Makena and Bianca.





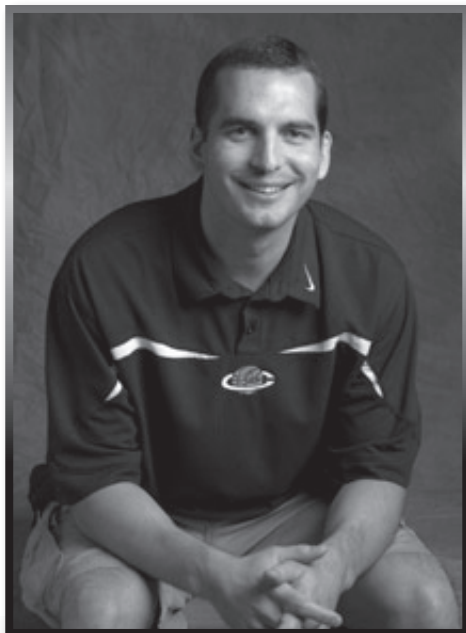
Cal basketball's physical development program is designed to improve and develop the physical qualities that are specific to basketball. Programs are tailored for each student-athlete based on position, physical profile and style of play. Training is a year-round process that not only prepares players for the upcoming season, but also provides development throughout their careers at Cal.

The year is broken down into training phases that build upon each other and provide optimal progress without the threat of burn-out. Each student-athlete's progress is monitored, recorded and assessed daily in order to ensure that goals are achieved. Equally as important, the intense training environment creates an atmosphere that develops teamwork and cohesiveness well before the season begins each fall.

For us, it's about creating a common sacrifice. We have a lot of individuals, but once they're here, that becomes their commonality. We have created a high level of expectations and communication within the men's basketball team. During 7 a.m. workouts over the summer, players had to come in early and function at a high level as a group. The bond that is created and the common sacrifice that comes along with that are the building blocks of bringing them together as a championship team.

The work that they're doing is not easy work; it's not pretty. It's a difficult opportunity for them to come together as a group. That's when groups figure it out. When everything is good and it's easy, anybody can get through that. You don't need to rely on each other for that. When it's difficult, and there's a common expectation, that's when teams have to bond, problem solve and be a unit. That's the philosophy behind the demands we put on them, particularly over the summer.

— Mike Blasquez



Athletic Trainer Barry Parsons

Barry Parsons, who joined the Cal Athletic Department as associate athletic trainer in the fall of 2004, oversees the sports medicine needs of the men's basketball team, as well as the men's crew program.

Parsons came to Cal after spending five years as an assistant athletic trainer at Wofford College in Spartanburg, S.C., where he worked with the football and men's basketball teams. In addition, he fulfilled five training camp internships with the nearby Carolina Panthers of the

NFL. As an undergraduate, Parson served as a student trainer at Kansas State.

An Academic All-American as a wide receiver at Garden City Community College in Kansas, Parsons transferred to Kansas State, where he earned his bachelor's degree in kinesiology in 1999. He later earned his master's degree in education from Converse College in South Carolina.



Team Physician Jeff Nelson, M.D.

Dr. Jeff Nelson, who is in his eighth year as an associate team physician and staff physician for University Health Services, serves as the lead team physician for the men's basketball team. He has been involved with the Cal Sports Medicine program since January 1998 when he was a sports medicine fellow with the combined UC Davis/UC Berkeley Sports Medicine Fellowship Program.

Nelson, who also serves as lead team physician for the Cal men's soccer team, is a

graduate of Cal ('86) and Dartmouth Medical School ('90). Prior to his residency training in family practice at UC Davis, he served as a flight surgeon for the U.S. Navy.

