

California Men's Indoor Records

Event	Mark	Athlete	Location	Year
55m	6.25	Chris Huffins	Reno, Nev.	1992
60m	6.79	Chris Huffins	New York, N.Y.	1992
	6.79	Darren Woods	Cougar Classic	2005
200	21.26	Toby Atawo	Boise, Idaho	2003
400	46.90	Darren Woods	MPSF Champs.	2005
800	1:49.71	Alex McClary	Alex Wilson Inv.	2006
Mile	4:01.80	David Torrence	Seattle, Wash.	2007
3000	7:56.00	Richie Boulet	New York, N.Y.	1995
5000	14:08.58	Kari Karlsson	Seattle, Wash.	2008
55mh	7.29	Rod Jett	Indianapolis, Ind.	1989
60mh	7.89	Thomas Mack	Seattle, Wash.	2008
4x400	3:13.44	D. Woods, Giron, C. Woods, Wright	Seattle, Wash.	2004
DMR	9:33.77	Torrence, Solis, Gadayan, Davis	Fayetteville, Ark.	2007
HJ	7-2.50	Teak Wilburn	Pullman, Wash.	2004
PV	17-10.5	Brent Burns	Flagstaff, Ariz.	1994
LJ	25-11	Chris Huffins	Reno, Nev.	1993
TJ	54-2.5	Lenards Ozolinish	Indianapolis, Ind.	1995
SP	62-04.5	Rhuben Williams	MPSF Champs.	2005
Weight	64-10	Rhuben Williams	Seattle, Wash.	2004
Hept.	5437	Jonas Hallgrimsson	Seattle, Wash.	2004

California Women's Indoor Records

Event	Mark	Athlete	Location	Year
55m	7.12	O. Omwanghe	Reno, Nev.	2003
60m	7.33	Antonette Carter	Flagstaff, Ariz.	2006
200	23.81	Antonette Carter	MPSF Champs.	2006
400	54.48	Alysia Johnson	Albuquerque, N.M.	2007
800	2:03.39	Alysia Johnson	Fayetteville, Ark.	2008
Mile	4:49.04	Bridget Duffy	MPSF Champs.	2006
3000	9:39.26	Bridget Duffy	MPSF Champs.	2006
5000	16:52.66	Rebecca Yau	MPSF Champs.	2006
55mh	7.99	O. Omwanghe	Reno, NV	2003
60mh	8.31	O. Omwanghe	Seattle, Wash.	2006
4x400	3:37.64	E. Smith, Tuner, Pierce, A. Johnson	MPSF Champs.	2007
DMR	11:28.96	Maclise, Bonty, A. Johnson, Duffy	MPSF Champs.	2006
HJ	6-0	Inika McPherson	Seattle, Wash.	2007
PV	13-1.00	Allison Stokke Katie Morgan	Seattle, Wash.	2008
LJ	21-9.5	Sheila Hudson	Indianapolis, Ind.	1990
TJ	45-9	Sheila Hudson	Indianapolis, Ind.	1990
Shot	53-7.5	Dana Lawson	Fayetteville, Ark.	2001
Weight	60-4.5	Carrie Johnson	MPSF Champs.	2006
Pent.	4189	Brooke Meredith	Fayetteville, Ark.	2004