

## The 2008 California Men's Outdoor Track and Field Best Times and Marks

\* NCAA regional qualifier, ^ Outdoor school record, % Freshman record, w Wind aided

As of June 14, 2008

Event (Reg. Qualifier FAT/MT) Date <i>(unless otherwise noted)</i>	Meet	Time/Mark	PR
<b>100m (10.55)</b>			
Thomas Mack 4/12	Big Meet	10.62	10.62
Kellan Patterson 5/4	Payton Jordan	10.62w	10.62
Nick Porter 4/12	Big Meet	10.68	10.56
Michael Bradley 5/4	Payton Jordan	10.74w	10.74
Steven Conrad 4/12	Big Meet	10.95	10.95
Jordan Paul 3/29	Sacramento State Elite	11.13	11.10
Kyle Mills-Bunje 5/9	Pac-10 Multis	11.39	11.39
<b>200m (21.35)</b>			
Michael Bradley 5/16	Pac-10 Championships	21.47	21.47
Thomas Mack 4/12	Big Meet	21.68w	21.62
Nick Porter 4/12	Big Meet	21.71w	21.53
Keagan Wethington 3/29	Sacramento State Elite	22.11	22.04
Kellan Patterson 3/29	Sacramento State Elite	22.21	21.85
Tojsh Kennedy 3/29	Sacramento State Elite	22.34	22.05
Steven Conrad 4/12	Big Meet	22.34	21.35
Kyle Mills-Bunje 4/19	Woody Wilson Open	23.31	22.45
<b>400m (47.20/46.9)</b>			
Jake Hanson 4/26	Brutus Hamilton Invite.	46.76*	46.76
Keagan Wethington 5/4	Payton Jordan	48.73	48.73
Tojsh Kennedy 3/29	Sacramento State Elite	48.88	48.17
Jonathan Suddaby 5/10	Aggie Twilight	50.97	47.79
Kyle Mills-Bunje 5/9	Pac-10 Multis	53.21	53.21
<b>800m (1:50.40/1:50.1)</b>			
David Torrence 5/16	Pac-10 Championships	1:49.15*	1:49.15
Sean Carey 5/16	Pac-10 Championships	1:49.43*	1:49.43
Andres Perezchica 5/16	Pac-10 Championships	1:50.36*	1:50.20
Joey Thomas 4/12	Big Meet	1:51.75	1:51.75
Nick Palladino 3/22	Hornet Invitational	1:54.37	1:54.05
Alejandro Bautista 4/5	Stanford Invite	1:56.76	1:56.11
Chris Chavez 3/22	Hornet Invitational	1:57.48	1:57.48
<b>1500m (3:47.80/3:47.5)</b>			
David Torrence 5/31	NCAA West Regional	3:42.25*	3:40.80
Mark Matusak 5/17	Pac-10 Championships	3:42.52*	3:42.52
Chris Chavez 4/12	Big Meet	3:50.25	3:50.25
Yosef Ghebray 4/26	Brutus Hamilton Invite.	3:50.28	3:50.28
Kari Karlsson 4/26	Brutus Hamilton Invite.	3:51.15	3:51.15
Nick Palladino 3/29	Sacramento State Elite	3:56.22	3:56.22
Sean Carey 3/22	Hornet Invitational	3:58.24	3:58.24
Alejandro Bautista 3/29	Sacramento State Elite	4:03.30	4:01.00
Peter Deptula 3/22	Hornet Invitational	4:04.48	4:02.35
Micah Parker 3/22	Hornet Invitational	4:05.09	4:05.09
Patrick Lynch 4/5	Stanford Invite.	4:05.21	4:05.21
Kyle Mills-Bunje 5/10	Pac-10 Multis	4:58.89	4:58.89
<b>Mile (4:06.00/4:05.7)</b>			
David Torrence 4/26	Brutus Hamilton Invite.	3:59.10*	3:58.62
Mark Matusak 4/26	Brutus Hamilton Invite.	4:00.59*	4:00.59
Chris Chavez 4/26	Brutus Hamilton Invite.	4:13.81	4:11.42
<b>3000m (n/a / n/a)</b>			
Michael Coe 4/12	Big Meet	8:14.45	8:14.45
Mark Matusak 4/12	Big Meet	8:18.12	8:06.18
Kari Karlsson 4/12	Big Meet	8:18.18	8:18.18
Yosef Ghebray 4/12	Big Meet	8:51.22	8:05.25
<b>3000m Steeplechase (9:07.00/9:06.7)</b>			
Matthew Miller 5/17	Pac-10 Championships	9:00.83*	9:00.83

Micah Parker	4/12	Big Meet	9:15.60	9:15.60
Patrick Lynch	4/25	Brutus Hamilton Invite.	9:36.81	9:36.81
Matt Miller	4/25	Brutus Hamilton Invite.	9:40.85	9:40.85
Peter Deptula	4/25	Brutus Hamilton Invite.	9:45.91	9:38.00
<b>5000m (14:12.00/14:11.7)</b>				
Kari Karlsson	5/4	Payton Jordan	14:07.13*	14:07.13
Yosef Ghebray	5/4	Payton Jordan	14:10.11*	14:03.86
Chris Chavez	4/5	Stanford Invite	14:14.61	14:14.61
Mark Matusak	5/17	Pac-10 Championships	14:43.31	14:16.28
Matt Miller	4/5	Stanford Invite	14:57.13	14:57.13
Matt H. Miller	4/5	Stanford Invite	15:22.77	15:22.77
Micah Parker	4/5	Stanford Invite	15:38.27	15:38.27
John Cheng	4/25	Brutus Hamilton Invite.	15:39.65	15:39.65
<b>10,000m (28:45.00 auto./29:30.00 prov.)</b>				
Kari Karlsson	4/5	Stanford Invite	29:28.05*%	29:28.05
John Cheng	4/5	Stanford Invite	32:47.69	32:47.69
<b>110m Hurdles (14.30/--)</b>				
Thomas Mack	4/12	Big Meet	13.74*	13.74
Jordan Paul	5/4	Payton Jordan	13.78*w	13.78
Kyle Mills-Bunje	5/4	Payton Jordan	16.14	15.23
<b>400m Hurdles (52.51/52.2)</b>				
Jake Hanson	5/17	Pac-10 Championships	49.82*	49.82
Justin Ta	4/25	Brutus Hamilton Invite.	55.27	55.27
Jordan Paul	4/12	Big Meet	56.04	56.04
Jon Meachem	4/12	Big Meet	1:00.88	1:00.88
<b>4x100m Relay (40.66/40.4)</b>				
K. Patterson, M. Bradley	5/30	NCAA West Regional	40.51*	
N. Porter, T. Mack				
K. Patterson, M. Bradley	4/26	Brutus Hamilton Invite.	40.89	
N. Porter, S. Conrad				
N. Porter, T. Mack,	3/29	Sacramento State Elite	41.23	
J. Hanson, K. Patterson				
K. Patterson, T. Mack,	4/12	Big Meet	41.37	
J. Hanson, S. Conrad				
<b>4x400m Relay (3:10.00/3:09.7)</b>				
K. Wethington, J. Hanson	5/17	Pac-10 Championships	3:11.56	
S. Carey, A. Perezchica				
K. Patterson, J. Hanson	4/26	Brutus Hamilton Invite.	3:11.94	
S. Carey, A. Perezchica				
T. Kennedy, S. Carey	4/12	Big Meet	3:12.66	
A. Perezchica, J. Hanson				
K. Wethington, T. Kennedy	3/29	Sacramento State Elite	3:13.21	
S. Carey, J. Hanson				
T. Kennedy, A. Perezchica	4/5	Stanford Invite	3:15.62	
S. Carey, K. Wethington				
<b>High Jump (2.10)</b>				
Ed Wright	5/17	Pac-10 Championships	7-3.25 (2.22m)*	7-3.25 (2.22m)
Kyle Mills-Bunje	4/3	Cal Multi-Event	6-5.00 (1.96m)	6-5.00 (1.96m)
<b>Long Jump (7.34)</b>				
Steven Conard	4/12	Big Meet	23-5.25 (7.14m)	24-2.25 (7.37m)
Kyle Mills-Bunje	4/19	Woody Wilson Open	23-4.50 (7.12m)	23-4.50 (7.12m)
Ed Wright	3/29	Sacramento State Elite	22-7.75 (6.90m)	(7.16m)
Christian Green	3/29	Sacramento State Elite	19-0.75 (5.81m)	(6.85m)
<b>Triple Jump (15.00)</b>				
Christian Green	4/12	Big Meet	46-3.25 (14.10m)	47-6.25 (14.48m)
<b>Discus (51.70)</b>				
Martin Maric	4/5	Texas Relays	200-7 (61.13m)*	200-7 (61.13m)
Craig Kent	4/5	Texas Relays	178-10 (54.52m)*	178-10 (54.52m)
Patrick Kowalsky	4/25	Brutus Hamilton Invite.	156-03 (47.63m)	156-03 (47.64m)
Miles Palacios	4/19	Woody Wilson Open	149-06 (45.57m)	170-5 (51.94m)

Kyle Mills-Bunje	3/29	Sacramento State Elite	112-9 (34.37m)	(39.62m)
<b>Shot Put (16.80)</b>				
Craig Kent	5/16	Pac-10 Championships	58-8.00 (17.88m)*	58-8 (17.88m)
Patrick Kowalsky	4/26	Brutus Hamilton Invite.	54-8.25 (16.67m)	54-8.25 (16.67m)
Martin Maric	4/12	Big Meet	52-8.00 (16.05m)	53-9.75 (16.40m)
Miles Palacios	4/12	Big Meet	47-11.25 (14.61m)	47-11.25 (14.61m)
Kyle Mills-Bunje	3/22	Hornet Invitational	40-11.00 (12.47m)	42-6.00 (12.95m)
<b>Hammer (56.80)</b>				
Miles Palacios	3/29	Sacramento State Elite	183-09 (56.00m)	183-09 (56.00m)
<b>Pole Vault (5.05)</b>				
Donny Appanaitis	5/31	NCAA West Regional	17-1.00 (5.21m)*	17-1.00 (5.21m)
Ryan Shuler	5/31	NCAA West Regional	16-7.25 (5.06m)*	17-4 (5.29m)
Grigore Key	4/12	Big Meet	15-7.0 (4.75m)	16-0.50 (4.89m)
Andrew Stevens	4/12	Big Meet	15-7.0 (4.75m)	15-7.0 (4.75m)
Kyle Mills-Bunje	4/3	Cal Multi-Event	15-1.0 (4.60m)	15-1.0 (4.60m)
<b>Javelin (61.60)</b>				
Ryan Young	5/16	Pac-10 Championships	235-02 (71.67m)*	235-02 (71.67m)
Martin Maric	5/16	Pac-10 Championships	220-05 (67.19m)*	237-3 (72.32m)
Colin Kennedy	4/12	Big Meet	193-08 (59.04m)	193-08 (59.04m)
Kyle Mills-Bunje	5/10	Pac-10 Multis	166-00 (50.60m)	166-00 (50.60m)
<b>Decathlon (7,500 auto./6,900 prov.)</b>				
Kyle Mills Bunje	5/10	Pac-10 Multis	6,673	6,673

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Event (Reg. Qualifier FAT/MT) Date <i>(unless otherwise noted)</i>	Meet	Time/Mark	PR
<b>100m (11.75)</b>			
Cherrelle Garrett 5/30	NCAA West Regional	11.41*%	11.41
Kayla Dixon 5/4	Payton Jordan	11.96	11.87
Kimyon Broom 4/12	Big Meet	12.25	12.20
Lollie Onipede 3/29	Sacramento State Elite	12.78w	11.92
<b>200m (23.96)</b>			
Cherrelle Garrett 5/17	Pac-10 Championships	23.73*	23.68
Kristin Holmes 5/9	Pac-10 Multis	24.19	24.19
Kandi Bonty 4/25	Brutus Hamilton Invite.	24.26w	24.25
Hayley Huxtable 4/25	Brutus Hamilton Invite.	24.65	24.44
Kayla Dixon 4/12	Big Meet	24.77	24.59
Dantia Hudson 4/25	Brutus Hamilton Invite.	26.68	26.68
Tifani Grimes 5/9	Pac-10 Multis	27.36w	27.36
Sarah Morrison 4/3	Cal Multi-Event	29.35	29.35
<b>400m (54.61/54.3)</b>			
Kandi Bonty 4/12	Big Meet	54.44*	54.44
Hayley Huxtable 5/4	Payton Jordan	55.70	55.70
Evelyn Smith 4/26	Brutus Hamilton Invite.	55.93	55.93
Hayley Huxtable 4/26	Brutus Hamilton Invite.	56.38	56.03
Francesca Weems 4/26	Brutus Hamilton Invite.	57.07	56.62
Shannon Forbes 4/26	Brutus Hamilton Invite.	58.22	58.22
<b>800m (2:09.80/2:09.5)</b>			
Alysia Johnson 5/17	Pac-10 Championships	2:00.57*	1:59.29
Mackenzie Pierce 4/12	Big Meet	2:05.04*	2:04.78
Pippa Macdonald 5/16	Pac-10 Championships	2:10.49	2:10.49
Francesca Weems 4/12	Big Meet	2:16.47	2:16.47
Chelsea Reilly 5/10	Aggie Twilight	2:18.49	2:18.49
Tifani Grimes 5/10	Pac-10 Multis	2:30.58	2:29.48
Kristin Holmes 4/3	Cal Multi-Event	2:34.40	2:34.40
Dantia Hudson 4/3	Cal Multi-Event	2:42.75	2:42.75
<b>1500m (4:27.80/4:27.5)</b>			
Mackenzie Pierce 3/22	Hornet Invitational	4:27.57*	4:27.57
Chelsea Reilly 5/16	Pac-10 Championships	4:35.05	4:35.05
Gabriela Rios-Sotelo 4/5	Stanford Invite.	4:38.73	4:38.73
<b>Mile (4:49.30/4:49.0)</b>			
Rowena Tam 4/26	Brutus Hamilton Invite.	4:51.39	4:51.39
Chelsea Reilly 4/26	Brutus Hamilton Invite.	5:09.85	5:09.85
<b>3000m (n/a / n/a)</b>			
Alison Greggor 4/12	Big Meet	10:01.07	10:01.07
Gabriele Rios-Sotelo 4/12	Big Meet	10:10.47	10:10.47
Rebecca Yau 4/12	Big Meet	10:29.29	9:39.35
<b>3000m Steeplechase (10:50.25/10:50.0)</b>			
Rowena Tam 4/12	Big Meet	10:37.28*	10:37.28
<b>5000m (16:52.00/16:51.7)</b>			
Rowena Tam 4/5	Stanford Invite	17:01.31	17:01.31
Alison Greggor 4/25	Brutus Hamilton Invite.	17:10.71	17:10.71
Rebecca Yau 4/5	Stanford Invite	17:41.78	16:52.66
Rebecca Palm 5/10	Aggie Twilight	17:46.90	17:46.90
Araceli Huerta 4/25	Brutus Hamilton Invite.	17:58.88	17:58.88
Gabriela Rios-Sotelo 5/17	Pac-10 Championships	18:01.92	18:01.92
<b>10,000m (33:30.00 auto./35:00.00 prov.)</b>			
Araceli Huerta 4/5	Stanford Invite	37:23.06	37:23.06

**100m Hurdles (13.92/--)**

Kimyon Broom	5/16	Pac-10 Championships	13.17*^	13.17
Dantia Hudson	3/29	Sacramento State Elite	14.58	14.40
Tifani Grimes	5/4	Payton Jordan	14.68w	14.33
Kristin Holmes	5/9	Pac-10 Multis	15.20	15.20
Sarah Morrison	4/3	Cal Multi-Event	18.88	18.88

**400m Hurdles (1:00.82/1:00.5)**

Evelyn Smith	5/17	Pac-10 Championships	59.07*	59.07
Natalya Beneby	4/5	Texas Relays	1:01.05	1:00.58
Shannon Forbes	4/12	Big Meet	1:02.64	1:02.64

**4x100m Relay (45.70/45.4)**

K. Broom, K. Bonty	6/13	NCAA Championships	44.32*	
K. Holmes, C. Garrett				
K. Broom, K. Bonty, K. Dixon, C. Garrett	4/12	Big Meet	45.03*	
K. Broom, K. Holmes	5/31	NCAA West Regional	45.94	
K. Dixon, C. Garrett				

**4x400m Relay (3:42.00/3:41.7)**

H. Huxtable, M. Pierce	5/17	Pac-10 Championships	3:36.93*	
E. Smith, A. Johnson				
H. Huxtable, F. Weems	5/31	NCAA West Regional	3:38.09*	
E. Smith, K. Bonty				
H. Huxtable, F. Weems	4/26	Brutus Hamilton Invite.	3:39.83*	
E. Smith, A. Johnson				
N. Beneby, K. Bonty, H. Huxtable, E. Smith	4/12	Big Meet	3:43.68	
M. Pierce, E. Smith	4/5	Texas Relays	3:44.21	
N. Beneby, H. Huxtable				
H. Huxtable, N. Beneby, K. Bonty, E. Smith	3/29	Sacramento State Elite	3:48.61	

**High Jump (1.75)**

Inika McPherson	4/12	Big Meet	5-10.00 (1.78m)*	6-2 (1.88m)
Kristen Meister	5/17	Pac-10 Championships	5-10.00 (1.78m)*	5-10.00 (1.78m)
Tifani Grimes	5/9	Pac-10 Multis	5-5.25 (1.66m)	5-8 (1.73m)
Kristin Holmes	4/3	Cal Multi-Event	5-3.00 (1.60m)	5-3.00 (1.60m)
Sarah Morrison	4/3	Cal Multi-Event	5-0.50 (1.54m)	5-0.50 (1.54m)
Dantia Hudson	4/3	Cal Multi-Event	4-6.75 (1.39m)	4-6.75 (1.39m)

**Long Jump (6.00)**

Kristin Holmes	4/12	Big Meet	19-8.00 (5.99m)	19-8.00 (5.99m)
Tracey Stewart	4/12	Big Meet	19-3.50 (5.88m)	19-9.75 (6.03m)
Tifani Grimes	5/4	Payton Jordan	18-00.50 (5.50m)w	18-5.75 (5.63m)
Lollie Onipede	3/22	Hornet Invitational	17-10.25 (5.44m)	18-10 (5.74m)
Mercedes Marchbanks	4/25	Brutus Hamilton Invite.	17-8.00 (5.38m)	(5.63m)
Artensia Young	4/12	Big Meet	17-3.50 (5.27m)	(5.71m)
Dantia Hudson	4/3	Cal Multi-Event	16-3.50 (4.97m)	18-0

**Triple Jump (12.32)**

Cassandra Strickland	5/31	NCAA West Regional	42-5.50 (12.94m)*	43-3.25 (13.19m)
Artensia Young	5/4	Payton Jordan	41-6.00 (12.65m)*w	41-6.00 (12.65m)
Mercedes Marchbanks	5/4	Payton Jordan	40-9.75 (12.44m)*w	40-9.75 (12.44m)
Tracey Stewart	5/17	Pac-10 Championships	40-6.00 (12.34m)*	41-9 (12.73m)

**Pole Vault (3.85)**

Katie Morgan	5/30	NCAA West Regional	13-11.75 (4.26m)*^	13-11.75 (4.26m)
Allison Stokke	5/17	Pac-10 Championships	13-5.75 (4.11m)*%	13-7
Theresa Raub	3/22	Hornet Invitational	12-7.50 (3.85m)*	12-7.50 (3.85m)
Veronica Stimson	5/4	Payton Jordan	12-2.50 (3.72m)	13-0
Cyrena Giordano	4/5	Texas Relays	12-1.50 (3.70m)	13-0
Taylor Franklin	3/22	Hornet Invitational	11-11.75 (3.65m)	12-6 (3.81m)
Kerry Boyle	4/12	Big Meet	11-1.75 (3.40m)	11-7.75 (3.55m)

**Discus (47.30)**

Kiely Smith	4/12	Big Meet	127-09 (38.95m)	127-09 (38.95m)
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**Hammer (54.15)**

Kiely Smith	4/5	Stanford Invite	161-01 (49.09m)	161-01 (49.09m)
<b>Shot Put (14.30)</b>				
Kiely Smith	4/12	Big Meet	37-7.25 (11.46m)	37-7.25 (11.46m)
Tifani Grimes	4/12	Big Meet	37-6.50 (11.44m)	37-6.50 (11.44m)
Kristin Holmes	4/3	Cal Multi-Event	35-3.25 (10.75m)	35-3.25 (10.75m)
Dantia Hudson	4/12	Big Meet	30-11.75 (9.44m)	30-11.75 (9.44m)
Sarah Morrison	4/3	Cal Multi-Event	26-9.00 (8.15m)	26-9.00 (8.15m)
<b>Javelin (43.45)</b>				
Danielle Hoolko	4/26	Brutus Hamilton Invite.	124-11 (38.08m)	124-11 (38.08m)
Tifani Grimes	4/19	Woody Wilson Open	120-04 (36.67m)	122-11 (37.47m)
Kristin Holmes	5/4	Payton Jordan	114-08 (34.96m)	114-08 (34.96m)
Dantia Hudson	4/3	Cal Multi-Event	44-3.00 (13.49m)	44-3.00 (13.49m)
<b>Heptathlon (5,500 auto./5,050 prov.)</b>				
Tifani Grimes	5/10	Pac-10 Multis	4,863	4,863
Kristin Holmes	4/3	Cal Multi-Event	4,672	4,672
Dantia Hudson	4/3	Cal Multi-Event	3,807	3,807