

## The 2009 California Men's Outdoor Track and Field Best Times and Marks

\* NCAA regional qualifier, ^ Outdoor school record, % Freshman record

As of May 30, 2009

Event (Reg. Qualifier FAT/MT) Date <i>(unless otherwise noted)</i>	Meet	Time/Mark	PR
<b>100m (10.55)</b>			
Kellan Patterson 5/16	Pac-10 Championships	10.45*	10.45
Nick Porter 5/16	Pac-10 Championships	10.50*	10.50
Shane Vereen 5/2	Payton Jordan Invite.	10.66	10.66
Jordan Paul 4/4	Sac State Elite Invitational	11.25	11.10
Aaron Burney 4/4	Sac State Elite Invitational	11.36	11.36
Kyle Mills-Bunje 5/9	Pac-10 Multis	11.37	11.37
Kevin Kuechler 3/25	UC Davis Multi Meet	11.43	11.43
<b>200m (21.35)</b>			
Kellan Patterson 4/18	Big Meet	21.62	21.62
Nick Porter 5/16	Pac-10 Championships	21.77	21.53
Keagan Wethington 5/16	Pac-10 Championships	22.02	22.02
Jordan Paul 4/18	Big Meet	22.23	22.23
Aaron Burney 4/18	Big Meet	23.02	23.02
<b>400m (47.20/46.9)</b>			
Jake Hanson 4/25	Brutus Hamilton Invite.	47.52	47.52
Keagan Wethington 4/4	Sac State Elite Invitational	47.98	47.98
Tojsh Kennedy 3/7	Cal Outdoor Opener	48.31	48.17
Sebastian Sam 3/27	Stanford Invitational	48.46	48.00
Kyle Mills-Bunje 5/9	Pac-10 Multis	52.21	52.21
Kevin Kuechler 3/7	Cal Outdoor Opener	52.94	52.94
<b>800m (1:50.40/1:50.1)</b>			
Sebastian Sam 5/29	NCAA West Regional	1:48.82*	1:48.82
Francis Gadayan 5/16	Pac-10 Championships	1:48.90*	1:48.90
Sean Carey 5/16	Pac-10 Championships	1:50.33*	1:49.43
Eric Lee 4/11	Jackie Joyner-Kersee Invite	1:51.36	1:51.36
Brad Surh 4/11	Jackie Joyner-Kersee Invite	1:54.26	1:54.00
Dmitry Kislyuk 4/25	Brutus Hamilton Invite.	1:57.90	1:57.90
James Attarian 4/25	Brutus Hamilton Invite	1:58.89	1:58.89
<b>1500m (3:47.80/3:47.5)</b>			
Yosef Ghebray 4/18	Big Meet	3:42.14*	3:42.14
Michael Coe 5/16	Pac-10 Championships	3:43.34*	3:43.34
Eric Lee 4/18	Big Meet	3:44.01*	3:44.01
Francis Gadayan 3/7	Cal Outdoor Opener	3:54.04	3:51.38
Brad Surh 3/7	Cal Outdoor Opener	3:55.11	3:55.11
Sean Carey 3/7	Cal Outdoor Opener	3:55.55	3:55.55
Nick Palladino 3/7	Cal Outdoor Opener	3:56.22	3:56.22
Steve Sodaro 3/7	Cal Outdoor Opener	3:56.69	3:56.69
Dmitry Kislyuk 4/25	Brutus Hamilton Invite.	3:59.60	3:59.60
James Attarian 3/27	SFSU Distance Carnival	4:01.42	4:01.42
Matt H. Miller 3/7	Cal Outdoor Opener	4:02.31	4:02.31
Brad Suhr 4/18	Big Meet	4:08.95	4:08.95
Dan Brown 4/4	Sac State Elite Invitational	4:17.89	4:17.89
Kyle Mills-Bunje 5/10	Pac-10 Multis	4:50.34	4:50.34
Kevin Kuechler 3/26	UC Davis Multi Meet	4:58.72	4:58.72
<b>Mile (4:06.00/4:05.7)</b>			
Michael Coe 4/25	Brutus Hamilton Invite.	3:56.18^*	3:56.18
<b>3000m (n/a / n/a)</b>			
Michael Coe 4/18	Big Meet	8:13.09	7:48.05
Kari Karlsson 4/18	Big Meet	8:13.39	8:12.39
Matt H. Miller 4/18	Big Meet	8:39.73	8:39.73
Eric Lee 3/7	Cal Outdoor Opener	8:40.87	8:40.87
Yosef Ghebray 3/7	Cal Outdoor Opener	8:51.22	8:02.68
James Attarian 3/7	Cal Outdoor Opener	8:53.08	8:53.08
Dmitry Kislyuk 3/7	Cal Outdoor Opener	8:57.89	8:57.89

**3000m Steeplechase (9:07.00/9:06.7)**

Steve Sodaro	5/16	Pac-10 Championships	9:26.84	9:04.41
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**5000m (14:12.00/14:11.7)**

Yosef Ghebray	4/24	Brutus Hamilton Invite.	13:44.75*	13:44.75
Kari Karlsson	5/2	Payton Jordan Invite.	14:06.61*	14:06.61
Steve Sodaro	3/27	SFSU Distance Carnival	14:28.72	14:28.72
Matt H. Miller	3/27	SFSU Distance Carnival	14:56.88	14:56.88
Dan Brown	3/27	SFSU Distance Carnival	16:12.73	16:12.73

**10,000m (28:45.00 auto./29:30.00 prov.)**

Yosef Ghebray	3/27	Stanford Invitational	28:32.27*^	28:32.27
Kari Karlsson	5/16	Pac-10 Championships	30:47.73	29:28.05

**110m Hurdles (14.30/--)**

Jordan Paul	5/17	Pac-10 Championships	13.66*	13.66
Ryan Holmes	5/16	Pac-10 Championships	14.42	14.05
Aaron Burney	4/18	Big Meet	14.71	13.95
Kevin Kuechler	4/4	Sac State Elite Invitational	16.11	16.11
Kyle Mills-Bunje	5/10	Pac-10 Multis	16.12	15.23

**400m Hurdles (52.51/52.2)**

Jake Hanson	5/17	Pac-10 Championships	50.32*	49.82
Ryan Holmes	4/18	Big Meet	52.91	52.91

**4x100m Relay (40.66/40.4)**

Patterson, Wethington Porter, Vereen	5/30	NCAA West Regional	40.43*	
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**4x400m Relay (3:10.00/3:09.7)**

Wethington, Sam Gadayan, Hanson	5/17	Pac-10 Championships	3:10.26	
T. Kennedy, Sam, Gadayan, Hanson	4/11	Jackie Joyner-Kersee Invite	3:11.56	
Carey, Hanson, Holmes, T. Kennedy	4/4	Sac State Elite Invitational	3:12.64	

**High Jump (2.10)**

Brian Carmichael	3/27	Stanford Invitational	6-8.75 (2.05m)	6-8.75 (2.05m)
Kyle Mills-Bunje	3/25	UC Davis Multi Meet	6-4.75 (1.95m)	6-5 (1.96m)
Dom Powell	3/7	Cal Outdoor Opener	6-2.75 (1.90m)	6-2.75 (1.90m)
Kevin Kuechler	5/9	Pac-10 Multis	5-9.75 (1.77m)	5-9.75 (1.77m)

**Long Jump (7.34)**

Kyle Mills-Bunje	4/18	Big Meet	23-0.25 (7.07m)	23-4.50 (7.12m)
Kevin Kuechler	3/25	UC Davis Multi Meet	22-4 (6.84m)	22-4 (6.84m)

**Triple Jump (15.00)**

Brian Carmichael	4/18	Big Meet	40-7.75 (12.39m)	40-7.75 (12.39m)
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**Discus (51.70)**

Martin Maric	5/30	NCAA West Regional	200-11 (61.24m)*	205-8 (62.68m)
Patrick Kowalsky	5/17	Pac-10 Championships	159-03 (48.53m)	159-03 (48.53m)
Kyle Mills-Bunje	5/10	Pac-10 Multis	121-05 (37.01m)	129-9 (39.62m)
Kevin Kuechler	5/10	Pac-10 Multis	107-01 (32.64m)	107-01 (32.64m)

**Shot Put (16.80)**

Patrick Kowalsky	3/21	Hornet Invitational	56-8 (17.27m)*	56-8 (17.27m)
Martin Maric	4/18	Big Meet	54-6.50 (16.03m)	54-6.50 (16.03m)
Kyle Mills-Bunje	5/9	Pac-10 Multis	40-10.25 (12.45m)	42-6 (12.95m)
Kevin Kuechler	3/25	UC Davis Multi Meet	37-11.5 (11.57m)	37-11.5 (11.57m)

**Pole Vault (5.05)**

Ryan Shuler	5/2	Payton Jordan Invite.	17-2.75 (5.25m)*	17-4 (5.29m)
Andrew Stevens	4/11	Jackie Joyner-Kersee Invite	16-0.75 (4.90m)	16-0.75 (4.90m)
Kyle Mills-Bunje	3/26	UC Davis Multi Meet	15-3 (4.65m)	15-3 (4.65m)
Cameron Kroll	4/18	Big Meet	15-1.75 (4.62m)	15-1.75 (4.62m)
Kevin Kuechler	5/10	Pac-10 Multis	11-11.75 (3.65m)	11-11.75 (3.65m)

**Javelin (61.60)**

Ryan Young	4/10
Martin Maric	4/11
Kyle Mills-Bunje	5/10
Kevin Kuechler	5/10

Jackie Joyner-Kersey Invite	250-10 (76.45m)^*	250-10 (76.45m)
Jackie Joyner-Kersey Invite	218-0 (66.46m)*	237-3 (72.32m)
Pac-10 Multis	177-11 (54.22m)	177-11 (54.22m)
Pac-10 Multis	145-11 (44.47m)	145-11 (44.47m)

**Decathlon (7,500 auto./6,900 prov.)**

Kyle Mills-Bunje	5/10
Kevin Kuechler	5/10

Pac-10 Multis	7,007	7,007
Pac-10 Multis	5,362	5,362

## The 2009 California Women's Outdoor Track and Field Best Times and Marks

\* NCAA regional qualifier, ^ Outdoor school record, % Freshman record

As of May 30, 2008

Event (Reg. Qualifier FAT/MT) Date <i>(unless otherwise noted)</i>	Meet	Time/Mark	PR
<b>100m (11.75)</b>			
Cherrelle Garrett 5/17	Pac-10 Championships	11.38*	11.38
Kimyon Broom 4/18	Big Meet	11.97	11.97
Kristin Holmes 3/28	Stanford Invitational	12.08	12.08
Jackie Lewis 4/18	Big Meet	12.08	12.08
Robyn Hunte 4/25	Brutus Hamilton Invite.	12.27	11.91
Emani Truluck 3/7	Cal Outdoor Opener	12.66	12.66
Dantia Hudson 4/4	Sac State Elite Invitational	12.79	12.79
<b>200m (23.96)</b>			
Cherrelle Garrett 3/28	Stanford Invitational	23.63*	23.63
Kandi Bonty 5/2	Payton Jordan Invite.	24.23	24.23
Kayla Dixon 4/4	Sac State Elite Invitational	24.33	24.33
Brook Turner 4/24	Brutus Hamilton Invite.	24.60	24.10
Kristin Holmes 3/7	Cal Outdoor Opener	24.75	24.19
Tracey Stewart 4/4	Sac State Elite Invitational	24.76	24.76
Robyn Hunte 4/4	Sac State Elite Invitational	25.29	24.80
Danita Hudson 4/18	Big Meet	26.07	26.07
Emani Truluck 4/18	Big Meet	26.07	26.07
<b>400m (54.61/54.3)</b>			
Brook Turner 5/29	NCAA West Regional	53.34*	53.31
Kandi Bonty 5/30	NCAA West Regional	53.70*	53.70
Kayla Dixon 4/4	Sac State Elite Invitational	55.29	55.29
Evelyn Smith 3/7	Cal Outdoor Opener	55.91	55.91
Mackenzie Pierce 3/7	Cal Outdoor Opener	56.43	55.61
Brazile Clark 4/4	Sac State Elite Invitational	57.93	55.80
Shannon Forbes 4/25	Brutus Hamilton Invite.	58.19	58.22
Natalya Beneby 3/7	Cal Outdoor Opener	58.83	57.22
Hayley Huxtable 3/7	Cal Outdoor Opener	1:01.95	55.70
<b>800m (2:09.80/2:09.5)</b>			
Brazile Clark 4/18	Big Meet	2:11.91	2:11.10
Mackenzie Pierce 5/10	Sacramento Open	2:13.02	2:04.78
Francesca Weems 4/24	Brutus Hamilton Invite.	2:13.48	2:13.48
<b>1500m (4:27.80/4:27.5)</b>			
Deborah Maier 4/18	Big Meet	4:32.09	4:32.09
Ellie Keene 4/4	Sac State Elite Invitational	4:42.50	4:42.50
Keena Kohl 3/7	Cal Outdoor Opener	4:43.57	4:43.57
Taylor Bryson 5/16	Pac-10 Championships	4:40.60	4:40.60
Crystal Esparza 3/27	SFSU Distance Carnival	4:46.42	4:46.42
Michelle Davis 4/4	Sac State Elite Invitational	4:50.62	4:50.62
<b>3000m (n/a / n/a)</b>			
Ellie Keene 3/7	Cal Outdoor Opener	9:58.06	9:58.06
Michelle Davis 4/18	Big Meet	10:03.24	10:03.24
Taylor Dutch 3/7	Cal Outdoor Opener	10:24.03	10:24.03
Crystal Esparza 3/7	Cal Outdoor Opener	10:42.45	10:42.45
<b>5000m (16:52.00/16:51.7)</b>			
Deborah Maier 3/27	Stanford Invitational	16:31.41*	16:31.41
Ellie Keene 3/27	SFSU Distance Carnival	17:11.06	17:11.06
Michelle Davis 4/24	Brutus Hamilton Invite.	17:16.97	17:16.97
Taylor Dutch 3/27	SFSU Distance Carnival	17:38.02	17:38.02
<b>10,000m (33:30.00 auto./35:00.00 prov.)</b>			
Alison Greggor 3/27	Stanford Invitational	34:37.01	34:37.01
<b>100m Hurdles (13.92/--)</b>			

Kimyon Broom	5/17	Pac-10 Championships	13.02^*	13.02
Emani Truluck	4/25	Brutus Hamilton Invite.	14.02	14.02
Dantia Hudson	5/2	Payton Jordan Invite.	14.27	14.27
<b>400m Hurdles (1:00.82/1:00.5)</b>				
Evelyn Smith	4/4	Sac State Elite Invitational	59.85*	59.07
Natalya Beneby	4/11	Jackie Joyner-Kersee Invite	1:01.20	1:00.58
Shannon Forbes	4/18	Big Meet	1:01.85	1:01.85
<b>4x100m Relay (45.70/45.4)</b>				
Dixon, Bonty, Lewis, Garrett	4/11	Jackie Joyner-Kersee Invite	44.56*	
Broom, Bonty, Dixon, Garrett	5/30	NCAA West Regional	44.67*	
<b>4x400m Relay (3:42.00/3:41.7)</b>				
	3/28	Stanford Invitational	3:39.04*	
Bonty, Dixon, Smith, Turner	4/11	Jackie Joyner-Kersee Invite	3:40.08*	
	4/18	Big Meet	3:40.30*	
Beneby, Clark, Forbes, Smith	4/4	Sac State Elite Invitational	3:50.15	
<b>High Jump (1.75)</b>				
Inika McPherson	4/18	Big Meet	6-00.00 (1.83m)*	6-2 (1.88m)
Kristen Meister	3/7	Cal Outdoor Opener	5-8-75 (1.75m)*	5-11.25 (1.81m)
Tifani Grimes	4/11	Jackie Joyner-Kersee Invite	5-7.00 (1.70m)	5-8 (1.73m)
<b>Long Jump (6.00)</b>				
Kristin Holmes	5/16	Pac-10 Championships	19-8.0 (5.99m)	19-8.00 (5.99m)
Jackie Lewis	4/18	Big Meet	19-1.50 (5.83m)	19-1.50 (5.83m)
Tracey Stewart	4/4	Sac State Elite Invitational	18-7.75 (5.68m)	19-9.75 (6.03m)
Robyn Hunte	4/4	Sac State Elite Invitational	17-8.75 (5.40m)	19-4.00 (5.88m)
Tifani Grimes	3/7	Cal Outdoor Opener	16-10.50 (5.13m)	18-5.75 (5.63m)
<b>Triple Jump (12.32)</b>				
Artensia Young	5/30	NCAA West Regional	42-3.50 (12.89m)*	42-3.50 (12.89m)
Tracey Stewart	5/17	Pac-10 Championships	40-9.00 (12.42m)*	41-9.00 (12.73m)
Mercedes Marchbanks	5/2	Payton Jordan Invite.	40-1.25 (12.22m)	40-9.75 (12.44m)
<b>Pole Vault (3.85)</b>				
Katie Morgan	5/17	Pac-10 Championships	13-10.00 (4.22m)*	13-11.75 (4.26m)
Allison Stokke	5/9	Sacramento Open	13-9.75 (4.21m)*	13-9.75 (4.21m)
Cyrena Giordano	5/17	Pac-10 Championships	13-4.25 (4.07m)*	13-4.25 (4.07m)
Veronica Stimson	4/4	Sac State Elite Invitational	11-3.75 (3.45m)	13-0 (3.96m)
Theresa Raub	3/7	Cal Outdoor Opener	10-11.75 (3.35m)	12-7.50 (3.85m)
<b>Discus (47.30)</b>				
Kendall Morris	5/9	Sacramento Open	152-11 (46.60m)	152-11 (46.60m)
Kiely Smith	4/18	Big Meet	115-08 (35.26m)	127-09 (38.95m)
<b>Hammer (54.15)</b>				
Linda Oseso	4/24	Brutus Hamilton Invite	167-10 (51.16m)	167-10 (51.16m)
Kiely Smith	5/17	Pac-10 Championships	163-11 (49.97m)	163-11 (49.97m)
<b>Shot Put (14.30)</b>				
Linda Oseso	5/16	Pac-10 Championships	45-1.0 (13.74m)	45-1.0 (13.74m)
Kendall Morris	4/18	Big Meet	34-1.25 (10.39m)	34-1.25 (10.39m)
<b>Javelin (43.45)</b>				
Danielle Hoolko	3/7	Cal Outdoor Opener	139-4 (42.48m)	139-4 (42.48m)
Inika McPherson	4/18	Big Meet	118-0 (35.98m)	118-0 (35.98m)
Tifani Grimes	4/18	Big Meet	115-3 (35.12m)	115-3 (35.12m)