



**Track & Field**

# Cal Returns To Tempe for Pac-10 Outdoor Championships

*Bears hope for conference glory this week*

**THIS WEEK:**                      May 16-17                      Pac-10 Outdoor Championships                      All Day                      Tempe, Ariz.

## 2008 Schedule

### January

26                      at Hampton Inn & Suites Classic

### February

1-2                      at United Heritage Invitational

16                      at Husky Classic

29-1                      at MPSF Indoor Championships

### March

7                      at Arkansas Last Chance Qualifier

8                      at UW Last Chance Meet

14-16                      at NCAA Indoor Championships

22                      at Hornet Invitational

29                      at Sacramento State Nike Elite Meet

### April

**2-3                      Cal Multi Event**

3-5                      at Texas Relays

**12                      Big Meet**

24-26                      at Penn Relays

**25-26                      Brutus Hamilton Invitational**

### May

4                      at Payton Jordan/Cardinal Qualifier

9-10                      at Pac-10 Multi-Event Championships

10                      at 67th Coca-Cola Modesto Relays

16-17                      at Pac-10 Outdoor Championships

30-31                      at NCAA West Regional

### June

11-14                      at NCAA Outdoor Championships

26-6                      at USA Olympic Trials

\* Pac-10 meet.

**All home meets in bold**

### This Week

The California track and field team competes in the Pac-10 Outdoor Championships from Friday, May 16, to Saturday, May 17, in Tempe, Ariz. The conference championships kick off both days at 10:30 a.m. with the women's hammer on Friday and men's hammer on Saturday. First-day action concludes with the men's 10,000 meters scheduled for a 10:10 p.m. start. The final event of the conference meet is the men's 4x400-meter relay at 9:35 p.m. on Saturday.

The tentative meet schedule can be found at [CalBears.com](http://CalBears.com).

### Morgan Breaks School Record at California Relays

Junior **Katie Morgan** once again set the school record in the women's pole vault last Saturday at the 67th Coca-Cola California Relays in Modesto, Calif. Morgan recorded a mark of 13-9.25 (4.20m) to take top honors in the event. She surpassed her old mark of 13-6.25 that she set the previous weekend at the Payton Jordan Cardinal Qualifier.

Sophomore **Kimyon Broom** also turned in an excellent performance at the California Relays. Broom clocked a personal-best, NCAA regional-qualifying time of 13.46 in the 100-meter hurdles. Broom's time is the second best in school history.

Senior **Donny Appanaitis** set a new season-best mark in the men's pole vault. Appanaitis posted a 16-8.75 (5.10m), improving on his previous season-best mark of 16-7.50 (5.07m). The mark is also a regional qualifier.

### Cal's Lineup

Interim director of track and field **Tony Sandoval** sends his top athletes to the Pac-10 Championships. Senior All-Americans **Alysia Johnson** and **Ed Wright** look to defend their respective 2007 Pac-10 titles. Johnson was the winner in the 800 meters last year, and Wright took top honors in the high jump. Johnson will also be participating in the women's 4x400-meter relay.

Joining Johnson and Wright in Tempe will be Katie Morgan, who is originally from Tempe, as she looks to continue her incredible season with another solid pole vault performance. Croatian Olympic hopeful **Martin Maric** will compete in the discus. **David Torrence**, another one of Cal's 2007 All-Americans, will be competing in the 1500 and the 800. The senior school-record holder in the mile notched another sub-four-minute effort in that event earlier this season.

Freshman **Cherrelle Garrett** will be busy this weekend as she will be competing in the women's 100 and 200 meters, as well as running a leg in the 4x100. Garrett is an NCAA regional qualifier in both the 100 and the 200, and she currently holds the freshman record in the 100 (11.51), which is also second best in school history.

## USTFCCCA Men's Rankings

Week 5

	Team	Points
1.	Texas A&M	260.93
2.	Florida	248.00
3.	LSU	247.82
4.	Florida State	240.73
5.	Southern California	206.67
6.	Arizona State	203.55
7.	UCLA	185.52
8.	UTEP	170.25
9.	Auburn	168.64
10.	Texas	165.69
11.	Baylor	149.08
12.	Colorado	137.40
13.	Oregon	133.87
14.	Tennessee	128.73
15.	Arkansas	125.98
16.	Texas Christian	120.97
17.	Arizona	119.04
18.	Kentucky	118.74
19.	Washington State	104.28
20.	Liberty	102.93
21.	BYU	97.50
22.	Clemson	95.21
23.	Georgia	92.54
24.	Washington	91.97
25.	California	88.86

## USTFCCCA Women's Rankings

Week 5

	Team	Points
1.	Arizona State	326.16
2.	LSU	321.69
3.	Texas A&M	268.22
4.	Southern California	232.22
5.	UCLA	211.25
6.	Virginia Tech	207.77
7.	Texas Tech	204.83
8.	Stanford	163.44
9.	Minnesota	147.53
10.	UTEP	145.37
11.	Arkansas	140.02
12.	Miami (Fla.)	139.82
13.	Florida	135.39
14.	Penn State	126.15
15.	Baylor	123.03
16.	Oregon	117.48
17.	Texas Christian	109.17
18.	Michigan	107.36
19.	Tennessee	106.15
20.	Mississippi	104.47
21.	Oklahoma	98.36
22.	Florida State	98.15
23.	Auburn	95.58
24.	Texas	95.11
25.	Arizona	93.52

Mills-Bunje Takes Seventh at Pac-10 Multi-Event Championships  
Redshirt freshman **Kyle Mills-Bunje** came in seventh in the decathlon with 6,673 points in the Pac-10 Multi-Event Championships last weekend in Tempe, Ariz. Junior **Tifani Grimes** took ninth in the heptathlon with 4,863 points.

Mills-Bunje recorded a new personal best in the 1500 meters and in the javelin. He notched a mark of 166-00 (50.60m) in the javelin and crossed the finish line at 4:59.89 in the 1500. His mark in the javelin was the third best among all competitors. During the first day, Mills-Bunje recorded a new personal best in the 100 meters, clocking an 11.39. In the long jump, he posted a mark of 22-11.25 (6.99m), the third best among all competitors. Mills-Bunje also notched the third-best mark of the day in the shot put with a 39-05 (12.01m).

Grimes recorded a mark of 112-09 (34.37m) in the javelin. She also clocked a time of 2:30.58 in the 800 meters and notched a 17-7 (5.36m) in the long jump. In first-day action, Grimes tallied her season-best mark in the high jump of 5-5.25 (1.66m).

### Bears Compete at Aggie Twilight Meet

Cal also competed at the UC Davis Aggie Twilight meet last weekend. The Bears won two events as freshman **Hayley Huxtable** won the 200 meters with a time of 25.24 and freshman **Natalya Beneby** took first in the 400-meter hurdles, clocking a 1:01.35. Sophomore **Rebecca Palm** earned a PR in the 5000 at 17:46.90. Freshman **Chelsea Reilly** clocked a personal best in the 800 at 2:18.49. Senior **Jonathan Suddaby** recorded a season-best time in the 400 at 50.97.

### Last Year's Pac-10 Outdoor Championships

Alysia Johnson won the women's 800-meter run and teammate Ed Wright won the men's high jump at last year's Pac-10 Championships held at Stanford. The Cal women finished in eighth place with 54.33 points, while the Cal men took ninth with 56 points.

Johnson's winning 800 time of 2:01.74 was the second fastest of her career at that time before her remarkable performances at the 2007 NCAA Championships and the 2007 USA Championships. Wright, meanwhile, tied his then-lifetime-best jump of 7-3 (2.21 meters). His current personal best is 7-3.25

In all, Cal collected 14 regional qualifiers, including David Torrence's 3:47.05 he ran to take second place in the men's 1500-meter final, **Cassandra Strickland's** 42-8 (13.0 meters) to take second in the women's triple jump final, **Artensia Young's** 40-6.75 (12.36) to take ninth in the women's triple jump and **Francis Gadayan's** regional-qualifying 1:50.10 to take third in the men's 800 final.

Other top performances for the Bears included **Thomas Mack's** regional-qualifying 13.94 to take fourth place in the 110-meter hurdles and **Evelyn Smith's** regional-qualifying time of 1:00.56 to take eighth in the women's 400-meter hurdles final.

### Regional Qualifiers

Cal currently has 40 NCAA regional qualifiers. Some of the regional qualifiers include 2007 NCAA outdoor and indoor national champion Alysia Johnson in the 800, 2007 All-American Ed Wright (high jump), senior **Craig Kent** who has qualified in both the shot put and the discus, 2007 All-American Cassandra Strickland in the triple jump, 2007 All-American David Torrence in the mile and the 1500, freshman pole vaulter **Allison Stokke**, who is the current school freshman record holder in the pole vault at 13-3.50 (4.05m), junior **Jake Hanson** who has clocked a 400-meter-hurdle time in under 51.00 (50.77), junior **Kandi Bonty** in the 400 meters and three of the women's relays (two 4x100, one 4x400) have also regionally qualified.

## California Regional Qualifiers

Jake Hanson	400 Meters	46.92
Mark Matusak	1500 Meters	3:42.69
David Torrence	1500 Meters	3:44.30
David Torrence	Mile	3:59.10
Mark Matusak	Mile	4:00.59
Yosef Ghebray	5000 Meters	14:07.13
Kari Karlsson	5000 Meters	14:10.11
Kari Karlsson	10,000 Meters	29:38.05
Thomas Mack	110m Hurdles	13.74
Jordan Paul	110m Hurdles	13.78w
Jake Hanson	400m Hurdles	50.77
Ed Wright	High Jump	2.20m
Martin Maric	Discus	61.13m
Craig Kent	Discus	54.52m
Craig Kent	Shot Put	17.64m
Donny Appanaitis	Pole Vault	5.10m
Ryan Shuler	Pole Vault	5.05m
Ryan Young	Javelin	68.76m
Martin Maric	Javelin	67.16m
Cherrelle Garrett	100 Meters	11.51
Cherrelle Garrett	200 Meters	23.88
Kandi Bonty	400 Meters	54.44
Alysia Johnson	800 meters	2:04.94
Mackenzie Pierce	800 Meters	2:05.04
Mackenzie Pierce	1500 Meters	4:27.57
Rowena Tam	Steeplechase	10:37.28
Kimyon Broom	100m Hurdles	13.46
Evelyn Smith	400m Hurdles	59.73
Broom, Bonty	4x100 Relay	44.85
Holmes, Garrett		
Broom, Bonty	4x100 Relay	45.03
Dixon, Garrett		
Huxtable, Weems	4x400 Relay	3:39.83
Smith, Johnson		
Inika McPherson	High Jump	1.78m
Kristen Meister	High Jump	1.75m
Cassandra Strickland	Triple Jump	12.74m
Artensia Young	Triple Jump	12.65w
Mercedes Marchbanks	Triple Jump	12.44w
Tracey Stewart	Triple Jump	12.33m w
Katie Morgan	Pole Vault	4.20m
Allison Stokke	Pole Vault	4.05m
Theresa Raub	Pole Vault	3.85m

### Morgan Vaulting To New Heights

Katie Morgan has been having an excellent season for Cal thus far. The Tempe, Ariz., native has made setting the school record in the pole vault seem like a standard procedure in 2008. Last weekend at the California Relays, Morgan once again set the school mark, recording a 13-9.25 (4.20m) to take top honors in the event. She surpassed her old mark of 13-6.25 that she set the previous weekend at the Payton Jordan Cardinal Qualifier. Morgan has now taken top honors in her last five competitions and has set the school record three times.

At the Brutus Hamilton Invitational, she took first in the pole vault, earning a mark of 13-1.75 (4.01m) to claim top honors. Morgan also took the top spot at the Big Meet when she set the new school record that had previously been set earlier this year by teammate Allison Stokke. Morgan surpassed Stokke's mark of 13-3.50 with her score of 13-5.75. Morgan's score was also a Big Meet record.

During the indoor season, Morgan provisionally qualified for the NCAA Indoor Championships in the pole vault, as she set a then-PR of 13-1.00 (3.99m) at the MPSF Indoor Championships and that mark also set the school indoor record. She achieved the same mark again later during the indoor season at the Washginton Last Chance Meet.

### Lewy Headed To Beijing

Cal track and field assistant coach **Magdalena Lewy** placed second in the women's marathon in the 2008 U.S. Olympic Trials on April 20 in Boston, Mass. With the second-place finish, Lewy will be headed to Beijing, China, for the Olympics later this summer, as the top three runners qualified for the U.S. Olympic Team. Lewy, who is in her seventh season coaching at Cal, clocked a lifetime-best 2:30:19 to take second overall.

Lewy led for most of the race before she was passed by eventual-winner Deena Kastor at the 2:15 mark. She was in first from the start until the 24th mile of the 26-mile-plus race. Despite losing the top spot, Lewy still held a strong lead over the competitors in third and fourth place, ensuring her spot on the Olympic team.

### Garrett Named Pac-10 Women's Track Athlete of the Week

Cherrelle Garrett was named the Pac-10 Women's Track Athlete of the Week on April 14. Garrett earned the honor after her performances at the Big Meet. This was the first Pac-10 Track Athlete of the Week award for Cal in 2008.

Garrett was a three-time winner against Stanford. She was victorious in the 100-meter dash, the 200-meter dash and ran the final leg of the first-place 4x100-meter relay. Garrett's time in the 100 meters was a regional-qualifying time of 11.51, was a freshman record and ranks her second all-time at Cal in that event. She also set a new PR in the 200 at 24.01.

### Up Next

Following this week's action, Cal has next week off as it prepares for the NCAA West Regional from May 30-31 on the campus for Cal State Northridge.

### Interim Director of Track and Field Tony Sandoval

Tony Sandoval, a familiar name in San Francisco Bay Area track and field circles, continues his 26th year of association with the California track and field program and his first as the interim Director of Track and Field, after serving numerous seasons as the associate director of track and field. Sandoval previously served 10 years as Cal's head women's coach prior to the merger of the men's and women's programs into a single entity.