



WOMEN'S TOP-10 ALL-TIME: INDOOR



55-Meter Dash

1. 7.12	Tameka Hinton	1994
2. 7.24	Lynnette McBride	1990
3. 7.28	Sue Rowland	1987
7.28	Yetunde Daniels	2000
5. 7.31	Tricia Plasko	1991
7.31	Christina Muccio	2009
7. 7.34	Tolu Fayanjolu	2003
8. 7.35	Chessa Forer	2006
9. 7.38	Danielle Todman	2006
10. 7.41	Stephanie Evans	2008

55-Meter HH

1. 8.24	Karen Shimomura	1991
2. 8.25	Catherine Trentacoste	2007
3. 8.32	Melanie Buczko	2006
4. 8.37	Kiley MacDonald	2003
5. 8.38	Danielle Todman	2006
6. 8.40	Jamie Lilien	2003
7. 8.43	Tina Hall	1996
8. 8.47	Edwina Bourn	2003
9. 8.52	Margaret Wilkes	1989
8.52	Sara Vargo	1999

60-Meter Dash (run since 2002)

1. 7.75	Tolu Fayanjolu	2004
7.75	Sasha Hornock	2012
3. 7.88	Emma Rice	2012
4. 7.90	Christina Muccio	2009
5. 7.92	Stephanie Evans	2008
6. 7.99	Chessa Forer	2007
7. 8.00	Kalle James-Wintjen	2006
8.00	Jaime Rasmussen	2008
9. 8.03	Catherine Trentacoste	2006
10. 8.04	Olivia Massey	2010

60-Meter Hurdles (run since 2002)

1. 8.78	Catherine Trentacoste	2007
2. 8.84	Taylor Funk	2012
3. 8.89	Melanie Buczko	2005
4. 9.02	Jamie Leacock	2011
5. 9.10	Jamie Lilien	2004
6. 9.15	Danielle Todman	2005
7. 9.16	Kiley MacDonald	2003
8. 9.25	Samantha Klotz	2002
9.25	Ashley Curry	2005
10. 9.27	Nina Reinhardt	2005

200-Meter Dash

1. 24.94	Yetunde Daniels	2000
2. 24.95	Tameka Hinton	1994
3. 25.22	Jennifer Zymet	2012
4. 25.61	Kim Nagotko	2012
5. 25.72	Rehana Lanewala	2002
6. 25.76	Chessa Forer	2006
7. 25.78	Charity Brady	2003
8. 25.79	Sue Rowland	1989
9. 25.80	Tricia Plasko	1991
10. 25.84	Sasha Hornock	2011

300-Meter Dash

(No longer competed in Division I)

1. 41.54	Tameka Hinton	1992
2. 41.81	Catherine Trentacoste	2006
3. 41.97	Kim Nagotko	2012
4. 41.99	Kalle James-Wintjen	2006
5. 42.34	Lynnette McBride	1991
6. 42.45	Jennifer Zymet	2011
7. 42.77	Lindsay Appel	2009
8. 42.84	Tricia Plasko	1991
9. 43.10	Taylor Funk	2011
10. 43.20	Kristin Steele	2009

400-Meter Dash

1. 56.74	Yetunde Daniels	2000
2. 56.89	Stephanie Bango	2002
3. 57.26	Amy Calvo	2004
4. 57.28	Charity Brady	2003
5. 57.49	Jennifer Zymet	2011
6. 57.52	Catherine Trentacoste	2007
7. 57.59	Rehana Lanewala	2002
8. 58.03	Jennifer Pierce	2009
9. 58.07	Monique Boley	2004
10. 58.19	Lindsay Appel	2009

500-Meter Dash

1. 1:14.25	Megan Hathaway	2009
2. 1:15.01	Amy Calvo	2003
3. 1:15.27	LaTonya McSwain	2000
4. 1:15.37	Stephanie Bango	2002
5. 1:15.56	Monique Boley	2005
6. 1:15.58	Jennifer Zymet	2012
7. 1:15.59	Christa Sawko	2005
8. 1:15.94	Jennifer Pierce	2010
9. 1:16.45	Laura Ryan	2001
10. 1:16.81	Hana Casalnova	2011

800-Meter Run

1. 2:09.08	Stephanie Bango	2002
2. 2:09.18	Christa Sawko	2005
3. 2:12.13	Megan Hathaway	2009
4. 2:13.42	LaTonya McSwain	2002
5. 2:13.60	Pamela Richardson	1996
6. 2:13.88	Hana Casalnova	2012
7. 2:14.22	Amy Calvo	2005
8. 2:14.29	Lauren Bricker	2006
9. 2:14.56	Offieba Hanson-Hall	2008
10. 2:14.58	Nicki Piper	2003

1,000-Meter Run

1. 2:52.33	Hana Casalnova	2012
2. 2:53.33	Beth Braunneg	2012
3. 2:53.90	Christa Sawko	2006
4. 2:54.21	Jennifer Marsh	2005
5. 2:54.30	Caroline Tolly	2012
6. 2:54.35	Pamela Richardson	1998
7. 2:54.38	Gena Korrell	1989
8. 2:54.50	Julie Sweitzer	1998
9. 2:54.81	Stephanie Bango	2002
2:54.81	Stephanie Fulmer	2010

1,500-Meter Run

(No longer competed in Division I)

1. 4:39.63	Julie Sweitzer	1997
2. 4:39.93	Kathy Wurster	1994
3. 4:40.37	Gena Korrell	1989
4. 4:40.66	Gabi Czaja	1985
5. 4:41.74	Gina Abraham	1991
6. 4:42.44	Liz Ludwigson	1987
7. 4:44.74	Katrina Bikis	1983
8. 4:46.14	Tracey Bigley	1985
9. 4:46.88	Debbie Passmore	1983
10. 4:47.22	Mary Beth Allen	1988

Mile

1. 4:52.41	Julie Sweitzer	1997
2. 4:53.78	Erin Cranmer-Hart	2007
3. 4:55.74	Kelly McConnell	2002
4. 4:57.26	Maddie Dulac	2012
5. 4:58.11	Christa Sawko	2007
6. 4:58.62	Caroline Tolly	2012
7. 4:59.15	Emily Liggett	2012
8. 4:59.16	Stephanie Fulmer	2009
9. 4:59.50	Beth Braunneg	2012
10. 4:59.74	Jenny Stevens	2006

3,000-Meter Run

1. 9:46.27	Gabi Czaja	1985
2. 9:50.01	Becki Marshall	2001
3. 9:50.33	Sarah Moniz	2010
4. 9:50.93	Emily Liggett	2012
5. 9:53.65	Stephanie Fulmer	2011
6. 9:55.00	Maddie Dulac	2012
7. 9:55.24	Stacey Nicholson	1984
8. 9:59.04*	Ann Bischoff	1980
9. 10:00.74	Kristen Opdyke	1992
10. 10:02.26	Jenny Stevens	2007

5,000-Meter Run

1. 16:56.76	Gabi Czaja	1985
2. 16:59.78	Judy Perry	1987
3. 17:12.57	Theresa Dennis	2003
4. 17:16.61	Jennifer Hart	2000
5. 17:22.73	Leanna Nastase	2007
6. 17:25.64*	Stacey Nicholson	1983
7. 17:27.15	Carly Graytock	2000
8. 17:29.92	Andrea Beisser	2001
9. 17:30.78	Jenny Stevens	2007
10. 17:32.64*	Kelly Hoskins	1983

Long Jump

1. 19-1 1/2	Jen Rice	1998
2. 19-0 1/2	Tolu Fayanjolu	2005
3. 18-10 3/4	Lynnette McBride	1991
4. 18-8 1/2	Kim McGrath	2000
5. 18-8	Nina Reinhardt	2006
6. 18-3 1/4	Nicole Ayala	2008
18-3 1/4	Alexandra Romanelli	2012
8. 18-2 3/4	Kate Dei Cas	1997
18-2 3/4	Jamie Lilien	2000
10. 18-2 1/2	Kati Dempsey	2006

Triple Jump

1. 41-1 1/2	Jill Wise	1988
2. 39-3 1/4	Kim McGrath	2000
3. 38-10 1/2	Ann Doty	2004
4. 38-9 3/4	Alexandra Romanelli	2012
5. 38-8 3/4	Amy Mantush	2008
6. 38-8 1/2	Jen Rice	1998
7. 38-0	Nicole Ayala	2008
8. 37-10 3/4	Dionne Bonds	2003
37-10 3/4	Lauren Bricker	2004
10. 37-8	Casey Krause	2010

High Jump

1. 5-8	Amy Mantush	2010
2. 5-7 1/4	Heather Dahl	1986
3. 5-6 1/2	Jen Rice	1998
4. 5-5 1/2	Lonnie Fertik	1980
5. 5-5 1/4	Jamie Lilien	2001
6. 5-5	Pam DelRio	1985
5-5	Shannon Maher	2002
5-5	Kati Dempsey	2005
5-5	Emily Ando	2012
10. 5-4 1/2	Dawn Ellery	1991
5-4 1/2	Norine Nadeau	1995

Shot Put

1. 47-10 3/4	Chelsey Musante	2010
2. 47-0 3/4	Sarah Bella	2012
3. 46-2	Marjorie Grap	2007
4. 45-5 1/4	Lori Allen	2000
5. 44-4	Tria Tyler	1999
6. 43-7	Rebecca Misko	2012
7. 43-2 1/2	Amanda Mockbee	2008
8. 43-2 1/4	Lisa Allen	1997
9. 43-0 1/2	Beth Bittel	1980
10. 42-11 3/4	Laura Schaffer	2003

20-Pound Weight Throw

1. 65-7 1/2	Marjorie Grap	2007
2. 59-7	Chelsey Musante	2009
3. 56-5 3/4	Abby Monaghan	2012
4. 54-11 1/2	Amanda Mockbee	2008
5. 54-11 1/4	Sarah Bella	2012
6. 54 1/2	Maria Garcia	2004
7. 53-9 3/4	Angie McFarland	2005
8. 53-0 1/4	Lisa Allen	1997
9. 52-4	Joylyn Brown	1998
10. 51-6	Liz Pendleton	2005

Pole Vault

1. 13-5 1/2	Melanie Buczko	2005
2. 12-3 1/2	Angie Hall	2005
3. 12-1 1/2	Rebecca Frey	2009
4. 12-1	Andrea Nyce	2002
5. 11-9 3/4	Emily Ando	2012
11-9 3/4	Autumn Schellenberger	2012
7. 11-3 3/4	Ashley Curry	2005
8. 10-11 3/4	Andrea Asimoglou	2009
10-11 3/4	Rebekka Vuojalainen	2012
10. 10-10	Shannon Benson	2001
10-10	Sam Klotz	2002
10-10	Yanelis Mestre	2012

Pentathlon

1. 3,504	Nina Reinhardt	2007
2. 3,460	Lonnie Fertik	1982
3. 3,449	Amy Mantush	2010
4. 3,403	Sara Vargo	1999
5. 3,400	Norine Nadeau	1994
6. 3,271	Jamie Lilien	2001
7. 3,267	Danielle Todman	2006
8. 3,147	Karen Middleton	2000
9. 3,114	Kristin Bretscher	2011
10. 3,098	Megan Frederick	2004

4x400-Meter Relay (Mile Relay+1.2)

1. 3:47.13	McSwain, Daniels, Wolfgang, Bango	2000
2. 3:47.64	Bango, McSwain, Wolfgang, Daniels	2000
3. 3:49.84	Calvo, McSwain, Lanewala, Bango	2002
4. 3:50.82	Bango, Ryan, McSwain, Daniels	1999
5. 3:51.54	Calvo, Lanewala, McSwain, Bango	2002
6. 3:52.99	Appel, Dalzell, Pierce, Hathaway	2009
7. 3:53.05	Wolfgang, Shariff, McSwain, Bango	2001
8. 3:53.15	Trentacoste, Sawko, James-Wintjen, Pierce	2007
9. 3:53.47	Quintana, Wolfgang, Ryan, Daniels	1999
10. 3:53.89	Wolfgang, Shariff, McSwain, Bango	2001

4x800-Meter Relay (Two-mile-3.0)

1. 8:57.71	Ryan, McConnell, McSwain, Bango	2001
2. 8:58.26	Bricker, Hanson-Hall, Gilbert, Sawko	2006
3. 8:59.38	Ryan, McConnell, McSwain, Bango	2001
4. 9:00.10	Bango, McSwain, Sweitzer, O'Doherty	1999
5. 9:00.22	Bango, McSwain, Sweitzer, O'Doherty	1999
6. 9:01.92	Braunneg, Waksmunski, Tolly, Casalnova	2012
7. 9:02.37	Bricker, Hanson-Hall, Branker, Sawko	2006
8. 9:04.40	Fulmer, Dalzell, Janda, Hathaway	2009
9. 9:04.95	Sawko, Bricker, Gilbert, Hanson-Hall	2006
10. 9:04.98	C. Hamlin, A. Hamlin, Richardson, Sweitzer	1998

Distance Medley Relay (DMR metric+5.0)

1. 11:35.10	Bango, Lanewala, McSwain, McConnell	2002
2. 11:36.05	Cranmer-Hart, Sawko, Trentacoste, Stevens	2006
3. 11:41.76	Braunneg, Zymet, Casalnova, Liggett	2012
4. 11:51.47	Braunneg, Zymet, Horleman, Liggett	2011
5. 11:55.00	McSwain, Marshall, Mangan, Bango	2000
6. 11:56.00	Bricker, Trentacoste, Sawko, Cranmer-Hart	2006
7. 11:56.72	Fulmer, Zymet, Casalnova, Hooper	2011
8. 11:58.46	Bango, Shariff, McSwain, Marshall	2001
9. 11:59.78	Braunneg, Zymet, Tolly, Fulmer	2012
10. 12:00.42	Richardson, Daniels, A. Hamlin, Sweitzer	1997

Sprint Medley Relay

1. 4:05.44	Trentacoste, James-Wintjen, Forer, Sawko	2007
2. 4:08.7	Hinton, Harbst, Plasko, Abraham	1992
3. 4:09.25	Allen, Lanewala, Vanden Broek, Bricker	2005
4. 4:11.46	Hathaway, Pierce, Evans, Janda	2008
5. 4:11.91	Zymet, Bretscher, Hornock, Casalnova	2011
6. 4:13.18	Hathaway, James-Wintjen, Appel, Fulmer	2009
7. 4:14.18	Allen, Emmons, Vanden Broek, Sawko	2006
8. 4:16.59	Hathaway, Reinhardt, Mantush, Fink	2007
9. 4:21.07	Hathaway, Forer, Casey, Bricker	2006
10. 4:22.52	Boley, Klotz, Turner-Byfield, Piper	2002

Shuttle Hurdles Relay



WOMEN'S TOP-10 ALL-TIME: OUTDOOR



100-Meter Dash

1.	12.07	Tricia Plasko	1990
2.	12.09	Tameka Hinton	1995
3.	12.10	Yetunde Daniels	1999
4.	12.12	Tolu Fayanjuola	2004
5.	12.17	Sue Rowland	1988
6.	12.21	Lynnette McBride	1990
7.	12.25	Sasha Hornock	2012
8.	12.32	Emma Rice	2012
9.	12.34	Karen Leonard	1995
10.	12.36	Stephanie Evans	2007

200-Meter Dash

1.	24.60	Yetunde Daniels	2000
2.	24.74	Tricia Plasko	1992
3.	24.85	Tameka Hinton	1995
4.	24.91	Jennifer Zymet	2011
5.	24.93	Charity Brady	2003
6.	25.11	Rehana Lanewala	2002
7.	25.21	Sue Rowland	1988
8.	25.22	Sasha Hornock	2011
9.	25.30	Kiley McDonald	2003
10.	25.38	Stephanie Evans	2009

400-Meter Dash

1.	55.50	Yetunde Daniels	2000
2.	55.72	Jennifer Zymet	2012
3.	56.41	Stephanie Bango	2002
4.	56.71	Catherine Trentacoste	2006
5.	56.88	Khadija Shariff	2001
6.	57.02	Rehana Lanewala	2002
7.	57.08	LaTonya McSwain	2000
8.	57.13	Charity Brady	2003
9.	57.13	Amy Calvo	2004
10.	57.15	Monique Boley	2005

800-Meter Run

1.	2:08.98	Christa Sawko	2006
2.	2:09.33	Stephanie Bango	2002
3.	2:09.90	Hana Casalnova	2012
4.	2:11.17	Megan Hathaway	2009
5.	2:11.74	Beth Braunegg	2012
6.	2:12.02	Caroline Tolli	2012
7.	2:12.34	LaTonya McSwain	2002
8.	2:12.34	Lauren Bricker	2005
9.	2:12.45	Jenny Dalzell	2008
10.	2:12.54	Julie Sweitzer	1999

1,500-Meter Run

1.	4:28.28	Christa Sawko	2006
2.	4:29.63	Sarah Moniz	2010
3.	4:30.14	Lauren Bricker	2006
4.	4:31.14	Hana Casalnova	2012
5.	4:31.18	Caroline Tolli	2012
6.	4:33.04	Julie Sweitzer	1998
7.	4:33.57	Jennifer Marsh	2005
8.	4:33.98	Emily Liggett	2012
9.	4:34.56	Erin Cranmer-Hart	2006
10.	4:34.68	Stephanie Fulmer	2010

3,000-Meter Run

(No longer competed in Division I)

1.	10:41.98	Chris Crowe	2002
2.	10:52.97	Lauren Bricker	2006
3.	11:02.70	Leah Goeke	2012
4.	11:05.17	Christine Totten	2007
5.	11:08.2	Kelly Grosskurth	2011
6.	11:19.27	Samantha Bower	2009
7.	11:20.70	Nichole Smith	2007
8.	11:27.40	Rebecca Pierotti	2006
9.	11:31.02	Kelly Raffety	2005
10.	11:31.52	Jamie Gow	2004

3,000 Steeplechase

1.	10:41.98	Chris Crowe	2002
2.	10:52.97	Lauren Bricker	2006
3.	11:02.70	Leah Goeke	2012
4.	11:05.17	Christine Totten	2007
5.	11:08.2	Kelly Grosskurth	2011
6.	11:19.27	Samantha Bower	2009
7.	11:20.70	Nichole Smith	2007
8.	11:27.40	Rebecca Pierotti	2006
9.	11:31.02	Kelly Raffety	2005
10.	11:31.52	Jamie Gow	2004

5,000-Meter Run

1.	16:51.95	Emily Liggett	2012
2.	16:56.23	Sarah Moniz	2011
3.	16:59.98	Becki Marshall	2001
4.	17:09.74	Kelly Hoskins	1984
5.	17:10.94	Judy Perry	1987
6.	17:18.64	Jennifer Hart	2000
7.	17:18.98	Alysha Hooper	2011
8.	17:20.88	Jenny Stevens	2006
9.	17:21.94	Leanna Nastase	2007
10.	17:27.54	Andrea Beisser	2000

10,000-Meter Run

1.	35:05.14	Judy Perry	1987
2.	35:59.62	Carly Graytock	2000
3.	36:03.24	Kelly Hoskins	1984
4.	36:18.28	Theresa Dennis	2003
5.	36:18.74	Helene Weiting	1989
6.	36:24.97	Katie Pfeifer	2004
7.	36:35.75	Leanna Nastase	2007
8.	36:45.14	Kelly Marsh	1991
9.	36:45.67	Alaina Chodoff	2011
10.	36:50.80	Gillian Nordquist	2009

100-Meter High Hurdles

1.	14.14	Catherine Trentacoste	2007
2.	14.41	Taylor Funk	2012
3.	14.44	Edwina Bourn	2002
4.	14.48	Kiley MacDonald	2003
5.	14.56	Margaret Wilkes	1990
6.	14.57	Melanie Buczko	2006
7.	14.57	Jamie Leacock	2011
8.	14.69	Jamie Lilien	2003
9.	14.73	Tina Hall	1996
10.	14.74	Nina Reinhardt	2007

400-Meter Int. Hurdles

1.	1:00.75	Khadija Shariff	2001
2.	1:01.17	Catherine Trentacoste	2006
3.	1:01.95	Taylor Funk	2012
4.	1:02.81	Edwina Bourn	2000
5.	1:02.84	Bridget Dean	1995
6.	1:02.95	Jamie Leacock	2009
7.	1:03.12	Christa Sawko	2004
8.	1:03.14	Sue Lorch	1986
9.	1:03.32	Jen Flanders	1998
10.	1:04.05	Hannah Jones	2011

Long Jump

1.	19-8 1/4	Tolu Fayanjuola	2004
2.	19-0 1/4	Jill Wise	1988
3.	19-0 1/4	Lynette McBride	1990
4.	19-0	Kate Dei Cas	1997
5.	19-0	Jen Rice	1997
6.	18-6	Jennifer Pierce	2008
7.	18-5 3/4	Nina Reinhardt	2006
8.	18-5 1/4	Kim McGrath	2000
9.	18-4 1/4	Amy Mantush	2008
10.	18-4 1/4	Sasha Hornock	2012

Triple Jump

1.	41-3 1/4	Jill Wise	1988
2.	39-1	Amy Mantush	2008
3.	39-0 1/2	Ann Doty	2005
4.	38-10 1/4	Kim McGrath	2000
5.	38-10 1/4	Casey Krause	2010
6.	38-7 3/4	Lauren Bricker	2004
7.	38-4	Nicole Ayala	2006
8.	38-2	Stephanie Evans	2009
9.	38-1 1/2	Dionne Bonds	2003
10.	38-0 1/4	Alexandra Romanelli	2012

High Jump

1.	5-7	Amy Mantush	2007
2.	5-6 1/2	Karen Middleton	1998
3.	5-6	Norine Nadeau	1996
4.	5-5 3/4	Lonnie Fertik	1983
5.	5-5	Shannon Maher	2002
6.	5-5	Tolu Fayanjuola	2005
7.	5-5	Kati Dempsey	2006
8.	5-4 1/2	Jen Rice	1998
9.	5-4	Pam DelRio	1984
10.	5-4	Dawn Ellery	1991

Shot Put

1.	46-10 1/4	Chelsey Musante	2010
2.	46-4	Sarah Bella	2009
3.	45-0 1/2	Lori Allen	2000
4.	44-9 1/2	Marjorie Grap	2004
5.	43-11 3/4	Laura Schaffer	2004
6.	43-8 1/2	Beth Bittel	1990
7.	43-5 3/4	Rebecca Misko	2011
8.	43-4	Triya Tyler	1999
9.	42-10 1/4	Tameka Hinton	1995
10.	42-7 1/2	Amanda Mockbee	2008

Hammer Throw

1.	202-8	Maria Garcia	2004
2.	192-0	Marjorie Grap	2007
3.	175-7	Chelsey Musante	2010
4.	173-1	Angie McFarland	2004
5.	170-3	Triya Tyler	1999
6.	166-2	Amanda Mockbee	2007
7.	164-3	Jen Kirschner	2000
8.	163-7	Erin Lee	2004
9.	163-4	Joylyn Brown	1998
10.	162-5	Liz Pendleton	2005
	162-5	Kathryn Wahls	2012

Discus

1.	159-10	Triya Tyler	1999
2.	157-8	Amanda Mockbee	2008
3.	152-11	Rebecca Misko	2011
4.	151-9	Abby Monaghan	2012
5.	151-3	Marjorie Grap	2007
6.	148-5	Kathleen Hart	2007
7.	147-4	Emily Hoch	1999
8.	145-10	Erin Lee	2002
9.	139-10	Joanne Skinner	1985
10.	139-5	Sarah Bella	2009

Javelin (1999-pres.)

1.	158-7	Laura Ryciek	2011
2.	157-3	Beverly Rogers	2008
3.	156-6	Kat Folger	2012
4.	144-1	Taylor Siegrist	2011
5.	131-11	Danielle Brown	2002
6.	131-0	Erin Lee	2002
7.	130-8	Megan Frederick	2004

Javelin (old implement)

1.	152-9	Heather Korhammer	1986
2.	143-11	Corinne Dinardo	1984
3.	139-10	Norine Nadeau	1993
4.	137-1	Jen Hafer	1994
5.	134-8	Sarah Vargo	1998
6.	127-10	Miriam Lopez	1996
7.	127-7	Juli Winkler	1987
8.	126-0	Tona Williams	1986

Pole Vault

1.	13-3 1/2	Melanie Buczko	2004
2.	12-4	Angie Hall	2004
3.	12-1 1/2	Emily Ando	2012
4.	12-0	Rebecca Frey	2009
5.	11-11 3/4	Andrea Nyce	2001
6.	11-7 3/4	Autumn Schellenberger	2012
7.	11-1 3/4	Yanelis Mestre	2012
8.	11-1 3/4	Kristin Sundry	2012
9.	11-0	Samantha Klotz	2002
10.	11-0	Ashley Curry	2006

Heptathlon

1.	4,816	Lonnie Fertik	1983
2.	4,807	Norine Nadeau	1995
3.	4,640	Sara Vargo	1999
4.	4,630	Nina Reinhardt	2007
5.	4,434	Amy Mantush	2007
6.	4,258	Kristin Bretscher	2011
7.	4,208	Kat Allen	2007
8.	4,161	Danielle Todman	2006
9.	4,027	Karen Middleton	2000
10.	3,426	Rebecca Eppleman	2009

4x100-Meter Relay

1.	47.45	Funk, Zymet, Rice, Hornock, Zymet, Funk, Muccio, Hornock	2012
2.	47.70	Brady, Lanewala, Bourn, MacDonald, Diercks, Plasko, Wilson, Hinton	2011
3.	48.06	Calvo, Vanden Broek, Lanewala, Fayanjuola	2003
4.	48.08	Calvo, Vanden Broek, Lanewala, Fayanjuola	1992
5.	48.11	Evans, Pierce, Steele, Bretscher	2004
6.	48.11	Evans, Pierce, Steele, Muccio	2008
7.	48.16	Daniels, Bourn, Vargo, McGrath	2009
8.	48.19	Daniels, Bourn, Vargo, McGrath, Daniels, Rice, Leonard	2009
9.	48.30	Daniels, Bourn, Vargo, McGrath	2000
10.	48.33	McGrath, Daniels, Rice, Leonard	1998

4x200-Meter Relay

1.	1:41.40	Zymet, Rice, Hornock, Nagotko	2012
2.	1:43.42	Bourn, McDonald, Lanewala, Brady	2003
3.	1:43.54	Evans, James-Wintjen, Steele, Muccio	2009
4.	1:43.68	Dean, Plasko, Wilson, Hinton	1992
5.	1:43.84	Harbst, Plasko, Wilson, Hinton	1992
6.	1:44.08	Daniels, Quintana, Wolfgang, Vargo	1999
7.	1:44.15	Daniels, Nyce, Wolfgang, Bourn	2000
8.	1:44.52	Appel, James-Wintjen, Krause, Leacock	2010
9.	1:45.70	Zymet, Muccio, Bretscher, Hornock	2011
10.	1:47.04	Gilbert, Sawko Miller, Burke	2007

4x400-Meter Relay

1.	3:47.09	Calvo, McSwain, Lanewala, Bango	2002
2.	3:48.51	McSwain, Quintana, Daniels, Bango	1999
3.	3:48.53	Calvo, McSwain, Lanewala, Bango	2002
4.	3:49.08	McSwain, Quintana, Daniels, Bango	1999
5.	3:50.13	Kyzmir, Bango, McSwain, Daniels	2000
6.	3:50.28	Kyzmir, Shariff, Daniels, McSwain	2000
7.	3:50.49	Kyzmir, Bango, McSwain, Daniels	2000
8.	3:50.65	Pierce, Janda, Hathaway, Trentacoste	2007
9.	3:50.86	Calvo, Boley, Piper, Brady	2003
10.	3:51.47	Calvo, Boley, Piper, Brady	2003

4x800-Meter Relay

1.	8:44.94	
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