



# 2007 Women's Outdoor Season's Best List



## 100-Meter Dash

1. 12.36 - S. Evans (PLC)
2. 12.81 - K. James-Wintjen (PLC)
3. 12.95 - K. Steele (BTC)
4. 13.10 - L. Emons (BTC)
5. 13.16 - S. VandenBroek (BTC)

## 200-Meter Dash

1. 25.90 - K. James-Wintjen (PLC)
2. 26.00 - N. Reinhardt (BOC)
3. 26.36 - S. VandenBroek (BTC)
4. 26.52 - S. Evans (BTC)
5. 26.54 - A. Mantush (BOC)

## 400-Meter Dash

1. 56.67 - C. Trentacoste (PLC)
2. 58.60 - M. Hathaway (PLC)
3. 58.98 - J. Pierce (BTC)
4. 59.00 - C. Sawko (SI)
5. 59.45 - J. Dalzell (GM)

## 800-Meter Run

1. 2:09.35 - C. Sawko (ITC) N E
2. 2:13.08 - O. Hanson-Hall (PLC) (8)
3. 2:14.82 - V. Gilbert (BTC)
4. 2:15.58 - A. Janda (PLC)
5. 2:16.42 - E. Cranmer-Hart (GM)

## 1,500-Meter Dash

1. 4:32.85 - C. Sawko (PLC) E
2. 4:34.49 - E. Cranmer-Hart (PLC)
3. 4:39.77 - J. Stevens (BTC)
4. 4:42.16 - L. Nastase (BTC)
5. 4:50.66 - O. Hanson-Hall (GM)

## 3,000-Meter Run

1. 9:58.24 - L. Nastase (PR)
2. 9:59.24 - J. Stevens (PR)
3. 10:17.87 - E. Cranmer-Hart (BTC)
4. 10:29.34 - G. Nordquist (BTC)
5. 10:48.59 - G. Skovira (SH)

## 3,000 Steeplechase

1. 11:05.17 - C. Totten (PLC) (2)
2. 11:20.70 - N. Smith (BOC) (3)
3. 11:35.92 - N. Falcaro (SH) (10)
4. 11:45.70 - G. Skovira (BTC)
5. 11:59.90 - R. Pierotti (BTC)

## 5,000-Meter Run

1. 17:21.94 - L. Nastase (BOC) E
2. 17:35.65 - J. Stevens (BOC)
3. 17:51.09 - C. Totten (BOC)
4. 18:06.25 - G. Nordquist (BOC)
5. 18:47.24 - N. Falcaro (BOC)

## 10,000-Meter Run

1. 36:35.75 - L. Nastase (PLC) (7) E
2. 37:24.45 - C. Totten (JT) E
3. 38:10.21 - G. Nordquist (PLC)
4. 38:23.85 - K. Hassett (BOC)
5. 39:12.13 - N. Falcaro (PLC)

## 100-Meter Hurdles

1. 14.14 - C. Trentacoste (PLC) (1) E
2. 14.74 - N. Reinhardt (PLC) (8)
3. 15.00 - M. Buczko (ITC)
4. 15.77 - A. Mantush (BOC)
5. 15.95 - K. Allen (PLC)

## 400-Meter Hurdles

1. 1:01.36 - C. Trentacoste (PLC)
2. 1:04.91 - C. Sawko (SI)
3. 1:05.16 - K. Allen (BTC)
4. 1:07.00 - K. Beckett (BTC)
5. 1:08.15 - J. Pierce (SI)

## High Jump

1. 5-7 - A. Mantush (BTC) (1) E
5. 5-2 1/4 - R. Eppleman (BTC)
3. 5-1 3/4 - N. Reinhardt (SI)
4. 5-1 - K. Hart (SI)
- 5-1 - S. Groman (BOC)

## Long Jump

1. 17-9 3/4 - N. Reinhardt (EC)
2. 17-8 3/4 - K. Dempsey (BOC) (9)
3. 17-7 1/2 - J. Pierce (PLC)
4. 17-6 3/4 - A. Mantush (PLC)
5. 16-7 - A. Doty (PLC)

## Triple Jump

1. 38-9 - A. Doty (PLC)
2. 37-8 3/4 - A. Mantush (PLC)
3. 37-7 1/4 - L. Bricker (PLC)
4. 36-9 1/2 - D. Manero (BOC)
5. 36-6 3/4 - A. Kronquist (PLC)

## Pole Vault

1. 12-7 1/2 - M. Buczko (BTC) N E
2. 11-11 3/4 - A. Hall (BTC) E
3. 10-11 3/4 - A. Curry (BTC)
4. 10-11 3/4 - A. Kronquist (PLC) (5)
5. 10-6 - L. Bricker (PLC) (6)

## Shot Put

1. 43-11 - M. Grap (PLC)
2. 42-3 1/2 - C. Mustante (PLC)
3. 40-1 1/4 - A. Mockbee (SH)
4. 39-10 - K. Hart (GM)
5. 35-10 1/2 - N. Reinhardt (EC)

## Discus

1. 152-1 - A. Mockbee (SH) (2) E
2. 151-3 - M. Grap (PLC) E
3. 148-5 - K. Hart (PLC) (4) E
4. 101-0 - C. Lynch (SI)

## Hammer Throw

1. 192-0 - M. Grap (EC) N
2. 164-9 - A. Mockbee (PLC) E
3. 147-4 - C. Mustante (PLC)
4. 143-8 - K. Hart (PLC)
5. 97-5 - C. Lynch (SI)

## Javelin Throw

1. 154-3 - B. Rogers (PLC) N E
2. 91-1 - A. Asimoglou (BTC)
3. 90-9 - N. Reinhardt (PLC)
4. 84-6 - A. Mantush (BOC)
5. 83-2 - K. Allen (PLC)

## Heptathlon

1. 4,630 - N. Rienhardt (PLC) E
2. 4,434 - A. Mantush (BOC)
3. 4,208 - K. Allen (PLC)
4. 3,393 - R. Eppleman (BOC)

## 4x100-Meter Relay

1. 48.90 - Pierce, Evans, Steele, James-Wintjen (PLC)
2. 49.69 - Evans, Trentacoste, Buczko, James-Wintjen (BTC)
3. 50.32 - Bucknell 'A' (GM)

## 4x400-Meter Relay

1. 3:50.65 - Pierce, Janda, Hathaway, Trentacoste (PLC) (8) E
2. 3:57.12 - Pierce, Dalzell, Hathaway, Fink (PR)
3. 3:59.21 - Hathaway, Sawko, Trentacoste, Pierce (BTC)
4. 4:00.11 - Fink, Janda, Sawko, Hanson-Hall (BOC)
5. 4:00.39 - Hathaway, Dalzell, James-Wintjen, Pierce (EC)

## 4x800-Meter Relay

1. 8:57.00 - Hanson-Hall, Cranmer-Hart, Janda, Sawko (EC)
2. 8:57.80 - Cranmer-Hart, Hanson-Hall, Gilbert, Sawko (PLC) (3) E
3. 9:34.09 - Janda, Shambaugh, Hanson-Hall, Gilbert (BTC)
4. 9:45.92 - Dalzell, Trentacoste, Park, Wright (BOC)

(1) - Bucknell Top Ten

E - ECAC

N - NCAA Regional

(SI): Shamrock Invitational

(GM): George Mason Inv.

(JT): Jim Taylor Invit.

(ITC): Tiger Track Classic

(SH): Sam Howell Memorial

(BOC): Bison Outdoor Classic

(BTC): BU Winter Classic

(PR): Penn Relays

(RFO): Red Flash Open

(PLC): Patriot League Champ.

(EC): ECAC Championships