



# 2007 ECAC/NCAA REGIONAL OUTDOOR QUALIFIERS



<u>EVENT</u>	<u>ECAC/NCAA</u>
<b>100-Meter Dash:</b>	<b>12.14/11.75</b>
<b>200-Meter Dash:</b>	<b>24.94/23.96</b>
<b>400-Meter Dash:</b>	<b>56.44/54.61</b>
<b>800-Meter Run:</b>	<b>2:11.44/2:09.80</b>
Christa Sawko (TTC)	2:09.35# (PL Champ)
<b>1,500-Meter Run:</b>	<b>4:34.44/4:27.80</b>
Christa Sawko (BOC)	4:32.85 (PL Champ)
<b>Mile:</b>	<b>4:54.24/4:49.60</b>
<b>3,000-Meter Run:</b>	<b>9:56.24/NA</b>
<b>3,000-Meter Steeplechase:</b>	<b>10:55.04/10:50.25</b>
Christine Totten (PLC)	11:05.17 (PL Champ)
<b>5,000-Meter Run:</b>	<b>17:26.14/16:52.00</b>
Leanna Nastase (BOC)	17:21.94
<b>10,000-Meter Run:</b>	<b>37:40.00/33:30.00(Auto), 35:00.00(Prov.)</b>
Leanna Nastase (PLC)	36:35.75
Christine Totten (JT)	37:24.45
<b>100-Meter Hurdles:</b>	<b>14.44/13.92</b>
Catherine Trentacoste (PLC)	14.14
<b>400-Meter Hurdles:</b>	<b>1:02.64/1:00.82</b>
Catherine Trentacoste (PLC)	1:01.36
<b>4x100-Meter Relay:</b>	<b>48.34/45.70</b>

<u>EVENT</u>	<u>ECAC/NCAA</u>
<b>4x400-Meter Relay:</b>	<b>3:51.84/3:42.00</b>
Pierce, Janda, Hathaway, Trentacoste (PLC)	3:50.65
<b>4x800-Meter Relay</b>	<b>9:16.24</b>
Cranmer-Hart, Hanson-Hall, Gilbert, Sawko (PLC)	8:57.80 (PL Champ)
<b>High Jump:</b>	<b>5-7 (1.70m)/5-8 3/4 (1.75m)</b>
Amy Mantush	5-7 (1.70m) (PL Champ)
<b>Long Jump:</b>	<b>19-4 1/4 (5.80m)/19-8 1/4 (6.00m)</b>
<b>Triple Jump:</b>	<b>39-0 1/2 (11.90m)/40-5 (12.32m)</b>
<b>Pole Vault:</b>	<b>11-11 3/4 (3.65m)/12-5 1/2 (3.80m)</b>
Melanie Buczko (BTC)	12-7 1/2 (3.80m)#
Angie Hall (BTC)	11-11 3/4 (3.65m)
<b>Shot Put:</b>	<b>44-7 1/2 (13.60m)/46-11 (14.30m)</b>
<b>Discus:</b>	<b>137-9 (42.00m)/155-2 (47.30m)</b>
Amanda Mockbee (GM)	152-1 (46.38m)
Marjorie Grap (PLC)	151-3 (46.10m) (PL Champ)
Kathleen Hart (PLC)	148-5 (45.25m)
<b>Javelin:</b>	<b>131-3 (40.00m)/142-8 (43.50m)</b>
Beverly Rogers (BOC)	154-3 (47.03m)
<b>Hammer Throw:</b>	<b>157-6 (48.00m)/177-8 (54.15m)</b>
Marjorie Grap (IC)	192-0 (58.52)#
Amanda Mockbee (PLC)	164-9 (50.23m)
<b>Heptatlon:</b>	<b>4,530/5,500(Auto), 5,050 (Prov.)</b>
Nina Reinhardt (PL)	4,630

## Key

NCAA Regional: #

Shamrock Invitational: (SI): 3/16-17/07  
 Jim Taylor Invitational: (JT): 3/31/07  
 George Mason Invitational: (GM): 3/31/07  
 Sam Howell: (Princeton): (SH): 4/6-7/07  
 Tiger Track Classic (Auburn): (TTC): 4/6-7/07  
 Bison Outdoor Classic (BOC): 4/13-14/07  
 BU Team Challenge (BTC): 4/21/07  
 Penn Relays: (PR): 4/26-28/07  
 Red Flash Open: (RFO): 4/28/07  
 Patriot League Championships: (PLC): 5/4-5/07  
 IC4A Championships: (IC): 5/11-13/07