

Bison Softball Camp Registration Form

Check Grades 2nd - 6th Beginner (Sess. I)
 Grades 7th-12th Experienced (Sess. II)

*AM/PM sessions are not exclusive to grade level and are open based on level of experience

Cost **\$125** Must be paid in full.

Due 5/25.

Please make checks payable to: Heather Rakosik

Name _____

Address _____

City _____ ST _____ Zip _____

Phone () _____

Grade: (07-08 school yr.) _____ Age* _____

EMAIL _____

Coach _____

Coach Email or Phone # _____

Preferred Position _____

Years of Experience _____

Shirt Size: (Circle One)

YOUTH S M L

ADULT S M L XL XXL

Parent/Guardian Name _____

Signature of Parent/Guardian _____

Contact Phone #'s in case of emergency:

Home () _____

Cell () _____

Work () _____

Additional emergency Contact Person:

Name _____

Ph. # () _____

*Campers 10 years of age and younger **MUST** be accompanied by a parent/guardian during camp.

Return to:
Heather Rakosik
Bison Softball Office
Moore Ave.
Lewisburg, Pa 17837

Bison Fastpitch Softball Camp

Return to:

Heather Rakosik
Bison Softball Office
Moore Ave.
Lewisburg, Pa 17837



**BISON
SOFTBALL
DAY CAMP**

June 11 – June 14

Session 1

9AM - 11:30AM

Session 2

Noon - 3:00PM

*Campers 10 years of age and younger **MUST** be accompanied by a parent/guardian during the entire camp.

Team & Family Discounts Available

Head Coach ~ Heather Rakosik

Heather Rakosik is in her third year at the helm of the Bison softball program, and only the fourth head coach in the program's 27-year history. In 2004, Rakosik led Ohio Wesleyan University to a school-record 28 wins and captured the NCAC regular season title for the first time. In three seasons as head coach at OWU, Rakosik's teams improved their record every year, and she compiled a 60-54-1 overall ledger. Rakosik is a 1998 graduate of Muskingum College, where she played basketball and softball. She was a 3-time all-conference selection in basketball, as well as an all-region honoree, and a first-team all-conference selection in softball. Rakosik is a native of Toledo, OH. and resides in Winfield, Pa.

Assistant Coach~ Kelley Tiesi

In her first year as an assistant at Bucknell, Kelley Tiesi, a 2006 graduate of Shippensburg University and a four-time All-American, is one of the most decorated players in Division II softball history. A right-handed pitcher, Tiesi finished her stellar career among the career NCAA leaders in a number of statistical categories. One of just eight players in Division II history to tally 1,000 career strikeouts, Tiesi copped honors as the Division II Player of the Year as a sophomore and earned plaudits as the Pennsylvania State Athletic Conference (PSAC) Player of the Year in 2004 and 2006. The PSAC Rookie of the Year in 2003, Tiesi wrapped up her four-year career ranked in the top 10 in Division II history in career strikeouts (1,095), strikeout ratio (9.9), earned run average (0.62) and saves (11). Following her graduation from Shippensburg with a bachelor's degree in finance, Tiesi signed to play with Fabi Macerata, an Italian professional softball team. Tiesi was a position player on the squad that won the European Cup.

Assistant Coach ~ Angie Stackhouse

Stackhouse is in her third year as a Bison assistant coach. A 2004 graduate of Bucknell University, Stackhouse spent the last four years establishing herself as one of the best catchers in Bucknell history. A first-team All-Patriot League selection her senior year, Stackhouse batted a career-high .402, which was second in the Patriot League and 30th nationally. The Muncy, Pa., native also recorded career-best figures in hits (49), home runs (6), doubles (10) and RBI (35). The six home runs equaled the Bucknell record for single-season home runs, while her 35 runs batted in set a new school record. Stackhouse holds a bachelor of science degree in business administration, with a religion minor.

Equipment: Players **MUST** bring their own helmet, bat, glove, and cleats/footwear. Catchers need to bring their own catching gear.



Misc.: Water will be available, as well as ice on a limited basis. It is recommended that each camper bring her own water bottle. Medical information will be mailed to you upon receipt of your application.

Camp Overview: At the *Bison Fastpitch Softball Camp* your daughter will receive the training and attention she needs to advance her skills and prepare her for a competitive softball environment. She will be trained by the top notch



BU coaching staff, as well as several of the Bison top players. Your daughter will be working with a tremendously talented group not only on the field, but off the field as well. Once at the camp the players will attend skill & training sessions. They will have the opportunity to showcase their skills, as well as what they have learned. We look forward to the opportunity to train your daughter to be the best player she can be!

Camp Schedule

Session 1	Session 2
9AM Pre-Practice	Noon Pre-Practice
9:15 Defensive Skills/Pitching	12:15 Defensive Skills/Pitching
10 Offensive Skills	1 Offensive Skills
10:35 Game Situations/Scrimmage	1:45 Game Situations/Scrimmage
11:15 Skill Review	2:45 Skill Review
11:25 Cool Down	2:55 Cool Down
11:30 Depart	3:00 Depart

Location: Softball Field, Bucknell University
Directions: Travel to the intersection of Moore Ave./Rt. 15, turn west (opposite campus) onto Smoketown Rd, right on Bucknell West, take an immediate left and the field is straight ahead.

Instructors: BU Staff & Team Members.

Players/Students will learn: All aspects of the game of softball. Fundamentals of fielding, throwing, defense, emphasis on specific position work, baserunning, game situations, and mental aspects. Hitting, bunting, slap, drag, and understanding the count. Attendees will participate in drill/station work, and learn the fundamentals and advanced skills specific to their position(s), as well as participate in live game/scrimmage action. Individualized instruction is given to players according to their skill level.

Enrollment and Cost: In order to maintain our small teaching groups and to control the quality of teaching, enrollment will be limited and applications accepted on a first-come, first-served basis. The cost of the day camp is \$125 and includes a facilities charge, camp T-shirt, and quality instruction. Awards will be given to outstanding campers. All registration materials and payment in full **MUST** be received by

May 25th.

Family/Team Discount: Two from same family \$210.
Team of 5 or more \$110 each.
Checks payable to Heather Rakosik.

Special Notice for attendees 10 and under: If your daughter is **10 yrs. of age or younger** they **MUST be accompanied by a parent/guardian during the entire camp day for all four days.**

Refunds: Payment will be refunded if your child cannot attend camp for medical reasons and the camp is notified at least 2 weeks prior to June 20th. A note from a physician is necessary. **There will be no refunds if camp is cut short due to weather issues.** Alternative instruction will be offered in the event of foul weather. No refunds will be made if the camper is forced to leave early.

Questions? Contact Heather Rakosik 570.577.3553

