

BUCKNELL UNIVERSITY TRACK & FIELD

BUCKNELL "6-WAY"

SATURDAY, JANUARY 17, 2009

MEET SCHEDULE

FIELD EVENTS

(Final Time Schedule Posted Before Start of Meet)

10:00 AM Long Jump (W), followed by Long Jump (M), followed by Triple Jump (W), followed by Triple Jump (M)
 10:30 AM 35 lb. Weight (M), followed by 20 lb. Weight. (W), followed by Shot Put (M), followed by Shot Put (W)
 11:00 AM Pole Vault (W), followed by Pole Vault (M)
 11:30 AM High Jump (M), followed by High Jump (W)

RUNNING EVENTS

(Final Time Schedule Posted Before Start of Meet)

12:00 PM	55 Meter Hurdle – Trials	(women)
12:10 PM	55 Meter High Hurdle – Trials	(men)
12:25 PM	55 Meter Dash – Trials	(women)
12:35 PM	55 Meter Dash – Trials	(men)
12:50 PM	5000	(women)
1:10 PM	5000	(men)
1:35 PM	55 Meter Hurdle – Final	(men)
1:40 PM	55 Meter High Hurdle – Final	(women)
1:45 PM	55 Meter Dash – Final	(women)
1:50 PM	55 Meter Dash – Final	(men)
1:55: PM	Mile	(women)
2:05 PM	Mile	(men)
2:15 PM	400	(women)
2:30 PM	400	(men)
2:45 PM	800	(women)
2:55 PM	800	(men)
3:05 PM	500	(women)
3:20 PM	500	(men)
3:35 PM	1000	(women)
3:45 PM	1000	(men)
3:55 PM	200	(women)
4:10 PM	200	(men)
4:25 PM	3000	(women)
4:40 PM	3000	(men)
5:00 PM	4x800	(women)
5:15 PM	4x800	(men)
5:25 PM	4x400	(women)
5:40 PM	4x400	(men)

MEET INFORMATION

1. Score: 10-8-6-4-2-1
2. Entry Fee: \$250.00 per school, per team (\$500.00 for a combined men's and women's team)
Make checks payable to: BUCKNELL UNIVERSITY and deliver the day of the meet.
3. Entries should be made at www.directathletics.com
4. Entries are due by Thursday, January 15th at noon.
5. We will try to run ahead of schedule whenever possible, but not more than 20 minutes.
6. Fastest seeded sections will be run last in races around the track. Women will run first in all running events except for the finals of the 60 meter hurdles.
7. You may enter multiple teams in relays but only "A" teams will score. Fast heat will consist of "A" teams only in 4x400.

CONTACT PERSON: Bobby Wilson, Assistant Track & Field Coach; (570) 577-3060 [office]; blw015@bucknell.edu

MINIMUM MEASUREMENTS / STARTING HEIGHTS*		
EVENT	WOMEN	MEN
Long Jump	4.70	5.80
Triple Jump	10.00	12.00
High Jump	1.49	1.80
Shot Put	TBA	TBA
Weight	TBA	TBA
Pole Vault	2.69	3.89

**This meet will be run like a conference meet. Therefore, we will not allow make-up jumps for missed attempts due to multiple event conflicts.*