

Bloomsburg University
Bucknell University
Clarion State College
Dickinson College
Frostburg St. College

Keystone College
Kutztown University
Lock Haven University
Loyola Univ. (MD)
Mansfield University

BUCKNELL UNIVERSITY

TRACK & FIELD

10th ANNUAL BISON OPEN

Monmouth University
Shippensburg Univ.
Slippery Rock Univ.
St. Francis Univ. (PA)
Susquehanna Univ.

Temple University
Washington & Lee
West Chester Univ.
Youngstown State U.

Friday-Saturday, January 30-31, 2009
MEET SCHEDULE

FRIDAY, JANUARY 30

RUNNING EVENTS

5:00	60 Hurdle – Trials	(men)	
5:15	60 Hurdle – Trials	(women)	
5:30	5000 Meters	(men)	
6:10	5000 Meters	(women)	
6:50	60 Hurdle – Finals	(w) Consolation	1 st then final
7:00	60 Hurdle – Finals	(m) Consolation	1 st then final
7:15	200 Meter Prelims	(men)	[Top 10 to final]
7:45	200 Meter Prelims	(women)	[Top 10 to final]
8:15	Distance Medley Relay	(men)	
8:30	Distance Medley Relay	(women)	

PENTATHLON /HEPTATHLON [apx. Times]

4:30 PM	60 Hurdles (Pentathlon)	(women)
4:45	60M (Heptathlon)	(men)
5:15	High Jump (Pentathlon)	(women)
5:20	Long Jump (Heptathlon)	(men)
6:20 apx.	Shot Put (Heptathlon)	(men)
7:30 apx.	Shot Put (Pentathlon)	(women)
7:30 apx.	High Jump (Heptathlon)	(men)
8:25 apx.	Long Jump (Pentathlon)	(women)
9:30 apx.	800 (Pentathlon)	(women)

FIELD EVENTS

4:00 PM	Men' Shot Put
4:30 PM	Women's Pole Vault

SATURDAY, JANUARY 26

FIELD EVENTS

9:30 AM	Long Jump (women) followed by Long Jump (men) followed by Triple Jump (women followed by Triple Jump (men)
10:00 AM	Shot Put (women) followed by Weight Throw (men) followed by Weight Throw (women)
10:00 AM	High Jump (men) followed by High Jump (women)
10:20 AM	Pole Vault [Heptathlon men] followed by Pole Vault (men)

RUNNING EVENTS

9:45 AM	60H [Heptathlon]	(men)	2:10	500 Meter Run	(men)	Final		
11:00	60 Meters	(men)	Trials	2:20	500 Meter Run	(women)	Final	
11:15	60 Meters	(women)	Trials	2:35	1000 Meter Run	(men)	Final	
11:30	Mile	(men)	Final	2:45	1000 Meter Run	(women)	Final	
11:55	Mile	(women)	Final	2:55	200 Meter Dash	(men)	Final – 2 sections	
12:15	60 Meters	(men)	Final	2 sections	3:05	200 Meter Dash	(women)	Final – 2 sections
12:25	60 Meters	(women)	Final	2 sections	3:15	3000 Meter Run	(men)	Final
12:35	400 Meter Dash	(men)	Final	3:45	3000 Meter Run	(women)	Final	
12:55	400 Meter Dash	(women)	Final	4:20	4x400 Meter Relay	(men)	Final	
1:20	800 Meter Run	(men)	Final	4:40	4x400 Meter Relay	(women)	Final	
1:35	800 Meter Run	(women)	Final					

[We will have consolation in the 60 & 200]

ENTRY FEES

Maximum of \$250.00 per school, per team (\$500.00 for men's and women's teams), **unless entering more athletes than allowed in an event.** There will be an additional \$20 per athlete entered above the limit. \$20 per individual if less than 12 people on team. Make checks payable to: BUCKNELL UNIVERSITY & deliver the day of the meet. **No Additional Entries on the days of the meet.**

NOTES

- Rolling Time Schedule- We will have a tentative time schedule on the day of to give anticipated start times.**
- The Heptathlon 1000 meter run will be held 30 minutes after the pole vault. It will begin prior to the start of any regularly scheduled event and will be held as one section. We will announce when the Heptathlon Pole Vault has ended to give you a better idea of the expected start of the Heptathlon 1000 will be run. Please call me if you have any questions!
- The Pent/Heptathlon is by invitation only! –BOBBY WILSON will call you by Monday, January 26, 2009. 10 Invitations Only!**
- We are expecting a lot of teams (20) so meet entries will be due to www.directathletics.com no later than NOON on Tuesday, January 27, 2009.**
- No Team Scoring – Open to Collegiate Teams, Clubs and Unattached Athletes.
- You are allowed to enter a maximum of 2 athletes in the LJ, TJ. A maximum of 3 athletes in the HJ, PV, SP and WT are allowed. 5 athletes in running events.**
- All entries are Final on January 27. There will be no additions only scratches.
- This is NOT a compliance or participatory meet. **Please only bring your competitive athletes.**
- Absolutely NO additions on the day of the meet.**
- Weigh-ins: 2:30-3:30 on Friday; 8:30 AM – 9:30 AM on Saturday**

CONTACT PERSON: Bobby Wilson Office (570) 577-3060 Asst. Track & Field Coach; blw015@bucknell.edu

MINIMUM MEASUREMENTS / STARTING HEIGHTS*

EVENT	WOMEN	MEN
Long Jump	16'4" [5.00]	20'6" [6.25]
Triple Jump	35'	41'6"
High Jump	4'11"	5'11"
Shot Put	36'	40'
Weight	36'	40'
Pole Vault	9'4" (6" increments)	13'3" (6" increments)

*This meet will be run like a conference meet. Therefore, we will not allow make-up jumps for missed attempts due to multiple event conflicts..