



What to Bring: All Campers are responsible for bringing their own equipment. All equipment should include your name and be identifiable:

- Cleats
- Arm pads
- Lacrosse stick
- Shoulder pads
- Basketball sneakers
- Helmet
- Gloves
- Mouthpieces
- Shoes for grass, field turf, and astro turf

Goalies Also Need

- Chest protector
- Throat protector
- Helmet
- Goalie stick

Suggested Clothing

- Athletic socks (8 pairs)
- Sweatpants
- Sweatshirt
- Shower shoes
- T-shirts (8)
- Athletic shorts (6 pairs)
- Suitcase or bag with lock

Bedding / Toiletries / Other Items

- Pillow
- Sheets and blankets or sleeping bag
- Towels
- Soap, shampoo, etc.

Please refrain from bringing expensive items.

Camp Store: The Camp Store features snacks, beverages, and fresh pizzas nightly.

Room Keys: Room keys will be provided for each camper. The university will assess a charge of \$50 for a lost key.

