

26th Annual Brown University Northeast Cross Country Championship

Date: Saturday, October 18, 2008, (rain or shine), 8:50 a.m. – 3:00 p.m.

Location: Goddard Park, East Greenwich, Rhode Island. 5,000 meters (3.1 miles), 4,000 meters for freshmen. Grass and dirt paths, mostly flat.

Schedule: Course walk-through Oct 17th @ 3:30 and 5:00pm

8:50	Race 1	Freshmen overflow	Extra 9 th graders	Girls/Boys combined
9:20	Race 2	Freshmen	1-7 9th graders	Girls
9:45	Race 3	Freshmen	1-7 9th graders	Boys
10:10	Race 4	J.V. I	Unlimited number	Girls
10:40	Race 5	J.V. II	Unlimited number	Girls
11:10	Race 6	J.V. I	Unlimited number	Boys
11:35	Race 7	J.V. II	Unlimited number	Boys
12:00	Race 8	Varsity A - I	5-7 runners	Girls
12:30	Race 9	Varsity A - II	5-7 runners	Girls
1:00	Race 10	Varsity A - I	5-7 runners	Boys
1:25	Race 11	Varsity A - II	5-7 runners	Boys
1:50	Race 12	Championship	5-7 runners	Girls
2:25	Race 13	Championship	5-7 runners	Boys

Entries: **Due to changes in the NHSF sanctioning rules rosters and initial entries must be received by September 26, 2008.** Any entries received after September 26 will be rejected without exception. Changes or adjustments to your initial entries may be made until Wednesday October 15th at 12:00pm. Contact Michelle Eisenreich at brown_track@brown.edu to receive an entry packet.

Entry Fee: \$110.00 Boys (Varsity, J.V., Freshmen teams), plus \$10.00/person for more than 7 entries in J.V. and all Freshmen races
\$110.00 Girls (Varsity, J.V., Freshmen teams), plus \$10.00/person for more than 7 entries in J.V. and all Freshmen races
****Max of \$300 per gender****

All entries will be posted to www.plattsys.com on Thursday, October 16 by 5:00 p.m.

Important Info: **VARSDITY RACES:** A school may elect to enter its top 5-7 runners in either the Championship **or** the Varsity A race. Any additional runners beyond the 7 entered in the Championship **or** Varsity A race must be entered in the JV or Freshman races. In the Varsity A race, there will be two divisions based on the school's enrollment. The Championship race should include the top teams in the meet.

A school may enter *one or two* individuals in the Championship race while running 5-7 other students in a Varsity A race.

JV RACES: A school may enter an unlimited number in the J.V. race after it has entered a team in either the Varsity A or the Championship race. For the JV races, there will be two divisions based on the school's enrollment.

FRESHMAN RACES: Teams are allowed a maximum of 7 runners in the Freshman races. If you enter more than 7, they must run in the Freshmen overflow race. There are no awards for the Freshman Overflow races.

The Freshman Races will be for 9th graders only.

DIVISIONS: The assignment to Divisions will be determined by the Games Committee after all entries are received. Division I will be for the smaller schools entered, Division II for the larger schools.

Awards:	Championship Races	T-shirts to the top 20 individuals Medals to the top 20 individuals Plaques to the top 3 teams
	Varsity Races	T-shirts to the top 20 individuals Medals to the top 20 individuals Plaques to the top 3 teams
	J.V. Races	Medals to the top 20 individuals Plaques to the top three teams
	Freshman Races 2 and 3	Medals to the top 20 individuals Plaques to the top three teams
	PLUS	Bookbags to the All-Star Teams (5 runners from Championship/Varsity races with the fastest overall times)

Directions: **From the North:** Rte 95 South to exit 9 (left-hand exit) onto Rte 4 South. Immediately exit at Rte 401/East Greenwich. Right at light onto Rte 401/Division St. One mile curve Right onto First Ave. Turn Right at light onto Main St. At next light turn Left onto Old Forge Rd. Old Forge becomes Ives Rd. One mile to park entrance on left. **From the South:** Rte 95 North to exit 8A/Rte 2 South. At first light turn Left onto Rte 401 East/Division St. Follow directions above.

Facilities: Bathrooms and food concessions available. Long and short-sleeved T-shirts and hats will be sold at the meet. No lockers available at race site; teams may shower at Brown University Olney-Margolies Athletic Center (corner of Hope and Lloyd Streets).

Hotels: Hotel information is on the last page of this memo. Special group rates are available to teams participating in the Brown Invitational on a first come/first serve basis. **We recommend that you call as soon as possible for hotel reservations.**

Sponsors: Brown University and CVS

Sanction: Requested for the following areas: Rhode Island, New York (city & state), Massachusetts, New Jersey, Maine, Vermont, New Hampshire, and Connecticut. Students who are official members of their respective high school teams are eligible. All schools must be members of their state associations.

Meet Rules: Guidelines provided by the National Federation of State High School Associations rules book including, but not limited to, the following:

*Rule 9, Section 6, Article 4...*In relay races and cross country competition, each team member shall wear the same color and design of school uniform (jersey and shorts). Any visible shirt worn under the jersey and other visible apparel worn under the shorts must be unadorned and of a single (same, solid) color. Visible items worn under both the jersey and the shorts do not have to be the same color. If worn by more than one team member (two or more), that apparel must be the same color, but not necessarily the same length. **PENALTY: For an illegal uniform the competitor is disqualified from the event.**

*Rule 4, Section 5, Article 1...*Unsportsmanlike conduct is behavior which is unethical or dishonorable. It includes, but is not limited to, disrespectfully addressing an official, any flagrant behavior, intentional contact, taunting, criticizing an opponent or an official, or the use of profanity. This shall apply to all coaches, contestants and other team/school personnel. **PENALTY: Disqualification from that event and further competition in the meet. Disqualification of a coach or other school personnel shall be from further involvement in the meet.**

Coaches and other non-competitors are urged to stay off the runners' path in the woods. No bikes or other vehicles are permitted.

Chip System: Timing will be done using the chip system. Each athlete will be assigned a chip and a corresponding race number. Both the chip number and the race number must match. The coach of each team will be responsible for returning each chip at the end of the race. **For each chip NOT returned, your school will be charged \$45.**