

BOISE STATE™

TENNIS

Boise State Tennis Clinics

Boise State Tennis offers many different options and types of clinics in an effort to help players take their games to a higher level. The Boise State Tennis clinic program as a whole will offer individual clinics (for those meeting NCAA requirements to be outside of grades 9-12 or junior college) as well as group clinics available to all ages and abilities. These types of clinics will be held every day and are on a first come first serve basis. Boise State Tennis will also offer a top notch junior program called the Bronco Competition Clinic where players will be able to work in a dynamic group setting towards achieving their goals in the game of tennis. The Bronco Competition Clinic is open and available to all players ages 8-18.

Types of clinics

Bronco Competition Clinic (Open to participants ages 8 through high school, recent high school grads, and two-year college prospects)

This clinic will focus on skill development, strategy, technical drilling, and mental training along with point play.

Please see clinics scheduled and how to sign up on subsequent pages. As coaches/teachers, we will instill confidence into our players through uplifting instruction and competitive environments. Consistent competition is our goal. We will be having members of this clinic competing on a regular basis with our match plays and competitive clinics. We have a fantastic staff that is trained to motivate our students through positivity, encouragement, and inspiration.

Individual Clinic

Individual clinics consist of one on one instruction. The clinic will focus on intensive skill instruction, and training. Individual clinics will not be available to prospective student athletes (anyone in grades 9-12 and junior college).

Group Clinic

Group clinics consist of two or more people. This clinic will focus on skill development, strategy, and technical drilling.

Schedule for Individual and Group Clinics

Monday-Sunday: 8 am – Noon and 1 pm – 9 pm

Location

All clinics will be run at Appleton Tennis Center or inside at the BOAS Tennis Center.

Sponsored By

Instructors

Beck Roghaar

Boise State Women's Tennis Head Coach

Beck Roghaar just finished his sixth season at the helm of the Boise State women's tennis program. During his short tenure with the team he has guided the team through the transition of moving from the Western Athletic Conference into the Mountain West Conference starting in fall of 2011.

Roghaar wasted no time in putting his stamp on the program, his first team went 17-8 overall and 5-1 in the WAC on its way to the regular-season championship. The 17 wins broke the program record for most wins by a first year head coach. Following the Broncos' outstanding regular season Roghaar was named 2011 WAC Coach of the Year.

As a student-athlete, Roghaar was a team captain at Boise State from 2003-05. He helped lead the Broncos to WAC Championships in 2003 and 2005, as well as Region VII Team Titles in 2003 and 2004. For his efforts on the court, Roghaar was voted by his teammates as Boise State Men's Tennis Most Inspirational Player of the Year twice (2004 and 2005).

Kristian Widen

Boise State Women's Tennis Assistant Coach

- Standout player for the Boise State University men's tennis program 1992-1996. His team finished as high as #12 in the national rankings.
- Asst Coach at Boise State University 1997, 1998, 1999 (worked with both men's and women's teams)
- Spent many years traveling with, and developing, top junior players on the national team for the Swedish Tennis Federation
- Coached touring ATP professionals including Wimbledon Doubles Champion Wesley Moodie
- Head Coach at Ekerö Tennis Club in Sweden

Pierre Tafelski - Instructor

Boise State Men's Tennis Assistant Coach

Tafelski joined the Broncos as an assistant coach in October 2017 and brings four years of collegiate coaching experience with him. He came to Boise State from Longwood University (Farmville, Va.) where he was the head coach for two seasons.

The native of Nantes, France, was named the 2017 Big South Conference Coach of the Year after leading Longwood to its best season in program history compiling a 14-6 overall record and a 4-3 mark in Big South play for a program-best fourth-place finish in the league standings.

During his two years at Longwood, Tafelski compiled a 21-21 overall record. His first recruiting class yielded Amadeo Blasco who was named 2017 Big South Freshman of the Year.

In addition to being named coach of the year, his accomplishments at Longwood include his student-athletes earning one Big South Freshman of the Year accolade and three All-Big South honors in singles and two in doubles. Academically his teams received two ITA All-Academic Team awards (2016 and 2017) for team cumulative GPA, while his players combined for eight ITA Scholar Athlete honors and two Academic All-Big South accolades.

Nicole Hoynaski- Communications Director and Instructor

Boise State Women's Tennis Volunteer Asst Coach

- 2017 NCAA Woman of the Year Award Winner
- Three time ITA All American
- 2 time NCAA Final Four appearances and 3 time Elite Eight appearances
- 2017 ITA Most Improved Senior Award
- Team Captain at Hawaii Pacific University
- Ranked #2 in the nation in singles DII

Stefan Menichella- Instructor

Boise State Men's Tennis Volunteer Asst Coach

- Member of Pepperdine Men's Tennis, graduating 2017
- All-WCC second team singles
- All-WCC second team doubles ...
- WCC All-Tournament team in both singles and doubles
- WCC Commissioner's Honor Roll 'bronze' honors
- Won National Collegiate Tennis Classic singles and doubles title
- Defeated the 59th ranked doubles team from Oklahoma on 3/14.

Prices - Effective May 1st - September 1st 2018

Please pay by check or cash and make checks payable to **Boise State University**. No refunds will be given for missed clinics.

Individual Clinic: \$60 per hour

Group Clinic: 2 players, \$30 each per hour
3-4 players, \$25 each per hour and a half
5+ players, \$20 each per hour and a half

Type of Clinic	Cost of clinics
Bronco Competition Clinic	\$20 each per hour and a half clinic and one-time fee of \$25 at first clinic of the indoor season to cover indoor facility fee.
Individual Clinic	\$60 per hour
Group Clinic	(2 players) - \$30 each per hour (3 or more players)- \$25 each per hour and a half.

Bronco Junior Development Clinic Schedule

May 2018 - September 2018: All clinics will be held at Boas Tennis Center unless otherwise informed.

Summer Schedule:

Tuesdays 4:00-5:30 pm

Wednesdays 4:00-5:30 pm

Thursdays 4:00-5:30 pm

*Please note that no clinics involving players in grades 9-12 can take place during a NCAA dead period (One week in April 2018 and one week in November 2018).

How To Sign Up

Bronco Competition Clinic sign up:

Walk up registration will be allowed at a participant's first clinic. All participants must present the attached:

- 1) Liability waiver form
- 2) Camp registration form
- 3) Parent/Guardian current insurance card

After a participant's initial clinic, they will be able to sign up for subsequent clinics in the following manner:

- 1) Sign up for subsequent clinics on the sign-up sheet that will be provided at the end of each day of clinics.
- 2) Email Kristian Widen at by Sundays at midnight to let him know which clinics the participant is planning to attend for the following week. Kristian's email is: kwiden43@hotmail.com

In order to comply with NCAA rules/regulations, participants must pay in advance of that day's clinic in order to participate. We will not be able to allow a participant to play if they have not turned in payment for that clinic immediately when they arrive to clinic that day. In addition, payments must be received in person before that day's clinics begin and not sent via mail.

As an example: If a participant shows up for the clinic without payment and informs the staff that their parents will bring the payment at the end of the clinic when they are being picked up, we unfortunately will not be able to allow this participant to take part in the clinic that day. We are hoping to avoid this at all costs, so please be diligent in helping us avoid this issue. We really don't want to have to turn participants away, and thank you in advance for following these guidelines.

Please don't hesitate to contact us with any questions regarding the sign up and/or payment process as we want to make it as easy as possible for you.

Individual and Group Clinics:

If you are interested in signing up for individual or group clinics, please contact the staff member you are interested in working with. Contact details are below:

Beck Roghaar at beckroghaar@boisestate.edu

Kristian Widen kristianwiden@boisestate.edu

Nicole Hoynaski nicolehoynaski@hotmail.com

Pierre Tefelski pierretfelski@boisestate.edu

*Please remember that individual clinics with our staff are only available to participants outside of grades 9-12 and junior college.

Lastly, for group clinics with participants that are prospective student athletes (9-12 grade or Junior College), if only one group participant shows up, the clinic must be cancelled on that day.

Participant's Name (Please Print) _____

Emergency Contact (Name and Phone) _____

BOISE STATE UNIVERSITY ATHLETIC FACILITIES

Waiver of Liability, Assumption of Risk, and Indemnity Agreement

Waiver: In consideration of permission to use, today and on all future dates, the property, facilities, staff, equipment and services of the Boise State University Athletic Department, I, for myself, my heirs, personal representatives or assigns, do hereby release Boise State University, the State of Idaho, its officers, employees, volunteers, and agents from any and all liability and claims resulting from personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in activities, classes, observations, and use of facilities, premises, or equipment.

Assumption of Risks: Physical activity, by its very nature, carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. Boise State University's Athletic Department has facilities for activities such as weightlifting, running, aerobic activities, classes, and various sporting activities (e.g., flag football, field hockey). Some of these activities involve strenuous exertions of strength using various muscle groups, some involve quick movements involving speed and change of direction, and others involve sustained physical activity, which places stress on the cardiovascular system.

The specific risks vary from one activity to another, but the risks range from minor injuries such as scratches, bruises, and sprains to major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, concussions, and catastrophic injuries including paralysis and death.

I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in the activities made possible by Boise State University. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

Indemnification and Hold Harmless: I also agree to INDEMNIFY AND HOLD Boise State University HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorneys' fees arising or resulting from my use of Boise State University Athletic Department Facilities and to reimburse them for any such expenses incurred.

Severability: I further expressly agree that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by law of the State of Idaho and that if any portion hereof is held invalid, I agree that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgement of Understanding: I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

Participant Date

Signature of Parent/Guardian of Minor Participant Date Signature of

Participant's Age (if a Minor) _____