



December Bronco Master's Swimming Clinic

Starting Friday December 1st

Open to ages 18 and UP. This is a Master's Swimming Clinic and training session. No NCAA prospect age athletes permitted.

What

This Clinic will be run as a 1 hour training session appropriate to all ages and abilities. The coaches will run advanced training sessions down to beginning adult swim training/ lesson. Those interested in getting a coached 1 hour swim, would benefit greatly from this clinic.

Times: Monday, Wednesday, Friday 12:-1:00 PM at the Bronco Kinesiology Pool

Equipment:

You will need a competitive swim suit, swim cap and personal swim gear like Pull buoy, kick board and paddles. Caps are required for members with long hair.

Cost

\$30\$ per month. For \$30 a month you receive 12 chances to train and workout. You may bring a personal lock and use the lockers in the locker rooms adjacent to the pool. Refunds are not available for missed opportunities. The Session will reset every month

**Gym / Kinesiology Annex / Pool
1476 Bronco Ln
Boise, ID 8370**

Registration

For the clinic registration please visit: : brancosports.com/campsClinic schedule:

Generally first 5 minutes for general warm up and then coaches will begin directing the coaching and swimming.

Walk Up registration is available. Please download forms from online website and bring checks payable to Boise State University

Parking:

Meter parking is available both in the Taco Bell arena lot and next to the university center. Street parking is available but spotty. Bike racks located just outside the pool.

ALL Swimmers must have their own medical insurance to attend camp. A PHOTOCOPY OF Swimmers' VALID AND CURRENT INSURANCE CARD (Front and Back) IS REQUIRED and must be brought with registration. See Clinic website for details.

Questions:

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