



BOISE STATE

Diving Clinics

Friday & Saturday Clinics

About: This clinic will introduce introductory skills to springboard and platform diving. These skills include multiple jumping techniques and head first entries. It is designed for anyone with little to no experience, who is interested in learning how to dive off a springboard or platform. You will learn skills on a trampoline, and into a foam pit. Then we will apply those skills in the water using the side of the pool as well as off the diving board. Available to kids ages 6-14.

Dates & Times: We will be hosting 1 hour clinics on select Fridays & Saturdays.
Fridays 4/28, 5/5, 5/12, 5/26 from 5:00pm-6:00pm and 6:00pm-7:00pm.
Saturdays 4/29, 5/6, 5/13, 5/27 from 12:00pm-1:00pm and 1:00pm-2:00pm.

What to bring: T-shirt, shorts, swimsuit & water bottle. There is a locker room available.

Cost: The cost is \$25/1 hour or \$40/2 hours.

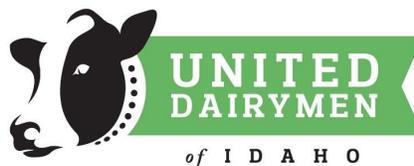
Location: We are located on the Boise State University campus.

Address: **Gym/Kinesiology Annex/Pool**
1476 Bronco Ln, Boise, ID 83706

Registration: <http://www.broncosports.com/camps/bosu-camps.html>

Insurance: ALL athletes must have their own medical insurance to attend the clinic. A PHOTOCOPY OF VALID AND CURRENT INSURANCE CARD (front & back) IS REQUIRED and must be brought with registration. Athletes will not be allowed to participate if current insurance card is not on file.

Questions: Contact Coach Brandon (208)900-8159 brandonblaisdell@boisestate.edu



Coach Bio



Coach Brandon Blaisdell was named the Boise State Diving Coach in the Fall of 2015 after serving almost 3 years at Mile High Dive Club in Colorado. Most Recently Blaisdell qualified Boise State's first women's diver to the NCAA Championships in 2017.

Brandon Blaisdell arrived in Boise with a decorated resume at the senior and junior national levels as well as the collegiate level. Since 2013 he served as a program manager and coach of the Mile High Dive Club, a USA Diving Regional Dry-land Training Center, in Littleton, CO.

From 2010-13 Blaisdell pulled double duty, serving as head coach at the Minnesota Diving Academy while also working as a volunteer assistant coach at the University of Minnesota. While in Minnesota Blaisdell assisted in the training and development of U.S. Olympian Kelci Bryant, who would go on to claim the silver medal in the women's 3-meter synchronized diving event alongside Abigail Johnston at the 2012 Olympics in London. Bryant and Johnston also claimed the 2012 USA Diving national title in the same event.

He has had divers go on to earn scholarships to dive at Division I programs, and has coached many divers to the Junior and Senior National Championships. While at Minnesota, Blaisdell helped coach men's and women's divers to five individual Big Ten titles and three runner-up finishes. In 2011 and 2013, Golden Gopher women's divers swept the 1-meter and 3-meter events as Bryant (2011) and Maggie Keefer (2013) each pulled the feat, while Kris Jorgensen captured the men's platform title in 2012.

Overall, at the collegiate level, Brandon helped coach Minnesota's divers to nine All-America honors, had 11 NCAA Championships qualifiers, five women's NCAA finalists, two women's runner-ups and a NCAA 1-meter diving champion.