

# 2017 RECORD BOOK



**BE GREAT  
TOGETHER**

**BOISE STATE**  
CROSS COUNTRY



**MEN'S RESULTS**

Name	Place/Total # Runners	Time (Distance)
<b>ISRAEL ANAYA CARMONA</b>		
43rd Annual Charles Bowles Inv.	28th/153	26:02.4 (8k)
Inland Empire Challenge	70th/139	26:02.8 (8k)
<b>CHANDLER AUSTIN</b>		
Greater Louisville Classic	77th/262	24:53.24 (8k)
Inland Empire Challenge	7th/139	24:17.1 (8k)
MWC Championships	42nd/65	25:23.53 (8k)
West Regional	58th/205	30:49.1 (10k)
NCAA Championships	196th/250	31:35.2 (10k)
<b>ALBERT BECKHAM</b>		
43rd Annual Charles Bowles Inv.	98th/153	27:32.9 (8k)
<b>RILEY CAMPBELL</b>		
Greater Louisville Classic	46th/262	24:33.83 (8k)
Nuttyscombe Wisconsin Invite	161st/234	25:08.7 (8k)
MWC Championships	14th/65	24:29.70 (8k)
West Regional	71st/241	31:04.8 (10k)
<b>ADDISON DEHAVEN</b>		
Greater Louisville Classic	81st/262	24:57.40 (8k)
Nuttyscombe Wisconsin Invite	110th/234	24:51.6 (8k)
MWC Championships	11th/65	24:15.19 (8k)
West Regional	44th/241	30:27.7 (10k)
NCAA Championships	31st/250	29:53.1 (10k)
<b>LEIF EVERSON</b>		
<b>MELIKA GHALI</b>		
Greater Louisville Classic	100th/262	25:08.96 (8k)
Inland Empire Challenge	13th/139	24:28.2 (8k)
<b>CADE GRESETH</b>		
<b>JACOB GRINWIS</b>		
<b>MILER HALLER</b>		
Greater Louisville Classic	11th/262	23:42.65 (8k)
Nuttyscombe Wisconsin Invite	63rd/234	24:27.2 (8k)
MWC Championships	6th/65	23:57.80 (8k)
West Regional	8th/205	29:43.9 (10k)
NCAA Championships	36th/250	29:58.3 (10k)
<b>NOAH HORSBURGH</b>		
43rd Annual Charles Bowles Inv.	3rd/153	25:02.4 (8k)
Inland Empire Challenge	10th/139	24:21.4 (8k)
<b>TY JORDAN</b>		
43rd Annual Charles Bowles Inv.	4th/153	25:06.2 (8k)
Inland Empire Challenge	25th/139	24:54.5 (8k)
<b>JEFF LAUTENSLAGER</b>		
43rd Annual Charles Bowles Inv.	5th/153	25:14.2 (8k)
Inland Empire Challenge	11th/139	24:22.2 (8k)
<b>KEEGAN MCCORMICK</b>		
Greater Louisville Classic	63rd/262	24:47.03 (8k)

**AHMED MUHUMED**

Greater Louisville Classic	55th/262	24:39.57 (8k)
Nuttyscombe Wisconsin Invite	83rd/234	24:37.2 (8k)
MWC Championships	29th/65	24:53.92 (8k)
West Regional	37th/205	30:16.6 (10k)
NCAA Championships	113th/250	30:52.0 (10k)

**MATTHEW PARK****RHYS PARK**

Greater Louisville Classic	105th/262	25:10.83 (8k)
Inland Empire Challenge	16th/139	24:37.2 (8k)

**ANDREW RAFLA**

Nuttyscombe Wisconsin Invite	184th/234	25:18.0 (8k)
MWC Championships	30th/65	24:55.93 (8k)
NCAA Championships	241st/250	32:40.7 (10k)

**TOM RICHARDSON****OZO ROJAS**

Greater Louisville Classic	78th/262	24:53.72 (8k)
Inland Empire Challenge	5th/139	24:08.0 (8k)
MWC Championships	45th/65	25:43.26 (8k)

**CHAD STEVENS****YUSUKE UCHIKOSHI**

Greater Louisville Classic	5th/262	23:35.82 (8k)
Nuttyscombe Wisconsin Invite	218th/234	26:08.1 (8k)
MWC Championships	20th/65	24:38.32 (8k)
West Regional	21st/205	29:55.6 (10k)
NCAA Championships	217th/250	31:57.6 (10k)

**MICHAEL VENNARD**

Greater Louisville Classic	23rd/262	24:06.74 (8k)
Nuttyscombe Wisconsin Invite	146th/234	25:01.6 (8k)
MWC Championships	13th/65	24:28.20 (8k)
West Regional	99th/205	31:34.1 (10k)
NCAA Championships	189th/250	31:29.3 (10k)

**WOMEN'S RESULTS**

Name	Place/Total # Runners	Time (Distance)
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**ANNE BRINEGAR**

43rd Annual Charles Bowles Inv.	54th/166	19:13.4 (5k)
Inland Empire Challenge	73rd/129	19:34.1 (5k)

**EMMA CULIG****ALI DEITSCH**

43rd Annual Charles Bowles Inv.	20th/166	18:20.9 (5k)
Inland Empire Challenge	26th/129	18:29.4 (5k)

**EMILY DEMARCO****MORGAN DIEFENDORF**

43rd Annual Charles Bowles Inv.	25th/166	18:31.9 (5k)
Inland Empire Challenge	38th/129	18:49.5 (5k)

**ALEXIS FULLER**

Greater Louisville Classic	23rd/328	17:10.16 (5k)
Nuttyscombe Wisconsin Invite	66th/225	20:56.3 (6k)
MWC Championships	22nd/83	21:43.62 (6k)
West Regional	38th/241	20:36.8 (6k)
NCAA Championships	122nd/255	20:53.7 (6k)

**CHRISTINA GEISLER  
CLAIRE GRAVES****ANNA HARTWICK**

43rd Annual Charles Bowles Inv.	42nd/166	18:56.3 (5k)
Inland Empire Challenge	57th/129	19:14.8 (5k)

**SADI HENDERSON**

Nuttyscombe Wisconsin Invite	97th/225	21:16.7 (6k)
MWC Championships	42nd/83	22:17.09 (6k)
NCAA Championships	190th/255	21:26.9 (6k)

**MINTTU HUKKA**

Greater Louisville Classic	16th/328	16:57.64 (5k)
Nuttyscombe Wisconsin Invite	40th/225	20:33.4 (6k)
MWC Championships	8th/83	20:59.76 (6k)
West Regional	17th/241	20:02.6 (6k)
NCAA Championships	100th/255	20:42.8 (6k)

**EMMA HYYPPÄ**

43rd Annual Charles Bowles Inv.	58th/166	19:17.5 (5k)
Inland Empire Challenge	46th/129	18:59.7 (5k)

**JORDAN JACOB**

Nuttyscombe Wisconsin Invite	79th/99	23:05.9 (6k)
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**OLIVIA JOHNSON  
MIA KLOPFENSTEIN****MEGAN LACY**

Nuttyscombe Wisconsin Invite	55th/99	22:23.6 (6k)
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**KYRA LOPEZ**

Greater Louisville Classic	40th/328	17:24.83 (5k)
Nuttyscombe Wisconsin Invite	3rd/99	21:11.5 (6k)
MWC Championships	21st/83	21:41.83 (6k)

**GRACE MCCONNOCHIE**

Greater Louisville Classic	22nd/328	17:09.66 (5k)
Nuttyscombe Wisconsin Invite	161st/225	21:53.5 (6k)
MWC Championships	15th/83	21:22.56 (6k)
West Regional	54th/240	20:53.5 (6k)

**ANNA MCDONALD**

Greater Louisville Classic	31st/328	17:17.21 (5k)
Nuttyscombe Wisconsin Invite	5th/99	21:14.3 (6k)
MWC Championships	16th/83	21:29.77(6k)
West Regional	35th/241	20:32.0 (6k)
NCAA Championships	136th/255	20:59.0 (6k)

**ERIN MULLINS**

Greater Louisville Classic	129th/328	18:09.98 (5k)
Nuttyscombe Wisconsin Invite	38th/99	22:09.4 (6k)

**CLARE O'BRIEN**

Greater Louisville Classic	18th/328	17:00.27 (5k)
Nuttyscombe Wisconsin Invite	56th/225	20:50.8 (6k)
MWC Championships	25th/83	21:47.74 (6k)
West Regional	28th/241	20:21.8 (6k)
NCAA Championships	77th/255	20:32.0 (6k)

**ALLIE OSTRANDER**

Greater Louisville Classic	1st/328	16:28.15 (5k)
Nuttyscombe Wisconsin Invite	9th/225	20:00.2 (6k)
MWC Championships	4th/83	20:27.83 (6k)
West Regional	2nd/241	19:16.5 (6k)
NCAA Championships	4th/255	19:31.2 (6k)

**BRENNA PELOQUIN****AMY PFAFF**

Greater Louisville Classic	103rd/328	17:56.65 (5k)
Nuttyscombe Wisconsin Invite	32nd/99	22:00.6

**MALIA PIVEC  
ALISSA PUDLITZKE  
KRISTIE SCHOFFIELD****KARLIE SWANSON**

Greater Louisville Classic	282nd/328	19:23.52 (5k)
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**KARI TAYLOR  
GRACIE TOSTENSON****EMILY VENTERS**

Greater Louisville Classic	26th/328	17:11.82 (5k)
Nuttyscombe Wisconsin Invite	62nd/225	20:54.2 (6k)
MWC Championships	7th/83	20:55.60 (6k)
West Regional	22nd/241	20:11.8 (6k)
NCAA Championships	53rd/255	20:22.1 (6k)

## 2017 MEN'S MEET-BY-MEET RESULTS

## Greater Louisville Classic- 8k

(9.30.17) - EP Tom Sawyer Park - Louisville, Ky.)

5.	Yusuke Uchikoshi	23:35.82
11.	Miler Haller	23:42.65
23.	Michael Vennard	24:06.74
46.	Riley Campbell	24:33.83
55.	Ahmed Muhumed	24:39.57
63.	Keegan McCormick	24:47.03
77.	Chandler Austin	24:53.24
78.	Ozo Rojas	24:53.72
71.	Addison Dehaven	24:57.40
100.	Melika Ghali	25:08.96
105.	Rhys Park	25:10.83

## 43rd Annual Charles Bowles Invite- 8k

(9.30.17) - Bush's Pasture Park - Salem, Ore.

3.	Noah Horsburgh	24:02.4
4.	Jeff Lautenslager	25:06.2
6.	Ty Jordan	25:14.2
28.	Israel Anaya Carmona	26:02.4
98.	Albert Beckham	27:32.9

## Nuttyscombe Wisconsin Invitational- 8k

(10.13.17)- Thomas Zimmer Championship Course- Madison, Wisc.

63.	Miler Haller	24:27.2
83.	Ahmed Muhumed	24:37.2
110.	Addison Dehaven	24:51.6
146.	Michael Vennard	25:01.6
161.	Riley Campbell	25:08.7
184.	Andrew Rafla	25:18.0
218.	Yusuke Uchikoshi	26:08.1

Inland Empire Challenge- 8k (10.14.17)-  
LCSC Orchards Cross Country Course-  
Lewiston, Idaho

5.	Ozo Rojas	24:08.0
7.	Chandler Austin	24:17.1
10.	Noah Horsburgh	24:21.4
11.	Jeff Lautenslager	24:22.2
13.	Melika Ghali	24:28.2
16.	Rhys Park	24:37.1
25.	Ty Jordan	24:54.5
70.	Israel Anaya Carmona	26:02.8

## Mountain West Championships- 8k

(10.27.17) - UNM North Golf Course- Albuquerque, NM

6.	Miler Haller	23:57.80
11.	Addison Dehaven	24:15.19
13.	Michael Vennard	24:28.20
14.	Riley Campbell	24:29.70
20.	Yusuke Uchikoshi	24:38.32
29.	Ahmed Muhumed	24:53.92
30.	Andrew Rafla	24:55.93
42.	Chandler Austin	25:23.53
45.	Ozo Rojas	25:43.26

## NCAA West Region Championships- 10k

(11.10.17) - Jefferson Park Golf Course- Seattle, Wash.

8.	Miler Haller	29:43.9
21.	Yusuke Uchikoshi	29:55.6
37.	Ahmed Muhumed	30:16.6
44.	Addison Dehaven	30:27.7
58.	Chandler Austin	30:49.1
71.	Riley Campbell	31:04.8
99.	Michael Vennard	31:34.1

## NCAA Championships- 10k

(11.18.17) - EP "Tom" Sawyer Park- Louisville, Ky.

31.	Addison Dehaven	29:53.1
36.	Miler Haller	29:58.3
113.	Ahmed Muhumed	30:52.0
189.	Michael Vennard	31:29.3
196.	Chandler Austin	31:35.2
217.	Yusuke Uchikoshi	31:57.6
241.	Andrew Rafla	32:40.7

## 2017 WOMEN'S MEET-BY-MEET RESULTS

## Greater Louisville Classic- 5k

(9.30.17) - EP Tom Sawyer Park - Louisville, Ky.

1.	Allie Ostrander	16:28.15
16.	Minttu Hukka	16:57.64
18.	Clare O'Brien	17:00.27
22.	Grace McConnochie	17:09.66
23.	Alexis Fuller	17:10.16
26.	Emily Venters	17:11.82
31.	Anna McDonald	17:17.21
40.	Kyra Lopez	17:24.83
103.	Amy Pfaff	17:56.65
129.	Erin Mullins	18:09.98

## 43rd Annual Charles Bowles Invite- 5k

(9.30.17) - Bush's Pasture Park - Salem, Ore.

20.	Ali Deitsch	18:20.9
25.	Morgan Diefendorf	18:31.9
42.	Anna Hartwick	18:56.3
54.	Anne Brinegar	19:13.4
58.	Emma Hyyppa	19:17.5

## Nuttyscombe Wisconsin Invitational- 6k

(10.13.17)- Thomas Zimmer Championship Course- Madison, Wisc.

9.	Allie Ostrander	20:00.2
40.	Minttu Hukka	20:33.4
56.	Clare O'Brien	20:50.8
62.	Emily Venters	20:54.2
66.	Alexis Fuller	20:56.3
97.	Sadi Henderson	21:16.7
161.	Grace McConnochie	21:53.5

## Nuttyscombe Wisconsin Invitational B Race- 6k

(10.13.17)- Thomas Zimmer Championship Course- Madison, Wisc.

3.	Kyra Lopez	21:11.5
5.	Anna McDonald	21:14.3
32.	Amy Pfaff	22:00.6
38.	Erin Mullins	22:09.4
55.	Megan Lacy	22:23.6
79.	Jordan Jacob	23:05.9

Inland Empire Challenge- 8k (10.14.17)-  
LCSC Orchards Cross Country Course-  
Lewiston, Idaho

26.	Ali Deitsch	18:29.4
38.	Morgan Diefendorf	18:49.5
46.	Emma Hyyppa	18:59.7
57.	Anna Hartwick	19:14.8
73.	Anne Brinegar	19:64.1

Mountain West Championships- 6k  
(10.27.17) - UNM North Golf Course-  
Albuquerque, N.M.

4.	Allie Ostrander	20:27.83
7.	Emily Venters	20:55.60
8.	Minttu Hukka	20:59.76
15.	Grace McConnochie	21:22.56
16.	Anna McDonald	21:29.77
21.	Kyra Lopez	21:41.83
22.	Alexis Fuller	21:43.62
25.	Clare O'Brien	21:47.74
42.	Sadi Henderson	22:17.09

NCAA West Region Championships- 6k  
(11.10.17) - Jefferson Park Golf Course-  
Seattle, Wash.

2.	Allie Ostrander	19:16.5
17.	Minttu Hukka	20:02.6
22.	Emily Venters	20:11.8
28.	Clare O'Brien	20:21.8
35.	Anna McDonald	20:32.0
38.	Alexis Fuller	20:36.8
54.	Grace McConnochie	20:53.35

NCAA Championships- 6k  
(11.18.17) - EP "Tom" Sawyer Park-  
Louisville, Ky.

4.	Allie Ostrander	19:31.2
53.	Emily Venters	20:22.1
77.	Clare O'Brien	20:32.0
100.	Minttu Hukka	20:42.8
122.	Alexis Fuller	20:53.7
136.	Anna McDonald	20:59.0
190.	Sadi Henderson	21:26.9

## MEN'S RESULTS

Name	Meet	Place/Total # Runners	Time (Distance)
<b>CHANDLER AUSTIN</b>			
Sagebrush Cross Country Invite	7th/56	21:18.4 (7k)	
Roy Griak Invite	31st/263	25:47.2 (8k)	
Nuttyscombe Wisconsin Invite	109th/199	25:06.3 (8k)	
Mountain West Championships	17th/66	24:36.0 (8k)	
NCAA West Regional	39th/193	30:29.1(10k)	
NCAA Championships	171st/251	31:23.8 (10k)	

## RILEY CAMPBELL

Sagebrush Cross Country Invite	19th/56	21:41.9 (7k)
Roy Griak Invite	57th/263	26:05.2 (8k)
Nuttyscombe Wisconsin "B" Invite	9th/89	25:15.3 (8k)
Mountain West Championships	23rd/66	24:48.7 (8k)
NCAA West Regional	67th/193	31:04.9 (10k)
NCAA Championships	212th/251	31:50.6 (10k)

## ADDISON DEHAVEN

## MELIKA GHALI

Sagebrush Cross Country Invite	32nd/56	22:39.9 (7k)
Steve T. Reeder Mem. XC Invite	19th/45	29:34.1 (8.8k)

## MILER HALLER

Sagebrush Cross Country Invite	13th/56	21:32.5 (7k)
Roy Griak Invite	13th/263	25:27.5 (8k)
Nuttyscombe Wisconsin Invite	36th/199	24:27.9 (8k)
Mountain West Championships	8th/66	24:14.0 (8k)
NCAA West Regional	41st/193	30:31.0 (10k)
NCAA Championships	96th/251	30:50.6 (10k)

## NOAH HORSBURGH

## TY JORDAN

## JEFF LAUTENSLAGER

Sagebrush Cross Country Invite	14th/56	21:33.5 (8k)
Roy Griak Invite	148th/263	27:02.0 (8k)
Steve T. Reeder Mem. XC Invite	16th/89	29:17.3 (8.8k)

## LOUIS MCAFFEE

## KEEGAN MCCORMICK

Sagebrush Cross Country Invite	28th/56	22:16.1 (7k)
Roy Griak Invite	205th/263	27:42.1 (8k)
Nuttyscombe Wisconsin Invite	36th/199	24:27.9 (8k)

## MATT MCDONALD

## ALBERT MEIER

Nuttyscombe Wisconsin Invite	197th/199	27:52.2 (8k)
Mountain West Championships	DNF	No Time

## RHYS PARK

Sagebrush Cross Country Invite	10th/56	21:24.7 (7k)
Roy Griak Invite	65th/263	26:10.2 (8k)
Nuttyscombe Wisconsin Invite	118th/199	25:11.4 (8k)
Mountain West Championships	12th/66	24:24.3 (8k)

NCAA West Regional	121st/193	32:19.5 (10k)
NCAA Championships	242nd/251	32:54.6 (10k)

## ANDREW RAFLA

Sagebrush Cross Country Invite	18th/56	21:41.3 (7k)
Roy Griak Invite	24th/263	25:39.1 (8k)
Nuttyscombe Wisconsin Invite	117th/199	25:11.3 (8k)
Mountain West Championships	21st/66	24:44.4 (8k)
NCAA West Regional	55th/193	30:45.9 (10k)
NCAA Championships	190th/251	31:34.6 (10k)

## TOM RICHARDSON

Sagebrush Cross Country Invite	25th/56	21:59.9 (7k)
Roy Griak Invite	119th/263	26:44.8 (8k)
Nuttyscombe Wisconsin "B" Invite	62nd/89	26:39.1 (8k)
Mountain West Championships	26th/66	24:57.8 (8k)

## OZO ROJAS

Sagebrush Cross Country Invite	33rd/56	22:50.7 (7k)
Steve T. Reeder Mem. XC Invite	20th/35	29:36.1 (8.8k)

## YUSUKE UCHIKOSHI

Sagebrush Cross Country Invite	12th/56	21:31.0 (7k)
Roy Griak Invite	7th/263	25:18.5 (8k)
Nuttyscombe Wisconsin Invite	33rd/199	24:27.1 (8k)
Mountain West Championships	1st/66	23:48.8 (8k)
NCAA West Regional	21st/193	30:06.8 (10k)
NCAA Championships	18th/251	30:10.8 (10k)

## MICHAEL VENNARD

Sagebrush Cross Country Invite	4th/56	21:09.6 (7k)
Roy Griak Invite	37th/263	25:51.1 (8k)
Nuttyscombe Wisconsin Invite	DNF	No Time
Mountain West Championships	3rd/66	24:00.7 (8k)
NCAA West Regional	DNF	No Time
NCAA Championships	111th/251	30:57.7 (10k)

## WOMEN'S RESULTS

Name	Meet	Place/Total # Runners	Time (Distance)
<b>ANNE BRINEGAR</b>			
<b>EMMA CULIG</b>			
<b>ALI DEITSCH</b>			

## EMILY DEMARCO

Steve T. Reeder Mem. XC Invite	27th/44	20:23.5 (5k)
Roy Griak Invitational	293rd/336	25:44.2 (6k)

## ALI DEITSCH

## ALEXIS FULLER

Sagebrush Cross Country Invite	91st/243	23:15.7 (6k)
Roy Griak Invitational	78th/336	23:13.1 (6k)
Nuttyscombe Wisconsin Invite	140th/205	21:50.2 (6k)
Mountain West Championships	38th/88	21:45.4 (6k)

## MADDIE HALL

Sagebrush Cross Country Invite	45th/72	19:24.4 (5k)
Steve T. Reeder Mem. XC Invite	12th/44	19:18.0 (5k)

## ANNA HARTWICK

Sagebrush Cross Country Invite	49th/72	19:40.4 (5k)
Steve T. Reeder Mem. XC Invite	23rd/44	19:54.9 (5k)

## SARAH HASTINGS

Sagebrush Cross Country Invite	5th/72	17:55.0 (5k)
Roy Griak Invitational	59th/336	22:54.7 (6k)
Nuttyscombe Wisconsin Invite	88th/205	21:17.1 (6k)
Mountain West Championships	27th/88	21:26.1 (6k)
NCAA West Regional	60th/238	20:56.7 (6k)

## SADI HENDERSON

Steve T. Reeder Mem. XC Invite	7th/44	18:53.6 (5k)
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## MINTTU HUKKA

Roy Griak Invitational	37th/336	22:35.1 (6k)
Mountain West Championships	17th/88	21:12.5 (6k)
NCAA West Regional	74th/238	21:11.6 (6k)

## EMMA HYYPPÄ

## JORDAN JACOB

Sagebrush Cross Country Invite	18th/72	18:28.8 (5k)
Roy Griak Invitational	132nd/336	23:44.5 (6k)
Nuttyscombe Wisconsin "B" Invite	31st/117	22:10.0 (6k)
Mountain West Championships	54th/88	22:13.6 (6k)

## MEGAN LACY

## KYRA LOPEZ

Sagebrush Cross Country Invite	3rd/72	17:28.8 (5k)
Roy Griak Invitational	30th/336	22:30.1 (6k)
Nuttyscombe Wisconsin Invite	139th/205	21:50.2 (6k)
Mountain West Championships	26th/88	21:24.4 (6k)
NCAA West Regional	56th/238	20:52.3 (6k)

## ANNA MCDONALD

## MARY KATE MCGUIRE

## CLARE O'BRIEN

Sagebrush Cross Country Invite	2nd/72	17:38.2 (5k)
Roy Griak Invitational	38th/336	22:36.6 (6k)
Nuttyscombe Wisconsin Invite	95th/205	21:21.8 (6k)
Mountain West Championships	12th/88	20:56.4 (6k)
NCAA West Regional	43rd/238	20:35.1 (6k)

## KATRIEL O'REILLY

Steve T. Reeder Mem. XC Invite	39th/44	21:35.6 (5k)
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## ALLIE OSTRANDER

## BRENNA PELOQUIN

Roy Griak Invitational	1st/336	20:49.5 (6k)
Nuttyscombe Wisconsin Invite	1st/205	20:00.8 (6k)
Mountain West Championships	4th/88	20:27.4 (6k)
NCAA West Regional	3rd/238	19:42.0 (6k)
NCAA Championships	6th/250	19:54.5 (6k)

## AMY PFAFF

Sagebrush Cross Country Invite	22nd/72	18:39.6 (5k)
Roy Griak Invitational	130th/336	23:43.8 (6k)
Nuttyscombe Wisconsin "B" Invite	37th/117	22:16.7 (6k)
Mountain West Championships	35th/88	21:41.3 (6k)
NCAA West Regional	157th/238	22:19.4 (6k)

## ALISSA PUDLITZKE

Sagebrush Cross Country Invite	24th/72	18:44.5 (5k)
Roy Griak Invitational	212th/336	24:31.8 (6k)

## KARLIE SWANSON

Sagebrush Cross Country Invite	8th/72	18:04.1 (5k)
Roy Griak Invitational	DNF	No Time
Nuttyscombe Wisconsin "B" Invite	111th/117	23:49.9 (6k)

## GRACIE TOSTENSON

Roy Griak Invitational	49th/336	22:42.6 (6k)
Nuttyscombe Wisconsin Invite	81st/205	21:14.8 (6k)
Mountain West Championships	38th/88	21:45.4 (6k)
NCAA West Regional	42nd/238	20:33.4 (6k)

## 2016 MEN'S MEET-BY-MEET RESULTS

**Sagebrush Aggie XC Invite - 7K  
(9.3.16 - Steve and Donna Reeder XC Course - Logan, Utah)**

4.	Michael Vennard	21:09.6
7.	Chandler Austin	21:18.4
10.	Rhys Park	21:24.7
12.	Yusuke Uchikoshi	21:31.0
13.	Miler Haller	21:32.5
14.	Jeff Lautenslager	21:33.5
18.	Andrew Rafla	21:41.3
19.	Riley Campbell	21:41.9
25.	Tom Richardson	21:59.9
28.	Keegan McCormick	22:16.1
32.	Melika Ghali	22:39.9
33.	Ozo Rojas	22:50.7

**Roy Griak Invitational - 8K  
(9.24.16 - Les Bolstad Golf Course - Minneapolis, Minn.)**

7.	Yusuke Uchikoshi	25:18.5
13.	Miler Haller	25:27.5
24.	Andrew Rafla	25:39.1
31.	Chandler Austin	25:47.2
37.	Michael Vennard	25:51.1
54.	Riley Campbell	26:05.2
65.	Rhys Park	26:10.2
119.	Tom Richardson	26:44.8
148.	Jeff Lautenslager	27:02.0
205.	Keegan McCormick	27:42.1

**Steve T. Reeder Mem. XC Invite - 8.8K  
(10.7.16 - Steve and Donna Reeder XC Course - Logan, Utah)**

16.	Keegan McCormick	29:17.3
19.	Melika Ghali	29:34.1
20.	Ozo Rojas	29:36.1

**Nuttycombe Wisconsin Invitational - 8K  
(10.14.16 - Thomas Zimmer Championship Course - Madison, Wis.)**

33.	Yusuke Uchikoshi	24:27.1
36.	Miler Haller	24:27.9
109.	Chandler Austin	25:06.3
117.	Andrew Rafla	25:11.3
118.	Rhys Park	25:11.4
197.	Albert Meier	27:52.2
<b>** "B" Race **</b>		
9.	Riley Campbell	25:15.3
30.	Jeff Lautenslager	26:21.7
33.	Tom Richardson	26:39.1

**Mountain West Championships - 8K  
(10.28.16 - Falcon Crest Golf Club - Boise, Idaho)**

1.	Yusuke Uchikoshi	23:48.8
3.	Michael Vennard	24:00.7
8.	Miler Haller	24:14.0
12.	Rhys Park	24:24.3
17.	Chandler Austin	24:36.0
21.	Andrew Rafla	24:44.4
23.	Riley Campbell	24:48.7
26.	Tom Richardson	24:57.8

**NCAA West Regionals - 10K  
(11.11.16 - Haggin Oaks Golf Complex - Sacramento, Calif.)**

21.	Yusuke Uchikoshi	30:06.8
39.	Chandler Austin	30:29.1
41.	Miler Haller	30:31.0
55.	Andrew Rafla	30:45.9
67.	Riley Campbell	31:04.9
121.	Rhys Park	32:19.6

**NCAA National Championships - 10K  
(11.19.16 - LaVern Gibson XC Course - Terre Haute, Ind.)**

18.	Yusuke Uchikoshi	30:10.8
96.	Miler Haller	30:50.6
111.	Michael Vennard	30:57.7
171.	Chandler Austin	31:23.8
190.	Andrew Rafla	31:34.6
212.	Riley Campbell	31:50.6
242.	Rhys Park	32:54.6

## 2016 WOMEN'S MEET-BY-MEET RESULTS

**Sagebrush Aggie XC Invite - 5K  
(9.3.16 - Steve and Donna Reeder XC Course - Logan, Utah)**

2.	Clare O'Brien	17:38.2
3.	Kyra Lopez	17:42.6
5.	Sarah Hastings	17:55.0
8.	Karlie Swanson	18:04.1
14.	Alexis Fuller	18:23.5
18.	Jordan Jacob	18:28.8
22.	Amy Pfaff	18:39.6
24.	Alissa Pudlitzke	18:44.5
45.	Maddie Hall	19:24.4
48.	Emily Demarco	19:31.0
49.	Anna Hartwick	19:40.4

**Roy Griak Invitational - 6K  
(9.24.16 - Les Bolstad Golf Course - Minneapolis, Minn.)**

1.	Brenna Peloquin	20:49.5
30.	Kyra Lopez	22:30.1
37.	Minttu Hukka	22:35.1
38.	Clare O'Brien	22:36.6
49.	Gracie Tostenson	22:42.6
57.	Sarah Hastings	22:54.7
76.	Alexis Fuller	23:13.1
127.	Amy Pfaff	23:43.8
129.	Jordan Jacob	23:44.5
206.	Alissa Pudlitzke	24:31.8

**Steve T. Reeder Mem. XC Invite - 5K  
(10.7.16 - Steve and Donna Reeder XC Course - Logan, Utah)**

7.	Sadi Henderson	18:53.6
12.	Maddie Hall	19:18.0
23.	Anna Hartwick	19:54.8
27.	Emily Demarco	20:12.5
30.	Emma Hyyppa	20:37.3
39.	Katriel O'Reilly	21:35.5

**Utah State Invitational - 5K  
(10.9.15 - Innovation Wellness Park - Logan, Utah)**

1.	Alexis Fuller	17:41.1
2.	Gracie Tostenson	17:53.1
8.	Ali Deitsch	18:08.0
10.	Sadi Henderson	18:13.4
13.	Zanae Jones	18:25.0
15.	Anne Brinegar	18:36.3
34.	Kelsi Lasota	19:32.1

**Nuttycombe Wisconsin Invitational - 6K  
(10.14.16 - Thomas Zimmer Championship Course - Madison, Wis.)**

1.	Brenna Peloquin	20:00.8
81.	Gracie Tostenson	21:14.8
88.	Sarah Hastings	21:17.1
95.	Clare O'Brien	21:21.8
139.	Kyra Lopez	21:50.2
140.	Alexis Fuller	21:50.2
<b>** "B" Race **</b>		
31.	Jordan Jacob	22:10.0
37.	Amy Pfaff	22:16.7
111.	Karlie Swanson	23:49.9

**Mountain West Championships - 6K  
(10.28.16 - Falcon Crest Golf Club - Boise, Idaho)**

4.	Brenna Peloquin	20:27.4
12.	Clare O'Brien	20:56.4
17.	Minttu Hukka	21:12.5
26.	Kyra Lopez	21:24.4
27.	Sarah Hastings	21:26.1
35.	Amy Pfaff	21:41.3
38.	Gracie Tostenson	21:45.4
38.	Alexis Fuller	21:45.4
54.	Jordan Jacob	22:13.6

**NCAA West Regionals - 6K  
(11.11.16 - Haggin Oaks Golf Complex - Sacramento, Calif.)**

3.	Brenna Peloquin	19:42.0
42.	Gracie Tostenson	20:33.4
44.	Clare O'Brien	20:35.2
56.	Kyra Lopez	20:52.4
60.	Sarah Hastings	20:56.7
74.	Minttu Hukka	21:11.6
157.	Amy Pfaff	22:19.5

**NCAA National Championships - 6K  
(11.19.16 - LaVern Gibson XC Course - Terre Haute, Ind.)**

6.	Brenna Peloquin	19:54.5
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# YEAR-BY-YEAR RESULTS

## 2016 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Boise State Finisher	Location/Team Result	Distance
Sept. 3	<b>Sagebrush Invitational</b>	<b>Logan, Utah</b>	
	Men: Michael Vennard, 21:09.6 (4th)	NA	7,000 Meters
	Women: Clare O'Brien, 17:38.2 (2nd)	NA	5,000 Meters
Sept. 24	<b>Roy Griak Invitational</b>	<b>Minneapolis, Minn.</b>	
	Men: Yusuke Uchikoshi, 25:18.5 (7th)	3rd/29 - 112 pts.	8,000 Meters
	Women: Brenna Peloquin, 20:49.5 (1st)	4th/34 - 155 pts.	6,000 Meters
Oct. 7	<b>Steve T. Reeder Memorial Invitational</b>	<b>Logan, Utah</b>	
	Men: Keegan McCormick, 29:17.25 (16th)	NA	8,800 Meters
	Women: Sadi Henderson, 18:53.6 (7th)	NA	5,000 Meters
Oct. 16	<b>Nuttycombe Wisconsin Invitational</b>	<b>Madison, Wis.</b>	
	Men: Yusuke Uchikoshi, 24:27.1 (33rd)	15th/30 - 413 pts.	8,000 Meters
	Women: Brenna Peloquin, 19:19.5 (1st)	18th/31 - 404 pts.	6,000 Meters
Oct. 30	<b>Mountain West Championships</b>	<b>Boise, Idaho</b>	
	Men: Yusuke Uchikoshi, 30:06.8 (1st)	1st/8 - 41 pts.	8,000 Meters
	Women: Brenna Peloquin, 20:27.40 (4th)	3rd/11 - 86 pts.	6,000 Meters
Nov. 13	<b>NCAA West Regionals</b>	<b>Sacramento, Calif.</b>	
	Men: Yusuke Uchikoshi, 30:06.8 (21st)	7th/29 - 219 pts.	10,000 Meters
	Women: Brenna Peloquin, 19:42.0 (3rd)	7th/35 - 200 pts.	6,000 Meters
Nov. 21	<b>NCAA Championships</b>	<b>Terre Haute, Ind.</b>	
	Men: Yusuke Uchikoshi, 30:10.8 (18th)	19th/31 - 478 pts.	10,000 Meters
	Women: Brenna Peloquin, 19:54.5 (6th)	NA	6,000 Meters

## 2015 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Boise State Finisher	Location/Team Result	Distance
Sept. 11	<b>Utah Open</b>	<b>Salt Lake City, Utah</b>	
	Men: Riley Campbell, 19:26.0 (2nd)	2nd/3 - 32 pts.	6,000 Meters
	Women: Charlotte Corless, 15:18.4 (3rd)	2nd/4 - 34 pts.	4,000 Meters
Sept. 11	<b>Dual In Speedway Meadow</b>	<b>San Francisco, Calif.</b>	
	Men: Michael Vennard, 25:21.3 (2nd)	1st/2 - 23 pts.	8,000 Meters
	Women: Allie Ostrander, 20:44.4 (1st)	1st/2 - 33 pts.	6,000 Meters
Sept. 26	<b>Roy Griak Invitational</b>	<b>Minneapolis, Minn.</b>	
	Men: Michael Vennard, 24:58.0 (3rd)	6th/23 - 143 pts.	8,000 Meters
	Women: Allie Ostrander, 21:09.4 (2nd)	1st/26 - 37 pts.	6,000 Meters
Oct. 9	<b>Utah State Invitational</b>	<b>Logan, Utah</b>	
	Men: Chandler Austin, 19:58.3 (2nd)	NA	7,000 Meters
	Women: Alexis Fuller, 17:41.1 (1st)	NA	5,000 Meters
Oct. 16	<b>Wisconsin adidas Invitational</b>	<b>Madison, Wis.</b>	
	Men: Michael Vennard, 23:51.8 (17th)	11th/36 - 387 pts.	8,000 Meters
	Women: Allie Ostrander, 19:19.5 (1st)	6th/36 - 249 pts.	6,000 Meters
Oct. 30	<b>Mountain West Championships</b>	<b>Reno, Nev.</b>	
	Men: Michael Vennard, 26:40.37 (5th)	3rd/8 - 56 pts.	10,000 Meters
	Women: Allie Ostrander, 21:49.97 (1st)	2nd/11 - 71 pts.	6,000 Meters
Nov. 13	<b>NCAA West Regionals</b>	<b>Seattle, Wash.</b>	
	Men: Michael Vennard, 31:29.8 (17th)	5th/30 - 137 pts.	10,000 Meters
	Women: Allie Ostrander, 20:10.9 (1st)	2nd/35 - 80 pts.	6,000 Meters
Nov. 21	<b>NCAA Championships</b>	<b>Louisville, Ky.</b>	
	Men: Elijah Armstrong, 30:43.9 (70th)	16th/31 - 435 pts.	10,000 Meters
	Women: Allie Ostrander, 19:33.6 (2nd)	11th/31 - 330 pts.	6,000 Meters

## 2014 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Boise State Finisher	Location/Team Result	Distance
Sept. 5	Utah Open Men: David Elliott, 19:14.5 (1st) Women: Emma Bates, 14:10 (1st)	Salt Lake City, Utah 72nd/4 - 45 pts. 1st/5 - 34 pts.	6,000 Meters 4,000 Meters
Sept. 27	Roy Griak Invitational Men: David Elliott, 25:09 (9th) Women: Emma Bates, 21:02 (6th)	Minneapolis, Minn. 12th/30 - 369 pts. 4th/35 - 185 pts.	8,000 Meters 6,000 Meters
Oct. 17	Wisconsin adidas Invitational Men: David Elliott, 24:10 (25th) Women: Emma Bates, 19:47 (6th)	Madison, Wis. 22nd/36 - 534 pts. 11th/38 - 480 pts.	8,000 Meters 6,000 Meters
Oct. 31	Mountain West Championships Men: David Elliott, 23:38.70 (1st) Women: Emma Bates, 19:37.30 (1st)	Fresno, Calif. 4th/8 - 79 pts. 2nd/11 - 58 pts.	8,000 Meters 6,000 Meters
Nov. 14	NCAA West Region Championships Men: Andrew Rafla, 29:50 (11th) Women: Emma Bates, 19:34.2 (2nd)	Stanford, Calif.. 8th/29 - 224 pts. 2nd/34 - 103 pts.	10,000 Meters 6,000 Meters
Nov. 22	NCAA Championships Men: Andrew Rafla, 31:26.2 (83rd) Women: Emma Bates, 19:44.2 (3rd)	Terre Haute, Ind. - 11th/31 - 392 pts.	10,000 Meters 6,000 Meters

## 2013 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Boise State Finisher	Location/Team Result	Distance
Sept. 6	Utah Open Men: Aaron Back, 19:08.2 (3rd) Women: Emma Bates, 14:11 (1st)	Murray, Utah 2nd/3 - 34 pts. 1st/3 - 23 pts.	6,000 Meters 4,000 Meters
Oct. 5	Bill Dellinger Invitational Men: Allan Schroeder, 24:19 (5th) Women: Emma Bates, 16:35 (2nd)	Springfield, Ore. 2nd/11 - 39 pts. 3rd/10 - 63 pts.	8,000 Meters 5,000 Meters
Oct. 19	ISU Pre-National Invitational Men: Aaron Back, 24:10.51 (47th) Women: Emma Bates, 20:09.09 (1st)	Terre Haute, Ind. 8th/52 - 313 pts. 11th/49 - 442 pts.	8,000 Meters 6,000 Meters
Nov. 1	Mountain West Championships Men: Aaron Back, 24:36.62 (12th) Women: Emma Bates, 20:48.15 (1st)	USAFA, Colo. 4th/8 - 101 pts. 2nd/11 - 60 pts.	8,000 Meters 6,000 Meters
Nov. 15	NCAA West Region Championships Men: Jeff Howard, 29:54 (7th) Women: Emma Bates, 19:11 (1st)	Sacramento, Calif.. 4th/27 - 117 pts. 10th/32 - 300 pts.	10,000 Meters 6,000 Meters
Nov. 23	NCAA Championships Men: Jeff Howard, 31:48.5 (152nd) Women: Emma Bates, 20:03.9 (2nd)	Terre Haute, Ind. - -	10,000 Meters 6,000 Meters

## 2012 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Boise State Finisher	Location/Team Result	Distance
Sept. 8	NUU Invitational/Roger Curran (Fifth Annual) Men: Jeff Howard, 18:39.23 (2nd) Women: Marisa VanderMalle, 14:29.27 (2nd)	Nampa, Idaho 1st/7 - 25 pts. 1st/6 - 23 pts.	6,000 Meters 4,000 Meters
Sept. 29	Charles Bowles Invitational Men: Zach Wiles, 25:10.10 (7th) Women: Breanna Perrone, 18:18.85 (4th)	Salem, Ore. 2nd/19 - 111 pts. 2nd/20 - 96 pts.	8,000 Meters 5,000 Meters
Sept. 29	Roy Griak Invitational Men: Allan Schroeder, 25:19 (22nd) Women: Marisa VanderMalle, 21:55 (20th)	St. Paul, Minn. 5th/15 - 175 pts. 7th/17 - 189 pts.	8,000 Meters 6,000 Meters
Oct. 6	Boise State Invitational Men: Zach Wiles, 15:40 (1st) Women: Kate Jette, 18:27 (1st)	Boise, Idaho 1st/4 - 21 pts. 1st/4 - 20 pts.	5,000 Meters 5,000 Meters
Oct. 13	2012 Pre-National Invitational Men: Barak Watson, 23:59.1 (43rd) Women: Tessa Murray, 21:07.7 (57th)	Louisville, Ky. 13th/40 - 399 pts. 14th/38 - 477 pts.	8,000 Meters 6,000 Meters
Oct. 26	Mountain West Championships Men: Barak Watson, 24:34.90 (2nd) Women: Marisa VanderMalle, 20:55.29 (3rd)	Las Vegas, Nev. 4th/6 - 102 pts. 3rd/9 - 72 pts.	8,000 Meters 6,000 Meters
Nov. 9	NCAA West Region Championships Men: Barak Watson, 30:25 (34th) Women: Tessa Murray, 20:35 (32nd)	Seattle, Wash. 9th/26 - 263 pts. 10th/28 - 308 pts.	10,000 Meters 6,000 Meters

## 2011 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Boise State Finisher	Location/Team Result	Distance
Sept. 10	NUU Invitational/Roger Curran (Fourth Annual) Men: Vince Hamilton, 19:00.65 (2nd) Women: Marisa VanderMalle, 14:48.10 (1st)	Nampa, Idaho 2nd/7 - 37 pts. 1st/5 - 19 pts.	6,000 Meters 4,000 Meters
Sept. 24	Bob Firman Invitational Men: Kyle Merritt, 26:44.49 (7th) Women: Hayley Gregoire, 19:14.39 (4th)	Eagle, Idaho 2nd/4 - 40 pts. 1st/4 - 19 pts.	8,000 Meters 5,000 Meters
Sept. 24	Roy Griak Invitational Men: Vince Hamilton, 24:53 (42nd) Women: Marisa VanderMalle, 21:41 (42nd)	St. Paul, Minn. 17th/24 - 445 pts. 17th/26 - 449 pts.	8,000 Meters 6,000 Meters
Oct. 7	College of Idaho Coyote Invitational Men: Aaron Back, 25:50.60 (6th) Women: Sarah Bisterfeldt, 19:01.20 (6th)	Caldwell, Idaho 2nd/5 - 40 pts. 2nd/4 - 42 pts.	8,000 Meters 5,000 Meters
Oct. 15	Santa Clara Bronco Invitational Men: Drew O'donoghue-McDonald, 24:24.6 (19th) Women: Marisa VanderMalle, 17:18.8 (7th)	Santa Clara, Calif. 4th/19 - 171 pts. 6th/21 - 138 pts.	8,000 Meters 5,000 Meters
Oct. 29	Mountain West Championships Men: Drew O'donoghue-McDonald, 25:35.5 (10th) Women: Marisa VanderMalle, 21:20.4 (8th)	Fort Collins, Colo. 4th/6 - 75 pts. 3rd/8 - 88 pts.	8,000 Meters 6,000 Meters
Nov. 12	NCAA West Region Championships Men: Vince Hamilton, 30:37 (53rd) Women: Marisa VanderMalle, 21:10 (33rd)	Palo Alto, Calif. 14th/25 - 418 pts. 12th/31 - 349 pts.	10,000 Meters

**2010 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Boise State Finisher	Location/Team Result	Distance
Sept. 11	<b>NUU Invitational/Roger Curran (3rd Annual)</b> Men: Drew O'donoghue-McDonald - 18:15.49 (1st) Women: Emma Bates - 14:06.06 (2nd)	<b>Nampa, Idaho</b> 1st/5 - 25 pts. 1st/5 - 34 pts.	6,000 Meters 4,000 Meters
Sept. 25	<b>Bob Firman Invitational</b> Men: N/A Women: Piper Delaney - 19:42.33 (23rd)	<b>Eagle, Idaho</b> N/A 2nd/5 - 60 pts.	8,000 Meters 5,000 Meters
Sept. 25	<b>Roy Griak Invitational</b> Men: Jeff Howard - 24:45.00 (16th) Women: Emma Bates - 22:10.00 (51st)	<b>St. Paul, Minn.</b> 10th/22 - 255 pts. 18th/29 - 574 pts.	8,000 Meters 6,000 Meters
Oct. 16	<b>Santa Clara Bronco Invitational</b> Men: Jeff Howard - 23:54.40 (2nd) Women: Emma Bates - 17:23.30 (8th)	<b>Santa Clara, Calif.</b> 5th/19 - 137 pts. 10th/19 - 232 pts.	8,000 Meters 5,000 Meters
Oct. 21	<b>College of Idaho Coyote Invitational</b> Men: Scott Foley - 26:43.20 (17th) Women: Kate Jette - 18:58.60 (8th)	<b>Caldwell, Idaho</b> 3rd/7 - 80 pts. 3rd/5 - 75 pts.	8,000 Meters 5,000 Meters
Oct. 30	<b>Western Athletic Conference Championships</b> Men: Sawyer Bosch - 24:44 (4th) Women: Emma Bates - 17:43 (3rd)	<b>Moscow, Idaho</b> 1st/7 - 57 pts. 4th/9 - 89 pts.	8,000 Meters 5,000 Meters
Nov. 13	<b>NCAA West Region Championships</b> Men: Jeff Howard - 30:32.05 (17th) Women: Emma Bates - 21:33.21 (77th)	<b>Springfield, Ore.</b> 7th/25 - 249 pts. 21st/31 - 601 pts.	10,000 Meters 6,000 Meters

**2009 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Boise State Finisher	Location/Team Result	Distance
Sept. 12	<b>NUU Invitational/Roger Curran (2nd Annual)</b> Men: Kevin Higgs - 18:14.23 (1st) Women: Shannon Porter - 14:19.20 (1st)	<b>Nampa, Idaho</b> 1st - 18 pts. 2nd - 52 pts.	6,000 Meters 4,000 Meters
Sept. 26	<b>Bob Firman Invitational</b> Men: Sawyer Bosch - 25:44.72 (3rd) Women: Shannon Porter - 18:05.47 (2nd)	<b>Eagle, Idaho</b> 1st - 25 pts. 3rd - 86 pts.	8,000 Meters 5,000 Meters
Oct. 3	<b>Willamette's Charles Bowles Invitational</b> Men: Sawyer Bosch - 24:13.72 (3rd) Women: Shannon Porter - 17:53.68 (6th)	<b>Salem, Ore.</b> 2nd - 52 pts. 7th - 183 pts.	8,000 Meters 5,000 Meters
Oct. 17	<b>Santa Clara Bronco Invitational</b> Men: Sawyer Bosch - 24:43 (5th) Women: Shannon Porter - 18:00 (28th)	<b>Santa Clara, Calif.</b> 3rd - 126 pts. 14th - 324 pts.	8,000 Meters 5,000 Meters
Oct. 22	<b>Coyote Twilight (College of Idaho)</b> Men: Cameron Lockard - 24:39.60 (9th) Women: Breanne Whitlock - 18:42.00 (16th)	<b>Caldwell, Idaho</b> 4th - 104 pts. 3rd - 78 pts.	8,000 Meters 5,000 Meters
Oct. 31	<b>WAC Championships</b> Men: Kevin Rosaaen - 26:25.5 (5th) Women: Shannon Porter - 19:38.5 (6th)	<b>Reno, Nev.</b> 3rd - 69 pts. 6th - 151 pts.	8,000 Meters 5,000 Meters
Nov. 14	<b>NCAA West Regional Championships</b> Men: Jeff Howard - 32:04.23 (54th) Women: Shannon Porter - 22:59.35 (101st)	<b>Eugene, Ore.</b> 15th - 443 pts. NA	10,000 Meters 6,000 Meters

**2008 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Boise State Finisher	Location/Team Result	Distance
Sept. 6	<b>NUU Invitational/Roger Curran</b> Men: Brian Pierre - 19:07.02 (2nd) Women: Kayleen McDowell - 15:10.50 (3rd)	<b>Nampa, Idaho</b> 1st - 25 pts. 1st - 33 pts.	6,000 Meters 4,000 Meters
Sept. 12	<b>Portland WCC Preview</b> Men: Matthew Moyer - 28:24.51 (75th) Women: Laura Arnstam - 24:04.33 (19th)	<b>Portland, Ore.</b> N/A 7th - 173 pts.	8,000 Meters 6,000 Meters
Sept. 20	<b>Bob Firman Invitational</b> Men: Brian Pierre - 26:02.67 (1st) Women: Carly Gerard - 19:14.00 (15th)	<b>Eagle, Idaho</b> 1st - 35 pts. 3rd - 74 pts.	8,000 Meters 5,000 Meters
Oct. 4	<b>Charles Bowles Invitational</b> Men: Sawyer Bosch - 24:41.52 (3rd) Women: Breanna Sande - 18:15.26 (8th)	<b>Salem, Ore.</b> 3rd - 80 pts. 3rd - 62 pts.	8,000 Meters 5,000 Meters
Oct. 18	<b>Santa Clara Invitational</b> Men: Sawyer Bosch - 24:39 (2nd) Women: Kendra Hernandez - 18:32.00 (46th)	<b>Santa Clara, Calif.</b> 3rd - 16 pts. 7th - 155 pts.	8,000 Meters 5,000 Meters
Nov. 1	<b>WAC Championships</b> Men: Brian Pierre - 26:01.50 (5th) Women: Breanna Sande - 18:25.80 (2nd)	<b>Las Cruces, N.M.</b> 2nd - 56 pts. 5th - 115 pts.	8,000 Meters 5,000 Meters
Nov. 15	<b>NCAA West Regional Championships</b> Men: Brian Pierre - 31:35.95 (82nd) Women: Breanna Sande - 22:03.75 (94th)	<b>Stanford, Calif.</b> 21st - N/A No Team Score	10,000 Meters 6,000 Meters

**2007 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Boise State Finisher	Location/Team Result	Distance
Sept. 8	<b>NUU Invitational</b> Men: Cody Eaton - 18:41.3 (1st) Women: Breanna Sande - 14:13.60 (1st)	<b>Nampa, Idaho</b> 1st - 29 pts. 1st - 24 pts.	6,000 Meters 4,000 Meters
Sept. 14	<b>West Coast Preview</b> Men: Sawyer Bosch - 25:34.2 (5th) Women: Breanna Sande - 21:49.00 (5th)	<b>Portland, Ore.</b> 2nd - 69 pts. 2nd - 51 pts.	8,000 Meters 6,000 Meters
Sept. 22	<b>Bob Firman Invitational</b> Men: Cody Eaton - 25:34.16 (4th) Women: Breanna Sande - 18:16.60 (2nd)	<b>Eagle, Idaho</b> 2nd - 96 pts. 1st - 50 pt.s	8,000 Meters 5,000 Meters
Sept. 29	<b>Willamette Invitational</b> Men: Cody Eaton - 25:00.95 (24th) Women: Breanna Sande - 17:40.70 (7th)	<b>Salem, Ore.</b> 7th - 176 pts. 2nd - 53 pts.	8,000 Meters 5,000 Meters
Oct. 13	<b>Santa Clara Bronco Invitational</b> Men: Cody Eaton - 24:51 (3rd) Women: Hillary McClendon - 17:49.00 (15th)	<b>Sunnyvale, Calif.</b> 8th - 182 pts. 9th - 206 pt.s	8,000 Meters 5,000 Meters
Oct. 27	<b>WAC Championships</b> Men: Cody Eaton - 23:53.63 (6th) Women: Breanna Sasnde - 17:01.32 (1st)	<b>Logan, Utah</b> 3rd - 83 pts. 4th - 95 pts.	8,000 Meters 5,000 Meters
Nov. 10	<b>NCAA West Region Championships</b> Men: Cody Eaton - 31:46.25 (61st) Women: Breanna Sande - 21:57.35 (76th)	<b>Eugene, Ore.</b> 17th - 508 pts. No Team Scores	10,000 Meters 6,000 Meters



## 2006 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Boise State Finisher	Location/Team Result	Distance
Sept. 2	<b>Nevada Chase Race</b> Men: Cody Eaton - 22:35 (2nd) Women: Kendra Hernandez - 15:31 (3rd)	Reno, Nev. Sac St. 26, BSU 30 Utah 21, BSU 36 Nevada 23, BSU 34 BSU 24, Sac St. 32	4 Miles 4,000 Meters
Sept. 9	<b>Fall Harrier Classic</b> Men: Ty Axtman - 18:36.71 (1st) Women: Breanna Sande - 14:40.80 (1st)	Nampa, Idaho 1st - 26 pts. 2nd - 35 pts.	6,000 Meters 4,000 Meters
Sept. 16	<b>Sundodger Invitational</b> Men: Forest Braden - 23:59 (2nd) Women: Breanna Sande - 21:46.00 (36th)	Seattle, Wash. 7th - 164 pts. 11th - 285 pts.	8,000 Meters 6,000 Meters
Sept. 30	<b>Charles Bowles Invitational</b> Men: Forest Braden - 23:52.45 (1st) Women: Breanna Sande - 18:00.15 (14th)	Salem, Ore. 6th - 144 pts. 2nd - 120 pts.	8,000 Meters 5,000 Meters
Oct. 14	<b>Pre-National Invitational</b> Men: Forest Braden - 22:38.5 (5th) Women: Breanna Sande - 22:02.90 (21st)	Terre Haute, Ind. 35th - 881 pts. 9th - 188 pts.	8,000 Meters 6,000 Meters
Oct. 28	<b>WAC Championships</b> Men: Forest Braden - 24:15 (1st) Women: Breanna Sande - 18:10.20 (8th)	Fresno, Calif. 2nd - 37 pts. 6th - 117 pts.	8,000 Meters 5,000 Meters
Nov. 11	<b>NCAA West Region Championships</b> Men: Forest Braden - 30:24.43 (6th) Women: Breanna Sande - 22:33.94 (44th)	Portland, Ore. 14th - 389 pts. No Team Scores	10,000 Meters 6,000 Meters
Nov. 20	<b>NCAA National Championships</b> Men: Forest Braden - 31:56.6 (50th)	Terre Haute, Ind. No Team Scores	10,000 Meters

## 2005 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 3	<b>Utah State Invitational</b> Men: Ty Axtman (9th, 19:37.32) Women: Kendra Hernandez (10th, 16:43.00)	Logan, Utah 3rd 3rd	3.85 miles 2.75 miles
Sept. 10	<b>NUU Invitational</b> Men: Ty Axtman (3rd, 18:15.00) Women: Kendra Hernandez (2nd, 14:38.55)	Nampa, Idaho 3rd 2nd	6,000 Meters 4,000 Meters
Sept. 25	<b>Sundodger Invitational</b> Men: Ty Axtman (2nd, 24:05) Women: Breanna Sande (30th, 22:10.00)	Seattle, Wash. 10th 10th	8,000 Meters 6,000 Meters
Oct. 1	<b>Willamette Invitational</b> Men: Ty Axtman (5th, 23:56.70) Women: Kendra Hernandez (27th, 18:06.55)	Salem, Oregon 7th 10th	8,000 Meters 5,000 Meters
Oct. 8	<b>Eagle Island Invitational</b> Men: Ty Axtman (2nd, 25:51.00) Women: Rebecca Guyette (3rd, 18:34.00)	Eagle, Idaho DNS 1st	8,000 Meters 5,000 Meters
Oct. 15	<b>Chilie Pepper Invitational</b> Men: Ty Axtman (53rd - 31:23.7) Women: Rebecca Guyette (46th, 22:08.9)	Fayetteville, Ark. 23rd 19th	10,000 Meters 6,000 Meters
Oct. 29	<b>WAC Championships</b> Men: Ty Axtman - (5th - 25:29.52)	Eagle, Idaho 4th	8,000 Meters

Women: Rebecca Guyette (10th, 18:18.57) 4th 5,000 Meters

Nov. 12	<b>NCAA West Regionals</b> Men: Ty Axtman (67th - 31:58.4) Women: Rebecca Guyette (56th, 21:46.9)	Stanford, Calif. 19th 21st	10,000 Meters 6,000 Meters
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## 2004 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 11	<b>BYU Autumn Classic</b> Men: Forest Braden - 21:14.20 (24th) Women: Robin Wemple - 18:36.30 (4th)	Orem, Utah 5th of 5 - 134 pts. 3rd of 4 - 80	4 Mile 5,000 Meters
Sept. 18	<b>Sundodger Invitational</b> Men: Forest Brandon - 24:21.12 (5th) Women: Robin Wemple - 21:39.05 (11th)	Seattle, Wash. 10th of 10 - 231 pts. 6th of 11 - 156 pts.	8,000 Meters 6,000 Meters
Sept. 25	<b>Bob Firman Invitational</b> Men: Forest Braden - 25:43.60 (1st) Women: Rebecca Ward - 19:06.77 (1st)	Eagle, Idaho 3rd of 4 - 47 pts. 1st of 2 - 16 pts.	8,000 Meters 5,000 Meters
Oct. 16	<b>Chile Pepper Invitational</b> Men: Forest Braden - 30:11.80 (11th) Women: Robin Wemple - 21:32.00 (19th)	Fayetteville, Ark. 21st of 31 - 565 pts. 14th of 31 - 365 pts.	10,000 Meters 6,000 Meters
Oct. 30	<b>WAC Championships</b> Men: Forest Braden - 24:58.60 (3rd) Women: Robin Wemple - 18:19.15 (12th)	Ruston, La. 4th of 6 - 96 pts. 6th of 8 - 141 pts.	8,000 Meters 5,000 Meters
Nov. 13	<b>NCAA West Regional Championships</b> Men: Forest Braden - 30:28.00 (5th) Women: Robin Wemple - 21:35.00 (32nd)	Fresno, Calif. No Team Scores No Team Scores	10,000 Meters 6,000 Meters
Nov. 22	<b>NCAA National Championships</b> Men: Forest Braden - 25:06.00 (24th)	Terre Haute, Ind. No Team Scores	10,000 Meters

## 2003 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 6	<b>Whitman Invitational</b> Men: Forest Braden - 26:22.00 (1st) Women: Robin Wemple - 22:37.00 (1st)	Walla Walla, Wash. 1st of 6 2nd of 6	8,000 Meters 6,000 Meters
Sept. 27	<b>Bob Firman Invitational</b> Men: Forest Braden - 25:50.00 (1st) Women: Robin Wemple - 18:47.00 (1st)	Eagle, Idaho 1st of 3 1st of 3	8,000 Meters 5,000 Meters
Oct. 11	<b>Northwest Nazarene Invitational</b> Men: Forest Braden - 26:39.00 (1st) Women: Kayla Christensen - 19:52.00 (2nd)	Nampa, Idaho No Team Scores No Team Scores	8,000 Meters 5,000 Meters
Oct. 18	<b>Chile Pepper Invitational</b> Men: Forest Braden - 30:18.00 (16th) Women: Robin Wemple - 22:02.00 (38th)	Fayetteville, Ark. 8th of 33 14th of 37	10,000 Meters 6,000 Meters
Nov. 11	<b>WAC Championships</b> Men: Forest Braden - 24:48.00 (3rd) Women: Robin Wemple - 18:08.00 (13th)	San Jose, Calif. 2nd of 7 7th of 9	8,000 Meters 5,000 Meters
Nov. 15	<b>NCAA West Regional Championships</b> Men: Forest Braden - 30:09.00 (13th)	Portland, Ore. 12th of 26	10,000 Meters

**2002 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 7	<b>Northwest Nazarene Open</b> Men: Forest Braden - 19:09.00 (1st) Women: Robin Wemple - 15:02.00 (1st)	<b>Nampa, Idaho</b> 1st of 2 1st of 2	6,000 Meters 4,000 Meters
Sept. 21	<b>Sundodger Invitational</b> Men: Forest Braden - 24:57.00 (25th) Women: Robin Wemple - 17:55.00 (28th)	<b>Seattle, Wash.</b> 6th of 9 8th of 9	8,000 Meters 5,000 Meters
Sept. 29	<b>Bob Firman Invitational</b> Men: Miles Wiscombe - 26:02.00 (2nd) Women: Robin Wemple - 18:25.00 (1st)	<b>Eagle, Idaho</b> 1st of 4 1st of 3	8,000 Meters 5,000 Meters
Oct. 12	<b>Washington State Invitational</b> Men: Miles Wiscombe - 27:30.00 (5th)  Women: Robin Wemple - 19:21.00 (2nd)	<b>Pullman, Wash.</b> BSU 19, EWU 43 BSU 17, Idaho 44 BSU 15, Gonzaga 48 WSU 25, BSU 30 BSU 28, WSU 29 BSU 27, EWU 28 BSU 23, Gonzaga 33	8,000 Meters 5,000 Meters
Oct. 26	<b>Eastern Oregon Invitational</b> Men: Miles Wiscombe - 18:30.00 (3rd) Women: Robin Wemple - 10:34.00 (1st)	<b>La Grande, Ore.</b> 3rd of 5 2nd of 4	6,000 Meters 3,000 Meters
Nov. 2	<b>WAC Championships</b> Men: Miles Wiscombe - 25:50.00 (11th) Women: Robin Wemple - 18:12.00 (6th)	<b>Dallas, Tex.</b> 4th of 8 6th of 10	8,000 Meters 5,000 Meters
Nov. 11	<b>NCAA West Region Championships</b> Men: Michael Ciampini - 32:16.00 (47th) Women: Robin Wemple - 23:10.00 (57th)	<b>Palo Alto, Calif.</b> 13th of 23 10th of 28	10,000 Meters 8,000 Meters

**2001 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 9	<b>Bogus Basin Bash</b> Men: Miles Wiscombe - 22:34.00 (11th) Women: Michelle Carman - 19:57.00 (2nd)	<b>Bogus Basin, Boise, Idaho</b> 3rd of 4 - 89 pts. 1st of 4 - 24 pts.	8,000 Meters 5,000 Meters
Sept. 22	<b>Sundodger Invitational</b> Men: Josh Sherven - 26:17.00 (54th) Women: Michelle Carman - 17:45.00 (9th)	<b>Seattle, Wash.</b> 8th of 8 - 256 pts. 6th of 9 - 144 pts.	8,000 Meters 5,000 Meters
Sept. 29	<b>Big Cross</b> Men: Josh Sherven - 26:35.00 (27th) Women: Michelle Carman - 18:30.00 (3rd)	<b>Pasco, Wash.</b> 10th of 12 - 239 pts. 3rd of 12 - 58 pts.	8,000 Meters 5,000 Meters
Oct. 13	<b>Eastern Oregon Invitational</b> Men: Josh Sherven - 16:15.50 (8th) Women: Michelle Carman - 14:02.60 (1st)	<b>La Grande, Ore.</b> EQU 15, BSU 50 BSU 15, EOU 50	5,000 Meters 4,000 Meters
Oct. 27	<b>WAC Championships</b> Men: Josh Sherven - 27:32.70 (23rd) Women: Michelle Carman - 18:41.00 (7th)	<b>Honolulu, Hawaii</b> 7th of 8 - 186 pts. 5th of 10 - 116 pts.	8,000 Meters 5,000 Meters

Nov. 10	<b>NCAA Western Regional Championships</b> Men: Miles Wiscombe - 34:50.70 (98th) Women: Michelle Carman - 22:18.60 (30th)	<b>Tucson, Ariz.</b> No Team Score 9th of 23 - 265 pts.	10,000 Meters 6,000 Meters
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**2000 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 9	<b>Eastern Oregon Invitational</b> Men: Michael Ciampini - 26:37.10 (1st) Women: Michelle Carman - 19:22.32 (1st)	<b>La Grande, Ore.</b> 2nd of 3 - 33 pts. 1st of 3 - 17 pts.	8,000 Meters 5,000 Meters
Sept. 14	<b>Northwest Nazarene Open</b> Men: Michael Ciampini - 25:11.60 (1st) Women: Michelle Carman - 18:14.84 (1st)	<b>Nampa, Idaho</b> 1st of 5 - 35 pts. 1st of 4 - 22 pts.	8,000 Meters 5,000 Meters
Sept. 23	<b>Pier Park Invitational</b> Men: Michael Ciampini - 24:08 (7th) Women: Michelle Carman - 18:52 (7th)	<b>Portland, Ore.</b> 7th of 7 - 116 pts. 6th of 7 - 90 pts.	8,000 Meters 5,000 Meters
Oct. 14	<b>Eastern Washington Invitational</b> Men: Michael Ciampini - 26:06.0 (2nd) Women: Michelle Carman - 18:37.0 (2nd)	<b>Spokane, Wash.</b> 3rd of 4 - 55 pts. 1st of 3 - 28 pts.	8,000 Meters 5,000 Meters
Oct. 28	<b>Big West Championships</b> Men: Michael Ciampini - 26:16.4 (12th) Women: Michelle Carmen - 19:21.7 (12th)	<b>Santa Barbara, Calif.</b> 6th of 8 - 161 pts. 6th of 9 - 155 pts.	8,000 Meters 5,000 Meters
Nov. 11	<b>NCAA Western Regional Championships</b> Men: Michael Ciampini - 32:03 (42nd) Women: Michelle Carmen - 21:28 (30th)	<b>Fresno, Calif.</b> 13th of 21 - 390 pts. 14th of 26 - 393 pts.	10,000 Meters 6,000 Meters

**1999 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 4	<b>Pier Park Invitational</b> Men: Thomas Carey - 20:50.3 (4th) Women: Abby Peters - 11:45.0 (1st)	<b>Portland, Ore.</b> UP 28; BSU 30 BSU 15; UP 50	4 Miles 2 Miles
Sept. 18	<b>Big Cross</b> Men: Rusty McCrea - 26:57.83 (10th) Women: Abby Peters - 18:18.86 (1st)	<b>Pasco, Wash.</b> 2nd of 19 - 99 pts. 1st of 16 - 44 pts.	8,000 Meters 5,000 Meters
Oct. 2	<b>Boise State Invitational</b> Men: Rusty McCrea - 24:29 (2nd) Women: Abby Peters - 17:44 (1st)	<b>Boise, Idaho</b> 1st of 5 - 36 pts. 1st of 4 - 19 pts.	8,000 Meters 5,000 Meters
Oct. 16	<b>Chile Pepper Festival</b> Men: Rusty McCrea - 31:36 (22nd) Women: Abby Peters - 18:10 (16th)	<b>Fayetteville, Ark.</b> 11th of 18 - 260 pts. 6th of 22 - 223 pts.	10,000 Meters 5,000 Meters
Oct. 30	<b>Big West Championships</b> Men: Rusty McCrea - 25:44 (14th) Women: Abby Peters - 17:54 (1st)	<b>Sacramento, Calif.</b> 5th of 10 - 135 pts. 4th of 12 - 100 pts.	8,000 Meters 5,000 Meters
Nov. 11	<b>NCAA Western Regional Championships</b> Men: Miles Wiscombe - 33:20 (72nd) Women: Abby Peters - 17:35 (16th)	<b>Portland, Ore.</b> 14th of 21 - 415 pts. 8th of 28 - 277 pts.	10,000 Meters 5,000 Meters

Nov. 22 **NCAA National Championships** Bloomington, Ind.  
 Women: Abby Peters - 17:59 (91st) No Team Scores 5,000 Meters

## 1998 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 11	<b>Idaho Invitational</b> Men: Thomas Carey - 20:02.68 (1st) Women: Melinda Campbell - 14:20.19 (1st)	<b>Moscow, Idaho</b> 1st of 4 - 15 pts. 1st of 4 - 15 pts.	4 Miles 2.5 Miles
Oct. 4	<b>Stanford Invitational</b> Men: Travis Armstrong - 24:43 (4th) Women: Melinda Campbell - 17:12 (12th)	<b>Palo Alto, Calif.</b> 3rd of 15 - 91 pts. 9th of 19 - 248 pts.	8,000 Meters 5,000 Meters
Oct. 17	<b>Oregon Invitational</b> Men: Travis Armstrong - 24:10 (2nd) Women: Melinda Campbell - 17:42 (4th)	<b>Eugene, Ore.</b> 5th of 23 - 124 pts. 3rd of 24 - 92 pts.	8,000 Meters 5,000 Meters
Oct. 31	<b>Big West Championships</b> Men: Travis Armstrong - 24:52 (1st) Women: Melinda Campbell - 17:24 (2nd)	<b>Denton, Texas</b> 3rd of 10 - 83 pts. 4th of 17 - 112 pts.	8,000 Meters 5,000 Meters
Nov. 14	<b>NCAA Western Regional Championships</b> Men: Tim Carey - 31:03 (11th) Women: Melinda Campbell - 17:02 (5th)	<b>Fresno, Calif.</b> 11th of 23 - 301 pts. 10th of 28 - 280 pts.	10,000 Meters 5,000 Meters
Nov. 23	<b>NCAA National Championships</b> Men: Thomas Carey - 31:52 (80th) Women: Melinda Campbell - 17:25 (19th)	<b>Lawrence, Kan.</b> No Team Scores No Team Scores	10,000 Meters 5,000 Meters

## 1997 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 13	<b>Pier Park Invitational</b> Men: Cormac Smith - 23:12.4 (1st) Women: Melinda Campbell - 19:45.4 (1st)	<b>Portland, Ore.</b> 2nd of 7 - 49 pts. 2nd of 6 - 32 pts.	7,600 Meters 5,650 Meters
Oct. 4	<b>Willamette Invitational</b> Men: Cormac Smith - 23:56 (1st) Women: Melinda Campbell - 17:11 (2nd)	<b>Salem, Ore.</b> BSU 30; UP 31 BSU 15; UP 53	8,000 Meters 5,000 Meters
Oct. 19	<b>Wolverine Invitational</b> Women: Melinda Campbell - 18:07 (11th)	<b>Ann Arbor, Mich.</b> 9th of 14 - 181 pts.	5,000 Meters
Oct. 19	<b>Oregon Invitational</b> Men: Cormac Smith - 24:19 (4th)	<b>Eugene, Ore.</b> 3rd of 8 - 67 pts.	8,000 Meters
Nov. 1	<b>Big West Championships</b> Men: Cormac Smith - 25:06 (1st) Women: Melinda Campbell - 17:56 (1st)	<b>Brea, Calif.</b> 4th of 10 - 87 pts. 1st of 12 - 25 pts.	8,000 Meters 5,000 Meters
Nov. 15	<b>NCAA Western Regional/District 8 Championships</b> Men: Cromac Smith - 31:33.40 (15th) Women: Judy Barreto - 18:20.20 (22nd)	<b>Tucson, Ariz.</b> 9th of 21 - 206 pts. 6th of 25 - 165 pts.	10,000 Meters 5,000 Meters

## 1996 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 13	<b>Idaho Invitational</b> Men: Cormac Smith - 19:38 (1st) Women: Niamh Beirne - 14:37 (1st)	<b>Moscow, Idaho</b> 1st of 4 - 21 pts. 2nd of 4 - 38 pts.	4 Mile 2.5 Mile
Oct. 5	<b>Sundodger Invitational</b> Men: Cormac Smith - 25:05 (3rd) Women: Niamh Beirne - 17:38 (7th)	<b>Seattle, Wash.</b> 2nd of 12 - 56 pts. 5th of 12 - 119 pts.	8,000 Meters 5,000 Meters
Oct. 20	<b>Oregon Invitational</b> Men: Jose Uribe - 24:25 (2nd) Women: Niamh Beirne - 17:53 (3rd)	<b>Eugene, Ore.</b> 2nd of 6 - 39 pts. 3rd of 5 - 56 pts.	8,000 Meters 5,000 Meters
Nov. 1	<b>Big West Championships</b> Men: Jose Uribe - 24:54.8 (1st) Women: Niamh Beirne - 17:58.5 (2nd)	<b>Boise, Idaho</b> 1st of 10 - 16 pts. 2nd of 12 - 87 pts.	5 Mile 5,000 Meters
Nov. 16	<b>District VII Championships</b> Men: Jose Uribe - 32:43 (5th) Women: Niamh Beirne - 18:50 (9th)	<b>Fort Collins, Colo.</b> 2nd of 13 - 69 pts. 8th of 14 - 223 pts.	10,000 Meters 5,000 Meters
Nov. 25	<b>NCAA National Championships</b> Men: Jose Uribe - 31:02 (12th)	<b>Tucson, Ariz.</b> 8th of 22 - 223 pts.	10,000 Meters

## 1995 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 16	<b>Whitman Invitational</b> Men: Josh Danielson - 24:48 (1st) Women: Niamh Beirne - 18:13 (2nd)	<b>Walla Walla, Wash.</b> 1st of 4 - 15 pts. 1st of 4 - 19 pts.	8,000 Meters 5,000 Meters
Sept. 30	<b>Mountain West Classic</b> Men: Josh Danielson - 24:54 (6th) Women: Niamh Beirne - 21:53 (11th)	<b>Missoula, Mont.</b> 4th of 14 - 105 pts. 5th of 13 - 134 pts.	8,000 Meters 5,000 Meters
Oct. 14	<b>Jeff Drenth Memorial</b> Men: Jose Uribe - 24:25 (4th) Women: Niamh Beirne - 17:52 (4th)	<b>Eugene, Ore.</b> 2nd of 15 - 44 pts. 3rd of 15 - 99 pts.	8,000 Meters 5,000 Meters
Oct. 27	<b>Wildcat Invitational</b> Men: Josh Danielson - 24:31.01 (1st) Women: Niamh Beirne - 17:57.00 (3rd)	<b>Weber, Utah</b> 1st of 7 - 31 pts. 3rd of 5 - 84 pts.	5 Mile 5,000 Meters
Nov. 11	<b>Big Sky Championships/District VII</b> Men: BSC - Jose Uribe - 30:35 (3rd) District VII - Uribe (9th) Women: BSC - Niamh Beirne - 17:37 (1st) District VII - Beirne (12th)	<b>Salt Lake City, Utah</b> 2nd of 8 - 57 pts. 5th of 17 - 123 pts. 3rd of 8 - 83 pts. 6th of 16 - 180 pts.	10,000 Meters 5,000 Meters
Nov. 20	<b>NCAA National Championships</b> Men: Jose Uribe - 31:56 (45th) Women: Niamh Beirne - 18:33 (104th)	<b>Ames, Iowa</b> No Team Scores No Team Scores	10,000 Meters 5,000 Meters



**1994 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 19	CSI Invitational Men: Josh Danielson - 25:09 (1st) Women: Sherrie Donavon - 18:54 (1st)	Twin Falls, Idaho 2nd of 3 - 42 pts. 1st of 3 - 34 pts.	8,000 Meters 5,000 Meters
Oct. 1	Willamette Invitational Men: Josh Danielson - 24:17.14 (2nd) Women: Brenda Funk - 18:06.18 (2nd)	Salem, Ore. 1st of 19 - 43 pts. 1st of 20 - 68 pts.	8,000 Meters 5,000 Meters
Oct. 16	Jeff Drenth Memorial Men: Jose Uribe - 24:15.8 (7th) Women: Cori Knoeller - 18:20.5 (28th)	Eugene, Ore. 4th of 15 - 160 pts. 9th of 13 - 231 pts.	8,000 Meters 5,000 Meters
Oct. 28	Wildcat Invitational Men: Jose Uribe - 24:34.21 (1st) Women: Cori Knoeller - 17:58.88 (8th)	Weber, Utah 4th of 5 - 78 pts. 5th of 5 - 105 pts.	5 Mile 5,000 Meters
Nov. 11	Big Sky Championships/District VII Men: BSC - Jose Uribe - 30:31.32 (2nd) District VII - Uribe (5th) Women: BSC - Cori Knoeller - 18:03.72 (7th) District VII - Knoeller (22nd)	Salt Lake City, Utah 4th of 8 - 89 pts. 7th of 19 - 199 pts. 7th of 8 - 131 pts. 14th of 18 - 299 pts.	10,000 Meters 5,000 Meters
Nov. 21	NCAA National Championships Men: Jose Uribe - 31:31.8 (49th)	Fayetteville, Ark. No Team Scores	10,000 Meters

**1993 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 11	Whitman Inviational Men: Thomas Roorda - 26:40.03 (5th) Women: Joy Sprague - 18:39.77 (2nd)	Walla Walla, Wash. 1st of 9 - 59 pts. 2nd of 8 - 37 pts.	8,000 Meters 5,000 Meters
Sept. 25	Mountain West Classic Men: Thomas Roorda - 25:56 (70th) Women: Joy Sprague - 23:05 (58th)	Missoula, Mont. 17th of 21 - 451 pts. 13th of 16 - 321 pts.	8,000 Meters 5,000 Meters
Oct. 9	Tri-Cities Invitational Men: Thomas Roorda - 25:48.79 (13th) Women: Niamh Beirne - 19:29.06 (22nd)	Pasco, Wash. 6th of 15 - 197 pts. 9th of 13 - 188 pts.	8,000 Meters 5,000 Meters
Oct. 23	Bronco Roundup Men: Thomas Roorda - 25:10 (1st) Women: Niamh Beirne - 18:47 (5th)	Boise, Idaho 3rd of 5 - 82 pts. 2nd of 5 - 43 pts.	8,000 Meters 5,000 Meters
Oct. 29	Wildcat Invitational Men: Thomas Roorda - 24:32.69 (1st) Women: Joy Sprague - 18:31.14 (17th)	Riverdale, Utah 5th of 6 - 117 pts. 5th of 6 - 124 pts.	5 Mile 5,000 Meters
Nov. 13	Big Sky Championships/District VII Men: BSC - Thomas Roorda - 30:49.80 (1st) District VII - Roorda - (15th) Women: BSC - Cori Knoeller - 18:28.10 (21st) District VII - Knoeller (43rd)	Salt Lake City, Utah 5th of 8 - 123 pts. 13th of 20 - 316 pts. 7th of 8 - 141 pts. 12th of 19 - 303 pts.	10,000 Meters 5,000 Meters

**1992 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 12	MSU Inviational Men: Thomas Roorda - 27:01 (18th) Women: Joy Sprague - 18:36 (8th)	Bozeman, Mont. 6th of 8 - 175 pts. 5th of 7 - 119 pts.	8,000 Meters 5,000 Meters
Sept. 26	Mountain West Classic Men: Thomas Roorda - 25:40 (19th) Women: Cori Knoeller - 23:03 (28th)	Missoula, Mont. 10th of 14 - 221 pts. 10th of 13 - 240 pts.	8,000 Meters 6,000 Meters
Oct. 17	Octoberfest Men: Thomas Roorda - 26:36 (7th) Women: Cori Knoeller - 18:38 (5th)	Pocatello, Idaho 1st of 9 - 63 pts. 2nd of 9 - 76 pts.	8,000 Meters 5,000 Meters
Oct. 24	Bronco Roundup Men: No Information Available Women: No Information Available	Boise, Idaho 3rd of 5 2nd of 6	8,000 Meters 5,000 Meters
Oct. 30	Wildcat Invitational Men: Thomas Roorda - 25:27.83 (9th) Women: Sara Herman - 18:35.91 (9th)	Riverdale, Utah 3rd of 6 - 48 pts. 3rd of 6 - 89 pts.	5 Mile 5,000 Meters
Nov. 16	Big Sky Championships/District VII Men: BSC - Richard Lee - 31:40 (7th) District VII - Lee (20th) Women: BSC - Sara Herman - 18:10 (13th) District VII - Herman (27th)	Salt Lake City, Utah 4th of 8 - 94 pts. 12th of 21 - 271 pts. 7th of 8 - 124 pts. 10th of 19 - 259 pts.	10,000 Meters 5,000 Meters

**1991 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 14	MSU Inviational Men: Richard Lee - 26:17.9 (11th) Women: Sara Herman - 18:34.5 (23rd)	Bozeman, Mont. 5th of 10 - 144 pts. 3rd of 8 - 80 pts.	8,000 Meters 3 Miles
Sept. 21	Emerald City Inviational Women: Sara Herman - 18:31.53 (6th)	Seattle, Wash. 6th of 9 - 160 pts.	5,000 Meters
Oct. 5	Stanford Invitational Women: Sara Herman - 18:28 (44th)	Palo Alto, Calif. 12th of 12 - 342 pts.	5,000 Meters
Oct. 10	Idaho Invitational Men: Richard Lee - 26:41 (6th)	Moscow, Idaho 3rd of 6 - 73 pts.	8,000 Meters
Oct. 12	Idaho State Octoberfest Women: Sara Herman - 19:08 (3rd)	Pocatello, Idaho 1st of 6 - 64 pts.	5,000 Meters
Oct. 19	Bronco Roundup Men: Richard Lee - 25:34 (8th) Women: Sara Herman - 18:36 (2nd)	Boise, Idaho 3rd of 7 - 87 pts. 2nd of 8 - 46 pts.	8,000 Meters 5,000 Meters
Nov. 1	Wildcat Invitational Men: Mark Lacey - 25:55 (8th) Women: Sara Herman - 18:30 (10th)	Riverdale, Utah 3rd of 6 - 75 pts. 3rd of 6 - 115 pts.	8,000 Meters 5,000 Meters

# YEAR-BY-YEAR RESULTS

**Nov. 16 Big Sky Championships/District VII** **Salt Lake City, Utah**  
 Men: BSC - Mark Lacey - 32:27 (28th) 7th of 9 - 192 pts. 8,000 Meters  
 District VII - Lacey (58th) 15th of 21 - 408 pts.  
 Women: BSC - Sara Herman - 18:23 (13th) No Team Score (Not enough runners)  
 District VII - Herman (Placing not available) No Team Score 5,000 Meters

## 1990 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 15	<b>Fresno State Invitational</b> Women: Kathy Karpel - 18:09.5 (9th)	<b>Fresno, Calif.</b> 7th of 14 - 172 pts.	5,000 Meters
Sept. 22	<b>MSU Inviational</b> Men: Danny Crane - 25:25 (5th) Women: Kathy Karpel - 17:40 (1st)	<b>Bozeman, Mont.</b> 6th of 9 - 141 pts. 8,000 Meters 4th of 8 - 69 pts. 3 Miles	
Oct. 6	<b>Stanford Invitational</b> Women: Kathy Karpel - 17:45.9 (1st)	<b>Palo Alto, Calif.</b> 4th of 7 - 105 pts.	5,000 Meters
Oct. 13	<b>Vandal Invitational</b> Men: Danny Crane - 26:02.4 (3rd) Women: No Information Available	<b>Moscow, Idaho</b> 3rd of 8 - 81 pts.	8,000 Meters
Oct. 20	<b>Bronco Roundup</b> Men: Dan Crane - 24:37.7 (1st) Women: Kathy Karpel - 17:47.7 (1st)	<b>Boise, Idaho</b> 3rd of 7 - 71 pts. 8,000 Meters 3rd of 6 - 67 pts. 5,000 Meters	
Oct. 26	<b>Weber State Wildcat Invitational</b> Men: Danny Crane - 24:31.7 (1st) Women: Kathy Karpel - 17:40.5 (2nd)	<b>Riverdale, Utah</b> 4th of 5 - 93 pts. 8,000 Meters 2nd of 4 - 47 pts. 5,000 Meters	
Nov. 16	<b>Big Sky Championships/District VII</b> Men: BSC - Danny Crane - 31:04 (4th) District VII - Crane (5th) Women: BSC - Kathy Karpel - 17:32 (2nd) District VII - Karpel (4th)	<b>Salt Lake City, Utah</b> 6th of 9 - 139 pts. 10,000 Meters 10th of 21 - 260 pts. 3rd of 9 - 102 pts. 5,000 Meters 6th of 19 - 199 pts.	
Nov. 19	<b>NCAA National Championships</b> Women: Kathy Karpel - 17:27 (65th)	<b>Knoxville, Tenn.</b> No Team Scores	5,000 Meters

## 1989 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 9	<b>Boise State vs. Cal State LA</b> Men: Robin Card - 26:02 (1st)	<b>Boise, Idaho</b> 1st of 2 - 18 pts.	8,000 Meters
Sept. 16	<b>Boise State, Montana, Idaho State Triangular</b> Women: Kathy Karpel - 18:43.55 (1st)	<b>Missoula, Mont.</b> 1st of 3 - 26 pts.	5,000 Meters
Sept. 23	<b>Washington Invitational</b> Men: Robin Card - 24:50 (3rd) Women: Kathy Karpel - 17:58 (9th)	<b>Seattle, Wash.</b> 5th of 10 - 163 pts. 8,000 Meters 3rd of 9 - 149 pts. 5,000 Meters	
Sept. 30	<b>College of Southern Idaho Invitational</b> Women: Jennifer Beatty - 18:24.9 (1st)	<b>Twin Falls, Idaho</b> 1st of 3 - 34 pts.	5,000 Meters

Oct. 7	<b>Fort Casey Invitational</b> Men: Robin Card - 31:29 (3rd)	<b>Whidbey Island, Wash.</b> 3rd - 79 pts. 10,000 Meters
Oct. 14	<b>Portland Invitational</b> Women: Kathy Karpel - 19:37.19 (13th)	<b>Portland, Ore.</b> 5th of 6 - 189 pts. 5,000 Meters
Oct. 14	<b>Vandal Invitational</b> Men: Robin Card - 25:47 (2nd)	<b>Moscow, Idaho</b> 2nd - 79 pts. 8,000 Meters
Oct. 21	<b>Boise State Invitational</b> Women: Kathy Karpel - 18:06 (2nd)	<b>Boise, Idaho</b> 2nd of 4 - 49 pts. 5,000 Meters
Oct. 28	<b>Weber State Wildcat Invitational</b> Women: Kathy Karpel - 16:59.18 (3rd)	<b>Riverdale, Utah</b> 2nd of 3 - 48 pts. 5,000 Meters
Oct. 28	<b>Boise State Invitational</b> Men: Robin Card - 25:12.8 (1st)	<b>Boise, Idaho</b> 2nd of 3 - 52 pts.
Nov. 11	<b>Big Sky Championships/District VII</b> Men: BSC - Robin Card - 30:54 (3rd) District VII - Card (6th) Women: BSC - Kathy Karpel - 17:41 (5th) District VII - Karpel (9th)	<b>Salt Lake City, Utah</b> 8th of 9 - 152 pts. 10,000 Meters 16th of 20 - 320 pts. 3rd of 9 - 81 pts. 5,000 Meters 14th of 19 - 159 pts.

## 1988 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 10	<b>Hornet Invitational</b> Men: Travis Guse - 26:15 (14th)	<b>Sacramento, Calif.</b> 4th of 4 - 149 pts.	8,000 Meters
Sept. 17	<b>Montana Invitational</b> Women: Kathy Karpel - 18:26.6 (1st)	<b>Missoula, Mont.</b> 3rd of 4 - 60 pts.	5,000 Meters
Sept. 25	<b>Montana State Invitational</b> Men: Danny Crane - 25:53.00 (6th) Women: Kathy Karpel - 17:42.43 (3rd)	<b>Bozeman, Mont.</b> 3rd of 7 - 76 pts. 8,000 Meters 3rd of 9 - 74 pts. 5,000 Meters	
Oct. 8	<b>Fort Casey Invitational</b> Men: Danny Crane - 31:28 (4th) Women: Kathy Karpel - 16:53 (10th)	<b>Whidbey Island, Wash.</b> 3rd of 4 - 158 pts. 6 Miles 3rd of 9 - 128 pts. 3 Miles	
Oct. 15	<b>Vandal Invitational</b> Men: Danny Crane - 26:26.02 (2nd) Women: Kathy Karpel - 18:58.08 (3rd)	<b>Moscow, Idaho</b> 2nd of 8 - 57 pts. 8,000 Meters 2nd of 6 - 57 pts. 5,000 Meters	
Oct. 22	<b>Idaho State Invitational</b> Women: Kathy Karpel - 18:45.2 (1st)	<b>Pocatello, Idaho</b> 1st of 3 - 19 pts.	5,000 Meters
Oct. 29	<b>Weber State Invitational</b> Men: Danny Crane - 25:12 (6th) Women: Kathy Karpel - 17:25.71 (3rd)	<b>Ogden, Utah</b> 4th of 7 - 84 pts. 8,000 Meters 3rd of 5 - 69 pts. 5,000 Meters	
Nov. 12	<b>Big Sky Championships/District VII</b> Men: BSC - Danny Crane (6th) District VII - Crane (13th) Women: BSC - Kathy Karpel - 17:59.3 (4th) District VII - Karpel (10th)	<b>Salt Lake City, Utah</b> 7th of 9 - 150 pts. 10,000 Meters 14th of 18 - 310 pts. 6th of 9 - 140 pts. 5,000 Meters 11th of 18 - 269 pts.	

**1987 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 12	Hornet Invitational Men: Danny Holmes - 25:34.2 (8th)	Sacramento, Calif. 3rd of 8 - 140 pts.	8,000 Meters
Sept. 19	Montana Invitational Women: Kathy Karpel - 18:32.7 (2nd)	Missoula, Mont. 2nd of 4 - 47 pts.	5,000 Meters
Sept. 26	Montana State Invitational Men: Danny Holmes - 25:08 (3rd)	Bozeman, Mont. 3rd of 4 - 53 pts.	8,000 Meters
Oct. 3	Fort Casey Invitational Men: Danny Holmes - 31:21 (4th)	Whidbey Island, Wash. 2nd of 16 - 86 pts.	6 Miles
Oct. 3	Vandal Invitational Women: Kathy Karpel - 17:59 (6th)	Moscow, Idaho 5th of 8 - 106 pts.	3 Miles
Oct. 8	College of Southern Idaho Invitational Women: Kathy Karpel - 18:55.2 (1st)	Twin Falls, Idaho 1st of 5 - 22 pts.	5,000 Meters
Oct. 17	Idaho State Invitational Men: Danny Holmes - 26:59 (3rd) Women: Tassie Norton - 19:16 (5th)	Pocatello, Idaho 1st of 6 - 38 pts. 2nd of 7 - 54 pts.	5 Miles 5,000 Meters
Oct. 29	Weber State Invitational Men: Danny Holmes - 24:07.19 (4th) Women: Kathy Karpel - 10:32.68 (5th)	Ogden, Utah 3rd of 6 - 50 pts. 3rd of 6 - 57 pts.	5 Miles 3,000 Meters
Oct. 30	Utah State Invitational Men: Danny Holmes - 25:02.8 (2nd)	Logan, Utah 2nd of 3 - 31 pts.	8,000 Meters
Oct. 31	Mountain West Conference Championships (Women Only) Women: Kathy Karpel - 19:19 (13th)	Pocatello, Idaho 4th of 9 - 124 pts.	5,000 Meters
Nov. 12	Big Sky Championships (Men Only) / District VII Men: BSC - Danny Crane - 31:51 (8th) District VII - Crane(14th) Women: District VII - Kathy Karpel - 18:35 (22nd)	Salt Lake City, Utah 5th of 9 - 112 pts. 8th of 16 - 190 pts. 10th of 12 - 257 pts.	10,000 Meters 5,000 Meters

**1986 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 13	Hornet Invitational Men: Danny Holmes - 24:58 (1st)	Sacramento, Calif. 1st of 8 - 57 pts.	5 Miles
Sept. 20	Montana Invitational Women: Berna Otero - 20:00.12 (9th)	Missoula, Mont. 3rd of 5 - 61 pts.	5,000 Meters
Sept. 27	Boise City Invitational (TAC Meet) Men: Danny Holmes - 26:21.92 (1st) Women: Dornell Butler - 20:10.93 (1st)	Boise, Idaho 1st of 2 - 15 pts. 1st of 2 - 21 pts.	8,000 Meters 5,000 Meters
Oct. 3	Idaho Invitational (MWAC Pre-Conference Meet) Women: Joanne Losensky - 20:30 (18th)	Moscow, Idaho 4th of 6 - 104 pts.	5,000 Meters
Oct. 4	Ft. Casey Invitational Men: Danny Holmes - 31:00 (5th)	Seattle, Wash. 4th of 11 - 110 pts.	6 Miles

Oct. 9	CSI Invitational Women: Joanne Losensky - 20:17.7 (7th)	Twin Falls, Idaho 2nd of 5 - Unavailable	5,000 Meters
Oct. 18	Idaho State Octoberfest Men: Danny Holmes - 31:30 (4th) Women: Bernadette Otero - 19:54 (16th)	Pocatello, Idaho 2nd of 6 - 54 pts. 4th of 4 - 89 pts.	5.9 Miles 3 Miles
Oct. 24	Wildcat Invitational Men: Danny Holmes - 24:35.4 (3rd)	Ogden, Utah 2nd of 4 - 49 pts.	5 Miles
Nov. 1	Vandal Invitational Men: Danny Holmes - 24:50.5 (3rd)	Moscow, Idaho 1st of 4 - 31 pts.	8,000 Meters
Nov. 1	Mountain West Athletic Conference Championships Women: Dornell Butler - 19:53 (21st)	Moscow, Idaho 6th of 7 - 141 pts.	5,000 Meters
Nov. 15	Big Sky Championships (Men Only) / District VII Men: BSC - Danny Holmes - 30:44.6 (5th) District VII - Danny Holmes (9th) Women: District VII - Joanne Losensky - 18:57 (61st)	Salt Lake City, Utah 3rd of 8 - 95 pts. 6th of 17 - 200 pts. 15th of 17 - 427 pts.	10,000 Meters 5,000 Meters

**1985 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Limited Information Available (Women's Results Mostly Missing)

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 14	Sacramento Invitational Men: No Info Available	Sacramento, Calif. 2nd	N/A
Oct. 5	Ft. Casey Invitational Men: No Info Available	Seattle, Wash. 4th	6 Miles
Oct. 11	Idaho State Invitational Men: No Info Available	Pocatello, Idaho 2nd	N/A
Oct. 18	Pre-District Men: Danny Holmes - 20:07.0 (4th)	Boise, Idaho 4th of 7 - 84 pts.	10,000 Meters
Oct. 26	Weber Invitational Men: No Info Available	Ogden, Utah 3rd	N/A
Nov. 2	MSU Invitational Men: No Info Available	Bozeman, Mont. 3rd	N/A
Nov. 9	Mountain West Conference Championships Women: No Info Available	No Info Available 8th	N/A
Nov. 16	Big Sky Championships (Men Only) / District VII Men: BSC - Danny Holmes - 30:38.4 (5th) District VII - Danny Holmes (10th) Women: District VII - Joanne Losensky - 19:14.9 (59th)	Boise, Idaho 5th of 8 - 121 pts. 8th of 10 - 216 pts. No Team Score	10,000 Meters 5,000 Meters



# YEAR-BY-YEAR RESULTS

## 1984 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Limited Information Available (Women's Results Mostly Missing)

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 15	Pelleur Invitational Men: Danny Holmes - 27:16 (8th)	Spokane, Wash. Non-Scored	5 Miles
Sept. 28	Weber State Invitational Men: Derick Butler - 25:24 (3)	Ogden, Utah 5th of 5 - 137 pts.	5 Miles
N/A	Fort Casey Invitational Men: Derick Butler - 32:54.8 (34th)	Seattle, Wash. 10th	10,000 Meters
N/A	Idaho State Invitational Men: Derick Butler - 25:56.7 (4th)	Pocatello, Idaho 4th	8,000 Meters
Oct. 27	Wildcat Invitational Men: Derick Butler - 26:20.9 (21st)	Ogden, Utah 6th	5 Miles
Nov. 10	Big Sky Championships (Men Only) / District VII Men: BSC - No Info Available Women: District VII - No Info Available	American Fork, Utah 7th of 8 - 182 pts. District VII - No Info Available No Info Available	10,000 Meters 5,000 Meters

## 1983 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 17	Arnie Pelleur Invitational Men: Kent Newman - 25:41 (6th) Women: Wendy Wolfgram - 19:26 (12th)	Spokane, Wash. Non-Scored Non-Scored	8,000 Meters 5,000 Meters
Sept. 24	Montana Invitational Men: Tresa Wimmer - 19:19.5 (17th)	Missoula, Mont. 5th of 5 - 116 pts.	5,000 Meters
Sept. 29	College of Southern Idaho Invitational Men: Mick Knobel - 26:46 (12th) Women: Tresa Wimmer - 15:46 (10th)	Twin Falls, Idaho 3rd of 5 - 71 pts. 4th of 6 - 88 pts.	5 Miles 2.6 Miles
Oct. 7	University of Montana Invitational Men: Eric McManaman - 21:36.0 (2nd)	Missoula, Mont. Non-Scored	4 Miles
Oct. 15	Pre-District 7 Meet Men: Kent Newman - 33:16.6 (36th) Women: Theresa Ball - 19:54.3 (25th)	Eden, Utah 13th of 16 - 335 pts. No Team Score	10,000 Meters 5,000 Meters
Oct. 22	Idaho State Invitational Men: Kent Newman - 29:04 (8th) Women: Tresa Wimmer - 19:43 (12th)	Pocatello, Idaho 2nd of 6 - 67 pts. 4th of 5 - 104 pts.	5.5 Miles 5,000 Meters
Oct. 29	Boise State Invitational Men: Kent Newman - 31:44 (1st) Women: Tresa Wimmer - 19:17 (2nd)	Boise, Idaho 2nd of 2 - 30 pts. 1st of 3 - 33 pts.	10,000 Meters 5,000 Meters
Nov. 5	Mountain West Athletic Conference Championships Women: Tresa Wimmer - 19:19.1 (27th)	Missoula, Mont. 7 of 8 - 182 pts.	5,000 Meters

Nov. 12	Big Sky Championships (Men Only) / District VII Men: BSC - Kent Newman - 33:36.8 (29th) District VII - Kent Newman (58th) Women: District VII - Tresa Wimmer - 20:14 (67th)	Eden, Utah 8th of 8 - 207 pts. 16th of 16 - 424 pts. No Team Score	10,000 Meters 5,000 Meters
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## 1982 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 18	Arnie Pelleur Invitational Men: Kent Newman - 25:28 (5th) Women: Kathy Nichols - 21:15 (15th)	Spokane, Wash. Non-Scored Non-Scored	8,000 Meters 5,000 Meters
Sept. 30	College of Southern Idaho Invitational Men: Kent Newman - 26:24 (6th) Women: Teresa Ball - 16:16 (9th)	Twin Falls, Idaho 4th of 5 - 92 pts. 3rd of 3 - 57 pts.	5 Miles 2.5 Miles
Oct. 8	Idaho State Twilight Trek Invitational Men: Kent Newman - 26:20 (10th) Women: Tresa Wimmer - 20:40 (15th)	Pocatello, Idaho 3rd of 7 - 99 pts. 4th of 5 - 85 pts.	5 Miles Unknown
Oct. 15	Pre-District 7 Meet - Utah Cross Country Classic Men: Eric McMandaman - 32:11 (36th) Women: Kathy Nichols - 19:29 (31st)	Salt Lake City, Utah Unknown 6th of 7 - 167 pts.	10,000 Meters 5,000 Meters
Oct. 23	Mountain West Athletic Conference Championships Women: Kathy Nichols - 20:17.1 (34th)	Portland, Ore. 8th of 8 - 217 pts.	5,000 Meters
Oct. 30	Boise State Invitational Men: Kent Newman - 32:39 (7th) Women: Kathy Nichols - 20:13 (9th)	Boise, Idaho 2nd of 3 - 55 pts. 3rd of 5 - 83 pts.	10,000 Meters Unknown
Nov. 12	Big Sky Championships (Men Only) / District VII Men: BSC - Unknown District VII - No Info Available Women: District VII - Tresa Wimmer - 19:08.3 (58th)	Salt Lake City, Utah 6th of 8 - 135 pts. No Info Available 12th of 12 - 326 pts.	10,000 Meters 5,000 Meters

## 1981 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS

Limited Information Available (Very Limited Men's Results)

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 19	Utah/Boise State Dual Men: Tom Rothenberger - 32:13 (1st) Women: Cindy Crow - 18:46 (2nd)	Boise, Idaho 1st of 2 - 17 pts. 1st of 2 - 24 pts.	Unknown Unknown
Sept. 26	Weber State Invitational Men: Tom Rothenberger - 25:51.7 (2nd) Women: Cindy Crow - 18:25.4 (4th)	Ogden, Utah 1st of 6 - 24 pts. 3rd of 6 - 68 pts.	5 Miles 5,000 Meters
Oct. 3	Boise State Dual (Women) and Triangular (Men) Men: Tom Rothenberger - 31:09.6 (1st) Women: Cindy Crow - 18:20 (3rd)	Boise, Idaho (tie) 1st of 3 - 34 pts. 1st of 2 - 25 pts.	Unknown Unknown
Oct. 10	Montana and Boise State Dual Women: Cindy Crow - 18:00.1 (5th)	Missoula, Mont. 2nd of 2 - 50 pts.	Unknown
Oct. 17	ISU Classic Invitational Women: Cindy Crow - 19:04 (13th)	Pocatello, Idaho 5th of 6 - 107 pts.	Unknown

Oct. 31	Idaho, Boise State, Bellevue CC Triangular Women: Wendy Wolfgram - 19:30 (9th)	Moscow, Idaho No Team Score	Unknown
Nov. 7	NCWSA Regionals - Central Washington Women: Cindy Crow - 18:54.2 (9th)	Ellensburg, Wash. No Team Score	Unknown
Nov. 14	Big Sky Championships (Men Only) / District VII Men: BSC - Unknown District VII - No Info Available	Pocatello, Idaho 5th of 8 - 105 pts. 9th of 10 - 216 pts.	10,000 Meters
Nov. 21	AIAW Nationals - Idaho State (Women Only) Women: Cindy Crow - 19:30 (28th)	Pocatello, Idaho No Team Score	5,000 Meters

**1980 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Limited Information Available (Very Limited Men's Results)

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 20	Pelleur Invitational Women: Kathy Kenworthy - 15:40.8 (3rd)	Spokane, Wash. Non-Scored	2.5 Miles
Sept. 27	Garrie Franklin Cross Country Classic Women: Kathy Kenworthy - 18:46.7 (17th)	Eugene, Ore. Non-Scored	5,000 Meters
Oct. 18	ISU Red Hill Classic Women: Jody Aronson - 20:05.9 (5th)	Pocatello, Idaho 2nd of 3 - 35 pts.	Unknown
Nov. 1	NCWSA Regionals - Montana Women: Cindy Crow - 18:44.7 (5th)	Missoula, Mont. 3rd of 3 - 73 pts.	Unknown
Nov. 15	Big Sky Championships (Men Only) Men: BSC - Unknown	Boise, Idaho 7th of 8 - 165 pts.	10,000 Meters
Nov. 21	AIAW Nationals -Washington (Women Only) Women: Cherry Gardner - 19:12 (44th)	Seattle, Wash. 15th - 360 pts.	5,000 Meters

**1979 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Limited Information Available (Very Limited Men's Results)

Date	Meet and Top Finisher	Location/ Team Result	Distance
Sept. 29	Garrie Franklin Memorial Women: Unknown	Eugene, Ore. Non-Scored	Unknown
Oct. 13	Boise State Open Women: Jody Smith - 18:52 (2nd)	Boise, Idaho 3rd of 4 - 60 pts.	5,000 Meters
Oct. 20	ISU Red Hill Classic Women: Jody Smith - 19:56 (3rd)	Pocatello, Idaho 4th of 5 - 89 pts.	3 Miles
Nov. 3	NCWSA Regionals - Women: Jody Smith - 19:14.7 (3rd)	Spokane, Wash. 5th of 5 - 97 pts.	Unknown
Nov. 15	Big Sky Championships (Men Only) Men: BSC - Unknown	Midway, Utah 8th of 8 - 172 pts.	10,000 Meters
Nov. 22	AIAW Nationals -Washington (Women Only) Women: Jody Smith - 18:44.5 (28th)	Tallahassee, Fla. No Team Score	5,000 Meters

**1978 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Very Limited Information Available

Date	Meet and Top Finisher	Location/ Team Result	Distance
Oct. 7	Boise State/Montana Dual Women: Judy Smith - 16:05.7 (1st)	Boise, Idaho 1st of 2 - 16 pts.	2.7 Miles
Oct. 21	Boise State/Idaho State Dual Women: Jody Smith - 15:54 (1st)	Unknown 1st of 2 - 19 pts.	2.7 Miles
Oct. 20	ISU Red Hill Classic Women: Jody Smith - 19:56 (3rd)	Pocatello, Idaho 4th of 5 - 89 pts.	3 Miles
Nov. 4	NCWSA Regionals Women: Jody Smith - 18:05.1 (6th)	Seattle, Wash. 6th of 18 - 193 pts.	5,000 Meters
Nov. 11	Big Sky Championships (Men Only) Men: BSC - Unknown	Kaysville, Utah (tie) 4th of 7 - 115 pts.	10,000 Meters
Nov. 18	AIAW Nationals (Women Only) Women: Jody Smith - 19:19.3 (142nd)	Englewood, Colo. No Team Score	5,000 Meters

**1977 BOISE STATE MEN'S AND WOMEN'S CROSS COUNTRY RESULTS**

Very Limited Information Available

Date	Meet and Top Finisher	Location/ Team Result	Distance
Oct. 22	Boise State Open Men: Steve Collier - 24:34 (1st) Women: Cindy Jorgensen - 16:34 (2nd)	Boise, Idaho 2nd of 2 - 32 pts. No Team Score	5 Miles Unknown
Oct. 30	Boise State/Eastern Washington Dual Men: Steve Collier - 24:58 (1st) Women: Cindy Jorgensen - 16:46 (1st)	Unknown 2nd of 2 - 30 pts. 1st of 2 - 19 pts.	5 Miles 2.6 Miles
Nov. 12	Big Sky Championships (Men Only) Men: BSC - Scott Blackburn - 32:13 (10th)	Salt Lake City, Utah 6th of 7 - 137 pts.	10,000 Meters

**1976 BOISE STATE MEN'S CROSS COUNTRY RESULTS**

Very Limited Information Available

Date	Meet and Top Finisher	Location/ Team Result	Distance
Nov. 13	Big Sky Championships (Men Only) Men: BSC - Jim Van Dyne - 24:46 (2nd)	Boise, Idaho 1st of 8 - 30 pts.	5 Miles

**1975 BOISE STATE MEN'S CROSS COUNTRY RESULTS**

Very Limited Information Available

Date	Meet and Top Finisher	Location/ Team Result	Distance
Nov. 8	Big Sky Championships (Men Only) Men: BSC - Steve Collier - 25:56 (3rd)	Moscow, Idaho 2nd of 8 - 60 pts.	5 Miles

**1974 BOISE STATE MEN'S CROSS COUNTRY RESULTS**

Very Limited Information Available

Date	Meet and Top Finisher	Location/ Team Result	Distance
Nov. 9	Big Sky Championships (Men Only) Men: BSC - Steve Collier - 25:55 (3rd)	Ogden, Utah 3rd of 8 - 62 pts.	5 Miles

# YEAR-BY-YEAR RESULTS / POSTSEASON TEAM APPEARANCES & FINISHES

## 1973 BOISE STATE MEN'S CROSS COUNTRY RESULTS

Very Limited Information Available

Date	Meet and Top Finisher	Location/ Team Result	Distance
Nov. 10	Big Sky Championships (Men Only) Men: BSC - Bob Walker - 24:57 (1st)	Missoula, Mont. (Tie) 1st of 8 - 47 pts.	5 Miles

## 1972 BOISE STATE MEN'S CROSS COUNTRY RESULTS

Very Limited Information Available

Date	Meet and Top Finisher	Location/ Team Result	Distance
Nov. 11	Big Sky Championships (Men Only) Men: BSC - Bob Walker - 26:35 (8th)	Sedona, Ariz. 6th of 8 - 136 pts.	5 Miles

## 1971 BOISE STATE MEN'S CROSS COUNTRY RESULTS

Very Limited Information Available

Date	Meet and Top Finisher	Location/ Team Result	Distance
Nov. 13	Big Sky Championships (Men Only) Men: BSC - Jim Coker - 27:17 (5th)	Pocatello, Idaho 3rd of 8 - 97 pts.	5 Miles

## 1970 BOISE STATE MEN'S CROSS COUNTRY RESULTS

Very Limited Information Available

Date	Meet and Top Finisher	Location/ Team Result	Distance
Nov. 14	Big Sky Championships (Men Only) Men: BSC - Unknown	Bozeman, Mont. 6th of 8 - 131 pts.	5 Miles

## MEN'S TEAM

Year	Conference Finish (Conf.)	Region/District* Finish	National Finish
2016	1st (MW)	7th	19th
2015	3rd (MW)	5th	16th
2014	4th (MW)	8th	--
2013	4th (MW)	4th	--
2012	4th (MW)	9th	--
2011	4th (MW)	14th	--
2010	1st (WAC)	7th	--
2009	3rd (WAC)	15th	--
2008	2nd (WAC)	21st	--
2007	3rd (WAC)	17th	--
2006	2nd (WAC)	14th	--
2005	4th (WAC)	19th	--
2004	4th (WAC)	--	--
2003	2nd (WAC)	12th	--
2002	4th (WAC)	13th	--
2001	7th (WAC)	--	--
2000	6th (BWC)	13th	--
1999	5th (BWC)	14th	--
1998	3rd (BWC)	11th	--
1997	4th (BWC)	9th	--
1996	1st (BWC)	2nd*	8th
1995	2nd (BSC)	5th*	--
1994	4th (BSC)	7th*	--
1993	5th (BSC)	13th*	--
1992	4th (BSC)	12th*	--
1991	7th (BSC)	15th*	--
1990	6th (BSC)	10th*	--
1989	8th (BSC)	16th*	--
1988	7th (BSC)	14th*	--
1987	5th (BSC)	8th*	--
1986	3rd (BSC)	6th*	--
1985	5th (BSC)	8th*	--
1984	7th (BSC)	No Info*	--
1983	8th (BSC)	16th*	--
1982	6th (BSC)	No Info*	--
1981	5th (BSC)	9th*	--
1980	7th (BSC)	N/A	--
1979	8th (BSC)	N/A	--
1978	t4th (BSC)	N/A	--
1977	6th (BSC)	N/A	--
1976	1st (BSC)	N/A	--
1975	2nd (BSC)	N/A	--
1974	3rd (BSC)	N/A	--

Year	Conference Finish (Conf.)	Region/District* Finish	National Finish
1973	t1st (BSC)	N/A	--
1972	6th (BSC)	N/A	--
1971	3rd (BSC)	N/A	--
1970	6th (BSC)	N/A	--

## WOMEN'S TEAM

Year	Conference Finish (Conf.)	Region/District* Finish	National Finish
2016	3rd (MW)	7th	--
2015	2nd (MW)	2nd	11th
2014	2nd (MW)	2nd	11th
2013	2nd (MW)	10th	--
2013	3rd (MW)	10th	--
2011	3rd (MW)	12th	--
2010	4th (WAC)	21st	--
2009	6th (WAC)	--	--
2008	5th (WAC)	--	--
2007	4th (WAC)	--	--
2006	6th (WAC)	--	--
2005	4th (WAC)	21st	--
2004	6th (WAC)	--	--
2003	7th (WAC)	--	--
2002	6th (WAC)	10th	--
2001	5th (WAC)	9th	--
2000	6th (BWC)	14th	--
1999	4th (BWC)	8th	--
1998	4th (BWC)	10th	--
1997	1st (BWC)	6th	--
1996	2nd (BWC)	8th*	--
1995	3rd (BSC)	6th*	--
1994	7th (BSC)	14th*	--
1993	7th (BSC)	12th*	--
1992	7th (BSC)	10th*	--
1991	No Score (BSC)	--*	--
1990	3rd (BSC)	6th*	--
1989	3rd (BSC)	t4th*	--
1988	6th (BSC)	11th*	--
1987	4th (MWC)	10th*	--
1986	6th (MWC)	15th*	--
1985	8th (MWC)	--*	--
1984	6th (MWC)	No Info*	--
1983	7th (MWC)	--	--
1982	8th (MWC)	12th*	--

YEAR-BY-YEAR POSTSEASON TEAM APPEARANCES & FINISHES



CONFERENCE TITLES AND TOP HONORS

**MEN'S TEAM CHAMPIONS**

Year	Conference
2016	Mountain West
2010	Western Athletic
1996	Big West
1976	Big Sky
1973	BSC

**MEN'S INDIVIDUAL CHAMPIONS**

Name	Year	Conf.
Yusuke Uchikoshi	2016	MWC
David Elliott	2014	MWC
Forest Braden	2006	WAC
Travis Armstrong	1998	BWC
Cormac Smith	1997	BWC
Jose Uribe	1996	BWC
Thomas Roorda	1993	BSC
Bob Walker	1973	BSC

**MEN'S ATHLETE OF THE YEAR**

Name	Year	Conf.
Yusuke Uchikoshi	2016	MWC
David Elliott	2014	MWC
Forest Braden	2006	WAC
Travis Armstrong	1998	BWC
Cormac Smith	1997	BWC
Jose Uribe	1996	BWC
Thomas Roorda	1993	BSC
Bob Walker	1973	BSC

**MEN'S FRESHMAN OF THE YEAR**

Name	Year	Conf.
Ahmed Muhumed	2017	MWC
Elijah Armstrong	2015	MWC
Andrew Rafla	2014	MWC
Kevin Rosaaen	2009	WAC

**MEN'S COACH OF THE YEAR**

Name	Year	Conf.
Corey Ihmels	2016	MWC
J.W. Hardy	2010	WAC
Mike Dilley	1996	BWC
Ed Jacoby	1976	BSC
Ed Jacoby	1973	BSC

**WOMEN'S TEAM CHAMPIONS**

Year	Conference
1997	BWC

**WOMEN'S INDIVIDUAL CHAMPIONS**

Name	Year	Conf.
Allie Ostrander	2015	MWC
Emma Bates	2014	MWC
Emma Bates	2013	MWC
Breanna Sande	2007	WAC
Abby Peters	1999	BWC
Melinda Campbell	1997	BWC
Niamh Beirne	1995	BSC

**WOMEN'S ATHLETE OF THE YEAR**

Name	Year	Conf.
Allie Ostrander	2015	MWC
Emma Bates	2014	MWC
Emma Bates	2013	MWC
Breanna Sande	2007	WAC
Abby Peters	1999	BWC
Melinda Campbell	1997	BWC
Niamh Beirne	1995	BSC

**WOMEN'S FRESHMAN OF THE YEAR**

Name	Year	Conf.
Clare O'Brien	2016	MWC
Allie Ostrander	2015	MWC
Emma Hyypä	2014	MWC
Emma Bates	2010	WAC

**WOMEN'S COACH OF THE YEAR**

Name	Year	Conf.
Mike Dilley	1997	BWC

**MEN'S FIRST TEAM**

Name	Year	Conf.
Miler Haller	2017	MW
Yusuke Uchikoshi	2016	MW
Michael Vennard	2016	MW
Michael Vennard	2015	MW
David Elliott	2014	MW
Barak Watson	2012	MW
Sawyer Bosch	2010	WAC
Kevin Rosaaen	2009	WAC
Brian Pierre	2008	WAC
Cody Eaton	2007	WAC
Sawyer Bosch	2007	WAC
Forest Braden	2006	WAC
Ty Axtom	2006	WAC
Ty Axtom	2005	WAC
Forest Braden	2004	WAC
Forest Braden	2003	WAC

**MEN'S SECOND TEAM**

Name	Year	Conf.
Addison Dehaven	2017	MW
Michael Vennard	2017	MW
Riley Campbell	2017	MW
Rhys Park	2016	MW
Miler Haller	2016	MW
Elijah Armstrong	2015	MW
Chandler Austin	2015	MW
Rhys Park	2015	MW
Andrew Rafla	2014	MW
Aaron Back	2013	MW
Vince Hamilton	2011	MW
Drew O'donoghue-McDonald	2011	MW
Jeff Howard	2010	WAC
Drew O'donoghue-McDonald	2010	WAC
Allan Schroeder	2010	WAC
Sawyer Bosch	2009	WAC
Jeff Howard	2009	WAC
Sawyer Bosch	2008	WAC
Scott Foley	2008	WAC
Kevin Higgs	2008	WAC
Wijnand Rikenberg	2006	WAC
Cody Eaton	2006	WAC
Brandon Christoffersen	2006	WAC
Cody Eaton	2005	WAC
Michael Ciampini	2003	WAC
Miles Wiscombe	2003	WAC
Michael Ciampini	2002	WAC
Miles Wiscombe	2002	WAC

**WOMEN'S FIRST TEAM**

Name	Year	Conf.
Allie Ostrander	2017	MW
Emily Venters	2017	MW
Brenna Peloquin	2016	MW
Allie Ostrander	2015	MW
Emma Bates	2014	MW
Marisa Howard	2014	MW
Emma Bates	2013	MW
Marisa Howard	2013	MW
Marisa Howard	2012	MW
Tessa Murray	2012	MW
Emma Bates	2010	WAC
Shannon Porter	2009	WAC
Breanna Sande	2008	WAC
Breanna Sande	2007	WAC
Robin Wemple	2002	WAC

**WOMEN'S SECOND TEAM**

Name	Year	Conf.
Minttu Hukka	2017	MW
Clare O'Brien	2016	MW
Brenna Peloquin	2015	MW
Anna Holdiman	2015	MW
Sarah Hastings	2014	MW
Taryn Treadway	2013	MW
Marisa Howard	2011	MW
Emma Bates	2011	MW
Tessa Murray	2011	MW
Alyssa Boucher	2010	WAC
Breanna Sande	2006	WAC
Rebecky Guyette	2005	WAC
Breanna Sande	2005	WAC
Robin Wemple	2004	WAC
Robin Wemple	2003	WAC

## NCAACROSSCOUNTRYALL-AMERICANS

MEN	
Addison Dehaven	2017
Miler Haller	2017
Yusuke Uchikoshi	2016
Forest Braden	2004
Jose Uribe	1996
Josh Danielson	1996

WOMEN	
Allie Ostrander	2017
Brenna Peloquin	2016
Allie Ostrander	2015
Brenna Peloquin	2015
Emma Bates	2014
Emma Bates	2013
Melinda Campbell	1999

## USTFCCA DIVISION I ALL-REGION (1997-PRESENT)

MEN	
Miler Haller	2017
Yusuke Uchikoshi	2017
Yusuke Uchikoshi	2016
Michael Vennard	2015
Jeff Howard	2010

WOMEN	
Allie Ostrander	2017
Minttu Hukka	2017
Emily Venters	2017
Brenna Peloquin	2016
Allie Ostrander	2015
Minttu Hukka	2015
Brenna Peloquin	2015
Emma Bates	2014
Marisa Howard	2014
Emma Bates	2013

## USTFCCA CROSS COUNTRY ACADEMIC TEAMS

MEN'S TEAM	WOMEN'S TEAM
2015	2015
2014	2014
2009	2011
	2010
	1995

## MISCELLANEOUS

WOMEN (INDIVIDUAL)		
Name	Award	Year
Allie Ostrander	NCAA Elite 90	2017
Marisa Howard	Woman of the Year Nominee	2014
Kate Jette	Boise State Top 10	2014
Carly Gerard	Boise State Top 10	2012

## ALL-CONFERENCE CROSS COUNTRY ACADEMIC HONOREES

Men			Women		
Name	Conference	Year	Name	Conference	Year
Elijah Armstrong	MW	2015	Sarah Bisterfeldt	MW	2011, 12
Chandler Austin	MW	2015, 2016	Kacie Bitzenburg	WAC	2009
Aaron Back	MW	2012-14	Alyssa Boucher	MW	2011
Cassidy Bigsby	WAC	2009	Jenna Carlson	MW	2012
Sawyer Bosch	WAC	2008	Michelle Carman	WAC	2001
Riley Campbell	MW	2016	Kayla Christensen	WAC	2003
Brandon Christoffersen	WAC	2005, 06	Tess Collins	WAC	2004, 05
Addison Dehaven	MW	2015	Mackenzie Flannigan	MW	2011
Cody Eaton	WAC	2005-07	Alexis Fuller	MW	2016
David Elliott	MW	2011-14	Mackenzie Gallagher	WAC	2003
Quinten Hennekam	WAC	2009	Karleigh Gempler	WAC	2008
Kevin Higgs	WAC	2008-10	Carly Gerard	WAC	2008, 09, 10
Jeff Howard	WAC/MW	2010, 12, 13	Hayley Gregoire	MW	2011, 12
Jeff Lautenslager	MW	2016	Rebecca Guyette	WAC	2005
Jared Lehning	MW	2011	Kate Jette	MW	2011-13
Cameron Lockard	WAC	2007-09	Shea Hanson	WAC	2009
Kyle Merritt	MW	2011, 13	Sarah Hastings	MW	2016
Rhys Park	MW	2014, 15, 16	Kendra Hernandez	WAC	2008
Brian Pierre	WAC	2008-10	Anna Holdiman	MW	2015
Andrew Rafla	MW	2016	Minttu Hukka	MW	2015, 16
John Rodeheffer	MW	2015	Jordan Jacob	MW	2016
Aaron Stone	WAC	2002-03	Chaly Jones	WAC	2007
Yusuke Uchikoshi	MW	2016	Megan Kelley	MW	2011
Zach Wiles	MW	2013	Jamie Knapp	MW	2011
Miles Wiscombe	WAC	2001-03	Kyra Lopez	MW	2016
			Lauren Lucas	MW	2011-13
			Shelby McIntyre	MW	2013
			Erin McLaughlin	MW	2011, 12
			Rici Morrill	MW	2011, 12
			Tessa Murray	MW	2011, 12, 14
			Clare O'Brien	MW	2016
			Allie Ostrander	MW	2015
			Brenna Peloquin	MW	2015, 16
			Amy Pfaff	MW	2016
			Anna Preciado	MW	2011
			Adrienne Rogers	WAC	2001
			April Sanders	WAC	2003
			Cara Strodel	MW	2011, 12
			Shannon Susbauer	MW	2013
			Gracie Tostenson	MW	2014
			Taryn Treadway	MW	2012, 13
			Marisa (VanderMalle) Howard	MW	2012-14
			Pamila Ward	WAC	2008
			Lacie Wheeler-Anderson	WAC	2009
			Breanne Whitlock	WAC	2008, 09, 10

WOMEN

Individual

1. Cindy Jorgensen 1977 EWU Dual
2. Jody Smith 1978 Montana Dual
3. Jody Smith 1978 ISU Dual
4. Dornell Butler 1986 Boise City Invite
5. Kathy Karpel 1987 CSI Invite
6. Kathy Karpel 1988 Montana Dual
7. Kathy Karpel 1988 ISU Dual
8. Kathy Karpel 1989 Triangular
9. Jennifer Beatty 1989 CSI Invite
10. Kathy Karpel 1990 MSU Invite
11. Kathy Karpel 1990 Stanford Invite
12. Kathy Karpel 1990 Bronco Invite
13. Sherrie Donovan 1994 CSI Invite
14. Niamh Beirne 1995 Big Sky Championship
15. Niamh Beirne 1996 Idaho Invite
16. Melinda Campbell 1997 Pier Park Invite
17. Melinda Campbell 1997 Big West Championship
18. Melinda Campbell 1998 Idaho Invite
19. Abby Peters 1999 Pier Park Invite
20. Abby Peters 1999 Big Cross Invite
21. Abby Peters 1999 Bronco Invite
22. Abby Peters 1999 WAC Championship
23. Michelle Carman 2000 EOU Invite
24. Michelle Carman 2000 NNU Invite
25. Michelle Carman 2001 EOU Invite
26. Robin Wemple 2002 NNU Invite
27. Robin Wemple 2002 Bob Firman Invite
28. Robin Wemple 2002 EOU Invite
29. Robin Wemple 2003 Whitman Invite
30. Robin Wemple 2003 Bob Firman
31. Rebecca Ward 2004 Bob Firman
32. Breanne Sande 2006 Harrier Classic
33. Breanne Sande 2007 NNU Invite
34. Breanne Sande 2007 WAC Championship
35. Shannon Porter 2009 NNU Invite
36. Marisa VanderMalle 2011 NNU Invite
37. Katte Jette 2012 Bronco Invite
38. Emma Bates 2013 Utah Open
39. Emma Bates 2013 Pre-Nationals
40. Emma Bates 2013 MWC Championship
41. Emma Bates 2013 West Regional
42. Emma Bates 2014 Utah Open

43. Emma Bates 2014 MWC Championship
44. Allie Ostrander 2015 Dual at Speedway
45. Alexis Fuller 2015 Utah State Invite
46. Allie Ostrander 2015 Wisco Invite
47. Allie Ostrander 2015 MWC Championship
48. Allie Ostrander 2015 West Region
49. Brenna Peloquin 2016 Roy Griak
50. Brenna Peloquin 2016 Wisco Invite
51. Allie Ostrander 2017 Louisville Classic

Leaderboard

1. Kathy Karpel (1987-90) .....7
2. Emma Bates (2010-14) ..... 6
3. Robin Wemple (2000-03) ..... 5  
Allie Ostrander (2015- ) ..... 5
5. Abby Peters (1995-99) .....4
6. Breanne Sande (2003-07) .....3  
Michelle Carman (1997-2000) .....3  
Melinda Campbell (1995-98) .....3
- 3 tied** .....2  
Most Recent: Brenna Peloquin (2015-)

MEN

Individual

1. Bob Walker 1973 Big Sky Championship
2. Steve Collier 1977 Boise State Open
3. Steve Collier 1977 EWU Dual
4. Tom Rothenberger 1981 Utah Dual
5. Tom Rothenberger 1981 Triangular
6. Kent Newman 1983 Boise State Invite
7. Danny Holmes 1986 Hornet Invite
8. Danny Holmes 1986 Boise City Invite
9. Robin Card 1989 Cal State LA
10. Robin Card 1989 Boise State Invite
11. Thomas Roorda 1993 Bronco Roundup
12. Thomas Roorda 1993 Wildcat Invitational
13. Thomas Roorda 1993 Big Sky Championship
14. Josh Danielson 1994 CSI Invite
15. Jose Uribe 1994 Wildcat Invite
16. Josh Danielson 1995 Whitman Invite
17. Josh Danielson 1995 Wildcat Invite
18. Cormac Smith 1996 Idaho Invite
19. Jose Uribe 1996 Big West Championship
20. Cormac Smith 1997 Pier Park Invite
21. Cormac Smith 1997 Wilamette Invite
22. Cormac Smith 1997 Big West Championship
23. Thomas Carey 1998 Idaho Invite
24. Travis Armstrong 1998 Big West Championship
25. Michael Ciampini 2000 EOU Invite
26. Micahel Ciampini 2000 NNU Open
27. Forest Braden 2002 NNU Open
28. Forest Braden 2003 Whitman Invite
29. Forest Braden 2003 Bob Firman
30. Forest Braden 2003 NNU Invite
31. Forest Braden 2004 Bob Firman
32. Ty Axtman 2006 Harrier Classic
33. Forest Braden 2006 Charles Bowles
34. Forest Braden 2006 WAC Championship
35. Cody Eaton 2007 NNU Invite
36. Brian Pierre 2008 Bob Firman
37. Kevin Higgs 2009 NNU Invite
38. Drew ODM 2010 NNU Invite
39. Zach Wiles 2012 Boise State Invite
40. David Elliott 2014 Utah Open
41. David Elliott 2014 MWC Championship
42. Yusuke Uchikoshi 2016 MWC Championship

Leaderboard

1. Forest Braden (2002-06) .....7
2. Cormac Smith (1993-97) ..... 4
3. Thomas Roorda (1989-93) ..... 3  
Josh Danielson (1991-95) ..... 3
5. **7 tied** ..... 2  
Most Recent: David Elliott (2010-14)