

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****Women 200 Meter Dash**

Meet Record: M 23.72 2002		Michelle Davis, UNLV	
Dempsey Rec: R 23.44 2009		Charonda Williams, Arizona St	
Name	Year	School	Finals
Section 1			
1	154	Escalante, Jessica	Cal Poly 25.72
2	323	Horan, Kendall	Hawaii 26.74
3	193	Miles, J'Liyah	Cal St. Los Angeles 26.95
4	645	Smith, Fiona	Seattle U. 27.03
5	405	Snapper, Kristen	Long Beach St. 27.62
Section 2			
1	166	Byers, Alayah	Cal St. Fullerton 25.88
2	351	Palesch, Meghan	Idaho 26.41
3	1001	Boles, Maggie	Western Oregon 26.82
4	343	Carter, Nicole	Idaho 27.25
Section 3			
1	393	Knox, Whitney	Long Beach St. 25.83
2	399	O'Dwyer, Natalie	Long Beach St. 26.64
3	1036	Reynolds, Gracia	Western Washington 26.68
4	883	Li, Angela	Washington 26.91
Section 4			
1	453	Graves, Brittany	Nevada 26.41
2	467	Wilson, Tegan	Nevada 26.50
3	753	Bushnell, Paige	UC Irvine 26.53
4	1023	Ivancic, Rachel	Western Washington 26.76
5	198	Williams, Kiyana	Cal St. Los Angeles 27.26
Section 5			
1	1038	Smith, Savannah	Western Washington 26.00
2	1027	Konrad, Cheyenne	Western Washington 26.12
3	640	Lichter, Madison	Seattle U. 26.80
4	1034	Paige, Raigan	Western Washington 26.92
5	404	Smith, Delaney	Long Beach St. 28.80
Section 6			
1	948	Gaffney, Regyn	Washington St. 25.63
2	391	Harris, Hollie	Long Beach St. 26.31
3	1003	Patrick, Laura	Western Oregon 26.62
4	1024	Ivancic, Veronica	Western Washington 26.80
5	678	West, Bryce	Simon Fraser 26.90
Section 7			
1	602	Hong, Cheryl	Seattle Pacific 25.89
2	10	Haven, Dierra	Academy of Art 26.80
Section 8			
1	528	Vinjamuri, Rachel	Portland State 25.59
2	38	Smith, Rosie	Alaska Anchorage 26.00
3	224	Sullivan, Megan	Eastern Oregon 26.30
4	165	Butler, Kieana	Cal St. Fullerton 26.52
5	384	Carney, Madison	Long Beach St. 26.77
Section 9			
1	181	Stewart, Alexis	Cal St. Fullerton 25.32
2	156	LiDrazzah, Ralaina	Cal Poly 25.93
3	197	Thompson, Megan	Cal St. Los Angeles 26.26
4	596	Brannan, Kyra	Seattle Pacific 26.28
5	295	Sumler, Kiah	Fresno State 26.99
Section 10			
1	947	Ekelem, Christiana	Washington St. 25.02

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2	614 Tims, Jalen	Seattle Pacific	25.89
3	439 Vann, Alanna	Montana	26.29
4	636 Gonzales, Alessand	Seattle U.	26.46
5	189 Fernandes, T'Icis	Cal St. Los Angeles	27.57
Section 11			
1	958 Stavig, Sarah	Washington St.	25.84
2	944 DeHart, Holly	Washington St.	26.03
3	354 Pikes, Andrea	Idaho	26.72
4	112 Amadu, Friddaus	Byu	26.96
Section 12			
1	386 Cooks, Riley	Long Beach St.	25.04
2	668 Kabia, Valda	Simon Fraser	25.05
3	167 Chiodo, Anastasia	Cal St. Fullerton	25.72
4	13 Scott, Mystic	Academy of Art	26.13
5	317 Black, Raion	Hawaii	27.25
Section 13			
1	466 White, Makeya	Nevada	25.29
2	11 Moody, Keanna	Academy of Art	25.36
3	175 Lewis, Jade	Cal St. Fullerton	25.71
4	566 Hatcher, Lakin	San Diego St.	25.94
5	889 Person, Danica	Washington	26.62
Section 14			
1	595 Ambus, Jahzelle	Seattle Pacific	25.25
2	389 Goosby, Kristina	Long Beach St.	26.02
3	882 Lester, Carly	Washington	26.02
4	7 Grace, Jasmine	Academy of Art	26.09
5	385 Chambers, Ashleigh	Long Beach St.	26.40
Section 15			
1	387 Davis, Courtne	Long Beach St.	25.33
2	603 Houk, Becca	Seattle Pacific	25.91
3	247 Lombardo, Erika	Eastern Washington	25.97
Section 16			
1	29 Ashcroft, Jamie	Alaska Anchorage	24.67
2	552 Reaser, Allison	San Diego Elite	24.98
3	568 Lea, Tyra	San Diego St.	25.19
4	896 Wade, Nocy	Washington	25.25
5	495 D'Arpino, Kerissa	Oregon State	25.42
Section 17			
1	567 Henderson, Ashley	San Diego St.	24.19
2	952 Keel, Dominique	Washington St.	24.47
3	890 Peterson, Sierra	Washington	24.93
4	942 Darden, Danielle	Washington St.	24.98
5	527 Settle, Genna	Portland State	25.04
Section 18			
1	861 Bouyer, Kennadi	Washington	24.37
2	559 Bunch, Jazmen	San Diego St.	25.09
3	525 Diggs, Whitney	Portland State	25.44
4	157 Love, A'Jah	Cal Poly	25.64

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****Women 5000 Meter Run**

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 Meet Record: M 15:20.05 2010 Molly Huddle, Saucony  
 Dempsey Rec: R 15:01.70 2009 Jenny Barringer, Colorado

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 Name Year School Finals  
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## Section 1

1	469	Conley, Kim	New Balance	15:09.31M
2	87	Ostrander, Allie	Boise State	15:21.85
3	338	Van Alstine, Amy	Hoka Naz Elite	15:45.34
4	471	Cridebring, Alycia	New Balance Norcal	15:53.66
5	85	Hukka, Minttu	Boise State	16:09.36
6	2	Hackett, Alexandri	Abilene Christian	16:10.65
7	337	Kanuho, Rochelle	Hoka Naz Elite	16:11.22
8	88	Peloquin, Brenna	Boise State	16:11.90
9	32	Chelimo, Joyce	Alaska Anchorage	16:22.93
10	472	Mitchell, Rachel	New Balance Norcal	16:24.32
11	118	Connolly, Natalie	Byu	16:30.85
12	953	Linton, CharLee	Washington St.	16:35.48
13	484	Howard, Marisa	Oiselle	16:36.90
14	876	Harris, Sydney	Washington	16:38.75
15	335	Blood, Nicole	High Perform	16:40.18
16	257	Reiter, Sarah	Eastern Washington	16:41.75
17	214	steen, katelyn	Club Northwest	16:50.90
18	548	Porter, Shannon	Saint Martin's	16:57.09
19	130	Silva, Yesenia	Byu	17:03.16
20	611	Patti, Anna	Seattle Pacific	17:04.71
21	123	Jensen, Alice	Byu	17:06.22
--	788	Potratz-Lee, Alex	Unattached	DNF
--	486	Grace, Kate	Oiselle	DNF

## Section 2

1	132	Young, Laura	Byu	17:03.13
2	938	Bortfeld, Devon	Washington St.	17:03.64
3	254	Penaloza, Berenice	Eastern Washington	17:04.32
4	115	Birk, Erica	Byu	17:05.48
5	946	Dwyer, Emily	Washington St.	17:10.32
6	298	Thurston, Jordan	Gonzaga	17:12.86
7	963	Willson, Morgan	Washington St.	17:17.22
8	113	Barrow, Jennica	Byu	17:28.37
9	609	Macdonald, Sarah	Seattle Pacific	17:32.22
10	232	Chavez, Mayra	Eastern Washington	17:35.57
11	1019	Grant, Brittany	Western Washington	17:36.90
12	321	Cross, Alli	Hawaii	17:40.18
13	647	Stein, Olivia	Seattle U.	17:44.85
14	644	Smith, Elena	Seattle U.	17:45.64
15	954	Pavey, Steffie	Washington St.	18:04.33
16	597	Calvert, Hannah	Seattle Pacific	18:07.48
17	5	Christenson, McKae	Academy of Art	18:10.27
18	1025	Jalbert, Maddy	Western Washington	18:11.52
19	1039	Stelling, Lilliann	Western Washington	18:26.42
20	334	Beccia, Ariel	High Perform	18:34.79
21	634	Frederick, Lindsay	Seattle U.	18:38.78
22	630	Bliesner, Sarah	Seattle U.	18:40.21
23	1041	Taferre, Sara	Western Washington	18:46.12
24	665	Cho, Erina	Simon Fraser	19:12.77
25	632	de Laveaga, Taylor	Seattle U.	19:12.78
26	1028	Marikis, Sofia	Western Washington	19:21.25

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****Women Distance Medley**

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Meet Record: M 11:02.15 2011 Oregon  
 Hasay, Okodogbe, Roesler, Kosinski

Dempsey Rec: R 10:55.01 2012 Washington, Washington  
 Orr, Carlson, Mires, Flood

School Finals

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## Section 1

1 San Diego St. 'A'	12:06.14
1) 571 Roesgen, Rachel	2) 556 Barrow, Lisa-Anne
3) 565 Grove, Ellison	4) 570 Ribeiro, Elaine
2 Idaho 'A'	12:07.81
1) 350 Hagen, Erin	2) 348 Goetz, Victoria
3) 360 Story, Krista	4) 359 Condie, Andrea
3 Western Washington 'A'	12:15.15
1) 1030 Melville, Tracy	2) 1036 Reynolds, Gracia
3) 1026 Klotz-Brooks, Kali	4) 1101 Guenther, Taylor
4 Cal St. Fullerton 'A'	12:16.73
1) 184 Ungerman, Sierra	2) 178 Owens, India
3) 168 Cortez, Stephanie	4) 182 Taylor, Emily
5 Seattle Pacific 'A'	12:26.20
1) 605 Kettel, Hailey	2) 601 Fine, Kiana
3) 613 Rawlins, Jessica	4) 598 Charleson, Mary
6 Hawaii 'A'	12:26.74
1) 316 Beaumont, Haley	2) 319 Brown, Robyn
3) 332 Setzer, Tristan	4) 320 Campos, Camille
7 UC Irvine 'A'	12:37.74
1) 757 Hall, Lauren	2) 752 Buchanan, Simone
3) 761 Pullum, Hallie	4) 756 Gonzalez, Marisa
8 Cal St. Los Angeles 'A'	12:49.90
1) 192 Melendez, Ariel	2) 194 Roncalli, Caroline
3) 196 Taylor, Ericka	4) 191 Hernandez, Clarisa
9 Academy of Art 'A'	12:51.95
1) 4 Brown, Ashley	2) 6 Clark, Kiara
3) 8 Graham, Schae	4) 9 Harbison, Kaelyn

## Section 2

1 Washington 'A'	11:04.14
1) 871 Fulton, Eleanor	2) 857 Armstead, Krista
3) 886 Mires, Baylee	4) 885 Meyers, Maddie
2 Washington 'B'	11:26.25
1) 884 Maxwell, Anna	2) 866 Derby, Hannah
3) 887 Neale, Amy-Eloise	4) 880 Knight, Katie
3 Utah 'A'	11:37.99
1) 833 Feeny, Sarah	2) 832 Faust, Caitie
3) 839 Wassum, Sadie	4) 834 McInturff, Hannah
4 Alaska Anchorage 'A'	11:54.89
1) 35 Pahkala, Jessica	2) 33 Cross, Mary Kathleen
3) 36 Perez, Tamara	4) 34 Kurgat, Caroline
5 Simon Fraser 'A'	11:56.47
1) 676 Townsend, Addy	2) 666 Desch, Chantel
3) 671 Mussatto, Alana	4) 663 Bassett, Rebecca
6 Eastern Washington 'A'	12:00.03
1) 239 Gil-Echevarria, Paula	2) 262 Sherman, Johanna
3) 258 Ribeiro, Chelsea	4) 250 Mahoney, Katie

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****Women Pole Vault**

Flight #1; Friday @ 5:30 p.m.

Flight #2, Saturday @ 3:30 p.m.

Meet Record: M 14-05.50 2007 Niki McEwen, Sporthill TC

Dempsey Rec: R 14-09.50 2006 Mary Sauer, Unattached

Name	Year	School	Finals
Flight 1			
1 330 Ruiz, Tiziana		Hawaii	3.82m 12-06.25
2.92 3.07 3.22 3.37 3.52 3.67 3.82 3.97			
P P P P XO O O XXX			
2 326 Kozaki, Amber		Hawaii	3.67m 12-00.50
2.92 3.07 3.22 3.37 3.52 3.67 3.82			
P P P P XO XXO XXX			
2 878 Ho, Candace		Washington	3.67m 12-00.50
2.92 3.07 3.22 3.37 3.52 3.67 3.82			
P P XO XO O XO XXX			
2 395 Lambert, Jodi		Long Beach St.	3.67m 12-00.50
2.92 3.07 3.22 3.37 3.52 3.67 3.82			
P P P XO O XO XXX			
2 872 Goodkin, Jessica		Washington	3.67m 12-00.50
2.92 3.07 3.22 3.37 3.52 3.67 3.82			
P P P O O O XXX			
6 499 Haun, Helen Ann		Oregon State	3.52m 11-06.50
2.92 3.07 3.22 3.37 3.52 3.67			
P P P O O XXX			
6 775 Bertuccelli, Leah		Unattached	3.52m 11-06.50
2.92 3.07 3.22 3.37 3.52 3.67			
P P P XO O XXX			
6 394 Krueger, Kennedy		Long Beach St.	3.52m 11-06.50
2.92 3.07 3.22 3.37 3.52 3.67			
P P P O XO XXX			
6 512 Sidor, Annie		Oregon State	3.52m 11-06.50
2.92 3.07 3.22 3.37 3.52 3.67			
P P O O XO XXX			
6 253 Musgrove, Loryn		Eastern Washington	3.52m 11-06.50
2.92 3.07 3.22 3.37 3.52 3.67			
P O O XO XXO XXX			
6 604 Kahns, Michaela		Seattle Pacific	3.52m 11-06.50
2.92 3.07 3.22 3.37 3.52 3.67			
P O O O O XXX			
6 1035 Paradee, Anna		Western Washington	3.52m 11-06.50
2.92 3.07 3.22 3.37 3.52 3.67			
O XXO XO O XO XXX			
6 234 Clark, Erin		Eastern Washington	3.52m 11-06.50
2.92 3.07 3.22 3.37 3.52 3.67			
P P P XO XO XXX			
6 778 Dayton, Annika		Unattached	3.52m 11-06.50
2.92 3.07 3.22 3.37 3.52 3.67			
P P O O O XXX			
15 497 Field, Gillette		Oregon State	3.37m 11-00.75
2.92 3.07 3.22 3.37 3.52			
P P O XXO XXX			
15 392 Henslee, Jessica		Long Beach St.	3.37m 11-00.75
2.92 3.07 3.22 3.37 3.52			
P XO O O XXX			

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Women Pole Vault**

15	382 Bartsch, Lauren	Long Beach St.	3.37m	11-00.75
	2.92 3.07 3.22 3.37 3.52			
	P P XXO XXO XXX			
15	265 Weitz, Macey	Eastern Washington	3.37m	11-00.75
	2.92 3.07 3.22 3.37 3.52			
	P P O O XXX			
15	388 Fong, Lea	Long Beach St.	3.37m	11-00.75
	2.92 3.07 3.22 3.37 3.52			
	P O O XO XXX			
20	881 Krussow, Madi	Washington	3.22m	10-06.75
	2.92 3.07 3.22 3.37			
	P O XO XXX			
20	606 Lambert, Emma	Seattle Pacific	3.22m	10-06.75
	2.92 3.07 3.22 3.37			
	O O XO XXX			
20	245 Kintz, Brita	Eastern Washington	3.22m	10-06.75
	2.92 3.07 3.22 3.37			
	P P XO XXX			
20	362 Watkins, Cecilia	Idaho	3.22m	10-06.75
	2.92 3.07 3.22 3.37			
	XO O XO XXX			
24	1021 Huey, Leah	Western Washington	2.92m	9-07.00
	2.92 3.07			
	O XXX			
24	358 Smith, Julia	Idaho	2.92m	9-07.00
	2.92 3.07			
	O XXX			
24	616 Webster, Madi	Seattle Pacific	2.92m	9-07.00
	2.92 3.07			
	XO XXX			
--	1018 Annable, Morgan	Western Washington	NH	
	2.92			
	XXX			
--	185 Williamson, Bryn	Cal St. Fullerton	NH	
	2.92 3.07 3.22			
	P P XXX			
--	169 Eastwood, Sydney	Cal St. Fullerton	NH	
	2.92 3.07 3.22			
	P P XXX			
--	434 Jacka, Carrie	Montana	NH	
	2.92 3.07 3.22 3.37			
	P P P XXX			
--	398 Lynch, Katie	Long Beach St.	NH	
	2.92 3.07			
	P XXX			

**Women Weight Throw**

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Meet Record:	M	71-01.50	2009	Loree Smith, NYAC
Dempsey Rec:	R	73-06	2015	Ida Storm, UCLA
Name		Year	School	Finals
=====				
1	324 Ioane, Charlinda		Hawaii	15.70m 51-06.25
	15.44m 15.03m 15.70m			

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Women Weight Throw**

2	407 Vlitz, Brianna	Long Beach St.	15.50m	50-10.25
	13.78m 14.11m 15.50m			
3	511 Picknell, Rachel	Oregon State	14.61m	47-11.25
	FOUL 14.61m 13.98m			
4	237 Flenoy, Paris	Eastern Washington	14.00m	45-11.25
	13.60m 14.00m 13.24m			
5	293 Parisis, Katianna	Fresno State	13.98m	45-10.50
	13.10m 13.98m FOUL			
6	433 Hodgson, Samantha	Montana	13.82m	45-04.25
	FOUL 13.82m 13.64m			
7	249 Loop, Piper	Eastern Washington	13.81m	45-03.75
	11.83m 13.01m 13.81m			
8	450 Dubois, Anna	Nevada	13.65m	44-09.50
	13.24m 13.65m 13.43m			
9	327 Mendoza, Sabrina	Hawaii	13.18m	43-03.00
	13.18m FOUL FOUL			
10	1031 Mortensen, Megan	Western Washington	12.91m	42-04.25
	12.91m 12.42m 12.39m			
11	243 Keefe, Marissa	Eastern Washington	12.44m	40-09.75
	12.24m FOUL 12.44m			
12	296 Torres, Yazmin	Fresno State	11.93m	39-01.75
	11.93m FOUL FOUL			
13	1037 Roberts, Sophia	Western Washington	11.86m	38-11.00
	FOUL FOUL 11.86m			
Flight 2				
1	342 Bates, Kolcie	Idaho	16.82m	55-02.25
	15.73m 16.47m 16.53m 16.07m 16.33m 16.82m			
2	494 Ausman, Melissa	Oregon State	16.44m	53-11.25
	FOUL FOUL 16.44m 15.91m FOUL FOUL			
3	217 MacDonald, Christi	Concordia (Ore.)	15.80m	51-10.00
	15.56m 15.80m FOUL			
4	562 Evans, Alexa	San Diego St.	15.48m	50-09.50
	15.06m 14.79m 15.48m			
5	873 Gravelle, Carolyn	Washington	15.41m	50-06.75
	FOUL FOUL 15.41m			
6	895 Toeaina, Alyx	Washington	15.33m	50-03.50
	15.06m 15.33m 14.50m			
7	259 Robinson, D'Onna	Eastern Washington	14.86m	48-09.00
	14.72m FOUL 14.86m			
8	125 Nielsen, Sadie	Byu	14.79m	48-06.25
	14.79m 14.73m FOUL			
9	329 Porlier-Langlois,	Hawaii	14.59m	47-10.50
	14.59m FOUL FOUL			
10	383 Bruggeman, Chaylen	Long Beach St.	14.57m	47-09.75
	14.57m FOUL 13.54m			
11	286 Coleman, Kylie	Fresno State	14.54m	47-08.50
	14.38m 14.27m 14.54m			
12	751 Bauer-Jackson, Daz	UC Irvine	14.20m	46-07.25
	FOUL 13.19m 14.20m			
13	288 Grewal, Manpreet	Fresno State	13.96m	45-09.75
	FOUL 13.96m FOUL			
14	459 Park, Tara	Nevada	13.32m	43-08.50
	FOUL 13.32m FOUL			

Flight 3

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Women Weight Throw**

1	235 Coleman, Kaytlyn	Eastern Washington	18.50m	60-08.50
	17.04m 18.44m FOUL 17.58m 17.59m 18.50m			
2	238 Forcier, Kelsie	Eastern Washington	18.33m	60-01.75
	18.33m 17.23m FOUL 17.88m FOUL 17.71m			
3	403 Shelton, Marina	Long Beach St.	18.28m	59-11.75
	18.13m 17.87m 18.25m 18.24m 18.28m FOUL			
4	406 Vergara, Fatima	Long Beach St.	17.83m	58-06.00
	17.10m 16.82m 17.67m 17.83m FOUL FOUL			
5	432 Feilzer, Hana	Montana	16.59m	54-05.25
	FOUL FOUL 16.41m 16.59m FOUL FOUL			
6	864 Chibuogwu, Onyie	Washington	16.50m	54-01.75
	FOUL 16.50m FOUL 15.82m FOUL 16.30m			
7	960 Wardsworth, Katie	Washington St.	16.46m	54-00.00
	15.29m 16.46m 15.57m 15.75m FOUL FOUL			
8	344 Cooper, Lauren	Idaho	16.17m	53-00.75
	15.32m 16.17m 15.94m			
9	219 Warren, McKenzie	Concordia (Ore.)	15.93m	52-03.25
	15.59m FOUL 15.93m			
10	289 Hopkins, Kayla	Fresno State	15.67m	51-05.00
	FOUL 15.67m FOUL			
11	218 Mattos, Jessica	Concordia (Ore.)	15.35m	50-04.50
	15.35m 15.27m FOUL			
12	865 Coleman, Bev	Washington	15.15m	49-08.50
	14.78m 15.15m FOUL			
13	248 Loop, Kayla	Eastern Washington	14.02m	46-00.00
	FOUL 14.02m FOUL			

**Indoor Pentathlon: #5 Women 800 Meter Run**

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	Name	Year School	Finals	Points
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Section 1				
1	785 Leslie, Breanna	Unattached	2:15.11	891
2	586 Lettow, Lindsay	Santa Barbar	2:17.76	854
3	465 Wadden, Nicole	Nevada	2:20.07	823
4	588 Schwartz, Lindsay	Santa Barbar	2:20.26	820
5	61 Thompson, Alyssa	Arizona	2:22.75	787
6	585 Hawkins, Chari	Santa Barbar	2:25.19	754
7	28 Anders, Karolin	Alaska Anchorage	2:28.40	713
Section 2				
1	894 Smith, C.J.	Washington	2:17.32	860
2	435 McLeod, Erika	Montana	2:23.04	783
3	542 Corrigan, Kassandr	Sacramento St.	2:25.23	754
4	608 Luquin, Maliea	Seattle Pacific	2:27.81	721
5	436 Stroot, Nicole	Montana	2:28.22	715
6	498 Hallock, Kara	Oregon State	2:28.38	713
7	543 Del Hoyo, Emilia	Sacramento St.	2:28.45	712
8	589 Skipper, Sarah	Santa Barbar	2:28.56	711
9	195 Rosshagen, Raket	Cal St. Los Angeles	2:28.89	707
10	561 Ellis, Cassidy	San Diego St.	2:29.05	705
11	545 Venzon, Elizabeth	Sacramento St.	2:30.51	686
12	569 McNown, Jelena	San Diego St.	2:41.69	554
Section 3				
1	161 Rasmussen, Jessica	Cal Poly	2:25.61	749
2	341 Bass, Kaleala	Idaho	2:27.07	730



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3	862 Budinich, Ericka	Washington	2:33.56	649
4	858 Baron, Ciana	Washington	2:33.87	645
5	641 Maddux, Mandie	Seattle U.	2:34.27	640
6	508 McNairy, Saskia	Oregon State	2:34.89	633
7	315 Andre, Courtney	Hawaii	2:35.15	630
8	241 Hamm, Kendra	Eastern Washington	2:35.20	629
9	431 Connors, Lakyn	Montana	2:35.77	622
10	314 Ah Nee, Sha'tres	Hawaii	2:53.70	426
11	171 Gwacham, Ifunanya	Cal St. Fullerton	3:01.93	347

**Indoor Pentathlon: #1 Women 60 Meter Hurdles**

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	Name	Year School	Finals	Points
=====				
Section 1				
1	585 Hawkins, Chari	Santa Barbar	8.41	1037
2	588 Schwartz, Lindsay	Santa Barbar	8.57	1002
3	465 Wadden, Nicole	Nevada	8.88	935
4	543 Del Hoyo, Emilia	Sacramento St.	8.94	922
5	61 Thompson, Alyssa	Arizona	8.95	920
Section 2				
1	586 Lettow, Lindsay	Santa Barbar	8.55	1006
2	446 Hall, Lindsey	Mountain Wes	8.62	991
3	608 Luquin, Maliea	Seattle Pacific	8.96	918
4	894 Smith, C.J.	Washington	9.22	865
5	315 Andre, Courtney	Hawaii	9.45	818
Section 3				
1	28 Anders, Karolin	Alaska Anchorage	9.23	862
2	641 Maddux, Mandie	Seattle U.	9.41	826
3	435 McLeod, Erika	Montana	9.44	820
4	195 Rosshagen, Rakel	Cal St. Los Angeles	9.48	812
5	858 Baron, Ciana	Washington	10.19	677
Section 4				
1	589 Skipper, Sarah	Santa Barbar	9.07	895
2	569 McNown, Jelena	San Diego St.	9.33	842
3	431 Connors, Lakyn	Montana	9.44	820
4	171 Gwacham, Ifunanya	Cal St. Fullerton	9.65	779
5	314 Ah Nee, Sha'tres	Hawaii	9.67	775
Section 5				
1	561 Ellis, Kassidy	San Diego St.	8.88	935
2	542 Corrigan, Kassandr	Sacramento St.	9.15	879
3	545 Venzon, Elizabeth	Sacramento St.	9.27	854
4	241 Hamm, Kendra	Eastern Washington	9.66	777
Section 6				
1	161 Rasmussen, Jessica	Cal Poly	9.43	822
2	253 Musgrove, Loryn	Eastern Washington	9.66	777
3	508 McNairy, Saskia	Oregon State	10.11	692
4	862 Budinich, Ericka	Washington	10.16	682
Section 7				
1	785 Leslie, Breanna	Unattached	8.48	1021
2	436 Stroot, Nicole	Montana	8.82	948
3	498 Hallock, Kara	Oregon State	8.91	929
4	341 Bass, Kaleala	Idaho	10.29	659

## 2016 UW Invitational - 1/29/2016 to 1/30/2016

## Dempsey Indoor, Seattle WA

## Results

## Indoor Pentathlon: #2 Women High Jump

Name	Year	School	Finals	Points
Flight 1				
1 585 Hawkins, Chari		Santa Barbar	1.76m	5-09.25 928
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79				
PPP PPP PPP PPP PPP		O XXO O XO O XXX		
2 28 Anders, Karolin		Alaska Anchorage	1.73m	5-08.00 891
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76				
PPP PPP PPP PPP O		O O XO O XXX		
3 586 Lettow, Lindsay		Santa Barbar	1.70m	5-07.00 855
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73				
PPP PPP PPP PPP XO		O XXO O XXX		
3 465 Wadden, Nicole		Nevada	1.70m	5-07.00 855
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73				
PPP PPP PPP PPP O		O O XXO XXX		
5 589 Skipper, Sarah		Santa Barbar	1.67m	5-05.75 818
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70				
PPP PPP PPP O O		O XXO XXX		
5 588 Schwartz, Lindsay		Santa Barbar	1.67m	5-05.75 818
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70				
PPP PPP PPP PPP XO		O XO XXX		
5 545 Venzon, Elizabeth		Sacramento St.	1.67m	5-05.75 818
1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70				
PPP PPP O O O		O O XXX		
8 446 Hall, Lindsey		Mountain Wes	1.64m	5-04.50 783
1.49 1.52 1.55 1.58 1.61 1.64 1.67				
PPP PPP PPP PPP PPP		O XXX		
8 542 Corrigan, Kassandr		Sacramento St.	1.64m	5-04.50 783
1.49 1.52 1.55 1.58 1.61 1.64 1.67				
PPP PPP XO O O		O XXX		
8 498 Hallock, Kara		Oregon State	1.64m	5-04.50 783
1.49 1.52 1.55 1.58 1.61 1.64 1.67				
O XO XO XO XO		XXO XXX		
11 785 Leslie, Breanna		Unattached	1.61m	5-03.25 747
1.49 1.52 1.55 1.58 1.61 1.64				
PPP PPP PPP PPP O		XXX		
11 561 Ellis, Cassidy		San Diego St.	1.61m	5-03.25 747
1.49 1.52 1.55 1.58 1.61 1.64				
PPP XO XO XO O		XXX		
13 436 Stroot, Nicole		Montana	1.58m	5-02.25 712
1.49 1.52 1.55 1.58 1.61				
PPP O O O XXX				
13 641 Maddux, Mandie		Seattle U.	1.58m	5-02.25 712
1.49 1.52 1.55 1.58 1.61				
PPP O O XXO XXX				
13 431 Connors, Lakyn		Montana	1.58m	5-02.25 712
1.49 1.52 1.55 1.58 1.61				
PPP XXO XO XXO XXX				
13 61 Thompson, Alyssa		Arizona	1.58m	5-02.25 712
1.49 1.52 1.55 1.58 1.61				
O O O XO XXX				
17 435 McLeod, Erika		Montana	1.52m	4-11.75 644
1.49 1.52 1.55				
O XO XXX				
Flight 2				

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Indoor Pentathlon: #2 Women High Jump**

1	569	McNown, Jelena	San Diego St.	1.64m	5-04.50	783									
	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67
	PPP	PPP	PPP	PPP	PPP	PPP	O	O	XO	O	O	O	XO	O	XXX
2	543	Del Hoyo, Emilia	Sacramento St.	1.61m	5-03.25	747									
	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	XXO	XO	XXO	XXX	
3	314	Ah Nee, Sha'tres	Hawaii	1.58m	5-02.25	712									
	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61		
	PPP	PPP	PPP	PPP	PPP	XXO	O	O	O	O	O	XXO	XXX		
4	195	Rosshagen, Raket	Cal St. Los Angeles	1.55m	5-01.00	678									
	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58			
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	XO	XXO	XO	XXX			
4	241	Hamm, Kendra	Eastern Washington	1.55m	5-01.00	678									
	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58			
	PPP	PPP	PPP	PPP	PPP	PPP	O	O	XO	XO	XXO	XXX			
6	161	Rasmussen, Jessica	Cal Poly	1.52m	4-11.75	644									
	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55				
	PPP	PPP	PPP	PPP	O	O	O	O	O	XXO	XXX				
7	608	Luquin, Maliea	Seattle Pacific	1.49m	4-10.50	610									
	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52					
	PPP	PPP	PPP	PPP	PPP	O	O	O	XO	XXX					
7	171	Gwacham, Ifunanya	Cal St. Fullerton	1.49m	4-10.50	610									
	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52					
	PPP	PPP	PPP	PPP	PPP	PPP	O	XO	XXO	XXX					
9	894	Smith, C.J.	Washington	1.46m	4-09.50	577									
	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49						
	PPP	PPP	PPP	PPP	PPP	PPP	O	O	XXX						
10	508	McNairy, Saskia	Oregon State	1.43m	4-08.25	544									
	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46							
	PPP	PPP	PPP	PPP	O	O	O	XXX							
11	341	Bass, Kaleala	Idaho	1.40m	4-07.00	512									
	1.25	1.28	1.31	1.34	1.37	1.40	1.43								
	O	PPP	XO	PPP	PPP	XXO	XXX								
11	858	Baron, Ciana	Washington	1.40m	4-07.00	512									
	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46							
	PPP	PPP	PPP	PPP	PPP	O	XXX	XXX							
13	315	Andre, Courtney	Hawaii	1.37m	4-06.00	481									
	1.25	1.28	1.31	1.34	1.37	1.40									
	O	O	O	XO	XXO	XXX									
14	862	Budinich, Ericka	Washington	1.34m	4-04.75	449									
	1.25	1.28	1.31	1.34	1.37										
	PPP	PPP	PPP	O	XXX										
--	253	Musgrove, Loryn	Eastern Washington	NH											
	1.25	1.28	1.31	1.34											
	PPP	PPP	PPP	XXX											

**Indoor Pentathlon: #4 Women Long Jump**

Name	Year	School	Finals	Points
Flight 1				
1	543	Del Hoyo, Emilia	Sacramento St.	5.53m 18-01.75 709
				5.33m 5.53m FOUL
2	465	Wadden, Nicole	Nevada	5.37m 17-07.50 663
				5.37m FOUL 5.24m

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Indoor Pentathlon: #4 Women Long Jump**

2	28 Anders, Karolin	Alaska Anchorage	5.37m	17-07.50	663
	5.30m 5.37m 5.35m				
4	436 Stroot, Nicole	Montana	5.35m	17-06.75	657
	5.35m 5.32m FOUL				
4	542 Corrigan, Kassandr	Sacramento St.	5.35m	17-06.75	657
	5.35m 5.10m 5.22m				
6	241 Hamm, Kendra	Eastern Washington	5.17m	16-11.50	606
	5.06m 5.17m 5.10m				
7	435 McLeod, Erika	Montana	5.11m	16-09.25	589
	5.06m 4.72m 5.11m				
7	545 Venzon, Elizabeth	Sacramento St.	5.11m	16-09.25	589
	4.97m 5.05m 5.11m				
9	195 Rosshagen, Rakel	Cal St. Los Angeles	5.02m	16-05.75	565
	4.89m 4.76m 5.02m				
10	314 Ah Nee, Sha'tres	Hawaii	4.97m	16-03.75	551
	4.97m FOUL FOUL				
11	341 Bass, Kaleala	Idaho	4.92m	16-01.75	538
	FOUL 4.65m 4.92m				
12	431 Connors, Lakyn	Montana	4.75m	15-07.00	492
	4.04m 4.63m 4.75m				
13	641 Maddux, Mandie	Seattle U.	4.66m	15-03.50	469
	4.57m 4.50m 4.66m				
14	253 Musgrove, Loryn	Eastern Washington	4.65m	15-03.25	466
	FOUL 4.65m FOUL				
15	171 Gwacham, Ifunanya	Cal St. Fullerton	4.64m	15-02.75	464
	4.38m FOUL 4.64m				
--	315 Andre, Courtney	Hawaii	FOUL		
	FOUL FOUL FOUL				
Flight 2					
1	586 Lettow, Lindsay	Santa Barbar	5.90m	19-04.25	819
	5.82m 5.90m 5.73m				
2	61 Thompson, Alyssa	Arizona	5.84m	19-02.00	801
	5.28m 5.84m 5.69m				
3	588 Schwartz, Lindsay	Santa Barbar	5.81m	19-00.75	792
	FOUL 5.74m 5.81m				
4	561 Ellis, Cassidy	San Diego St.	5.60m	18-04.50	729
	5.44m 5.60m 4.92m				
5	569 McNown, Jelena	San Diego St.	5.52m	18-01.50	706
	5.29m 5.52m FOUL				
6	498 Hallock, Kara	Oregon State	5.48m	17-11.75	694
	5.39m 5.48m 5.34m				
7	785 Leslie, Breanna	Unattached	5.46m	17-11.00	688
	5.35m 5.38m 5.46m				
8	585 Hawkins, Chari	Santa Barbar	5.43m	17-09.75	680
	FOUL 5.30m 5.43m				
9	608 Luquin, Maliea	Seattle Pacific	5.40m	17-08.75	671
	5.40m 5.00m 4.85m				
10	161 Rasmussen, Jessica	Cal Poly	5.34m	17-06.25	654
	FOUL 5.34m 5.19m				
11	508 McNairy, Saskia	Oregon State	5.27m	17-03.50	634
	5.16m 5.26m 5.27m				
12	446 Hall, Lindsey	Mountain Wes	5.25m	17-02.75	628
	FOUL 4.44m 5.25m				
13	894 Smith, C.J.	Washington	5.21m	17-01.25	617
	5.17m 5.14m 5.21m				

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Indoor Pentathlon: #4 Women Long Jump**

14	589 Skipper, Sarah	Santa Barbar	5.17m	16-11.50	606
	FOUL 5.04m 5.17m				
15	862 Budinich, Ericka	Washington	4.99m	16-04.50	557
	FOUL 4.99m 4.89m				
16	858 Baron, Ciana	Washington	4.44m	14-07.00	413
	FOUL 4.44m FOUL				

**Indoor Pentathlon: #3 Women Shot Put**

=====					
Name	Year	School	Finals		Points
=====					
Flight 1					
1	28 Anders, Karolin	Alaska Anchorage	11.26m	36-11.50	612
	11.08m 10.73m 11.26m				
2	195 Rosshagen, Rakel	Cal St. Los Angeles	11.09m	36-04.75	601
	10.60m 11.09m 10.57m				
3	641 Maddux, Mandie	Seattle U.	11.08m	36-04.25	600
	11.01m 11.06m 11.08m				
4	465 Wadden, Nicole	Nevada	11.03m	36-02.25	597
	10.76m 10.96m 11.03m				
5	431 Connors, Lakyn	Montana	10.60m	34-09.50	569
	10.42m 9.94m 10.60m				
6	435 McLeod, Erika	Montana	10.48m	34-04.75	561
	9.99m 10.48m 10.31m				
7	545 Venzon, Elizabeth	Sacramento St.	9.89m	32-05.50	522
	9.87m 9.89m 9.85m				
8	171 Gwacham, Ifunanya	Cal St. Fullerton	9.87m	32-04.75	521
	8.82m 9.52m 9.87m				
9	436 Stroot, Nicole	Montana	9.39m	30-09.75	490
	9.37m 9.39m 9.27m				
10	542 Corrigan, Kassandr	Sacramento St.	9.34m	30-07.75	486
	8.72m 9.34m 8.60m				
11	543 Del Hoyo, Emilia	Sacramento St.	9.30m	30-06.25	484
	8.75m 9.30m 9.23m				
12	314 Ah Nee, Sha'tres	Hawaii	9.22m	30-03.00	479
	FOUL 9.22m 8.70m				
13	341 Bass, Kaleala	Idaho	9.18m	30-01.50	476
	7.50m 9.18m 8.94m				
14	315 Andre, Courtney	Hawaii	8.96m	29-04.75	462
	8.32m 8.96m 8.73m				
15	241 Hamm, Kendra	Eastern Washington	8.06m	26-05.50	403
	7.51m 7.20m 8.06m				
16	253 Musgrove, Loryn	Eastern Washington	7.32m	24-00.25	356
	7.32m PASS PASS				
Flight 2					
1	585 Hawkins, Chari	Santa Barbar	11.73m	38-06.00	643
	11.17m 11.73m FOUL				
2	588 Schwartz, Lindsay	Santa Barbar	11.69m	38-04.25	641
	11.66m 11.69m 11.05m				
3	446 Hall, Lindsey	Mountain Wes	11.62m	38-01.50	636
	FOUL 11.62m 11.15m				
4	785 Leslie, Breanna	Unattached	11.30m	37-01.00	615
	FOUL 11.04m 11.30m				
5	586 Lettow, Lindsay	Santa Barbar	11.28m	37-00.25	614
	11.17m 10.66m 11.28m				

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Indoor Pentathlon: #3 Women Shot Put**

6	61 Thompson, Alyssa	Arizona	10.87m	35-08.00	587
	10.87m 10.40m 10.37m				
7	589 Skipper, Sarah	Santa Barbar	10.66m	34-11.75	573
	9.63m 10.66m 9.77m				
8	894 Smith, C.J.	Washington	10.65m	34-11.25	572
	9.13m FOUL 10.65m				
9	561 Ellis, Cassidy	San Diego St.	10.56m	34-07.75	566
	10.56m 9.32m 10.55m				
10	862 Budinich, Ericka	Washington	10.12m	33-02.50	537
	9.79m 9.53m 10.12m				
11	498 Hallock, Kara	Oregon State	9.52m	31-03.00	498
	8.84m 9.52m 9.13m				
12	608 Luquin, Maliea	Seattle Pacific	9.07m	29-09.25	469
	6.94m 9.07m 8.68m				
13	508 McNairy, Saskia	Oregon State	8.79m	28-10.25	451
	8.20m 8.36m 8.79m				
14	161 Rasmussen, Jessica	Cal Poly	8.60m	28-02.75	438
	FOUL 7.90m 8.60m				
15	569 McNow, Jelena	San Diego St.	8.47m	27-09.50	430
	7.99m 7.66m 8.47m				
16	858 Baron, Ciana	Washington	8.17m	26-09.75	410
	8.17m 7.82m 7.80m				

**Women Indoor Pentathlon**

=====					
Meet Record:	M	4507	2011	Brienne Theisen, Oregon	
Dempsey Rec:	R	4507	2011	Brienne Theisen, Oregon	
Name		Year	School	Finals	
=====					
1	586	Lettow, Lindsay	Santa Barbar	4148	
2	588	Schwartz, Lindsay	Santa Barbar	4073	
3	585	Hawkins, Chari	Santa Barbar	4042	
4	785	Leslie, Breanna	Unattached	3962	
5	465	Wadden, Nicole	Nevada	3873	
6	61	Thompson, Alyssa	Arizona	3807	
7	28	Anders, Karolin	Alaska Anchorage	3741	
8	561	Ellis, Cassidy	San Diego St.	3682	
9	498	Hallock, Kara	Oregon State	3617	
10	589	Skipper, Sarah	Santa Barbar	3603	
11	543	Del Hoyo, Emilia	Sacramento St.	3574	
12	542	Corrigan, Kassandr	Sacramento St.	3559	
13	436	Stroot, Nicole	Montana	3522	
14	894	Smith, C.J.	Washington	3491	
15	545	Venzon, Elizabeth	Sacramento St.	3469	
16	435	McLeod, Erika	Montana	3397	
17	608	Luquin, Maliea	Seattle Pacific	3389	
18	195	Rosshagen, Rakel	Cal St. Los Angeles	3363	
19	569	McNow, Jelena	San Diego St.	3315	
20	161	Rasmussen, Jessica	Cal Poly	3307	
21	641	Maddux, Mandie	Seattle U.	3247	
22	431	Connors, Lakyn	Montana	3215	
23	241	Hamm, Kendra	Eastern Washington	3093	
24	508	McNairy, Saskia	Oregon State	2954	
25	314	Ah Nee, Sha'tres	Hawaii	2943	

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Women Indoor Pentathlon**

26	341 Bass, Kaleala	Idaho	2915
27	862 Budinich, Ericka	Washington	2874
28	171 Gwacham, Ifunanya	Cal St. Fullerton	2721
29	858 Baron, Ciana	Washington	2657
30	315 Andre, Courtney	Hawaii	2391

**Men 200 Meter Dash**

=====  
 Meet Record: M 21.12 2011 Rubin Williams, Heritage TC  
 Dempsey Rec: R 20.84 2010 Ryan Bailey, Nike

Name	Year	School	Finals
=====			
Section 1			
1	412 Briggs, Kemonie	Long Beach St.	22.17
2	442 Marrero, Dionea	Montana	22.49
Section 2			
1	976 Green, Jonnie	Washington St.	22.30
2	1062 McArthur, Ryan	Western Washington	22.96
3	1059 Lovercamp, Reid	Western Washington	22.98
4	417 Elam, AJ	Long Beach St.	23.09
5	739 DeGroot, Andrew	Trinity Western	23.27
Section 3			
1	444 Reneau, Sterling	Montana	22.48
2	533 Schmidt, Spenser	Portland State	22.76
3	1055 Knox, Stedman	Western Washington	22.87
4	530 Gable, Mitchell	Portland State	22.97
5	1054 Jones, Daniel	Western Washington	23.13
Section 4			
1	52 Thomas, Cody	Alaska Anchorage	22.08
2	17 Britton, Marlon	Academy of Art	22.86
3	622 Lopez, Mario	Seattle Pacific	22.94
4	736 Ayin, Nicholas	Trinity Western	23.03
5	912 Kozel, Andrew	Washington	23.07
Section 5			
1	805 Johnson, Richard	Unattached	22.25
2	990 Smith, Zach	Washington St.	22.34
3	411 Alexander, Willie	Long Beach St.	22.57
4	225 Cumberbatch, Jebar	Eastern Oregon	22.61
5	826 Williams, Sean	Unattached	23.41
Section 6			
1	628 Andrade, Jordin	Seattle Speed	21.86
2	24 McNally, Alexander	Academy of Art	22.69
3	1082 Todd, Jordan	Central Washington	24.10
Section 7			
1	814 Ros, Taylor	Unattached	22.25
2	421 McCloskey, Dylan	Long Beach St.	22.31
3	42 Gray, Darrion	Alaska Anchorage	22.41
4	914 Lucas, Jordan	Washington	22.49
5	429 York-Mouton, Danie	Long Beach St.	22.78
Section 8			
1	377 Villines, Jesse	Idaho	22.36
2	916 Marshall, Travis	Washington	22.37
3	423 Perez-Rogers, Mich	Long Beach St.	22.44
Section 9			
1	15 Ajomale, Mobolade	Academy of Art	21.34

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Men 200 Meter Dash**

2	186 Gordon, Joshua	Cal St. Fullerton	21.81
3	742 George, Nathan	Trinity Western	21.99
4	363 Ayesu-Attah, Ben	Idaho	22.14

## Section 10

1	440 Bobo, Dominique	Montana	21.70
2	967 Chambers, Terrance	Washington St.	21.78
3	745 Linde, James	Trinity Western	21.86
4	20 Edwards, Jordan	Academy of Art	22.08

**Men 5000 Meter Run**

Meet Record:	M 13:42.08	2015	Jason Witt, BYU
Dempsey Rec:	R 13:29.94	2012	Chris Thompson, Oregon Tra
Name	Year	School	Finals

## Section 1

1	49 Notz, Dominik	Alaska Anchorage	14:25.26
2	704 Ahmed, Ibrahim	Southern Utah	14:26.52
3	39 Cheseto, Henry	Alaska Anchorage	14:26.63
4	843 Lynch, Jason	Utah Valley	14:27.64
5	537 Shipley, Tyler	Puget Sound	14:28.19
6	309 Quintana, Dillon	Gonzaga	14:31.19
7	717 Leak, Gregory	Tacoma City	14:32.05
8	979 Levora, Sam	Washington St.	14:34.04
9	989 Shaffer, Forrest	Washington St.	14:35.63
10	711 Wright, Matthew	Southern Utah	14:36.16
11	303 Hamilton, Vince	Gonzaga	14:37.11
12	795 Butler, Ian	Unattached	14:37.79
13	50 Ramirez, Michel	Alaska Anchorage	14:42.02
14	650 Charbonneau, Joe	Seattle U.	15:10.41
--	707 Hawks, Hayden	Southern Utah	DNF

## Section 2

1	845 Petty, Logan	Utah Valley	14:37.58
2	1049 Derline, Isaac	Western Washington	14:39.22
3	311 Tarbath, Forest	Gonzaga	14:51.85
4	306 Manley, Kellen	Gonzaga	14:52.61
5	1073 Wise, Andrew	Western Washington	14:53.38
6	659 Seidel, Matt	Seattle U.	14:54.48
7	625 Wiley, Turner	Seattle Pacific	14:56.77
8	307 Pearce, Jack	Gonzaga	14:57.38
9	304 Kaderabek, Max	Gonzaga	15:01.94
10	98 McCormick, Keegan	Boise State	15:04.08
11	661 Weaver, Chay	Seattle U.	15:08.36
12	700 Wong, Brendan	Simon Fraser	15:12.79
13	649 Boudouris, Eli	Seattle U.	15:20.76
14	1051 Hayes, Dylan	Western Washington	15:21.21
15	654 Olson, Collin	Seattle U.	15:21.76
16	1050 Eustis, Sean	Western Washington	15:26.50
17	653 Monk, Ben	Seattle U.	15:28.07
18	692 Serviss, Samuel	Simon Fraser	16:14.90



**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****Men Distance Medley**

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Meet Record: M 9:28.35 2009 Arkansas  
 McClary, Skidmore, Bilbrew, Ulrey

Dempsey Rec: R 9:21.77 2010 OTC, Oregon Track Club  
 Symmonds, Scherer, Mulder, Leer

School Finals

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## Section 1

1 Western Oregon 'B'	10:08.37
1) 1010 Hanna, Josh	2) 1012 Holmberg, AJ
3) 1008 Dempsey, Josh	4) 1007 Cornish, David
2 Academy of Art 'A'	10:11.04
1) 21 Everett, Kris	2) 26 Skovronski, Roman
3) 18 Browne, Joshua	4) 22 Fontanarosa, Pierre
3 Alaska Anchorage 'B'	10:11.99
1) 47 Messina, Philip	2) 45 Lindsay, Liam
3) 51 Taylor, Nicholas	4) 43 Kangogo, Edwin
4 Eastern Washington 'A'	10:19.15
1) 285 Zachman, Steaven	2) 282 Upmeyer, Austin
3) 279 Stahl, Logan	4) 268 Brenton, Aaron
5 Western Washington 'A'	10:36.67
1) 1103 Brown, Dylan	2) 1048 Crowell, Ben
3) 1053 Irvine, Justin	4) 1047 Cossette, Liam
6 Northwest U. 'A'	10:38.17
1) 477 Cole, Kyle	2) 482 Lara, Rafael
3) 483 Willis, Dean	4) 479 Ferguson, Jonathan
7 Seattle Pacific 'A'	10:39.24
1) 618 Busald, Jacob	2) 624 Ramsey, Justin
3) 619 Graue, Brandon	4) 620 Halladay, Ben

## Section 2

1 Washington 'A'	9:37.72
1) 908 Gilbert, Colby	2) 900 Brown, Andrew
3) 920 Prentice, Andrew	4) 933 Yorks, Izaic
2 Simon Fraser 'A'	9:52.97
1) 690 Proceviat, Cameron	2) 699 Webster, Joel
3) 696 Vargas, Carlos	4) 691 Rouleau, Marc-Antoine
3 Western Oregon 'A'	9:53.08
1) 1013 Naffziger, Sam	2) 1017 Whitaker, Aaron
3) 1015 Sultessa, Badane	4) 1014 Ribich, David
4 Washington St. 'A'	9:59.67
1) 988 Ryan, Paul	2) 981 Littles, Ray
3) 985 Muller, Reid	4) 991 Tadesse, Nathan
5 Washington 'B'	10:02.98
1) 919 Nelson, Blake	2) 904 Croson, Ryan
3) 926 Stevens, Johnathan	4) 907 Gardner, Andrew
6 Alaska Anchorage 'A'	10:16.13
1) 44 Kipchumba, Nathan	2) 40 Commandeur, Adam
3) 41 Day, Joe	4) 46 Mendenhall, Michael
7 Washington 'C'	10:16.80
1) 932 Williams, Keith	2) 929 Tipton, Kaid
3) 906 Fletcher, Mason	4) 905 Daigre, Derrick

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****Men Pole Vault**

Flight #1, Friday @ 5:30 p.m.

Flight #2, Saturday @ 3:30 p.m.

Meet Record: M 19-00.75 2004 Toby Stevenson, Unattached

Dempsey Rec: R 19-00.75 2004 Toby Stevenson, Unattached

Name	Year	School	Finals
Flight 1			
1 422 Montgomery, Michae		Long Beach St.	5.06m 16-07.25
4.16 4.31 4.46 4.61 4.76 4.91 5.06 5.21 5.36			
PPP PPP PPP PPP PPP PPP XO PPP XXX			
2 415 Cooper, Xander		Long Beach St.	4.91m 16-01.25
4.16 4.31 4.46 4.61 4.76 4.91 5.06			
PPP PPP PPP PPP O XXX			
2 425 Rouse, Conner		Long Beach St.	4.91m 16-01.25
4.16 4.31 4.46 4.61 4.76 4.91 5.06			
PPP PPP PPP PPP O XO XXX			
4 281 Still, Larry		Eastern Washington	4.76m 15-07.25
4.16 4.31 4.46 4.61 4.76 4.91			
PPP PPP PPP XO XO XXX			
5 741 Dunford, Nathan		Trinity Western	4.61m 15-01.50
4.16 4.31 4.46 4.61 4.76			
PPP XO O O XXX			
5 426 Thenard, Paul		Long Beach St.	4.61m 15-01.50
4.16 4.31 4.46 4.61 4.76			
PPP PPP PPP O XXX			
5 428 Wert, Dustin		Long Beach St.	4.61m 15-01.50
4.16 4.31 4.46 4.61 4.76			
PPP PPP PPP XXO XXX			
8 1056 Konrad, J. T.		Western Washington	4.46m 14-07.50
4.16 4.31 4.46 4.61			
XO XO O XXX			
8 1057 Kordas, Gordon		Western Washington	4.46m 14-07.50
4.16 4.31 4.46 4.61			
PPP O O XXX			
10 276 Pullin, Aaron		Eastern Washington	4.31m 14-01.75
4.16 4.31 4.46			
O XO XXX			
11 1052 Hino, Jacob		Western Washington	4.16m 13-07.75
4.16 4.31			
XXO XXX			
-- 1046 Coelho, Matt		Western Washington	NH
4.16			
XXX			

**Heptathlon: #1 Men 60 Meter Dash**

Dempsey Rec: R 6.55

Name	Year	School	Finals	Points
Section 1				
1 591 Hopkins, Thomas		Santa Barbar	7.02	875
2 909 Gordon, Josh		Washington	7.09	851
2 211 Moss, Miller		Chula Vista Otc	7.09	851
4 376 Thompson, Drew		Idaho	7.17	823
5 546 Acevedo, Alec		Sacramento St.	7.18	819

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Heptathlon: #1 Men 60 Meter Dash**

6	72 Tonnesen, Pau	Arizona	7.29	782
Section 2				
1	911 Jensen, Cole	Washington	7.07	858
2	68 Ivie, Harrison	Arizona	7.12	840
3	590 FitzSimons Jr, Tho	Santa Barbar	7.30	779
4	379 Ushiro, Keisuke	Japan	7.32	772
5	1076 Taylor, Bennett	Unattached	7.38	752
6	593 Masterson, Derek	Santa Barbar	7.40	745
Section 3				
1	594 Sullins, Calvin	Santa Barbar	7.25	796
2	53 Turner, Travis	Alaska Anchorage	7.29	782
3	372 Middleton, Ian	Idaho	7.30	779
4	793 Bennett, Devin	Unattached	7.61	678
Section 4				
1	204 Landis, Kodiak	Central Washington	7.11	844
2	547 Jette, Max	Sacramento St.	7.42	739
3	532 Robinson, Kevin	Portland State	7.46	726
4	441 Bush, Charlie	Montana	7.49	716

**Heptathlon: #4 Men High Jump**

=====										
Name	Year		School	Finals		Points	=====			
=====										
Flight 1										
1	376 Thompson, Drew		Idaho	2.03m	6-08.00	831				
	1.79	1.82	1.85	1.88	1.91	1.94	1.97	2.00	2.03	2.06
	PPP	PPP	0	0	0	0	0	0	0	XXX
1	72 Tonnesen, Pau		Arizona	2.03m	6-08.00	831				
	1.79	1.82	1.85	1.88	1.91	1.94	1.97	2.00	2.03	2.06
	PPP	PPP	PPP	PPP	0	PPP	0	0	XXO	XXX
1	911 Jensen, Cole		Washington	2.03m	6-08.00	831				
	1.79	1.82	1.85	1.88	1.91	1.94	1.97	2.00	2.03	2.06
	PPP	PPP	0	PPP	0	PPP	XO	0	0	XXX
4	379 Ushiro, Keisuke		Japan	2.00m	6-06.75	803				
	1.79	1.82	1.85	1.88	1.91	1.94	1.97	2.00	2.03	
	PPP	PPP	0	PPP	0	XO	XO	XO	XXX	
5	594 Sullins, Calvin		Santa Barbar	1.97m	6-05.50	776				
	1.79	1.82	1.85	1.88	1.91	1.94	1.97	2.00		
	PPP	PPP	0	0	0	XO	0	XXX		
6	68 Ivie, Harrison		Arizona	1.94m	6-04.25	749				
	1.79	1.82	1.85	1.88	1.91	1.94	1.97			
	PPP	PPP	0	PPP	0	0	XXX			
6	532 Robinson, Kevin		Portland State	1.94m	6-04.25	749				
	1.79	1.82	1.85	1.88	1.91	1.94	1.97			
	PPP	PPP	0	XO	XXO	0	XXX			
8	590 FitzSimons Jr, Tho		Santa Barbar	1.91m	6-03.25	723				
	1.79	1.82	1.85	1.88	1.91	1.94				
	PPP	PPP	XXO	XO	0	XXX				
8	909 Gordon, Josh		Washington	1.91m	6-03.25	723				
	1.79	1.82	1.85	1.88	1.91	1.94				
	PPP	0	0	XO	0	XXX				
10	211 Moss, Miller		Chula Vista Otc	1.88m	6-02.00	696				
	1.79	1.82	1.85	1.88	1.91					
	PPP	PPP	0	XO	XXX					

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Heptathlon: #4 Men High Jump**

11	593	Masterson, Derek	Santa Barbar	1.85m	6-00.75	670
		1.79 1.82 1.85 1.88				
		PPP O O XXX				
12	547	Jette, Max	Sacramento St.	1.79m	5-10.50	619
		1.79 1.82				
		O XXX				
Flight 2						
1	793	Bennett, Devin	Unattached	1.88m	6-02.00	696
		1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91				
		PPP PPP PPP PPP PPP PPP O XO O O O XXX				
1	53	Turner, Travis	Alaska Anchorage	1.88m	6-02.00	696
		1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91				
		PPP PPP PPP PPP PPP PPP O PPP O XO XO XXX				
1	546	Acevedo, Alec	Sacramento St.	1.88m	6-02.00	696
		1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91				
		PPP PPP PPP PPP PPP O PPP O XO XXO XO XXX				
4	441	Bush, Charlie	Montana	1.82m	5-11.50	644
		1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85				
		PPP PPP PPP PPP PPP PPP PPP O XO XXX				
5	372	Middleton, Ian	Idaho	1.76m	5-09.25	593
		1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79				
		XO O O O O O XO XXX				
6	204	Landis, Kodiak	Central Washington	1.73m	5-08.00	569
		1.58 1.61 1.64 1.67 1.70 1.73 1.76				
		PPP PPP O PPP O XO XXX				
6	591	Hopkins, Thomas	Santa Barbar	1.73m	5-08.00	569
		1.58 1.61 1.64 1.67 1.70 1.73 1.76				
		PPP PPP PPP PPP O XO XXX				
8	1076	Taylor, Bennett	Unattached	1.70m	5-07.00	544
		1.58 1.61 1.64 1.67 1.70 1.73 1.76				
		PPP PPP O PPP O PPP XXX				

**Heptathlon: #2 Men Long Jump**

Dempsey Rec: R 26-07.75

Name	Year	School	Finals	Points
Flight 1				
1	546	Acevedo, Alec	Sacramento St.	6.84m 22-05.25 776
		FOUL 6.84m 6.79m		
2	532	Robinson, Kevin	Portland State	6.41m 21-00.50 677
		6.24m FOUL 6.41m		
3	204	Landis, Kodiak	Central Washington	6.39m 20-11.75 673
		6.32m FOUL 6.39m		
4	376	Thompson, Drew	Idaho	6.34m 20-09.75 661
		6.04m 6.34m 6.27m		
4	53	Turner, Travis	Alaska Anchorage	6.34m 20-09.75 661
		6.34m FOUL		
6	793	Bennett, Devin	Unattached	6.31m 20-08.50 655
		6.18m 5.87m 6.31m		
7	547	Jette, Max	Sacramento St.	6.26m 20-06.50 644
		6.02m 6.21m 6.26m		
8	441	Bush, Charlie	Montana	6.11m 20-00.50 610
		6.08m 6.11m 6.10m		

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Heptathlon: #2 Men Long Jump**

9	372 Middleton, Ian	Idaho	6.07m	19-11.00	602
	6.07m 6.00m 5.97m				
10	1076 Taylor, Bennett	Unattached	5.95m	19-06.25	576
	FOUL 5.95m FOUL				
Flight 2					
1	72 Tonnesen, Pau	Arizona	7.15m	23-05.50	850
	7.10m 7.15m 7.11m				
2	591 Hopkins, Thomas	Santa Barbar	7.14m	23-05.25	847
	7.11m 7.00m 7.14m				
3	909 Gordon, Josh	Washington	7.04m	23-01.25	823
	6.93m 7.04m FOUL				
4	211 Moss, Miller	Chula Vista Otc	6.93m	22-09.00	797
	6.88m 6.93m 6.73m				
5	379 Ushiro, Keisuke	Japan	6.79m	22-03.50	764
	6.58m FOUL 6.79m				
6	68 Ivie, Harrison	Arizona	6.60m	21-08.00	720
	6.48m 6.60m 6.58m				
7	594 Sullins, Calvin	Santa Barbar	6.58m	21-07.25	716
	6.58m FOUL 5.28m				
7	911 Jensen, Cole	Washington	6.58m	21-07.25	716
	6.32m 6.52m 6.58m				
9	590 FitzSimons Jr, Tho	Santa Barbar	6.52m	21-04.75	702
	6.37m 6.33m 6.52m				
10	593 Masterson, Derek	Santa Barbar	6.12m	20-01.00	613
	FOUL FOUL 6.12m				

**Heptathlon: #3 Men Shot Put**

Dempsey Rec: R 70-05.25

Name	Year School	Finals	Points
Flight 1			
1	793 Bennett, Devin	Unattached	12.20m 40-00.50 619
	12.20m 12.10m 12.11m		
2	546 Acevedo, Alec	Sacramento St.	11.78m 38-07.75 593
	10.99m 11.09m 11.78m		
3	376 Thompson, Drew	Idaho	11.72m 38-05.50 589
	11.15m 11.53m 11.72m		
4	547 Jette, Max	Sacramento St.	11.39m 37-04.50 569
	11.13m 11.18m 11.39m		
5	372 Middleton, Ian	Idaho	11.31m 37-01.25 565
	10.79m 11.31m 11.30m		
6	53 Turner, Travis	Alaska Anchorage	10.94m 35-10.75 542
	10.35m 10.94m 10.91m		
7	204 Landis, Kodiak	Central Washington	10.35m 33-11.50 507
	10.12m 10.35m 9.99m		
8	441 Bush, Charlie	Montana	10.25m 33-07.50 501
	9.62m 10.25m 9.67m		
9	532 Robinson, Kevin	Portland State	9.76m 32-00.25 471
	9.76m 8.68m 9.27m		
10	1076 Taylor, Bennett	Unattached	9.06m 29-08.75 429
	8.80m 8.68m 9.06m		
Flight 2			
1	379 Ushiro, Keisuke	Japan	14.81m 48-07.25 778
	13.82m 13.93m 14.81m		

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Heptathlon: #3 Men Shot Put**

2	72 Tonnesen, Pau	Arizona	14.74m	48-04.50	774
	14.14m 14.74m 14.61m				
3	211 Moss, Miller	Chula Vista Otc	14.57m	47-09.75	763
	12.82m 13.53m 14.57m				
4	593 Masterson, Derek	Santa Barbar	14.47m	47-05.75	757
	13.78m 14.47m FOUL				
5	68 Ivie, Harrison	Arizona	13.51m	44-04.00	698
	12.29m 13.51m FOUL				
6	594 Sullins, Calvin	Santa Barbar	13.03m	42-09.00	669
	12.74m 12.96m 13.03m				
7	591 Hopkins, Thomas	Santa Barbar	12.95m	42-06.00	664
	12.95m 12.42m 12.53m				
8	911 Jensen, Cole	Washington	12.76m	41-10.50	653
	12.76m FOUL FOUL				
9	590 FitzSimons Jr, Tho	Santa Barbar	12.70m	41-08.00	649
	12.50m 12.62m 12.70m				
10	909 Gordon, Josh	Washington	10.74m	35-03.00	530
	10.40m FOUL 10.74m				

**Men Heptathlon**

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 Meet Record: M 6344 2015 Jeremy Taiwo, Oregon  
 Dempsey Rec: R 6344 2015 Jeremy Taiwo, Chula Vista OTC

Name	Year	School	Finals
1	72	Tonnesen, Pau	Arizona 3237
2	379	Ushiro, Keisuke	Japan 3117
3	211	Moss, Miller	Chula Vista Otc 3107
4	911	Jensen, Cole	Washington 3058
5	68	Ivie, Harrison	Arizona 3007
6	594	Sullins, Calvin	Santa Barbar 2957
7	591	Hopkins, Thomas	Santa Barbar 2955
8	909	Gordon, Josh	Washington 2927
9	376	Thompson, Drew	Idaho 2904
10	546	Acevedo, Alec	Sacramento St. 2884
11	590	FitzSimons Jr, Tho	Santa Barbar 2853
12	593	Masterson, Derek	Santa Barbar 2785
13	53	Turner, Travis	Alaska Anchorage 2681
14	793	Bennett, Devin	Unattached 2648
15	532	Robinson, Kevin	Portland State 2623
16	204	Landis, Kodiak	Central Washington 2593
17	547	Jette, Max	Sacramento St. 2571
18	372	Middleton, Ian	Idaho 2539
19	441	Bush, Charlie	Montana 2471
20	1076	Taylor, Bennett	Unattached 2301

**Mixed 200 Meter Dash**

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 Meet Record: M 26.54  
 Name Year School Finals

## Section 1

1	823	Waller, Michael	M Unattached	26.82
2	1105	Ortman, David	M Unattached	27.15

**2016 UW Invitational - 1/29/2016 to 1/30/2016****Dempsey Indoor, Seattle WA****Results****....Mixed 200 Meter Dash**

3	815 Rozema, Mark	M Unattached	28.06
4	804 Hundley, Clyde	M Unattached	31.73
Section 2			
1	806 Jones, Allen	M Unattached	30.89
2	807 Leslie, Will	M Unattached	31.24
3	821 Turock, Art	M Unattached	32.19
4	783 Kuhnly, Gail	W Unattached	35.73