

# BIG TEN CONFERENCE

## 2004-05 WOMEN'S SWIMMING AND DIVING

BIG TEN CONFERENCE WOMEN'S SWIMMING AND DIVING CONTACT

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### BIG TEN CHAMPIONSHIPS WRAP UP - February 28, 2005

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#### 2005 CHAMPIONSHIPS FINAL STANDINGS

	Team	Score
1.	Penn State	693
2.	Indiana	497
3.	Wisconsin	479
4.	Michigan	474
5.	Purdue	399
6.	Minnesota	314
7.	Northwestern	293
8.	Iowa	218
9.	Illinois	203
10.	Ohio State	199
11.	Michigan State	84



Penn State avenged a second-place finish in last year's Big Ten meet with a dominating performance at the 2005 Big Ten Women's Swimming and Diving Championships as they outdistanced Indiana 693-497 to claim the Conference title. The Nittany Lions trailed Michigan by just one point after the first night of competition before they took the lead and never looked back. Wisconsin placed third in the final team standings with 479 points, while Michigan (474) and Purdue (399) rounded out the top five.

The opening event of the Championships started out with a bang as Penn State finished first in the 200-yard medley relay in 1:36.09, which was good enough for a Big Ten meet, Conference, pool and school records. The quartet of Sarah Haupt, Kristen Woodring, Amberle Biedermann and Dee Dlugonski also posted the first of many NCAA-A qualifying standards. Wisconsin and Michigan finished tied for second in an NCAA provisional time of 1:40.75. In Thursday's second event final, the 800-yard freestyle relay, Michigan cruised to the wall in 7:09.42, a time that shattered the previous pool record and also earned them a trip the NCAA meet in West Lafayette.

More records fell during the second night of finals competition as the Wolverines ran the gauntlet posting school, meet, Conference and pool records in the 200-yard freestyle relay. UM's squad claimed an automatic qualifying time of 1:29.56, followed by Wisconsin (1:30.73) and Purdue (1:31.09). Wisconsin's Carly Piper successfully defended her 500-yard freestyle title in a pool record time of 4:42.00. In the 200-yard individual medley, Michigan's Justine Mueller claimed her first event title of the Championships as she broke her own pool record with a time of 1:57.78. The final swimming event of the evening was the 50-yard freestyle in which Michigan claimed the top two spots with Kaitlyn Brady winning it in 22.48 and Lindsay Smith touching the wall in second place in 22.78. With four divers in the finals of the one-meter springboard competition, the host Hoosiers looked to bring home some individual hardware as well as jump up in the team standings. The Cream and Crimson did just that as freshman Christina Loukas captured the Big Ten Conference title with 332.70 points, in the process breaking her school and pool record she set earlier in the day.

The third night of finals began with the Nittany Lions adding to their point total with a victory in the 400-yard medley relay. Haupt, Biedermann, Woodring and Lauren Preyss nabbed the title with a time of 3:38.79. Wisconsin and Purdue rounded out the top three in second and third, respectively. Mueller won her second individual title of the meet with a first place finish in the 400-yard individual medley. Her time of 4:12.37 was good enough for a facility record and an NCAA-A standard. Biedermann added another Big Ten title to her resume after she won the 100-yard butterfly in 54.10, while Brady finished in second (54.20) and Wisconsin's Susan Johnson placed third (54.23). The Wolverines took first and second in the 200-yard freestyle behind two NCAA-A standards from Lindsay Smith (1:45.26) and Amy McCullough (1:46.53). Smith's time broke the Big Ten meet, Conference, school and pool records. Penn State followed Michigan's lead as the Nittany Lions claimed the top two spots in the 100-yard breaststroke finals. Woodring and fellow senior Courtney Stanchock claimed first and second with times of 1:01.41 and 1:01.55, respectively. Indiana claimed its first swimming title of the Championships in the 100-yard backstroke to close out the swimming portion of Friday night's program. Sophomore Leila Vaziri won the event, touching the wall in an NCAA-A cut time of 53.64. Ohio State's Julie Broms defeated Loukas off the three-meter springboard with 583.45 points. In addition to Loukas' second-place finish, the Hoosiers placed divers third (Cassandra Cardinell), fourth (Lisa Silvestri) and eighth (Lindsay Weigle).

Entering the final day of competition, Penn State all but had the title locked up with a 145-point advantage over the rest of Conference field. But that didn't curb what turned out to be an exciting finale.

Piper closed out her collegiate career with her fourth consecutive Conference title in the 1,650-yard freestyle, winning the event in 16:11.67. Johnson followed her teammate's lead as she gave the Badgers their second title of the night in the 200-yard backstroke. The sophomore successfully defended her title from a year ago with a winning time of 1:56.87, to runner-up Erin Morris of Penn State who finished in 1:57.94. Smith claimed another title for the Wolverines' as she touched first in the 100-yard freestyle with an automatic qualifying time of 48.80. Michigan's charge toward second place in the team standings continued after Mueller won the 200-yard breaststroke in 2:12.81, followed by Wisconsin's Amalia Sarnecki (2:14.34) and Northwestern's Brielle Bovee (2:15.70). Ohio State's Griet Buelens took home the 200-yard butterfly title to conclude the individual swimming portion of the Championships. The freshman touched the wall in 1:59.09, followed by the Wildcats' Christy Olin and Biedermann. The finals of the platform diving saw the Hoosiers climb back into the second slot to stay after IU claimed three of the top four spots in the event. Cardinell scored a 539.15 to claim the title, while teammates Weigle and Loukas placed third and fourth, respectively behind Minnesota's Jessica Livingston. The grand finale of the 2005 Championships was the 400-yard freestyle relay. Michigan's highly-honored foursome of Brady, McCullough, Smith and Mueller took home the title with a time of 3:19.69, followed by Wisconsin and Purdue in 3:20.41 and 3:20.55, respectively.

#### BIG TEN INDIVIDUAL HONORS

##### Swimmer of the Championships

Justine Mueller, Michigan

##### Diver of the Championships

Christina Loukas, Indiana

##### Freshman of the Year

Justine Mueller, Michigan

##### Swimmer of the Year

Carly Piper, Wisconsin

##### Diver of the Year

Christina Loukas, Indiana

##### Swimming Coach of the Year

Bill Dorenkott, Penn State

##### Diving Coach of the Year

Dr. Jeff Huber, Indiana

#### ALL-CONFERENCE TEAM

##### FIRST TEAM

**Indiana**  
Cassandra Cardinell  
Christina Loukas  
Leila Vaziri

##### Michigan

Kaitlyn Brady  
Susan Gilliam  
Amy McCullough  
Justine Mueller  
Abby Seskevics  
Lindsay Smith

##### Ohio State

Julie Broms  
Griet Buelens

##### Penn State

Amberle Biedermann  
Dee Dlugonski  
Sarah Haupt  
Erin Morris  
Lauren Preyss  
Kristen Woodring

##### Wisconsin

Susan Johnson  
Carly Piper

##### SECOND TEAM

##### Indiana

Kristen Bradley

##### Michigan

Carolyn Sierra  
Valeria Silva

##### Minnesota

Jessica Livingston

##### Northwestern

Andrea Hupman  
Christy Olin

##### Penn State

Claire Hawley  
Courtney Stanchock

##### Purdue

Carrie McCambridge

##### Wisconsin

Jenny Gelden  
Sarah Hernandez  
Liz Klanderman  
Hannah McClurg  
Amalia Sarnecki  
Anna Trinidad  
Jackie Vavrek

#### BIG TEN SPORTSMANSHIP AWARD

The student-athletes chosen are individuals who have distinguished themselves through sportsmanship and ethical behavior. In addition, the student-athletes must be in good academic standing and have demonstrated good citizenship outside of the sports-competition setting. Honorees for women's swimming and diving are Illinois' **Kirsten Koepcke**, Indiana's **Cassandra Cardinell**, Iowa's **Jennifer Skolaski**, Michigan's **Alexis Goolik**, Michigan State's **Courtney Ellabarger**, Minnesota's **Bridget McCoy**, Northwestern's **Amy Mueller**, Ohio State's **Kirsten Hetrick**, Penn State's **Kerry Smith**, Purdue's **Carrie McCambridge** and Wisconsin's **Andrea Wiesner**. These eleven student-athletes are now candidates for the Big Ten Sportsmanship Award, as the Conference office will select one male and one female student-athlete from each institution at the end of the school year.

# 2005 BIG TEN WOMEN'S SWIMMING AND DIVING

## 2005 INDIVIDUAL RESULTS

### 50-yard Freestyle

1. Kaitlyn Brady, MICH	:22.48
2. Lindsay Smith, MICH	:22.78
3. Barbie Viney, ILL	:22.92
4. Dee Dlugonski, PSU	:23.03
5. Susan Hentschel, PUR	:23.08
6. Andrea Hupman, NU	:23.09
7. Lauren Preyss, PSU	:23.19
8. Annica Lofstedt, IND	:23.24

### 100-yard Freestyle

1. Lindsay Smith, MICH	:48.80
2. Andrea Hupman, NU	:49.15
3. Amy McCullough, MICH	:49.36
4. Susan Hentschel, PUR	:49.68
5. Barbie Viney, ILL	:49.83
6. Christine Leupold, PUR	:50.06
7. Lauren Preyss, PSU	:50.36
8. Sarah Hernandez, WIS	:50.49

### 200-yard Freestyle

1. Lindsay Smith, MICH	1:45.26
2. Amy McCullough, MICH	1:46.53
3. Andrea Hupman, NU	1:46.73
4. Carly Piper, WIS	1:47.98
5. Doherty Colgin, IND	1:48.28
6. Kate Hardt, MINN	1:48.38
7. Lauren Preyss, PSU	1:48.67
8. Nicole Maglich, OSU	1:49.13

### 500-yard Freestyle

1. Carly Piper, WIS	4:42.00
2. Erin Morris, PSU	4:42.17
3. Susan Gilliam, MICH	4:45.69
4. Nicole Maglich, OSU	4:46.16
5. Margy Keefe, PSU	4:48.39
6. Claire Hawley, PSU	4:49.06
7. Molly Crispell, PSU	4:50.85
8. Kate Hardt, MINN	4:55.84

### 1,650-yard Freestyle

1. Carly Piper, WIS	16:11.76
2. Claire Hawley, PSU	16:16.59
3. Susan Gilliam, MICH	16:17.80
4. Margy Keefe, OSU	16:20.52
5. Erin Morris, PSU	16:24.39
6. Nikki Collins, PSU	16:29.49
7. Meredith Holman, PSU	16:30.19
8. Patty Murphy, PSU	16:41.01

### 100-yard Backstroke

1. Leila Vaziri, IND	:53.64
2. Susan Johnson, WIS	:54.24
3. Sarah Haupt, PSU	:54.31
4. Jennifer Skolaski, IOWA	:54.84
5. Jennifer Eberst, PSU	:55.66
6. Jenae Gill, PUR	:56.50
7. Carolina Sierra, MICH	:56.54
8. Katie Wind, MINN	:56.66

### 200-yard Backstroke

1. Susan Johnson, WIS	1:56.87
2. Erin Morris, PSU	1:57.94
3. Kaitlyn Brady, MICH	1:58.27
4. Jennifer Skolaski, IOWA	1:58.69
5. Anna Trinidad, WIS	1:58.90
6. Leila Vaziri, IND	1:59.07
7. Katie Wind, MINN	1:59.72
8. Kelly Werner, IOWA	2:00.94

### 100-yard Breaststroke

1. Kristen Woodring, PSU	1:01.41
2. Courtney Stanchock, PSU	1:01.55
3. Amalia Sarnecki, WIS	1:01.72
4. Brielle Bovee, NU	1:02.86
5. Jennifer Lavers, PUR	1:03.18
6. Dee Dlugonski, PSU	1:03.26
7. Bridget McCoy, MINN	1:03.83
8. Valeria Silva, MICH	1:04.88

### 200-yard Breaststroke

1. Justine Mueller, MICH	2:12.81
2. Amalia Sarnecki, WIS	2:14.34
3. Brielle Bovee, NU	2:15.70
4. Julia Quinn, MINN	2:16.41
5. Jennifer Lavers, PUR	2:17.33
6. Elsa Larson, MICH	2:17.35
7. Kristen Woodring, PSU	2:17.61
8. Trisha Lakatos, ILL	2:17.64

### 100-yard Butterfly

1. Amberle Biedermann, PSU	:54.10
2. Kaitlyn Brady, MICH	:54.20
3. Susan Johnson, WIS	:54.23
4. Sarah Hernandez, WIS	:54.80
5. Erin Smith, IND	:54.89
6. Christy Olin, NU	:55.11
7. Jennifer Eberst, PSU	:55.26
8. Sarah Haupt, PSU	:55.60

### 200-yard Butterfly

1. Griet Buelens, OSU	1:59.09
2. Christy Olin, NU	1:59.34
3. Amberle Biedermann, PSU	2:00.65
4. Carlene Takaki, PUR	2:01.17
5. Nicole Maglich, OSU	2:01.32
6. Jennifer Eberst, PSU	2:01.63
7. Gulsah Gunenc, OSU	2:02.11
8. Katie Braun, NU	2:02.82

### 200-yard IM

1. Justine Mueller, MICH	1:57.78
2. Anna Trinidad, WIS	2:00.42
3. Courtney Stanchock, PSU	2:02.32
4. Andrea Wiesner, WIS	2:02.43
5. Kristen Bradley, IND	2:02.60
6. Amalia Sarnecki, WIS	2:03.26
7. Jennifer Merte, PUR	2:03.82
8. Jennifer Skolaski, IOWA	2:04.04

### 400-yard IM

1. Justine Mueller, MICH	4:12.37
2. Kristen Bradley, IND	4:17.50
3. Claire Hawley, PSU	4:17.56
4. Megan Palera, PSU	4:18.22
5. Anna Trinidad, WIS	4:19.59
6. Jennifer Merte, PUR	4:19.84
7. Andrea Wiesner, WIS	4:21.73
8. Larissa Kavchok, PSU	4:28.67

### 200-yard Freestyle Relay

1. Michigan	1:29.56
2. Wisconsin	1:30.73
3. Purdue	1:31.09
4. Penn State	1:31.40
5. Illinois	1:31.97
6. Indiana	1:32.04
7. Northwestern	1:32.47
8. Minnesota	1:32.49

### 400-yard Freestyle Relay

1. Michigan	3:19.69
2. Wisconsin	3:20.41
3. Purdue	3:20.55
4. Indiana	3:21.31
5. Illinois	3:22.53
6. Northwestern	3:22.68
7. Penn State	3:22.76
8. Minnesota	3:22.99

### 800-yard Freestyle Relay

1. Michigan	7:09.42
2. Wisconsin	7:11.93
3. Penn State	7:16.23
4. Purdue	7:17.99
5. Indiana	7:18.78
6. Minnesota	7:20.48
7. Illinois	7:20.97
8. Ohio State	7:21.79

### 200-yard Medley Relay

1. Penn State	1:39.06
2. Wisconsin	1:40.75
3. Michigan	1:40.75
4. Indiana	1:41.24
5. Iowa	1:43.13
6. Purdue	1:43.16
7. Minnesota	1:43.41
8. Michigan State	1:43.68

### 400-yard Medley Relay

1. Penn State	3:38.79
2. Wisconsin	3:39.21
3. Purdue	3:43.73
Northwestern	3:43.73
5. Iowa	3:44.45
6. Minnesota	3:45.02
7. Illinois	3:45.70
8. Ohio State	3:47.95

### One-meter Diving

1. Christina Loukas, IND	332.70
2. Carrie McCambridge, PUR	315.30
3. Cassandra Cardinell, IND	312.45
4. Lisette Planken, IOWA	312.40
5. Lindsay Weigle, IND	310.10
6. Julie Broms, OSU	302.20
7. Jessica Livingston, MINN	300.95
8. Lisa Silvestri, IND	261.40

### Three-meter Diving

1. Julie Broms, OSU	583.45
2. Christina Loukas, IND	580.65
3. Cassandra Cardinell, IND	570.30
4. Lisa Silvestri, IND	551.00
5. Nancilea Underwood, IOWA	534.70
6. Lisette Planken, IOWA	526.75
7. Carrie McCambridge, PUR	516.45
8. Lindsay Weigle, IND	510.35

### Platform Diving

1. Cassandra Cardinell, IND	539.15
2. Jessica Livingston, MINN	516.15
3. Lindsay Weigle, IND	511.80
4. Christina Loukas, IND	474.85
5. Carrie McCambridge, PUR	459.05
6. Holly Jakits, MINN	438.15
7. Jade Summerlin, IND	430.20
8. Heather Chapman, IND	424.00

## CSCAA Poll Women's Dual Meet Rankings February 24, 2005

1	Georgia (8)	200
2	Auburn	192
3	Florida	184
4	Texas	176
5	Stanford	168
6	Arizona	159
7	SMU	150
8	Wisconsin	143
9	Texas A&M	135
10	UCLA	125
11	California	124
12	Maryland	113
13	Virginia	101
14	Penn State	99
15	Arizona State	88
16	North Carolina	75
17	Michigan	70
18	Indiana	60
19	Hawaii	59
20	Florida State	41
21	Washington	32
22	Tennessee	27
23	Minnesota	23
24	Purdue	20
25	Northwestern	15

Others receiving votes: Notre Dame, Southern Cal

## Swimmers and Divers of the Week

### October

12	S: Susan Johnson, WIS D: Amanda Witte, WIS
19	S: Nikki Collins, PSU D: Alison Riccobono, PSU
26	S: Carly Piper, WIS D: Lisette Planken, IOWA

### November

2	S: Anna Trinidad, WIS D: Carrie McCambridge, PUR
9	S: Susan Gilliam, MICH D: Nancilea Underwood, IOWA
16	S: Kaitlyn Brady, MICH D: Nancilea Underwood, IOWA
23	S: Christine Leupold, PUR D: Carrie McCambridge, PUR
30	S: Amberle Biedermann, PSU D: Alison Riccobono, PSU

### December

7	S: Susan Johnson, WIS D: Jessica Livingston, MINN
14	S: Erika Templeton, MSU D: No Selection
21	S: Griet Buelens, OSU D: No Selection

### January

4	S: Jenae Gill, PUR D: No Selection
11	S: Andrea Hupman, NU D: Leanne Dumais, NU
18	S: Kaitlyn Brady, MICH D: Elyse Lee, MICH
25	S: Brielle Bovee, NU D: Leanne Dumais, NU

### February

1	S: Leila Vaziri, IND D: Carrie McCambridge, PUR
8	S: Kate Hardt, MINN D: No Selection

# 2005 BIG TEN WOMEN'S SWIMMING AND DIVING

## BIG TEN CHAMPIONSHIPS

T	I	S	R	D		
14	155	103	47	5	Michigan	1987-88-89-90-91-92-93-94-95-96-97-98-01-04
5	73	44	12	17	Ohio State	1982-83-84-85-86
2	59	33	22	4	Minnesota	1999-00
2	33	22	10	1	Penn State	2002-05
0	53	36	17	0	Northwestern	
1	34	15	3	16	Indiana	2003
0	30	30	9	0	Wisconsin	
0	17	8	2	7	Michigan State	
0	13	9	1	3	Iowa	
0	8	5	0	3	Purdue	
0	1	1	0	0	Illinois	

T - Team Champions

I - Total Individual Event Champions (includes all swimming, relay and diving events)

S - Individual Swimming Champions

R - Relay Champions

D - Diving Champions

## BIG TEN CHAMPIONSHIPS RECORDS

*(Records can be set in finals, preliminary heats, swim-offs or first split of relay)*

Event	Time	Individual, School	Year	Meet Site
50-Yard Freestyle	:22.32	Jenn Cristy, IND	2001	Bloomington
100-Yard Freestyle	:48.80	Shannon Shakespeare, MICH	2000	Indianapolis
		<b>Lindsay Smith, MICH</b>	<b>2005</b>	<b>Bloomington</b>
<b>200-Yard Freestyle</b>	<b>1:45.26</b>	<b>Lindsay Smith, MICH</b>	<b>2005</b>	<b>Bloomington</b>
500-Yard Freestyle	4:41.58	Carly Piper, WIS	2003	West Lafayette
1650-Yard Freestyle	16:02.61	Carly Piper, WIS	2003	West Lafayette
50-Yard Butterfly*	:26.12	Susan Horinek, WIS	1982	Milwaukee
100-Yard Butterfly	:53.54	Amberle Biedermann, PSU	2003	West Lafayette
200-Yard Butterfly	1:57.87	Amberle Biedermann, PSU	2004	Minneapolis
50-Yard Backstroke*	:27.00	Marci Ballard, OSU	1983	Milwaukee
100-Yard Backstroke	53.44	Sarah Haupt, PSU	2003	West Lafayette
200-Yard Backstroke	1:54.65	Alecia Humphrey, MICH	1995	Indianapolis
50-Yard Breaststroke*	:29.97	Teresa Fightmaster, OSU	1983	Milwaukee
100-Yard Breaststroke	:59.77	Kristen Woodring, PSU	2001	Bloomington
200-Yard Breaststroke	2:11.60	Gretchen Hegener, MINN	1997	Indianapolis
100-Yard Individ. Medley*	:58.79	Maria Krug, WIS	1982	Milwaukee
200-Yard Individ. Medley	1:57.66	Shannon Shakespeare, MICH	2000	Indianapolis
400-Yard Individ. Medley	4:08.92	Bethany Pendleton, WIS	2004	Minneapolis
<b>200-Yard Freestyle Relay</b>	<b>1:29.56</b>	<b>MICHIGAN (Brady, McCullough, Seskevics, Smith)</b>	<b>2005</b>	<b>Bloomington</b>
400-Yard Freestyle Relay	3:18.42	WISCONSIN (Hernandez, Lyman, Piper, McCauley)	2003	West Lafayette
800-Yard Freestyle Relay	7:07.30	WISCONSIN (Piper, Lyman, Pendleton, McCauley)	2003	West Lafayette
<b>200-Yard Medley Relay</b>	<b>1:39.06</b>	<b>PENN STATE (Haupt, Woodring, Biedermann, Dlugonski)</b>	<b>2005</b>	<b>Bloomington</b>
400-Yard Medley Relay	3:36.39	PENN STATE (Haupt, Stanchock, Biedermann, Dlugonski)	2003	West Lafayette
<b>One-meter Diving (6 dives)#</b>	<b>332.70</b>	<b>Christina Loukas, IND</b>	<b>2005</b>	<b>Bloomington</b>
One-meter Diving (11 dives)#	520.50	Mary Fischbach, MICH	1988	Indianapolis
One-meter Diving (10 dives)#	460.11	Julie Farrell Ovenhouse, MSU	1991	Minneapolis
Three-meter Diving (11 dives)	594.65	Sara Reiling, IND	2003	West Lafayette
Platform Diving (12 dives)+	566.95	Kara Martin, MINN	1995	Indianapolis
Platform Diving (11 dives)*	587.05	Cinnamon Woods, MICH	1994	Indianapolis
<b>Platform Diving (9 dives)</b>	<b>558.65</b>	<b>Cassandra Cardinell, IND</b>	<b>2005</b>	<b>Bloomington</b>

\* event no longer contested

+ Platform diving scored as an exhibition event from 1988-2002.

# One-meter diving competed 11 dives from 1982-88, 10 dives from 1988-03 and six dives since 2004.