



2005 BIG TEN WOMEN'S INDOOR TRACK AND FIELD CHAMPIONSHIPS

University of Michigan • February 26-27

BIG TEN CHAMPIONSHIPS PREVIEW - FEBRUARY 23, 2005

1500 West Higgins Road • Park Ridge, IL 60068-6300 • Phone: (847) 696-1010 • Fax: (847) 696-1110 • Website: www.bigten.org



The 2005 Big Ten Women's Indoor Track and Field Championships kick off Saturday, February 26 on the campus of the University of Michigan. The Wolverines will serve as host for the two-day event for the first time in nine years.

Penn State enters as the defending Big Ten Champion, but Michigan will look to regain the League crown and claim

its third team title in four years. Senior Lindsey Gallo should improve upon her second place finish in the one mile run and fourth place finish in the 3,000 meters from a year ago as she enters this year's meet with the top seed time in both events. Michigan may also pick up some points in the high jump, as junior Stephanie Linz holds the top seed with a mark of 1.84 meters.

The Nittany Lions can expect to place well in both the 200- and 400-meter dashes behind the running of Shana Cox. The Westbury, N.Y. native, has the fastest seed times in both events with 23.48 and 52.75, respectively. In the field events, Penn State will look to junior Jennifer Leatherman and freshman Gayle Hunter. Both student-athletes posted their top marks of the season at the Sykes-Sabock Challenge Cup earlier in the month, as Leatherman finished second in the shot put with a mark of 15.87 and Hunter broke a 23-year-old Penn State record in the pentathlon with an NCAA automatic qualifying standard of 4,059 points.

Ohio State's Rosalind Goodwin will return to defend her long jump and triple jump titles from 2004, as the senior from Prospect, Ky., has the top seed in both events going into this year's Championships.

Action will begin at 9 a.m. on Saturday with the pentathlon 60-meter hurdles and will feature trials in most of the running events, as well as finals of the 3,000-meters and distance medley relay. Field event champions will also be crowned in the pole vault, shot put and long jump. The meet will continue on Sunday at 10 a.m. with the weight throw. Results will be posted on the Big Ten Conference website at www.bigten.org.

Championships Schedule of Events

Saturday, February 26

8:00 a.m.	Doors open
9:00	Pentathlon 60-meter Hurdles
9:45	Pentathlon High Jump
11:30	Pentathlon Shot Put
12:30 p.m.	Pentathlon Long Jump
1:30	3,000 meter (unseeded section)
2:00	Pentathlon 800 meters
2:00	Pole vault (trials & finals)
2:30	Shot put (trials & finals)
2:50	Mile (trials)
3:15	400 meters (trials)
3:15	Long jump (trials & finals)
3:35	60 meters (trials)
3:45	800 meters (trials)
4:10	60-meter hurdles (trials)
4:20	600 meters (trials)
4:35	200 meters (trials)
5:00	3,000 meters (seeded section)
5:20	Distance medley relay

Sunday, February 27

9:00 a.m.	Doors open
10:00	Weight throw (trials & finals)
12:45 p.m.	Triple jump (trials & finals)
1:00	High jump (trials & finals)
1:00	5,000 meters (unseeded section)
1:50	Mile (finals)
2:00	400 meters (finals)
2:10	60 meters (finals)
2:25	800 meters (finals)
2:30	60-meter hurdles (finals)
2:40	600 meters (finals)
2:50	200 meters (finals)
3:00	5,000 meters (seeded section)
3:30	4x400-meter relay (finals)
3:50	Awards presentation

Championships Contacts

At the University of Michigan

Rich Retyi
Women's Indoor Track and Field Contact
Phone: 734-763-4423
Fax: 734-647-1188
rretyi@umich.edu

At the Big Ten Conference

Cathy Wenzka
Big Ten Track and Field Contact
Phone: 847-696-1010 ext. 146
Fax: 847-696-1110
cwenzka@bigten.org

On the Web

Results will be updated each day at www.mgoblue.com and after each event on the Big Ten Conference website at www.bigten.org.

2005 BIG TEN WOMEN'S INDOOR TRACK AND FIELD

Women's Track & Field Athlete of the Week

Shelaine Larson, Ohio State
SR, Ventura, Calif./Buena

Larson capped off her home indoor career with a personal best of 20.19 meters to claim the weight throw title at the Scarlet and Gray Invitational over the weekend. The senior also bettered the NCAA provisional qualifying standard of 18.50 meters and currently holds the 12th-best throw in the nation.

This is Larson's first weekly accolade of her career and the first for a Buckeye since Keturah Lofton earned a share of the award on Feb. 24, 2004.

2005 Athletes of the Week

J11 Rebecca Walter, MICH
 J18 Stephanie Linz, MICH
 J25 Yvonne Mensah, ILL
 F1 Liz Roehrig, MINN
 F8 Lindsey Gallo, MICH
 F15 Gayle Hunter, PSU
 F22 Shelaine Larson, OSU

Trackwire 25

(www.trackwire.com)

February 22, 2005

1.	Stanford	51
2.	LSU	39
	Miami	39
4.	Tennessee	34
5.	Florida	28
6.	North Carolina	25
7.	Auburn	23
8.	Texas	22
	Michigan	22
	South Carolina	22
11.	Nebraska	21
	UCLA	21
13.	Pittsburgh	18
14.	Villanova	16
15.	BYU	15
	Texas Southern	15
17.	Georgia Tech	12
18.	Cal Poly	11
	Kansas State	11
	Georgia	11
21.	Arkansas	10
	Colorado	10
	Northern Arizona	10
	Duke	10
	Penn State	10

LAST WEEK'S RESULTS

February

18 IND at Hoosier Hills Invitational, NTS
 IOWA at Hawkeye Invitational, NTS
 WIS at UW-Milwaukee Panther Tune-Up, NTS

19 MICH at Harold Silverston Invitational, NTS
 MINN at Parents' Day Open, NTS
 OSU at Scarlet and Gray Invitational, NTS
 PUR at Boilermaker Invitational, NTS

WOMEN'S BIG TEN INDOOR TEAM CHAMPIONSHIPS

TM	I	T	F	R		
7	82	58	11	13	Wisconsin	1982-84-85-86-87-90-97
6	37	21	12	4	Michigan	1983-94-98-99-02-03
5	59	29	20	10	Illinois	1989-92-93-95-96
3	52	33	15	4	Indiana	1988-91-00
1	38	8	22	8	Purdue	2001
1	10	3	6	1	Penn State	2004
0	40	19	20	1	Ohio State	
0	29	22	4	3	Michigan State	
0	21	16	4	1	Iowa	
0	12	2	9	1	Minnesota	

TM - team titles

I - total individual/relay titles

T - track

F - field (includes pentathlon)

R - relays

2005 BIG TEN WOMEN'S INDOOR TRACK AND FIELD

Event	Record	Record Holder	Year	Site
60-meter Dash	:07.21	Rachelle Boone, IND	2003	Bloomington, Ind.
200-meter Dash	:23.44	Consuella Moore, PSU	2004	Iowa City, Iowa
400-meter Dash	:53.78	Chandra Burns, MSU	1996	Madison, Wis.
600-meter Run	1:27.99	Amy Wickus, WIS	1994	West Lafayette, Ind.
800-meter Run	2:06.02	Rachel Sturtz, MICH	2003	Bloomington, Ind.
1,000-meter Run	2:50.31	Tina Parrott, IND	1986	Bloomington, Ind.
1,500-meter Run	4:19.21	Cathy Branta, WIS	1985	Columbus, Ohio
One-mile Run	4:35.97	Suzy Favor, WIS	1988	West Lafayette, Ind.
3,000-meter Run	9:08.42	Stephanie Herbst, WIS	1986	Bloomington, Ind.
5,000-meter Run	15:50.10	Katie Ishmael, WIS	1985	Columbus, Ohio
60-meter hurdles	:07.98	Donica Merriman, OSU	2001	West Lafayette, Ind.
		Perdita Felicien, ILL	2002	University Park, Pa.
4x400-meter Relay	3:40.44	Indiana	2002	University Park, Pa.
		(Carruthers, Towns, Richmond, Boone)		
4x440-yard Relay	3:41.96	Michigan State	1983	Madison, Wis.
		(J. Sedwick, Boeman, Burkett, Brown)		
4x880-yard Relay	8:44.34	Wisconsin	1993	Bloomington, Ind.
		(Metz, Watson, C'ote, Wickus)		
4x800-meter Relay	8:48.43	Wisconsin	1990	Madison, Wis.
		(Mattes, Sherman, Schlitz, Gentes)		
Distance Medley Relay	11:29.77	Wisconsin	1996	Madison, Wis.
		(Watson, Metz, Ja. Westphal, Je. Westphal)		
High Jump	6'02.75"	Nicole Forrester, MICH	1999	Columbus, Ohio
Long Jump	21'03.25"	Rose Richmond, IND	2003	Bloomington, Ind.
Triple Jump	44'01.5"	Chi-Chi Aduba, PSU	2003	Bloomington, Ind.
Shot Put	55'02"	Ja'Nai O'Connor, PSU	2004	Iowa City, Iowa
Pole Vault	13'01.75"	Ebbie Metzinger, PUR	2002	University Park, Pa.
Weight Throw	69'03.25"	Katy Craig, OSU	2002	University Park, Pa.
Pentathlon	4181	Corissa Yasen, PUR	1996	Madison, Wis.

RETIRED RECORDS

Event	Record	Record Holder	Year	Site
55-meter Dash	:06.73	Celena Mondie, ILL	1989	Champaign, Ill.
60-yard Dash	:06.86	Odessa Smalls, MSU	1987	Ann Arbor, Mich.
300-yard Dash	:33.83	Diane Dixon, OSU	1983	Madison, Wis.
300-meter Dash	:38.52	Odessa Smalls, MSU	1985	Columbus, Ohio
440-yard Dash	:54.03	Judi Brown, MSU	1983	Madison, Wis.
500-meter Dash	1:10.18	Adriane Diamond, IND	1986	Bloomington, Ind.
600-yard Run	1:20.43	Gretchen Grier, ILL	1983	Madison, Wis.
880-yard Run	2:07.30	Jacqui Sedwick, MSU	1983	Madison, Wis.
1,000-yard Run	2:28.26	Suzy Favor, WIS	1987	Ann Arbor, Mich.
Two-mile Run	9:52.77	Cathy Branta, WIS	1984	Champaign, Ill.
Three-mile Run	15:19.70	Katie Ishmael, WIS	1984	Champaign, Ill.
55-meter Hurdles	:07.69	Dawn Riley, ILL	1996	Madison, Wis.
60-yard Hurdles	:07.78	Bridgette Tate, OSU	1987	Ann Arbor, Mich.
4 X 220-yard Relay	1:41.26	Michigan State	1982	Bloomington, Ind.
		(Brown, Burkett, Brennan, J. Sedwick)		