

IOWA SWEEPS FIRST MEN'S & WOMEN'S  
RUNNER OF THE WEEK HONORS FOR 2005

BIG TEN M/W CROSS COUNTRY CONTACT  
Jeff Smith, Assistant Director of Communications  
E-Mail: jsmith@bigten.org  
Work: (847) 696-1010 ext. 142 • Cell: (312) 363-7546

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1500 West Higgins Road • Park Ridge, IL 60068-6300 • Phone: (847) 696-1010 • Fax: (847) 696-1110 • Website: www.bigten.org

**THIS WEEK IN THE BIG TEN**

**SEPTEMBER 5**

Men  
Michigan @ Michigan Open  
Ann Arbor, Mich. 11:00 a.m.

**SEPTEMBER 9**

Men  
Purdue @ Great American Legends Invitational  
West Lafayette, Ind. 4 p.m.  
Iowa @ Iowa State Open  
Ames, Iowa TBA

Women  
Purdue @ Great American Legends Invitational  
West Lafayette, Ind. 4 p.m.

**SEPTEMBER 10**

Men  
Minnesota @ BYU Autumn Classic  
Provo, Utah TBA  
Ohio State @ Xavier Invitational  
West Chester, Ohio All Day

Women  
Michigan @ Great Meadows Invitational  
The Plains, Va. 9:00 a.m.  
Ohio State @ Xavier Invitational  
West Chester, Ohio TBA  
Penn State @ Maroon & Gold Invite  
Kutztown, Pa. 10:45 a.m.  
Wisconsin @ Carroll College Invitational  
Waukesha, Wis. TBA

**LAST WEEK IN THE BIG TEN**

**SEPTEMBER 2**

Men  
Illinois @ Hawkeye Open  
Iowa City, Iowa 6K 2nd/7  
Iowa @ Hawkeye Open  
Iowa City, Iowa 6K 1st/7  
Indiana @ IU Community 5K  
Bloomington, Ind. 5K NTS  
Michigan State @ Jeff Drenth Memorial  
Mt. Pleasant, Mich. 5K NTS  
Purdue @ Purdue Open  
West Lafayette, Ind. 6K NTS

Women  
Illinois @ Hawkeye Region Preview  
Normal, Ill. 3K 3rd/7

Iowa @ Hawkeye Region Preview  
Iowa City, Iowa 3K 1st/7  
Indiana @ IU Community 5k  
Bloomington, Ind. 5K NTS  
Michigan State @ Jeff Drenth Memorial  
Mt. Pleasant, Mich. 5K NTS  
Purdue @ Purdue Open  
West Lafayette, Ind. 5K NTS

**SEPTEMBER 3**

Men  
Minnesota @ St. Thomas Early Bird Meet  
St. Paul, Minn. 6K NTS

NTS - No Team Scoring

**MEN'S RUNNER OF THE WEEK**

Eric MacTaggart, Iowa  
So., Glen Ellyn, Ill./Glenbard South

MacTaggart broke the Ashton Cross Country Course record with a 6K time of 18:18 en route to a win at the Hawkeye Open this past weekend. He was part of Iowa's top four finishers that led the Hawkeyes past Big Ten foe Illinois to the team victory as well.

This is MacTaggart's first career Big Ten Runner of the Week award.

Last IOWA ROW: Matt Esche (9/7/04)

**2005 MEN'S RUNNER OF THE WEEK**

Sept. 6 Eric MacTaggart, So., IOWA

**WOMEN'S RUNNER OF THE WEEK**

Meghan Armstrong, Iowa  
So., Tualatin, Ore./Tualatin

With a 3K time of 10:25, Armstrong broke the Ashton Cross Country Course record, which was held by teammate Shannon Stanley by two seconds. The Hawkeye sophomore crossed the line first, while helping lead Iowa to a team victory over seven squads, including Big Ten opponent Illinois.

This is Armstrong's first career Big Ten Runner of the Week accolade.

Last IOWA ROW: Sarah Arens (9/3/03)

**2005 WOMEN'S RUNNER OF THE WEEK**

Sept. 6 Meghan Armstrong, So., IOWA

**MEN'S MONDO TOP 30 POLL**

**MONDO Men's Cross Country  
National Top 30 Poll  
will be released  
the week of September 12**

**WOMEN'S FINISHLYNX TOP 30 POLL**

**FinishLynx Women's Cross  
Country National Top 30 Poll  
will be released  
the week of September 12**