

WISCONSIN'S SOLINSKY AND MICHIGAN'S
KOHLMEIER EARN RUNNER OF THE WEEK AWARDS
FOR EFFORTS AT NOTRE DAME INVITATIONAL

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THIS WEEK IN THE BIG TEN

OCTOBER 7

Men
Ohio State @ All-Ohio Championships
Delaware, Ohio TBA

Women
Michigan @ Michigan Intercollegiate
Rochester, Mich. TBA

Ohio State @ All-Ohio Championships
Delaware, Ohio TBA

OCTOBER 8

Men
Illinois @ Saluki Invitational
Carbondale, Ill. TBA

Women
Illinois @ Saluki Invitational
Carbondale, Ill. TBA

Minnesota @ Pine Hill Invitational
Carlton, Minn. 10:40 a.m.

MEN'S MONDO TOP 30 POLL

OCTOBER 4, 2005 • NEXT POLL - OCTOBER 18

Rank	Team (1st)	Points	Rank	Team (1st)	Points
1	Arkansas (9)	473	23	N.C. State	132
2	Wisconsin (7)	465	24	Washington	116
3	Colorado	461	25	American	105
4	BYU	420	26	Air Force	99
5	Stanford	415	27	Arizona State	78
6	Arizona	412	28	Kansas	70
7	Notre Dame	382	29	Virginia	65
8	Iona	365	30	Colorado State	38
9	Texas	320			
10	Cal Poly SLO	317	Also receiving votes: Alabama		
11	UTEP	289	34	Providence 33, Oklahoma	
12	Georgetown	276	State 26, Northern Arizona 24,		
13	Florida	258	Oregon 24, LaSalle 7, Duke 5,		
14	Iowa	250	Michigan State 2, Loyola		
15	William & Mary	232	(Chicago) 1, Princeton 1		
16	Portland	223			
17	Florida State	220			
18	Ohio State	206			
19	Michigan	175			
20	Minnesota	150			
21	Indiana	143			
22	Dartmouth	137			

LAST WEEK IN THE BIG TEN

SEPTEMBER 30

Men
adidas NOTRE DAME INVITATIONAL
South Bend, Ind. • 8K
Wisconsin 5th/25 174 pts
Michigan 6th/25 195 pts
Purdue 16th/25 419 pts

Women
adidas NOTRE DAME INVITATIONAL
South Bend, Ind. • 5K
Michigan 1st/24 77 pts
Illinois 2nd/24 82 pts
Michigan State 6th/24 230 pts
Wisconsin 8th/24 253 pts
Indiana 16th/24 409 pts
Purdue 19th/24 515 pts

Minnesota @ UWE Invitational 4th/20 120 pts

OCTOBER 1

Men
Illinois @ Sean Earl Invitational 5th/28 181 pts
Indiana @ Sean Earl Invitational 8th/28 239 pts
Iowa @ Murray Keatinge Invitational 3rd/9 66 pts
Penn State @ Lock Haven Invitational 8th/44 291 pts

Women
Iowa @ Willamette Invitational 3rd/15 112 pts
Minnesota @ SDSU Invitational 1st/12 25 pts
Northwestern @ Sean Earl Invitational 10th/10 300 pts
Penn State @ Lock Haven Invitational 23rd/47 641 pts

MEN'S RUNNER OF THE WEEK

Chris Solinsky, Wisconsin
JR, Stevens Point, Wis./Stevens Point

Solinsky paced the adidas Notre Dame Invitational field of 200 with a winning 8K time of 23:21. The Wisconsin junior has accumulated many top 10 finishes during his three years with the Badgers, but last weekend's race marked his first collegiate win. Solinsky helped his then top-ranked Badgers to a fifth-place finish in a field of 25 squads, which included three Big Ten teams.

This is Solinsky's first career Runner of the Week award.

Last WIS ROW: Simon Bairu (9/27/05)

WOMEN'S RUNNER OF THE WEEK

Alyson Kohlmeier, Michigan
SO, Sarnia, Ontario/St. Patrick's

Kohlmeier earns her second career Runner of the Week award after capturing third place with a 5K time of 16:40 at last weekend's adidas Notre Dame Invitational. The Michigan sophomore paced the Wolverines to a first-place finish in a field of 24. Kohlmeier has been Michigan's top finisher in three consecutive meets and has helped the second-ranked Wolverines to a pair of team titles this year.

Last MICH ROW: Alyson Kohlmeier (9/13/05)

WOMEN'S FINISHLYNX TOP 30 POLL

OCTOBER 3, 2005 • NEXT POLL - OCTOBER 17

Rank	Team (1st)	Points	Rank	Team (1st)	Points
1.	Duke (13)	390	21.	Butler	138
2.	Michigan	371	22.	Virginia	105
3.	Stanford	363	23.	Washington	90
4.	Brigham Young	342	24.	Northern Arizona	87
5.	Illinois	328	25.	Marquette	86
6.	Arizona State	327	26.	Boston College	66
7.	Colorado	319	27.	Wisconsin	47
8.	Notre Dame	309	28.	Georgia	46
9.	N.C. State	272	29.	Maryland	40
10.	Minnesota	260	30.	Oregon	37
11.	Wake Forest	254			
12.	Arkansas	241	Other Teams Also Receiving		
13.	Columbia	234	Votes: Missouri 24, Villanova		
14.	Baylor	210	14, Cornell 11, Vanderbilt 10,		
15.	Princeton	208	Colorado State 5, UCLA 4,		
16.	Oklahoma State	188	Yale 2, Wichita State 1.		
17.	Michigan State	163			
18.	Tennessee	158			
19.	Georgetown	156			
20.	Providence	139			

2005 MEN'S RUNNER OF THE WEEK

Sept. 6 Eric MacTaggart, So., IOWA
Sept. 13 John Ealy, So., OSU
Sept. 20 Stephan Shay, So., MSU
Sept. 27 Simon Bairu, Sr., WIS
Oct. 4 Chris Solinsky, Jr., WIS

2005 WOMEN'S RUNNER OF THE WEEK

Sept. 6 Meghan Armstrong, So., IOWA
Sept. 13 Alyson Kohlmeier, So., MICH
Lauren Williams, Sr., MINN
Sept. 20 Maggie Carroll, So., ILL
Sept. 27 Emily Brown, Jr., MINN
Oct. 4 Alyson Kohlmeier, So., MICH