

## THIS WEEK'S SCHEDULE

### JANUARY

29	#20 Illinois at #14 Indiana	7 p.m.
	Michigan State at Michigan	7 p.m.
	#12 Wisconsin at #5 Minnesota	8 p.m.
	<i>BigTenNetwork.com (LIVE)</i>	
	#3 Ohio State at #25 Purdue	7 p.m.
	<i>Big Ten Network (Delay - 11 p.m. ET)</i>	
	#13 Penn StatSe at #1 Iowa	8 p.m.
	<i>BigTenNetwork.com (LIVE)</i>	
31	#13 Penn State at #12 Wisconsin	2 p.m.
	<i>BigTenNetwork.com (LIVE)</i>	
	#3 Ohio State at #14 Indiana	2 p.m.
	#25 Purdue at #5 Minnesota	3 p.m.
	<i>Big Ten Network (Delay, 11 p.m. ET)</i>	
	#20 Illinois at Northwestern	3 p.m.
	<i>Big Ten Network (Delay, 7 p.m. ET)</i>	
	Michigan State at #1 Iowa	7 p.m.
	<i>BigTenNetwork.com (LIVE)</i>	

All times are Eastern

## LAST WEEK'S SCHEDULE

### JANUARY

22	#13 Penn State def. #19 Illinois, 24-11
	#14 Wisconsin def. #11 Indiana, 21-18
	#1 Iowa def. Michigan, 36-0
	#5 Minnesota def. Michigan State, 18-16
	Northwestern def. Southern Illinois, 28-15
23	#5 Minnesota def. Michigan, 30-6
24	#1 Iowa def. #25 Purdue, 41-6
	#19 Illinois def. Michigan State, 23-12
	#11 Indiana def. Northwestern, 31-9
	#3 Ohio State def. #13 Penn State, 21-14

## 2010 BIG TEN CHAMPIONSHIPS

**2010 Big Ten Wrestling Championships**  
Hosted by the University of Michigan  
March 6-7, Crisler Arena



All-session tickets for the championships will go on sale on Feb. 1 and can be purchased by calling the University of Michigan Ticket Office at (734) 764-0247 or online at [www.mgoblue.com/tickets](http://www.mgoblue.com/tickets).

All-session tickets are available for \$30, Tickets for sessions 1-2 range from \$8-15, and tickets for session 3 range from \$8-20. Single-session tickets will be sold at Crisler arena on the days of the competition.

## 2009-10 STANDINGS

	CONFERENCE				OVERALL			
	W	L	T	PCT.	W	L	T	PCT.
1. Iowa	2	0	0	1.000	16	0	0	1.000
Minnesota	2	0	0	1.000	7	4	0	.636
3. Ohio State	1	0	0	1.000	12	1	0	.923
Wisconsin	1	0	0	1.000	5	6	0	.455
5. Indiana	1	1	0	.500	12	1	0	.923
Penn State	1	1	0	.500	9	4	1	.679
Purdue	1	1	0	.500	10	5	0	.667
Illinois	1	1	0	.500	6	4	0	.600
9. Michigan State	0	2	0	.000	6	3	1	.650
Northwestern	0	2	0	.000	5	7	1	.423
Michigan	0	2	0	.000	4	9	0	.308

## NWCA/USA TODAY RANKINGS

Jan. 26, 2010

Rank/School	Record	Pts
1. IOWA	16-0	275
2. Iowa State	9-2	264
3. OHIO STATE	12-1	249
4. Oklahoma State	8-2-1	246
5. MINNESOTA	7-4	231
6. Cornell	3-3-1	218
7. Lehigh	11-3-1	207
T8. Boise State	12-2	187
T8. Oklahoma	12-2-1	187
10. Maryland	15-4	181
11. Central Michigan	10-2	155
12. WISCONSIN	5-6	150
13. PENN STATE	9-4-1	149
14. INDIANA	12-1	135
15. Missouri	6-4	110
16. Cal Poly	6-3	108
17. Kent State	12-3	94
18. Pittsburgh	13-1-1	85
19. Virginia Tech	14-3	76
20. ILLINOIS	6-4	62
21. Oregon State	15-1	54
22. Edinboro	6-4	52
23. Virginia	13-4	43
24. Arizona State	8-4	24
25. PURDUE	10-5	15

**Also Receiving Votes:** Navy, Old Dominion, Rutgers, Wyoming.

## WRESTLER OF THE WEEK

### David Cheza, Michigan State

#### So., 149, Grand Blanc, Mich./Grand Blanc

Cheza earns his first Big Ten Wrestler of the Week honor after scoring a pair of wins over ranked opponents for the Spartans over the weekend. In Friday's matchup against Minnesota, Cheza, ranked 13th in the 149-pound weight class, defeated 18th-ranked Mario Mason, 12-8. The redshirt sophomore followed Friday's win with a 2-0 shutout against 20th-ranked Eric Terrazas from Illinois on Sunday.

### Lance Palmer, Ohio State

#### Sr., 149, Columbia Station, Ohio/St. Edward

Palmer helped the No. 4 Buckeyes to a 21-14 victory over No. 13 Penn State on Sunday. In the 149-pound bout featuring a pair of top-five grapplers, it was the third-ranked Palmer who came away with a 5-3 decision over Penn State's Frank Molinaro, ranked fifth nationally. Palmer tallied his third win over a top-10 opponent this season and earned his first Big Ten Wrestler of the Week honor.

### 2009-10 WRESTLERS OF THE WEEK

Nov. 10:	Colton Salazar, Jr., PUR
Nov. 17:	Cyler Sanderson, Sr., PSU
Nov. 24:	Reece Humphrey, Sr., OSU Brad Pakaty, Jr., PSU
Dec. 1:	Paul Young, Jr., IND
Dec. 8:	Angel Escobedo, Sr., IND
Dec. 15:	Ben Berhow, Jr., MINN
Dec. 22:	Cyler Sanderson, Sr., PSU
Jan. 5:	Brent Metcalf, Sr., IOWA
Jan. 12:	Jay Borschel, Sr., IOWA
Jan. 19:	Montell Marion, So., IOWA
Jan. 26:	David Cheza, So., MSU Lance Palmer, Sr., OSU