

2010 BIG TEN CHAMPIONSHIPS

2010 Big Ten Wrestling Championships Hosted by the University of Michigan March 6-7, Crisler Arena

Schedule of Events (All times ET) Saturday, March 6

11 a.m. - Session 1 begins (First round, quarterfinals. Fans clear Crisler Arena at conclusion of Session 1)
4:30 p.m. - Doors open to the public
6 p.m. - Session 2 begins (Semifinals, wrestlebacks)



Sunday, March 7

Noon - Session 3 begins (Consolation semifinals, seventh-place matches)
2:00 p.m. - Champions round (First-, Third-, Fifth-place matches)

Ticket Information (phone: 734-764-0247):

All-Session Tickets - Reserved Seating, \$30
Sessions 1 & 2 - Reserved Seating, \$15
Sessions 1 & 2 - General Admission, \$10
Sessions 1 & 2 & 3- Groups of 10+, \$8
Session 3 - Reserved Seating, \$20
Session 3 - General Admission, \$15

University of Michigan Media Relations

Leah Howard, Wrestling Contact
Office Phone: 734-763-4423
E-mail: lchoward@umich.edu

Big Ten Network Coverage

The Big Ten Network will televise Sunday's championship finals live beginning at 2 p.m. ET. Tim Johnson, Jim Gibbons and Dan Gable will provide play-by-play and analysis.



Championships Coverage

Complete information, results and standings can be found at mgoblue.com. Nightly updates recapping the day's winners and highlights can also be found at bigten.org and on Twitter at @BigTenChamps.

WRESTLERS OF THE WEEK

Nov. 10: Colton Salazar, Jr., PUR
Nov. 17: Cyler Sanderson, Sr., PSU
Nov. 24: Reece Humphrey, Sr., OSU
Brad Pakaty, Jr., PSU
Dec. 1: Paul Young, Jr., IND
Dec. 8: Angel Escobedo, Sr., IND
Dec. 15: Ben Berhow, Jr., MINN
Dec. 22: Cyler Sanderson, Sr., PSU
Jan. 5: Brent Metcalf, Sr., IOWA
Jan. 12: Jay Borschel, Sr., IOWA
Jan. 19: Montell Marion, So., IOWA
Jan. 26: David Cheza, So., MSU
Lance Palmer, Sr., OSU
Feb. 2: Daniel Dennis, Sr., IOWA
Feb. 9: Trevor Brandvold, Jr., WIS
Feb. 16: Lance Palmer, Sr., OSU
Feb. 23: Brent Metcalf, Sr., IOWA

2009-10 FINAL STANDINGS

	CONFERENCE				OVERALL			
	W	L	T	PCT.	W	L	T	PCT.
1. Iowa^	8	0	0	1.000	23	0	0	1.000
2. Ohio State	7	1	0	.875	18	2	0	.900
Minnesota	7	1	0	.875	12	5	0	.706
4. Penn State	5	3	0	.625	16	3	0	.842
6. Wisconsin	5	3	0	.625	13	6	1	.675
7. Illinois	4	4	0	.500	8	10	0	.444
8. Purdue	3	5	0	.375	8	8	0	.500
Michigan State	2	6	0	.250	11	10	0	.524
11. Northwestern	2	6	0	.250	8	8	1	.500
11. Michigan	1	7	0	.125	6	12	1	.342
	0	8	0	.000	4	15	0	.211

^ - Big Ten dual meet champion

BIG TEN WRESTLING CHAMPIONSHIPS PREVIEW & PRE-SEEDS

Wrestlers from six different Big Ten schools are represented as No. 1 seeds. Iowa leads all schools with three grapplers seeded at the top of their respective weight classes, while Indiana and Minnesota each have two. Illinois, Ohio State and Wisconsin each have one wrestler seeded No. 1.

Brent Metcalf (24-0 at 149 pounds), **Jay Borschel** (28-0 at 174 pounds) and **Chad Beatty** (13-2 at 197 pounds) represent the top-ranked Hawkeyes as No. 1 seeds. Iowa, which finished the Big Ten season undefeated and won its third-straight dual meet championship, returns two-time defending conference champion Metcalf at 149 and is in search of a third straight title.

Entering the meet, Metcalf is the No. 1 ranked wrestler in the nation at 149 pounds, while Borschel is No. 2 at 174 pounds and Beatty is No. 4 at 197 pounds.

Indiana boasts two No. 1 seeds, **Angel Escobedo** (30-0 and 125 pounds) and **Nathan Everhart** (32-0 at heavyweight). Escobedo is the top-ranked wrestler in the nation at 125 pounds, and Everhart is the second-ranked grappler at 285 pounds.

Minnesota's **Jayson Ness** (23-0 at 133 pounds) and **Dustin Schlatter** (14-1 at 157 pounds) top their respective weight classes heading into the Big Ten Championships. Schlatter moved down to the 157 pound weight class midway through the season and checks in at No. 2 nationally at 157 pounds. Ness, the top-ranked 133-pounder in the nation, looks to improve on his fourth-place finish at last year's Big Ten Championships.

Illinois will look to its top-ranked 184-pounder to continue his success at the Big Ten Championships. **John Dergo** (23-2 at 184 pounds) took fourth in the 174-pound weight class at last year's conference meet, and the senior, ranked No. 2 nationally, looks to continue his stellar season with a Big Ten Championship.

Ohio State's **Reece Humphrey** (27-2 at 141 pounds) is seeded No. 1 in his weight class and looks to challenge for a Big Ten Championship at his new weight class. Last year, Humphrey, now wrestling at 141 pounds, earned runner-up honors at 133 pounds and aims for his first conference title.

Wisconsin's **Andrew Howe** (28-0 at 165 pounds) has marched through the regular season undefeated thus far and looks to repeat as Big Ten Champion in the 165-pound weight class. The sophomore was voted 2009 Freshman of the Year and looks to maintain his top spot in the national rankings.

125 pounds

1. Angel Escobedo, IND
2. Matt McDonough, IOWA
3. Zach Sanders, MINN
4. Brad Pataky, PSU
5. Cashé Quiroga, PUR
6. Nikko Triggas, OSU
7. John Deneen, ILL
8. Drew Hammen, WIS

133 pounds

1. Jayson Ness, MINN
2. Daniel Dennis, IOWA
3. Franklin Gomez, MSU
4. Tyler Graff, WIS
5. Eric Metzler, NU
6. Zac Stevens, MICH
7. Ian Paddock, OSU
8. Akif Eren, PUR

141 pounds

1. Reece Humphrey, OSU
2. Mike Thorn, MINN
3. Montell Marion, IOWA
4. Adam Lynch, PSU
5. Ryan Prater, ILL
6. Juan Archuleta, PUR
7. Dan Osterman, MSU
8. Cole Schmitt, WIS

149 pounds

1. Brent Metcalf, IOWA
2. Lance Palmer, OSU
3. Kyle Ruschell, WIS
4. Frank Molinaro, PSU
5. David Cheza, MSU
6. Andrew Nadhir, NU
7. Mario Mason, MINN
8. Nick Bertucci, PUR

157 pounds

1. Dustin Schlatter, MINN
2. Cyler Sanderson, PSU
3. Colton Salazar, PUR
4. Kurt Kinsler, IND
5. Jake Kerr, IOWA
6. Dave Johnson, MICH
7. Sean Nemeec, OSU
8. Clint Aris, ILL

165 pounds

1. Andrew Howe, WIS
2. Ryan Morningstar, IOWA
3. Colt Sponseller, OSU
4. Dan Vallimont, PSU
5. Paul Young, IND
6. Kyle Bounds, MSU
7. Cody Yohn, MINN
8. Conrad Polz, ILL

174 pounds

1. Jay Borschel, IOWA
2. Luke Manuel, PUR
3. Scott Glasser, MINN
4. Dave Rella, OSU
5. Jordan Blanton, ILL
6. Brian Roddy, NU
7. Ian Hinton, MSU
8. Justin Zeerip, MICH

184 pounds

1. John Dergo, ILL
2. David Erwin, PSU
3. Phillip Keddy, IOWA
4. Mike Pucillo, OSU
5. Travis Rutt, WIS
6. Eric Cameron, IND
7. Hunter Collins, MICH
8. Nick Corpe, PUR

197 pounds

1. Chad Beatty, IOWA
2. Trevor Brandvold, WIS
3. Anthony Biondo, MICH
4. Patrick Bond, ILL
5. Sonny Yohn, MINN
6. Matt Powless, IND
7. Logan Brown, PUR
8. Cody Magrum, OSU

Heavyweight

1. Nate Everhart, IND
2. Dan Erekson, IOWA
3. Cameron Wade, PSU
4. Ben Berhow, MINN
5. Eric Bugenhagen, WIS
6. Corey Morrison, OSU
7. Ben Aplan, MICH
8. Alan O'Donnell, MSU

NWCA/INTERMAT RANKINGS

Feb. 23, 2010

Rank/School	Record
1. IOWA	23-0
2. Iowa State	13-2
3. OHIO STATE	18-2
4. Oklahoma State	14-2-1
5. MINNESOTA	12-5
6. Cornell	9-4-1
7. Lehigh	16-3-1
8. Oklahoma	16-3-1
9. Maryland	19-4
10. PENN STATE	13-6-1
11. Boise State	15-3
12. Central Michigan	17-2
13. INDIANA	16-3
14. WISCONSIN	8-10
15. Oregon State	18-3
16. Kent State	15-4
17. Pittsburgh	17-1-1
18. Missouri	7-7
19. Virginia Tech	17-5
20. Cal Poly	8-4
21. PURDUE	11-10
22. Rutgers	19-5-1
23. ILLINOIS	8-8
24. Virginia	16-6
25. Wyoming	12-3

125 pounds

- Angel Escobedo, IND
- Matt McDonough, IOWA
- Zach Sanders, MINN
- Brad Pataky, PSU
- Cashé Quiroga, PUR

133 pounds

- Jayson Ness, MINN
- Daniel Dennis, IOWA
- Franklin Gomez, MSU
- Tyler Graff, WIS

141 pounds

- Reece Humphrey, OSU
- Montell Marion, IOWA
- Mike Thorn, MINN
- Ryan Prater, ILL

149 pounds

- Brent Metcalf, IOWA
- Lance Palmer, OSU
- Frank Molinaro, PSU
- Kyle Ruschell, WIS
- David Cheza, MSU
- Andrew Nadhir, NU
- Mario Mason, MINN

157 pounds

- Dustin Schlatter, MINN
- Cyler Sanderson, PSU
- Kurt Kinser, IND

165 pounds

- Andrew Howe, WIS
- Ryan Morningstar, IOWA
- Colt Sponseller, OSU
- Dan Vallimont, PSU
- Paul Young, IND

174 pounds

- Jay Borschel, IOWA
- Luke Manuel, PUR
- Scott Glasser, MINN
- Dave Rella, OSU
- Jordan Blanton, ILL

184 pounds

- John Dergo, ILL
- David Erwin, PSU
- Phil Keddy, IOWA
- Mike Pucillo, OSU

197 pounds

- Chad Beatty, IOWA
- Trevor Brandvold, WIS
- Anthony Biondo, MICH
- Patrick Bond, ILL
- Sonny Yohn, MINN
- Matt Powless, IND
- Logan Brown, PUR

285 pounds

- Nathan Everhart, IND
- Dan Erekson, IOWA
- Ben Berhow, MINN
- Cameron Wade, PSU

ALL-TIME BIG TEN CHAMPIONSHIPS

T	I	School	Championships
33	182	Iowa	1915c-16-58-62-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-97-98-00-04-08-09
17	69	Illinois	1913c-17-20-22-24c-25c-26-27-28-30-32c-35-37-46-47-52-05
13	52	Indiana	1914-15c-21-24c-25c-31-32c-33-34-36-39-40-43
11	119	Michigan	1929-38-44-53-55-56-60-63-64-65-73
10	85	Minnesota	1913c-41-57-59-99-01-02-03-06-07
8	67	Michigan State	1961-66-67-68-69-70-71-72
6	35	Purdue	1942-45-48-49-50-54
2	30	Ohio State	1923c-51
0	63	Wisconsin	
0	36	Northwestern	
0	19	Penn State	
0	5	Chicago	

T - team champions
I - individual champions
c - co-champions

2009 BIG TEN CHAMPIONSHIPS REVIEW

March 7-8 • Bryce Jordan Center
Penn State University • University Park, Pa.

2009 CHAMPIONSHIPS RESULTS

Place	Team	Score
1.	Iowa	141.0
2.	Illinois	113.5
3.	Michigan	92.5
4.	Wisconsin	88.0
5.	Minnesota	86.0
6.	Ohio State	80.0
7.	Penn State	79.5
8.	Northwestern	73.5
9.	Indiana	67.5
10.	Purdue	52.0
11.	Michigan State	45.5

2009 ALL-BIG TEN TEAM

- 125 - Angel Escobedo, IND
- 165 - Andrew Howe, WIS
- 133 - Franklin Gomez, MSU
- 174 - Steve Luke, MICH
- 141 - Kellen Russell, MICH
- 184 - Jake Herbert, NU
- 149 - Brent Metcalf, IOWA
- 197 - Tyrel Todd, MICH
- 157 - Mike Poeta, ILL
- Hwt. - Daniel Erekson, IOWA

2009 INDIVIDUAL AWARD WINNERS

- Coach of the Year:** Tom Brands, IOWA
- Freshman of the Year:** Andrew Howe, WIS
- Wrestler of the Year:** Jake Herbert, NU
- Wrestler of the Championships:** Brent Metcalf, IOWA

2009 CHAMPIONSHIPS MATCHES

125-lb Weight Class

- FINAL: Angel Escobedo, IND def. Brandon Precin, NU D, 3-2
 THIRD: Charlie Falck, IOWA def. Brad Pataky, PSU M, 13-3
 FIFTH: Zach Sanders, MINN def. BJ Futrell, ILL F, M FOR
 SEVENTH: Eric Olanowski, MSU def. Drew Hammen, WIS D, 3-0

133-lb Weight Class

- FINAL: Franklin Gomez, MSU def. Reece Humphrey, OSU D, 7-4, TB1
 THIRD: Jimmy Kennedy, ILL def. Jayson Ness, MINN D, 8-2
 FIFTH: Daniel Dennis, IOWA def. Jake Strayer, PSU D, 11-7
 SEVENTH: Matt Ortego, IND def. Zac Stevens, MICH D, 7-4

141-lb Weight Class

- FINAL: Kellen Russell, MICH def. Zach Tanelli, WIS D, 6-4, SV1
 THIRD: J Jagers, OSU def. Alex Tsirtsis, IOWA D, 2-1, TB1
 FIFTH: Michael Thorn, MINN def. Keith Sulzer, NU D, 4-3
 SEVENTH: Ryan Prater, ILL def. Frank Molinaro, PSU M, 12-3

149-lb Weight Class

- FINAL: Brent Metcalf, IOWA def. Bubba Jenkins, PSU F, 4:52
 THIRD: Lance Palmer, OSU def. Jake Patacsil, PU M, 12-3
 FIFTH: Kyle Ruschell, WIS def. Andrew Nadhir, NU D, 13-6
 SEVENTH: David Cheza, MSU def. Eric Terrazas, ILL D, 5-4, TB1

157-lb Weight Class

- FINAL: Michael Poeta, ILL def. Jason Welch, NU D, 8-2
 THIRD: Tyler Safratowich, MINN def. Colton Salazar, PUR D, 7-2
 FIFTH: Aaron Hynes, MICH def. Kurt Kinser, IND D, 10-4
 SEVENTH: Anthony Jones, MSU def. Tim Darling, PSU F, 2:31

165-lb Weight Class

- FINAL: Andrew Howe, WIS def. Ryan Morningstar, IOWA D, 2-1, TB1
 THIRD: Dan Vallimont, PSU def. Colt Sponseller, OSU D, 7-4
 FIFTH: Luke Manuel, PUR def. Roger Smith-Bergsrud, ILL D, 3-1
 SEVENTH: Paul Young, IND def. Justin Zeerip, MICH D, 3-0

174-lb Weight Class

- FINAL: Steve Luke, MICH def. Quentin Wright, PSU D, 12-5
 THIRD: Jay Borschel, IOWA def. John Dergo, ILL F, 3:10
 FIFTH: David Rella, OSU def. Trevor Perry, IND D, 5-2
 SEVENTH: Matthew Everson, MINN def. Ian Hinton, MSU D, 3-2

184-lb Weight Class

- FINAL: Jake Herbert, NU def. Phil Keddy, IOWA D, 8-1
 THIRD: Mike Pucillo, OSU def. Jordan Blanton, ILL D, 4-1
 FIFTH: Anthony Biondo, MICH def. Eric Cameron, IND D, 8-2
 SEVENTH: Sonny Yohn, MINN def. Eric Bugenhagen, WIS F, 4:10, TB1

197-lb Weight Class

- FINAL: Tyrel Todd, MICH def. Dallas Herbst, WIS D, 5-4
 THIRD: Patrick Bond, ILL def. Chad Beatty, IOWA F, M FOR
 FIFTH: Logan Brown, PUR def. Gordon Bierschenk, MINN D, 10-4
 SEVENTH: Matt Powless def. John Schoen, NU D, 4-0

Hwt. Weight Class

- FINAL: Daniel Erekson, IOWA def. Kyle Massey, WIS M, 10-2
 THIRD: John Wise, ILL def. Ben Berhow, MINN D, 3-2
 FIFTH: Nathan Everhart, IND def. Cameron Wade D, 7-2
 SEVENTH: Eddie Phillips, MICH def. Chris Kasten, PUR D, 2-1

BIG TEN CHAMPIONSHIPS RECORDS

INDIVIDUAL

Four-Time Champions:

Verne Gagne, MINN - 1944 (175), 1947 (HWT), 1948 (191), 1949 (HWT)
 Arnold Plaza, PUR - 1947, 1949-50 (121), 1948 (114 1/2)
 Joe Scarpello, IOWA - 1947-48-49-50 (175)
 Tom Milkovich, MSU - 1970-71 (134), 1972-73 (142)
 Mike DeAnna, IOWA - 1977-78-79-81 (167)
 Ed Banach, IOWA - 1980-81-82 (177), 1983 (190)
 Barry Davis, IOWA - 1981-82, (118), 1983-85 (126)
 Duane Goldman, IOWA - 1983-84 (177), 1985-86 (190)
 Jim Heffernan, IOWA - 1983-85-86-87 (155)
 Mark Ironside, IOWA - 1995-96-97-98 (134)

Three-Time Champions:

Ed Davis, IND - 1912-13-14 (HWT)
 Bob Emmons, ILL - 1931 (135), 1932-33 (126)
 Wes Brown, NU - 1931-32-33 (175)
 Don Ryan, WIS - 1950 (155), 1951-52 (157)
 Norvard (Snip) Nalan, MICH - 1952-53-54 (130)
 Dick Mueller, MINN - 1953, 57-58 (125)
 Bob Konovsky, WIS - 1954-55-56 (HWT)
 Max Pearson, MICH - 1955, 1957-58 (130)
 Mike Rodriguez, MICH - 1955-56-57 (157)
 Fritz Kellerman, MICH - 1960, 1962 (137), 1961 (130)
 Bob Marshall, PUR - 1960, 1962 (137), 1961 (130)
 Bob Fehrs, MICH - 1965-66-67 (123)
 Dale Anderson, MSU - 1966 (130), 1967-68 (137)
 Mike Bradley, MSU - 1966-67-68 (177)
 Greg Johnson, MSU - 1970-71-72 (118)
 Jarrett Hubbard, MICH - 1971-72, 1974 (150)
 Pat Milkovich, MSU - 1972-74 (126), 1976 (134)
 Chris Campbell, IOWA - 1974-76-77 (177)
 Larry Zilverberg, MINN - 1974-75 (158), 1976 (143)
 Lee Kemp, WIS - 1976-77-78 (158)
 Dan Glenn, IOWA - 1978-79-80 (118)
 Randy Lewis, IOWA - 1978-79 (126), 1980 (134)
 Pete Bush, IOWA - 1981-82-84 (190)
 Jeff Kerber, IOWA - 1982-83 (134), 1984 (142)
 Jim Zalesky, IOWA - 1982-83-84 (158)
 Lenny Zalesky, IOWA - 1982-83-84 (142)
 Marty Kistler, IOWA - 1984 (150), 1985 (158), 1986 (167)
 Rico Chiapparelli, IOWA - 1985-86-87 (177)
 Royce Alger, IOWA - 1986 (158), 1987 (167), 1988 (177)

Brad Penrith, IOWA - 1986-87-88 (126)
 John Fisher, MICH - 1987-88-89 (134)
 Jon Llewellyn, ILL - 1989-90-91 (HWT)
 Tom Brands, IOWA - 1989 (126), 1991-92 (134)
 Terry Brands, IOWA - 1990-91-92 (126)
 Troy Steiner, IOWA - 1991-92 (142), 1993 (134)
 Chad Zaputil, IOWA - 1991-92-93 (118)
 Kevin Randleman, OSU - 1991 (167), 1992-93 (177)
 Sanshiro Abe, PSU - 1993-94-96 (126)
 Lincoln McIlravy, IOWA -- 1994-95-97 (150)
 Kerry McCoy, PSU - 1994-95-97 (HWT)
 David Morgan, MSU - 1996-97-98 (118)
 Tim Hartung, MINN - 1997-98 (190), 1999 (197)
 Doug Schwab, IOWA - 1999-00-01 (141)
 T.J. Williams, IOWA - 1999 (149), 2000-01 (157)
 Donny Pritzlaff, WIS - 1999-00-01 (165)
 Ryan Churella, MICH - 2004-05-06 (149/165)
 Cole Konrad, MINN - 2005-06-07 (HWT)
 Nick Simmons, MSU - 2005-06 (125), 2007 (133)
 Steve Luke, MICH - 2007-08-09 (174)
 Jake Herbert, NU - 2006 (174), 2007-09 (184)

Most Consecutive Falls:

7 Dave Porter, MICH 1966-67-68

Fastest Fall (in seconds), All Matches:

23 Bart Chelesvig, IOWA, over Keith Bollman, ILL (1992)
 177 lb. quarterfinals
 25 Shawn Whitcomb, MSU, over George Fraher, PUR (1980)
 hwt. quarterfinals
 J Jagers, OSU over Nick Bertucci, PUR (2007)
 141 lb. second-round consolation
 29 Mark Churella, MICH, over Mark Obrycki, MINN (1977)
 150 lb. prelim.

Fastest Fall (in seconds), Championship Match:

43 Mike Potts, MSU, over Al Jenson, MINN (HWT, 1984)
 47 Ed Banach, IOWA, over Jim Kleinhans, WIS (177 lb., 1980)
 50 Jack Riley, NU, over Erickson, CHI (HWT, 1931)
 John Panning, MINN, over Bill Reinbolt, OSU (177 lb., 1973)

TEAM

Most Individual Champions (one tournament):

9	Iowa	1983
8	Iowa	1985
7	Iowa	1981
	Iowa	1982
	Iowa	1984
	Iowa	1986
6	Michigan State	1969
	Iowa	1978
	Iowa	1979
	Iowa	1987
	Iowa	1992
	Iowa	1995

Most Consecutive Team Titles:

25	Iowa
7	Michigan State
5	Illinois
4	Indiana

Most Team Falls (one tournament):

12	Iowa	1979
11	Illinois	1947

Greatest Winning Margin by Champion:

118.5	Iowa (200), Michigan State (81.5)	1983
90	Iowa (195.25), Wisconsin (105.25)	1985
81	Iowa (185), Wisconsin (104)	1992
80.5	Iowa (130.25), Minnesota (49.75)	1982
75.5	Iowa (185), Michigan State (109.5)	1995
74.75	Iowa (169.75), Wisconsin (95)	1986

INDIVIDUAL BIG TEN CONFERENCE HONORS

WRESTLER OF THE YEAR

1986 Brad Penrith, IOWA
 Ed Giese, MINN
 1987 Royce Alger, IOWA
 1988 Royce Alger, IOWA
 1989 Tom Brands, IOWA
 1990 Dave Zuniga, MINN
 1991 Jon Llewellyn, ILL
 Marty Morgan, MINN
 Matt Demaray, WIS
 1992 Terry Brands, IOWA
 1993 Troy Steiner, IOWA
 1994 Cary Kolat, PSU
 1995 Lincoln McIlravy, IOWA
 1996 Mark Ironside, IOWA
 1997 Mark Ironside, IOWA
 1998 Mark Ironside, IOWA
 1999 Tim Hartung, MINN
 2000 Jeremy Hunter, PSU
 2001 Eric Juergens, IOWA
 2002 Ryan Lewis, MINN
 2003 Steve Mocco, IOWA
 2004 Alex Tirapelle, ILL
 2005 Ryan Bertin, MICH
 2006 Cole Konrad, MINN
 2007 Cole Konrad, MINN
 2008 Brent Metcalf, IOWA
 2009 Jake Herbert, NU

FRESHMAN OF THE YEAR

1988 Keith Nix, MINN
 1989 Tom Brands, IOWA
 1990 Joey Gilbert, MICH
 Keith Davison, WIS
 1991 David Nieradka, IND
 1992 Jeff Walter, WIS
 1993 Lincoln McIlravy, IOWA
 Cary Kolat, PSU
 1994 Jeff McGinness, IOWA
 1995 Jim Johnson, OSU
 1996 Scott Schatzman, NU
 1997 Jeremy Hunter, PSU
 1998 Jamarr Billman, PSU
 1999 Viktor Sveda, IND
 2000 Jared Lawrence, MINN
 2001 Tommy Rowlands, OSU
 2002 Steve Mocco, IOWA
 2003 Nick Simmons, MSU
 2004 Matt Storniolo, PSU
 2005 Mack Reiter, MINN
 2006 Dustin Schlatter, MINN
 2007 Jayson Ness, MINN
 2008 Kellen Russell, MICH
 2009 Andrew Howe, WIS

COACH OF THE YEAR

1988 Dale Bahr, MICH
 1989 J Robinson, MINN
 1990 Joe McFarland, IND
 1991 Russ Hellickson, OSU
 1992 Andy Rein, WIS
 1993 Dan Gable, IOWA
 1994 J Robinson, MINN
 1995 Dan Gable, IOWA
 1996 Dan Gable, IOWA
 Tom Minkel, MSU
 1997 J Robinson, MINN
 1998 John Fritz, PSU
 1999 J Robinson, MINN
 2000 Jim Zalesky, IOWA
 2001 Mark Johnson, ILL
 2002 J Robinson, MINN
 Russ Hellickson, OSU
 2003 Troy Sunderland, PSU
 2004 Jim Zalesky, IOWA
 2005 Mark Johnson, ILL
 2006 J Robinson, MINN
 2007 J Robinson, MINN
 2008 Tom Brands, IOWA
 2009 Tom Brands, IOWA

WRESTLER OF THE CHAMPIONSHIPS

1989 Tom Brands, IOWA
 1990 Dave Zuniga, MINN
 1991 Jon Llewellyn, ILL
 Matt Demaray, WIS
 1992 Terry Brands, IOWA
 1993 Troy Sunderland, PSU
 1994 Cary Kolat, PSU
 1995 Kerry McCoy, PSU
 1996 David Morgan, MSU
 1997 Mark Ironside, IOWA
 1998 Jeff McGinness, IOWA
 1999 Jamie Heidt, IOWA
 2000 Jody Strittmatter, IOWA
 2001 Jared Lawrence, MINN
 2002 Luke Moffitt, IOWA
 2003 Chris Fleegeer, PUR
 2004 Alex Tirapelle, ILL
 Jacob Volkmann, MINN
 2005 Mack Reiter, MINN
 2006 Tom Clum, WIS
 2007 Jake Herbert, NU
 2008 Brent Metcalf, IOWA
 2009 Brent Metcalf, IOWA

BIG TEN INDIVIDUAL WRESTLING CHAMPIONS

114 1/2 lb.

1948 - Arnold Plaza, PUR
1949 - Arnold Plaza, PUR

115 lb.

1924 - Pfeffer, IOWA
1926 - Royal Weir, IOWA
1927 - Louis Smitz, WIS
1928 - Robert Hewitt, MICH
1929 - Joe Sapura, ILL
1930 - Joe Sapura, ILL
1952 - Bob Carlin, IND
1956 - Terry McCann, IOWA
1960 - Fred Rittschoff, WIS
1961 - Okla Johnson, MSU

118 lb.

1931 - Delmas Aldridge, IND
1932 - J.L. Puerta, ILL
1933 - Glen Orth, ILL
1934 - Pete Pakutensky, ILL
1935 - Leonard Fauver, OSU
1936 - Clifford Myers, IND
1937 - Clifford Myers, IND
1938 - John Speicher, MICH
1970 - Greg Johnson, MSU
1971 - Greg Johnson, MSU
1972 - Greg Johnson, MSU
1973 - Dan Sherman, IOWA
1974 - Chris Sones, IOWA
1975 - Jim Brown, MICH
1976 - Mike McArthur, MINN
1977 - Mike McArthur, MINN
1978 - Dan Glenn, IOWA
1979 - Dan Glenn, IOWA
1980 - Dan Glenn, IOWA
1981 - Barry Davis, IOWA
1982 - Barry Davis, IOWA
1983 - Tim Riley, IOWA
1984 - Ed Giese, MINN
1985 - Matt Egeland, IOWA
1986 - Ed Giese, MINN
1987 - John Regan, IOWA
1988 - Keith Nix, MINN
1989 - Jack Griffin, NU
1990 - Jack Griffin, NU
1991 - Chad Zaputil, IOWA
1992 - Chad Zaputil, IOWA
1993 - Chad Zaputil, IOWA
1994 - Matt Hanutke, WIS
1995 - Mike Mena, IOWA
1996 - David Morgan, MSU
1997 - David Morgan, MSU
1998 - David Morgan, MSU

121 lb.

1939 - Dave Helsman, ILL
1940 - Jim Sefton, IND
1941 - Casey Fredericks, PUR
1942 - Malcolm MacDonald, PUR
1943 - Richard Kopel, MICH
1944 - Art Nethercot, NU
1945 - Robert Burwell, ILL
1946 - Mike Rolak, IND
1947 - Arnold Plaza, PUR
1948 - Garth Lappin, MINN
1950 - Arnold Plaza, PUR

123

1951 - Lawrence Nelson, MICH
1952 - Jack Hershend, NU
1953 - Dick Mueller, MINN
1954 - Al Vega, PUR
1955 - Terry McCann, IOWA
1956 - Don Stroud, MSU
1957 - Richard Mueller, MINN
1958 - Richard Mueller, MINN
1959 - Vince Garcia, IOWA
1960 - David Camaione, OSU
1961 - Ron Andrews, MINN
1962 - Norman Parker, IOWA
1963 - Bob Plaskas, NU
1964 - Ralph Bahna, MICH
1965 - Bob Fehrs, MICH
1966 - Bob Fehrs, MICH
1967 - Bob Fehrs, MICH
1968 - Tim McCall, IND
1969 - Gary Bissell, MSU

125 lb.

1911 - Richter, MINN
1914 - Ralph Williams, IND
1924 - Kellogg, NEB
1926 - Perry Snider, OSU
1927 - Theodore Hesmer, ILL
1928 - Ralph Lupton, NU
1929 - Ralph Lupton, NU
1930 - Robert Hewitt, MICH
1999 - Jeremy Hunter, PSU
2000 - Jody Strittmatter, IOWA
2001 - Jody Strittmatter, IOWA
2002 - LeRoy Vega, MINN
2003 - Chris Fleegeer, PUR
2004 - Tom Clum, WIS
2005 - Nick Simmons, MSU
2006 - Nick Simmons, MSU
2007 - Jayson Ness, MINN
2008 - Angel Escobedo, IND
2009 - Angel Escobedo, IND

126 lb.

1931 - Wilbur Dooley, ILL
1932 - Bob Emmons, ILL
1933 - Bob Emmons, ILL
1934 - Bill Adams, ILL
1935 - Pete Pakutinsky, ILL
1936 - Willard Duffy, IND
1937 - Allen Sapura, ILL
1938 - Willard Duffy, IND
1970 - Tim Cech, MICH
1971 - Mark Massery, NU
1972 - Pat Milkovich, MSU
1973 - Mark Massery, NU
1974 - Pat Milkovich, MSU
1975 - Joe Corso, PUR
1976 - Amos Goodlow, MICH
1977 - Keith Moulam, IOWA
1978 - Randy Lewis, IOWA
1979 - Randy Lewis, IOWA
1980 - Jeff Thomas, MSU
1981 - Gary Lefebvre, MINN
1982 - Mark Trizzino, IOWA
1983 - Barry Davis, IOWA
1984 - Joe McFarland, MICH
1985 - Barry Davis, IOWA
1986 - Brad Penrith, IOWA
1987 - Brad Penrith, IOWA
1988 - Brad Penrith, IOWA
1989 - Tom Brands, IOWA
1990 - Terry Brands, IOWA
1991 - Terry Brands, IOWA

1992 - Terry Brands, IOWA
1993 - Sanshiro Abe, PSU
1994 - Sanshiro Abe, PSU
1995 - Jeff McGinness, IOWA
1996 - Sanshiro Abe, PSU
1997 - Eric Jetton, WIS
1998 - Eric Jetton, WIS

128 lb.

1939 - Dale Hanson, MINN
1940 - Dale Hanson, MINN
1941 - Loy Julius, IOWA
1942 - Casey Fredericks, PUR
1943 - Bob Bruner, IND
1944 - Rometo Macias, IOWA
1945 - Rometo Macias, IOWA
1946 - Lou Kachiroubas, ILL
1947 - Lou Kachiroubas, ILL
1948 - Alan Rice, MINN
1949 - Joe Patascil, PUR
1950 - Joe Patascil, PUR

130 lb.

1951 - Jack Gallon, MICH
1952 - Snip Nalan, MICH
1953 - Snip Nalan, MICH
1954 - Snip Nalan, MICH
1955 - Max Pearson, MICH
1956 - Vern Whitney, PUR
1957 - Max Pearson, MICH
1958 - Max Pearson, MICH
1959 - Norman Young, MSU
1960 - Ambrose Wilbanks, MICH
1961 - Fritz Kellerman, MICH
1962 - Tom Huff, IOWA
1963 - Lewis Kennedy, MINN
1964 - Norm Parker, IOWA
1965 - Don Behm, MSU
1966 - Dale Anderson, MSU
1967 - Don Behm, MSU
1968 - Roger Young, OSU
1969 - Lucius Hudson, MICH

133 lb.

1999 - Pat McNamara, MSU
2000 - Eric Juergens, IOWA
2001 - Eric Juergens, IOWA
2002 - Ryan Lewis, MINN
2003 - Cliff Moore, IOWA
2004 - Mark Jayne, ILL
2005 - Mack Reiter, MINN
2006 - Tom Clum, WIS
2007 - Nick Simmons, MSU
2008 - Franklin Gomez, MSU
2009 - Franklin Gomez, MSU

134 lb.

1970 - Tom Milkovich, MSU
1971 - Tom Milkovich, MSU
1972 - Jim Humphrey, OSU
1973 - Jeff Guyton, MICH
1974 - Bill Davids, MICH
1975 - Sam Komar, IND
1976 - Pat Milkovich, MSU
1977 - Steve Hunte, IOWA
1978 - Steve Hunte, IOWA
1979 - Jim Martinez, MINN
1980 - Randy Lewis, IOWA
1981 - Dalen Wasmund, MINN
1982 - Jeff Kerber, IOWA
1983 - Jeff Kerber, IOWA
1984 - Greg Randall, IOWA
1985 - Jim Jordan, WIS

1986 - Jim Jordan, WIS
1987 - John Fisher, MICH
1988 - John Fisher, MICH
1989 - John Fisher, MICH
1990 - Dave Zuniga, MINN
1991 - Tom Brands, IOWA
1992 - Tom Brands, IOWA
1993 - Troy Steiner, IOWA
1994 - Cary Kolat, PSU
1995 - Mark Ironside, IOWA
1996 - Mark Ironside, IOWA
1997 - Mark Ironside, IOWA
1998 - Mark Ironside, IOWA

135 lb.

1914 - Art Krott, WIS
1917 - W.J. Babcock, WIS
1924 - Bob Holmes, WIS
1926 - Steve Easter, MINN
1927 - Alfred Watson, MICH
1928 - Allie Morrison, ILL
1929 - G.O. Minot, ILL
1930 - L.M. Banerle, ILL
1931 - Bob Emmons, ILL
1932 - Eddie Belshaw, IND
1933 - Pat Devine, IND
1934 - Pat Devine, IND
1935 - Robert Larson, IOWA
1936 - Robert Larson, IOWA
1937 - Earl Thomas, MICH
1938 - Archie Deutschman, ILL

136 lb.

1939 - Archie Deutschman, ILL
1940 - Ben Wilson, IND
1941 - Ben Wilson, IND
1942 - Mack Matovina, PUR
1943 - Chet Robbins, IND
1944 - Ed Dzirbik, WIS
1945 - Duane Hanson, NU
1946 - Maurice Smith, MICH
1947 - Chet Robbins, IND
1948 - James Smith, MICH
1949 - Alan Rice, MINN
1950 - Charles Farina, PUR

137 lb.

1951 - Charles Farina, PUR
1952 - Pete Compton, ILL
1953 - Pete Compton, ILL
1954 - Andy Kaul, MICH
1955 - Andy Kaul, MICH
1956 - Jim Sinadinos, MSU
1957 - Ralph Rieks, IOWA
1958 - Gene Luttrell, IOWA
1959 - Gene Luttrell, IOWA
1960 - Fritz Kellerman, MICH
1961 - Norman Yorung, MSU
1962 - Fritz Kellerman, MICH
1963 - Tom Huff, IOWA
1964 - Lewis Kennedy, MINN
1965 - Bill Johannesen, MICH
1966 - Dale Carr, MSU
1967 - Dale Anderson, MSU
1968 - Dale Anderson, MSU
1969 - Keith Lowrance, MSU

140 lb.

1911 - Ruby, IND

BIG TEN INDIVIDUAL WRESTLING CHAMPIONS (continued)

141 lb.

1999 - Doug Schwab, IOWA
 2000 - Doug Schwab, IOWA
 2001 - Doug Schwab, IOWA
 2002 - Luke Moffitt, IOWA
 2003 - Scott Moore, PSU
 2004 - Cliff Moore, IOWA
 2005 - Josh Churella, MICH
 2006 - Andy Simmons, MSU
 2007 - Ryan Lang, NU
 2008 - Kellen Russell, MICH
 2009 - Kellen Russell, MICH

142 lb.

1970 - Keith Lowrance, MSU
 1971 - Bill Willetts, IND
 1972 - Tom Milkovich, MSU
 1973 - Tom Milkovich, MSU
 1974 - Rick Lawinger, WIS
 1975 - Andre Allen, NU
 1976 - Alan Housner, PUR
 1977 - Sam Komar, IND
 1978 - Andy Rein, WIS
 1979 - Scott Trizzino, IOWA
 1980 - Lenny Zalesky, IOWA
 1981 - Lenny Zalesky, IOWA
 1982 - Lenny Zalesky, IOWA
 1983 - Harlan Kistler, IOWA
 1984 - Jeff Kerber, IOWA
 1985 - Kevin Dresser, IOWA
 1986 - Kevin Dresser, IOWA
 1987 - Joe Lilovich, PUR
 1988 - Kirk Azinger, ILL
 1989 - Larry Gotcher, MICH
 1990 - Chuck Heise, MINN
 1991 - Troy Steiner, IOWA
 1992 - Troy Steiner, IOWA
 1993 - Dan Spilde, WIS
 1994 - Dunyasha Yetts, OSU
 1995 - John Hughes, PSU
 1996 - Bill Zadick, IOWA
 1997 - Roger Chandler, IND
 1998 - Jeff McGinness, IOWA

145 lb.

1914 - Hobbet, IOWA
 1922 - Ed Temlin, WIS
 1923 - Ed Temlin, WIS
 1924 - Skinner, NEB
 1926 - Leslie Berr, IOWA
 1927 - Russell Sauer, MICH
 1928 - C.O. Swain, IND
 1929 - Albert Montgomery, IOWA
 1930 - Harry Dyer, CHI
 1931 - Harry Dyer, CHI
 1932 - Dale Goings, IND
 1933 - Dale Goings, IND
 1934 - Art Mosier, MICH
 1935 - Jack McLlvoy, ILL
 1936 - Bob Finwall, CHI
 1937 - Jack McLlvoy, ILL
 1938 - Larry Lederman, WIS
 1939 - Harold Nichols, MICH
 1940 - Terry Montanaro, OSU
 1941 - Alphonse Janesko, MINN
 1942 - Manly Johnson, MICH
 1943 - Manly Johnson, MICH
 1944 - George Curtis, MICH
 1945 - Richard Nelson, MINN
 1946 - Elias George, IND
 1947 - Edward Kemp, IOWA
 1948 - Warren Jones, OSU
 1949 - Andy Puchany, IND

1950 - Charles Moreno, PUR
 1967 - Dale Carr, MSU
 1968 - Mike Gluck, WIS
 1969 - Jim Lentz, IND

147 lb.

1951 - Bruce Keough, OSU
 1952 - Jim Ellis, IND
 1953 - Charles Pankow, IND
 1954 - Bud Weick, PUR
 1955 - Don Haney, MICH
 1956 - Drayton Praed, PUR
 1957 - Werner Holzer, ILL
 1958 - Simon Roberts, IOWA
 1959 - Jim Innis, WIS
 1960 - James Blaker, MICH
 1961 - James Blaker, MICH
 1962 - Dave Gibson, PUR
 1963 - Lonnie Rubis, MINN
 1964 - Lee Deitrick, MICH
 1965 - Jim Kamman, MICH
 1966 - Bob Henry, MINN

149 lb.

1999 - T.J. Williams, IOWA
 2000 - Adam Tirapelle, ILL
 2001 - Jared Lawrence, MINN
 2002 - Mike Zadick, IOWA
 2003 - Jared Lawrence, MINN
 2004 - Ryan Churella, MICH
 2005 - Eric Tannanbaum, MICH
 2006 - Dustin Schlatter, MINN
 2007 - Dustin Schlatter, MINN
 2008 - Brent Metcalf, IOWA
 2009 - Brent Metcalf, IOWA

150 lb.

1970 - Dan Yahn, IOWA
 1971 - Jarrett Hubbard, MICH
 1972 - Jarrett Hubbard, MICH
 1973 - Rick Lawinger, WIS
 1974 - Jarrett Hubbard, MICH
 1975 - Chuck Yagla, IOWA
 1976 - Chuck Yagla, IOWA
 1977 - Mark Churella, MICH
 1978 - Mark Churella, MICH
 1979 - Bruce Kinseth, IOWA
 1980 - Andy Rein, WIS
 1981 - Scott Trizzino, IOWA
 1982 - Mark Schmitz, WIS
 1983 - Jim Heffernan, IOWA
 1984 - Marty Kistler, IOWA
 1985 - Jim Heffernan, IOWA
 1986 - Jim Heffernan, IOWA
 1987 - Jim Heffernan, IOWA
 1988 - Jeff Jordan, WIS
 1989 - Brian Dolph, IND
 1990 - Brian Dolph, IND
 1991 - Matt Demaray, WIS
 1992 - Matt Demaray, WIS
 1993 - Troy Sunderland, PSU
 1994 - Lincoln McClravy, IOWA
 1995 - Lincoln McClravy, IOWA
 1996 - Russ Hughes, PSU
 1997 - Lincoln McClravy, IOWA
 1998 - Bill Lacure, MICH

152 lb.

1967 - Fred Stehman, MICH
 1968 - Russ Schneider, NU
 1969 - John Abajace, MSU

155 lb.

1925 - Leslie Zodtner, WIS
 1926 - Leslie Zodtner, WIS
 1929 - Ferdinand Hammer, WIS
 1930 - Otto Kelly, MICH
 1931 - Bob Miller, NU
 1932 -
 1933 - Glen Brown, IND
 1934 - Frank Krahulik, IND
 1935 - Verne Derrer, IOWA
 1936 - Byron Guernesny, IOWA
 1937 - Frank Bissell, MICH
 1938 - Harland Danner, MICH
 1939 - Angelo Lazzara, IND
 1940 - Harland Danner, MICH
 1941 - Angelo Lazara, IND
 1942 - Ted Seabrooke, ILL
 1943 - Jim Wilkinson, IND
 1944 - Hugh Wilson, MICH
 1945 - Joe Roman, IND
 1946 - Bill Courtwright, MICH
 1947 - Bill Courtwright, MICH
 1948 - Kenneth Marlin, ILL
 1949 - Bryce Keough, OSU
 1950 - Don Ryan, WIS

157 lb.

1951 - Don Ryan, WIS
 1952 - Don Ryan, WIS
 1953 - Bob Hoke, MSU
 1954 - Bob Hoke, MSU
 1955 - Mike Rodriguez, MICH
 1956 - Mike Rodriguez, MICH
 1957 - Mike Rodriguez, MICH
 1958 - Werner Holzer, ILL
 1959 - Don Corriere, MICH
 1960 - Bob Marshall, PUR
 1961 - Mike O'Laughlin, ILL
 1962 - Bob Marshall, PUR
 1963 - Rick Bay, MICH
 1964 - Lee Gross, MINN
 1965 - Lee Gross, MINN
 1966 - Elmer Beale, WIS
 1999 - Jamie Heidt, IOWA
 2000 - T.J. Williams, IOWA
 2001 - T.J. Williams, IOWA
 2002 - Luke Becker, MINN
 2003 - Luke Becker, MINN
 2004 - Alex Tirapelle, ILL
 2005 - Alex Tirapelle, ILL
 2006 - CP Schlatter, MINN
 2007 - CP Schlatter, MINN
 2008 - Michael Poeta, ILL
 2009 - Michael Poeta, ILL

158 lb.

1914 - Floyd Demmon, IND
 1921 - Parry Matter, OSU
 1924 - Prunty, ISU
 1926 - Theron Donahue, MICH
 1927 - Theron Donahue, MICH
 1928 - Leslie Beers, IOWA
 1941 - Angelo Lazzara, IND
 1970 - Jim Axtell, MINN
 1971 - Tom Quinn, MICH
 1972 - Mitch Mendrygal, MICH
 1973 - Jon Sanderson, IOWA
 1974 - Larry Zilverberg, MINN
 1975 - Larry Zilverberg, MINN
 1976 - Lee Kemp, WIS
 1977 - Lee Kemp, WIS
 1978 - Lee Kemp, WIS
 1979 - Dan Zilverberg, MINN

1980 - Dan Zilverberg, MINN
 1981 - Jim Trudeau, MINN
 1982 - Jim Zalesky, IOWA
 1983 - Jim Zalesky, IOWA
 1984 - Jim Zalesky, IOWA
 1985 - Marty Kistler, IOWA
 1986 - Royce Alger, IOWA
 1987 - Paul McShane, WIS
 1988 - John Heffernan, IOWA
 1989 - Gordy Morgan, MINN
 1990 - Jim Pearson, IND
 1991 - Tom Ryan, IOWA
 1992 - Tom Ryan, IOWA
 1993 - Sean Bormet, MICH
 1994 - Sean Bormet, MICH
 1995 - Dan Wirsberger, MSU
 1996 - Joe Williams, IOWA
 1997 - Ernest Benion, ILL
 1998 - John Lange, PSU

160 lb.

1967 - Jim Kamman, MICH
 1968 - Rich Mihal, IOWA
 1969 - Tom Muir, MSU

165 lb.

1911 - Bodenhafer, IND
 1929 - Ben Hooker, PUR
 1930 - Ray Parker, MICH
 1931 - Carl Dougovito, MICH
 1932 - Barney Cosneck, ILL
 1933 - Olden Gillum, IND
 1934 - Olden Gillum, IND
 1935 - Earl Kielhorn, IOWA
 1936 - Caifron Johnson, MINN
 1937 - John Ginay, ILL
 1938 - John Ginay, ILL
 1939 - Chauncey McDaniel, IND
 1940 - Chauncey McDaniel, IND
 1941 - John Roberts, WIS
 1942 - Norm Anthonisen, ILL
 1943 - Tom Smerdel, ILL
 1944 - Jack Shepard, PUR
 1945 - James Galles, MICH
 1946 - Dave Shapiro, ILL
 1947 - Dave Shapiro, ILL
 1948 - Clarence Self, WIS
 1949 - Jack Powers, MICH
 1950 - Waldemar Van Cott, PUR
 1999 - Donny Pritzlaff, WIS
 2000 - Donny Pritzlaff, WIS
 2001 - Donny Pritzlaff, WIS
 2002 - Matt Lackey, ILL
 2003 - Matt Lackey, ILL
 2004 - Jacob Volkmann, MINN
 2005 - Ryan Churella, MICH
 2006 - Ryan Churella, MICH
 2007 - Mark Perry, IOWA
 2008 - Eric Tannenbaum, MICH
 2009 - Andrew Howe, WIS

167lb.

1951 - George Bender, MSU
 1952 - George Bender, MSU
 1953 - Vito Perrone, MSU
 1954 - John Winder, IOWA
 1955 - Larry TenPas, ILL
 1956 - Harlan Jenkinson, IOWA
 1957 - Ken Kraft, NU
 1958 - Jack Marchello, MICH
 1959 - Jim Ferguson, MSU
 1960 - Dennis Fitzgerald, MICH
 1961 - Bob Marshall, PUR

BIG TEN INDIVIDUAL WRESTLING CHAMPIONS (continued)

1962 - Don Corriere, MICH
 1963 - Steve Combs, IOWA
 1964 - Mel Wieland, IOWA
 1965 - Rick Bay, MICH
 1966 - Dave Reinbolt, OSU
 1967 - George Radman, MSU
 1968 - Russ Sill, IOWA
 1969 - Jesse Rawls, MICH
 1970 - Phil Henning, IOWA
 1971 - Gerry Malecek, MSU
 1972 - Gerry Malecek, MSU
 1973 - Ed Vatch, WIS
 1974 - Jon Sanderson, IOWA
 1975 - Dave Froehlich, NU
 1976 - Larry Zilverberg, MINN
 1977 - Mike DeAnna, IOWA
 1978 - Mike DeAnna, IOWA
 1979 - Mike DeAnna, IOWA
 1980 - Dave Evans, WIS
 1981 - Mike DeAnna, IOWA
 1982 - Dave Ruckman, OSU
 1983 - Jim Trudeau, MINN
 1984 - Lindley Kistler, IOWA
 1985 - Lindley Kistler, IOWA
 1986 - Marty Kistler, IOWA
 1987 - Royce Alger, IOWA
 1988 - Dave Lee, WIS
 1989 - Dave Lee, WIS
 1990 - Brad Traviolia, NU
 1991 - Kevin Randleman, OSU
 1992 - Charlie Jones, PUR
 1993 - Dave Hart, PSU
 1994 - Ray Brinzer, IOWA
 1995 - Chad Biggert, MICH
 1996 - Daryl Weber, IOWA
 1997 - Kevin Wilmot, WIS
 1998 - Joe Williams, IOWA

174 lb.

1999 - Glenn Pritzlaff, PSU
 2000 - Mark Bybee, NU
 2001 - Otto Olson, MICH
 2002 - Otto Olson, MICH
 2003 - Ryan Lange, PUR
 2004 - Ryan Lange, PUR
 2005 - Pete Friedl, ILL
 2006 - Jake Herbert, NU
 2007 - Steve Luke, MICH
 2008 - Steve Luke, MICH
 2009 - Steve Luke, MICH

175 lb.

1914 - Cummins, ILL
 1915 - Freeman, WIS
 1923 - Omar Held, IND
 1924 - Ralph Wilson, IND
 1926 - C.R. Krough, CHI
 1927 - J.H. Ritz, ILL
 1928 - K. Krough, CHI
 1929 - Carl Dougovito, MICH
 1930 - Al Steinke, MICH
 1931 - Wes Brown, NU
 1932 - Wes Brown, NU
 1933 - Wes Brown, NU
 1934 - Richard Voliva, IND
 1935 - Ralph Silverstein, ILL
 1936 - Earl Kielhorn, IOWA
 1937 - John Whitaker, MINN
 1938 - Don Nichols, MICH
 1939 - Chris Traicoff, IND
 1940 - Don Nichols, MICH
 1941 - James Galles, MICH
 1942 - John Roberts, WIS

1943 - Harry Traster, IND
 1944 - Verne Gagne, MINN
 1945 - Mike Rajcevich, PUR
 1946 - Norm Anthonisen, ILL
 1947 - Joe Scarpello, IOWA
 1948 - Joe Scarpello, IOWA
 1949 - Joe Scarpello, IOWA
 1950 - Joe Scarpello, IOWA

177 lb.

1951 - Gene Gibbons, MSU
 1952 - Dick O'Shaughnessy, MICH
 1953 - Dick O'Shaughnessy, MICH
 1954 - Ahmet Senol, PUR
 1955 - John Winder, IOWA
 1956 - Jack Marchello, MICH
 1957 - Gary Kurdlemer, IOWA
 1958 - Tim Woodin, MSU
 1959 - Bill Wright, MINN
 1960 - Gordon Trapp, IOWA
 1961 - Dennis Fitzgerald, MICH
 1962 - John Maroni, IND
 1963 - Don Evans, NU
 1964 - Dick Isel, IND
 1965 - Chris Stowell, MICH
 1966 - Mike Bradley, MSU
 1967 - Mike Bradley, MSU
 1968 - Mike Bradley, MSU
 1969 - Jack Zindel, MSU
 1970 - Bill Paus, NU
 1971 - Steve DeVries, IOWA
 1972 - John Evashevski, IOWA
 1973 - John Panning, MINN
 1974 - Chris Campbell, IOWA
 1975 - Ed Vatch, WIS
 1976 - Chris Campbell, IOWA
 1977 - Chris Campbell, IOWA
 1978 - Greg Stevens, IOWA
 1979 - Bud Palmer, IOWA
 1980 - Ed Banach, IOWA
 1981 - Ed Banach, IOWA
 1982 - Ed Banach, IOWA
 1983 - Duane Goldman, IOWA
 1984 - Duane Goldman, IOWA
 1985 - Rico Chiapparelli, IOWA
 1986 - Rico Chiapparelli, IOWA
 1987 - Rico Chiapparelli, IOWA
 1988 - Royce Alger, IOWA
 1989 - Dave Dean, MINN
 1990 - Marty Morgan, MINN
 1991 - Marty Morgan, MINN
 1992 - Kevin Randleman, OSU
 1993 - Kevin Randleman, OSU
 1994 - Brad Gibson, MINN
 1995 - Ray Brinzer, IOWA
 1996 - Rohan Gardner, NU
 1997 - Mitch Clark, OSU
 1998 - Mitch Clark, OSU

184 lb.

1999 - Brandon Eggum, MINN
 2000 - Brandon Eggum, MINN
 2001 - Nate Patrick, ILL
 2002 - Damion Hahn, MINN
 2003 - Jessman Smith, IOWA
 2004 - Eric Bradley, PSU
 2005 - Eric Bradley, PSU
 2006 - Roger Kish, MINN
 2007 - Jake Herbert, NU
 2008 - Mike Pucillo, OSU
 2009 - Jake Herbert, NU

190 lb.

1970 - Jack Zindel, MSU
 1971 - Dave Ciolek, MSU
 1972 - Paul Zander, IOWA
 1973 - Fred Penrod, IOWA
 1974 - Dave Curby, MICH
 1975 - Laurent Soucie, WIS
 1976 - Bud Palmer, IOWA
 1977 - Evan Johnson, MINN
 1978 - Ron Jeidy, WIS
 1979 - Mitch Hull, WIS
 1980 - Mitch Hull, WIS
 1981 - Pete Bush, IOWA
 1982 - Pete Bush, IOWA
 1983 - Ed Banach, IOWA
 1984 - Pete Bush, IOWA
 1985 - Duane Goldman, IOWA
 1986 - Duane Goldman, IOWA
 1987 - Dave Dean, MINN
 1988 - Mark Coleman, OSU
 1989 - Mark Whitehead, NU
 1990 - Brooks Simpson, IOWA
 1991 - Mike Funk, NU
 1992 - Rex Holman, OSU
 1993 - Rex Holman, OSU
 1994 - Keith Davison, WIS
 1995 - Joel Sharratt, IOWA
 1996 - Brian Picklo, MSU
 1997 - Tim Hartung, MINN
 1998 - Tim Hartung, MINN

191 lb.

1948 - Vern Gagne, MINN
 1952 - Geroge Meyers, IOWA
 1956 - Ken Leuer, IOWA
 1960 - Guy Curtis, MICH
 1961 - Al Jaklich, NU

197 lb.

1999 - Tim Hartung, MINN
 2000 - Nick Muzashvili, MSU
 2001 - Pat Quirk, ILL
 2002 - Owen Elzen, MINN
 2003 - Damion Hahn, MINN
 2004 - Damion Hahn, MINN
 2005 - Matt Delguyd, NU
 2006 - Philip Davis, PSU
 2007 - Mike Tamillow, NU
 2008 - Phil Davis, PSU
 2009 - Tyrel Todd, MICH

HWI

1911 - Elliott, NU
 1912 - Ed Davis, IND
 1913 - Ed Davis, IND
 1914 - Ed Davis, IND
 1924 - Harry Steele, OSU
 1926 - Daniel Whitacre, OSU
 1927 - Daniel Whitacre, OSU
 1928 - Rudy Schuler, NU
 1929 - Ed George, MICH
 1930 - L.S. Burdick, ILL
 1931 - Jack Riley, NU
 1932 - Bob Jones, IND
 1933 - Bob Jones, IND
 1934 - Barney Cosneck, ILL
 1935 - A.W. Dahl, ILL
 1936 - Ralph Silverstein, ILL
 1937 - Cliff Gustafson, MINN
 1938 - Charley McDaniel, IND
 1939 - Wilbur Nead, IOWA
 1940 - Forest Jordon, MICH
 1941 - Joln Sikish, ILL

1942 - Frank Ruggieri, PUR
 1943 - Frank Ruggieri, PUR
 1944 - Bob Wilson, PUR
 1945 - George Bollas, OSU
 1946 - George Bollas, OSU
 1947 - Verne Gagne, MINN
 1948 - Charles Gottfried, ILL
 1949 - Verne Gagne, MINN
 1950 - William Miller, OSU
 1951 - William Miller, OSU
 1952 - Jack Dorfman, MINN
 1953 - Willis Wood, MINN
 1954 - Bob Konovsky, WIS
 1955 - Bob Konovsky, WIS
 1956 - Bob Konovsky, WIS
 1957 - Robert Norman, ILL
 1958 - Robert Norman, ILL
 1959 - Tim Woodin, MSU
 1960 - Rory Weber, NU
 1961 - Rory Weber, NU
 1962 - Roger Pillath, WIS
 1963 - Jack Barden, MICH
 1964 - Roger Pillath, WIS
 1965 - Jeff Richardson, OSU
 1966 - Dave Porter, MICH
 1967 - Dave Porter, MICH
 1968 - Jeff Smith, MSU
 1969 - Jeff Smith, MSU
 1970 - Vic Mittleberg, MSU
 1971 - Ben Lewis, MSU
 1972 - Ben Lewis, MSU
 1973 - Gary Ernst, MICH
 1974 - Gary Ernst, MICH
 1975 - Larry Avery, MSU
 1976 - Garry Sommer, WIS
 1977 - John Bowsby, IOWA
 1978 - John Bowsby, IOWA
 1979 - Shawn Whitcomb, MSU
 1980 - Eric Klasson, MICH
 1981 - Lou Banach, IOWA
 1982 - Eric Klasson, MICH
 1983 - Lou Banach, IOWA
 1984 - Mike Potts, MSU
 1985 - Don Moxley, OSU
 1986 - Kirk Trost, MICH
 1987 - Mark Sidlinger, IOWA
 1988 - Mark Sidlinger, IOWA
 1989 - Jon Llewellyn, ILL
 1990 - Jon Llewellyn, ILL
 1991 - Jon Llewellyn, ILL
 1992 - John Oostendorp, IOWA
 1993 - Billy Pierce, MINN
 1994 - Kerry McCoy, PSU
 1995 - Kerry McCoy, PSU
 1996 - Tony Vaughn, PUR
 1997 - Kerry McCoy, PSU
 1998 - Airon Richardson, MICH
 1999 - Brock Lesnar, MINN
 2000 - Brock Lesnar, MINN
 2001 - Garrett Lowney, MINN
 2002 - Tommy Rowlands, OSU
 2003 - Steve Mocco, IOWA
 2004 - Tommy Rowlands, OSU
 2005 - Cole Konrad, MINN
 2006 - Cole Konrad, MINN
 2007 - Cole Konrad, MINN
 2008 - Dustin Fox, NU
 2009 - Daniel Erekson, IOWA