

Cheerleading Tryout information for Fall 2009

All Members: Must be able to do waist level jumps, tumbling ability not required but will be a bonus, possess 2 years of cheerleading experience, must know the basics of stunting properly, body should be well conditioned and flexible, class schedules and work schedules must **NOT** conflict with practice, travel days and game times. GPA's must be a 2.0 or higher. (Incoming Freshmen GPA's will be based on their high school transcript).

Male & Female Flyers: (Toss-able Females) must be able to do 5 body positions in the air, Liberty, Scorpion, Arabesque, Heel Stretch, Bow and Arrow and body should be well conditioned. (Toss-able Males) must be able to perform basket tosses.

Males: Must know motion techniques, jumps, knowledge of partner stunting which also will be taught, dancing is a **MUST** and must be flexible.

Females: Must be flexible, must be able to learn dance routines in a timely manner, and must know motions and jumps as well.

Tryout Format: All cheers/chants will be taught at tryout and decisions of squad members will be based on their performance of the following: a cheer(s), a sideline chant(s), partner stunting/stunting, evaluation of jumps, dance and motion techniques and tumbling. All cheer material must be performed with precision and showmanship.

Mascot/Manager Tryout: Males or females can tryout, must be able to perform, be approachable in uniform, know how to dance, must be at **ALL** practices, will be a part of some cheers, height and body shape will be a factor due to costume size and will be required to do some managerial duties.

MANDATORY Interest Meeting Date: Friday, August 21, 2009 at 4:00pm in the Science Lecture Hall

MANDATORY Tryout Clinic: Saturday, August 22, 2009 at 8:00am-12:00pm and 2:00pm-4:00pm

Practice Tryout Material on your own: Sunday, August 23, 2009

Actual Tryout Date: Monday, August 24, at 6:00pm. (**Mandatory attendance.** No other tryout days will be offered for the Fall term)

Practice for those who made the squad will begin on Tuesday, August 25, 2009
Any questions? Please call B-CU Athletics – Sandra Booker (386) 481-2212