



All-Time Outdoor Bests

-WOMEN-

100 Meters

11.28LaKadron IveryLincoln, Neb. (NCAA Regional)2003
11.29LaKadron IveryAustin, Texas (Big 12)2003
She She CrawfordCollege Station, Texas (SWC)1992
11.32 LaKadron Ivery Waco, Texas 2004
11.34 LaKadron Ivery Austin, Texas 2004
11.38She She CrawfordEugene, Ore. (NCAA)1991

200 Meters

22.87LaKadron IveryLincoln, Neb. (NCAA Regional)2003
22.92Barbara PetrahnCollege Station, Texas (Big 12)2001
22.95 LaKadron Ivery College Station, Texas (Reg.) 2004
23.00She She CrawfordCollege Station, Texas (SWC)1992
23.04LaKadron IveryAustin, Texas (Big 12)2003

400 Meters

51.42Yulanda NelsonDes Moines, Iowa1999
51.85Barbara PetrahnCollege Station, Texas (Big 12)2001
51.85Jennifer JordanDes Moines, Iowa1998
51.92Yulanda NelsonColumbia, Mo.1998
52.32Barbara PetrahnColumbia, Mo. (Big 12)2000

800 Meters

2:06.08Lanie MillarPalo Alto, Calif.2002
2:06.55Lanie MillarPalo Alto, Calif.2001
2:06.66Lanie MillarBaton Rouge, La. (NCAA)2002
2:06.70Jill ChertudiTucson, Ariz.1997
2:07.00Lanie MillarDes Moines, Iowa2001

1,500 Meters

4:16.82Sandy ForsytheAustin, Texas1986
4:19.47Natalie NalepaHouston, Texas (SWC)1991
4:22.38Sandy ForsytheHouston, Texas (SWC)1986
4:22.73Sandy ForsytheDes Moines, Iowa1986
4:24.02Sandy ForsytheLafayette, La.1986

3,000 Meters

9:22.44Sandy ForsytheAustin, Texas1986
9:25.01Natalie NalepaHouston, Texas (SWC)1991
9:26.21Sherri SmithLos Angeles, Calif.1999
9:31.32Lisa StoneTempe, Ariz.1991
9:31.34Karin ErnstromAustin, Texas1999

3,000-Meter Steeplechase

10:23.73Angela MarvinDes Moines, Iowa2003
10:27.90Angela MarvinAustin, Texas (Big 12)2003
10:30.65Angela MarvinTempe, Ariz.2003
10:36.20Stephanie BennettColumbia, Mo. (Big 12)2002
10:38.01Angela MarvinSacramento, Calif. (NCAA)2003

5,000 Meters

16:10.62Sherri SmithDes Moines, Iowa1999
16:12.89Natalie NalepaAustin, Texas1991
16:13.71Karin ErnstromDes Moines, Iowa1999
16:15.05Natalie NalepaHouston, Texas (SWC)1991
16:15.36Karin ErnstromBuffalo, N.Y. (NCAA)1998

10,000 Meters

33:19.49Lisa StoneEugene, Ore. (NCAA)1991
33:34.85Debbie ThornhillPalo Alto, Calif.2003
33:35.72Debbie ThornhillSacramento, Calif. (NCAA)2003
33:51.50Lisa StoneDurham, N.C. (NCAA)1990
33:56.48Sherri SmithArlington, Texas1999

100-Meter Hurdles

13.47Kim FordFort Worth, Texas (SWC)1996
13.47Nzingah KamaniWaco, Texas (Big 12)1999
13.52Nzingah KamaniWaco, Texas (Big 12)1997
13.53Nzingah KamaniWaco, Texas (Big 12)1997
13.60Nzingah KamaniTucson, Ariz.1998

400-Meter Hurdles

57.05Chava DemartCollege Station, Texas (Big 12)2001
57.31Danielle MyricksColumbia, Mo. (Big 12)2002
57.72Chava DemartBaton Rouge, La. (NCAA)2002
57.76Chava DemartCollege Station, Texas (Big 12)2001
57.77Chava DemartEugene, Ore. (NCAA)2001

High Jump

6-0Kirsten StepickSan Marcos, Texas1993
6-0Laci LewisWaco, Texas1998
5-10¾Kirsten StepickNew Orleans, La. (NCAA)1993
5-10½Kirsten StepickAustin, Texas1993
Laci LewisWaco, Texas (Big 12)1999

Long Jump

21-10 ½ April Holliness College Station, Texas (NCAA Reg.) 2004
21-6 April Holliness Austin, Texas (NCAA) 2004
21-4 ¼April HollinessWaco, Texas2002
21-2 April Holliness Waco, Texas (MJ) 2004
21-0 ½ April Holliness Waco, Texas (DP) 2004

Triple Jump

46-1 ¼Stacey BowersWaco, Texas (Big 12)1999
44-9 ¾Stacey BowersBloomington, Ind. (NCAA)1997
44-8 ½Stacey BowersColumbia, Mo. (Big 12)1998
44-6 ½Stacey BowersEl Paso, Texas1998
44-2 ¾Stacey BowersWaco, Texas (Big 12)1997

Pole Vault

12-1 ½Kendra PhelpsCollege Station, Texas2000
11-8Kendra PhelpsWaco, Texas (Big 12)1999
11-1 ¾Kendra PhelpsCollege Station, Texas1998

Shot Put

48-8Suzie Snider	1974
44-8 ½Chana JonesAustin, Texas1990
43-8 ½Rachal RoesslerCollege Station, Texas2001
43-7Dorothy PayneCollege Station, Texas (SWC)1992
43-6Chana JonesArlington, Texas1990

Javelin

151-11Tammy WilkersonAustin, Texas (SWC)1995
149-6Tammy WilkersonWaco, Texas1994
145-9Tammy WilkersonArlington, Texas1994
145-4Tammy WilkersonHouston, Texas (SWC)1994
143-7Tammy WilkersonWaco, Texas1994

Discus

156-11Suzie Snider	1975
149-2Chana JonesWaco, Texas1993
148-10Eboni HammondHouston, Texas2000
148-4Eboni HammondAustin, Texas2001

Hammer Throw

141-6Rachal RoesslerAustin, Texas2001
140-10Rachal RoesslerCollege Station, Texas2001
140-10Rachal RoesslerCollege Station, Texas (Big 12)2001
136-7Rachal RoesslerCollege Station, Texas1999
127-11Rachal RoesslerNorman, Okla.2000

4x100-Meter Relay
43.94Ssereta Lafayette, Tamara JohnsonAustin, Texas1999
Stacey Bowers, Yulanda Nelson
44.08Yulanda Nelson, Ssereta LafayetteWaco, Texas1998
Nzingah Kamani, Stacey Bowers
44.10Marquisha Sefas, April HollinessWaco, Texas2004
Elizabeth Wilson, Lakadron Ivery
44.11Marquisha Sefas, April HollinessAustin, Texas2004
Elizabeth Wilson, Lakadron Ivery
44.17Ssereta Lafayette, Chava DemartCollege Station, Texas2001
Keisa Brown, Barbaa Petrahn

4x400-Meter Relay
3:29.11Angelique Banket, Alayah CooperColumbia, Mo. (Big 12)1998
Yulanda Nelson, Jennifer Jordan
3:30.99....Tiffany Wise, Chava DemartBaton Rouge, La. (NCAA)2002
Danielle Myricks, Barbara Petrahn
3:31.41Tiffany Wise, Chava DemartEugene, Ore. (NCAA)2001
Keisa Brown, Barbara Petrahn
3:31.84....Melissia Roland, Stacy MilliganEugene, Ore. (NCAA)1996
Stacey Bowers, Jennifer Jordan
3:32.27....Tiffany Wise, Chava DemartBaton Rouge, La. (NCAA)2002
Danielle Myricks, Barbara Petrahn

4x440-Yard Relay
3:43.30....Rena Napoleon, Danielle MyricksWaco, Texas2004
Lauren Tillman, Lakadron Ivery

4x800-Meter Relay
8:44.86....Heather Van Dyke, Natalie NalepaDes Moines, Iowa1991
Kristi Walkup, Kristen Mulliner
8:44.97....Kristi Walkup, Sonia SepulvedaAustin, Texas1992
Janet Dollins, Kristin Mulliner
8:45.18....Heather Van Dyke, Kristi WalkupAustin, Texas1991
Janet Dollins, Kristin Mulliner
8:49.81Shelly Green, Jill ChertudiDes Moines, Iowa1995
Hope Amos, Jennifer Hamel
8:50.36....Michelle Riley, Jennifer HamelAustin, Texas1994
Shelly Green, Jill Chertudi

Distance Medley Relay
11:30.35....Karin Erstrom, Keisa BrownAustin, Texas1999
Idoreyin Esiere, Sherri Smith
11:30.54....Janet Dollins, Shelia GibsonDes Moines, Iowa1991
Heather Van Dyke, Kristin Mulliner
11:32.02....Kim Nuffer, Shelia GibsonDes Moines, Iowa1990
Natalie Nalepa, Kristin Mulliner
11:33.89....Maria Zajvaldova, Jennifer JordanDes Moines, Iowa1995
Jill Chertudi, Jennifer Hamel
11:35.98....Jennifer Hamel, Melissia RolandDes Moines, Iowa1994
Jill Chertudi, Catherine Hall

Heptathlon
5,499Jordan WillmanAustin, Texas (Big 12).....2003
5,481Kerry O'BricCollege Station, Texas (Big 12)2001
5,464Kerry O'BricDurham, N.C. (NCAA)2000
5,428Kerry O'BricColumbia, Mo. (Big 12).....2000
5,400Jordan WillmannSacramento, Calif. (NCAA).....2003

-MEN-

100 Meters

10.13Michael JohnsonWaco, Texas (SWC)1989
10.16Bruce DavisAustin, Texas (SWC)1984
10.19Michael JohnsonAustin, Texas1988
10.21Bruce DavisFort Worth, Texas (SWC)1983
10.22Bruce DavisCollege Station, Texas1981
	Tre GardnerWaco, Texas2000

200 Meters

19.85Michael JohnsonEdinburgh, Scotland1990
19.91Michael JohnsonCollege Station, Texas1990
20.06Michael JohnsonAustin, Texas1989
20.07Michael JohnsonAustin, Texas (SWC)1988
20.09Michael JohnsonCollege Station, Texas1988

400 Meters

44.21Michael JohnsonRieti, Italy1990
44.50 Jeremy Wariner College Station, Texas (NCAA Reg.) 2004
44.51 Darold Williamson College Station, Texas (NCAA Reg.) 2004
44.59 Darold Williamson Waco, Texas (MJ) 2004
	Raymond PierreProvo, Utah (NCAA)1989
44.71 Jeremy Wariner Austin, Texas (NCAA) 2004

800 Meters

1:45.98Terril DavisDurham, N.C.1990
1:47.12Todd HarbourFort Worth, Texas1980
1:47.23Derwin GrahamHouston, Texas (SWC)1986
1:47.38Floyd ThompsonPalo Alto, Calif.2001
1:47.42Derwin GrahamIndianapolis, Ind. (NCAA)1986

1,500 Meters

3:35.87Todd HarbourOslo, Norway1980
3:39.27Todd HarbourChampaign, Ill. (NCAA)1979
3:39.65Todd HarbourAustin, Texas (NCAA)1980
3:41.70Todd HarbourBaton Rouge, La.1980
3:42.53Todd HarbourAustin, Texas (SWC)1978

Mile

3:50.34Todd HarbourOslo, Norway1981
3:50.87Todd HarbourOslo, Norway1981
4:03.55Todd HarbourAustin, Texas1979
4:06.02John RobinsonHouston, Texas1981
4:06.55Walker LeaCollege Station, Texas1976

5,000 Meters

13:58.9+Pete MoralesDes Moines, Iowa1970
14:00.27Brian KeimDes Moines, Iowa1997
14:06.92Kyle KingColumbia, Mo. (Big 12)2002
14:11.82Kyle KingSacramento, Calif. (NCAA)2003
14:12.87Bill AdamsWaco, Texas1977

10,000 Meters

29:30.2Bill AdamsDes Moines, Iowa1979
29:37.0Bill AdamsDes Moines, Iowa1978
29:49.72Matt ChancePalo Alto, Calif.2003
29:59.3Bill AdamsAustin, Texas1979
30:01.2Bill AdamsChampagne, Ill. (NCAA)1979

110-Meter Hurdles

13.38Jeff JacksonAtlanta, Ga. (Olympic Trials)1996
13.44Jeff JacksonFayetteville, Ark.1996
13.2+Jeff JacksonCollege Station, Texas1996
13.52Jeff JacksonEugene, Ore. (NCAA)1996
13.53Reyna ThompsonHouston, Texas (SWC)1986
	Jeff JacksonArlington, Texas1994
	Jeff JacksonWaco, Texas1996

400-Meter Hurdles

48.68Bayano KamaniBoise, Idaho (NCAA)1999
48.73Paul MontgomeryProvo, Utah (NCAA)1982
49.14Paul MontgomeryHouston, Texas (SWC)1982
49.20Paul MontgomeryAustin, Texas1982
49.22Bayano KamaniCollege Station, Texas (Big 12)2001

3,000-Meter Steeplechase

8:58.40Trent SharpWaco, Texas (SWC)1989
9:01.86James ScottWaco, Texas (SWC)1980
9:02.07Trent SharpAustin, Texas1989
9:04.70James ScottCollege Station, Texas1982
9:05.23Kerry MorganHouston, Texas1985

High Jump

7-4 ½Jeff WylieHouston, Texas1989
7-3 ¾Garland CoalsenProvo, Utah (NCAA)1982
7-3 ¼Jeff WylieHouston, Texas1991
7-2 ½Bill WimberlyAbilene, Texas1977
	Jeff WylieNorman, Okla.1991

Long Jump

26-9 ½Danny BrabhamCollege Station, Texas1973
26-7Danny BrabhamLubbock, Texas1971
26-2Danny BrabhamLawrence, Kan.1971
26-2Danny BrabhamAbilene, Texas1971
25-11Danny BrabhamWaco, Texas1971

Triple Jump

49-3 ½Charles PowellAustin, Texas (SWC)1984
48-4 ½Charles PowellArlington, Texas1985
47-11Charles PowellBaton Rouge, La.1984
47-9Danny BrabhamLubbock, Texas1972
47-7 ¼Danny BrabhamArlington, Texas1971

Pole Vault

19-2 ¾Bill PayneHouston, Texas (SWC)1991
19-0 ¼Bill PayneAbilene, Texas1991
18-9 ¼Bill PayneWaco, Texas1990
18-8 ¼Bill PayneEugene, Ore. (NCAA)1991
18-6 ½Bill PayneDes Moines, Iowa1991

Shot Put

63-6 ¼Marvin LewisBaton Rouge, La. (NCAA)1987
62-11Marvin LewisArlington, Texas1987
62-7 ¼Marvin LewisLubbock, Texas (SWC)1987
62-2 ¼Marvin LewisDes Moines, Iowa1986
62-1 ¾Marvin LewisWaco, Texas1987

Javelin

207-0Bobby RawlsWaco, Texas1986
201-8Bobby RawlsAustin, Texas1986
201-1Clifton RubinWaco, Texas (Big 12)1997
195-11 ¾Bobby RawlsCollege Station, Texas1986
195-2Bobby RawlsLafayette, La.1986

Discus

185-3Dan MosleyWaco, Texas1971
181-7 ½Kevin HancockArlington, Texas1984
181-7Kevin HancockAustin, Texas (SWC)1984
181-1 ½Jim LancasterWaco, Texas1964
178-8David MarkertDallas, Texas1981

Hammer

142-5 Chris Cardwell Norman, Okla. - Big 12 (4/30) 2004
137-1 Blake Havran Waco, Texas (MJ) 2004
120-2Jimmy StuartWaco, Texas2000

Decathlon

7,635Tommy RichardsHouston, Texas (SWC)1991
7,469Tommy RichardsWalnut Hill, Calif.1991
7,325Tommy RichardsCollege Station, Texas1990
7,310Tommy RichardsCollege Station, Texas1991
6,897Tommy RichardsAustin, Texas1991

4x100-Meter Relay

38.98Kermit Ward, Tony MillerDurham, N.C. (NCAA)1990
	Michael Johnson, Lee Miles		
39.10Bruce Davis, Arthur McCullarDallas, Texas (SWC)1981
	Gerald McNeil, Zeke Jefferson		
39.16Darnell Chase, Johnny ThomasAustin, Texas (NCAA)1985
	Reyna Thompson, Willie Caldwell		
39.20Darnell Chase, Johnny ThomasAustin, Texas (NCAA)1985
	Reyna Thompson, John Simpson		
39.23Bruce Davis, Johnny ThomasAustin, Texas (SWC)1984
	Willie Caldwell, Zeke Jefferson		

4x200-Meter Relay
 1:21.06Darnell Chase, Johnny ThomasDes Moines, Iowa1985
 Willie Caldwell, John Simpson
 1:21.24Michael Johnson, Raymond Pierre.....Des Moines, Iowa1987
 Darnell Chase, Keith Stanford
 1:21.1Kermit Ward, James Glenn.....Austin, Texas1989
 Raymond Pierre, Michael Johnson
 1:21.59Eric Lathan, Michael Ford.....Austin, Texas1995
 Raoul Howard, Deon Minor
 1:21.77Kermit Ward, Lee MilesAustin, Texas1990
 Tony Miller, Michael Johnson

4x400-Meter Relay
 3:00.60Michael Ford, Raoul HowardKnoxville, Tenn. (NCAA)1995
 Corey Williams, Deon Minor
 3:00.61Michael Ford, Raoul HowardArlington, Texas1995
 Deon Minor, Marlon Ramsey
 3:00.64Daniel Fredericks, Tony Miller.....Austin, Texas (NCAA).....1992
 Ethridge Green, Deon Minor
 3:00.66Todd Thompson, Terril DavisKingston, Jamaica1989
 Raymond Pierre, Michael Johnson
 3:00.83Darnell Chase, Keith StanfordBaton Rouge, La. (NCAA) ..1987
 Michael Johnson, Raymond Pierre

Sprint Medley Relay
 3:13.00Kermit Ward, Michael Johnson.....Austin, Texas1989
 Raymond Pierre, Terril Davis
 3:14.2Kermit Ward, James Glenn.....Des Moines, Iowa1989
 Raymond Pierre, Terril Davis
3:15.01Jeremy Wariner, Jamen SaziruAustin, Texas2004
Darold Williamson, Wil Fitts
 3:16.15Kermit Ward, Daniel FredericksDallas, Texas1990
 Michael Johnson, Terril Davis
 3:16.81Kermit Ward, Michael Johnson.....Austin, Texas1990
 Raymond Pierre, Terril Davis

4x800-Meter Relay
 7:17.55Jon Capron, Damian Davis.....Des Moines, Iowa2000
 Jonathan Pike, Floyd Thompson
 7:17.9+Phil McClendon, Arthur Nious.....Des Moines, Iowa1976
 Walker Lea, Mark Lawless
 7:19.04John Robinson, Bob ForsytheAustin, Texas1984
 Steve Horton, Derwin Graham
 7:20.50Duff McDuffee, Steve HortonAustin, Texas1983
 Grant Thacker, Derwin Graham
 7:20.3+Ray Alaniz, John Mayfield.....Des Moines, Iowa1970
 Jimmy Miller, Bob Brice

Distance Medley Relay
 9:31.68Greg Harbour, Bill HartsonDes Moines, Iowa1980
 Doug Tucker, Todd Harbour
 9:34.63Jeff Hilburn, Bobby BurkhalterDes Moines, Iowa1979
 Bjorge Ruud, Todd Harbour
 9:35.27Doug Tucker, Bobby BurkhalterCollege Station, Texas1981
 John Robinson, Todd Harbour
 9:37.03Chris Clarke, Mark CollinsDes Moines, Iowa1978
 Bjorge Ruud, Todd Harbour
 9:42.14Ferenc Bekesi, Joel MartinAustin, Texas2002
 Jon Capron, Kyle King

(DP) - Dr Pepper Invitational
 (MJ) - Michael Johnson Classic
Bold indicates 2004 mark
 + Converted from yards
 Y Run in yards