

BAYLOR

TRACK & FIELD

SCHEDULE

Wednesday, June 6

All Times PDT

Combined Events

10:00 a.m.	100 Meters (Decathlon)
	Long Jump (Decathlon)
	Shot Put (Decathlon)
	High Jump (Decathlon)
	400 Meters (Decathlon)

Field Events

10:30 a.m.	Men's Javelin (Qualifying)
11:00 a.m.	Women's Hammer (Qualifying)
1:45 p.m.	Men's Hammer (Qualifying)
3:00 p.m.	Women's Pole Vault (Qualifying)
4:00 p.m.	Men's Long Jump (Qualifying)
4:15 p.m.	Women's High Jump (Qualifying)
4:30 p.m.	Women's Discus (Qualifying)
5:45 p.m.	Women's Long Jump (Qualifying)
6:30 p.m.	Men's Pole Vault (Qualifying)
7:00 p.m.	Men's Discus (Qualifying)
7:15 p.m.	Men's High Jump (Qualifying)

Track Events

3:00 p.m.	Men's 4x100-Meter Relay (Semifinal)
3:20 p.m.	Women's 4x100-Meter Relay (Semifinal)
3:40 p.m.	Men's 800 Meters (First Round)
4:00 p.m.	Women's 800 Meters (First Round)
4:20 p.m.	400 Meters (Decathlon)
4:40 p.m.	Men's 100 Meters (First Round)
5:00 p.m.	Women's 100 Meters (First Round)
5:20 p.m.	Men's 110-Meter Hurdles (First Round)
5:40 p.m.	Women's 100-Meter Hurdles (First Round)
6:00 p.m.	Men's 400 Meters (First Round)
6:20 p.m.	Women's 400 Meters (First Round)
6:40 p.m.	Men's 100 Meters (First Round)
6:55 p.m.	Women's 100 Meters (First Round)
7:10 p.m.	Men's 110-Meter Hurdles (Semifinal)
7:25 p.m.	Women's 100-Meter Hurdles (Semifinal)
8:00 p.m.	Men's Steeplechase (Semifinal)
8:25 p.m.	Women's Steeplechase (Semifinal)
8:50 p.m.	Men's 5,000 Meters (Semifinal)
9:30 p.m.	Women's 5,000 Meters (Semifinal)

Bold indicates Baylor event

2007 NCAA Outdoor Championships

Wednesday-Saturday, June 6-9

Alex G. Spanos Sports Complex
Sacramento, Calif.

TV (Live): CSTV - Fri., June 8 - 7:30 p.m.-10:30 p.m. CDT

CBS - Sat., June 9 - 12 p.m.-2p.m. CDT

Live Results: www.hornetsports.com

The Baylor track and field team will compete at the 2007 NCAA Outdoor Track and Field Championships on June 6-9, at the Alex G. Spanos Sports Complex in Sacramento, Calif.

The Bears, ranked seventh in the final USTFCCA Division I Men's poll, enter the meet following an impressive showing last week at the 2007 NCAA Midwest Regional at Drake Stadium in Des Moines, Iowa. The Bears recorded two championships, including an individual title by **Quentin Iglehart-Summers** (San Antonio, Texas) and a relay title by the men's 4x400-meter relay.

Baylor earned five automatic qualifiers for the NCAA Championships and then received six at-large bids from the NCAA on Tuesday.

The men's 4x400-meter relay won the Midwest Region Championship for the fifth straight year, setting a new regional meet record of 3:01.66. The time is the fastest in the NCAA this season, the third fastest in the United States, and the fifth-fastest in the world.

Baylor ran sub-3:02 in the 4x400-meter relay for the 73rd time in NCAA history. The Bears are responsible for 30 of those 73 times (41.1%), with Arizona State ranking second with six such occurrences. The time also marks the 202nd time in NCAA history that a 4x400-meter relay ran under 3:03. Baylor owns 65 of the 202 times (32.2%), with LSU in second place with 13 occurrences.

Iglehart-Summers won the 400 meters with a season-best time of 45.62, while freshman teammate and Big 12 Champion **LeJerald Betters** (Waco, Texas) took second in 45.77. For Iglehart-Summers, the time marked the third race under 46 seconds on the season, while Betters recorded his fourth time under 46 seconds.

Reggie Witherspoon (Marietta, Ga.), ranked second in the nation in the 200 meters, took second at the Midwest Regional in a time of 20.76. The race was the fourth straight that Witherspoon clocked a sub-21 second time. Before the Big 12 Championships, the senior had never dropped below 21 seconds, with a personal best of 21.02.

Lauren Hagans (Little Rock, Ark.) earned an automatic qualifying spot with her fifth-place finish in the women's 800 meters. Hagans ran a personal best time of 2:05.69, setting a new Baylor record in the event.

Baylor will travel with nine men and 11 women to the NCAA Championships. Receiving at-large bids to the outdoor meet are **J.T. Scheuerman** (Littleton, Colo.) who placed sixth in the 400 meters at the Midwest Regional and holds a season-best time of 46.63, **Carla Grace** (San Antonio, Texas) a ninth-place finisher at the region meet and a top time of 23.19, and **Nichole Jones** (Spring, Texas) who took sixth place in the women's 800 meters with a personal-best time of 2:05.70 after being edged at the line by Hagans for the last automatic qualifying spot and the school record. Jones, the 2007 Big 12 Indoor and Outdoor Freshman of the Year, set the previous school record of 2:05.89 at the Big 12 Championships.

Baylor also received at-large berths for its men's and women's 4x100-meter teams and its women's 4x400-meter relay. The women's 4x400-meter relay set a season-best time of 3:34.31 to finish fifth at the Midwest Regional. The Lady Bears also hold a season-best time of 44.89 in the sprint relay. The men's 4x100-meter relay won the Big 12 Championship in 39.65, but battled injury at the regional meet and failed to earn an automatic spot in the championships. The Bears hold a season-best time of 39.63 at the Drake Relays.

Live results for the 2007 NCAA Outdoor Track and Field Championships will be available online at www.ncaasports.com and www.hornetsports.com.



Jon Brown - Track & Field Media Relations Contact

Assistant Director of Athletic Media Relations

Cell: (254) 644-3458

E-Mail: jonathan_brown@baylor.edu

SCHEDULE

Thursday, June 7

All Times PDT

Combined Events

10:00 a.m.	110-Meter Hurdles (Decathlon)
	Discus (Decathlon)
	Pole Vault (Decathlon)
	Javelin (Decathlon)
	1,500 Meters (Decathlon)
10:30 a.m.	100-Meter Hurdles (Heptathlon)
	High Jump (Heptathlon)
	Shot Put (Heptathlon)
	200 Meters (Heptathlon)

Field Events

4:00 p.m.	Women's Long Jump (Final)
5:15 p.m.	Men's Shot Put (Qualifying)

Track Events

3:10 p.m.	200 Meters (Heptathlon)
3:30 p.m.	Men's 200 Meters (First Round)
3:50 p.m.	Women's 200 Meters (First Round)
4:10 p.m.	Men's 400-Meter Hurdles (First Round)
4:30 p.m.	Women's 400-Meter Hurdles (First Round)
4:50 p.m.	Men's 800 Meters (Semifinal)
5:05 p.m.	Women's 800 Meters (Semifinal)
5:20 p.m.	Men's 200 Meters (Semifinal)
5:35 p.m.	Women's 200 Meters (Semifinal)
5:50 p.m.	1,500 Meters (Decathlon)
6:05 p.m.	Men's 1,500 Meters (Semifinal)
6:25 p.m.	Women's 1,500 Meters (Semifinal)
6:45 p.m.	Men's 4x400-Meter Relay (Semifinal)
7:10 p.m.	Women's 4x400-Meter Relay (Semifinal)
8:00 p.m.	Men's 10,000 Meters (Final)
8:40 p.m.	Women's 10,000 Meters (Final)

Bold indicates Baylor event

Who To Watch Men

R.J. ANDERSON (SO., BIG PINE KEY, FLORIDA):

- ◆ 2007 Big 12 Outdoor Champion (4x100-Meter Relay)
- ◆ 2007 All-Midwest Region (4x100-Meter Relay)
- ◆ 2007 All-Big 12 Indoors (600 Yards)
- ◆ 2006 NCAA Midwest Region Champion (4x400-Meter Relay)
- ◆ 2006 Big 12 Outdoor Champion (Mile Relay)
- ◆ 2006 All-Big 12 Indoors (Distance Medley Relay)

2007: Recorded his fastest time of the season in the 400 meters at the Big 12 Championships when he clocked 47.07...Ran the lead-off leg for Baylor's Big 12 Champion 4x100-meter relay team...Also ran lead-off leg on the season-best sprint relay time of 39.63 at the Drake Relays...All-Region performer in the 4x100-meter relay...Finished 15th at the Midwest Regional in the 400 meters with a time of 47.32...Helped Baylor to the 4x100-meter relay title at the Drake Relays when Baylor won all four sprint relay titles (4x100-, 4x200-, 4x400-, and sprint medley relays), the first time a time accomplished the feat since Illinois in 1944, a span of 63 years...During indoor, recorded a top time in the 400 meters of 47.42 at the Tyson Invitational...Finished in eighth place to earn All-Big 12 honors in the 600 yards with a time of 1:13.26...Ran a preliminary time of 1:10.14 in the 600 yards to post his top time of the season.

LeJERALD BETTERS (FR., WACO, TEXAS):

- ◆ 2007 NCAA Indoor Champion (4x400-Meter Relay)
- ◆ 2007 All-American Indoors (400 Meters)
- ◆ 2007 Big 12 Outdoor Freshman of the Year
- ◆ 2007 NCAA Midwest Region Champion (4x400-Meter Relay)
- ◆ 2007 All-Midwest Region (400 Meters)
- ◆ 2007 Big 12 Outdoor Champion (400 Meters)
- ◆ 2007 Big 12 Outdoor Champion (4x400-Meter Relay)
- ◆ 2007 Big 12 Indoor Champion (4x400-Meter Relay)
- ◆ 2007 All-Big 12 Indoors (400 Meters)

2007: Won the Big 12 title in the open 400 meters with a time of 45.33, the 12th fastest in Baylor history...All-Region performer in the 400 meters after finishing second in 45.77...Midwest Region Champion in the 4x400-meter relay, setting a new nation-leading time of 3:01.66...Recorded four times under 46 seconds in the open 400 meters...Ran the anchor leg on Baylor's Big 12 Champion 4x400-meter relay, clocking a 44.5 second split...Ran the second leg on Baylor's second-fastest time of 3:02.00 in the 4x400-meter relay at Drake Relays...Ran the second leg on Baylor's 4x200-meter relay team that clocked 1:21.65 at Drake Relays, the fastest time in the world this season...Helped Baylor to the 4x200- and 4x400-meter relay titles at the Drake Relays when Baylor won all four sprint relay titles (4x100-, 4x200-, 4x400-, and sprint medley relays), the first time a time accomplished the feat since Illinois in 1944, a span of 63 years...Season-best time in the 200 meters of 21.55 at the Dr Pepper Invitational...During Indoor, ran the second leg of Baylor's NCAA Championship team that recorded a time of 3:04.24, the second-fastest time in Baylor history...Earned All-America honors in the 400 meters with a time of 47.07 at the NCAA Championships in Fayetteville, Ark...Ran a season-best time in the 400 meters of 46.31...Ran the second leg of Baylor's Big 12 Champion 4x400-Meter relay team that set a time at 3:04.96...Won his preliminary heat in 46.67, and finished third in the finals at 46.31 in the 400 meters at the Big 12 Indoor Championships to earn all-conference honors.

TREY HARTS (FR., LAKE CHARLES, LOUISIANA):

- ◆ 2007 All-American Indoors (200 Meters)
- ◆ 2007 Big 12 Outdoor Champion (4x100-Meter Relay)
- ◆ 2007 All-Big 12 Outdoors (200 Meters)
- ◆ 2007 All-Big 12 Indoors (200 Meters)

2007: Ran the anchor leg on Baylor's 4x100-meter relay team that won the Big 12 Championship with a time of 39.65...Also ran anchor on the season-fastest sprint relay that recorded a time of 39.63 at Drake Relays...Clocked personal-best time of 20.74 in the preliminaries of the 200 meters at the Big 12 Outdoor Championships...Ran 21.05 in the finals to finish sixth and earn All-Big 12 honors...Battled injury at the Midwest Regional, finishing 20th in the 200 meters with a time of 23.39...Anchored the 4x100-meter relay in preliminaries at the Midwest Regional...Recorded two times under 21 seconds in the 200 meters...Clocked a season-best time of 10.46 in the 100 meters at the Michael Johnson Classic...Ran on Baylor's 4x200-meter relay team that set a time of 1:21.65, the fastest time in the world this year at the Drake Relays...Helped Baylor to the 4x100-, 4x200-meter, and sprint medley relay titles at the Drake Relays when Baylor won all four sprint relay titles (4x100-, 4x200-, 4x400-, and sprint medley relays), the first time a time accomplished the feat since Illinois in 1944, a span of 63 years...During Indoor, recorded a time of 21.09 to finish in eighth place at the NCAA Championships, to earn All-America honors...Ran a season-fastest time of 20.89 in Ames, Iowa, and recorded two times under 21 seconds...Won his preliminary heat in 20.98, and finished second in the finals in 20.89 at the Big 12 Indoor Championships to earn All-Big 12 honors...Recorded a season-best time of 6.79 in the 60 meters at Albuquerque, N.M.

SCHEDULE

Friday, June 8

All Times PDT

Combined Events

11:30 a.m. Long Jump (Heptathlon)
Javelin (Heptathlon)
800 Meters (Heptathlon)

Field Events

11:00 a.m. Women's Hammer (Final)
1:15 p.m. Men's Hammer (Final)
1:45 p.m. Men's Triple Jump (Qualifying)
3:00 p.m. Men's High Jump (Final)
3:15 p.m. Women's Triple Jump (Qualifying)
3:15 p.m. Women's Discus (Final)
5:15 p.m. Women's High Jump (Final)
6:15 p.m. Men's Pole Vault (Final)
6:15 p.m. Women's Pole Vault (Final)
7:15 p.m. Men's Javelin (Final)

Track Events

3:50 p.m. 800 Meters (Heptathlon)
4:30 p.m. Men's 4x100-Meter Relay (Final)
4:40 p.m. Women's 4x100-Meter Relay (Final)
5:35 p.m. Men's 110-Meter Hurdles (Final)
5:45 p.m. Women's 100-Meter Hurdles (Final)
5:55 p.m. Men's 400 Meters (Semifinal)
6:05 p.m. Women's 400 Meters (Semifinal)
6:15 p.m. Men's 100 Meters (Final)
6:25 p.m. Women's 100 Meters (Final)
6:40 p.m. Men's 400-Meter Hurdles (Semifinal)
6:55 p.m. Women's 400-Meter Hurdles (Semifinal)
7:10 p.m. Men's Steeplechase (Final)
7:25 p.m. Women's Steeplechase (Final)
7:45 p.m. Men's 5,000 Meters (Final)
8:10 p.m. Women's 5,000 Meters (Final)

Bold indicates Baylor event

QUENTIN INGLEHART-SUMMERS (SO., SAN ANTONIO, TEXAS):

- ◆ 2007 NCAA Indoor Champion (4x400-Meter relay)
- ◆ 2007 All-American Indoors (400 Meters)
- ◆ 2007 NCAA Midwest Region Champion (400 Meters)
- ◆ 2007 NCAA Midwest Region Champion (4x400-Meter Relay)
- ◆ 2007 Big 12 Outdoor Champion (4x400-Meter Relay)
- ◆ 2007 All-Big 12 Outdoors (400 Meters)
- ◆ 2007 Big 12 Indoor Champion (4x400-Meter Relay)
- ◆ 2007 All-Big 12 Indoors (400 Meters)
- ◆ 2006 All-American Outdoors (4x400-meter Relay)
- ◆ 2006 NCAA Midwest Region Champion (4x400-Meter Relay)
- ◆ 2006 Big 12 Outdoor Champion (4x400-Meter Relay)
- ◆ 2006 Big 12 Indoor Champion (4x400-Meter Relay)
- ◆ 2006 All-Big 12 Outdoors (400 Meters)
- ◆ 2006 All-Big 12 Indoors (400 Meters)

2007: Won the NCAA Midwest Regional 400 meters with a season-best time of 45.62...Anchored Baylor's 4x400-meter relay to the nation's fastest time of 3:01.66 at the Midwest Regional...Ran the second leg on Baylor's Big 12 Champion 4x400-meter relay team...Finished third in the open 400 meters with a season-best time of 45.84...Clocked three times under 46 seconds on the season...Ran the anchor leg when Baylor recorded a time of 3:02.00 in the 4x400-meter relay at Drake Relays...Recorded a season-best time of 21.56 in the 200 meters at the Dr Pepper Invitational...Helped Baylor to the 4x400-meter and sprint medley relay titles at the Drake Relays when Baylor won all four sprint relay titles (4x100-, 4x200-, 4x400-, and sprint medley relays), the first time a time accomplished the feat since Illinois in 1944, a span of 63 years...During Indoor, ran the anchor leg on Baylor's NCAA Champion 4x400-meter relay team that clocked 3:04.24, the second-fastest time in Baylor history...Ran a season-fastest time of 46.07 in the 400 meters to finish third overall at the NCAA Championships to earn All-America honors...Anchored Baylor's 4x400-Meter relay team to the conference championship with a time of 3:04.96...Finished second in the 400 meters at the Big 12 Championships for the second straight year...Won his preliminary heat in 47.08, and finished second in the finals with 46.31 at the conference meet...Ranks fourth in the nation entering the weekend.

KEVIN MUTAI (SR., ROUND ROCK, TEXAS):

- ◆ 2007 NCAA Indoor Champion (4x400-Meter relay)
- ◆ 2007 NCAA Midwest Region Champion (4x400-Meter Relay)
- ◆ 2007 All-Midwest Region (800 Meters)
- ◆ 2007 Big 12 Outdoor Champion (4x400-Meter Relay)
- ◆ 2007 All-Big 12 Outdoors (800 Meters)
- ◆ 2007 Big 12 Indoor Champion (4x400-Meter Relay)
- ◆ 2007 All-Big 12 Indoors (600 Yards)
- ◆ 2006 All-American Outdoors (4x400-Meter Relay)
- ◆ 2006 NCAA Midwest Region Champion (4x400-Meter Relay)
- ◆ 2006 Big 12 Outdoor Champion (4x400-Meter Relay)
- ◆ 2006 Big 12 Indoor Champion (4x400-Meter Relay)
- ◆ 2006 Big 12 Indoor Champion (600 Yards)
- ◆ 2005 All-American Outdoors (4x400-Meter Relay)
- ◆ 2005 NCAA Midwest Region Champion (4x400-Meter Relay)
- ◆ 2005 All-NCAA Midwest Region (400 Meters)
- ◆ 2005 Big 12 Outdoor Champion (4x400-Meter Relay)
- ◆ 2005 All-Big 12 Outdoors (400 Meters)
- ◆ 2005 Big 12 Indoor Champion (4x400-Meter Relay)
- ◆ 2005 All-Big 12 Indoors (600 Yards)
- ◆ 2004 All-Big 12 Indoors (600 Yards)

2007: Finished eighth in the 800 meters at the NCAA Midwest Regional with a time of 1:50.08...Recorded a personal-best time of 1:48.80 in the 800 meter preliminaries...Ran third leg on Baylor's 4x400-meter relay that set a nation-leading time of 3:01.66 at the Midwest Regional...Ran the third leg on Baylor's Big 12 Champion 4x400-meter relay team...Finished fifth at the Big 12 Championships in the 800 meters with a time of 1:50.96, to earn All-Big 12 honors...Ran a time of 1:50.10 at the Stanford Invitational...Ran the third leg of Baylor's 4x400-meter relay team that clocked 3:02.00 at the Drake Relays...Ran a 1:50 split on the 800-meter leg of Baylor's winning sprint medley relay team at Drake Relays...Helped Baylor to the 4x400-meter and sprint medley relay titles at the Drake Relays when Baylor won all four sprint relay titles (4x100-, 4x200-, 4x400-, and sprint medley relays), the first time a time accomplished the feat since Illinois in 1944, a span of 63 years...Ran a regional qualifying time of 47.16 in the 400 meters in the opening meet of the season, the only time he ran the open 400 meters...During Indoor, ran the third leg of Baylor's NCAA Champion 4x400-meter relay team that clocked 3:04.24, the second-fastest time in Baylor history...Ran a provisional qualifying time in the 400 meters with a 47.04 at the Arkansas Invitational...Won his heat of the 600 yards at the Big 12 Championships in 1:09.47, then clocked a personal best of 1:09.03, the fifth-fastest time in Baylor history, to finish third in the finals...Was a member of each of Baylor's provisional or automatic qualifying 4x400-meter relay teams this year, the only athlete with that claim...Earned Academic All-Big 12 second team honors.

J.T. SCHEUERMAN (FR., LITTLETON, COLORADO):

- ◆ 2007 All-Midwest Region (400 Meters)
- ◆ 2007 All-Midwest Region (4x100-Meter Relay)
- ◆ 2007 All-Big 12 Outdoors (400 Meters)
- ◆ 2007 Big 12 Indoor Champion (4x400-Meter Relay)
- ◆ 2007 All-Big 12 Indoors (400 Meters)

2007: Ran a season-fastest 46.63 in the 400 meters at the Midwest Regional preliminaries...Clocked 46.69 in the finals to place sixth...Ran third leg on Baylor's 4x100-meter relay that finished sixth at the Midwest Regional...Recorded a time of 46.64 at the Big 12 Championships to finish sixth in the 400 meters and earn All-Big 12 honors...Ran the lead-off leg on Baylor's 4x100-meter relay that set four regional qualifying times over the course of the season...Saw action on two regional qualifying 4x400-meter relay teams...Ran a season-best 22.05 in the 200 meters at the Stanford Invitational...During Indoor, recorded two provisional times in the 400 meters, with his fastest time of 46.80 at the Washington Invitational...Won his heat in the Big 12 Championship preliminaries in 47.53, then ran a 47.30 to finish seventh in the finals...Ran in all three automatic qualifying efforts in the 4x400 meter relay, including the lead-off leg on the Big 12 championship team.

SCHEDULE

Saturday, June 9

All Times PDT

Field Events

10:00 a.m.	Women's Javelin (Final)
10:00 a.m.	Men's Shot Put (Final)
10:00 a.m.	Women's Shot Put (Final)
10:00 a.m.	Men's Triple Jump (Final)
10:00 a.m.	Women's Triple Jump (Final)

Track Events

10:05 a.m.	Men's 400-Meter Hurdles (Final)
10:12 a.m.	Women's 400-Meter Hurdles (Final)
10:19 a.m.	Men's 800 Meters (Final)
10:28 a.m.	Women's 800 Meters (Final)
10:37 a.m.	Men's 400 Meters (Final)
10:44 a.m.	Women's 400 Meters (Final)
10:51 a.m.	Men's 200 Meters (Final)
10:58 a.m.	Women's 200 Meters (Final)
11:10 a.m.	Men's 1,500 Meters (Final)
11:22 a.m.	Women's 1,500 Meters (Final)
11:36 a.m.	Men's 4x400-Meter Relay (Final)
11:48 a.m.	Women's 4x400-Meter Relay (Final)

Bold indicates Baylor event

MARK TETER (SR., SAN ANTONIO, TEXAS):

- ◆ 2007 Big 12 Outdoor Champion (4x400-Meter Relay)
- ◆ 2007 All-Big 12 Indoors (Distance Medley Relay)
- ◆ 2006 All-American Outdoors (4x400-Meter Relay)
- ◆ 2005 All-American Outdoors (4x400-Meter Relay)
- ◆ 2005 Midwest Regional Champion (4x400-Meter Relay)
- ◆ 2005 Big 12 Outdoor Champion (4x400-Meter Relay)
- ◆ 2005 All-Big 12 Indoors (400 Meters)
- ◆ 2004 NCAA Indoor Champion (4x400-Meter Relay)
- ◆ 2004 Big 12 Outdoor Champion (4x400-Meter Relay)
- ◆ 2004 Big 12 Indoor Champion (4x400-Meter Relay)
- ◆ 2004 All-Big 12 Outdoors (400 Meters)

2007: Ran the second leg on Baylor's Big 12 Champion 4x400-meter relay, his fourth Big 12 title...Recorded a season-best time of 47.12 in the 400 meters at the Big 12 Championships, dropping more than one-half second off his previous season-best time...Finished 18th at the Midwest Regional in the 400 meters with a time of 47.58...During Indoor, recorded season-best times of 48.64 in the 400 meters and 1:11.88 in the 600 yards...Ran the 400-meter leg on the distance medley relay team that clocked 9:47.06 to finish sixth at the Big 12 Championships, earning All-Big 12 honors.

COURTNEY THOMAS (FR., KILGORE, TEXAS):

- ◆ 2007 All-Midwest Region (4x100-Meter Relay)
- ◆ 2007 Big 12 Outdoor Champion (4x100-Meter Relay)
- ◆ 2007 All-Big 12 Outdoors (100 Meters)
- ◆ 2007 All-Big 12 Indoors (60 Meters)

2007: Ran the third leg on Baylor's Big 12 Champion 4x100-meter relay team that clocked 39.65...Also the third leg on Baylor's fastest time of the season in the sprint relay of 39.63 at Drake Relays...Qualified for the finals of the 100 meters at the Big 12 Championships with a time of 10.40...Earned All-Big 12 honors in the event, although he pulled up halfway through the finals with a hamstring injury...Struggled with injury at the Midwest Regional, finishing 17th in the 200 meters with a time of 21.48...Anchored Baylor to sixth place in the 4x100-meter relay at the Midwest Regional...Ran a personal best 20.52, the fourth-fastest time in Baylor history, in the 200 meters in the preliminaries of the Big 12 Championships, but missed the finals due to an injury...Clocked a season-best time of 10.31 in the 100 meters at the Michael Johnson Classic...Ran on Baylor's 4x200-meter relay that clocked 1:21.65, the fastest time in the world this season, at the Drake Relays...Recorded three times under 21 seconds in the 200 meters...Helped Baylor to the 4x100-, 4x200-meter, and sprint medley relay titles at the Drake Relays when Baylor won all four sprint relay titles (4x100-, 4x200-, 4x400-, and sprint medley relays), the first time a time accomplished the feat since Illinois in 1944, a span of 63 years...During Indoor, ran a time of 6.92 in the 60 meters to finish seventh at the Big 12 Championships, earning All-Big 12 honors...Clocked a season-fastest time of 6.81 in the 60 meters at the Sooner Open...Ran a season-best 21.38 in the 200 meters at the Last Chance Meet in Fayetteville, Ark.

REGGIE WITHERSPOON (SR., MARIETTA, GEORGIA):

- ◆ 2007 NCAA Indoor Champion (4x400-Meter Relay)
- ◆ 2007 All-American Indoors (200 Meters)
- ◆ 2007 USTFCCA South Central Region Athlete of the Year
- ◆ 2007 NCAA Midwest Region Champion (4x400-Meter Relay)
- ◆ 2007 All-Midwest Region (200 Meters)
- ◆ 2007 All-Midwest Region (4x100-Meter Relay)
- ◆ 2007 Big 12 Outdoor High Point Performer
- ◆ 2007 Big 12 Outdoor Champion (200 Meters)
- ◆ 2007 Big 12 Outdoor Champion (4x100-Meter Relay)
- ◆ 2007 All-Big 12 Outdoors (400 Meters)
- ◆ 2007 Big 12 Indoor Male Athlete of the Year
- ◆ 2007 Big 12 Indoor High Point Performer
- ◆ 2007 Big 12 Indoor Champion (200 Meters)
- ◆ 2007 Big 12 Indoor Champion (400 Meters)
- ◆ 2006 All-American Outdoors (4x400-Meter Relay)
- ◆ 2006 All-American Indoors (200 Meters)
- ◆ 2006 NCAA Midwest Region Champion (4x400-Meter Relay)
- ◆ 2006 All-Midwest Region (400 Meters)
- ◆ 2006 Big 12 Indoor Male Athlete of the Year
- ◆ 2006 Big 12 Indoor High Point Performer
- ◆ 2006 Big 12 Outdoor Champion (400 Meters)
- ◆ 2006 Big 12 Outdoor Champion (4x100-Meter Relay)
- ◆ 2006 Big 12 Outdoor Champion (4x400-Meter Relay)
- ◆ 2006 Big 12 Outdoor Champion (200 Meters)
- ◆ 2006 Big 12 Indoor Champion (400 Meters)
- ◆ 2006 Big 12 Indoor Champion (4x400-Meter Relay)

2007: Finished second in the 200 meters at the Midwest Regional in a time of 20.76...Ran a 45.4 lead-off split on the 4x400-meter relay that set the nation's fastest time in 3:01.66...Ran second leg on Baylor's 4x100-meter relay that finished sixth at the Midwest Regional...Won the 200 meters at the Big 12 Championships with a time of 20.57...Season-best time of 20.32, the second-fastest in Baylor history, came in the preliminaries at the Big 12 Championship...Ran the second leg of Baylor's Big 12 Champion 4x100-meter relay team that clocked 39.65...Also ran second leg on the season-best sprint relay team that clocked 39.63 at Drake Relays...Finished second in the 400 meters at the Big 12 Championships with a time of 45.73...Recorded his season-best time of 45.56 in the preliminary rounds...Named High Point Performer of the 2007 Big 12 Outdoor Championships, earning the honor in three of his four Big 12 meets (2006 Indoor, 2007 Indoor, 2007 Outdoor)...Ran on Baylor's 4x200-meter relay team that clocked 1:21.65, and ran a 45.1 leadoff split on Baylor's 4x400-meter relay that recorded a nation-leading time of 3:02.00 at Drake Relays...Helped Baylor to the 4x100-, 4x200-, and 4x400-meter relay titles at the Drake Relays when Baylor won all four sprint relay titles (4x100-, 4x200-, 4x400-, and sprint medley relays), the first time a time accomplished the feat since Illinois in 1944, a span of 63 years...During Indoor, ran the lead-off leg on Baylor's NCAA Championship 4x400-meter relay team that clocked 3:04.24, the second-fastest time in Baylor history...Clocked 20.77 in the 200 meters finals at the NCAA Championships to place fifth, earning All-America honors...Recorded a season-

2007 NCAA CHAMPIONSHIPS

Name	Event	Nat. Rank	Time
Carla Grace	200m	17th	23.19
Lauren Hagans	800m	16th	2:05.69
Nichole Jones	800m	17th	2:05.70
4x100-Meter Relay		18th	44.89
4x400-Meter Relay		14th	3:34.31
LeJerald Betters	400m	3rd	45.33
J.T. Scheuerman	400m	26th	46.63
Quentin Summers	400m	6th	45.62
Reggie Witherspoon	200m	2nd	20.32
4x100-Meter Relay		11th	39.63
4x400-Meter Relay		1st	3:01.66

2007 NCAA MIDWEST REGIONAL

Region Champions

Baylor	4x400-Meter Relay	3:01.66
Quentin Iglehart-Summers	400 Meters	45.62

All-Region Performers

Women

Danielle Bradley	800 Meters	2:06.51
Lauren Hagans	800 Meters	2:05.69
Nichole Jones	800 Meters	2:05.70
Lauren Tillman	400-Meter Hurdles	59.99
Baylor	4x100-Meter Relay	45.34
Baylor	4x400-Meter Relay	3:34.31

Men

LeJerald Betters	400 Meters	45.77
Quentin Iglehart-Summers	400 Meters	45.62
Kevin Mutai	800 Meters	1:50.08
J.T. Scheuerman	400 Meters	46.69
Reggie Witherspoon	200 Meters	20.76
Baylor	4x100-Meter Relay	40.22
Baylor	4x400-Meter Relay	3:01.66

best time of 20.68 in the 200 meters, the second-fastest time in Baylor history, to win his preliminary heat at the NCAA Championships... Named 2007 Big 12 Indoor Male Athlete of the Year for the second straight season...High Point Performer at the Big 12 Championships for the second consecutive time...Named South Central Region Track Athlete of the Year by the USTFCCA...Big 12 Champion in the 200 meters and 400 meters for the second straight year...Only runner in Big 12 history to win the indoor conference title in both the 200 meters and 400 meters in the same season (has accomplished the feat in consecutive years).

4x100-METER RELAY: Bears have used seven runners in six orders in the sprint relay this season...Baylor set a season-best time of 39.63 to win the Drake Relays...Ran 39.65 to win the Big 12 title...Best order of R.J. Anderson, Reggie Witherspoon, Courtney Thomas, Trey Harts...Alternates are LeJerald Betters and J.T. Scheuerman...Harts and Thomas have battled injury the last two weeks, with both anchoring one race at Midwest Regional.

4x400-METER RELAY: Holds the top time in the nation this season at 3:01.66 to win the Midwest Regional... Also holds second fastest time of 3:02.00 at Drake Relays...Clocked 3:03.94 to win the Big 12 title in Lincoln, Neb....Has not lost a race to an NCAA team all season, dropping only two races to elite professional teams... Did not lose a race to an NCAA squad during the indoor season, falling only to Team USA at the Tyson Invitational...Including both the indoor and outdoor seasons, have won 14 straight 4x400-meter relays...Baylor ran sub-3:02 in the 4x400-meter relay for the 73rd time in NCAA history...The Bears are responsible for 30 of those 73 times (41.1%), with Arizona State ranking second with six such occurrences...The time also marks the 202nd time in NCAA history that a 4x400-meter relay ran under 3:03...Baylor owns 65 of the 202 times (32.2%), with LSU in second place with 13 occurrences...The Bears win the 4x400-meter relay for the fifth-straight year at the NCAA Midwest Regional, each year since the NCAA began regional meets...The time of 3:01.66 ranks as the fifth-fastest in the world, and the third-fastest in the United States. The Bears also set the Midwest Regional record, breaking the old mark of 3:02.65, set by Baylor in 2005...Looking to win indoor and outdoor titles in the 4x400-meter relay for the fourth time...Also accomplished the feat in 1990, 1991, and 2004.

Who To Watch Women

DANIELLE BRADLEY (FR., WEST PALM BEACH, FLORIDA):

- ♦ 2007 All-Midwest Region (800 Meters)
- ♦ 2007 All-Big 12 Outdoors (800 Meters)
- ♦ 2007 All-Big 12 Indoors (800 Meters)
- ♦ 2007 All-Big 12 Indoors (Distance Medley Relay)
- ♦ School Record Holder (Distance Medley Relay)
- ♦ School Record Holder (4x800-Meter Relay)

2007: Clocked a personal-best time of 2:06.51 to finish eighth at the Midwest Regional in the 800 meters...Ran 2:08.84 in the 800 meters to finish in third place at the Big 12 Championships, earning All-Big 12 honors...Clocked 2:08.61 in the preliminary heat, the second-fastest time overall...Clocked a time of 2:08.40 at the Stanford Invitational...Clocked 4:31.01 in the 1,500 meters at the Dr Pepper Invitational...Ran the third leg (800 meters) of the distance medley relay that set a new Baylor record of 11:08.88 at the Drake Relays...On the same day, ran the opening leg on the 4x800-meter relay that set a new school record of 8:28.48, breaking the old record by more than 13 seconds...During Indoor, finished fourth in the preliminary heat of the 800 meters at the Big 12 Championships with a 2:13.38...Ran a 2:09.58 in the finals to finish third and earn All-Big 12 honors...Recorded a provisional time in the 800 meters at the Last Chance Meet in Fayetteville by clocking a 2:09.00...Ran the 800 meter leg of the DMR to finish third at the Big 12 meet to be named all-conference.

DeANA CARSON (FR., LONG BEACH, CALIFORNIA):

- ♦ 2007 All-Midwest Region (4x100-Meter Relay)

2007: Had a season-best long jump of 6.04 meters (19-09.75) at the Dr Pepper Invitational to take first place...Jumped 5.58 meters (18-03.75) at the Big 12 Championships, finishing 17th overall...Ran the third leg on Baylor's 4x100-meter relay that finished seventh at the Midwest Regional...Recorded a jump of 5.68 meters (18-07.75) at the Midwest Regional...Season-best time of 12.33 in the 100 meters at the Michael Johnson Classic...Ran the lead-off leg on the 4x100-meter relay the first two races of the season, clocking 45.17 at the Dr Pepper Invitational and 45.16 at the Stanford Invitational...During Indoor, recorded a season-best jump of 5.98 meters (19-07.50) in Albuquerque, N.M...Jumped 5.75 meters (18-10.50) at the Big 12 Championships to finish in 12th place...Season-fastest time of 25.03 in the 200 meters at the Husky Invitational to win her preliminary heat...Recorded season-best 8.62 in the 60 meters in Seattle, Wash. to place second in the preliminaries.

CARLA GRACE (JR., SAN ANTONIO, TEXAS):

- ♦ 2007 All-Midwest Region (4x100-Meter Relay)
- ♦ 2007 All-Big 12 Outdoors (200 Meters)
- ♦ 2007 All-Big 12 Outdoors (100 Meters)
- ♦ 2007 All-Big 12 Outdoors (4x400-Meter relay)
- ♦ 2007 All-Big 12 Indoors (Distance Medley Relay)
- ♦ 2007 All-Big 12 Indoors (4x400-Meter Relay)
- ♦ 2006 All-American Outdoors (4x400-Meter Relay)
- ♦ 2006 All-Big 12 Outdoors (100 Meters)
- ♦ 2006 All-Big 12 Indoors (60 Meters)
- ♦ 2006 All-Big 12 Indoors (Distance Medley Relay)
- ♦ 2005 All-Midwest Region (100 Meters)
- ♦ 2005 All-Midwest Region (200 Meters)
- ♦ 2005 All-Big 12 Outdoors (100 Meters)
- ♦ 2005 All-Big 12 Outdoors (200 Meters)
- ♦ 2005 All-American Indoors (4x400-Meter Relay)
- ♦ School Record Holder (Sprint Medley Relay)
- ♦ School Record Holder (Distance Medley Relay)

2007: Ran a time of 23.82 in the 200 meter preliminaries of the Midwest Regional to finish ninth and just miss a spot in the event finals...Ran second leg on Baylor's 4x100-meter relay that finished seventh at the Midwest Regional...Ran the second leg on Baylor's 4x400-meter relay that finished fifth at the Midwest Regional in a season-fastest time of 3:34.31...Clocked a time of 23.37 in the 200 meters to finish sixth at the Big 12

NCAA OUTDOOR CHAMPIONS

Women's Events

1999 Stacey Bowers Triple Jump 45-10

Men's Events

1985 Chase, Graham 4x400-Meter Relay 3:00.84

Thomas, Caldwell

1989 Raymond Pierre 400 Meters 44.59

1990 Michael Johnson 200 Meters 20.31

1990 Fredericks, Thompson 4x400-Meter Relay 3:01.86

Miller, Johnson

1991 Fredericks, Crenshaw 4x400-Meter Relay 3:02.52

Green, Williams

1995 Ford, Howard 4x400-Meter Relay 3:01.57

Williams, Minor

1996 Howard, Strong 4x400-Meter Relay 3:01.25

Ramsey, Ford

1999 Bayano Kamani 400-Meter Hurdles 48.68

2000 Kamani, Szeglet 4x400-Meter Relay 3:01.46

Thompson, Coutts

2001 Bayano Kamani 400-Meter Hurdles 48.99

2001 Szeglet, Kamani 4x400-Meter Relay 3:03.89

Thompson, Coutts

2004 Jeremy Wariner 400 Meters 44.71

2004 Fitts, Davis 4x400-Meter Relay 3:01.03

Wariner, Williamson

2005 Darold Williamson 400 Meters 44.51

Championships to earn All-Big 12 honors...Ran 11.70 in the finals of the 100 meters to finish seventh at the conference meet, earning her second all-league citation of the meet...Ran the second leg of the 4x400-meter relay, finishing fifth in 3:37.49 at the Big 12 Championships...Season-best time in the 200 meters came during the preliminary heats at the Big 12 Championships when she clocked 23.19, the fifth-fastest time in Baylor history...Clocked a season-best 11.54 in the 100 meters at the Michael Johnson Classic and in the Big 12 Championship preliminaries...Ran the second leg on every sprint relay for Baylor this season, recording a season-best time of 44.89 to finish second at the Drake Relays...Also ran second-leg on each 4x400-meter relay team, setting a time of 3:35.35 at the Drake Relays...During Indoor, clocked a season-best time in the 60 meters with a 7.55 at the Lobo Invitational...Best time in the 200 meters of 24.06 came at the Tyson Invitational...Ran the 400 meter leg of the third place DMR team at the Big 12 Championships...Ran the lead-off, second, and anchor legs of the 4x400 meter relay team during the season...Earned Academic All-Big 12 second team honors.

JESSICA GREGORY (FR., RICHMOND, TEXAS):

- ◆ 2007 All-Midwest Region (4x100-Meter Relay)

2007: Ran the lead off leg of the 4x100-meter relay that finished seventh at the Midwest Regional...Season-best time of 11.84 in the 100 meters in the preliminary heats at the Drake Relays...Paced eighth in the finals in 11.86...Clocked 24.60 in the 200 meters at the Big 12 Championships to place 21st overall...Ran the lead-off leg on the 4x100-meter relay for the majority of the season...Clocked a season-best time of 44.89 to take second place at the Drake Relays...During Indoors, ran a season-best time of 7.59 in the 60 meters in the preliminaries at the Sooner Open...Ran 7.62 in the 60 meters at the Big 12 Championships to place 11th overall...Clocked 25.52 to place second in the 200 meters in Seattle, Wash.

LAUREN HAGANS (JR., LITTLE ROCK, ARKANSAS):

- ◆ 2007 All-American Indoors (Distance Medley Relay)
- ◆ 2007 All-Midwest Region (800 Meters)
- ◆ 2007 All-Big 12 Outdoors (800 Meters)
- ◆ 2007 All-Big 12 Indoors (Distance Medley Relay)
- ◆ 2006 All-American Indoors (Distance Medley Relay)
- ◆ 2006 All-Midwest Region (800 Meters)
- ◆ 2006 All-Big 12 Outdoors (800 Meters)
- ◆ 2005 All-Big 12 Indoors (1,000 Meters)
- ◆ School Record Holder (800 Meters)
- ◆ School Record Holder (Distance Medley Relay - indoor and outdoor)
- ◆ School Record Holder (4x800-Meter Relay)

2007: Recorded a personal-best time of 2:05.69 to finish fifth in the 800 meters at the Midwest Regional and set a new school record in the event...Clocked a time of 2:13.59 in the 800 meters at the Big 12 Championships to finish eighth and claim All-Big 12 honors...Ran a 2:08.69 in the preliminary heats of the 800 meters at the Big 12 Championships to finish third overall...Previous season-fastest time of 2:06.60 came at the Stanford Invitational...Clocked a season-best time of 4:29.76 in the 1,500 meters at the Dr Pepper Invitational...Ran on the 4x800-meter relay team that recorded a time of 8:28.48 at the Drake Relays to set a new Baylor record, breaking the old record by more than 13 seconds...During Indoor, ran the 800 meter leg of the distance medley relay at the NCAA Championships to finish in fifth place earning All-America honors...Recorded two provisional times in the 800 meters, including a season-fastest time of 2:08.57 at the Tyson Invitational...Finished fourth in the preliminary rounds of the 1,000 meters at the Big 12 Championships, but withdrew from the finals due to injury...Ran the leadoff 1,200 meters leg of the DMR at the Big 12 indoor meet, finishing third to earn all-conference honors...Earned Academic All-Big 12 second team honors.

TIANA HOOD (FR., LONG BEACH, CALIFORNIA):

- ◆ 2007 Big 12 Indoors (4x400-Meter Relay)

2007: Clocked a season-best time of 11.80 in the 100 meters to take fifth at the Stanford Invitational...Won the Dr Pepper Invitational 100 meters with a time of 11.92...Ran a season-best 24.18 in the 200 meters at the Stanford Invitational to finish fifth overall...Ran the third leg on the 4x100-meter relay team that clocked a season-best 44.89 to take second place at the Drake Relays...Ran the third leg on the 4x400-meter relay team for half the season, helping Baylor to a best time of 3:37.30...During Indoors, ran the third leg on the 4x400-meter relay that finished third at the Big 12 Championships with a time of 3:38.54 to earn All-Big 12 honors...Recorded a season-best time in the 4x400-meter relay at the Last Chance meet in Fayetteville, Ark. with a time of 3:37.10...Ran a season-best 7.56 in the 60 meters at the Big 12 Championships to finish ninth and just miss a spot in the event finals...Finished third at the Husky Invitational in the 60 meters with a time of 7.66...Ran a season-best time of 24.19 in the 200 meters at the Big 12 Championships to finish ninth and just miss a spot in the event finals.

NICHOLE JONES (FR., SPRING, TEXAS):

- ◆ 2007 All-American Indoors (Distance Medley Relay)
- ◆ 2007 Big 12 Outdoor Freshman of the Year
- ◆ 2007 Big 12 Indoor Freshman of the Year
- ◆ 2007 All-Midwest Region (800 Meters)
- ◆ 2007 Big 12 Outdoor Champion (800 Meters)
- ◆ 2007 Big 12 Indoor Champion (1,000 Meters)
- ◆ 2007 All-Big 12 Indoors (Distance Medley Relay)
- ◆ School Record Holder (1,000 Meters)
- ◆ School Record Holder (4x800-Meter Relay)
- ◆ School Record Holder (Distance Medley Relay)

2007: Dropped her personal-best time to 2:05.70 in the 800 meters, but lost her claim to the school record in the event to Lauren Hagans, who edged Jones at the finish line...Finished sixth in the 800 meters at the Midwest Regional...Won the 800 meters at the Big 12 Championships in 2:05.89, a Baylor record at the time...Became the youngest athlete in Big 12 history to win an outdoor conference title (18 years, 44 days)...Recorded a season-best time of 4:20.94 in the 1,500 meters at the Stanford Invitational...Ran the anchor 1,600-meter leg of the distance medley relay that set a new Baylor record of 11:08.88 at the Drake Relays...On the same day, ran the anchor leg on the 4x800-meter relay that set a new school record of 8:28.48, breaking the old record by more than 13 seconds...During Indoor, ran the 1,200-meter leg of the distance medley relay that finished fifth at the NCAA Championships to earn her first All-America honor...Qualified provisionally in the mile run with a time of 4:47.32 at the Washington Invitational...Finished third in the preliminary heats of the 1,000 meters at the Big 12

BAYLOR AT THE NCAA OUTDOOR CHAMPIONSHIPS

MEN			WOMEN		
Year	Place	Pts.	Year	Place	Pts.
1921	T-25th	2	1989	T-59th	1
1923	30	1	1990	T-25th	8
1941	T-35th	0.14	1991	17th	12
1946	T-10th	10	1992	T-43rd	4
1947	T-18th	8	1994	T-29th	8
1961	T-52nd	1	1995	T-42nd	4
1972	T-51st	1	1996	T-43rd	4
1973	T-54th	1	1997	T-30th	8
1974	T-57th	1	1998	10th	25
1975	27th	8.25	1999	T-10th	20
1976	35th	5	2000	T-15th	14
1978	T-44th	1	2001	T-21st	13
1979	T-22nd	8	2002	T-41st	5
1980	T-13th	14	2003	T-29th	9
1981	T-11th	16	2004	T-34th	6
1982	T-22nd	23	2006	T-47th	4
1983	66th	5.5			
1984	19th	29			
1985	3rd	37			
1986	21st	13			
1987	10th	18			
1988	35th	8			
1989	13th	19			
1990	3rd	34			
1991	11th	18			
1992	20th	14			
1993	17th	15			
1994	9th	23			
1995	8th	26			
1996	21st	14			
1997	T-11th	18			
1998	T-19th	11			
1999	15th	19			
2000	9th	24			
2001	3rd	36.5			
2002	18th	16			
2003	T-52nd	4			
2004	7th	27			
2005	T-19th	14			
2006	T-20th	13			

Men's Outdoor Championships began in 1921, Women's Outdoor Championships started in 1982; Baylor did not score in years not listed

Championships with a time of 2:52.83...Later ran a school-record and Big 12 meet record of 2:45.68 to win the Big 12 title...Became the youngest athlete in Big 12 history to win an indoor conference title (17 years, 332 days)...Anchored the DMR team to a third place finish and all-league honors at the Big 12 indoor meet.

STASIA KELLY-TAYLOR (SO., ATLANTA, GEORGIA):

2007: Recorded a season-best jump of 12.64 meters (41-05.75) at the Big 12 Championships to finish 12th overall...Top jump of 12.13 meters (39-09.75) at the Midwest Regional to finish 21st overall...Posted five regional qualifying jumps on the season...Season-fastest time of 26.11 in the 200 meters at the Dr Pepper Invitational...During Indoor, recorded a season-best jump of 12.25 meters (40-02.25) at the Big 12 Championships to finish in 14th place overall...Season-fastest time of 26.62 in the 200 meters came at the Arkansas Invitational.

RENA NAPOLEAN (SR., COLORADO SPRINGS, COLORADO):

- ◆ 2007 All-Midwest Region (4x400-Meter Relay)
- ◆ 2007 All-Big 12 Outdoors (4x400-Meter Relay)
- ◆ 2005 All-Big 12 Outdoors (400 Meters)
- ◆ 2004 All-Big 12 Outdoors (400 Meters)
- ◆ 2004 All-Big 12 Indoors (400 Meters)

2007: Recorded a season-best time of 56.13 in the 400 meters to win the event at the Michael Johnson Classic...Clocked 56.63 in the 400 meters to finish 11th at the Big 12 Championships...Moved into the third leg position of the 4x400-meter relay halfway through the season and helped the Lady Bears to their four fastest times of the season...Ran a split of 54.5 on the third leg of the 4x400-meter relay at the Midwest Regional to place fifth with a season-best time of 3:34.31...Ran 3:37.49 at the Big 12 Championships to take fifth place in the 4x400-meter relay.

KATRINA TAYLOR (SO., BATON ROUGE, LOUISIANA):

- ◆ 2007 All-Midwest Region (4x400-Meter Relay)
- ◆ 2007 All-Midwest Region (4x100-Meter Relay)
- ◆ 2007 All-Big 12 Outdoors (4x400-Meter Relay)
- ◆ 2007 All-Big 12 Indoors (600 Yards)
- ◆ 2006 All-American Outdoors (4x400-Meter Relay)
- ◆ 2006 Big 12 Outdoor Champion (4x400-Meter Relay)
- ◆ 2006 All-Big 12 Outdoors (400 Meters)

2007: Recorded a time of 1:00.51 in the 400-meter hurdles at the Midwest Regional to place 11th overall...Ran the lead off leg on Baylor's 4x400-meter relay that finished fifth at the Midwest Regional in a season-fastest time of 3:34.31...Clocked a time of 1:00.58 in the 400-meter hurdle preliminaries at the Big 12 Championship to finish ninth, missing a spot in the finals...Season-fastest time of 1:00.02 in the 400-meter hurdles came at the Michael Johnson Classic...Ran anchor leg on each of Baylor's sprint relay teams, posting a top time of 44.89 at Drake Relays...Also ran anchor leg on the Lady Bears' 4x400-meter relay team, recording a time of 3:35.35 at the Drake Relays...During Indoor, recorded a time of 1:22.16 in the 600 yards to finish in sixth place at the Big 12 Championships to earn All-Big 12 honors...Fastest time of 56.54 in the 400 meters came at the Tyson Invitational...Ran the lead-off leg of the 4x400-meter relay at the Big 12 Championships to post a time of 3:38.54 and finish third, earning All-Big 12 honors...Ran second-leg on Baylor's fastest 4x400-meter relay of the season, clocking 3:37.10 at the Last Chance Meet in Fayetteville, Ark.

LAUREN TILLMAN (SR., LAWRENCEVILLE, GEORGIA):

- ◆ 2007 All-American Indoors (Distance Medley Relay)
- ◆ 2007 All-Midwest Region (400-Meter Hurdles)
- ◆ 2007 All-Midwest Region (4x400-Meter Relay)
- ◆ 2007 All-Big 12 Outdoors (400-Meter Hurdles)
- ◆ 2007 All-Big 12 Outdoors (4x400-Meter Relay)
- ◆ 2007 All-Big 12 Indoors (4x400-Meter Relay)
- ◆ 2006 Big 12 Outdoor Champion (4x400-Meter Relay)
- ◆ 2006 All-Big 12 Outdoors (400-Meter Hurdles)
- ◆ 2006 All-Big 12 Indoors (600 Yards)
- ◆ 2005 All-Big 12 Indoors (600 Yards)
- ◆ 2004 All-Big 12 Outdoors (400-Meter Hurdles)

2007: Set her season-fastest time of 59.16 in the preliminaries of the 400-meter hurdles at the Midwest Regional...Finished in seventh in the event finals with a time of 59.99...Ran the anchor leg on Baylor's 4x400-meter relay that finished fifth at the Midwest Regional in a season-fastest time of 3:34.31...Recorded a time of 1:00.87 in the 400-meter hurdles at the Big 12 Championships to finish fifth, earning All-Big 12 honors...Ran well in the Big 12 Championship preliminaries, clocking a 59.31...Fastest time of the season in the open 400 meters of 55.33 came at the Dr Pepper Invitational...Ran the lead-off leg on each 4x400-meter relay this season, posting a time of 3:35.35 at the Drake Relays...During Indoor, ran the 400-meter leg of the distance medley relay at the NCAA Championships to finish fifth, earning All-America honors...Ran a season-best time of 55.84 in the 400 meters at the Tyson Invitational...Recorded a 1:23.39 in the 600 yards at the Big 12 Championships, finishing ninth in the preliminary rounds...Season-best time in the 600 yards of 1:21.86 came at the Sooner Open...Earned Academic All-Big 12 first team honors.

4x100-METER RELAY: Posted a regional qualifying mark on seven different occasions, with a season-best of 44.89 at the Drake Relays...Best order of Jessica Gregory, Carla Grace, Tiana Hood, Katrina Taylor...Alternates are DeAna Carson and Stasia Kelly-Taylor...Carson ran third leg at Midwest Regional for injured Hood.

4x400-METER RELAY: Recorded eight regional qualifying times this season, including a season-best 3:34.31 at the Midwest Regional...Changed the order halfway through the season, moving Rena Napolean to third leg...Best time of the season came with order of Katrina Taylor, Carla Grace, Rena Napolean, Lauren Tillman...First race that Taylor ran lead off leg and Tillman ran anchor; two legs switched for majority of the season...Alternates are Nichole Jones and Danielle Bradley.

2007 Baylor Women's Track & Field Outdoor Bests

100 Meters

Carla Grace.....11.54#Lincoln, Neb. (05/12)
 Tiana Hood11.80Palo Alto, Calif. (03/31)
 Jessica Gregory11.84pDes Moines, Iowa (04/27)
 DeAna Carson.....12.33Waco, Texas (03/24)

100-Meter Hurdles

Kim Brown.....14.35Waco, Texas (04/21)

200 Meters

Carla Grace.....23.19#Lincoln, Neb. (05/12)
 Tiana Hood24.18Palo Alto, Calif. (03/30)
 Jessica Gregory24.60Lincoln, Neb. (05/12)
 Stasia Kelly-Taylor.....26.11Waco, Texas (03/30)
 Mallory Craig.....26.98Waco, Texas (03/30)

400 Meters

Lauren Tillman.....55.33Waco, Texas (03/24)
 Rena Napoleon56.13Waco, Texas (04/21)
 Janet Jones.....58.75Waco, Texas (03/24)
 Morgan Craig63.25Waco, Texas (03/24)

400-Meter Hurdles

Lauren Tillman.....59.16#Des Moines, Iowa (05/25)
 Katrina Taylor60.02#Waco, Texas (04/21)
 Rachael Long64.16Waco, Texas (04/21)
 Rachel Glandorf72.14Waco, Texas (03/24)

800 Meters

Lauren Haganssr2:05.69#Des Moines, Iowa (05/26)
 Nichole Jones2:05.70#Des Moines, Iowa (05/26)
 Danielle Bradley2:06.51#Des Moines, Iowa (05/26)
 Ruth Waller2:12.01Waco, Texas (03/24)
 Kathryn Benvegnu.....2:13.96Waco, Texas (03/24)
 Mallory Craig2:26.08Waco, Texas (04/21)
 Joanna Balliew2:27.86Waco, Texas (03/24)

1,500 Meters

Nichole Jones4:20.94#Palo Alto, Calif. (03/31)
 Ruth Waller4:26.15#Palo Alto, Calif. (03/31)
 Lauren Hagans4:29.76Waco, Texas (03/24)
 Danielle Bradley4:31.01Waco, Texas (03/24)
 Lyndsy Bedell4:32.66Waco, Texas (04/21)
 Jessi Barnes4:37.63Waco, Texas (04/21)
 Renae Van Whye4:45.62Waco, Texas (04/21)

3,000 Meters

Renae Van Whye10:09.30Waco, Texas (03/24)
 Jessi Barnes10:26.08Waco, Texas (03/24)
 Monique Ortega10:35.41Waco, Texas (03/24)
 Brittany McGuire10:52.02Waco, Texas (03/24)

3,000-Meter Steeplechase

Lyndsy Bedell10:24.01#Palo Alto, Calif. (03/31)
 Monique Ortega10:48.70#Palo Alto, Calif. (03/31)
 Ruth Waller11:01.82Austin, Texas (04/06)

5,000 Meters

Renae Van Whye16:57.91Palo Alto, Calif. (03/30)
 Jessi Barnes17:33.87Palo Alto, Calif. (03/30)
 Monique Ortega18:08.55Waco, Texas (04/21)
 Brittany McGuire18:44.35Waco, Texas (04/21)

10,000 Meters

No Mark

4 x 100-Meter Relay

.....44.89#Des Moines, Iowa (04/28)
 Gregory, Grace, Hood, Taylor

4 x 400-Meter Relay

.....3:34.31#Des Moines, Iowa (05/26)
 Taylor, Grace, Napoleon, Tillman

4 x 800-Meter Relay

.....sr8:28.48Des Moines, Iowa (04/27)
 Bradley, Waller, Hagans, Jones

Distance Medley Relay

.....sr11:08.88Des Moines, Iowa (04/27)
 Waller, Grace, Bradley, Jones

High Jump

Kayla Smith1.65m (5-05)Waco, Texas (03/24)
 Kim Brown.....1.55m (5-01)Waco, Texas (03/24)

Pole Vault

Kaleigh Teelsr3.70m (12-01.50)Houston, Texas (04/26)
 Ashley Korol3.65m (11-11.75)Waco, Texas (03/24)
Waco, Texas (04/21)
 Katie Stoever.....3.65m (11-11.75)Waco, Texas (03/24)
Waco, Texas (04/21)

Long Jump

DeAna Carson.....6.04m (19-09.75)#Waco, Texas (03/24)
 Kim Brown.....5.71m (18-09)Waco, Texas (03/24)
 Mallory Craig.....4.81m (15-09.50)Waco, Texas (04/21)

Triple Jump

Stasia Kelly-Taylor.....12.64m (41-05.75)#Lincoln, Neb. (05/13)

Shot Put

No Mark

Discus Throw

Brittany Devereaux sr54.42m (178-06)#Palo Alto, Calif. (03/31)

Hammer Throw

Brittany Devereaux sr46.31m (151-11)Palo Alto, Calif. (03/30)

Javelin Throw

Kim Brown.....29.30m (96-01)Waco, Texas (03/24)
 Mallory Craig.....17.95m (58-11)Waco, Texas (03/24)

Heptathlon

Kim Brown.....3,769 pointsLincoln, Neb. (05/12)

2007 Baylor Outdoor Schedule

Meet

Dr Pepper Invitational (Waco, Texas)
 Stanford Invitational (Palo Alto, Calif.)
 Texas Relays (Austin Texas)
 Brooks, UNT Classic (Denton, Texas)
 Michael Johnson Classic (Waco, Texas)
 Drake Relays (Des Moines, Iowa)
 Big 12 Champ. (Lincoln, Neb.)
 NCAA Regionals (Des Moines, Iowa)
 NCAA Champ. (Sacramento, Calif.)

Result

NTS
 NTS
 NTS
 NTS
 NTS
 NTS
 11th (32 points)
 15th (16 points)

Key:

#--NCAA Regional Qualifying Mark
 P--Mark set in preliminary
 SR--School Record
 A--Mark set at Altitude

2007 Baylor Men's Track & Field Outdoor Bests

100 Meters

Courtney Thomas10.31#Waco, Texas (04/21)
 Jacob Norman10.45#Waco, Texas (03/24)
 Trey Harts10.46#Waco, Texas (04/21)

110-Meter Hurdles

Jeremy Jackson14.16#Palo Alto, Calif. (03/31)

200 Meters

Reggie Witherspoon20.32#Lincoln, Neb. (05/12)
 Courtney Thomas20.52#Lincoln, Neb. (05/12)
 Trey Harts20.74#Lincoln, Neb. (05/12)
 David Gettis.....21.52Denton, Texas (04/14)
 LeJerald Betters21.55Waco, Texas (03/24)
 Q. Iglehart-Summers.....21.56Waco, Texas (03/24)
 J.T. Scheuerman22.05Palo Alto, Calif. (03/30)

400 Meters

LeJerald Betters45.33#Lincoln, Neb. (05/13)
 Reggie Witherspoon45.56#Lincoln, Neb. (05/12)
 Q. Iglehart-Summers.....45.62#Des Moines, Iowa (05/26)
 J.T. Scheuerman46.63#Des Moines, Iowa (05/25)
 R.J. Anderson47.07#Lincoln, Neb. (05/12)
 Mark Teter47.12#Lincoln, Neb. (05/12)
 Kevin Mutai47.16#Waco, Texas (03/24)
 David Gettis.....48.37Lincoln, Neb. (05/12)

400-Meter Hurdles

Sterling Farmer55.31Waco, Texas (03/24)

800 Meters

Kevin Mutai1:48.80#Des Moines, Iowa (05/25)
 John Robertson1:52.98Palo Alto, Calif. (03/30)
 Mitch Sanders1:54.36Waco, Texas (03/24)
 Hunter Garner1:57.29Waco, Texas (04/21)
 Bo Price.....1:57.53Waco, Texas (03/24)

1,500 Meters

Mitch Sanders3:48.27Lincoln, Neb. (05/12)
 Bo Price.....3:51.81Palo Alto, Calif. (03/31)
 John Wenhold4:02.86Lincoln, Neb. (05/12)
 Jordan Hiller4:06.63Waco, Texas (04/21)
 Jacob Jones4:14.54Denton, Texas (04/14)
 Kevin Mutai4:19.85Denton, Texas (04/14)

3,000 Meters

John Wenhold8:51.44Denton, Texas (04/14)
 Jordan Hiller9:05.86Denton, Texas (04/14)
 Jacob Jones9:08.12Denton, Texas (04/14)

3,000-Meter Steeplechase

Jordan Hiller10:33.44Waco, Texas (03/24)

5,000 Meters

Bo Price.....15:00.72Lincoln, Neb. (05/13)
 Jacob Jones15:12.50Waco, Texas (04/21)
 John Wenhold15:47.49Waco, Texas (04/21)

10,000 Meters

Jacob Jones31:54.95Lincoln, Neb. (05/11)

4 x 100-Meter Relay

.....39.63#Des Moines, Iowa (04/28)
 Anderson, Witherspoon, Thomas, Harts

4 x 200-Meter Relay

.....1:21.65Des Moines, Iowa (04/27)
 Thomas, Betters, Harts, Witherspoon

4 x 400-Meter Relay

.....3:01.66#Des Moines, Iowa (05/26)
 Witherspoon, Betters, Mutai, Iglehart-Summers

Sprint Medley Relay

.....3:17.14Des Moines, Iowa (04/28)
 Harts, Thomas, Iglehart-Summers, Mutai

Distance Medley Relay

No Mark

High Jump

Jeremy Taylor2.00m (6-06.75)Waco, Texas (04/21)

Pole Vault

Erik Vance4.30m (14-01.25)Waco, Texas (03/24)
 Chris Bloodgood4.15m (13-07.25)Waco, Texas (03/24)

Long Jump

Josh Camp6.54m (21-05.50)Waco, Texas (03/24)

Triple Jump

Josh Camp13.62m (44-08.25)Denton, Texas (04/14)

Shot Put

No Mark

Discus Throw

Michael Stevic35.80m (117-05)Waco, Texas (03/24)

Hammer Throw

Chris Cardwellsr53.25m (174-08)Houston, Texas (04/26)
 Michael Stevic39.70m (130-03)Waco, Texas (03/24)

Javelin Throw

Chris Bloodgood47.34m (155-04)Waco, Texas (03/24)
 Michael Stevic33.30m (109-03)Waco, Texas (03/24)

Decathlon

No Mark

2007 Baylor Outdoor Schedule

Meet

Meet	Result
Dr Pepper Invitational (Waco, Texas)	NTS
Stanford Invitational (Palo Alto, Calif.)	NTS
Texas Relays (Austin Texas)	NTS
Brooks, UNT Classic (Denton, Texas)	NTS
Michael Johnson Classic (Waco, Texas)	NTS
Drake Relays (Des Moines, Iowa)	NTS
Big 12 Champ. (Lincoln, Neb.)	7th (67 points)
NCAA Regionals (Des Moines, Iowa)	6th (43 points)
NCAA Champ. (Sacramento, Calif.)	

Key:

#--NCAA Regional Qualifying Mark
 P--Mark set in preliminary
 SR--School Record
 A--Mark set at Altitude



2007 Outdoor Performance List

WOMEN

Joanna Balliew

800 Meters
2:27.86.....Waco, Texas (DP)14th

Jessi Barnes

1,500 Meters
4:37.63.....Waco, Texas (MJ)7th
4:47.36.....Denton, Texas1st

3,000 Meters
10:26.08.....Waco, Texas (DP)4th

5,000 Meters
17:33.87.....Palo Alto, Calif.18th
17:41.00.....Des Moines, Iowa24th
19:25.75.....Lincoln, Neb.20th

Lyndsy Bedell

1,500 Meters
4:32.66.....Waco, Texas (MJ)5th
4:36.87.....Waco, Texas (DP)3rd

3,000-Meter Steeplechase
10:24.01#.....Palo Alto, Calif.9th (5th)
10:38.44#.....Des Moines, Iowa6th (2nd)
10:51.33.....Lincoln, Neb.9th
10:53.38.....Des Moines, Iowa (MW)15th

Kathryn Benvegnu

800 Meters
2:13.96.....Palo Alto, Calif.18th
2:15.90.....Waco, Texas (MJ)5th
2:16.07.....Waco, Texas (DP)4th
2:16.99.....Denton, Texas3rd

Danielle Bradley

800 Meters
2:06.51#.....Des Moines, Iowa (MW)8th
2:07.67#p.....Des Moines, Iowa (MW)8th
2:08.40#.....Palo Alto, Calif.4th
2:08.61#p.....Lincoln, Neb.2nd
2:08.84#.....Lincoln, Neb.3rd

1,500 Meters
4:31.01.....Waco, Texas (DP)2nd
4:31.59.....Waco, Texas (MJ)4th

Kim Brown

100-Meter Hurdles
14.35.....Waco, Texas (MJ)3rd
14.53.....Austin, Texas37th
14.67p.....Waco, Texas (MJ)4th
14.71.....Waco, Texas (DP)1st
14.86.....Palo Alto, Calif.29th (26th)

High Jump

1.55m (5-01)Waco, Texas (DP)3rd

Long Jump

5.71m (18-09)Waco, Texas (DP)3rd
5.58m (18-03.75).....Waco, Texas (MJ)1st
5.43m (17-09.75).....Austin, Texas16th
5.37m (17-07.50).....Palo Alto, Calif.13th

Javelin

29.30m (96-01)Waco, Texas (DP)6th

Heptathlon

3,769Lincoln, Neb.12th

DeAna Carson

100 Meters
12.33Waco, Texas (DP)3rd

Long Jump

6.04m (19-09.75)#.....Waco, Texas (DP)1st
5.68m (18-07.75).....Des Moines, Iowa (MW)17th
5.58m (18-03.75).....Lincoln, Neb.17th
5.50m (18-00.50).....Des Moines, Iowa21st

Mallory Craig

800 Meters
2:26.08.....Waco, Texas (MJ)6th

Long Jump

4.81m (15-09.50).....Waco, Texas (MJ)6th

Javelin

17.95m (58-11)Waco, Texas (DP)10th

Morgan Craig

400 Meters
63.25Waco, Texas (DP)10th

Brittany Devereaux

Discus Throw

54.42m (178-06)*#Palo Alto, Calif.5th (2nd)
51.27m (168-02)#Waco, Texas (DP)1st
43.94m (144-02)Lincoln, Neb.15th

Hammer Throw

46.31m (151-11)*Palo Alto, Calif.7th (6th)
44.06m (144-07)Waco, Texas (DP)3rd

Rachel Glandorf

400-Meter Hurdles

72.14Waco, Texas (DP)5th
75.17Denton, Texas9th

Carla Grace

100 Meters

11.54#p	Lincoln, Neb.	7th
11.54#	Waco, Texas (MJ)	1st
11.65#	Palo Alto, Calif.	4th (3rd)
11.70#	Lincoln, Neb.	7th
11.76p	Waco, Texas (MJ)	1st
11.87	Denton, Texas	3rd (2nd)
12.00p	Palo Alto, Calif.	6th (5th)

200 Meters

23.19#p	Lincoln, Neb.	5th
23.37#	Lincoln, Neb.	6th
23.50#	Waco, Texas (MJ)	1st
23.79#	Denton, Texas	1st
23.82#	Des Moines, Iowa (MW)	9th
24.09	Palo Alto, Calif.	3rd (2nd)
24.10	Waco, Texas	1st

Jessica Gregory

100 Meters

11.84p	Des Moines, Iowa	1st
11.86	Des Moines, Iowa	8th
11.93	Waco, Texas (MJ)	2nd
11.94p	Lincoln, Neb.	15th
12.05p	Waco, Texas (MJ)	2nd
12.16	Denton, Texas	9th (8th)

200 Meters

24.60p	Lincoln, Neb.	21st
25.21	Waco, Texas (MJ)	2nd
26.25	Denton, Texas	15th (13th)

Lauren Hagans

800 Meters

2:05.69#*	Des Moines, Iowa (MW)	5th
2:06.60#	Palo Alto, Calif.	1st
2:06.96#p	Des Moines, Iowa (MW)	5th
2:08.69#p	Lincoln, Neb.	3rd
2:13.59	Lincoln, Neb.	8th
2:13.77	Waco, Texas (MJ)	3rd

1,500 Meters

4:29.76	Waco, Texas (DP)	1st
4:37.51	Waco, Texas (MJ)	6th

Tiana Hood

100 Meters

11.80	Palo Alto, Calif.	5th (4th)
11.92	Waco, Texas (DP)	1st
11.99p	Palo Alto, Calif.	5th (4th)

200 Meters

24.18	Palo Alto, Calif.	5th (4th)
24.54	Waco, Texas (DP)	2nd

Janet Jones

400 Meters

58.75	Waco, Texas (MJ)	6th
59.55	Waco, Texas (DP)	7th
64.82	Denton, Texas	12th (11th)

Nichole Jones

800 Meters

2:05.70#	Des Moines, Iowa (MW)	6th
2:05.89#	Lincoln, Neb.	1st
2:06.96#	Waco, Texas (MJ)	1st
2:07.37#p	Des Moines, Iowa (MW)	7th
2:08.52#p	Lincoln, Neb.	1st
2:09.40#	Waco, Texas (DP)	1st

1,500 Meters

4:20.94#	Palo Alto, Calif.	12th (8th)
4:26.00#	Waco, Texas (MJ)	1st

Stasia Kelly-Taylor

200 Meters

26.11	Waco, Texas (DP)	9th
26.27	Waco, Texas (MJ)	4th

Triple Jump

12.64m (41-05.75)#	Lincoln, Neb.	12th
12.50m (41-00.25)#	Des Moines, Iowa	7th
12.46m (40-10.50)#	Palo Alto, Calif.	3rd (2nd)
12.39m (40-07.75)#	Denton, Texas	2nd
12.33m (40-05.50)#	Waco, Texas (MJ)	1st
12.13m (39-09.75)	Des Moines, Iowa (MW)	21st
12.02m (39-05.25)	Waco, Texas (DP)	2nd

Ashley Korol

Pole Vault

3.65m (11-11.75)	Waco, Texas (DP)	2nd
3.65m (11-11.75)	Waco, Texas (MJ)	3rd
3.60m (11-09.75)	Houston, Texas	3rd
3.50m (11-05.75)	Lincoln, Neb.	13th

Rachael Long

200 Meters

25.84	Ames, Iowa	20th
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400-Meter Hurdles

64.16	Waco, Texas (MJ)	6th
64.17	Palo Alto, Calif.	18th (17th)
65.24	Waco, Texas (DP)	2nd
68.47	Denton, Texas	6th

Brittany McGuire

3,000 Meters

10:52.02	Waco, Texas (DP)	8th
11:01.67	Denton, Texas	2nd (1st)

5,000 Meters

18:44.35	Waco, Texas (MJ)	5th
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Rena Napoleon

400 Meters

56.13	Waco, Texas (MJ)	1st
56.63	Lincoln, Neb.	11th
57.83	Denton, Texas	6th (5th)
58.30	Waco, Texas (DP)	3rd

Monique Ortega

3,000 Meters

10:35.41.....Waco, Texas (DP)6th

3,000-Meter Steeplechase

10:48.70#.....Palo Alto, Calif.14th (10th)

11:06.35.....Des Moines, Iowa19th (14th)

11:29.19.....Lincoln, Neb.18th

5,000 Meters

18:08.55.....Waco, Texas (MJ)4th

Kayla Smith

High Jump

1.65m (5-05)Waco, Texas (DP)1st

1.63m (5-04.25).....Palo Alto, Calif.12th

1.60m (5-03)Waco, Texas (MJ)3rd

Katie Stoeber

Pole Vault

3.65m (11-11.75)Waco, Texas (DP)3rd

3.65m (11-11.75)Waco, Texas (MJ)3rd

3.50m (11-05.75)Houston, Texas5th

3.35m (10-11.75)Denton, Texas3rd

3.35m (10-11.75)Palo Alto, Calif.15th

Katrina Taylor

400-Meter Hurdles

60.02#Waco, Texas (MJ)2nd

60.51#Des Moines, Iowa (MW)11th

60.58#Lincoln, Neb.10th

62.75Palo Alto, Calif.14th

63.18Waco, Texas (DP)1st

65.54Denton, Texas3rd

Kaleigh Teel

Pole Vault

3.70m (12-01.50)*Houston, Texas2nd

3.65m (11-11.75)Lincoln, Neb.11th

3.65m (11-11.75)Austin, Texas15th

3.65m (11-11.75)Waco, Texas (MJ)2nd

3.65m (11-11.75)Denton, Texas1st

3.65m (11-11.75)Waco, Texas (DP)1st

3.50m (11-05.75)Palo Alto, Calif.7th

Lauren Tillman

400 Meters

55.33Waco, Texas (DP)1st

400-Meter Hurdles

59.16#pDes Moines, Iowa (MW)5th

59.31#pLincoln, Neb.5th

59.99#Des Moines, Iowa (MW)7th

60.01#Waco, Texas (MJ)1st

60.87Lincoln, Neb.5th

61.13Austin, Texas25th

61.52Palo Alto, Calif.11th

63.37Denton, Texas2nd

Rena Van Whye

1,500 Meters

4:45.62.....Waco, Texas (MJ)8th

3,000 Meters

10:09.30.....Waco, Texas (DP)1st

5,000 Meters

16:57.91.....Palo Alto, Calif.3rd

18:06.68.....Des Moines, Iowa29th

18:13.13.....Lincoln, Neb.13th

Ruth Waller

800 Meters

2:12.01.....Waco, Texas (DP)2nd

1,500 Meters

4:26.14#.....Palo Alto, Calif.25th (21st)

4:27.94.....Waco, Texas (MJ)2nd

4:29.03p.....Lincoln, Neb.6th

4:28.74.....Des Moines, Iowa (MW)15th

4:51.01.....Lincoln, Neb.7th

3,000-Meter Steeplechase

11:01.82.....Austin, Texas7th

4x100-Meter Relay

44.89#Gregory, GraceDes Moines, Iowa (DR)2nd
.....Hood, Taylor

45.14#pGregory, GraceDes Moines, Iowa (DR)1st
.....Hood, Taylor

45.16#Carson, GraceWaco, Texas (DP)1st
.....Hood, Taylor

45.17#Carson, GracePalo Alto, Calif.1st
.....Hood, Taylor

45.17#Gregory, GraceWaco, Texas (MJ)1st
.....Hood, Taylor

45.22#pGregory, GraceDes Moines, Iowa (MW)7th
.....Carson, Taylor

45.34#Gregory, GraceDes Moines, Iowa (MW)7th
.....Carson, Taylor

45.88Gregory, GraceAustin, Texas14th
.....Hood, Taylor

46.33Gregory, GraceDenton, Texas3rd
.....Hood, Taylor

4x400-Meter Relay

3:34.31#Taylor, GraceDes Moines, Iowa (MW)5th
Napolean, Tillman
 3:35.35#Tillman, GraceDes Moines, Iowa (DR)4th
Napolean, Taylor
 3:36.01#pTillman, GraceDes Moines, Iowa (DR)1st
Napolean, Taylor
 3:36.51#Tillman, GraceWaco, Texas (MJ)1st
Napolean, Taylor
 3:37.30#Tillman, GracePalo Alto, Calif.2nd
Hood, Taylor
 3:37.49#Tillman, GraceLincoln, Neb.....5th
Napolean, Taylor
 3:39.60#Tillman, GraceAustin, Texas11th
Hood, Taylor
 3:41.14#Tillman, GraceWaco, Texas (DP)1st
Hood, Taylor
 3:49.34Tillman, GraceDenton, Texas1st
Napolean, Taylor
 3:53.25Long, BradleyPalo Alto, Calif.14th
Hagans, Benvegnu
 3:53.66Jones, WallerWaco, Texas (MJ)5th
Bradley, Benvegnu
 3:55.55Long, JonesWaco, Texas (DP)2nd
Bradley, Waller

4x800-Meter Relay

8:28.48*Bradley, WallerDes Moines, Iowa (DR)2nd
Hagans, Jones
 8:41.63Bradley, WallerAustin, Texas2nd
Jones, Hagans

Distance Medley Relay

11:08.88*Waller, GraceDes Moines, Iowa (DR)2nd
Bradley, Jones

*School Record

pPreliminary Heat

#NCAA Regional Qualifying Mark

2007 Baylor Outdoor Schedule

Meet

Dr Pepper Invitational (Waco, Texas)
 Stanford Invitational (Palo Alto, Calif.)
 Texas Relays (Austin Texas)
 Brooks, UNT Classic (Denton, Texas)
 Michael Johnson Classic (Waco, Texas)
 Drake Relays (Des Moines, Iowa)
 Big 12 Champ. (Lincoln, Neb.)
 NCAA Regionals (Des Moines, Iowa (DR))
 NCAA Champ. (Sacramento, Calif.)

Result

NTS
 NTS
 NTS
 NTS
 NTS
 NTS
 11th (32 points)
 15th (16 points)

MEN

R.J. Anderson

400 Meters

47.07#	Lincoln, Neb.	11th
47.11#	Waco, Texas (MJ)	1st
47.26	Palo Alto, Calif.	5th (4th)
47.32	Des Moines, Iowa (MW)	15th
47.67	Waco, Texas (DP)	3rd
48.96	Denton, Texas	4th

LeJerald Betters

200 Meters

21.55	Waco, Texas (DP)	3rd
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400 Meters

45.33#	Lincoln, Neb.	1st
45.62#p	Lincoln, Neb.	2nd
45.77#	Des Moines, Iowa (MW)	2nd
45.94#	Waco, Texas (MJ)	2nd
46.01#p	Des Moines, Iowa (MW)	1st
46.84#	Palo Alto, Calif.	2nd
48.06	Denton, Texas	1st

Chris Bloodgood

Pole Vault

4.15m (13-07.25)	Waco, Texas (DP)	4th
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Javelin

47.34m (155-04)	Waco, Texas (DP)	7th
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Josh Camp

Long Jump

6.54m (21-05.50)	Waco, Texas (DP)	2nd
6.11m (20-00.50)	Waco, Texas (MJ)	5th

Triple Jump

13.62m (44-08.25)	Denton, Texas	4th
13.55m (44-05.50)	Waco, Texas (MJ)	2nd
13.32m (43-08.50)	Waco, Texas (DP)	1st

Chris Cardwell

Hammer Throw

53.25m (174-08)*	Houston, Texas	1st
51.94m (170-05)	Lincoln, Neb.	12th
51.59m (169-03)	Denton, Texas	1st
51.56m (169-02)	Waco, Texas (MJ)	1st
51.39m (168-07)	Waco, Texas (DP)	1st
51.10m (167-08)	Palo Alto, Calif.	9th

Sterling Farmer

400-Meter Hurdles

55.31	Waco, Texas (DP)	3rd
55.65	Waco, Texas (MJ)	3rd
59.40	Denton, Texas	7th (6th)
62.17	Palo Alto, Calif.	30th (26th)

Hunter Garner

800 Meters

1:57.29	Waco, Texas (MJ)	6th
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1:59.29	Waco, Texas (DP)	10th
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David Gettis

200 Meters

21.52	Denton, Texas	9th (7th)
21.65	Palo Alto, Calif.	7th (5th)

400 Meters

48.37	Lincoln, Neb.	27th
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Trey Harts

100 Meters

10.46#	Waco, Texas (MJ)	2nd
10.46#p	Waco, Texas (MJ)	1st
10.55	Des Moines, Iowa (DR)	9th
10.60	Lincoln, Neb.	14th
10.69	Denton, Texas	9th (6th)

200 Meters

20.74#p	Lincoln, Neb.	7th
20.91#	Waco, Texas (MJ)	2nd
21.05#	Lincoln, Neb.	6th
21.13#	Waco, Texas (DP)	1st
21.14#	Palo Alto, Calif.	2nd (1st)
23.39	Des Moines, Iowa (MW)	20th

Jordan Hiller

1,500 Meters

4:06.63	Waco, Texas (MJ)	8th
4:08.46	Denton, Texas	7th (6th)

3,000 Meters

9:05.86	Denton, Texas	5th (4th)
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3,000-Meter Steeplechase

10:33.44	Waco, Texas (DP)	3rd
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Quentin Iglehart-Summers

200 Meters

21.56	Waco, Texas (DP)	4th
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400 Meters

45.62#	Des Moines, Iowa (MW)	1st
45.84#	Lincoln, Neb.	3rd
45.89#	Waco, Texas (MJ)	1st
46.12#p	Des Moines, Iowa (MW)	2nd
46.53#p	Lincoln, Neb.	3rd
46.77#	Palo Alto, Calif.	1st
49.11	Denton, Texas	5th

Jeremy Jackson

110-Meter Hurdles

14.16#	Palo Alto, Calif.	4th
14.21#	Waco, Texas (DP)	1st
14.53p	Palo Alto, Calif.	8th (6th)
14.60	Austin, Texas	25th

Jacob Jones

1,500 Meters

4:14.54.....Denton, Texas.....10th (9th)

3,000 Meters

9:08.12.....Denton, Texas.....6th (5th)

9:17.23.....Waco, Texas (DP).....7th

5,000 Meters

15:12.50.....Waco, Texas (MJ).....3rd

10,000 Meters

31:54.95.....Lincoln, Neb.....17th

Kevin Mutai

400 Meters

47.16#.....Waco, Texas (DP).....1st

800 Meters

1:48.80#p.....Des Moines, Iowa (MW).....8th

1:50.08#.....Des Moines, Iowa (MW).....8th

1:50.10#.....Palo Alto, Calif.....7th

1:50.37#p.....Lincoln, Neb.....7th

1:50.96.....Lincoln, Neb.....5th

1:51.01.....Waco, Texas (MJ).....2nd

1,500 Meters

4:19.85.....Denton, Texas.....16th (15th)

Jacob Norman

100 Meters

10.45#.....Waco, Texas (DP).....1st

10.57p.....Palo Alto, Calif.....4th (1st)

27.29.....Palo Alto, Calif.....7th (4th)

Bo Price

800 Meters

1:57.53.....Waco, Texas (DP).....5th

1,500 Meters

3:50.32.....Waco, Texas (MJ).....3rd

3:51.81.....Palo Alto, Calif.....18th (15th)

3:52.42.....Lincoln, Neb.....13th

5,000 Meters

15:00.72.....Lincoln, Neb.....13th

John Robertson

800 Meters

1:52.98.....Palo Alto, Calif.....11th

1:55.64.....Lincoln, Neb.....22nd

1:57.21.....Waco, Texas (MJ).....5th

1:57.32.....Waco, Texas (DP).....4th

Mitch Sanders

800 Meters

1:54.36.....Waco, Texas (DP).....1st

1,500 Meters

3:48.27p.....Lincoln, Neb.....6th

3:48.83.....Waco, Texas (MJ).....1st

3:50.96.....Lincoln, Neb.....7th

3:53.02.....Palo Alto, Calif.....28th (26th)

J.T. Scheuerman

200 Meters

22.05.....Palo Alto, Calif.....18th (15th)

400 Meters

46.63#p.....Des Moines, Iowa (MW).....6th

46.64#.....Lincoln, Neb.....6th

46.64#p.....Lincoln, Neb.....7th

46.69#.....Des Moines, Iowa (MW).....6th

46.87#.....Waco, Texas (MJ).....4th

47.53.....Waco, Texas (DP).....2nd

48.62.....Denton, Texas.....2nd

Michael Stevic

Discus

35.80m (117-05).....Waco, Texas (DP).....12th

33.93m (111-04).....Waco, Texas (MJ).....6th

Hammer Throw

39.70m (130-03).....Waco, Texas (DP).....5th

39.02m (128-00).....Waco, Texas (MJ).....4th

Javelin

33.30m (109-03).....Waco, Texas (DP).....14th

Jeremy Taylor

High Jump

2.00m (6-06.75).....Waco, Texas (MJ).....1st

1.95m (6-04.75).....Waco, Texas (DP).....3rd

1.90m (6-02.75).....Denton, Texas.....6th

Mark Teter

400 Meters

47.12#.....Lincoln, Neb.....12th

47.58.....Des Moines, Iowa (MW).....18th

47.73.....Waco, Texas (MJ).....4th

47.97.....Palo Alto, Calif.....9th (7th)

48.38.....Waco, Texas (DP).....4th

49.81.....Denton, Texas.....9th (8th)

Courtney Thomas

100 Meters

10.31#.....Waco, Texas (MJ).....1st

10.40#p.....Lincoln, Neb.....6th

10.45#.....Austin, Texas.....10th

10.46#.....Des Moines, Iowa (DR).....4th

10.46#p.....Des Moines, Iowa (DR).....2nd

10.48#.....Palo Alto, Calif.....4th (1st)

10.49#.....Waco, Texas (DP).....2nd

10.51p.....Waco, Texas (MJ).....2nd

10.67p.....Palo Alto, Calif.....7th (4th)

13.19.....Lincoln, Neb.....8th

200 Meters

20.52#p.....Lincoln, Neb.....2nd

20.63#.....Waco, Texas (MJ).....1st

20.86#.....Denton, Texas.....1st

21.15#.....Palo Alto, Calif.....3rd (2nd)

21.19#.....Waco, Texas (DP).....2nd

21.48.....Des Moines, Iowa (MW).....17th

Erik Vance

Pole Vault

4.30m (14-01.25).....Waco, Texas (DP)3rd

John Wenhold

1,500 Meters

4:02.86.....Lincoln, Neb.27th

4:05.73.....Denton, Texas3rd (2nd)

4:07.68.....Waco, Texas (DP)7th

3,000 Meters

8:51.44.....Denton, Texas3rd (2nd)

5,000 Meters

15:47.49.....Waco, Texas (MJ)7th

15:50.08.....Lincoln, Neb.25th

Reggie Witherspoon

200 Meters

20.32#pLincoln, Neb.1st

20.57#Lincoln, Neb.1st

20.76#Des Moines, Iowa (MW).....2nd

20.81#pDes Moines, Iowa (MW)3rd

21.02#Waco, Texas (MJ)1st

21.16#Denton, Texas.....4th (3rd)

400 Meters

45.56#pLincoln, Neb.1st

45.73#Lincoln, Neb.2nd

4x100-Meter Relay

39.63#Anderson, WitherspoonDes Moines, Iowa (DR)1st
.....Thomas, Harts

39.65#Anderson, WitherspoonLincoln, Neb.1st
.....Thomas, Harts

39.68#Scheuerman, WitherspoonWaco, Texas (MJ).....1st
.....Thomas, Harts

39.71#pAnderson, WitherspoonDes Moines, Iowa (DR)1st
.....Thomas, Harts

39.89#Scheuerman, WitherspoonAustin, Texas.....2nd
.....Thomas, Harts

39.91#Scheuerman, HartsPalo Alto, Calif.....1st
.....Thomas, Norman

40.15#pAnderson, WitherspoonDes Moines, Iowa (MW)....5th
.....Scheuerman, Harts

40.22#Anderson, WitherspoonDes Moines, Iowa (MW)....6th
.....Scheuerman, Thomas

40.43#Witherspoon, HartsWaco, Texas (DP)1st
.....Thomas, Norman

40.60#Scheuerman, WitherspoonDenton, Texas1st
.....Thomas, Harts

4x200-Meter Relay

1:21.65Thomas, BettersDes Moines, Iowa (DR)1st

.....Harts, Witherspoon

4x400-Meter Relay

3:01.66#Witherspoon, BettersDes Moines, Iowa (MW)....1st
.....Mutai, Iglehart-Summers

3:02.00#Witherspoon, BettersDes Moines, Iowa (DR)1st
.....Mutai, Iglehart-Summers

3:03.94#Iglehart-Summers, TeterLincoln, Neb.1st
.....Mutai, Betters

3:04.10#Betters, ScheuermanWaco, Texas (MJ)2nd (1st)
.....Mutai, Iglehart-Summers

3:05.29#Scheuerman, BettersPalo Alto, Calif.....1st
.....Mutai, Iglehart-Summers

3:05.95#p ..Anderson, TeterDes Moines, Iowa (DR)1st
.....Betters, Iglehart-Summers

3:10.60Anderson, GettisPalo Alto, Calif.3rd
.....Harts, Teter

3:13.00Anderson, TeterWaco, Texas (MJ)5th (4th)
.....Sanders, Robertson

3:13.60Anderson, WitherspoonDenton, Texas.....2nd (1st)
.....Gettis, Mutai

3:18.06Scheuerman, HartsWaco, Texas (DP)1st
.....Mutai, Betters

3:18.38Anderson, WitherspoonWaco, Texas (DP)2nd
.....Iglehart-Summers, Teter

Sprint Medley Relay

3:17.14Harts, ThomasDes Moines, Iowa (DR)1st
.....Iglehart-Summers, Mutai

3:19.04Harts, WitherspoonAustin, Texas.....2nd
.....Iglehart-Summers, Mutai

Overall (Collegiate)

2007 Baylor Outdoor Schedule

Meet

- Dr Pepper Invitational (Waco, Texas)
- Stanford Invitational (Palo Alto, Calif.)
- Texas Relays (Austin Texas)
- Brooks, UNT Classic (Denton, Texas)
- Michael Johnson Classic (Waco, Texas)
- Drake Relays (Des Moines, Iowa)
- Big 12 Champ. (Lincoln, Neb.)
- NCAA Regionals (Des Moines, Iowa)
- NCAA Champ. (Sacramento, Calif.)

Result

- NTS
- NTS
- NTS
- NTS
- NTS
- NTS
- 7th (67 points)
- 6th (43 points)

***School Record**

pPreliminary Heat

#NCAA Regional Qualifying Mark

Local Briefs: BU sprinter into semis at World Juniors

Wednesday, August 16, 2006

From staff and wire reports

BEIJING, China — In the far east, Quentin Iglehart-Summers is trying to show the world how the west is won.

Iglehart-Summers, a sophomore sprinter on Baylor's track team, opened up the IAAF World Junior Track and Field Championships in style Tuesday, winning his preliminary heat in the 400 to qualify for today's semifinals.

Iglehart-Summers, who won the 400 at the U.S. Junior Championships in June, ran 47.24, easily winning his heat over Russia's Alvin Samuels (47.49).

Joining Iglehart-Summers at the meet is fellow BU sophomore Erin Bedell, who will compete in the women's 1,500 beginning Friday. Bedell is running on her fourth U.S. junior national team, having competed twice previously at the world level in cross country and once in track.

Waco Tribune-Herald

Bedell runs into World Junior finals

Saturday, August 19, 2006

Tribune-Herald staff report

BEIJING, China — Baylor sophomore Erin Bedell will run for a world title.

Bedell finished sixth in the prelims of the 1,500-meter run at the World Junior Track and Field Championships, advancing to Sunday's final. Bedell clocked in at 4:20.67.

Bedell, who is making her fourth and final appearance on the U.S. junior national team, was just off her personal best of 4:20.64 in the event. The top three finishers from each of three heats automatically advanced to the final, then the next three fastest times. Bedell had the third best time in her heat.

Bedell's BU teammate Quentin Iglehart-Summers advanced to the semifinals of the men's 400 earlier in the week before stalling.

Baylor sprinter wins relay gold at junior worlds

Monday, August 21, 2006

From staff and wire reports

BEIJING — Baylor sophomore Quentin Iglehart-Summers captured a gold medal Sunday as the United States won the 4x400-meter title at the IAAF World Junior Track Championships at Chaoyang Sport Centre.

BU sophomore Erin Bedell finished 10th in the finals of the women's 1.500 meters in a personal-best 4 minutes, 20.01 seconds.

Iglehart-Summers, a sophomore from San Antonio, ran the leadoff leg as the Americans posted a 3:03.76 time, almost 15 meters ahead of second-place Russia (3:05.13). His teammates were Justin Oliver, Bryshon Nelum and 400-meter champion Chris Carter.

"I was honored to be part of the relay," said Iglehart-Summers, who lost in the semifinals of the 400 after running a 47.04, well off his personal best of 46.35 this spring. "I'm happy we ran as good as we did. We got gold and we're all happy about that."

The U.S. team also won the women's 4x400 and 4x100-meter titles Sunday night, and took silver in the men's 4x100 relay. The women's 4x400 team included Jessica Beard, Brandi Cross, Sa'de Williams and Nicole Leach, while the women's 4x100 was made up of Jeneba Tarmoh, Alexandria Anderson, Elizabeth Olear and Gabby Mayo. The men's 4x100 unit included Evander Wells, Gordon McKenzie, Willie Perry and Brandon Myers.

Waco Tribune-Herald

Baylor track blazes out of recruiting gate

Wednesday, November 15, 2006

By Brice Cherry

Tribune-Herald staff writer

Track officials frown on runners trying to get a head start in races.

In track recruiting, however, it's a different story.

Baylor wrapped up its recruiting during the early signing period with a class that head coach Todd Harbour said "has the potential to be one of our best ever."

That's high praise, especially since last year's class, which includes incoming freshmen stars like Trey Harts and David Gettis, was ranked second nationally by *Track and Field News*.

"Looking at the group overall all 12 of them, there's so much quality there," Harbour said of his class of six men and six women. "Obviously it's yet to be seen how these kids do their senior year (of high school). This is all just based on what they did as juniors, and so there's still a good chance that a lot of them could keep improving."

On the women's side, the Bears added three standout sprinters — Brittany Bruce of Lee's Summit, Mo., Brittany Carr of Colleyville and Tiffany Townsend of Killeen. Bruce was the 2006 AAU champion in the 400, as well as the Missouri state runner-up in the 100 and 200. Townsend won the 2006 AAU title in the 200 and finished third in the 200 in Class 4A at this past spring's state meet. Also at that meet Carr dashed to top-five 5A finishes in both the 100 and 200, and owns personal bests of 11.37 and 23.88 in those events, respectively.

Joining those three on the women's side are distance runner Kristen McGlynn of Bailey, Colo., who won state titles in the 1,600 and 3,200 last year, Lauren Simpson of Canyon, a three-time 3A state champion in the 800, and Leigh Ann Ganzar of Littleton, Colo., a USATF Junior Olympic champion in the 800.

"The thing about the women's class is it brings depth," Harbour said. "Those sprinters can all run the 100 and 200 and should really make our relays strong."

With the Baylor men already loaded in the sprints, Harbour and his staff chose to seek out more versatility with this year's men's class. The Bears inked a pole vaulter, a javelin thrower, two sprinters, a middle distance runner and a long-distance man.

"Our goal was to diversify a little," Harbour said. "With what we already had, we didn't need to take on four more sprinters."

One of the sprinters, Whitney Prevost of Texas City, is versatile in his own right, as he is the fifth-ranked long jumper in the nation with a career best of 24-4.

The class also includes sprinter Marcus Boyd of North Crowley, who was fourth in 5A at the state meet in the 400, pole vaulter Joe Farley of Aledo, who is ranked fourth nationally with a best of 16-6, James Gilreath of Bartlett, Tenn., that state's defending champion in the 800, Robert Knorr of Livermore, Calif., a three-time All-American in cross country and track, and Nick Lyons of Waitsburg, Wash., who is ranked seventh in the nation in the javelin with a personal-best toss of 198-10.

Overall, Harbour believes the class could serve as the springboard to future conference and NCAA meet success.

"We're very fortunate that we had the scholarship money available to put two classes together like the last two we've gotten," the coach said. "I think we've set ourselves up to have some pretty good teams the next couple of years."

U S Track and Field

Athletics - Hart named Nike Coach of the Year

Nov. 27, 2006

INDIANAPOLIS - Clyde Hart, who this year guided two of his athletes to world domination in 400-meter competition, on Monday was named the 2006 Nike Coach of the Year by USA Track & Field. He will receive his award Saturday evening at the 2006 Jesse Owens Awards and Hall of Fame Induction Ceremony, held in conjunction with the USATF Annual Meeting in Indianapolis.

Hart, who also won the Nike Coach of the Year Award in 2004, guided Jeremy Wariner and Sanya Richards to undefeated seasons outdoors in the 400 meters in 2006, including an American record for Richards and a sweep of the IAAF Golden League meets for both.

"When you have two great athletes like I have they keep me fired up, and it was a remarkable year," said Hart. "They both set personal bests in the 200 and 400 meters and both won the Golden League, and Sanya got the American record, and it couldn't have been any better from their standpoint. These kids are young, they work hard and I really enjoy working with them. I'm truly grateful to everyone at Nike and USA Track & Field for this tremendous honor."

Richards' winning run of 48.70 seconds at the IAAF World Cup in August crushed one of the oldest American records on the books, Valerie Brisco's time of 48.83 set at the 1984 Olympic Games. The record capped off a string of 15 consecutive wins for Richards, who ran under 50 seconds nine times, had the five fastest times in the world in 2006 and earned IAAF World Athlete of the Year honors.

As part of his flawless season in the one-lap race, Wariner three times ran under 44 seconds, becoming only the third man to do so. In running 43.62 seconds at the Rome Golden League meeting on July 14, Wariner posted the fastest 400m time since Michael Johnson's world record in 1999 to become the fourth-fastest performer ever in that event. He also ran 10 of the 12 fastest times in 2006.

Hart stepped down as Baylor University's head track coach on June 14, 2005 after 42 highly successful years at the helm, where his amazing group of winning 400m runners earned the school a world-wide reputation as "Quarter-Miler U." Hart, who is the director of track and field at Baylor, continues to mentor the school's 400m runners.

"Coach Hart's worldwide reputation as one of the world's finest long sprint coaches was greatly enhanced with the amazing performances of Jeremy and Sanya, who dominated the world this outdoor season," said USATF CEO Craig Masback. "Coach Hart's contributions to the magnificent legacy of track and field in the U.S. are immeasurable and we all look forward to witnessing the future success of his talented athletes."

"I've known Coach Hart for 25 years and the success he's had is phenomenal," said John Capriotti, Global Sports Marketing Director for Nike. "With Jeremy and Sanya having such terrific seasons it goes to show you that he is the consummate professional, and he's very passionate at what he does. I congratulate him for winning this award again

Waco Tribune-Herald

The race is on

Friday, January 12, 2007

By Brice Cherry

Tribune-Herald staff writer

There's a difference between running and racing.

After several months of running around in circles, the Baylor men's and women's track teams will let it loose for real today, when they kick off their indoor season at the Arkansas Invitational in Fayetteville, Ark.

"We're excited, the kids are excited. After a while, you start getting hungry for that competition," Baylor head coach Todd Harbour said. "The other day, Quentin (Iglehart-Summers) looked at me and said, 'Man, Coach, I can't wait.' In our workouts, it can get kind of tedious, because we really work hard. At least in other sports, they have a ball to play with. But now we get the payoff."

Harbour has good reason to be enthusiastic about the season, as the Bears return 11 All-Americans — six on the women's team, five on the men's — to go with an incoming men's freshman class that was ranked No. 2 nationally by *Track and Field News*.

The jewel of that class, quarter-miler David Gettis, won't get his chance to shine on the oval for two to three weeks, as he is recovering from a strained hamstring. But Harbour still expects several of the other fleet-footed freshmen to get off to a fast start, including sprinters Trey Harts, J.T. Scheuerman, Courtney Thomas and LeJerald Betters of Waco High.

"Even without David, we're going to do OK," Harbour said. "We've got enough quarter-milers to go about eight deep in the relay."

Those rapid rookies join a talented group of returnees that includes senior Reggie Witherspoon, who finished sixth at the NCAA indoor meet in the 200, and sophomore Quentin Iglehart-Summers, who won a gold medal in the 4x400 relay at the Junior World Championships last summer.

Harbour also believes that senior Kevin Mutai could be poised for a breakout season in the middle distances.

Besides Gettis, the only other major injury casualty for the BU men as they enter the season is sophomore sprinter Jacob Norman, the reigning NCAA indoor champion in the 60-meter dash. Hampered by a hip injury throughout the 2006 outdoor season, Norman had surgery to repair a torn labrum over the offseason and could return late in the indoor campaign. "He's coming along great," Harbour said. "He should definitely be back by the start of outdoors for sure."

On the women's side, the Bears are strong up the middle, meaning the middle-distance races. Harbour said sophomore Erin Bedell is healthy and hungry after a cross country season mired by illness. Bedell was the anchor runner on BU's school-record distance medley relay team that finished fifth at last year's NCAA indoor meet, a team that also returns Lauren Hagans and Ruth Waller. Freshman Nichole Jones could make an impact on that team, as well as some of the long-distance races, while freshmen Loren Hodges and Danielle Bradley were standout 800 runners in high school.

Baylor is no slouch in the sprints, either, returning junior Carla Grace and sophomore Katrina Taylor to go with newcomers Jessica Gregory, DeAna Carson and Tiana Hood.

Junior Brittany Devereaux broke the school record in the weight throw last indoor season, and Harbour said that she is a potential NCAA meet scorer for the Bears this season.

Baylor has four meets scheduled prior to the Big 12 Indoor Championships, which are set for Feb. 23-24 in Ames, Iowa.

Waco Tribune-Herald

Frosh propel BU track at Seattle meet

Sunday, January 28, 2007

Tribune-Herald staff report

SEATTLE — The Baylor track team rode the young legs of their freshmen to put up another strong showing at the University of Washington Indoor Invitational Friday and Saturday.

Newcomer LeJerald Betters of Waco High won his section of the 400-meter dash in 46.80 seconds and also ran a leg on BU's winning 4x400 team, which won for the third time in as many meets with a 3:07.77 clocking. Also competing on that revamped foursome were R.J. Anderson, Quentin Iglehart-Summers and Kevin Mutai.

Freshman J.T. Scheuerman and senior Reggie Witherspoon also put up quick times in the 400, at 46.80 and 46.85, respectively.

Another frosh, Courtney Thomas, ran the best collegiate time in the 60-meter dash and the second-best time overall at 6.84 seconds, behind only Mike Mitchell (6.75) of the South Bay Track Club. The BU men also had a first-place showing from Mitch Sanders (2:32.91) in a rare running of the 1,000.

On the women's side, the Baylor distance medley relay team absolutely dominated its race, winning by almost 14 seconds over second-place Washington in a time of 11:10.71. Nichole Jones, Lauren Tillman, Lauren Hagans and Erin Bedell made up that quartet.

Charity Williams won the 1,000 in a time of 2:55.50 and Carla Grace ripped off the fastest collegiate time in the 200, clocking in at 24.25.

The Bear women also claimed victory in the 4x400 relay, coming in at 3:42.67 to nip UCLA (3:43.25) at the finish line. That squad consisted of Grace, Tillman, Katrina Taylor and Tiara Hood.

Elsewhere, BU's Katie Stoeber and Kaleigh Teel tied for third in the "B" section of the pole vault, clearing 11-6, while Kim Brown won the "B" section of the long jump at 18-4.

A pair of former Baylor stars-turned-professionals, Darold Williamson and Chris Gillis, also competed in Seattle. Williamson notched the second-best time in the 400 at 46.48, while Gillis was second in the long jump at 25-6.

Baylor will take next weekend off before returning to Fayetteville, Ark., for the second time this season for the Tyson Invitational on Feb. 9-10.

Waco Tribune-Herald

Harmonic medley

Friday, February 23, 2007

By Brice Cherry

Tribune-Herald staff writer

Divided, the members of a singing quartet carry little weight, as their timid voices strain to be heard. Together, however, they put forth a harmonious power.

In much the same way, the individuals on the Baylor distance medley relay team are at their best when they are linked. Separately they are specialists of varying distances, but together they are a formidable foursome capable of running circles around some of the best college track programs in the nation.

Heading into this weekend's Big 12 Indoor Track and Field Championships in Ames, Iowa, Baylor boasts the top-ranked distance medley relay squad in the conference, and the third-best in the country. It's a group that is hell-bent on closing the season on a gold rush of record-setting proportions.

"I think we can really compete with the best out there," said sophomore Erin Bedell. "We had some competition (at the Husky Invitational) in Seattle and that pushed us and that's good. Now we're able to just race with someone the whole way and see what our boundaries are. I think the possibilities are endless."

The distance medley relay — or DMR, in track-speak — is unique in the sport in that it's a relay race of varying lengths. In college track it consists of legs of 1,000, 400, 800 and 1,600 meters, so to even field a team requires having quality runners in a variety of disciplines.

Not a problem for Baylor. Last year, with then-seniors Angel Perkins and Ruth Waller competing, the Bears broke the indoor school record with a time of 11:07.72, and ended up finishing second in the conference and fifth in the country.

Even with Perkins and Waller gone, BU's 2007 edition probably sports some even more impressive get-up-and-go. Senior Lauren Tillman has ably filled the quarter-miler spot, freshman Nichole Jones offers a brisk pace on the 1,000, junior 800 runner Lauren Hagans is fully healthy after missing part of the 2006 indoor season with a fracture in her face and Bedell brings steely grit and competitiveness to the 1,600 anchor leg.

The Bears are actually so loaded on the DMR that Bedell will likely skip this weekend to focus on her individual races, with freshman Danielle Bradley set to fill Bedell's spot. Even without Bedell, Baylor is favored to win.

"We're really deep this year, and we'll be even deeper next year on the DMR," Baylor coach Todd Harbour said. "We're hopefully going to get this tradition going where we continue to have one of the top distance medleys in the country year in and year out. We're excited about the opportunity they have."

"We're blessed with a very versatile team," Bradley said. "We have many interchangeable parts, and the team is still as good as it gets. We definitely have a chance to do very well."

Track and field can sometimes be a lonely excursion, with runners each lost in the desolate world of their own individual race. For that reason, the athletes find the relays appealing.

"My favorite thing to run indoors is the DMR over any of the individual races," Hagans said. "Just because of the team aspect of it. If you get a victory, you have more people to celebrate it with. Everyone depends on each other in that race, which is exciting. You don't want to let anyone down."

"The first time I ran it this season, I got more exciting running it than my individual events," Jones said. "Because it was that extra knowledge that I'm not just running for myself, but for these other people. That's always a good thing."

In BU's top DMR performance of the season at the Husky Invitational in Seattle in late January, the Bears were hardly challenged in posting a winning and NCAA provisional qualifying time of 11:10.71, more than 14 seconds better than second-place Washington. BU's Tillman said that kind of runaway victory may be even more of a test of wills than a race where the Bears are pushed.

"It's a race against the clock in those situations," she said. "We're racing to get that provisional or automatic qualifying time. When people start racing and focusing too much on other people, that's when they start messing up."

Whether their primary adversary is the clock or the other runners, the Bears are most fixated on victory. And they won't be satisfied simply with a Big 12 title this weekend — they're aiming for a gold medal at the NCAA meet in Fayetteville, Ark., on March 9-10.

"That's their goal," Harbour said. "One of their goals this year is to have a chance to do that, and I really believe they do. With these girls, they're all running really fast right now, and I think their best races are yet to come."

"I don't want to jump the gun, but we should do pretty well," Hagans said. "If (an NCAA title) isn't your goal, then what are you working for anyway?"

Notes: Baylor associate athletic director Tom Hill has been inducted into the Cedarville (Ohio) University Athletic Hall of Fame. Hill was a cross country and track star at Cedarville from 1982-87, earning NAIA indoor All-American recognition in 1986 after placing second in the two-mile run. ... BU senior Reggie Witherspoon was the Big 12 Indoor Male Athlete of the Year in '06, winning the 200, the 400 and leading the Bears to a win in the 4x400. ... Texas is the defending champion in both the men's and women's divisions.

Waco Tribune-Herald

Bear quarter-milers set tone for Big 12

Saturday, February 24, 2007

Tribune-Herald staff report

AMES, Iowa — Quarter-Miler U just keeps trucking along.

Baylor's 400 runners won four of their five preliminary heats and recorded three of the four top times of the first day of action at the Big 12 Indoor Track and Field Championships here at the Lied Athletics Center Friday.

Moving on to today's finals were Reggie Witherspoon (46.63), LeJerald Betters (46.67), Quentin Iglehart-Summers (47.08) and J.T. Scheuerman (47.53).

"I really think that our men's team had an outstanding day," Baylor head coach Todd Harbour said. "We did what we needed to do, and had a lot of guys qualify for the finals."

In the women's distance medley relay, Baylor finished third with a time of 11:25.04, well off the team's season best of 11:10.71. Texas Tech won the race at 11:18.07, and Oklahoma was second at 11:18.15. Competing on BU's foursome were Lauren Hagans, Carla Grace, Danielle Bradley and Nichole Jones.

Moving on through the preliminaries on the women's side were Erin Bedell (4:53.49) in the mile and Katrina Taylor (1:23.29) in the 600-yard run. Bedell also posted the second-best 800 time of the prelims at 2:13.37, while Bradley came in fourth at 2:13.38.

BU junior Brittany Devereaux placed eighth in the weight throw with a heave of 58-9 1/4.

Jacob Norman, the defending NCAA indoor champ in the 60-meter dash, posted the fifth-best qualifying time of the prelims at 6.78 seconds. It was only Norman's second meet of the season after missing the first several meets due to injury.

BU sophomore Courtney Thomas (6.83) also advanced to the 60-meter finals.

Senior Kevin Mutai, the reigning Big 12 champion in the 600-yard dash, posted the fourth-best preliminary time at 1:09.47, while sophomore R.J. Anderson (1:10.14) also moved on to the next round. Witherspoon and Trey Harts each won their preliminary heats of the 200, in times of 20.93 and 20.98, respectively.

Action will resume today at the Big 12 meet, starting with the heptathlon events at 9 a.m.

Waco Tribune-Herald

Bears sweep 400 at Big 12

Sunday, February 25, 2007

Tribune-Herald staff report

AMES, Iowa — As the reigning Big 12 Indoor Male Athlete of the Year, Baylor senior Reggie Witherspoon had to really rock to put together a fitting encore. Fortunately for the Bears, he did.

Witherspoon repeated as conference champion in the 200- and 400-meter dash and earned High Point Performer honors in final-day action Saturday at the Big 12 Indoor Track and Field Championships. Witherspoon was selected as the conference's men's athlete of the year for the second straight season.

Witherspoon led a Baylor sweep of the top three positions in the 400, clocking in at 45.91 seconds, best in the nation this year. Sophomore Quentin Iglehart-Summers was second at 46.27 and freshman LeJerald Betters came in third at 46.31. Iglehart-Summers and Betters now rank fourth and fifth, respectively, in the nation in the 400. BU freshman J.T. Scheuerman was seventh.

"I felt great out there," Witherspoon said. "It's hard because I'm not only competing to be the best in the Big 12, but sometimes I'm competing to be the best on my team. It's a tough competition, but it felt good to repeat."

In the 200, Witherspoon posted a blistering time of 20.73 to win gold ahead of freshman teammate Trey Harts, who was second at 20.89.

"I didn't know what to expect because I had just run the 400," said Witherspoon of the 200-400 double. "My legs were a little tired, but I came out and gave what I got and I was able to win."

Witherspoon did not compete in the 4x400 relay, but that didn't prevent Baylor from winning its 10th straight Big 12 indoor title in the event. Scheuerman led off for Baylor, overtaking the early leader Nebraska at the final turn. From there, Betters, Kevin Mutai and Iglehart-Summers cruised to victory in a national-best time of 3:04.97. Texas A&M was a distant second at 3:07.17.

Overall, the Baylor men finished in fifth in the team race with 75 points, while the BU women were eighth with 49 points. Texas and Nebraska tied for the men's conference title with 93 points each, while Texas A&M ran away with the women's crown with 148 points.

Baylor freshman Nichole Jones, who graduated from high school a full year early so she could enroll at BU, raced to the first conference title of her career, winning the 1,000-meter run in a time of 2:45.68, a new school record.

"I am ecstatic right now," Jones said. "Even though I've been running well this season, there has always been one little thing here or there that hasn't been going right. This is the first race where everything just kind of fell into place."

Another BU freshman, Danielle Bradley, took third in the 800, while teammates Erin Bedell (seventh, 2:13.37) and Kathryn Benvegna (eighth, 2:13.40) also had top-eight finishes in the event.

In the women's 4x400 relay, Baylor clocked in at 3:38.54 to claim third place behind Texas A&M (3:34.87) and Texas (3:36.24). Making up Baylor's foursome were Katrina Taylor, Carla Grace, Tiana Hood and Lauren Tillman.

Also scoring points for the BU women were Taylor in the 600-yard run (sixth, 1:23.29) and Lyndsy Bedell in the 3,000 (sixth, 9:46.45).

On the men's side, Mutai couldn't pull off a repeat conference title in the 600-yard run, as he finished third at 1:09.47.

Also scoring points for the Bears were Jeremy Jackson in the 60-meter hurdles (fourth, 7.97), Jacob Norman (sixth, 6.78) and Courtney Thomas (seventh, 6.83) in the 60-meter dash and Bo Price (eighth, 8:15.49) in the 3,000.

Baylor will return some of its team to Ames next weekend for the Last Chance Meet, the final opportunity to qualify for the NCAA Indoor Championships.

BU track stocked with flying fish

Friday, March 09, 2007

By Brice Cherry

Tribune-Herald staff writer

Apparently Charles Darwin was right — fish do have feet.

At Baylor, they have some of the sweetest feet you'll ever find.

With its longstanding track and field reputation as Quarter-Miler U, Baylor has managed to attract many of the nation's top 400 runners to come to Waco through the years. But the quartet of quarter-milers the Bears brought in this season arrived with the swiftness of a hurricane.

These freshmen — or fish, in college-speak — can flat-out fly.

"Numbers-wise, it's probably the best we've had," said Clyde Hart, the former BU head track coach who now works specifically with the 400 runners. "There may have been some individuals who have come in who were as good or better, but as a group it's outstanding. It was more or less the pick of the litter in the United States as far as the high school kids in this event. They were the ones we wanted, and we got them, and you can't do any better than that. It doesn't always turn out that way."

Last December, *Track and Field News* ranked BU's incoming freshmen as the No. 2 men's recruiting class in the country, behind only UCLA. It's a group that includes former Waco High stud LeJerald Betters, a two-time 5A state champ in the 400, J.T. Scheuerman of Littleton, Colo., the 2005 U.S. junior national champ, and California product David Gettis, a BU football signee who won a record three straight 400 state titles at Dorsey High School in Los Angeles.

Add to that trio Louisiana frosh Trey Harts, a natural short sprinter who also ran a 46.1-second split in the 4x400 relay in high school, and the Bears are richer than ever in their signature event.

"This is Quarter-Miler U, and I'm a quarter-miler, so this is like our Mecca out here," said Scheuerman, who will be among Baylor's group competing at the NCAA Indoor Track and Field Championships this weekend. "It's just the history here, and to be a part of that is the coolest thing ever."

BU's quarter-miler pool was already deep prior to the freshmen's arrival, but now it is seemingly bottomless. Combine the newcomers with a collection of returnees that includes seniors Reggie Witherspoon, Kevin Mutai and Mark Teter and sophomores Quentin Iglehart-Summers and R.J. Anderson, and the Bears believe they have not only the best relay team in the nation, but the second-best, too.

"We've got a lot of depth. And quality," Baylor head coach Todd Harbour said. "The freshmen pushed the upperclassmen before they even got here to campus. These guys knew they were going to have to work hard this year. It's been really good to this point. We've been able to interchange. We've got the top three relay teams this year (in the nation), and they've all had different people on them."

To be sure, Baylor has hardly been challenged in the 4x400 relay in the 2007 indoor season, as the only team to beat the Bears was the U.S. national squad. The Bears clocked a season-best 3:04.97 two weeks ago in winning the Big 12 title by more than two seconds.

"We don't have the superman on the end like we've had in the past with Michael Johnson or Deon Minor or Jeremy Wariner or Darold Williamson," Hart said. "Where if you're 15 meters back of the leaders you still feel like you have a chance. Some of these kids are starting to become that. ... But the solidness of this team is better than what we've put on the track. We've always had to have a guy who could absorb the weaker leg, and it put a lot of pressure on guys like Darold and Jeremy to catch up."

"This group is very different in that if we can get the best out of our No. 1, then we're going to do some great things."

That's not to say it's been a cakewalk for the Bear freshmen. The meets may seem like a breeze, but it didn't take them long to realize that Hart's notoriously tough workouts were not just the stuff of legend.

Unlike some schools, Baylor tends to focus on strength and endurance in practice rather than speed, with more repetitions at a slightly slower pace.

"The workouts sound simple, but they're complicated," Betters said. "But I feel like if you do your thing in the workouts, the meet's going to run itself."

"The workouts hurt," said Scheuerman, grinning. "But it pays off. ... Coach Hart knows everything, and we just do what we're told."

Those words are music to Hart's ears, who craves a willing student. And he's found that in this group of freshmen, who are eager to grab the Baylor baton and run with it.

"Tradition carries you a long way," Hart said. "If you've got a tradition built up, you can probably get away with a lot of things. The kids will walk through fire for me right now if they thought it would make them better, and that's good. They've got a lot of confidence in what we're doing here, and they know they've got a chance to come home with a (national championship) ring on their hands."

Betters and Scheuerman are the most likely candidates of the freshmen to add to their jewelry collection this weekend, as both will likely run on the 4x400 team. Harts is an alternate for the relay, but he'll compete individually in the 200, as will Betters in the 400.

Gettis, meanwhile, is still recovering from a tweaked hamstring and won't make the trip to Fayetteville, but he should be ready for the outdoor season.

Of course, Baylor's most heated race of the season may be the chase to land one of the four coveted spots on the relay squad.

"Everybody wants to be on the (4x400) relay," Gettis said. "It's so competitive out here, and that's great. Just to be a part of the (4x400) relay is an honor, because we have such a unique prestige about the relay, and how we feel about it. We take it very seriously and we don't like losing in the relay. Losing is not an option.

"And when you've got a team of about eight guys who feel that same way, it just makes you want to work harder. It makes you want to be a part of that."

Waco Tribune-Herald

Baylor 4x400 relay cruises to NCAA Indoor title

Sunday, March 11, 2007

Tribune-Herald staff report

FAYETTEVILLE, Ark. — All season long, the Baylor men's 4x400 relay enjoyed watching its rear-view mirror, while leaving opponents in the dust.

On Saturday night, it was time to enjoy the view from atop the medal stand.

Baylor cruised to its 15th national title in the 4x400 relay Saturday at the NCAA Indoor Track and Field Championships, breezing past the field by more than two seconds. The Bears have won seven 4x400 indoor titles and eight outdoors, and have earned All-America (top eight) honors in 28 straight seasons. Baylor also wrapped up an undefeated season against collegiate opponents, as its only relay loss came to the U.S. national team.

Running out in front was obviously a position the Bears found comfortable.

"We just figured we're best when we're out in front, so let's keep that going," Baylor sophomore Quentin Iglehart-Summers said.

"We basically led end to end," senior Reggie Witherspoon added. "There really wasn't that much competition all year long, but Coach (Clyde Hart) told us in practice that we had to learn how to run out on our own. We just went out and executed that plan."

The Bears wasted no time establishing their supremacy. When the pack filtered into one lane after 150 meters on the leadoff leg, Witherspoon charged out to a hefty lead. No. 2 runner LeJerald Betters extended that lead by another 10 meters after he grabbed the baton, allowing senior Kevin Mutai and sophomore Iglehart-Summers to coast home for the victory. BU's winning time was 3:04.24, well ahead of runner-up Kentucky (3:06.34).

"I was actually a little sad right after the race, because I wanted the (national) record," Iglehart-Summers said. "But that quickly faded as I realized we had won."

"Anybody who has followed my career knows that this is just a burden off my chest," said Witherspoon, who spent his first two years at Florida. "It's taken four years for me to get this ring, and it's something I'm going to cherish forever."

Baylor tallied 21 points in all, good enough for a tie for 10th place in the team standings with Tennessee, LSU and Louisville. Wisconsin won the men's NCAA title with 40 points.

Iglehart-Summers had a busy day, as he also sprinted to third place in the 400, the best national showing of his young career. Iglehart-Summers' time of 46.07 was the best of any underclassman in the race and trailed only Florida State's Ricardo Chambers (45.65) and Minnesota's Aaron Buzard (45.86) overall.

In the women's 3,000, BU sophomore Erin Bedell finished 17th and last among the qualifiers for the final, coming in at 9:33.07. Texas Tech sophomore Sally Kipyego won the race in 9:02.05.

Thanks to a fifth-place showing by the Bedell-anchored women's distance medley relay team Friday, Baylor finished with four points, tying for 50th in the team race. Arizona State (38 points) nipped LSU (33) for the team championship.

All nine of the BU athletes who competed at the NCAA meet earned at least one All-America honor, combining for 12 in all.

With its indoor season complete, Baylor will take next weekend off before kicking off the outdoor season with the Dr Pepper Invitational at home on March 24.

"Outdoor season should be fun," Witherspoon said. "I don't think we've touched on half the potential we have."

Baylor sprinter laughing all the way to the gold

Saturday, March 24, 2007

When: Today starting at 9 a.m.

Where: Hart-Patterson Track Complex

Tickets: \$6 adults, \$4 students

Results: baylorbears.cstv.com

By Brice Cherry

Tribune-Herald staff writer

Did you hear the one about the track star with the overactive sense of humor?

He couldn't stop his mouth from running.

Ladies and gentlemen, put your hands together and welcome Reggie Witherspoon, whose comedy stylings keep the Baylor track team in a perpetual state of hilarity.

For Witherspoon, life is one long laugh track, and he delights in being the pace-setter for churning out the chuckles.

"That's always been me. I like to have fun," said Witherspoon, the only two-time winner of the Big 12's indoor performer of the year award. "I've always made light of a lot of situations that people take serious. That's my personality."

Witherspoon, known as "Spoon Love" to his teammates, seldom lets a practice or road trip go by without unleashing a wicked one-liner or comically mimicking the running styles of other BU athletes. Word is, he even does a spot-on impression of Baylor head coach Todd Harbour.

"I'd do it, but I don't want to get in trouble," Witherspoon said, smiling.

"Reggie's one of those guys that likes to talk a little bit," said Harbour, whose team will open up the outdoor season at home today with the Dr Pepper Invitational. "He'll talk the talk, but at the same time he can also walk the walk. He can back it up."

Seriously, folks, when Witherspoon steps into the starting blocks, he leaves the funny business behind. Running is his job, in a sense, and he approaches it in a professional manner.

"You've got to know how to separate the outside world from the track world," he said. "When I step on that line, I'm focused. It's time to get the job done. I've been working hard for this, so I want to go out there and show what I can do."

What Witherspoon can do is compete with the best sprinters in the country. At the Big 12 indoor meet in Iowa last month, the senior pulled off a second straight gold-medal double in the 200- and 400-

meter dashes, and then two weeks later he claimed his first NCAA championship running leadoff on BU's 4x400 relay team.

He may engage his teammates in plenty of good-natured banter, but Witherspoon's record speaks for itself.

"He's always joking around and he doesn't take anything too serious, but at the same time he's still the (unofficial) team captain," said sophomore Quentin Iglehart-Summers, Witherspoon's roommate. "We all know that he has the most experience of anybody on the team. We know that when it comes to practice, he does it hard and does it right, so we all look up to him."

Growing up near Atlanta, Ga., life was hard for Witherspoon, who has four brothers and seven sisters. But he learned to laugh in the face of adversity, and found a place of refuge on the track, where he set countless school, state and national records in the sprints and earned 16 All-American honors.

Baylor recruited Witherspoon heavily out of high school and he actually verbally committed to the Bears before changing his mind and signing with Florida.

In two seasons in Gainesville, Witherspoon helped guide the Gators to a pair of top-five finishes in the 4x400 relay, but he never really felt comfortable in the Florida program, and transferred to Baylor after the 2005 season.

Witherspoon couldn't be happier with that decision — "Baylor resurrected my career," he said — even if his initial indoctrination into BU's taxing track workouts proved grueling.

Witherspoon had the BU athletes laughing from day one, Iglehart-Summers said.

"You know what Facebook is?" Iglehart-Summers asked, referring to the popular social networking Web site. "Before he got here, I would get on Facebook and tell him I was doing this or that at practice, and he would say, 'Yeah, I've been doing the same thing.'"

"So he comes here for the first time, we all got here after the Christmas break. We do the 200s every Monday, and he was just dying on the 200s, he was hurting so bad. We said, 'What happened? We thought you were doing all the workouts.' Instead of doing 10 laps, he had been *jogging* 10 100s or something like that. We went to dinner that night, and he couldn't even move. He went to sleep in the little booth, he was so tired."

Witherspoon has grown immensely since that introduction to Baylor, both as a sprinter — "I'm running times indoors that I ran outdoors last year, so I'm kind of scaring myself," — and moreover as a person. Witherspoon became a Christian last year, and the joy that experience brought permeates throughout his life.

"I've enjoyed watching Reggie grow as a man," Harbour said. "He's a great leader, an outstanding young man. I can't say enough good things about him. ... It's really been a neat thing to watch him grow up. The success he's had on the track has just been a bonus."

As the outdoor opener dawns, Witherspoon believes he's on the fast track to his greatest season yet. He has goals of running under 45 seconds in the 400, winning an individual NCAA title to go with another relay crown and joining former BU stars like Jeremy Wariner and Darold Williamson in the pro ranks.

"I'm running times I could not even have imagined a year or two ago," Witherspoon said. "Now I just feel blessed. I've got to thank God for everything he's given me, but I still think there's a lot more to come."

That's Witherspoon for you — always trying to get the last laugh.

Waco Tribune-Herald

Superior Bears too comfy for coach

Sunday, March 25, 2007

By Brice Cherry

Tribune-Herald staff writer

Even when you're running by yourself, you can have a productive day, as the Baylor track team discovered Saturday.

Despite a less-than-fearsome field of mostly smaller schools that didn't offer up much in the way of competition, Baylor charged its way to nine regional-qualifying marks and 22 first-place finishes at the season-opening Dr Pepper Invitational at the Hart-Patterson Track and Field Complex.

However, there was no regional standard met in Baylor's signature race, the mile relay. That fact in itself didn't agitate BU head coach Todd Harbour, but the overly playful way his top two relay squads went at it most certainly did.

"I just hated to end it like that, because that's not who we are," said Harbour, who pulled the eight members of the "A" and "B" relay squads aside following the race for a fiery chat. "We want to have fun, but not that much fun."

In order to add some spice to what figured to be a runaway race, Harbour had allowed the top quarter-milers to "draft" their own squads earlier in the week. The "A" team consisted of sophomores R.J. Anderson and Quentin Iglehart-Summers and seniors Reggie Witherspoon and Mark Teter, while the "B" squad was made up of senior Kevin Mutai and three freshmen, Trey Harts, J.T. Scheuerman and LeJerald Betters. Each team had two members from BU's NCAA-title winning foursome in the indoor season.

As expected, the race was tight — with Betters outpacing Teter by a step on the anchor leg. But the times — 3:18.06 for the "A" squad and 3:18.38 for the "B" team — were "an embarrassment," according to Harbour, who didn't like the jogging and jawing that permeated the race.

"You probably don't want to know (what I told them)," Harbour said. "I just didn't know they were going to do that. If I'd have known that, I would have put one team out there and say, 'Let's go run, guys.' That's what the ladies did. Why should we expect any different from them?"

"They're coming off a 3:04 (indoors), and these guys have seen video of teams running 3 flat all by themselves."

Outside of the final race, Harbour was pleased with the outdoor opener, which also saw the return to action of sophomore sprinter Jacob Norman, who won the 100-meter dash in 10.45 seconds after sitting out the indoor season rehabbing an injury.

"To see Jacob run well in the 100 was great," Harbour said. "Courtney Thomas, Jeremy Jackson — they were strong, too. ... In the 4x100, we got the stick around the track and last year we didn't, so that was a good thing."

Harts, who finished eighth nationally in the 200 in the indoor season, breezed to victory in that race in a regional-qualifying 21.13.

"It's not bad," Harts said of his time. "It's a little slower than I wanted to be. I would rather be around 21 flat, but I've got to take what I can. 21.13 is not a bad opener, that puts me under the regional-qualifying mark, so I don't have to stress about trying to run fast every week. I can just go out and have some fun now."

Thomas finished second in the 200 at 21.19, followed by Betters (21.54) in third and Iglehart-Summers (21.55) in fourth.

BU's Carla Grace proved graceful in winning the women's 200 in a time of 24.10.

Grace also ran a leg on BU's mile relay squad that finished first among collegiate teams in a regional-qualifying 3:41.14. Joining her on that team were Lauren Tillman, Tiana Hood and Katrina Taylor.

BU junior Kim Brown, a former Midway standout, motored her way to a 100-meter hurdle win in 14.71 seconds, while fellow junior Brittany Devereaux blew away the field in the discus with a heave of 168-2, bettering her own school record.

Other first-place finishes on the women's side included Hood (11.92) in the 100, Tillman (55.33) in the 400, Nichole Jones (2:09.80) in the 800, Lauren Hagans (4:29.76) in the 1,500, Renae Van Whye (10:09.30) in the 3,000, Taylor (63.18) in the 400 hurdles, Kayla Smith (5-5) in the high jump, DeAna Carson (19-93/4) in the long jump, Kaleigh Teel (11-113/4) in the pole vault and the 4x100 relay squad, which notched a regional-qualifying time of 45.16.

On the men's side, Mutai led a green-and-gold rush to the finish in the 400, as the Bears took the top four spots. Mutai came in at 47.16, which qualifies him for regionals.

Other first-place showings for the BU men came from Mitch Sanders (1:54.36) in the 800, Jackson (14.21) in the 110 high hurdles, Chris Cardwell (168-7) in the hammer and the 4x100 foursome, which came in at a regional-qualifying 40.43.

It was a pleasant yet windy afternoon, not a bad setup to post some low times.

"We had some really good marks," Harbour said. "The wind helps your sprinters and your jumpers and your throwers a little bit. It hurts your distance runners. So some of our middle-distance kids, from 400 on up, the wind really took it to them."

Baylor will return to action on Friday and Saturday at the Stanford Invitational in Palo Alto, Calif.

Waco Tribune-Herald

BU sprint relay eager to move to front of pack

Thursday, April 05, 2007

By Brice Cherry

Tribune-Herald staff writer

Baylor's sprinters have a stick in their craw — a large, baton-shaped stick.

Baylor's reputation as the premier school for 400 runners in college track and field is well-deserved, but nothing quickens the pulse of BU's short sprinters more than critics limiting the Bears' success to that event alone.

"We've got a lot to prove," said sophomore Courtney Thomas. "Some people have doubted us, like people from TCU and Texas, saying, 'Aw, Baylor doesn't have no sprinters, they're not ever going to have any sprinters.' That's what they told me during my recruiting trips there. I was like, 'Maybe we can change that.'"

With a dash of depth and a heavy dollop of speed, Baylor is indeed doing its best to blow away that perception. Heading into the 80th annual Clyde Littlefield Texas Relays in Austin, which Baylor will begin competition in today, the Bears own the eighth-best time in the country in the 4x100 relay at 39.91 seconds.

"Everybody knows the depth we have on the 4x400, but we feel like we actually have a bit of depth on the 4x100, too," Baylor head coach Todd Harbour said. "We've got enough guys. We want to be a program that's well-rounded. It's hard (to recruit in all events) at the private schools, but we can definitely do it in the sprints. There's no reason we can't have a great 4x100."

Baylor will rely on that depth this week after losing its regular anchor runner Jacob Norman to a strained hamstring at the Stanford Invitational last weekend. Norman, the 2006 NCAA indoor champion in the 60-meter dash, pulled up lame with about 60 meters to go in the finals of the 100, but Harbour expects his splendid sophomore to be ready to run by the Michael Johnson Classic on April 21.

Even without Norman, the Bears are plenty fast. Harbour said BU's time of 39.91 last week in Palo Alto was achieved despite "terrible handoffs," something the squad aims to correct in Austin.

Freshman J.T. Scheuerman is slated to lead off the 4x100 foursome, followed by senior Reggie Witherspoon, Thomas and then freshman Trey Harts, an All-American in the 60-meter dash indoors, on the anchor.

Like Norman, Harts boasts the same "can't-catch-me" mentality needed on the anchor leg, Harbour said.

"Trey is mean with the stick in his hands," the coach said. "He's the type of kid you like at anchor. I think that relay, if they get the handoffs, they'll be in the hunt. They can run with Florida State and some of the top relay schools in the country right now."

The Bears will get their chance to prove it come Friday, when the prelims of the 4x100 begin. Three of the schools currently ahead of Baylor in the national rankings in the race — Florida State, Georgia and Texas A&M — will be among a fleet-footed field.

Not that Baylor needs much motivation. This is, after all, the Texas Relays, the "sprint carnival" of track meets.

"It's not everything," Harbour said. "We tell them, 'This is just the Texas Relays. This is not the NCAA Championships.'"

"But it's a big time for them," he continued, chuckling. "They'd just as soon go to this meet as the NCAAs, if they had to pick one of the two."

BU sprinter lives up to her surname

Saturday, April 21, 2007

By Brice Cherry

As a devout Christian, Baylor track coach Todd Harbour has witnessed evidence of God's grace on his life and in his work.

Harbour can't escape grace. It stares him squarely in the eye every day, in the person of junior sprinter Carla Grace, whose surname is more than a moniker — it's who she is.

Grace carries herself with an elegance and humility that belies an athlete of her ability. She's quiet and composed in nearly every aspect of her life, but on the track her graceful strides resonate with eardrum-splitting authority.

"Carla's just one of those ladies who is very, very mature," said Harbour, whose team returns to action today at the Michael Johnson Classic at the Hart-Patterson Complex. "Good work ethic, she gets after it, does what you ask her to do. Sometimes you forget she's out there. She's not real vocal, but she's a hard worker."

"I always call her the silent assassin," said Baylor associate coach Michael Ford, who works primarily with the sprinters. "She has the fire to do well. ... Don't let the quietness fool you."

Grace is the latest BU sprinter to take on the team's jackrabbit-of-all-trades role.

Like Angel Perkins, LaKadron Ivery and Barbara Petrahn before her, Grace's meet schedule is typically jam-packed, as she competes in the 100, 200 and on the 4x100 and 4x400-meter relay teams.

"She's basically the girl," Harbour said. "When you lose Angel Perkins and Kandace (Tucker) and LaKadron and Liz (Wilson) and all the girls we've lost over the past two years, Carla's been the one now that has to step up."

Three years ago, Grace would have been jelly-legged after such an ambitious slate of events, but now she's strong enough to withstand its tolls.

"The program here is well-designed for me," she said. "I do feel like I get stronger every year. I run a lot of events between the 1, the 2, the 4-by-1 and the 4-by-4, and I run that practically every week. I used to be tired after the meets, but not anymore. I could keep running after the 4-by-4. I've gotten a lot stronger."

"Carla does a great job handling (the workload)," Harbour said. "You want to make sure you protect those athletes, that you don't overrun them, but at the same time they know how valuable they are. ... You just want to make sure you still have some left in the tank for kids like Carla at the end of the NCAA meet."

Grace was seemingly born to run. From her earliest days, she chased her older brother and sister around, eventually challenging them to footraces. For Grace, the pursuit of happiness is all about being in hot pursuit, that "go-get-her" attitude, as she called it.

"I just love track. I've loved it all my life," she said. "I love competing, I love everything about it."

Grace began running competitively in the seventh grade and by the time she reached high school at San Antonio MacArthur, she had hit her stride. She set school records in the 100, 200 and 400 at MacArthur and twice reached the UIL state meet.

Carla's father James ran track at Michigan and her mother Kathryn played basketball for the Lady Wolverines, so Ann Arbor was a potential college destination. But Grace chose Baylor over Michigan for several reasons, among them its proximity to San Antonio and BU's Christian environment.

Ford recruited Grace to Baylor, and he still remembers his first vision of her during her sophomore year.

"She was a tall drink of water," Ford said. "Her dad was a track runner at Michigan and her mom was a basketball player at Michigan, so I knew she had a good bloodline of athletic ability. She had a really nice spirit about her and I knew she was a competitor. When I saw her run her junior year at the state meet, I was kind of like, 'You know what? I'm going to keep recruiting her.'"

"So things worked out. I'm glad we beat out Michigan."

That's not to say Grace hasn't given Ford the occasional bit of grief. Her quiet demeanor masks a playful side as a prankster, as Ford discovered at a meet earlier this year when he returned to his unlocked hotel room to find his bed wrapped in toilet paper. The culprits?

Grace and senior hurdler Lauren Tillman.

Grace is no joker when it comes time to compete, however. She has already qualified for regionals in the 100 (11.65) and the 200 (23.79), and yearns to return to the NCAA outdoor meet in the 200 for the first time since her freshman year, when she finished 16th.

"She's running well, but I still think Carla's not satisfied with where she's at right now," Harbour said. "She'd like to be a little bit faster in the 1 and the 2. ... Carla is definitely one of the top sprinters in the country, and there's just a fine line — you're talking hundredths of seconds — between the top runners."

"It's all about having the right race, doing what you need to do mechanically, and she'll be there. I think she's ready to do that."

Waco Tribune-Herald

BU cooks in Classic heat

Sunday, April 22, 2007

By Brice Cherry

Tribune-Herald staff writer

Ever the competitor, Baylor head track coach Todd Harbour is constantly encouraging his charges to run their best.

They listened.

With multiple runners turning in personal-best times and several cracking the top five in the nation, Baylor breezed to 16 first-place finishes on a windy but pleasant Saturday at the annual Michael Johnson Classic.

"We got everything we needed out of this meet," Harbour said. "We really needed a day like this, especially after some of the weather we've had. There's no such thing as a perfect track meet, because you always have some things you'd like to do better, but overall we had an unbelievable day."

Baylor's 18-year-old freshman Nichole Jones should still be in high school, but instead she's proving to be one of the best runners in the collegiate ranks. Jones, who graduated from high school a year early, swept both the 800- and 1,500-meter runs with little problem, winning in times of 2:06.96 and 4:26.00, respectively.

Jones was particularly proud of her personal-best clocking in the 800, because she felt like she ran a smart race.

"I think I'm mentally tougher than most people probably expect me to be," she said. "I really had to be today, because it's pretty windy out here."

"Nichole ran just a super race," Harbour said. "To go 2:06 in that kind of strong wind, you're just not supposed to be able to do that. Especially for someone who should be a senior in high school."

Two other Bears broke out the brooms and scored sweeps — sophomore Courtney Thomas darted to impressive wins in the men's 100 and 200, while junior Carla Grace matched that feat on the women's side.

Thomas had the stopwatches clicking with personal bests of 20.63 in the 200 and 10.31 in the 100, times that rank third and eighth nationally.

"Courtney Thomas is becoming a star," Harbour said. "I'm just proud of the little bugger, especially with all the work he did academically to get here."

Thomas said his progress has been expedited by the presence of another superb sprinter in freshman Trey Harts. Harts finished second to Thomas in both races, running 10.46 in the 100 and 20.91 in the 200.

"Coach had a bribe that whoever didn't win out of me and Trey would have to do 20 push-ups," Thomas said. "But I'm not going to make him. He can go cheer the rest of the day."

Thomas and Harts also teamed up as half of BU's winning 4x100 relay team, which cruised to a time of 39.68. That despite still being without 2006 60-meter national champion Jacob Norman, who's rehabbing a hamstring injury, and despite a shaky exchange on the final handoff from Thomas to Harts.

"To say that was a rough handoff is too nice a word," Harts said. "Everything about that was completely nasty. I wasn't expecting to fall as I came out of my stance. We did run well, considering. The first three legs were phenomenal, and after I fell I kind of felt like I had to make up for that."

The men's 400 race figured to provide thrills, and it didn't disappoint. In the opening heat, BU sophomore Quentin Iglehart-Summers delivered a powerful finishing kick to track down freshman teammate LeJerald Betters, winning by a half-step in a personal-best time of 45.89. Betters was second at 45.94, and the duo now ranks 3-4 in the event nationally.

"I'm pleased that I was able to PR (set a personal record), but I felt like I ran a bad race," Iglehart-Summers said. "I didn't get out like I can and I didn't come around the second curve as well as I wanted. But even with all that, I still PR'ed, so I'm pretty happy about that."

Later, in a captivating running of the mile relay, an all-star team highlighted by former BU greats Darold Williamson and Jeremy Wariner toppled the current Bears, but not without a fight. Williamson had to chase Iglehart-Summers down coming around the final curve to win in 3:05.14, just ahead of Baylor's 3:05.30.

Not that there was any shame in BU's second-place finish. When converted to a 4x400 time, the Bears' clocking is the best in the NCAA, at 3:04.10.

Baylor got a terrific split out of the blocks from Betters (45.8) and a blistering third leg from senior Kevin Mutai.

Baylor's women also charged to wins in the mile and 4x100 relays, winning by comfortable margins in both races. The Bears clocked a 45.17 in the sprint race and came in at 3:37.71 to win by 10 seconds in the mile relay.

Also scoring wins for the Baylor women were Rena Napoleon (56.13) in the 400, Lauren Tillman (60.01) in the 400 hurdles, Kim Brown (18-3 3/4) in the long jump and Stasia Kelly-Taylor (40-5 1/2) in the triple jump.

For the men, Baylor's Mitch Sanders outpaced Sam Houston's Morten Munhelm to take the 1,500 in a time of 3:48.83, while

freshman Jeremy Taylor claimed gold in the high jump, clearing 6-6 3/4.

Baylor will be back on the track next weekend at the Drake Relays in Des Moines, Iowa, the final tune-up prior to the Big 12 Championships, May 11-12 in Lincoln, Neb.

Waco Tribune-Herald

Homecoming happens in spring for BU greats

Sunday, April 22, 2007

Brice Cherry

Don't tell Baylor's track and field greats that homecoming is in October. For them, homecoming arrives every April, when the Michael Johnson Classic rolls around.

Several of BU's track legends made another triumphant return to the Hart-Patterson Track and Field Complex Saturday, including the meet's namesake, Michael Johnson.

"It's always a lot of fun to come back to Baylor," Johnson said. "Just to come back every year and watch Jeremy (Wariner) and Darold (Williamson) do their thing, and watch the new class of Baylor runners, it's special. I guess it really is like homecoming for the Baylor track guys."

Besides Johnson, other former BU all-Americans in attendance included Wariner, Williamson and John Simpson — all of whom competed — as well as Deon Minor, the manager for Wariner and Williamson, and Raymond Pierre, the meet's official starter.

MJ continues to serve as the agent for Jeremy Wariner, the former BU national champion who has inherited Johnson's place atop the throne as the top quarter-miler in the world.

Just like old times, Wariner put on another show for the home folks, as the Olympic gold medalist and world champion scored wins in the 200, the 400 and in the mile relay along with old pal Darold Williamson.

In the 200, BU senior Reggie Witherspoon blasted out of the blocks to an early lead, but Wariner hit his stride on the final straightaway and passed Witherspoon to win by two steps in a time of 20.81.

"I wasn't happy (with the 200) at all," Wariner said. "My last 100 to 115 was pretty good, but my start was terrible. But the good thing is, I didn't panic through the turn. I kept my stride and finished strong."

In the 400, Wariner hung a step behind the leaders for much of the race, then shifted into overdrive, blowing past Williamson and Jamaica Olympian Sunjay Ayres on the final turn and pulling away to win at 44.66.

Then in a thrilling final nightcap in the mile relay, Williamson erased a 15-meter deficit to catch BU sophomore Quentin Iglehart-Summers by the final straightaway, setting up a sprint to the finish.

With athletes on the infield moving toward the track and spectators in the stands straining to get a better view, Williamson inched ahead in the final 10 meters to propel his all-star team — which also included Wariner, Ayres and Joe Shelton — to the win at 3:05.14. Baylor was second in 3:05.30.

For Wariner and Williamson, Saturday's meet was essentially the leadoff leg of another big, globe-spanning professional season. Though the Olympics are still a year away, both sprinters have a

busy slate of ultra-competitive meets ahead, culminating with the World Championships in Osaka, Japan, on Aug. 24-Sept. 2.

"I'm hoping to PR (set a personal record) in both events this year, and then the big thing is the World Championships," Wariner said. "I want to go back there and repeat. Before then, I just need to work hard in my training and really find out what my weaknesses and strengths are."

Johnson will obviously be keeping a watchful eye on his proteges, while simultaneously staying busy with his own projects. He currently stars in a commercial for Coors Light, zipping around a bar as the "world's fastest man."

"I had a good time shooting that commercial," Johnson said. "It's kind of a transition for me, going from the different sports beverages and Power Bar and Samsung and things like that. I'm in a different part of my life now, so the endorsements are different."

Of course, Johnson is roughly the same age as his old BU teammate Simpson, who competed in the 4x100 relay with three other track veterans in an attempt to set a record for the masters (40-44) age division.

Would MJ consider that type of victory lap?

"Not at all," he said, laughing. "I'm just watching now. My running days are over."

Waco Tribune-Herald

Baylor's Hart a finalist for USOC honor

Thursday, April 26, 2007

By Brice Cherry

Tribune-Herald staff writer

When Oscar-contending actors say, "It's an honor just to be nominated," they usually mean it.

It's no different for Clyde Hart.

Hart, Baylor's director of track and field and the head coach of the program from 1963 to 2005, has been selected as one of five finalists for the United States Olympic Committee's Coach of the Year honor, which will be announced at a banquet in Washington, D.C., on May 3. And even though Hart has already been notified that he isn't the overall winner, it didn't take any of the shine off the honor.

"I'm proud of it, especially with it coming in my twilight years," Hart said. "What I'm most proud of is the fact that I've now won the USOC award for track and field three times."

Each year, the USOC's governing bodies for 47 different sports name a Coach of the Year for that sport. Hart is this year's honoree for track and field, a distinction he also received in 2004 and 1996, the award's inaugural year.

It's the first time, however, that he was chosen as one of the five finalists for the overall USOC honor, which will be awarded to USA snowboarding coach Bud Keene, Hart said.

"They had to let us know for the banquet," Hart said. "It's not like the Heisman Trophy, where they fly the five finalists to New York. They're cheapskates."

Hart was joking, of course, but his status as one of track's all-time coaching legends is no joke. In 2006, he guided former BU great Jeremy Wariner and former University of Texas standout Sanya Richards to undefeated seasons in the 400 meters. Both runners won a share of the IAAF Golden League jackpot of \$1 million for winning all six Golden League meets, and both were named Jesse Owens Award winners by USA Track and Field as the track athletes of the year.

In 43 years as Baylor's coach, Hart coached 29 national champions and 471 All-Americans. His athletes have also set nine NCAA records and 10 world records.

Des Moines Register

'Little Rock Nine' shaped Relays icon

By SEAN KEELER

REGISTER COLUMNIST

April 27, 2007

Without the Little Rock Nine, there would be no Jeremy Wariner.

No Michael Johnson. No Darold Williamson. No Greg Haughton. No "Quarter-Miler U."

There aren't 29 national champions. Or decades of glorious Drake Relays snapshots, wet and dry.

Without the Little Rock Nine, there's no Clyde Hart. Not the Clyde Hart of legend, anyway.

"That probably helped shape my coaching career more than anything," Hart, the director of track and field at Baylor, says now. Before he became the Al Davis of college track, minus the greasy and squirrely, before he brought Johnson and Williamson to Forest Avenue, Hart was a baby-faced assistant football coach at Little Rock (Ark.) Central High School, his first teaching job out of college.

He flashes back to the autumn of 1958, when he had a skybox view of bigotry and history. The place "you learned," he says, "to go with what you had."

Which, that season, was next to nothing. A little background: In 1957, Central High was finally integrated, a landmark moment in the civil rights movement. Nine black students attended the formerly all-white school for the first time on Sept. 23.

The next fall, then-Gov. Orval Faubus vowed to find a detour around progress. The solution: Shut down all the public high schools, the kids be darned.

There was a catch, of course. Central's Tigers were one of the best prep football programs in America that year. A civic institution.

So, while Central remained closed, the Tigers continued on. Or tried to. Players began transferring en masse, trying to salvage their eligibility elsewhere.

"We'd show up for a workout," Hart recalls, "and we might have a whole new starting 11."

Central High is honoring the 50th anniversary of its integration this fall. Hart's glad to see it. But he says he wouldn't mind a little nod to the faculty and coaches at the school who helped make sure that an already tense situation - the Army's 101st Airborne was present to help ensure President Eisenhower's orders were met - didn't get any worse.

"At any hour, the principal could call us and say, 'We've got a bomb scare, you need to check the lockers,'" Hart says. "A bomb doesn't care if it's black or white."

Imagine: You're in your 20s, green as a gourd, coaching football, boys' basketball and track. And you show up for work to find troops at the door and helicopters parked on your practice fields.

Any death threats, you ask?

"No," Hart replies. Then he pauses.

"I'd imagine some of those athletes probably felt like they wanted to kill me a few times."

One winter morning, Hart turned up to find that the 101st had stacked up his wooden hurdles the night before and used them in a bonfire.

His wife was so angry that she penned a strongly worded letter to the White House. A few days later, 1600 Pennsylvania Avenue replied.

"They had reimbursed us and bought us brand-new aluminum hurdles," Hart says. He laughs. "That's probably when I became a Republican."

Funny business, hindsight. Some memories change your mood for a minute. Others change your outlook forever. After '57 and '58 in Little Rock, no one wondered how Clyde Hart would handle adversity.

"Everybody is under the impression that you've got to always have great athletes," Hart says. "And if you don't have them, you sit back and feel sorry for yourself. We didn't have a choice. I learned that athletes can respond a lot more than what we give them credit for."

Coaches estimated that Central opened camp with more than 100 players. By Thanksgiving, Hart says, "we ended up with about 20."

Junior-varsity kids. Former student-managers.

"And once you put them in that uniform and turned the lights on," he says proudly, "you couldn't tell the difference."

Those short-handed Tigers, a patchwork of scraps and fumes, wound up 8-3-1. Hart's been spinning straw into gold ever since.

Waco Tribune-Herald

Baylor sprinters sweep relays in record-setting day at Drake

By Tribune-Herald staff report

Sunday, April 29, 2007

DES MOINES, Iowa — It was a record-setting day for the Baylor track team at the Drake Relays.

Baylor completed a sweep of all four sprint relay races — winning titles in the 4x400, 4x200, 4x100 and sprint medley in the 98th running of the prestigious meet.

That performance tied the meet record for the most relay races won at one meet, as Illinois also pulled it off in 1944.

Baylor has won the 4x400 at Drake 13 times in the past 15 years, and its time of 3:02.00 on Saturday bettered its season-best and national-leading time by almost two seconds. It also marked the 64th time Baylor has run 3:02 or better in the 4x400, best in the NCAA by far. LSU is second with 13 such occurrences.

The Bears led from start to finish, with Reggie Witherspoon running a 45.1-second split on the leadoff leg. LeJerald Betters followed at 44.9, and Kevin Mutai and Quentin Iglehart-Summers came in at 46.0 and 45.5, respectively.

In the sprint medley relay, Baylor survived a brief mental lapse when anchor runner Mutai pulled up short of the finish line with 10 meters to go. Alerted by the announcer that he hadn't crossed the line, Mutai stepped across with just enough time to hold off Northern Iowa All-American half-miler Tyler Mulder.

"I saw what I thought was the finish line, and I saw the timing cameras, so I thought I was done," Mutai said. "I heard the announcer say that I stopped too soon, so I just tried to get across the line. I didn't want to let the team down and I got across the line just in time."

Baylor also posted a season-best 39.63 in the 4x100 relay, with freshman Trey Harts leading the pack by nearly 10 meters at the end.

On the women's side, Baylor ran a season-best 44.89 to finish second in the 4x100 behind Texas, which set the stadium and meet record at 43.94. The Bears also took fourth in the 4x400, clocking a season-best 3:35.35.

Baylor will take next weekend off before returning to the track at the Big 12 Outdoor Championships in Lincoln, Neb., on May 11-13.

Waco Tribune-Herald

Burning track is Betters' way of coping

Saturday, May 12, 2007

By Brice Cherry

Whenever LeJerald Betters encountered a problem in his life, he ran.

On the nights he had nothing but potato chips to eat for dinner as a child, he ran. When he messed up at school, he ran. And when trouble seemed to follow him around every corner, he ran and ran and ran.

Perhaps that's why Betters is one of the better runners in the country, because he's faced far more turmoil than most.

For Betters, a Waco High graduate and Baylor's latest quarter-miler prodigy, the track has always been his refuge, his oval oasis away from the stresses of life. It's the one place he could find peace.

"It's still a struggle," said Betters, who will compete in the 400 and 4x400 relay at the Big 12 Outdoor Track and Field Championships beginning today in Lincoln, Neb. "Things in Waco are still pulling at me, and it's still a struggle. But I block it out when I'm on the track. God has really blessed me."

Betters appreciates the richness of his life today, because he has experienced the poverty. He never had much in the way of possessions growing up — at times, not even a bed to call his own — but he always had the track. When it came to running, Betters was among the very best.

In his last two years at Waco High, Betters won a pair of Class 5A titles in the 400 as well as a gold and silver medal in the triple jump. Yet for all his accolades, Betters didn't even put much thought into his future beyond high school until Baylor tendered a scholarship offer late in his junior year.

"I didn't even have to really think about it," Betters said. "A full ride? That my was first offer, and I took it. It really was a blessing. I didn't have to think twice."

Betters' only worry — and it's a concern shared by the BU coaching staff — was that remaining in his hometown of Waco would somehow stunt his progress. Growing up, he had occasionally made some poor decisions, both in and out of school, and he was eager to leave those days behind.

"Sometimes it's just tough for local athletes to stay around," Baylor coach Todd Harbour said. "There's more pressure, more expectation, more influences — some good, some not-so-good. ... We just said, 'Hopefully, LeJerald can overcome those things.' There have been some great Waco athletes that have stayed here and done really well and there are a few others who haven't.

"He knows that, and he wants to be one of those who proves the naysayers wrong."

In some ways, he already has. In his first collegiate season, Betters ranks fifth in the nation in the 400 with a personal-best time of 45.96 — his sophomore teammate Quentin Iglehart-Summers (45.89) is fourth — and he also picked up a prized piece of jewelry in the indoor season as a member of BU's NCAA title-winning 4x400 relay team.

With his long strides and significant windpower, Betters is a natural quarter-miler.

"He runs very, very effortlessly," Harbour said. "He's getting a lot stronger now, you can just see it. The training is really starting to kick in now and we're just starting to get some warmer weather, and we're going to start seeing some big drops with these guys. ... LeJerald is one who could be running low 45s by the end of this year, maybe knocking on the door to go under 45."

Waco High head track coach Keith Willis saw that potential in Betters in high school. Willis is one of several men, along with Chaz Hahn, Betters' former youth minister at Antioch Community Church, and former Waco High coach Nat Haynes, who provided guidance and support to Betters over the years. Young LeJerald even lived with Hahn and later with Willis for various periods of time.

"Coach Willis was like another father figure for me," Betters said. "Pretty much everybody called him my daddy. He was always there for me, every day, and I know he kept me from getting kicked off the (Waco High) football team a couple of times when I deserved it."

In many ways, Betters and Baylor are a perfect fit. Baylor is to would-be world-class quarter-milers as Julliard is to aspiring musicians. But the freshman refuses to let himself get consumed by the dream of professional glory and riches.

"It's something I think about, sure," he said. "But really, I think more about graduating. That would be great if I could go pro, but there ain't nothing wrong with a job, you know?"

Perhaps not surprisingly, Betters' dream job is that of track coach, for he is eternally grateful for the time and energy devoted to him by men like Willis and Haynes.

"I'd really like to help as much as I've been helped," Betters said.

But that goal is still years away. For the time being, Betters is busy putting plenty of distance between him and his past problems, sprinting headlong into a bright, new future.

"He's digging himself out of some holes he put himself in with the immaturity," Harbour said. "I really feel like he's growing up. He has the main thing, and that's the desire. He wants to be successful, not only out here but he wants to be successful in the classroom. He's working to that end.

"He's still not perfect; he's still got a ways to go, but he's trying."

Waco Tribune-Herald

Bears' Witherspoon burning Big 12 track ... again

Sunday, May 13, 2007

Tribune-Herald staff report

LINCOLN, Neb. — Anytime that Baylor's Reggie Witherspoon gets together with his buddies from the Big 12, he has a good time.

Witherspoon, twice the high-point performer at the Big 12 indoor meet, got off to another strong start at the Big 12 Outdoor Track and Field Championships Saturday, posting the top preliminary times in both the 200- and 400-meter dashes.

Witherspoon's effort of 20.32 in the 200 was a record for Nebraska's Ed Weir Stadium, and he also clocked a 45.56, the third-fastest time in the nation, in his first open 400 of the season.

Baylor could pick up major points in both the 200 and 400 today, as Courtney Thomas (20.52) and Trey Harts (20.74) joined Witherspoon in advancing to the 200 final.

"It was really good to see all three of our guys PR in the 200 meters," Baylor assistant Michael Ford said. "We came into the race hoping to get all three runners in the finals.

LeJerald Betters of Waco High (45.56), Quentin Iglehart-Summers (46.53) and J.T. Scheuerman (46.64) all advanced out of the 400 prelims. Betters' time lowered his personal best, which he ran the last time out at the Drake Relays, by nearly half a second.

"We had another great day at the track today," Baylor coach Todd Harbour said. "We had a lot of people qualify for the event finals tomorrow. We had a couple of close misses, but that is just how it goes with track and field. We really set ourselves up to get a lot of points tomorrow."

In all, Baylor advanced 17 runners out of Saturday's prelims, including the women's races. Senior Kevin Mutai nabbed the eighth and final qualifying spot in the men's 800, while fellow senior Mitch Sanders did the same in the 1,500.

On the women's side, freshman Nichole Jones, who became the youngest Big 12 champion in history when she won the 800 title indoors, posted the top preliminary time in that race at 2:08.52. She'll be joined in the final by teammates Danielle Bradley (third, 2:08.61) and Lauren Hagans (fifth, 2:08.69).

Junior sprinter Carla Grace notched times of 11.54 in the 100 and 23.19 in the 200 to move on. Also putting themselves in positions to score points today were Lauren Tillman in the 400-meter intermediate hurdles (59.31) and Ruth Waller in the 1,500 (4:29.03).

The Big 12 meet concludes today, with field events starting at noon, and the first running final set for 1:15 p.m.

Baylor sprinters mine gold

Monday, May 14, 2007

Tribune-Herald staff report

LINCOLN, Neb. – The rest of the Big 12 will be glad to see Reggie Witherspoon graduate.

The Baylor senior won the 200-meter dash, placed second in the 400 and helped propel the Bears to a win in the 4x100-meter relay to earn the High Point Performer award at the Big 12 Outdoor Track and Field Championships Sunday. Witherspoon also took high-point honors at the last two Big 12 indoor meets.



Witherspoon

"You can't say enough about Reggie," Baylor head coach Todd Harbour said. "He has competed in only four conference meets and he's been the high point performer in three of them, which is very impressive."

Witherspoon sprinted to gold in the 200 with a time of 20.57, then later clocked in at 45.73 in the 400 to finish second to BU freshman LeJerald Betters, who won his first Big 12 championship with a nation-leading and personal-best time of 45.33.

"The difference for me today was how I ran the second curve," said Betters, a former

multiple state champion at Waco High. "Our team has some strong kickers, so I knew I had a better chance if I got out in front early. Working with Reggie and Quentin (Iglehart-Summers) every day makes me better, because if they outwork me it shows at the meet."

Iglehart-Summers helped Baylor complete a sweep of the top three medalists in the 400, as the sophomore took third at 45.84. Freshman J.T. Scheuerman (46.64) came in sixth.

The BU men finished seventh in the team race for the second straight year, totaling 67 points. The Baylor women tallied 32 points and finished in 11th overall, their worst showing in school history. "We had a few bright spots on the women's side, but for the most part we were disappointed with how we finished," Harbour said. "Nichole (Jones) ran really well and set a school record, and Danielle (Bradley) and Carla (Grace) got some good points for us, but we just didn't have anyone that would step up today."

Jones, an 18-year-old freshman who graduated from high school a year early, charged to a gold in the 800 in a school-record time of 2:05.89, winning the race by more than two seconds. Jones is now the youngest athlete to win both a Big 12 outdoor and indoor title, as she won the 1,000-meter run at the conference indoor meet.

Baylor also won Big 12 titles in the men's 4x100 and 4x400 relays, the latter for the 10th straight year. Including the indoor season, the Bears have won 20 straight conference titles in the 4x400.

Iglehart-Summers led off for Baylor, breaking out to the lead with a 46.6-second split. Senior Mark Teter followed with a 46.8-second split, but a strong second leg from Texas A&M pulled the Aggies even. Senior Kevin Mutai pulled back in front by a few meters on the third leg, coming in at 45.4 before handing off to Betters, who turned the race into a runaway with a 44.5 split on the anchor.

BU's time of 3:03.94 was its second-best of the season and the second-best in the nation for the team that owns four of the top six national times.

Baylor's foursome of Witherspoon, R.J. Anderson, Courtney Thomas and Trey Harts snatched the gold in the 4x100 in a time of 39.65.

However, the Bears suffered a tough hit when Thomas pulled up with a hamstring injury 60 meters into the final of the 100-meter dash. Thomas had also qualified for the final of the 200, but was forced to scratch.

"The injury to Courtney really hurt us today," Harbour said. "We were looking for a big day from him. ... It seems like injuries have gotten us a lot this year, between Brittany (Devereaux) breaking a finger and Erin (Bedell) having to redshirt, but we needed people to step up and take their place and we struggled to do that."

Danielle Bradley picked up a bronze medal in the women's 800 at 2:08.84, while Mutai was fifth in the men's 800, surrendering a lead after 500 meters and finishing in 1:50.96.

Carla Grace finished seventh and sixth in the 100 and 200, respectively.

In the team race, Oklahoma won the men's conference title with 110.5 points, while Texas A&M piled up 140 points to claim the women's crown.

Baylor will return to action in two weeks at the Midwest Regional Championships in Des Moines, Iowa.

Baylor's Brabham taking leap of faith

Thursday, May 17, 2007

By Brice Cherry

Back in the early 1970s, Danny Brabham earned a reputation as one of the top long jumpers in Southwest Conference history. Now Brabham is making the next big jump of his career.



Brabham

Brabham, Baylor's assistant head track and field coach, will retire on July 1 after 18 years working with the program.

"This is something I've been thinking about for a little while, and I just got the feeling like it was time," Brabham said. "I've worked with some great athletes and done some pretty good things, and I've really enjoyed my career at Baylor. But I've just got the feeling like it's time to move on."

Brabham's move may or may not include a return to coaching, as the veteran coach said he is still undecided on his future beyond this summer.

"It could parlay it into (a head coaching job). I'm not saying my coaching career is over at this point," Brabham said. "But I feel comfortable in this decision, and I appreciate the opportunity I was given here at Baylor."

Nothing bad to say about Bears

Brabham, who joined Clyde Hart's staff in 1989 after 15 years coaching in the high school ranks, was up for consideration for BU's head coaching position when Hart retired two years ago, but that job instead went to fellow Baylor assistant Todd Harbour. Brabham said that his decision to retire now has nothing to do with Baylor's decision then.

"I really have enjoyed coaching here, and nothing I look back on has been negative," Brabham said. "These past couple of years have been a positive experience. I enjoy working with Coach Harbour — there was never any animosity between us over that. I think we worked well together."

For his part, Harbour said that Brabham would be difficult to replace.

"Danny has been a vital part of Baylor track and field for the past 18 years," Harbour said. "He was one of the hardest-working athletes to set foot on campus, and he brought that same work ethic to his coaching career. I know that Danny has given a lot of thought and prayer to this decision and feels that this is in his best interests at this time. We will all miss him very much and wish him the very best."

Brabham's primary coaching duties revolved around Baylor's field-event athletes, and this year his athletes have broken seven Baylor school records. Freshman Kaleigh Teel set new standards in the indoor and outdoor pole vault, junior Brittany Devereaux bettered the indoor weight throw and outdoor discus and hammer throw records, and senior Chris Cardwell set new BU marks in the hammer and weight throw.

A guide for elite performers

For his entire coaching tenure at Baylor, Brabham coached 34 All-American athletes and served as the personal strength coach for sprinters Michael Johnson, Jeremy Wariner and Darold Williamson. But Brabham said his most satisfying highlight of all was probably working with Stacey Bowers, an eight-time Baylor All-American and an NCAA and U.S. champion in the triple jump. Now known as Stacey Smith after marrying former Baylor football player Rodney Smith in 2003, Brabham's former protegee is in her fifth year on the BU coaching staff.

Hart has called Brabham "the most versatile athlete I've ever coached." A 1973 BU graduate and a 1992 inductee into the school's athletic hall of fame, Brabham was Baylor's first track All-American in 1971 when he finished second at the NCAA indoor championships. He won the SWC long jump title in '72 and '73, and his top jump of 26-9 1/2 still stands as the BU school record.

Brabham will continue coaching through Baylor's final two meets of the outdoor season — the regional meet on May 25-26 in Des Moines, Iowa, and the NCAA meet on June 6-9 in Sacramento, Calif.

Waco Tribune-Herald

Jones breath of fresh air for BU

Friday, May 25, 2007

By Brice Cherry

Nichole Jones knew it was coming, and she was right.

"Well, lookie here!" Baylor director of track and field Clyde Hart bellowed as Jones walked past him during a recent practice. "It's Smiley Jones!"

What else could Jones do? She smiled.

Jones, Baylor's freshman phenom and winner of Big 12 titles in the 1,000-meter run indoors and the 800 outdoors, maintains such a joyful disposition that she has inherited that nickname from Hart as well as the label of "Sunshine" from her teammates.

But it's the name that Baylor head coach Todd Harbour came up with that may describe Jones best — "the Smiling Assassin."

"Don't let that smile fool you. She's not afraid of anybody," said Harbour, whose women's and men's teams will open up competition in the Midwest Regional Championships today in Des Moines, Iowa. "She's very confident. She doesn't have a lot of negative stuff go through her head. A lot of athletes deal with negativity, and winning that battle before you take the starting line is where the race is won or lost a lot of times.

"I don't think Nikki has a lot of that. She's so positive and optimistic about the way she looks at life and races, that it's not a do-or-die situation. She doesn't put a lot of pressure on herself. She just goes out and competes, so she's free to really compete hard."

Jones has been ahead of the curve both on and off the track for some time now. She just turned 18 on March 30, and she should actually be preparing to don a cap and gown this week with the rest of her original graduating class at Spring Westfield High School near Houston.

Instead, Jones took on a massive workload last summer in order to graduate a year early to enroll at Baylor, a decision she doesn't regret in the slightest.

Neither do the Baylor coaches, considering all Jones has done this year is lead the BU cross country team to a berth at the NCAA meet in the fall, take part in two school-record relay teams (the distance medley relay and 4x800) and set a pair of school records individually in the 1,000 and 800 while becoming the youngest-ever Big 12 champion both indoors and outdoors.

"I didn't realize those kinds of things were going to happen," Harbour said. "I really had no idea. It's pretty neat. She beat some good people (at the conference meets) and broke some good records in the process. She's had four school records this year. ... That's a pretty good freshman debut. She has made it look so easy this year."

Exceeding expectations

Jones said she never expected her freshman season to be a revolving door to the top of the medal stand.

"Not coming in, when I first got here, I wasn't thinking about all that," she said. "I wasn't thinking down the line, like, 'I'm going to go out and win a Big 12 championship.' I definitely won't put it past me from now on."

Harbour credits Jones' rapid acceleration into college track's fast lane to her carefree attitude, which she carries onto the track. It's not a common characteristic of most elite runners, but it works for Jones.

"I'd say that comes from confidence and trust in God," Jones said. "One thing I did before the conference meet was say, 'I'm not going to worry about this race.' Some people would think about that as, 'Oh, she just doesn't care. She's apathetic,' but to me my best races are when I'm totally relaxed and I'm keeping my eyes on (God)."

Jones' unshakable faith and caring heart have helped her develop a close bond with her teammates, something she says she didn't have in high school. Harbour, too, received a wake-up call about just how much Jones cares in the hours after the Big 12 meet.

The coach said he was having a hard time enjoying some of the outstanding individual and relay performances his athletes put together because of the disappointing 11th-place team finish by the women's squad. When he arose the next morning to gather with the women's distance runners before their morning run, he found that Jones had arrived early to check on him.

"She said, 'I was up praying for you at 3:30, Coach,'" Harbour said. "I told her, 'I was sleeping at 3:30!' But that's just her heart. She was worried about me and she could tell I was disappointed. That's how she is — she's got a real, real sensitive heart."

Up to the challenge

On the track, however, Jones is doggedly relentless. As a junior at the UIL state meet last year, she won a gold medal and set the state record in the 3,200 despite becoming entangled with another runner during the race and falling to the track.

"One of the other runners got her foot caught on mine," Jones recalled. "As soon as I felt that I was going to go down, I thought, 'Try to fall smart, make it look pretty and hop back up and get in the race.' There's no point whining over it. I lost a little bit of ground, but I actually got more excited. I thought it would be more of a challenge."

She may stand only 5-foot-2, but Jones seldom shrinks from a challenge. She expected to compete in the 1,500 and 5,000 this season, but Harbour and the BU coaching staff opted to start her out at shorter distances, like the 800, in an attempt to fortify her speed. Jones has even taken part in a couple of 4x400 races.

"I was thinking I was going to be doing the 5K more this season, and it's been the total opposite," Jones said. "It's really weird and definitely a shock, but I'm excited, because I had no idea that I could be in contention in the 800."

"I thought the 1,500 would be her best race this year, and I still think it is," Harbour said. "But right now we're trying to find out how fast she can run this 800, because she's got more speed than we thought she had. ... She's ahead of her years."

Waco Tribune-Herald

BU men's 4x400 relay races to regional title

Sunday, May 27, 2007

Tribune-Herald staff report

DES MOINES, Iowa — All year long, Baylor's 4x400 relay squad has run circles around the competition.

That didn't change at all on Saturday.

With an indoor national title already under their belts, the Bears continued rolling toward a sweep for the outdoor season with a convincing win here at the Midwest Regional Track and Field Championships at Drake Stadium.

Baylor obliterated its own regional record in clocking in at 3:01.66, the fastest time in the nation this year. Baylor had set the previous regional standard in 2005, running 3:02.58.

BU's foursome of Reggie Witherspoon, LeJerald Betters, Kevin Mutai and Quentin Iglehart-Summers weren't even challenged, as Texas A&M (3:04.99) was the closest team to the Bears, more than three seconds off the pace.

After claiming the top two spots in the preliminary running of the 400 Friday, Iglehart-Summers and Betters repeated that feat in Saturday's final, only with the order reversed. This time Iglehart-Summers sprinted to victory in a season- and personal-best clocking of 45.62, while Betters trailed just behind at 45.77.

A third BU sprinter, freshman J.T. Scheuerman, just missed grabbing one of the five qualifying spots for nationals, finishing sixth at 46.69.

Witherspoon punched his ticket to the NCAA meet in the 200 final, darting to the silver medal in a time of 20.76, a half-step behind Nebraska freshman Scott Wims' 20.66.

Baylor's final runner to move on to the NCAA meet was junior Lauren Hagans, who finished fifth in the women's 800. Hagans clocked in at 2:05.69, breaking the school record of 2:05.89 set by freshman Nichole Jones two weeks ago at the Big 12 meet in Lincoln, Neb.

Jones, the Big 12 champ in the event, also bested that time with her 2:05.70 clocking, but missed out on qualifying for the NCAA meet with her sixth-place finish. Fellow freshman Danielle Bradley was eighth at 2:06.51.

In other action, Baylor couldn't ride the return of Courtney Thomas to a national berth in the 4x100 relay. Thomas, who injured his hamstring at the conference meet, anchored the Bears to a time of 40.22, but that was sixth overall, and only the top three relay teams advance.

Filling out BU's foursome were Witherspoon, Scheuerman and R.J. Anderson.

In the women's sprint relay, the Bears' Jessica Gregory, Carla Grace, DeAna Carson and Katrina Taylor finished seventh with a time of 45.34. Grace and Taylor also joined Lauren Tillman and Rena Napoleon on Baylor's 4x400 relay team, which came in fifth at 3:34.31.

Tillman earlier closed out her individual career at Baylor with a seventh-place showing in the 400 hurdles, running 59.99.

Mutai also wrapped up a solid four-year run in the men's 800, finishing eighth in the final with a 1:50.08 clocking.

BU junior Lyndsy Bedell finished 15th in the 3,000-meter steeplechase, running 10:53.38, while Brittany Devereaux failed to register a clean throw in the women's discus. Devereaux was competing in her first meet since breaking a finger on her throwing hand.

Hagans, Witherspoon, Iglehart-Summers, Betters and the men's 4x400 relay will next compete at the NCAA Championships June 6-9 in Sacramento, Calif.

Waco Tribune-Herald

BU runners top Big 12 freshmen

Wednesday, May 30, 2007

Tribune-Herald staff report

Baylor's LeJerald Betters and Nichole Jones swept the Big 12 Outdoor Track and Field Freshmen of the Year honors, the league office announced Tuesday.

Betters, a former Waco High star, won the Big 12 outdoor title in the 400 with a season-best time of 45.33, the No. 3 time in the nation. He also ran the anchor leg on BU's Big 12-winning 4x400 relay team.

Jones became the youngest Big 12 outdoor champ in league history when she won the 800 with a then-school-record time of 2:05.89. She also won a Big 12 title in the 1,000 meters during the indoor season.

That wasn't the end of the good news for Jones Tuesday, as she was one of three BU individuals and three relay teams to receive an at-large berth to compete at the NCAA meet in Sacramento, Calif., on June 6-9.

Joining Jones in landing a spot at nationals were Carla Grace (23.19) in the 200 and J.T. Scheurman (46.63) in the 400, and the men's 4x100 relay (39.63) and women's 4x400 (3:34.81) and 4x100 (44.89) relays.