

# 2004 Baylor Women's Track & Field Indoor Bests

## 55 Meters

Lakadron Ivery .....	6.97	.....Lubbock, Texas (1/24)
April Holliness .....	7.11	.....Lubbock, Texas (1/24)
Elizabeth Wilson .....	7.15	.....Lubbock, Texas (1/24)
Marquisha Sefas.....	7.17	.....Lubbock, Texas (1/24)

## 55 Meter Hurdles

Janelle Mulkey .....	8.23	.....Lubbock, Texas (1/24)
Jordan Willmann .....	8.29	.....Lubbock, Texas (1/24)
Candace Carroll .....	8.60	.....Lubbock, Texas (1/24)

## 60 Meters

Lakadron Ivery.....p/sr .....	7.31	.....Lincoln, Neb. (2/27)
Elizabeth Wilson .....	7.52	.....Lincoln, Neb. (2/27)
Marquisha Sefas.....	7.70	.....Boise, Idaho (2/7)
Janelle Mulkey .....	7.89	.....Ames, Iowa (2/14)

## 60 Meter Hurdles

Janelle Mulkey .....	8.59	.....Ames, Iowa (2/14)
Jordan Willmann .....	8.88	.....Lincoln, Neb. (2/27)
Danielle Myricks .....	8.93	.....Norman, Okla. (1/17)
Lauren Tillman .....	9.14	.....Boise, Idaho (2/7)
Candace Carroll .....	9.26	.....Norman, Okla. (1/17)

## 200 Meters

Lakadron Ivery .....	p .....	23.59	.....Lincoln, Neb. (2/28)
April Holliness.....		24.01	.....Boise, Idaho (2/7)
Elizabeth Wilson .....		24.24	.....Lincoln, Neb. (2/27)
Marquisha Sefas.....		24.29	.....Lincoln, Neb. (2/27)
Janelle Mulkey .....		25.25	.....Lincoln, Neb. (2/27)

## 400 Meters

Rena Napoleon.....	54.92	.....Lincoln, Neb. (2/28)
Danielle Myricks .....	55.60	.....Lincoln, Neb. (2/27)
Shanta Bibbs .....	57.32	.....Ames, Iowa (2/14)
Lauren Tillman .....	56.50	.....Boise, Idaho (2/7)
Jasmine Opusunju .....	57.53	.....Boise, Idaho (2/7)

## 600 Yards

Jasmine Opusunju.....	1:22.86	.....Ames, Iowa (2/14)
Mary Pearce .....	1:23.48	.....Lincoln, Neb. (2/27)
Lauren Tillman .....	1:24.13	.....Ames, Iowa (2/14)
Lindsey Ramey .....	1:25.24	.....Ames, Iowa (2/14)

## 800 Meters

Jordan Willmann .....	2:14.70	.....Lincoln, Neb. (2/27)
Katherine Duncan .....	2:15.42	.....Ames, Iowa (2/14)
Monique Ortega.....	2:19.22	.....Boise, Idaho (2/7)
Mary Pearce .....	2:21.34	.....Boise, Idaho (2/7)

## 1,000 Meters

Katherine Duncan .....	3:00.81	.....Lincoln, Neb. (2/27)
Brittany McGuire .....	3:07.39	.....Lubbock, Texas (1/24)

## Mile

Jessa Chance .....	4:55.97	.....Fayetteville, Ark. (2/13)
Monique Ortega.....	5:01.51	.....Fayetteville, Ark. (2/13)
Brittany McGuire .....	5:12.86	.....Fayetteville, Ark. (2/13)

## 3,000 Meters

Brittany Brockman .....	9:55.87	.....Lincoln, Neb. (2/28)
Jessa Chance .....	10:05.56 (alt.)	.....Lubbock, Texas (1/24)
Megan McCain .....	10:09.44	.....Lincoln, Neb. (2/28)
Lisa Cornelius .....	10:11.43	.....Lincoln, Neb. (2/28)
Angela Marvin .....	10:16.86 (alt.)	.....Lubbock, Texas (1/24)
Erin Dixon .....	10:37.29 (alt.)	.....Lubbock, Texas (1/24)
Monique Ortega.....	10:40.59	.....Norman, Okla. (1/17)

## 5,000 Meters

Brittany Brockman .....	17:09.47	.....Fayetteville, Ark. (2/13)
Erin Dixon .....	18:05.01	.....Fayetteville, Ark. (2/13)

## High Jump

Jordan Willmann .....	1.67 (5-4 ¾)	.....Lincoln, Neb. (2/27)
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## Long Jump

April Holliness .....	p .....	6.26 (20-6 ½)	.....Boise, Idaho (2/7)
Lakadron Ivery .....		5.98 (19-7 ½)	.....Boise, Idaho (2/7)
Jordan Willmann .....		5.30 (17-4 ¾)	.....Lincoln, Neb. (2/27)

## Shot Put

Jordan Willmann .....	11.97 (39-3 ¼)	.....Lincoln, Neb. (2/27)
Dana Johnson .....	10.68 (35-0 ½)	.....Norman, Okla. (1/17)

## Pentathlon

Jordan Willman .....	sr .....	4,033 points	.....Lincoln, Neb. (2/27)
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## 4x400 Meter Relay

Napoleon, Myricks, Tillman, Ivery.....p.....	3:37.87	.....Ames, Iowa (2/14)
Wilson, Pearce, Holliness, Sefas .....	3:44.54	.....Ames, Iowa (2/14)
Napoleon, Ivery, Holliness, Myricks .....	3:44.66	.....Lubbock, Texas (1/24)
Tillmann, Bibbs, Pearce, Opusunju.....	3:48.60	.....Lubbock, Texas (1/24)
Ramey, Sefas, Willmann, Wilson .....	3:49.42	.....Lubbock, Texas (1/24)

## Distance Medley Relay

Ortega, Pearce, Duncan, Brockman.....	12:03.97	.....Norman, Okla. (1/17)
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## NCAA Qualifying Standards - Women

	<u>Auto.</u>	<u>Prov.</u>
55 Meters	6.79	6.93
60 Meters	7.30	7.44
55-Meter Hurdles	7.61	7.87
60-Meter Hurdles	8.15	8.43
200 Meters	23.50	24.00
400 Meters	52.90	54.50
800 Meters	2:05.65	2:09.00
Mile	4:38.50	4:48.40
3,000 Meters	9:16.00	9:35.00
5,000 Meters	16:15.00	16:45.00
4x400-Meter Relay	3:34.50	3:40.00
Mile Relay	3:35.70	3:41.25
Distance Medley Relay	11:15.00	11:36.00
High Jump	6-0½	5-10
Pole Vault	13-9¼	12-11½
Long Jump	21-0	20-4¼
Shot Put	54-1¾	49-10½
20-Pound Weight	65-3½	60-8½
Pentathlon	4,050 pts.	3,700 pts.

# 2004 Baylor Men's Track & Field Indoor Bests

## 55 Meters

Braelon Davis .....6.37 .....Lubbock, Texas (1/24)  
 Jamen Saziru.....6.49 .....Lubbock, Texas (1/24)

## 60 Meters

Braelon Davis .....6.84 .....Ames, Iowa (2/14)  
 Jamen Saziru.....6.94 .....Norman, Okla. (1/17)  
 Stephen Harbour .....7.19 .....Boise, Idaho (2/7)

## 200 Meters

Jamen Saziru.....21.12 .....Lincoln, Neb. (2/28)  
 Braelon Davis .....21.89 .....Lincoln, Neb. (2/27)  
 Stephen Harbour .....22.29 .....Fayetteville, Ark. (2/13)  
 Chris Gillis .....23.32 .....Norman, Okla. (1/17)  
 Brad Settles .....24.21 .....Lubbock, Texas (1/24)

## 400 Meters

Jeremy Wariner .....mr/sr .....45.39 .....Fayetteville, Ark. (3/13)  
 Darold Williamson .....a/m .....45.79 .....Ames, Iowa (2/14)  
 Mark Teter .....47.57 .....Boise, Idaho (2/7)  
 Joel Martin.....48.20 .....Ames, Iowa (2/14)  
 Robert Quiroga .....49.21 .....Ames, Iowa (2/14)

## 600 Yards

Kevin Mutai.....1:09.99 .....Lubbock, Texas (1/24)  
 Korey Wright .....1:11.20 .....Norman, Okla. (1/17)  
 Will Fitts .....1:11.85 .....Norman, Okla. (1/17)  
 Brandon Baker .....1:14.13 .....Lubbock, Texas (1/24)

## 800 Meters

Will Fitts .....p/sr .....1:48.82 .....Ames, Iowa (3/5)  
 Bo Price .....1:54.75 .....Boise, Idaho (2/7)  
 Kevin Mutai.....1:54.82 .....Boise, Idaho (2/7)

## 1,000 Meters

Mitch Sanders.....2:30.54 .....Lubbock, Texas (1/24)

## Mile

Bo Price .....4:09.09 .....Fayetteville, Ark. (2/13)  
 Kyle King .....4:07.82 (alt.) .....Lubbock, Texas (1/24)

## 3,000 Meters

Kyle King .....8:12.36 .....Lincoln, Neb. (2/28)  
 Bo Price .....8:23.21 .....Lincoln, Neb. (2/28)  
 Rob Morrow .....8:32.80 (alt.) .....Lubbock, Texas (1/24)  
 Matt Chance .....8:41.80 .....Norman, Okla. (1/17)

## 5,000 Meters

Kyle King .....p/sr .....13:56.83 .....Fayetteville, Ark. (2/13)

## High Jump

Dominique Zeigler.....2.02 (6-7 ½) .....Norman, Okla. (1/17)

## Long Jump

Dominique Zeigler.....7.48 (24-6 ½) .....Lincoln, Neb. (2/27)  
 Chris Gillis.....7.23 (23-8 ¾) .....Lincoln, Neb. (2/27)

## Pole Vault

Brad Settles .....4.73 (15-6 ¼) .....Lincoln, Neb. (2/28)

## Shot Put

Austin Heape .....14.34 (47-0 ¾) .....Ames, Iowa (2/14)  
 Blake Havran .....12.81 (42-0 ½) .....Norman, Okla. (1/17)

## Weight Throw

Blake Havran .....sr .....12.64 (41-5 ¾) .....Lincoln, Neb. (2/27)

## 4x400 Meter Relay

Saziru, Wariner, Teter, Williamson ..cr/sr/mr...3:03.96...Fayetteville, Ark. (3/13)  
 Wariner, Mutai, Teter, Williamson .....a .....3:05.27 .....Ames, Iowa (2/14)  
 Saziru, Quiroga, Martin, Wright .....3:12.14 .....Ames, Iowa (2/14)  
 Martin, Quiroga, Mutai, Wright .....3:13.02 .....Boise, Idaho (2/7)  
 Mutai, Quiroga, Fitts, Wright.....3:20.35 .....Lubbock, Texas (1/24)

## Distance Medley Relay

Price, Quiroga, Wright, King .....9:49.40 .....Lincoln, Neb. (2/27)

## NCAA Qualifying Standards - Men

	<u>Auto.</u>	<u>Prov.</u>
55 Meters	6.15	6.25
60 Meters	6.62	6.72
55-Meter Hurdles	7.18	7.39
60-Meter Hurdles	7.70	7.95
200 Meters	21.10	21.50
400 Meters	46.15	47.25
800 Meters	1:48.30	1:50.20
3,000 Meters	7:56.00	8:08.00
5,000 Meters	13:53.10	14:15.00
4x400-Meter Relay	3:06.90	3:10.40
Mile Relay	3:08.10	3:11.60
Distance Medley Relay	9:35.00	9:45.75
High Jump	7-3¼	7-1½
Pole Vault	18-0½	17-4½
Long Jump	25-9¼	24-9¼
Triple Jump	53-5¾	51-2¼
Shot Put	63-11¾	58-3
35-Pound Weight	70-0½	63-11¾
Heptathlon	5,500 pts.	5,100 pts.