

2009 Atlantic 10 Women's Outdoor Track & Field Performance List (Final)

100-Meter Dash				400-Meter Dash			
Date	Meet	Time		Date	Meet	Time	
<i>ECAC Qualifying Time: 12.12</i>				<i>ECAC Qualifying Time: 56.14</i>			
1. Lamarra Currie (CHA)	4/10	Sea Ray Relays	11.25	1. Kortnie Coleman (CHA)	3/20	49er Classic	54.85
2. Pat Springs (CHA)	3/20	49er Classic	11.65	2. Paris Williams (TU)	4/4	Florida Relays	55.04
3. Sirrell Butler (CHA)	3/20	49er Classic	11.83	3. Olivia Brown (CHA)	5/3	Atlantic 10 Champ.	56.17
4. Chalonda Silver (CHA)	4/18	Auburn Invite	12.10	4. Carleen Allison (TU)	4/18	Greyhound Invite	56.37
5. Lauren McCormick (UD)	4/18	All-Ohio Championship	12.21	5. Melissa Miller (DUQ)	5/3	Atlantic 10 Champ.	55.49
6. Ashley Bethune (CHA)	3/20	49er Classic	12.25	6. Ebonie Cunningham (CHA)	5/3	Atlantic 10 Champ.	55.68
Ashley Robinson (URI)	5/3	Atlantic 10 Champ.	12.25	7. Rachel Weber (UD)	5/3	Atlantic 10 Champ.	56.73
8. Brittany Thomas (UD)	4/18	All-Ohio Championship	12.29	8. Najla Singleton (URI)	5/3	Atlantic 10 Champ.	56.75
9. Alexis Capozzi (URI)	4/18	Husky Select	12.31	9. Caitlin McGrath (SJU)	4/11	Onesty Invitational	56.85
10. Toree Roseboro (CHA)	3/20	49er Classic	12.33	10. Meaghan Hobson (LAS)	4/9	JLM '49 Dual Meet	56.93
11. Devon DuPont (TU)	3/20	Wake Forest	12.36	11. Tashima Stephens (TU)	4/18	Greyhound Invite	57.01
12. Andrea Butler (TU)	4/9	JLM '49 Dual Meet	12.39	12. Brittani Peltz (XU)	5/3	Atlantic 10 Champ.	57.18
13. Jalessa Graham (LAS)	5/3	Atlantic 10 Champ.	12.40	13. Stacy Chew (UD)	3/28	UC Early Bird Relays	57.36
14. Melissa Miller (DUQ)	3/27	VMI Carnvial	12.41	14. Shadaya Bennett (TU)	4/18	Greyhound Invite	57.63
15. Kyla Jones (LAS)	4/9	JLM '49 Dual Meet	12.44	15. Yvonna Hines (CHA)	4/18	Auburn Invite	58.15
100-Meter Hurdles				400-Meter Hurdles			
Date	Meet	Time		Date	Meet	Time	
<i>ECAC Qualifying Time: 14.44</i>				<i>ECAC Qualifying Time: 1:02.54</i>			
1. Sunita Brathwaite (CHA)	5/3	Atlantic 10 Champ.	13.52	1. Kaly Sheehan (URI)	5/3	Atlantic 10 Champ.	1:00.64
2. Pat Springs (CHA)	5/3	Atlantic 10 Champ.	13.91	2. Assata Cowart (TU)	5/3	Atlantic 10 Champ.	1:00.68
3. Lanair Lindo (CHA)	3/20	49er Classic	14.08	3. Shanice Jones (CHA)	4/18	Auburn Invite	1:02.66
4. Brittany Clybourn (TU)	5/3	Atlantic 10 Champ.	14.28	4. Kristin Andrews (SJU)	5/3	Atlantic 10 Champ.	1:03.13
5. Lara-Jane Que (URI)	5/3	Atlantic 10 Champ.	14.34	5. Kristen Pierce (SJU)	5/3	Atlantic 10 Champ.	1:03.19
6. TyLynn Graham (URI)	5/3	Atlantic 10 Champ.	14.44	6. Cecily Young (CHA)	4/18	Auburn Invite	1:03.75
7. Brittany McRae (TU)	5/3	Atlantic 10 Champ.	14.45	7. Brittany Bakanowski (UM)	5/3	Atlantic 10 Champ.	1:04.03
8. Andrea Cornell (UD)	5/3	Atlantic 10 Champ.	14.50	8. Catherine Groene (FOR)	4/18	Metropolitan Champ.	1:04.58
9. Devon DuPont (TU)	4/9	La Salle	14.81	9. Sunita Brathwaite (CHA)	4/18	Auburn Invite	1:05.07
10. Shayna Daugherty (URI)	4/11	ASU Sun Angel Cl.	14.85	10. Emily Tyler (XU)	4/25	Stan Lyons Invite	1:05.76
Kristen Pierce (SJU)	4/4	Colonial Relays	14.85	11. Stephanie Reusch (URI)	4/26	Brown Springtime	1:05.77
12. Ashley Bethune (CHA)	3/20	49er Classic	14.94	12. Meghan Hahn (DUQ)	5/3	Atlantic 10 Champ.	1:05.89
Kaly Sheehan (URI)	3/20	Hurricane Invitational	14.94	13. Skylar Rea (SJU)	5/3	Atlantic 10 Champ.	1:05.90
14. Emily Tyler (XU)	5/3	Atlantic 10 Champ.	14.97	14. Catherine Groene (FOR)	5/3	Atlantic 10 Champ.	1:06.01
15. Tiffany Alexander (SLU)	4/4	Washington Invite	15.02	15. Sarah Howley (UD)	3/28	UC Early Bird Relays	1:06.20
200-Meter Dash				800-Meter Run			
Date	Meet	Time		Date	Meet	Time	
<i>ECAC Qualifying Time: 24.88</i>				<i>ECAC Qualifying Time: 2:11.44</i>			
1. Lamarra Currie (CHA)	5/3	Atlantic 10 Champ.	23.46	1. Aja Jackson (CHA)	3/27	Raleigh Relays	2:07.24
2. Nicole McMullen (SJU)	5/3	Atlantic 10 Champ.	24.23	2. Ashley Cattran (UD)	4/18	All-Ohio Championship	2:08.07
3. Melissa Miller (DUQ)	5/3	Atlantic 10 Champ.	24.46	3. Meaghan Hobson (LAS)	4/17	Larry Ellis Invite	2:10.76
4. Holly Heinricher (UM)	4/25	UMass Preconf. Meet	24.71	4. Melissa Salerno (FOR)	5/3	Atlantic 10 Champ.	2:11.09
Ashley Robinson (URI)	4/18	Husky Select	24.71	5. Kerri Gallagher (FOR)	5/3	Atlantic 10 Champ.	2:12.05
6. Chalonda Silver (CHA)	5/3	Atlantic 10 Champ.	24.73	6. Becky Clark (XU)	4/18	All-Ohio Championships	2:12.28
7. Ebonie Cunningham (CHA)	3/20	49er Classic	24.78	7. Tamisha Stephens (TU)	5/3	Atlantic 10 Champ.	2:14.19
8. Carleen Allison (TU)	5/3	Atlantic 10 Champ.	24.80	8. Kelly Johnston (UD)	5/3	Atlantic 10 Champ.	2:14.33
9. Paris Williams (TU)	5/3	Atlantic 10 Champ.	24.90	9. Maddie O'Quinn (SLU)	5/3	Atlantic 10 Champ.	2:14.64
10. Kortnie Coleman (CHA)	3/20	49er Classic	24.93	10. Kathy Parker (DUQ)	5/3	Atlantic 10 Champ.	2:14.89
11. Sirell Butler (CHA)	4/18	Auburn Invite	25.03	11. Shadaya Bennett (TU)	4/4	Florida Relays	2:15.02
12. Lauren McCormick (UD)	4/18	All-Ohio Championship	25.07	12. Brittani Pelsue (URI)	5/3	Atlantic 10 Champ.	2:15.18
13. Jalessa Graham (LAS)	5/3	Atlantic 10 Champ.	25.29	13. Grace Venzor (XU)	5/3	Atlantic 10 Champ.	2:15.21
14. Najla Singleton (URI)	3/20	Hurricane Invitational	25.32	14. Paris Williams (TU)	3/28	Danny Curran Invite	2:15.44
15. Caitlin McGrath (SJU)	3/28	Leopard Invitational	25.33	15. Kerri Gallagher (FOR)	4/18	Metropolitan Champ.	2:15.68

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1,500-Meter Run	Date	Meet	Time	10,000-Meter Run	Date	Meet	Time
<i>ECAC Qualifying Run: 4:32.44</i>				<i>ECAC Qualifying Time: 37:40.00</i>			
1. Aja Jackson (CHA)	5/3	Atlantic 10 Champ.	4:27.72	1. Christa Plummer (LAS)	3/28	Stanford Invite	34:47.93
2. Melissa Salerno (FOR)	5/3	Atlantic 10 Champ.	4:27.85	2. Katrina Spratford (UR)	4/17	Mt. SAC Relays	35:54.62
3. Nicol Traynor (UR)	5/3	Atlantic 10 Champ.	4:28.79	3. Samantha Howard (DUQ)	4/11	Bison Classic	36:17.67
4. Ashley Cattran (UD)	5/3	Atlantic 10 Champ.	4:30.30	4. Jessica DiCicco (SJU)	5/3	Atlantic 10 Champ.	37:19.21
5. Becky Clark (XU)	4/18	All-Ohio Championships	4:30.93	5. Liana Blue (CHA)	5/3	Atlantic 10 Champ.	37:25.73
6. Amy Van Alstine (UR)	4/4	Duke Invite	4:34.30	6. Brigid Moriarty (FOR)	5/3	Atlantic 10 Champ.	37:36.50
7. Samantha Howard (DUQ)	5/3	Atlantic 10 Champ.	4:35.08	7. Julie Rechel (UR)	5/3	Atlantic 10 Champ.	37:43.26
8. Elizabeth Coorey (UD)	5/3	Atlantic 10 Champ.	4:37.13	8. Mary Moloney (SLU)	5/3	Atlantic 10 Champ.	37:48.17
9. Maureen Bulgrin (UD)	4/18	All-Ohio Championship	4:38.85	9. Meg Ecker (DUQ)	4/11	Bison Classic	38:25.09
Caitlin Storbeck (LAS)	3/28	Raleigh Relays	4:38.85	10. Erin Lunny (UR)	5/3	Atlantic 10 Champ.	38:40.78
11. Gina Perno (UM)	5/3	Atlantic 10 Champ.	4:39.38	11. Justine Thompson (CHA)	5/3	Atlantic 10 Champ.	38:53.67
12. Jackie Ross (CHA)	3/28	Raleigh Relays	4:39.94	12. Emily Zimmerman (UD)	5/3	Atlantic 10 Champ.	39:09.42
13. Keara Thomas (CHA)	3/20	49er Classic	4:41.30	13. Laura Peabody (SLU)	5/3	Atlantic 10 Champ.	39:31.39
14. Christa Plummer (LAS)	4/9	JLM '49 Dual Meet	4:41.88	14. Amy Sanders (XU)	4/18	All-Ohio Championships	39:43.50
15. Stephanie Snyder (CHA)	3/20	49er Classic	4:43.57	15. Beth Harlow (UM)	5/3	Atlantic 10 Champ.	39:54.74
3,000-Meter Steeplechase	Date	Meet	Time	High Jump	Date	Meet	Height
<i>ECAC Qualifying Time: 10:55.04</i>				<i>ECAC Qualifying Mark: 5-7</i>			
1. Keara Thomas (CHA)	4/17	Princeton Invite	10:39.47	1. Shayna Daugherty (URI)	5/3	Atlantic 10 Champ.	5-8 3/4
2. Caitlin Thomas (XU)	4/18	All-Ohio Championships	10:44.72	2. TyLynn Graham (URI)	5/3	Atlantic 10 Champ.	5-7
3. Ellen Nienhaus (UD)	5/3	Atlantic 10 Champ.	10:55.80	Tiffany Maske (UD)	5/3	Atlantic 10 Champ.	5-7
4. Katie Kelly (DUQ)	5/3	Atlantic 10 Champ.	11:00.18	Natalie Miller (SJU)	4/18	Larry Ellis Invite	5-7
5. Jenn Ennis (UR)	5/3	Atlantic 10 Champ.	11:00.56	5. Amy Kremer (UD)	4/18	All-Ohio Championship	5-5
6. Samantha Gallagher (LAS)	5/3	Atlantic 10 Champ.	11:03.11	6. Lauryn Fougerousse (UD)	3/21	UC Early Bird Relays	5-4 1/4
7. Karen Roa (UM)	5/3	Atlantic 10 Champ.	11:03.57	Allison Smith (SJU)	4/18	Larry Ellis Invite	5-4 1/4
Erin MacAuley (CHA)	4/17	Princeton Invite	11:10.99	Talitha Smith (TU)	3/20	Wake Forest	5-4 1/4
9. Kristin Mitchell (CHA)	4/17	Princeton Invite	11:15.46	9. Devon DuPont (TU)	3/28	Danny Curran Invite	5-3 1/4
10. Meghan VanHouten (DUQ)	4/11	Bison Classic	11:20.00	Jeana Fletcher (FOR)	4/23	Penn Relays	5-3 1/4
11. Taryn Trapp (UM)	5/3	Atlantic 10 Champ.	11:29.09	11. Abigail Blomeke (TU)	4/18	Greyhound Invite	5-3
12. Lindsey Cummings (UD)	5/3	Atlantic 10 Champ.	11:31.60	Jackie Chiodo (URI)	5/3	Atlantic 10 Champ.	5-3
13. Caitrin Demchko (URI)	5/3	Atlantic 10 Champ.	11:38.02	Megan Ney (UR)	5/3	Atlantic 10 Champ.	5-3
14. Alyssa Mankin (UR)	4/4	Duke Invite	11:40.53	Marisa Norman (URI)	4/18	Husky Select	5-3
15. Amanda Labuz (SLU)	5/3	Atlantic 10 Champ.	11:41.15	15. Rebecca Freed (LAS)	4/9	JLM '49 Dual Meet	5-2 1/4
5,000-Meter Run	Date	Meet	Time	Long Jump	Date	Meet	Distance
<i>ECAC Qualifying Time: 17:26.14</i>				<i>ECAC Qualifying Mark: 19-0 1/2</i>			
1. Nicol Traynor (UR)	4/17	Mt. SAC Relays	16:17.64	1. Pat Springs (CHA)	5/3	Atlantic 10 Champ.	20-7
2. Christa Plummer (LAS)	4/23	Penn Relays	16:38.49	2. Brittany McRae (TU)	5/3	Atlantic 10 Champ.	19-4 1/4
3. Maureen Bulgrin (UD)	4/18	All-Ohio Championship	17:02.10	3. Brittany Clybourn (TU)	4/25	Penn Relays	19-2
4. Becky Clark (XU)	3/21	Early Bird Relays	17:15.97	4. Sierra Larsuel (DUQ)	4/18	Bucknell Team Challenge	18-10
5. Stephanie Snyder (CHA)	4/17	Princeton Invite	17:21.09	5. Nicole McMullen (SJU)	4/18	Larry Ellis Invite	18-8
6. Samantha Howard (DUQ)	5/3	Atlantic 10 Champ.	17:21.79	6. Ida Okkonen (UM)	4/25	UMass Preconf. Meet	18-7 1/4
7. Liz Coorey (UD)	3/28	Oliver Nikoloff Invite	17:35.77	7. Ananda Fraser (URI)	4/18	Husky Select	18-4 1/4
8. Katrina Spratford (UR)	4/4	Duke Invite	17:47.55	8. TyLynn Graham (URI)	4/4	Stonehill College Invite	18-2 1/4
9. Jessica Di Cicco (SJU)	4/18	Larry Ellis Invite	17:49.13	Megan Ney (UR)	5/3	Atlantic 10 Champ.	18-2 1/4
10. Sara Cimino (DUQ)	4/11	Bison Classic	17:49.85	10. Lauren Slack (SJU)	4/18	Larry Ellis Invite	17-9 1/2
11. Elissa Mason (UD)	3/21	UC Early Bird Relays	17:49.89	11. Brittney Cloudy (SLU)	4/4	Washington Invite	17-8 3/4
12. Erin Lunny (UR)	4/17	Princeton Invite	17:54.21	Shayna Daugherty (URI)	4/18	Husky Select	17-8 3/4
13. Adair Quisenberry (SLU)	4/17	Kansas Relays	17:56.17	13. Erin Vanderhoof (SJU)	3/28	Leopard Invitational	17-8
14. Kristin Mitchell (CHA)	3/28	Raleigh Relays	17:56.35	14. Alicia Martin (TU)	4/9	JLM '49 Dual Meet	17-7
15. Elizabeth Coorey (UD)	5/3	Atlantic 10 Champ.	17:57.12	15. Danielle Brown (CHA)	5/3	Atlantic 10 Champ.	17-6 3/4

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Triple Jump				Discus			
Date	Meet	Distance		Date	Meet	Distance	
<i>ECAC Qualifying Mark: 39-0</i>				<i>ECAC Qualifying Mark: 139-5</i>			
1. Ananda Fraser (URI)	3/20	Hurricane Invitational	40-11	1. Lisa Wilson (UM)	4/18	Larry Ellis Invite	156-2
2. Brittany Cloudy (SLU)	5/3	Atlantic 10 Champ.	39-5	2. Monica Howard (UR)	4/25	Penn Relays	154-6
Megan Ney (UR)	5/3	Atlantic 10 Champ.	39-5	3. Jasmine Jennings (URI)	4/18	Connecticut Invite	154-4
4. Danielle Brown (CHA)	5/3	Atlantic 10 Champ.	39-3 1/4	4. Heather Roush (UR)	5/3	Atlantic 10 Champ.	152-8
X'Auntasia Johnson (UR)	5/3	Atlantic 10 Champ.	39-3 1/4	5. Mallory Barnes (UD)	4/11	Miami Invitational	151-9
6. Stephanie Aguguo (UM)	5/3	Atlantic 10 Champ.	39-2 1/4	6. Lindsey Pate (CHA)	5/3	Atlantic 10 Champ.	149-3
7. Sequoia McBall (TU)	5/3	Atlantic 10 Champ.	38-10 3/4	7. Emily Overmyer (UD)	4/25	IUPUI	147-6
8. TyLynn Graham (URI)	3/20	Hurricane Invitational	37-11	8. Caitlin van Dodewaard (CHA)	3/20	49er Classic	144-0
9. Nohjay Nimpson (SJU)	4/4	Colonial Relays	37-9 1/2	9. Sharonda Bailey (CHA)	5/3	Atlantic 10 Champ.	138-4
10. Sierra Larsuel (DUQ)	3/27	VMI Carnvial	37-8 3/4	10. Arin Whitman (DUQ)	5/3	Atlantic 10 Champ.	136-3
11. Catherine Groene (FOR)	3/21	Morgan St. Classic	36-10 1/4	11. Amanda Cole (TU)	4/18	Greyhound Invite	131-7
12. Katelynn Cass (DUQ)	5/3	Atlantic 10 Champ.	36-7	12. Molly McCarty (UD)	4/11	Miami Invitational	128-0
Sara Fox (CHA)	3/20	49er Classic	36-7	13. Jessica Lehmann (URI)	5/3	Atlantic 10 Champ.	125-2
14. Ida Okkonen (UM)	4/11	UMass Invitational	36-4 3/4	14. Korrey Willis (DUQ)	5/3	Atlantic 10 Champ.	122-7
15. Christine Swanson (DUQ)	5/3	Atlantic 10 Champ.	36-3	15. Mallory Barnes (UD)	5/3	Atlantic 10 Champ.	122-0

Pole Vault				Javelin			
Date	Meet	Distance		Date	Meet	Distance	
<i>ECAC Qualifying Mark: 11-11 3/4</i>				<i>ECAC Qualifying Mark: 132-10</i>			
1. Courtney Siebenaller (UD)	4/25	Stan Lyons Invitational	12-7 1/2	1. Heather Roush (UR)	4/25	Penn Relays	138-3
2. Kristen Bakanowski (UM)	4/11	UMass Invitational	12-3 1/2	2. Micailah Brock (UD)	4/25	IUPUI	135-6
3. Stephanie Gregory (URI)	4/26	Brown Springtime	11-11 3/4	3. Sydney Schwab (DUQ)	3/27	VMI Carnvial	134-3
4. Melissa Gale (TU)	3/28	Danny Curran Invite	11-5 3/4	4. Leanne Stover (URI)	4/26	Brown Springtime	126-6
5. Daniela Siciliano (DUQ)	3/28	Slippery Rock	11-3 3/4	5. Crystal Bourque (URI)	3/20	Hurricane Invitational	121-9
6. Molly Chapin (UM)	5/3	Atlantic 10 Champ.	10-11 3/4	6. Amy Kremer (UD)	4/4	UF Early Bird Relays	120-6
7. Katie DeVault (UD)	5/3	Atlantic 10 Champ.	10-11 3/4	7. Blair Hassell (FOR)	5/3	Atlantic 10 Champ.	119-11
8. Erin Baldinger (UD)	4/21	All-Ohio Championship	10-8	8. Nohjay Nimpson (SJU)	4/18	Larry Ellis Invite	118-9
Makenzie Mullinax (CHA)	3/20	49er Classic	10-8	9. Emily Krizmanic (UD)	5/3	Atlantic 10 Champ.	118-8
10. Megan Boivin (CHA)	5/3	Atlantic 10 Champ.	10-6	10. Daisy Amato (TU)	4/4	Penn Invite	118-6
Katelynn Cass (DUQ)	4/11	Bison Classic	10-6	11. Molly McCarty (URI)	4/18	All-Ohio Championship	116-8
Jillian Pizzo (URI)	4/26	Brown Springtime	10-6	12. Monica Howard (UR)	5/3	Atlantic 10 Champ.	115-2
13. Erin Baldinger (UD)	5/3	Atlantic 10 Champ.	10-0	13. Laura Barnhart (DUQ)	4/11	Bison Classic	113-4 3/4
14. Jenelle Denehy (UM)	4/4	UConn Invitational	10-0	14. Alex Oszustowicz (UR)	4/11	Virginia Invite	113-1
15. Shannon Garzoni (CHA)	4/11	JCSU Invite	9-10	15. Rachel Furman (TU)	5/3	Atlantic 10 Champ.	112-7

Shot Put				Hammer Throw			
Date	Meet	Distance		Date	Meet	Distance	
<i>ECAC Qualifying Mark: 44-7 1/2</i>				<i>ECAC Qualifying Mark: 162-5</i>			
1. April Phillips (XU)	5/3	Atlantic 10 Champ.	47-4 1/2	1. Jasmine Jennings (URI)	5/3	Atlantic 10 Champ.	203-0
2. Lisa Wilson (UM)	4/25	UMass Pre-Conf. Meet	44-11 1/2	2. Amanda Cole (TU)	4/9	JLM '49 Dual Meet	189-0
3. Jasmine Jennings (URI)	5/3	Atlantic 10 Champ.	44-8	3. Mallory Barnes (UD)	4/18	All-Ohio Championship	178-5
4. Mallory Barnes (UD)	4/11	Miami Invitational	44-6 1/4	4. Crystal Bourque (URI)	4/11	ASU Sun Angel Cl.	175-1
5. Johnna Zaccari (UD)	4/4	UF Early Bird Relays	44-4 3/4	5. Meaghan McGovern (UR)	4/18	Christopher-Newport	172-11
6. Kerry Allen (UD)	4/18	All-Ohio Championship	44-2 1/2	6. Lisa Wilson (UM)	5/3	Atlantic 10 Champ.	170-10
7. Sarah Allen (UD)	5/3	Atlantic 10 Champ.	43-9 1/4	7. Molly McCarty (UD)	5/3	Atlantic 10 Champ.	168-9
8. Molly McCarty (UD)	4/11	Miami Invitational	43-1 3/4	8. Monica Howard (UR)	4/4	Duke Invite	164-9
9. Amanda Cole (TU)	5/3	Atlantic 10 Champ.	42-9 1/2	9. Tayla Sawtelle (URI)	4/4	Stonehill College Invite	160-4
10. Korrey Willis (DUQ)	3/27	VMI Carnvial	42-6	10. Kerry Allen (UD)	4/18	All-Ohio Championship	157-19
11. Caitlin van Dodewaard (CHA)	3/20	49er Classic	42-3 1/4	11. Arin Whitman (DUQ)	4/21	IUP Invite	154-5 1/2
12. Sommer Cloniger (URI)	5/3	Atlantic 10 Champ.	41-3 3/4	12. Lindsey Pate (CHA)	5/3	Atlantic 10 Champ.	146-8
13. Crystal Bourque (URI)	5/3	Atlantic 10 Champ.	40-1 1/4	13. Heather Roush (UR)	4/4	Duke Invite	131-10
14. Nellie Henigin (UR)	4/4	Duke Invite	39-10 1/2	14. Brittany Weston (TU)	4/9	JLM '49 Dual Meet	128-10
15. Jeanna Fletcher (FOR)	4/18	Metropolitan Champ.	39-4 1/2	15. Sharonda Bailey (CHA)	3/20	49er Classic	128-4

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Heptathlon	Date	Meet	Points
<i>ECAC Qualifying Mark: 4500 points</i>			
1. Shayna Daugherty (URI)	5/3	Atlantic 10 Champ.	5118
2. Devon Dupont (TU)	5/3	Atlantic 10 Champ.	5043
3. Emily Krizmanic (UD)	5/3	Atlantic 10 Champ.	4511
4. Jeana Fletcher (UD)	5/3	Atlantic 10 Champ.	4295
5. Emma Steinmetz (UD)	5/3	Atlantic 10 Champ.	4103
6. Sara Fox (CHA)	5/3	Atlantic 10 Champ.	4050
7. Jackie Imhoff (UM)	5/3	Atlantic 10 Champ.	3904
8. Shanice Stonewall (TU)	5/3	Atlantic 10 Champ.	3862
9. Kalyn Falvo (CHA)	3/20	49er Classic	3786
10. Tacara Morissey (CHA)	3/20	49er Classic	3701
11. Amy Kremer (UD)	5/3	Atlantic 10 Champ.	3611
12. Marisa Dickey (CHA)	3/20	49er Classic	3587
13. Ajoke Ogundolani (URI)	5/3	Atlantic 10 Champ.	3372
14. Gretchen Anderson (UR)	5/3	Atlantic 10 Champ.	3080
15. Reava Potter (TUO)	5/3	Atlantic 10 Champ.	2872

4x100-Meter Relay	Date	Meet	Time
<i>ECAC Qualifying Time: 48.34</i>			
1. Charlotte	5/3	Atlantic 10 Champ.	44.94
2. Dayton	5/3	Atlantic 10 Champ.	47.35
3. Richmond	5/3	Atlantic 10 Champ.	47.53
4. Temple	4/9	JLM '49 Dual Meet	47.54
5. Saint Joseph's	5/3	Atlantic 10 Champ.	47.85
6. Rhode Island	5/3	Atlantic 10 Champ.	47.92
7. La Salle	4/9	JLM '49 Dual Meet	48.39
8. Massachusetts	4/25	UMass Pre-Conf. Meet	48.68
9. Duquesne	5/3	Atlantic 10 Champ.	48.97
10. Fordham	5/3	Atlantic 10 Champ.	49.73
11. Saint Louis	5/3	Atlantic 10 Champ.	50.01
12. Xavier	3/21	Early Bird Relays	50.48

4x400-Meter Relay	Date	Meet	Time
<i>ECAC Qualifying Time: 3:51.84</i>			
1. Temple	4/25	Penn Relays	3:40.89
2. Charlotte	5/3	Atlantic 10 Champ.	3:42.52
3. Rhode Island	5/3	Atlantic 10 Champ.	3:46.83
4. Dayton	4/4	UF Early Bird Relays	3:48.20
5. Saint Joseph's	4/18	Larry Ellis Invite	3:51.49
6. Massachusetts	5/3	Atlantic 10 Champ.	3:53.12
7. Duquesne	5/3	Atlantic 10 Champ.	3:53.14
8. Fordham	5/3	Atlantic 10 Champ.	3:54.66
9. La Salle	5/3	Atlantic 10 Champ.	3:54.98
10. Saint Louis	5/3	Atlantic 10 Champ.	3:56.06
11. Richmond	5/3	Atlantic 10 Champ.	4:00.23
12. Xavier	5/3	Atlantic 10 Champ.	4:03.09

4x800-Meter Relay	Date	Meet	Time
<i>ECAC Qualifying Time: 9:16.24</i>			
1. Charlotte	5/3	Atlantic 10 Champ.	8:53.73
2. Dayton	5/3	Atlantic 10 Champ.	8:55.04
3. Fordham	5/3	Atlantic 10 Champ.	8:55.72
4. La Salle	5/3	Atlantic 10 Champ.	8:57.44
5. Saint Louis	5/3	Atlantic 10 Champ.	8:59.26
6. Temple	5/3	Atlantic 10 Champ.	9:02.92
7. Duquesne	5/3	Atlantic 10 Champ.	9:03.13
8. Saint Joseph's	5/3	Atlantic 10 Champ.	9:04.62
9. Xavier	5/3	Atlantic 10 Champ.	9:07.31
10. Massachusetts	5/3	Atlantic 10 Champ.	9:15.40
11. Richmond	3/27	Fred Hardy Invite	9:19.43
12. Rhode Island	5/3	Atlantic 10 Champ.	9:21.26

Season Awards

Track Performers of the Year

Aja Jackson, Charlotte / Christa Plummer, La Salle

Field Performer of the Year

Shayna Daugherty, Rhode Island

Rookie of the Year

Kalen Sheehan, Rhode Island

Coach of the Year

Bob Olesen, Charlotte



Performer of the Week

3/23 - Amanda Cole, Temple /

Lamarra Currie, Charlotte

3/30 - Aja Jackson, Charlotte /

Jasmine Jennings, Rhode Island

4/6 - Lamarra Currie, Charlotte

4/13 - Amanda Cole, Temple /

Lamarra Currie, Charlotte

4/20 - Jasmine Jennings, Rhode Island /

Lisa Wilson, Massachusetts

4/27 - Jasmine Jennings, Rhode Island /

Christa Plummer, La Salle

Rookie of the Week

3/23 - Caitlin Van Dodewaard, Charlotte /

Ananda Fraser, Rhode Island

3/30 - Courtney Siebenaller, Dayton

4/6 - Courtney Siebenaller, Dayton

4/13 - Courtney Siebenaller, Dayton

4/20 - April Phillips, Xavier /

Katrina Spratford, Richmond

4/27 - Courtney Siebenaller, Dayton